



# 2011

**Celebrating 11 years  
of supporting and promoting  
healthy communities**

CHEX-Point Snippets  
Issue No 186  
27 May 2011

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## CHEX NEWS

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### **CHEX 2011 National Conference – Report**

The report of the CHEX 2011 National Conference, '**New Challenges, New Responses**', which took place in Stirling in February this year is now available to download [here](#).

The Conference succeeded in connecting the policy priorities highlighted by the Minister for Public Health and Chief Executive of NHS Health Scotland with aspirations of community-led health organisations. Through dialogue and shared learning, delegates demonstrated that despite the new challenges and the persistent old ones, there is ongoing enthusiasm across the sectors to work collectively and learn from what we now know works.

The report outlines the inputs given on the day, the wide variety of workshop themes covered and summarises the key issues identified by delegates in relation to their community-led health work.

Why not download the Report and not only get a flavour of the day, but also valuable information on how the community-led health organisations are responding to new challenges with new responses.

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### **On the policy map...with community-led approaches to health improvement**

The strength of commitment of CHEX, the network and its partners in both working on-the-ground with local people to tackle health inequalities and continuing to talk with policymakers has kept community-led health moving towards the policy mainstream over the course of the last ten years...according to an article by James Henderson, community researcher and author, which attempts to assess CHEX's contribution to the policy landscape.

This struggle for recognition can be seen as having been amplified by the fact that community-led health is 'an approach' and not simply a topic or theme that can be turned seamlessly into measurable outcomes. However, a substantial evidence base of case studies and outcomes from evaluations means that practitioners, academics and policy-makers are finally getting the message. The scale of achievement of 'this movement' of organisations and people in getting community-led health onto the policy map should not be under-estimated.

To read more, download the article from the CHEX website [here](#). (Please note that the article was written prior to the recent Scottish Parliamentary Elections).

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### **Full Scottish Government Ministerial Team announced**

The Scottish Government's new Ministerial team has been announced by First Minister Alex Salmond. The number of Ministers is 10 - the same number as in the last parliament. Of particular interest is the appointment of Michael Matheson (MSP for Falkirk West), who becomes Minister for Public Health, with Shona Robison moving to the Commonwealth Games and Sport brief within the Health, Wellbeing and Cities Strategy portfolio.

For more details, visit <http://www.scotland.gov.uk/News/Releases/2011/05/20132452>. To view a detailed list of biographies and responsibilities, visit <http://www.scotland.gov.uk/About/14944/Scottish-Cabinet>

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### **Suicide prevention youth film and features resource**

A film made with young people in the North and East of Glasgow in mind as the main audience is now available to view. The film aims to encourage young people aged 16-19 to seek help early at times of crisis, and to improve their likelihood to support each other when things are difficult. It has been developed by young people from North and East Glasgow but is of relevance to young people nationally.

The film acknowledges that young people experience a wide range of stressors which impact on their mental health. The key messages of the film are that young people are not alone when experiencing distress, it's normal to sometimes feel this way and that help is there if they need it. It lets them know how they might be able to help themselves and their friends get through difficult times in their lives, and contains information about sources of support. The film development aspect has been led by Positive Mental Attitudes an NHS organisation.

To view the film, visit <http://www.youtube.com/user/NAEdrama>. For more information, visit the 'Nae Drama' Facebook page [here](#).

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### **Scottish Premier League Clubs helping fans to better health - Football Fans in Training 2011/12**

Scotland's elite football clubs are offering male supporters the chance to lose weight, become more active and improve their lifestyles. Football Fans in Training takes place at each club's home ground, where club coaches train men on the principles of healthy eating and fitness over 12 weekly sessions.

The 300 men attending Football Fans in Training in autumn 2010 lost a total of 1,202 kg in weight, and their waist circumference dropped by a total of 1,142 cm. The average weight loss was 4.9% of initial bodyweight. Men also reported significant improvements in their eating patterns, said they had increased their daily physical activity, had more self-esteem and felt better in themselves.

Registration for Football Fans in Training 2011/2012 is now open for a limited period only. The course is open to any man aged 35-63 years, with a BMI of at least 28 kg/m<sup>2</sup> or whose waist circumference (measured on a level with the belly button) is at least 40 inches.

To find out more about Football Fans in Training please call 0800 389 2129, text FFIT to 88802, or e-mail [ffit@sphsu.mrc.ac.uk](mailto:ffit@sphsu.mrc.ac.uk).

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### **Hire the Alcohol Focus Scotland training room**

Alcohol Focus Scotland's training and meeting facilities are situated within their 2nd floor premises at 166 Buchanan Street. Alcohol Focus Scotland are located in the centre of Glasgow offering easy access from across the country with rail, bus, underground, motorway, air connections and car parking facilities (pay) close by. There are many hotels within walking distance.

Alcohol Focus Scotland's facilities are available for hire Monday to Friday, 9am to 5pm. (please note, extending times and the hire of the suites outwith these times may be possible). For more information, click [here](#).

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### **Support Positive Action in Housing**

If you would like to support the work of Positive Action in Housing, please take out an advert in their 2011 Annual Report. Advertising costs are very reasonable, and there is no VAT charge (see below for prices). The proceeds go towards PAiH's humanitarian work, and it's especially important this year due to the economic downturn and the growing pressure on their frontline services. To view a copy of the 2010 report, click [here](#). (pdf, 11Mb)

The Annual Report will be launched at the City Chambers in Glasgow this Autumn and will be attended by over 250 people. The report will also be disseminated to over 1,000 organisations across Scotland, including PAiH members, BME/refugee/new migrant groups, housing and voluntary organisations, elected representatives, faith groups, equality organisations, government officials and many others with an interest in our work. It will also be published in PDF format and emailed to over 21,000 subscribers, thereby ensuring maximum coverage.

This year, PAiH need as much support as possible from their members and supporters with a tough financial climate and increasing pressure to deliver their humanitarian work.

For more information on deadlines, requirements and costs, please e-mail Robina Qureshi at [robina@paih.org](mailto:robina@paih.org) or call Jamie on 0141 353 2220.

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### **Support the survival of Community Education at University of Strathclyde**

Recently The University of Strathclyde has brought forward proposals to cut a number of Humanities subjects at Strathclyde - including Community Education, Applied Music, and Geography & Sociology - which the University of Strathclyde Students' Association believe will have a substantial and negative impact on Glasgow's community and Society at large.

Community Education is one of only a handful of such courses in the whole of the UK, and one of only two provided by universities in Scotland. The department is vital in training students to be more proactive citizens, working at the frontline of social deprivation and need-an aim, which is laudable in itself, but even more of value in a socially divided city such as Glasgow, which we encourage. The Students' Association is extremely concerned about the unjustified cuts to many courses and would like you to help us save the 'at-risk' subjects by signing their Petition at <http://www.ipetitions.com/petition/strathsos/>

If you, your organisation or any of your members would like to attend the Public Demonstration on Friday 2 June 2011 at 12 noon then please join the Facebook page [here](#).

For further information, please contact Graeme Allan, VP Education and Representation, University of Strathclyde Students' Association, 90 John Street, Glasgow, G1 1JH by telephoning 0141 567 5056 or e-mailing [VPER@theunion.strath.ac.uk](mailto:VPER@theunion.strath.ac.uk). Website: [www.strathstudents.com](http://www.strathstudents.com).

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## **Aberdeenshire Social Enterprise Network**

Aberdeenshire Social Enterprise Network is a recently established network of local social enterprises. It operates as an informal group and membership is open to anyone with an interest in social enterprise in Aberdeenshire.

The Purpose of the Network is:

- To offer a means of sharing best practice.
- Peer support.
- Learning what each other does and from each other.

The next meeting of the Network is on Thursday 2nd June 2011 at 10.00 a.m. at Grampian Housing, 74 Huntly Street, Aberdeen. If you wish to find out more, or to attend the meetings of the network, please e-mail [admin@cvstraininginitiative.org.uk](mailto:admin@cvstraininginitiative.org.uk) or telephone 01358 722205.

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| <b>CONSULTATIONS AND SURVEYS</b> |
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### **Spending Cuts Surveys**

The last two years has seen significant cuts to public sector spending affecting the social care funding across Scotland. These changes may have a significant impact on the lives of people living with a mental health condition, particularly in relation to quality of life, mental health and well-being and recovery.

Mental health organisations (including: VOX, HUG, Bipolar Scotland, ACUMEN, Stirling Users Network, Scotia Clubhouse, Mental Health Network (Greater Glasgow), and Peer Support Fife) have launched a survey to gather evidence from across Scotland on the extent of spending cuts and how they impact on the services people receive, and whether the spending cuts have resulted in negative social outcomes affecting people's mental health and recovery.

Complete the survey at <https://www.surveymonkey.com/s/YQFVNYQ>. A full report will be published and made available on the Voices of Experience website at [www.voxscotland.org.uk](http://www.voxscotland.org.uk) later this year.

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| <b>PUBLICATIONS</b> |
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### **Poverty and Income Inequality in Scotland: 2009/10**

Scotland's Chief Statistician recently published '[Poverty and income inequality in Scotland 2009/10](#)'. This publication presents annual estimates of the proportion and number of children, working age adults and pensioners living in low income households in Scotland and the distribution of household income across Scotland.

For more details, visit <http://www.scotland.gov.uk/News/Releases/2011/05/12142035>. To view the publication, visit <http://www.scotland.gov.uk/Publications/2011/05/povertystats0910>.

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## Outside the Box resources

### a) Making Changes in Our Own Lives

Sometimes people want to make changes in their own lives. Outside the Box has developed a resource that will help you do that. It brings together ideas and suggestions from many people Outside the Box has worked with. People can use it when they want information for themselves, or for a friend or relative. Staff can use it to get extra information for people they support or work with. You can find out more by going to [http://www.otbds.org/index.php/project/view\\_details/99/](http://www.otbds.org/index.php/project/view_details/99/).

### b) Having Our Say – The Next Stage

Outside the Box did an evaluation of the Care Shelter in Edinburgh run by the Bethany Christian Trust in 2010 and the report describes the ideas homeless people and volunteers had for ways to improve the service.

Outside the Box then worked with them again in 2011 as a follow up and the report describes the changes that followed in Edinburgh and in other parts of Scotland. To read the report and find out more, go to [http://www.otbds.org/index.php/project/view\\_details/89/](http://www.otbds.org/index.php/project/view_details/89/).

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### 'Who's Still Missing? Refugees, migrants and the equality agenda'

This report by Dr Phil McCarvill was recently published by the Equality and Diversity Forum (EDF) and considers the way that the Equality Act 2010 and new public sector Equality Duty could be used to address refugee and migrant disadvantages.

More information is available on the EDF website: <http://www.edf.org.uk/blog/?p=11615>.

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### 'The community development reader'

Community development emerged as a recognisable occupational activity in the United Kingdom in the 1950s. Since then, whilst struggling to remain true to its basic values it has often been manipulated to serve differing policy and political purposes. This unique Reader traces its changing fortunes through a selection of readings from key writers. It will be invaluable to those pursuing community development careers, for activists, and for all those teaching, training and practising community development.

For more information, please visit the Policy Press website [here](#). This title is currently available from the website with 20% discount.

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### Social Enterprise in Scotland: A Guide to Who's Who

This Guide has been put together by Highland and Islands Enterprise (HIE) and Senscot. It provides a simple and straightforward introduction to the social enterprise sector in Scotland, with references to UK wide initiatives where relevant. Its aim is to act not only as a guide for people new to the sector, but also as an aide memoire for 'old hands'.

The profile of social enterprise has grown significantly in recent years as evidenced by the increase in political interest by all parties at UK and Scottish level. There is now wide recognition of the vital role that social enterprise can play in shaping and addressing the economic, social and environmental agendas in Scotland.

This Guide attempts to provide a background to the social enterprise movement, the policy initiatives that have encouraged its growth and the support that is available in Scotland and across the rest of the UK. It also gives some short examples of the different types of social enterprise organisations that are currently providing services across Scotland. It has been designed as a web-based document with links, rather than as a hard copy.

Download the guide at <http://www.senscot.net/docs/whoswho2011.doc>.

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| <b>FUNDING</b> |
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### **Making a Difference**

As the CashBack Small Grants Scheme partners celebrate the 252 projects that have been funded so far, they urge their members to continue to make a difference by applying for the new round of funding. The Scottish Government's CashBack for Communities initiative uses funds seized from criminal activity to provide positive activities for young people.

The Small Grants Scheme, which is managed by Youth Scotland in partnership with Scottish Council - The Scout Association, Girlguiding Scotland, Boys Brigade, The Girls' Brigade in Scotland and Clubs for Young People (Scotland), has so far distributed over £233,000 to 252 individual projects across the country. The programmes of activity the scheme has funded includes sports events, music tuition, camping trips, outdoor activities, samba drumming lessons, urban art classes, swimming lessons, first aid courses, healthy eating projects and sailing courses. It is estimated that over 12,000 young people have benefitted.

The wide range of projects that have helped make a difference across the country are celebrated in a brand new information supplement called Making A Difference. View Making A Difference at [www.youthscotland.org.uk/news/making-a-difference-cashback.htm](http://www.youthscotland.org.uk/news/making-a-difference-cashback.htm).

In December 2010 the Scottish Government announced a further £500,000 investment in the scheme. Groups that are members of the partner organisations are eligible to apply for this new year of funding. The deadlines are 1 June 2011, 1 September 2011, 1 December 2011, 1 March 2012 and 1 June 2012. Get more information about the CashBack scheme [here](#).

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### **BBC Children in Need**

BBC Children in Need has announced that the next closing date for applications is Friday 15 July 2011. BBC Children in Need provides grants for up to three years to properly constituted not for profit organisations working with disadvantaged young people aged 18 or under.

Within the BBC Children in Need grants programme, organisations can apply for Small Grants of £10,000 or less per year for up to three years and for Main Grants of over £10,000 per year for up to three years. Funding is available to organisations (including schools) that work with young people who are suffering from illness, distress, abuse or neglect, are disabled, have behavioural or psychological difficulties and / or are living in poverty or situations of deprivation.

For more information, please visit [http://www.bbc.co.uk/pudsey/grants/general\\_grants.shtml](http://www.bbc.co.uk/pudsey/grants/general_grants.shtml).

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### **Support for projects working with disadvantaged young people**

The Worshipful Company of Weavers has announced that its Benevolent Fund is open to applications. The Fund is available to small registered charities and seeks to support projects working with disadvantaged young people aged from 5 to 30 years of age; to ensure they are given every possible

chance to meet their full potential and to participate fully in society; and projects that addresses the social and economic problems faced by offenders, and ex-offenders and their families, and provide them with support, life skills training and a way back into education, training and/or employment.

Grants available are of up to £15,000. The Charitable Grants Committee meets in February, June and October of each year to consider applications.

For more details, visit <http://www.weavers.org.uk/charitable-grants/grant-application-guidelines>.

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### **The Robertson Trust**

To celebrate the 50th anniversary, the Trustees of The Robertson Trust have set aside £2.5 million to make a number of special awards. Charities in Scotland which have been supported by the trust at any time during the past 50 years can apply, even if they are in receipt of a current donation from the trust. Applicants should demonstrate how their proposed project will enhance, expand or develop the charity's core activities, and the difference this will make to life in Scotland: locally, regionally or Scotland-wide.

The amount awarded to each successful applicant will be at the sole discretion of the Trustees. As a guideline, it is anticipated that the majority of awards will fall within a range between £10,000 and £100,000, for capital and/or revenue projects lasting up to three years. The trust will consider requests to cover full project costs.

The closing date for receipt of applications is 31 July 2011 with grants announced by end November at the latest. For more details, visit [www.therobertsontrust.org.uk](http://www.therobertsontrust.org.uk).

<b>EVENTS</b>	<a href="#">back to top</a>
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### **World Environment Day (WED)**

*Sunday 5 June 2011*

This annual event, organized by the UN, is aimed at being the biggest and most widely celebrated global day for positive environmental action. WED activities take place all year round but climax on 5 June every year, involving everyone from everywhere. WED celebration began in 1972 and has grown to become one of the main vehicles through which the UN stimulates worldwide awareness of the environment and encourages political attention and action.

For more information, visit <http://www.unep.org/wed/about/>.

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### **Together We Will Beat Bowel Cancer - Public Event**

*Thursday 30 June 2011, 5.30pm to 8.00pm  
West Park Centre, 319 Perth Road, Dundee (opposite Harris Academy) · Free Parking!*

Bowel cancer

- What research takes place in Dundee?
- How is patient experience of treatment and care improving?
- What can I do to reduce my risk?

Join Cancer Research UK / Dundee Cancer Centre for an event that will focus on the work of local clinical staff and researchers as well as offering an account of a personal experience of bowel cancer. A FREE, informative evening with interactive exhibitions and refreshments. All welcome.

For more information please contact Sarah Muir, Cancer Research UK Local Engagement and Development Manager, Dundee Cancer Centre by e-mailing [sarah.muir@cancer.org.uk](mailto:sarah.muir@cancer.org.uk).

## CONFERENCES AND SEMINARS

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### **Patients' rights to support and redress: implications for policy and practice in Scotland**

*Friday 10 June 2011*

*Radisson Blu Hotel, Edinburgh*

Outlined in the vision for a 'mutual NHS' the conceptual shift from viewing patients as 'service users' to 'active partners' is having a profound effect on healthcare policy and practice. Developed in partnership with the Scotland Patients Association, this national one-day conference will focus on three core strands of patient rights and responsibilities and will explore, through examples of good practice, how NHS providers can successfully engage and empower patients in the design, delivery and evaluation of local services.

Cost: £125 + VAT for individual places OR £100 + VAT if you book 5 or more places

For more details including delegate rates and a booking form, click [here](#). Alternatively, contact Jane Wilson on 0131 556 1500 or [jwilson@mackayhannah.com](mailto:jwilson@mackayhannah.com). For information on other Mackay Hannah events, visit [www.mackayhannah.com](http://www.mackayhannah.com).

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### **Adult Protection in Scotland – Emerging Themes and Challenges**

*Friday 17 June 2011*

*King James Thistle Hotel, Edinburgh*

This event is a follow up to MacKay Hannah's very successful 'Working Together to Protect Adults at Risk' conference which was held in March 2010. The conference will allow delegates to:

- Share understanding of the future challenges for supporting and protecting 'adults at risk' in Scotland
- Examine specific 'case studies' through workshops
- Consider the work of Adult Protection Committees and the value of Significant Case Reviews
- Hear from professionals and practitioners whose work includes Adult Protection

Further details including the full agenda, delegate rates, booking forms and venue information can be found [here](#) or, alternatively, contact Gail by e-mailing [gshannah@mackayhannah.com](mailto:gshannah@mackayhannah.com) or telephoning 0131 556 1500. For information on other Mackay Hannah events, visit [www.mackayhannah.com](http://www.mackayhannah.com).

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### **Shifting from the Centre: Engaging locally to build sustainable service delivery**

*Wednesday 22 June 2011*

*Edinburgh*

At a UK level, the Localism agenda is being heralded as the most forward thinking of the UK Coalition Government's plans. With the Localism Bill passing through the House of Commons, there is a visible refocusing of energy in England towards an outcomes culture and community-owned, locally-led solutions. This Holyrood Magazine conference will host best practice from across the UK, including path finding Local Government and community bodies who are forging ahead with an outcomes based, locally-led approach.

For more details, including registration and agenda, visit <http://localism.holyrood.com/>. If you have

any queries or require further information on attending, exhibiting or sponsoring this event please do not hesitate to contact [karen@holyrood.com](mailto:karen@holyrood.com) or telephone 0131 272 2175.

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## **Quality, Public Health & Scotland: Improving Standards in a Changing Climate Faculty of Public Health Conference 2011**

*Thursday 10 & Friday 11 November 2011  
Macdonald Aviemore Highland Resort*

Scotland's health is improving but the major challenges of obesity, tobacco, alcohol misuse and mental ill health or illness remain. The demands on health improvement and healthcare services and the climate in which we operate are changing not least due to demographic changes, new technologies and financial pressures. Many are clear – the future will be different. There is a need to be clear about where to focus public health efforts to develop sustainable and quality improvements in health and how to measure these. The public health community need to make explicit the contribution that public health already makes, the skills that public health community has to offer and the further opportunities that need development across the domains of public health – health improvement; health protection and healthcare provision drawing on health information and health intelligence.

How will the future be different? Climate change, political change, organisational change – what will be the impact on the health of Scotland? How should the public health community continue to promote and secure changes to improve health in this increasingly challenging climate? What are the key elements of successful leadership in times of hardship and how can best practice be inspired? Is the public health workforce clear about the contribution it can all make but necessarily be flexible about how we do it? What should the public health community do more of, what should we do differently, what new things should we be doing and how will we do more with less?

These are just some of the questions we will explore in this year's programme which will feature keynote presentations from a range of influential speakers. For more details, including sponsorship and exhibition opportunities, visit [www.fphscotconf.co.uk](http://www.fphscotconf.co.uk).

<b>TRAINING</b>	<a href="#">back to top</a>
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### **Safe Space Groupwork Programme 2011**

*Various dates from May to October 2011  
Safe Space, St Margaret's House, 9 St Margaret Street, Dunfermline KY12 7PE*

Groupwork at Safe Space continues to provide essential aspects of healing, learning, nurturing support and moving on for survivors. The Scottish Government National Strategy for survivors also stresses the importance of groupwork in breaking down secrecy, eliminating social isolation and building upon individual and collective skills.

- a) Womens Therapy Group**  
*From 18 May 2011, 6.30pm to 8.30pm*

This group is for survivors of childhood sexual abuse age 16 +. It provides a safe environment for women to explore their thoughts and feelings and find ways of moving forward in their lives with the support of others. Facilitated by June Finlayson and Carol Anderson.

- b) Drumming Group**  
*Fridays 27 May, 10 June, 24 June, 8 July and 22 July 2011, 4.30pm to 6.00pm*

Drumming is a method of utilizing the natural power of rhythm and music, and applying it to the group purpose of healing. Group drumming breaks up social barriers, promotes freedom of

expression, non-verbal communication, unity and cooperation. This group is for survivors of sexual abuse aged 14+.

- c) **Creative Art Workshop**  
*Saturday 28 May 2011, 10.00am to 4.00pm*

This one day workshop will give participants the opportunity to express their creativity in an informal and relaxed setting. This workshop is for survivors of sexual abuse.

- d) **Support Group for Parents**  
*Start date for the end of June tbc*

This group is for non abusing parents of children and young people who have been sexually abused. It runs for 6 weeks, and covers: information on effects of sexual abuse; dealing with anger; receiving support and looking after yourself; and input and information from the Family Protection Unit.

- e) **Communicating with your children - Workshops**  
*1 October, 8 October, 29 October 2011, 10.00am to 4.00pm*

Being a parent is one of the most important jobs going. And yet for mums and dads nowadays, that job has never been harder. It is believed that communication is the key to improving relationships between parents and children, but in the daily ups and downs of life even the most secure, supportive families can feel the strain. This course gives positive support through discussion and praising skills. Parents who have attended previous courses have said that they are more confident in their parenting and have seen a general improvement in their children's behavior. These workshops are open to all parents/ carers.

For more information, questions or concerns about groups, please contact Maureen by telephoning 01383 739084 or e-mailing [contact@safe-space.co.uk](mailto:contact@safe-space.co.uk). Website: [www.safe-space.co.uk](http://www.safe-space.co.uk).

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**See me courses on Community Mental Health and Well-being**

*May to June 2011  
Across Fife*

Last year Fife Employment Access Trust secured funding from See Me Local Grants Scheme to run a series of Community Wellbeing courses throughout Fife during 2011. The course offers practical skills and techniques to improve mental wellbeing, awareness surrounding stigma and how to reduce the impact of poor mental health for the individual, their families, friends and for the community as a whole.

The first of 9 courses took place last month in Dunfermline with 20 participants, along with a surprise visit from Gordon Brown MP. The remaining courses are now available to book your place on - all places are free of charge and open to the general public and run throughout May and June in venues across Fife. Details are available at <http://www.journeytowork.co.uk/index.asp?page=news&id=215>.

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**Find your way through the Quality Jungle**

*Monday 6 June 2011, 9.45am to 4.00pm  
Carronvale Conference Centre, Larbert, Stirlingshire FK5 3LH ([www.carronvalehouse.co.uk](http://www.carronvalehouse.co.uk))*

Do you need to know about all the quality models out there? Would you like to make a decision about the best quality model for your organisation? Would you like to be confident in knowing the difference between PQASSO and the Big Picture?

This workshop will provide an overview of various quality models: EFQM, The Big Picture, Customer Service Excellence, Investors in People, ISO, How good is your...etc. It will inform you what they can do to improve organisations, how they can complement each other and how their different elements can dovetail into effective organisational development tools.

Cost £110 (includes lunch)

For more info or a booking form, please contact Sheila Fraser Associates, Braemore, Marjoribank Street, Bathgate, West Lothian, EH48 1QH by e-mailing [sheila@sheilafraser.co.uk](mailto:sheila@sheilafraser.co.uk) or telephone/ fax 01506 650 953.

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### **Mental Health Awareness: Best Practice Strategies**

*Thursday 9 June 2011, 9.30am to 4.30 pm  
Positive Action in Housing, 98 West George Street, Glasgow, G2 1PJ*

This course will give you an understanding of the signs and symptoms of the most common forms of mental illness. You will explore the range of factors in people's lives that can have a negative impact on their mental health. You will also explore the additional pressures which can affect people from refugee and new migrant communities. You will be able to identify appropriate support for those with mental health problems.

Cost: £220 (£125 for members), Community/voluntary organization's: £150, Members: £125

To book this course, just email Ms Suki Sangha, Training Officer on [suki@paih.org](mailto:suki@paih.org) or call her on 0141 353 2220.

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### **The New Equality Act – New Updates**

*Thursday 16 June 2011, 9.30am to 12.30pm  
98 West George Street, Glasgow, G2 1PJ*

This course will inform you of the most up-to-date equality and human rights legislation and what it means in practice to your staff, volunteers, committee members and service users. You will explore what contributes to potential unlawful discrimination and how to ensure your organisation complies with the equality legislation. As a delegate you will learn about the new Single Equality Bill, parts of which came into force late last year and which will introduce a number of new duties and legal requirements for organizations working across the different sectors. This course is highly participative and the course packs are comprehensive.

Cost: £129 (£99 to members); Community/voluntary organizations: £105

To book this course, just email Ms Suki Sangha, Training Officer on [suki@paih.org](mailto:suki@paih.org) or call her on 0141 353 2220.

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### **BA in Community Development at the University of Glasgow (School of Education)**

*September 2011 to May 2012  
University of Glasgow*

This programme is specifically designed for people who are working paid or unpaid in the field. You will attend classes a day and a half per week from September to May. This is a work-based learning programme and we encourage applicants with no formal qualifications to apply on the premise that

they have extensive experience in a community development setting. All applicants must have the equivalent of two days per week of work (paid or unpaid) in the broad field of community development.

Through this course you will develop both the practical and analytical skills to effectively work with marginalised communities to bring about personal and social change.

- You will explore a range of themes including social justice and equality, local and global contexts, social action, sustainable change and participatory approaches: all of these are linked back to the work you are doing in the community.
- A research project provides the opportunity for you to apply the skills and knowledge gained in the research methods course in a small-scale community-based research project.

This degree programme is a professional qualification to work in Community Education, Youth Work, Community Work and related fields, endorsed by the Standards Council for CLD in Scotland. Acceptance to the programme will be decided by interview. For further details please see <http://www.gla.ac.uk/undergraduate/degrees/communitydevelopment/>.

## VACANCIES

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### **Community Development Worker - Transformation Team, Faith In Community Scotland, Glasgow**

*Salary: £24,058 - £25,807 p.a. (Ref: CDW TT)  
35 hours per week - 1 year fixed-term post*

Working in Glasgow and the surrounding areas, you will support and encourage the development of faith based community initiatives at a local level which address practically the causes and effects of poverty.

Download an application pack from <http://www.faithincommunityscotland.org> or telephone 0141 221 4576. Please note that the closing date for applications is **12 noon on Friday 3 June 2011** with interviews to be held in Glasgow on Friday 17 June 2011. Please note: No CVs.

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### **Lead Officer, Hepatitis Scotland, Glasgow**

*£38,781 - £41,553  
Initial 2 years funding with the strong possibility of a further two years. Secondments considered.*

Hepatitis Scotland is the third sector lead organisation for hepatitis B and C in Scotland supporting the implementation of Sexual Health and Blood Borne Virus policy in Scotland. Hepatitis Scotland is hosted by Scottish Drugs Forum.

The Lead Officer will be responsible for heading a small team supporting effective responses, third sector and service user engagement in viral hepatitis across Scotland. Essential skills of the post holder should include: management experience and leadership skills, experience of operating at a strategic level, a track record of delivering time limited projects, knowledge of viral hepatitis prevention and treatment issues and an understanding of viral hepatitis health and social care services.

Application pack giving full detailed job description and an application form are available. Please contact: 0141 221 1175, e-mail [recruitment@sdf.org.uk](mailto:recruitment@sdf.org.uk), or visit <http://www.sdf.org.uk>. CVs will not be accepted. No agencies. Please note that the closing date for applications is **12 noon on Tuesday 7 June 2011** with interviews to take place on Thursday 16 June 2011. Registered Scottish Charity No. SC008075.

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## **Development Officer (maternity leave cover to March 2012), Paths for All, Alloa**

*Starting salary £25,000  
(full time 37 hour week)*

Paths for All is a Scottish Charity, established in 1996 and currently has over 20 national partner organisations. Its vision is Paths for people ... a happier, healthier, greener, more active Scotland This is an opportunity to join a small, enthusiastic team at the forefront of physical activity promotion and path development in Scotland. Paths for All are looking for candidates with relevant skills and experience in project and community development, but above all they are seeking someone who can show initiative and commitment to delivering a quality service. You should be educated to degree level or equivalent in a related discipline.

Paths for All offer:

- the opportunity to be part of an organisation that recognises staff as their most valued asset
- the opportunity to be part of a dynamic team and to be a key player in developing and supporting initiatives to improve outdoor access in Scotland
- a contributory pension scheme.

Application packs available at [www.pathsforall.org.uk/pfa/jobs](http://www.pathsforall.org.uk/pfa/jobs) or by emailing [info@pathsforall.org.uk](mailto:info@pathsforall.org.uk). Alternatively, you can request an application pack from Laurene MacKenzie, tel. 01259 218888.

The closing date for applications is **Friday 10 June 2011** with interviews to be held in Alloa on Wednesday 22 June.

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## **Health Development Officer (older adults), Sports & Physical Activity Dept, Edinburgh Leisure**

*£23,568 pro rata  
28 hours per week*

The simple act of walking can be the first step to improved fitness. People who've had their fitness compromised by age, ill health or simply being out of the habit of exercising benefit greatly from a sympathetic approach to stepping out to a healthier lifestyle.

And it's why, as Edinburgh Leisure's temporary Health Development Officer, you'll be tasked with maintaining healthy lifestyle projects that encourage Edinburgh's citizens to increase their physical activity levels. You'll be dealing with older adults as well as those who are recovering from illness and accidents. It's a worthwhile role, particularly suitable for someone used to working with adults in a community/ recreation development role. A good general education and a background in either health, leisure or community development would be ideal. In return, Edinburgh Leisure are offering one of the best rewards packages in the industry, with generous holiday allowance, pension and free use of all our centres. Interested? Talk the talk.

Visit [www.edinburghleisurejobs.co.uk](http://www.edinburghleisurejobs.co.uk) for further details and application pack. Please note that the closing date for applications is **Friday 10 June 2011**. Edinburgh Leisure is a charitable trust. Registered Scottish Charity No: SC027450

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## **Scottish Campaign Manager, Show Racism The Red Card, Glasgow**

*Salary: £27,052 - £30,011  
35 hours per week, 6% pension*

Show Racism the Red Card (SRtRC) is an anti-racism charity. The aim of the organisation is to combat racism through anti-racism education and working with professional footballers to support the

campaign. The organisation also works to educate against sectarianism and religious intolerance through our Show Bigotry the Red Card campaign.

Show Racism the Red Card/Show Bigotry the Red Card are looking for a new Campaign Manager to head up our anti racism/sectarianism campaign in Scotland. The post is based in the Glasgow Office but involves managing the team and campaign with a remit throughout the whole of Scotland.

The contract is initially for a fixed term of 12 months but we intend to extend the contract if further funding can be secured. SRtRC offer good conditions of service including, flexible working hours, annual leave of 25 days rising with service plus bank holidays and a group pension scheme.

To apply for this position, please download the Job Description and Application Form at the bottom of <http://theredcard.org/get-involved/job-vacancies?vacancy=2111>. Please note that the closing date for applications is **Monday 20 June 2011** with interviews to take place on Wednesday 6 July 2011 in Edinburgh. Website: <http://www.theredcardscotland.org>. Tel: 0141 222 2058. E-mail: [support@theredcardscotland.org](mailto:support@theredcardscotland.org).

Show Racism the Red Card aims to be an equal opportunities employer.

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You can send information/material for inclusion in CHEX-POINT Snippets by sending an email to: [chexadmin@scdc.org.uk](mailto:chexadmin@scdc.org.uk). CHEX-POINT Snippets are provided by CHEX – Community Health Exchange and compiled by Tom Warrington. Thanks to all contributors to this edition.

Views expressed in CHEX-Point Snippets are not necessarily those of CHEX, unless specifically stated.



CHEX is funded by NHS Health Scotland to provide a resource to communities by promoting and supporting community development approaches in challenging health inequalities. CHEX is a part of the Scottish Community Development Centre (SCDC). SCDC is a company limited by guarantee, registered in Scotland, No. 361532. SCDC is a registered charity in Scotland, Ref No. SC 040614. Visit [www.chex.org.uk](http://www.chex.org.uk) for more info!