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CHEX NEWS

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New Scottish Government – CHAG press on with priorities for community-led health

With the new Government in place following last week's Scottish Parliamentary Elections, the Communities for Health Advisory Group (CHAG) will press on with the priorities laid out in their manifesto ('Community-led Health Manifesto: For Communities, By Communities') which was launched at the CHEX National Conference earlier this year. The Group call on Government to:

- Recognise and collaborate with the community-led health sector as a key strategic partner for improving Scotland's health
- Ensure sustainable investment in the community-led health sector
- Recognise the significance of the preventative work undertaken by community-led health organisations
- Encourage statutory agencies to acknowledge and welcome the contribution that community-led health makes to Scotland's health improvement, thereby meeting the shared challenge of working towards healthy communities

Read the full Manifesto on the CHEX website [here](#). For further information on CHAG, click [here](#).

GENERAL INFORMATION

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Locality seminars in Berwickshire

In the Scottish Borders, the Meeting the Shared Challenge agenda has been driven forward by the Health Improvement Localities Group. One arm of the activities has been to develop local seminars for community groups aiming to look at national and local drivers for health improvement, share practice and network.

During the first locality seminar in Tweeddale, a need to promote local health improvement activities was identified. This led to 'Beat the Blues', held in Peebles on 5 February - often a low point of the year in terms of personal stresses such as finance, isolation and the winter weather.

A range of service providers engaged people in health improving activities. A marketplace type event included: leftover and budget cooking sessions for parents and children, a chance to try activities including Zumba, electronic dance mats, and led walks as well as aromatherapy, juggling and introduction to smoking cessation services.

This event was not unique but gave the group the opportunity to work in an area that lacks external funding due to the fact that it does not score highly on the traditional deprivation index. Beat the Blues was a light-hearted event with a strong sense of partnership working. The feedback from participants on the day suggests it raised public awareness of services available in Tweeddale.

Shortly after Beat the Blues, the second locality seminar was held in Eyemouth and focussed on local poverty and the implications for health improvement. Delegates from a spectrum of community-led health projects in the Berwickshire area heard Robin Tennant from Poverty Alliance and Rhona Calder from CAB, Berwickshire present on Rural Poverty and the Berwickshire context. Thereafter delegates worked in small groups defining poverty and how it is addressed locally.

A popular 'marketplace' was available at coffee break and lunch –allowing delegates to network with agencies whose work supports health improvement/addresses poverty. Many new contacts were established and local knowledge was enhanced.

Following feedback from the Eyemouth event early planning has started for an autumn follow-on seminar for the local community and discussions are happening about the next locality seminar.

The strong partnerships between NHS Borders, Community Learning and Development and local CVS's – The Bridge and Berwickshire Association for Service have been integral to the success of the locality work to date.

For further information, contact Nichola Sewell, Health Improvement Team, NHS Borders, by e-mailing nichola.sewell@borders.scot.nhs.uk.

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## **Tobacco use and people living with HIV and Hepatitis C**

ASH Scotland's Information Service has recently published a briefing on tobacco use and people living with HIV and Hepatitis C. The briefing (available online at ASH Scotland's website by clicking [here](#)) highlights the need to address the issue of tobacco use with this cohort and to help them make informed choices about their health and wellbeing, since smoking (and inhaling second-hand smoke) can further inhibit an already-compromised immune system.

It is hoped that the briefing will be used by stop-smoking professionals as well as those working in the fields of sexual health and HIV care, to help them raise the issue of smoking and tobacco use with their service users. Services for injecting drug users (IDUs) may also benefit from addressing these issues.

Because HIV disproportionately affects gay men (and men who have sex with men but who might not identify as gay), it is also important that the issue of smoking and tobacco use is raised within lesbian, gay, bisexual and transgender (LGBT) settings at a voluntary and community level. More information about recent work done by Partnership Action on Tobacco and Health (PATH) on tobacco use within Scotland's LGBT communities can be found online at <http://www.ashscotland.org.uk/projects/inequalities/lgbt-work>.

PATH's Development Officer, based at ASH Scotland, is able to offer free tobacco awareness-raising sessions for staff from any community or voluntary organisation to discuss why tobacco use is an important issue to be addressed within specific communities, and would also help identify NHS stop-

smoking contacts in their area. If you would like to know more about what these sessions would involve, please contact Linda Bates via [lbates@ashscotland.org.uk](mailto:lbates@ashscotland.org.uk) or on 0131 220 9481.

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New Campaign calls for urgent attention for Stroke

An important and positive new campaign to mobilise wider support for improved stroke prevention, treatment and care in Scotland was launched earlier this week - on European Stroke Awareness Day - by The Stroke Association in Scotland. The “Agenda for Action for Stroke in Scotland” sets out four key areas where further improvements are required in stroke prevention and treatment and care.

Many people and organisations are already doing a great deal locally and nationally to promote and deliver improvements in stroke. The Stroke Association’s “Agenda for Action for Stroke in Scotland” campaign provides an opportunity for stroke survivors, carers, health and social care professionals and provider organisations and others to:

- work together to campaign for further improvements in a co-ordinated way
- raise the profile of stroke
- mobilise greater support for stroke.

Pledge your support for The Stroke Association's new campaign to improve stroke prevention and care in Scotland by completing and returning the pledge card at

http://www.stroke.org.uk/in_your_area/scotland/campaigning/agenda_for_action.html.

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### **John Lewis offer free meeting room for local charities and community groups**

John Lewis Glasgow is trialing a new community initiative that will provide a dedicated community room for use by charities and community organisations. The free resource will be available for events ranging from volunteer recruitment fairs and activity classes to regional meetings and staff training courses.

Kim Lowe, managing director of John Lewis Glasgow, said: “We take our role as an active member of the community seriously, and the community room is a simple idea designed to extend our support even further. With the current economic climate affecting charities and voluntary groups more than ever, we want to make sure that organisations with a genuine need have access to space at John Lewis.”

The scheme will be run by the store’s community liaison coordinator, who works with good causes in the local community. For more information, contact Rita McLean, community liaison coordinator, by telephoning 0141 353 7239.

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Craig Hill appeals for volunteers for The BIG collection – 27 and 28 May 2011

Scottish comedian, Craig Hill, is urging people across Scotland (or specific region) to put on their biggest smiles and take a few hours out of the day to volunteer for Alzheimer Scotland’s biggest ever fundraising event - The BIG collection. The Scottish charity, along with the Alzheimer’s Society, has the incredible opportunity to raise £350,000 in just two days at Tesco stores across the UK. To make this happen, over 800 volunteers are needed to help collect money on Friday 27 and Saturday 28 May.

Together, Alzheimer’s Society and Alzheimer Scotland are Tesco Charity of the Year 2011. The money raised through the collection and the partnership will help support people with dementia and help make sure people don’t face this devastating disease alone. Alzheimer Scotland supporter Craig Hill, said: “Please help Alzheimer Scotland to keep doing the amazing job they do for 82,500 people

suffering with dementia in Scotland by giving a couple of hours of your time to help with the BIG collection. It'll make a BIG difference!"

If you can spare a few hours to collect on either Friday 27 or Saturday 28 May, please get in touch today by calling 0845 678 7678. Or why not sign up to be a team leader and coordinate a collection at your local store? To register, visit www.alzheimers-tesco.org.uk.

Community support services for children with eczema and their families

The mother of a young girl with severe eczema in West Lothian, who has been struggling to find support, is setting up a new and unique national charity called Eczema Outreach (Scotland) to help children affected by this distressing and misunderstood condition and their families. The organisation is opening its doors to professionals and individuals who would like to join the board.

One in five children suffers from eczema. The itchy and inflamed skin is not the only problem with the disease. It can impact on the whole family's quality of life, leading thousands of carers to sink into crisis behind closed doors, overwhelmed by feelings of helplessness, isolation and despair.

Magali Speight, the founder of Eczema Outreach (Scotland) says: "When my daughter was first diagnosed with severe eczema as an infant, I didn't know where to turn to for practical advice or moral support. The first years spent bandaging my baby, smearing her in steroid creams and trying to soothe her at night were very difficult for the whole family. There was no local help available and I felt extremely lonely at times."

Eczema Outreach is developing an ambitious programme of activities which will encourage community health initiatives by creating connections between families at risk of exclusion and mental health problems due to the skin condition. It will reduce stigma amongst the general public and encourage volunteering in the fields of health and care at community events. Schools and childminders will also be offered free training in order to look after children with eczema the best way possible while involving their families in the care plan.

It is not too late to contribute to this exciting project by becoming a Committee Member, volunteering or helping fundraise for it. Interested individuals, professionals and organisations can contact Magali Speight on 0776 922 3166 or email at magali.speight@hotmail.co.uk.

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SWC- Strengthening Women's Voices in Government

*Thursday 2 June 2011
Venue tbc*

The Government Equalities Office (GEO) would like to speak with Women's Organisations regarding their consultation 'Strengthening Women's Voices in Government'. Thursday 2 June 2011 is the proposed date with a venue yet to be confirmed. If you would like to register your interest in attending please contact Deborah Ruddy on 0141 248 8186 or email Deborah.Ruddy@scottishwomensconvention.org.

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Scottish Parliament Fact sheet - List of MSPs A-Z

SPICe (Scottish Parliament Information Centre) have produced a very useful fact sheet which provides an alphabetical list of all current Members of the Scottish Parliament (MSPs) elected at the

Scottish Parliament election on 5 May 2011. It also lists their party and the constituency or region that they represent. Download the factsheet [here](#).

Volunteering and State Benefits

The latest in Volunteer Centre Edinburgh's free series of good practice guides deals with Volunteering and State Benefits. Many volunteers have concerns about the effect that volunteering will have on their benefits. Luckily, the rules around volunteering and benefits are actually simple and clear. Anyone who is in receipt of Job Seekers Allowance, Incapacity Benefit, Disability Living Allowance etc can volunteer without it affecting their benefits. The guide will outline what rules potential volunteers should follow. To download the guide, click [here](#).

Community growing in Scotland - Towards an agenda for action

greenspace scotland has published the results of its national snapshot of community growing in Scotland. This reveals that community growing is happening all across Scotland. It is most vibrant in Edinburgh and Glasgow with the two cities between them accounting for over 40% of Scotland's allotments, as well as activity through community gardens and landshare.

It found that whilst allotments are the most common form of community growing, a range of other models are in use. These include community gardens, community orchards, landshare, community supported agriculture and workplace growing. The study also found that demand for community growing sites exceeds supply. Allotment waiting list figures alone indicate that a doubling of the area of land for community growing is needed to meet current demand. A number of barriers to community growing are identified in the report. Land availability is the major constraint and a number of approaches to tackle this and other obstacles such as planning issues, land condition, lack of guidance and support have been identified.

The report proposes an action framework as a starting point for addressing the challenges and barriers that are limiting the potential for community growing in Scotland across seven key areas: increasing land availability; evidencing demand; planning and legal; winning 'hearts and minds'; guidance, support and skills; funding and better coordination. This provides the basis for concerted and coordinated cross-sector action to secure a step change in the scale and impact of community growing in Scotland. Download the report from the greenspace scotland website [here](#).

FUNDING

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Deutsche Bank Fund

The Deutsche Bank Fund has been created to support community organisations in Glasgow and Edinburgh. The fund will particularly support projects focusing on education and community development, including sport in the community, employment, homelessness and neighbourhood renewal. Community groups, local charities and voluntary organisations are all encouraged to apply. This fund is managed as part of the Scottish Community Foundation's Community Grants Programme. For more information, click [here](#).

Glasgow Social Economy Development Fund

The Glasgow Social Economy Development Fund has been established by Glasgow City Council with the aim of allowing enterprising small to medium third sector organisations with growth potential to take significant steps towards sustainability. The fund is administered on behalf of the council by

Glasgow's Regeneration Agency and incorporates some funds that have been recycled from Glasgow Key Fund, a European Regional Development Fund programme. Successful applicant organisations will be awarded a 'one off' financial investment which will allow them to increase their turnover and improve services through the achievement of a specific key business development identified in their Business/Strategic or Operational Plan.

You can download the Application Form and Guidance Notes from the news section at www.glasgowregeneration.org.uk/news/. Please note that only charities are able to apply for this funding - this is a compliance requirement of the Fund. The closing date for applications is **Friday 17 June 2011**.

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## Round 2 of Short Breaks Fund Now Open

The Scottish Government has made the Short Breaks Fund (managed by the National Carers Organisations on behalf of the Scottish Government with secretariat through Shared Care Scotland) available to help support and sustain Scottish carers, including young carers and kinship carers, through enabling better access to short breaks or respite care. Round 2 of this fund is now open with applications available at <http://www.sharedcarescotland.org.uk/short-breaks-fund.html>.

Applications are open to voluntary organisations for projects starting from October 2011 that develop existing, innovative and personalised models of short breaks for carers. Organisations can apply for up to three years, for a maximum of £50,000 per annum and it is anticipated that the majority of grants will be for one year and in the range of £5,000 - £25,000. Please note that the deadline for applications is **12 noon on Monday 20 June 2011**.

As part of the launch of Round 2, Shared Care Scotland will be holding a series of workshops across Scotland to share good practice from the first round and support groups in applying to this round of the Short Breaks Fund. As well as a workshop on the below dates, there is also time set aside for one to one surgeries with groups to discuss their application with the Short Breaks Fund Manager. The dates are:

|                          |                          |                          |
|--------------------------|--------------------------|--------------------------|
| Tuesday 24 May, Aberdeen | Wednesday 25 May, Perth  | Tuesday 31 May, Glasgow  |
| Thursday 2 June, Glasgow | Friday 3 June, Edinburgh | Monday 6 June, Inverness |

Details about the workshops and application packs for the Short Breaks Fund are available from Shared Care Scotland's website [www.sharedcarescotland.org.uk](http://www.sharedcarescotland.org.uk). For more information, visit the website above or contact Christi Orr, the Short Breaks Fund Manager on 01383 622 462 or email [christi.orr@sharedcarescotland.com](mailto:christi.orr@sharedcarescotland.com). (Please note Shared Care Scotland are experiencing some problems with their telephone line. If you cannot get through, they have a temporary number you can call - 01383 544 020.)

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Digital Switchover Grants Scheme

Glasgow community and voluntary organisations can apply for funding through the Small Grants Scheme set up to encourage extra events locally. Grant funding is available from £100 - £200 and can cover catering, transport or facilities etc. for an Event with Digital Switchover information included. Application is fairly simple and the only requirement is to provide feedback after the event/ activity. Grants are only available until the end of May so if you are planning an event in the next 6 weeks please contact GCVS as soon as you can.

Any community or voluntary organisation can apply for a grant providing they can demonstrate that one of the core groups below will be reached by the event or activities conducted:

- Older People
- People who are socially isolated
- Those with sensory, mobility or dexterity impairments

- People with learning difficulties
- People who have experienced mental health conditions
- Those who have English as a second language

Materials developed to help run events and explain switchover will also be provided by request. After a grant form has been accepted and the activities completed - GCVS will only require organisations to send in general feedback and pictures on a simple form. For more information about how to apply and the digital switchover visit the [digital outreach webpage](#) or e-mail samira.adris@gcvs.org.uk.

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### Bank of Scotland's Small Grants Programme

The Bank of Scotland's Small Grants Programme accepts applications up to and including £20,000 from charities registered in Scotland. The Foundation focuses its investment strategy around two themes:

- Developing and improving local communities (for example, projects which bring people back into the community who may have been excluded; Enhancing learning opportunities across all ages and sectors.
- Financial Literacy, Financial Inclusion and Social Housing

For more information, visit <http://www.bankofscotlandfoundation.org/small-grants-programme>. Please note that the next deadline is **Tuesday 19 July 2011**.

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### Engine Shed Summer Picnic

*Friday 10 June 2011, 12.30pm till 3.30pm  
The Engine Shed, 19 St Leonard's Lane, Edinburgh EH8 9SH*

Please join the Engine Shed to celebrate their 21st birthday at their very own Engine Shed street party! Sandwiches, vegetarian sausage rolls, strawberry cream scones, cakes and much more served outside, weather permitting. Also, music and the chance to hear the Engine Shed reminisce about the years gone by!

Tickets cost £5.00 each. RSVP plus cheque made payable to Garvald Community Enterprises Ltd to be received by 28 May 2011. Group bookings available. For further information, telephone 0131 6620040 or e-mail [admin@theengineshed.org](mailto:admin@theengineshed.org).

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Village Halls and Community Buildings networking event

*Tuesday 5 July 2011, 11.45am to 5.00pm
Birnam Arts and Conference Centre, Birnam, Perthshire*

The Scottish National Rural Network and the Scottish Agricultural College (SAC) are working together to bring you an opportunity to network with people involved in village halls and community buildings from across rural Scotland.

This event will build on what was achieved by SCVO's 2008 Village Hall Summit in Aviemore, and SAC's 2008 Community Facilities in Rural Scotland research findings, which both identified the issues and challenges being faced by village halls and community buildings in rural Scotland. This event will focus on looking forward to explore how we are now overcoming these challenges, what support is available, and what else we can do to succeed, including the launch of the new Keystone quality award from SCVO which will support organisations managing community facilities.

This event is free to attend and open to anybody involved in rural Scotland's village halls and community buildings, as well as development trusts and funders interested in this area. There will be a limit on the number of places available, so if you would like to attend please register your interest by 5 June. There will also be some limited travel bursaries available, so if you think you will need support with your travel costs, please contact Matt Tyrer, Regional Coordinator, Scottish National Rural Network by telephoning 01463 251 727 or e-mailing Matt.Tyrer@scvo.org.uk.

To register your interest in attending this event, please complete the short online form at <http://www.surveymonkey.com/s/RuralNetworkSACeventreg>.

CONFERENCES AND SEMINARS

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Supported Induction in the CLD Sector: what is it like? What should it be like?

*Wednesday 18 May 2011
Barcelo Highland Hotel, Stirling*

The Standards Council for Community Learning and Development for Scotland is hosting a one day event on Wednesday 18th May at the Barcelo Highland Hotel, Stirling to consider the above question.

They are looking for practitioners with a range of experience, ideally:

- Staff in new posts or changed roles - less than six months
- More settled staff - six months to two years in post
- Team leaders/ managers

There will be 24 places available, 8 from each of the above categories, and they will be allocated on a first come, first served basis. If interested in attending, e-mail your contact details to June Glackin at j.glackin@LTScotland.org.uk, ensuring that you identify which category you are in.

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### **Alcohol's harm to others conference - Beyond the drinker**

*Friday 3 June 2011  
Hilton Edinburgh Grosvenor*

This conference will explore the impact of excessive drinking on people other than the drinker, with a particular focus on children and young people. The day will be a mix of international and local expert speakers, including young people themselves, and topical workshops. Keynote Speaker - Professor Robin Room. The conference aims to:

- raise awareness of how alcohol misuse affects people other than the drinker.
- provide international evidence on the range and magnitude of alcohol's harm to others.
- update on Scottish Government alcohol policy.
- hear young people's views on how adults' drinking affects them.
- share examples of good practice in protecting children, young people and others from alcohol harm.
- provide a networking opportunity for delegates.

The conference will be of interest to anyone working with and for children, young people and families affected by alcohol issues including alcohol services, children and family services, youth workers, Alcohol and Drug Partnerships, social workers, teachers, community workers and health professionals.

The delegate fee is £80 per person which includes lunch and refreshments.

For more information and to book a place please call 0141 572 6294 or email: [snapy@alcohol-focus-scotland.org.uk](mailto:snapy@alcohol-focus-scotland.org.uk)

## **So you've got a logic model ... now what?**

*Wednesday 8 June 2011, 1.00pm to 4.00pm (registration at 12.30pm)  
Venue in Glasgow to be confirmed*

This half day seminar from the Scottish Evaluation Network is for evaluators, policy-makers and commissioners who have a basic understanding of logic models and have some experience of doing or using them.

As well as strengthening planning and implementation logic models are supposed to be a useful tool to shape an evaluation. This seminar considers if and how logic models can be used to prioritise evaluation questions, build monitoring and evaluation plans and influence evaluation design and methods.

The presenters will use case studies from their experience to show how logic models can be used for evaluation and draw out some principles and challenges. There will be group discussion so you can share your experiences and learn from your peers. The presenters and facilitators are Dr Avril Blamey (Avril Blamey & Associates) and Steven Marwick (Evaluation Support Scotland).

The cost to attend is £25.00

For more information or for a booking form, contact Lindsay Adams on 0131 538 6247 or [lindsay.adams@blueyonder.co.uk](mailto:lindsay.adams@blueyonder.co.uk).

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## **Ethnic Minority Workplaces Event**

*Friday 10 June 2011, 9.45am to 2.00pm (Networking Lunch at 1.00pm)  
Albany Centre, 44 Ashley Street, Glasgow, G3 6DS*

Whatever size or type of your organisation, Health at Work know that you have an important job to do and want to help you do it even better.

Help at Work are bringing this free event to help you make your workplace healthier, happier and more productive. This event will be targeted at ethnic minority employers, managers, employees and stakeholders. The event participants will have the opportunity to

- To meet similar companies and network.
- Learn more about health improvement initiatives and campaigns including grant scheme.
- Know where to get free & confidential Health & Safety advice.
- Learn about the Healthy Working Lives (HWL) Award.
- Understand how taking part in HWL award could improve your business.

To register for the event, contact Mariam at 0141 314 0024 or email [mariam.abbas@ggc.scot.nhs.uk](mailto:mariam.abbas@ggc.scot.nhs.uk). Please register before 20 May 2011.

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## **The Oxfam Humankind Index for Scotland: What's it all about?**

*Friday 10 June 2011, 11.00am to 1.00pm (registration from 10.30am)  
The Scottish Parliament, Holyrood, Edinburgh*

Despite decades of economic growth prior to the recession and a doubling of living standards since the 1970s, reported life satisfaction did not increase, nor did other important areas like trust in our community, work-life balance or the state of the environment. The Oxfam Humankind Index ([www.oxfam.org.uk/humankindindex](http://www.oxfam.org.uk/humankindindex)) is about valuing the things that really matter to the people of

Scotland. This might include their social relations, their health and skills, their physical environment and natural context, and their financial assets.

Full public and body politic participation in creation of the Humankind Index is absolutely central. It means that the Index will be based on the values of an inclusive society, rather merely measuring GDP. This will, in turn, enable government to focus on what really matters, and to take more informed decisions about where society wants to go. It is about remembering that the economy should serve the people, not the other way around.

Scotland's Futures Forum has linked with Oxfam to give YOU A SAY in developing the Index; what should be in and what should be out. The event format will be a conversation café type approach. This event is suitable for MSPs, PolicyMakers, Researchers, Scotland's Futures Forum members, interested organisations and individuals.

Cost: Free (a sandwich lunch will be provided at 1.00pm for those who wish to stay & continue the conversation).

If you wish to attend, please contact [humankindindex@oxfam.org.uk](mailto:humankindindex@oxfam.org.uk).

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### **Planning the Future - Evaluating Impacts**

*Wednesday 15 June 2011, 10.00am to 1.30pm  
Edinburgh*

Come to this free event and get the opportunity to try out new tools and methods to critically engage with change, plan collectively towards the future and evaluate the impact of your work.

Considering the practice of your organisation, ask yourself:

- How good are we?
- How do we get to where we want to be?
- How good can we be in the future?
- How can we explain the difference we are making?

Learning Links Scotland will be launching digital Explaining the Difference, an evaluation programme they ran in partnership with Evaluation Support Scotland. You will have the chance to explore their new website development of tools, methods and feedback from their action learning programme on how to develop the outcomes and show the impacts of your work. Also, take this opportunity to be part of The Futures Kit Workshop Session. Take part in a facilitated workshop session run by HMIE using their Futures Kit tool to explore organisational change and development.

Cost: FREE event, lunch and refreshments provided

The event is open to the voluntary, public, further and higher education sectors. Places are limited, so book early to avoid disappointment. If you have any questions, contact Shirley Grieve, [sgrieve@learninglinkscotland.org.uk](mailto:sgrieve@learninglinkscotland.org.uk) or to book, complete and return the [booking form](#) (details on form).

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### **Building Resilience – a financial capability practice seminar**

*Wednesday 15 June 2011,  
Scottish Youth Theatre, The Old Sheriff Court, 105 Brunswick Street, Glasgow, G1 1TF.*

This FREE event - organised by the Scottish Government, the Money Advice Service, Learning and Teaching Scotland and Standard Life - is for practitioners who support individuals and groups to

become more financially capable, and for those who support the development of financial capability practice, such as managers, policy makers and service planners. For the first time practitioners and their colleagues from different sectors will come together as a practice-sharing network to hear about and contribute to developments in policy and practice. The organisers hope that this event will initiate an active network which will consolidate knowledge between members and cultivate a culture of reflective practice to help all members achieve shared goals.

Being able to manage your money is a fundamental skill. It cuts across every aspect of daily life and contributes to wellbeing and mental health, employability and the ability to achieve the goals that we set ourselves. Long-term provision of crisis services at the current level is not sustainable. Improving the financial capability of individuals and communities can help build resilience so that financial crises can be avoided, people are able to cope better and have the opportunity to fulfil their potential.

Please complete this [online booking form](#) to apply for a place. The deadline for booking places is **Wednesday 25 May 2011**. For more information, email Daniel Sellers at [d.sellers@ltscotland.org.uk](mailto:d.sellers@ltscotland.org.uk).

The Scottish Government are currently conducting a mapping of training for financial capability practitioners supporting young people and adults outside and beyond school, with a view to identifying where support is needed. Please complete this [online questionnaire](#) seeking your views and experience. The results of this survey will be shared with delegates at the event, providing a useful opportunity for reflection on professional development. The deadline for completing the survey is **Thursday 26 May 2011**.

## TRAINING

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### Speak Up! Speak Out!

*Monday 23 May 2011, 10.00am to 4.00pm  
Dundee*

Learning Link Scotland and Speakersbank are reprising their popular workshop aimed at building confidence in public speaking. The Workshop session includes techniques for: speaking in public, delivering services to users, and communicating with colleagues and partner organisations.

- make your point clearly and concisely
- overcome nerves
- think on your feet and improve presentation skills
- start to enjoy speaking-up in public

There will be 20 places available at this event. Places are £20 for members and £35 for non-members. To book, please complete and return the [booking form](#).

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Highlands and Islands: Opportunities for Learning

Social Accounting – Lochinvar, Monday 23 & Tuesday 24 May 2011

Social Return on Investment – Inverness, Wednesday 15 and Thursday 16 June 2011

Social enterprise is both a philosophy and a business model, just as valid as private sector enterprise but requiring a range of specific skills to make it a success. Working with Social Enterprise is a new three year programme from the Social Enterprise Academy, funded by HIE (Highlands & Islands Enterprise), ESF (European Social Fund) and the Scottish Government. It provides fully funded learning programmes across the length and breadth of the Highlands and Islands, bringing together social innovators and entrepreneurs, committed to enterprise with a social purpose.

From autumn 2011, the Social Enterprise Academy will be offering a range of leadership and enterprise learning programmes, divided into two strands: open learning programmes at staff and

directors of third sector organisations, and Leadership for Enterprise programmes designed for people who are away from the workplace, or in part time or temporary work.

Both strands offer accredited learning programmes of 8 to 12 days, delivered over the course of several months. All these programmes are designed to help you develop a range of leadership and enterprise skills required to take your social enterprise forward or develop a new area of enterprise activity.

Also offered will be limited number of introductory short programmes, exploring social enterprise and providing you with tools to measure social added value. The first of these are coming up soon – [Social Accounting in Lochinver](#) (May 23 & 24) and [Social Return on Investment in Inverness](#) (June 15 & 16).

All these learning programmes are available at no cost. For more details call Kate on 01463 238088 or e-mail kate@theacademy-ssea.org.

PAiH Training Courses - Cultural Awareness and Mental Health Awareness

a) Cultural Awareness Training

*Wednesday 25 May 2011, 9.30am to 4.30pm
Positive Action in Housing, 98 West George Street, Glasgow, G2 1PJ*

This one day course will give you a deeper understanding of some of the key cultural differences and communication barriers affecting people including black minority ethnic communities. It will enhance your organisation's interpersonal communications. You will be able to recognise the needs of different groups of people and effectively adapt the approach you use with service users. This course is highly participative, involving case studies, group exercises and open discussion. Course packs are comprehensive.

b) Mental Health Awareness: Best Practice Strategies

*Thursday 9 June 2011, 9.30am to 4.30 pm
Positive Action in Housing, 98 West George Street, Glasgow, G2 1PJ*

This course will give you an understanding of the signs and symptoms of the most common forms of mental illness. You will explore the range of factors in people's lives that can have a negative impact on their mental health. You will also explore the additional pressures which can affect people from refugee and new migrant communities. You will be able to identify appropriate support for those with mental health problems.

Cost per course (including refreshments and lunch suitable to your dietary requirements):
Non-members: £220 / Community & voluntary organisations: £150 / Members: £125

To book your place at either course, please contact Ms Suki Sangha, Training Officer, Positive Action in Housing Ltd, 98 West George Street, Glasgow, G2 1PJ, Tel: 0141 353 2220, email suki@paih.org.

SRA Scotland 2 day training course - Quality in Social Research

*Wednesday 25 & Thursday 26 May 2011
CoSLA Conference Centre in Edinburgh*

Promoting and assessing 'quality' in social research is now a major consideration. In this time of economic cut backs maintaining quality in newly commissioned or in-house research, and appraising quality when reviewing published material are of vital importance. In practice, however, assessing quality in social research remains a difficult and contentious area. Not only do many different

approaches and criteria exist, but questions about the desirability, feasibility, status, scope and application of quality standards remain unresolved.

This course offers insight into how to deal with the “quality issue” for both qualitative and quantitative research. During the two-day course, participants will

- review their own quality standards
- become familiar with key debates and issues in assessing quality (both philosophical and practical)
- learn about a range of quality assessment tools
- practice applying criteria to different types of research activities: proposals, conduct, outputs (articles, journals, books)
- understand the respective strengths and weaknesses of formal and informal assessment, and form their own opinions about key issues and challenges in the quality field

all with the outcome of developing the confidence to critically appraise the value of different criteria and approaches to quality assessment.

The cost is £345.00 for SRA members/£445 non-members.

Full details can be obtained from Lindsay Adams by e-mailing lindsay.adams@blueyonder.co.uk.

Moose in the Hoose training courses: Helping older people access the benefits of computers

*Friday 17 June 2011 OR Friday 26 August 2011, 10.00am to 1.00pm
ACE IT, 115 George Street, Edinburgh, EH2 4JN*

The aim of this half day training is to enable people who work or volunteer with older people reduce their social isolation, by helping them access email and the Internet. This will involve learning about the award winning Moose in the Hoose project, which has successfully helped many older people living in care homes and day centres engage with a wide variety of computer technology.

- Discover the sorts of activities possible
- Information about equipment needed
- Skills/Training required
- Issues – confidentiality, adult protection, loss

This course will be of interest to those working with older people in sheltered housing, care homes and other projects aiming to reduce the loneliness experienced by many older people. Course participants will need to have a basic understanding of how to use email and the internet.

If you would like to book a place on this course or need more information, please contact Terry Blair on 0131 477 3883 or terry@aceit.org.uk. For more information about the Moose in the Hoose project go to www.aceit.org.uk/moose.

VACANCIES

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PA and Administrative Assistant posts, Scottish Refugee Council, Glasgow

The Scottish Refugee Council (SRC) is the leading provider of advice and support to refugees arriving in Scotland. They are currently recruiting for:

a) PA to CEO and Deputy CEO

Ref: PA/1105 – Grade 4 : £21,680 - £25,550 (full-time, 36 hours per week)

To provide high level confidential support to the Chief Executive and Deputy Chief Executive by delivering a full administrative and secretarial support service. Ensuring that effective

planning and administrative systems are in place and maintained effectively and carrying out a range of projects as required. You will also be required to provide and co-ordinate support to the Board of Directors.

This is an excellent opportunity for a highly experienced PA with demonstrable experience of working in a similar role. Due to the nature of the job, it is a requirement that applicants must have the ability to forward plan their workload and manage complex and busy diaries. Excellent communication skills are essential for dealing with senior contacts and for minute-taking, drafting routine correspondence and report writing. You should be educated to HNC level or be able to demonstrate equivalent experience.

b) Administrative Assistant

Ref: AA/1105 – Grade 2 : £16,334 - £18,319 (full time, 36 hours per week)

To be the first point of contact to members of the public and senior external contacts – both in person and by telephone. Other areas of the role include: maintaining meeting room diaries, collating statistics, filing, photocopying, faxing and other general administration duties. You will be an efficient and effective administrator with proven customer care skills. You should be educated to standard grade or above and have experience of office administration. This position is based in SRC's Head Office but occasional cover will be required (on a rota basis) at our other office in Glasgow.

Application packs are available in the first instance at: <http://www.scottishrefugeecouncil.org.uk/jobs> or by e-mailing recruitment@scottishrefugeecouncil.org.uk. If you require an application pack in a specific format or do not have internet access, please telephone 0141 248 9799. Please clearly state the position and reference number of the post you are applying for. Please note, only successful candidates called for interview will be notified in writing. In accordance with SRC's equal opportunities policy, Curriculum Vitae (CVs) will not be considered.

Both posts are subject to a Basic Disclosure Scotland check. The closing date for applications for both posts is **Tuesday 17 May 2011** with interviews for the Administrative Assistant post scheduled for Wednesday 1 June 2011 and interviews for the PA position scheduled to take place on Thursday 2 June. Website: www.scottishrefugeecouncil.org.uk. Address: 5 Cadogan Square, (170 Blythswood Court), Glasgow G2 7PH.

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**Carers Advocacy Caseworker (28hrs), Carers Scotland, Glasgow**

*Salary: £22,960 (pro-rata £18,368) SCP27  
Fixed term contract to 31 March 2012 Secondments will be welcome*

Carers Scotland is seeking an experienced and energetic person to develop an exciting new pilot advocacy service in South West Glasgow. The individual will be responsible for developing an advocacy service for carers and will also contribute to the development of training and tools to enable carers to advocate for themselves. The successful candidate will have knowledge of health, social care and housing practice and agencies in Scotland, particularly as it relates to carers, disabled people and/or other disadvantaged groups and, have experience of providing advice. Knowledge of community care case law would be advantageous.

This post is funded by the Scottish Government. If successful, it is hoped that the service will continue in future years. Carers Scotland offers 25 days annual leave plus three days at Christmas (pro-rata), a Group Personal Pension Scheme, and promotes flexible working practices.

For an application form and further information, please go to <http://www.carersscotland.org>. Please note that the closing date for applications is **Friday 20 May 2011**.

## **LGBT History Month Project Officer, LGBT Youth Scotland, Edinburgh or Glasgow**

*Full Time (37 Hours per week)  
AP4 Grade £23,082 - £25,551*

LGBT Youth Scotland are looking for a dynamic & confident project officer, educated to degree level, to lead the development of LGBT History Month to engage and empower communities through cultural events.

Delivering LGBT History Month, both in Scotland and across Europe, you'll ideally have experience in the voluntary sector environment. You will certainly have a background in leading projects and events, with knowledge of planning & evaluation methods. Motivated & organised you'll work well under pressure and adapt well to changing priorities. You will have no problem meeting deadlines and dealing with conflicting demands. You'll also have strong communication and facilitation skills and the confidence to work with a range of professionals, communities and young people. Experience of working in international projects would be a plus.

Please note that the closing date for applications is Friday 20 May 2011 with interviews scheduled to take place on Monday 30 May 2011. For an application pack, contact [helpdesk@lgbtyouth.org.uk](mailto:helpdesk@lgbtyouth.org.uk) or download at the foot of <http://www.lgbtyouth.org.uk/jobs.htm>. If you would like to speak to someone regarding this post please contact Esther Paterson on 0131 555 3940 or e-mail [esther.paterson@lgbtyouth.org.uk](mailto:esther.paterson@lgbtyouth.org.uk).

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Equalities Development Worker, LGBT Centre for Health & Wellbeing, Edinburgh

Salary £23,082-£25,531 (pro rata); 18 hours

The LGBT Centre for Health and Wellbeing is a unique organisation that works to promote the health, wellbeing and equality of lesbian, gay, bisexual and transgender (LGBT) people. The Centre is seeking to recruit a proactive and motivated person to develop and deliver a programme of work that aims to reduce the inequalities experienced by LGBT people. This role will require a post holder who is a self-starter, able to hit the ground running and build strong relationships with a wide range of stakeholders.

Please note that the closing date for applications is **12noon on Tuesday 24 May 2011** with interviews scheduled to take place on Friday 3 June. For further information and an application pack, visit <http://www.lgbthealth.org.uk>, call 0131 523 1100 or email admin@lgbthealth.org.uk.

The Centre is also looking for LGBT Age Befrienders, volunteers from all communities and any age wanted to form supportive befriending relationships with an older socially isolated LGBT person. For more information, visit <http://www.lgbthealth.org.uk/content/how-can-you-help-support-lgbt-age>.

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## **Training Co-ordinator, NHS Health Scotland, Edinburgh**

*Band 5 £21,176 - £27,625 (Ref: HS04E11)*

The Learning and Workforce development team requires a training coordinator to support development, delivery and update of training courses aimed at multi-agency health and care practitioners and trainers. Knowledge and experience in training development and delivery and use of flexible models of training delivery will be an advantage.

If you are interested in working within a busy Learning and Development environment at NHS Health Scotland, covering all aspects of support for the delivery of Keep Well training across Scotland, please visit the website or call the number below.

To download a recruitment pack, visit <http://www.jobs.scot.nhs.uk/Details.aspx?vacNo=353621>. For further information or to request a pack, e-mail [nhs.healthscotland-recruitment@nhs.net](mailto:nhs.healthscotland-recruitment@nhs.net) or call 0131536 5556 quoting the job title and reference. Please note that the closing date for applications is 5pm on **Tuesday 24 May 2011**. Late applications will not be accepted.

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Director of Policy and Communications, ASH Scotland, Edinburgh

£39,909 – £44,767

Reporting to the Chief Executive, you will lead the organisation's policy and communications work, and as a key member of the senior management team share responsibility for strategic planning and organisational development.

You will take management responsibility for a dynamic section of seven staff and will engage at a strategic level with a wide range of partners including elected representatives, the NHS, professional associations and charities. You will be an expert communicator with significant experience in policy analysis and development, and communication strategies. You will combine leadership with an eye for operational detail. In return, ASH Scotland offers a competitive salary and comprehensive benefits.

Please note that the closing date for applications is noon on **Tuesday 24 May 2011** with interviews to be held on Friday 3 June 2011. For an application pack, call 0131 225 4725, email recruitment@ashscotland.org.uk, or download details from <http://www.ashscotland.org.uk/about-us/vacancies>.

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Crescent Kitchen

Crescent Kitchen is a social enterprise and provides outside catering, a cafe service, training, corporate team building days and special events. Crescent Kitchen is one of the nine projects managed by The Broomhouse Centre in Edinburgh. The Centre is a charity and a company limited by guarantee and has been in operation since 1991. The organisation provides personal, social and community development opportunities for disadvantaged groups of people in and around Broomhouse. Crescent Kitchen provides:

- a café service to the local community and the other centre projects
- training opportunities in catering to vulnerable adults with learning difficulties and mental health issues, prisoners, long-term unemployed and students
- food and health courses to local groups and organisations
- a team building day to public and private sector organisations
- special events for local groups and the wider community
- an outside catering service to Edinburgh and the surrounding areas.

For more information, visit www.crescentkitchen.co.uk.

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You can send information/material for inclusion in CHEX-POINT Snippets by sending an email to: [chexadmin@scdc.org.uk](mailto:chexadmin@scdc.org.uk). CHEX-POINT Snippets are provided by CHEX – Community Health Exchange and compiled by Tom Warrington. Thanks to all contributors to this edition.

Views expressed in CHEX-Point Snippets are not necessarily those of CHEX, unless specifically stated.



CHEX is funded by NHS Health Scotland to provide a resource to communities by promoting and supporting community development approaches in challenging health inequalities. CHEX is a part of the Scottish Community Development Centre (SCDC). SCDC is a company limited by guarantee, registered in Scotland, No. 361532. SCDC is a registered charity in Scotland, Ref No. SC 040614. Visit [www.chex.org.uk](http://www.chex.org.uk) for more info!