



2011

**Celebrating 11 years
of supporting and promoting
healthy communities**

**CHEX-Point Snippets
Issue No 181
17 March 2011**

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CHEX NEWS

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Final issue of 'Engage' magazine now available

Issue #9 of 'Engage', the magazine for community-led health, is now available to view and download by clicking [here](#). (pdf, 2Mb).

Over the last 2 years, Engage magazine has included articles and news about community-led health from across Scotland. In this issue, we look beyond our borders to find out about different methods and approaches to address health inequalities in Wales, Northern Ireland and England.

Our local community development case study continues the theme of 'community assets' by highlighting the exciting work of the Children's Inclusion Partnership in North Glasgow. The case study demonstrates the assets built from within different community groups, especially from the talent and energy of local children.

This issue also features new publications from CHEX and the Assets Alliance and brings you news on what's happening with the practitioners network on co-production. We hope you find these articles useful in your practice development.

All good things must come to an end eventually and, sadly, we have to report that this will be the final issue of 'Engage' in its current format. However, we are pleased to say that the spirit of 'Engage' will continue when we launch a new 'Engage' page in our quarterly CHEX-Point newsletter, beginning with the summer 2011 issue.

Meanwhile, download issue #9 and all previous issues of 'Engage' [here](#).

Launch of Scotland's Child Poverty Strategy

Deputy First Minister Nicola Sturgeon launched Scotland's first ever national strategy to tackle child poverty this week. Scotland's poorest families will benefit from help to increase their household incomes and improve their children's life chances in the largest co-ordinated effort ever to lift more children out of poverty. The national strategy sets out a range of cross-government pledges including:

- Increasing the number of parents in employment - through initiatives such as Community Jobs Scotland and offering record numbers of apprenticeships
- Reducing the squeeze on family incomes - school clothing grants, freezing council tax, scrapping prescription charges and providing free heating help
- Encouraging positive parenting skills - help for parents to provide nurturing homes through projects such as You First for vulnerable families and the Family Nurse Partnership which offers support for first-time teenage parents over two years
- Better housing and communities - building new affordable housing in mixed income communities with more green spaces, recreational and sport facilities
- Giving all children more chances to learn - financial support for young people to remain in education through the Education Maintenance Allowance

A £6.8 million 'Early Years' fund announced recently will be set up, which national voluntary sector organisations will be able to bid for in May. The fund will back projects that offer parenting support, affordable childcare, play and bonding activities and family health initiatives. (You can find more information on this fund in this issue's 'Funding' section').

For more details, visit <http://www.scotland.gov.uk/News/Releases/2011/03/15104226>. To view the strategy, visit <http://www.scotland.gov.uk/Publications/2011/03/14094421/0>.

Exploring Aberdeen's Big Society

There has been a lot of discussion recently regarding the Government's Big Society, but next week Aberdeen's charities and community groups will have the chance to discover what the Big Society means to them. Aberdeen Council of Voluntary Organisations (ACVO), Aberdeen University, Aberdeen City Council and The Workers' Educational Association (WEA), with funding from Lifelong Learning UK, are offering learning sessions at Aberdeen Arts Centre throughout next week.

The sessions, "The Big Society? – Getting it Right in Aberdeen", are open to representatives of Aberdeen's community groups, voluntary organisations, charities, social enterprises and to Community Learning and Development (CLD) practitioners. They will explore what the Big Society means to Aberdeen and help attendees to develop the skills and confidence to contribute to the City's community planning process.

Sessions will run from 9am-1:30pm or 12:30pm-5pm every day next week (Monday 21 to Friday 25 March) with lunch provided. After the event, all participants will gain access to information via the North Alliance Virtual Learning Environment.

For further details, please contact Sarah Irvine at ACVO on 01224 686058 or sirvine@acvo.org.uk or to book a place e-mail cpd@aberdeencity.gov.uk.

£10 million for Scottish telehealthcare

Ten million pounds is to be invested over four years to improve care by growing the Scottish telehealthcare sector. The project - jointly announced this week by the Scottish Government and the Technology Strategy Board - will show how new technologies and innovative services can help

improve the quality of life of, and support independent living for, older people and people living with long-term conditions. The demonstration programme will involve at least 10,000 older people and people with disabilities.

For more details, visit <http://www.scotland.gov.uk/News/Releases/2011/03/15130403>.

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### **Fundraising Event report - Drumchapel Disabled Action 2 Ltd**

You might remember mention of a fundraising evening for Drumchapel Disabled Action 2 Ltd which was included in Snippets #179. The event, which took place at the Goodyear Social Club in Glasgow on Friday 25 February, managed to raise £1,743.50 and Drumchapel Disabled Action 2 Ltd would like to send their thanks to everyone who supported the event.

For more information on Drumchapel Disabled Action 2 Ltd, visit <http://www.dda2.org.uk/index.htm> or contact Katie Honnan – Administrator, Antonine Court, 30 Dunkenny Road, Drumchapel, G15 8LH. T: 0141 944 6393. F: 0141 944 6725.

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Khamoshi - The Silence

Khamoshi was a 4 month project that explored the needs of deaf South Asian men in the Greater Glasgow area. This group in particular was identified as being overlooked in terms of their mental health needs. Hence the name of the project Khamoshi - The Silence which the project aimed to 'break the silence' of these men to explore the stigma they face with regards to mental health.

The project was carried out in partnership with the Asian Deaf Club, NHS Health Scotland, Deaf Connections and the Ishara project. The project involved research and development of tools to explore mental health stigma, identifying, and engaging deaf South Asian men in focus groups and one to one interviews and the development of a DVD of the key findings.

The Khamoshi DVD is available on request and is currently available in British Sign Language and English Voice over. For more information about Khamoshi or to request the DVD, please contact Paul McCusker at Paul@deafconnections.co.uk or Tasnim Sharif at Tasnim@deafconnections.co.uk.

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### **Call for submissions of initial ideas for Black History Month (BMH) 2011 Programme of Events**

Black History Month (BHM) has been celebrated every October in Scotland since 2001. BHM is a month of celebration which brings together people of all cultures and ethnicity to celebrate the uniqueness of their heritage and the contributions and achievements made by Black and Minority Ethnic (BME) people in Scotland.

The theme for this year's BHM celebrations is the "Past, Present and the Future" and will link in with events across the country to provide a vibrant and diverse programme of events. The events will highlight and celebrate the achievements made by Black and Minority Ethnic (BME) people to Scottish society and the world as a whole. A submission form is available [here](#) or contact Cecilia Boccorh at [cecilia@crer.org.uk](mailto:cecilia@crer.org.uk). Submissions must be received by **Friday 1 July 2011**.

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Pilotlight Scotland

Would you like to access free support from your own team of business people? Pilotlight Scotland's free capacity building service matches charity directors with teams of business people keen to use

their skills and strategic awareness to help local charities. Through the Pilotlight process they can use their experience to assist you in making the decisions that will secure the sustainability of your organisation.

To learn more about the process, go to <http://www.pilotlight.org.uk/index.php/charities/what-we-offer/>
For more information, contact Pilotlight Scotland's project management team by emailing scotland@pilotlight.org.uk or call 0131 243 2765.

By working with Pilotlight, an organisation will get:

- Up to 100 hours of support over a 12 month period from local senior business leaders offering a range of skills including strategic planning, financial management, HR and marketing, from corporations such as Lloyds Banking Group, Student Loans Company, Scottish Power, legal firms such as Brodies, Biggart Baillie.
- Access to a proven and carefully-managed process that helps tackle the barriers facing your organisation and supports you to look at how to maximise opportunities.
- Experienced facilitation, to ensure everyone's time is managed efficiently and effectively.
- Tools and frameworks to help put the insights gained into practice.

Kinship carers

A new national training and support service - to provide better help and guidance to Scotland's estimated 20,000 kinship carers - was launched last week by Children's Minister Adam Ingram. Kinship carers are friends or relatives who look after a child because they cannot be looked after by their parents.

Children 1st will be given around £75,000 in 2010-11 and around £245,000 for each of the next three financial years to run the new service which will include:

- A comprehensive telephone advice service via ParentLine 0808 800 2222 with dedicated staff and volunteers trained in kinship issues
- Training for kinship carers on issues that they and the children they care for can face, including alcohol and drugs misuse and managing relationships within families
- Work to help existing local family support groups or address gaps in local support, as well as the creation of a national forum for kinship carers to strengthen their voice in future policy development
- The provision of family group conferencing - a way of bringing the whole family together to find solutions for problems affecting children within a family
- Training on the working of the children's hearings system and implications for families

For more details, visit <http://www.scotland.gov.uk/News/Releases/2011/03/10134652>.

Call for Independent Advocacy to be available for all: Manifesto launch

The Scottish Independent Advocacy Alliance (SIAA) are pleased to launch a [Manifesto for Independent Advocacy](#) and a campaign on behalf of Scotland's Advocacy Movement calling for MSPs and prospective MSPs to ensure that Independent Advocacy is available for all who need it wherever they are in Scotland.

There are Independent Advocacy organisations all over Scotland, empowering people who need a stronger voice by enabling them to express their needs and make their own decisions. They help people engage with and become a part of their communities. Over many years collective advocacy groups have played a vital role in shaping services.

SIAA are calling for the Scottish Government to ensure that Advocacy is Accessible, Diverse, Engaged and Sustainable. Find out more by downloading the Manifesto [here](#). If you would like a

paper copy, or have any enquiries about the Manifesto or SIAA, please call on 0131 260 5380 or email enquiry@siaa.org.uk.

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## **A Games Legacy - help young people get involved**

The Glasgow 2014 Commonwealth Games is fast approaching, and young people have the chance to be involved now! The Youth Legacy Ambassadors programme is an exciting opportunity for young people to promote the key legacy themes of Active, Connected, Sustainable and Flourishing, within their own communities. Whilst a number of Youth Legacy Ambassadors have already been recruited, there are still places available. The programme is particularly looking for Ambassadors in the following areas: East Ayrshire, East Lothian, East Renfrewshire, Highland, Midlothian and Shetland.

Examples of what the Youth Legacy Ambassadors might do include creating online articles, podcasts, blogs and videos, attending events and helping everyone in Scotland get involved in Legacy themed activities. They will be encouraged to be as creative as they like.

Young Scot and Youth Scotland will be providing training to anyone who takes on an ambassador role. A local support person will also be identified to help them complete their tasks. Ambassadors will be reimbursed for all travel expenses.

To find out more about the programme, [click here](#) to download a flyer and information sheets. Applications should be returned to Young Scot at the address provided. If you have questions about the Youth Legacy Ambassador opportunity or require guidance on filling out the application form please contact the Young Scot InfoLine on 0808 801 0338 or email Vicky Clarke at [vickyc@youngscot.org](mailto:vickyc@youngscot.org)

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| <b>PUBLICATIONS</b> |
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## **Scottish Directory of Funding for Third Sector Organisations 2011**

This essential directory of potential funding sources for your third sector organisation is available now, with over 250 sources of funding available in Scotland. Indexed by main subject area, it also includes a section on sources of free funding information and support across Scotland, listed by local authority area.

Price: £20.00 for SCVO Members (£25.00 for non-members) - includes postage and packing. For information on ordering, visit <http://www.scvo.org.uk/information/publications/>.

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Local Single Outcome Agreement – Progress Report

The Scottish Government and COSLA have jointly published 'Local Matters: Delivering the Local Outcomes Approach', which highlights progress made to date. The three key messages of the overview commentary are:

- The local outcomes approach is the right approach: Overseas literature, including from the OECD and World Bank, validates the approach as being in line with international developments
- The local outcomes approach is working: Local partners are committed to making the approach work and there are already examples of positive outcomes emerging from their efforts
- There is still more work to be done to maximise the benefits of the approach and offset the difficult financial environment. But action is already taking place to address these challenges

The Report can be downloaded from <http://www.scotland.gov.uk/Publications/2011/03/10115335/0>.

'Living through change in challenging neighbourhoods' - People's perceptions and experiences of living in lower-income British neighbourhoods

This paper from the Joseph Rowntree Foundation brings together six summaries focusing on key themes from interviews with residents in six lower-income neighbourhoods in Anglesey, Blackburn, Edinburgh, Knowsley, Grimsby and West London. The summaries focus on the following themes:

- the relationship between work, place and identity;
- concepts of self-esteem and comparative poverty;
- patterns of residential mobility and immobility;
- the 'time-space biographies' of residents' daily lives;
- the relationship between neighbourhood infrastructure and social interaction;
- family, friends and neighbours' roles in social and support relationships;
- differential experiences of 'social mix'; and
- perceptions of neighbourhood change.

Download free from <http://www.jrf.org.uk/publications/living-through-change-challenging-neighbourhoods>.

New OSCR guidance on control and independence in Scottish charities

Office of the Scottish Charity Regulator (OSCR) has published new guidance on the issue of independence and control in Scottish charities. This guidance draws on OSCR's five years' experience as Scotland's charity regulator. The guidance is available on the OSCR website: [Who's in Charge guidance](#).

Self Management Fund - Special Report - Neurological Conditions

Following the launch of the Interim Evaluation Report in October, LTCAS are producing a series of Special Reports on the Self Management Fund. These reports will focus on the themes of the evaluation, and highlight some of the great projects around the country. The third of these reports looks at the 'Neurological Conditions' and is produced in partnership with the Neurological Alliance of Scotland. This, along with the previous reports and the Interim Evaluation Report, are available at http://www.ltcas.org.uk/self_basics.html.

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| FUNDING |
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Funding Briefing Event for Organisations in the East End of Glasgow

*Monday 21 March 2011, 9.15am to 12.45pm (followed by buffet lunch)
Reidvale Neighbourhood Centre in Whitevale Street, Dennistoun*

Are you involved with a local voluntary organisation in the east end of Glasgow? Does your organisation need funding? If you answer Yes to both these questions, then this free event on Monday 21 March could be just the thing for you. VSEG (Voluntary Sector East Glasgow) in association with Parkhead Citizens Advice Bureau is arranging a half day briefing session for members of the voluntary sector in the east end to meet up with key potential funders (Santander Foundation, Big Lottery Fund and The Robertson Trust are confirmed; Glasgow City Council (Area Committees) and Bank of Scotland Foundation may also attend).

There will also be an opportunity to consider the implications of changes to funding and planning boundaries for the voluntary sector and to find out more about the digital switchover and what help is available for specific groups of people such as older people, those with learning difficulties or whose first language isn't English.

Booking is essential as there are only 50 places available. Contact Michelle Burke at Parkhead CAB on 0141 554 3834 or by email at admin@parkheadcab.org.uk.

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### Inspiring Scotland - Early Years Early Action Fund

The Early Years Early Action Fund is funded by the Scottish Government and delivered by Inspiring Scotland. It can support national voluntary organisations to enable them to:

- Improve early years services covering parenting, play, childcare, child and maternal health and family support, with the aim of helping parents and communities build better lives for themselves and their children;
- Provide earlier support for families to prevent problems escalating into costly and difficult crisis situations, as well as supporting health improvement and helping looked after children.

The fund is open to national voluntary sector bodies overseeing the delivery of local services in more than one local authority area. Proposals should relate to:

- play/activities
- parenting support
- provision of childcare
- activity to improve child and family health
- supporting families to help themselves and
- building family and community capacity to improve outcomes for children.

The Fund will open in mid-May but eligible organisations can register for information now. Visit <http://www.inspiringscotland.org.uk/>.

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The Rank Foundation

The Foundation can support local community groups to:

- engage with young people to foster their development;
- develop the skills of people working with young people;
- communicate good practice with other organisations and groups.

Support is focused on pioneering work grounded in local communities - e.g. with churches, youth cafés, creative arts projects, street work with young people, volunteering initiatives, outdoor education, a farm, and building projects. For more details, visit <http://www.rankfoundation.com/>.

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### Hilton In The Community Foundation Grants

Organisations that work with young people have the opportunity to apply for grants through the Hilton Foundation. Organisations such as charities and other not for profit organisations can apply for grants ranging from a few hundred pounds up to £30,000 per year for up to 2 years that meet one of the Foundation's chosen areas of focus. These are:

- disabled children
- children in hospital
- homelessness
- life-limited children in hospices.

The next closing date for applications is **Tuesday 3 May 2011**. For more information, visit <http://www.hilton-foundation.org.uk/application.htm>.

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Improving Futures - Big Lottery Fund

The Improving Futures programme aims to improve outcomes for children experiencing difficult family circumstances. It will fund partnerships, led by voluntary sector organisations and including local authorities, that can offer joined-up support and provision for families with multiple and complex problems at a local level. 20 partnerships across the UK will be funded - up to £900,000 per partnership is available. The deadline for expressions of interest is **Thursday 12 May 2011** with a deadline for full application submission of 30 September 2011. For more information, visit <http://digbig.com/5bdpmg>.

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## Funding for Children's Summer Playschemes

The LankellyChase Foundation has announced that it is seeking applications from registered charities to support summer playschemes for children between the ages of 5 - 17 years. Preference is given to small local playschemes lasting 4 - 6 weeks, and groups planning special activities for youngsters who are disadvantaged.

In 2011 the Foundation will be supporting specific activities for children and young people living in refuges for families escaping domestic violence; or for young carers. This year the Foundation will be making approximately 120 grants of around £500, to organisations in England, Wales, Scotland and Northern Ireland. Preference will be given to applications from organisations affiliated to a relevant nationally recognised body and adhering to national standards of practice. The closing date for applications is **Friday 13 May 2011**. More details at <http://www.lankellychase.org.uk/how-to-apply/15>.

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People's Postcode Trust

The People's Postcode Trust, a trust set up by the "People's Postcode Lottery" in April 2009 offers grants of between £500 and £10,000 (£2,000 if not a registered charity and £5,000 in Wales) to small organisations and community groups for projects lasting up to 3 months in the areas of Poverty Prevention; Advancement of Health; Community Development; Public Sports; Human Rights; and Environmental Protection.

Applications for grants of under £2,000 are considered on a rolling monthly basis in Scotland and on a quarterly basis in England and Wales. Previous projects supported include Bishopton Village Nursery which received a grant of £825 to support children's learning and Scottish Native Woods, an organisation that exists to rescue, restore and expand Scotland's native woods- woodlands that are natural to Scottish landscape. The organisation received a grant of £9,958 to thin out trees, reinstate and repair paths and reinstall drainage systems.

For grants of over £2,000, the next round for applications will open on Monday 11 April 2011 and will close on **Friday 27 May 2011**. For more details, visit <http://www.postcodetrust.org.uk/>.

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## North Lanarkshire groups urged to apply for funding

Organisations based in the Shotts, Allanton, Bonkle and Hartwood areas of North Lanarkshire are being urged to apply for support from The Blacklaw Windfarm Community Benefit Fund before **Friday 3 June 2011**. Funding of up to £30,000 is available to projects through the fund which can support initiatives which encourage the more efficient use of energy or provide, maintain or improve a public park or other community facility for leisure or recreational purposes. The funding will be distributed to projects through the Environmental Key Fund (EKF). For further information, visit <http://www.environmentalkeyfund.com/blacklaw.html>, call 01698 302446 or e-mail [externalfunding@northlan.gov.uk](mailto:externalfunding@northlan.gov.uk).

**Exhibition – last date for viewing**

*Saturday 19 March 2011, 1.00pm to 4.00pm*

*Safe Space, St Margaret's House, 9 St Margaret Street, Dunfermline KY12 7PE*

There is still a chance to view this exhibition celebrating the creative work of survivors of sexual abuse which has been organised by [Safe Space](#) and [KASP](#) (Kingdom Abuse Survivors Project).

Pauline McGhee, Safe Space Manager says "This is a great opportunity to view a range of creative work from survivors of sexual abuse...from painting, drawing, sculpture to writing and large group work pieces. The exhibition highlights the importance of creativity to healing, finding a voice and contributing positively to the communities we live in. We do hope you can join us for this celebration of survivors' voices and talents".

For information, visit <http://www.safe-space.co.uk/newsandupdates.html> or contact Pauline McGee, Manager, Safe Space, by telephoning 01383 739084 or e-mailing [pauline@safe-space.co.uk](mailto:pauline@safe-space.co.uk).

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The Clinic - An Evening of Serious Standup

Thursday 24 March 2011, from 7.30pm

CCA, Sauchiehall Street, Glasgow

Join Universal Comedy for your repeat appointment at The Clinic, CCA. Support the Universal Comedy Graduates show-casing their hilarious take on mental health, ill health...and life!

Supported by Universal Comedy's famous Comedy Tutors: Steven Dick, Viv Gee, Raymond Mearns, Jo-Jo Sutherland and Paul Sneddon!

Tickets are priced £5 (£4 conc.) and are available from the [CCA](#) or online at www.ticketsoup.com or by telephone on 0844 395 4005. For more on Universal Comedy, visit www.universalcomedy.co.uk, call 0141 564 1200 or e-mail enquiries@universalcomedy.co.uk.

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**'LGBT Lives' arts exhibition**

*Friday 25 to Thursday 31 March 2011, 10.00am to 5.00pm (except Fri 25 – 7pm to 10pm)*

*Out of the Blue Drill Hall, in Dalmeny Street, Edinburgh*

A one-week community arts exhibition, LGBT Lives: an exploration of lesbian, gay, bisexual and transgender identities and communities, will be launched on Friday 25 March and runs to 31 March. The free exhibition, at Out of the Blue Drill Hall, in Dalmeny Street, is organised by the LGBT Centre for Health and Wellbeing, and features paintings, sculpture, photography and collaborative work, by over 30 artists.

The opening night on Friday 25 March, 7-10pm, will include live music and guest speaker Jo Clifford, the award winning playwright.

The exhibition presents an exciting opportunity to celebrate and reflect on the diverse lives and experiences of lesbian, gay, bisexual and transgender (LGBT) people living in Scotland.

For more information please contact Jules Barnes by e-mailing [jules@lgbthealth.org.uk](mailto:jules@lgbthealth.org.uk).

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The Ethnic Survivors Forum Launch Event

*Tuesday 29 March 2011, 12.30pm to 2.30pm
Pollokshields Burgh Hall, 70 Glencairn Drive, Glasgow G41 4LL*

The Ethnic Survivors Forum is a unique minority ethnic project that will operate across Scotland for an initial period of one year. The Forum, comprising of three partners from Glasgow, Dundee and Edinburgh, will work in three areas.

- the provision of support services to minority ethnic adult survivors of childhood sexual abuse
- engagement with statutory agencies, voluntary organisations and other bodies in pursuit of developing, supporting and influencing the future direction of services for minority ethnic survivors of childhood sexual abuse.
- increase the awareness of childhood sexual abuse and its long term consequences within minority ethnic communities and to this end will actively promote a programme of education and awareness-raising.

The launch will be present in three parts opening with speeches, followed by a showing of the Ethnic Survivors Forum website and concluding with networking over lunch. The keynote speech will be delivered by Pragna Patel, a founding member of the Southall Black Sisters, a not-for-profit organisation established in 1979 to meet the needs of black (Asian and African-Caribbean) women.

The event will be attended by minority ethnic organisations and community groups, members of Glasgow's minority ethnic communities as well as Councillors and other local politicians.

For additional information or to confirm your attendance please do not hesitate to contact Anela Anwar, Project Manager on 0141 202 0608 or email glasgow@ethnicsurvivorsforum.org.

CONFERENCES AND SEMINARS

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Media Matters Conference

*Friday 25 March 2011
John McIntyre Centre, Pollock Halls, Edinburgh*

Make sure you don't miss out on the chance to join PR and communications professionals from the third sector to learn from and network with key Scottish media professionals. Whether learning the ropes or brushing up on skills, there's something for everyone! Keynote speakers Bill Jamieson, Executive Editor of the Scotsman and Marie McQuade, Communications Manager from Maggie's Cancer Caring Centres will discuss the important role of the media in supporting awareness raising, influencing and fundraising.

Industry experts will lead practical training workshops on how to maximise your impact with the media - from pitching great features ideas to setting up the perfect photo opportunity or finding out the latest hints and tips for social media. For details or to book, visit www.scvo.org.uk/mediamatters.

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### **RNID Scotland 'Hear to Inform' Seminar**

*Wednesday 30 March 2011, 10.00am to 3.00pm  
Paisley Arts Centre, New Street, Paisley PA1 1EZ*

You are invited to attend this FREE seminar, designed to support people who are deaf or hard of hearing and living in Renfrewshire and the surrounding areas. The seminar is designed to give deaf and hard of hearing people an opportunity to discuss issues relating to deafness and hearing loss in general and any concerns in particular – with hearing specialists from the Royal Alexandra Hospital Audiology department, Renfrewshire Council Social Work team and RNID staff and volunteers.

Communication support will be made available – please tell RNID your requirements when you book. Refreshments and lunch are also provided, free of charge. You are welcome to be accompanied by another person of your choice, should you wish, e.g. a relative, friend or carer.

Places are very limited and you must book a space. If you wish to attend please let RNID know by **Friday 25 March 2011**. You can book a space by contacting Donna McSwiggan on 0141 341 5338 or email [donna.mcswiggan@rnid.org.uk](mailto:donna.mcswiggan@rnid.org.uk).

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### **Silent transformation of well-being: GCPH Seminar Series 7**

*Wednesday 13 April 2011, 4.30pm to 6.00pm (registration from 4.00pm)*  
*[Trades Hall of Glasgow](#), Glasgow*

The next event in Seminar Series 7 will take place on Wednesday 13 April 2011 at the Trades Hall of Glasgow. Dr Timo Hämäläinen of Sitra, the Finnish Innovation Fund, will deliver a lecture on the Silent transformation of well-being, arguing that there is an urgent need to develop better and more holistic understanding of everyday well-being that could serve as a basis for better individual decisions and public policy making.

GCPH Seminar Series events are free to attend although places are limited therefore registration is required. To register for the event, please use the [online registration form](#). For more on GCPH, visit <http://www.gcph.co.uk/>.

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### **The Participant: people and nature - reaching new audiences Sharing Good Practice event**

*Wednesday 20 April 2011, 10.00am to 4.00pm*  
*Loch Lomond & the Trossachs National Park, G83 8EG*

Scotland has fantastic nature and landscapes, many within easy reach, however many communities and individuals face barriers that restrict or prevent them enjoying the outdoors - and the range of benefits that contact with nature can offer. This event will share practice and experiences of those working 'on the ground' to engage new audiences with nature and to address disadvantage through environmental activity.

What will you gain from attending, in addition to valuable networking opportunities? An understanding of practical approaches to engaging new audiences with the natural heritage and how this can promote participation and inclusion - and how approaches like Action Research and Social Return on Investment can support the planning and delivery of this work.

Cost: Standard £60, Student/Senior Citizen/Volunteer: £30

For more information, download the flyer [here](#) or contact The Sharing Good Practice Team on 01738 458555 or email [sgp@snh.gov.uk](mailto:sgp@snh.gov.uk).

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### **Promoting Equality During Austerity**

*Friday 20 May 2011*  
*Sun Oracle Executive Briefing Centre, Linlithgow*

This conference will consider how public bodies, including governments and local authorities, can balance the need to reduce budgetary spend with their obligations under the Equality Act to promote

and extend equality, diversity and fairness. With an emphasis on showcasing good practice, this event will seek to explore:

- how a public body can meet its obligations under the Act;
- what a public body needs to take account of when forming policy and planning budgetary decisions, especially when reducing or removing existing services; and
- how, through adopting good process and practice, a public body can minimise the implications of its budget reduction programme on its equality and diversity agenda.

For further information including the Early Bird Discount available until Friday 25 March 2011, visit <http://www.mackayhannah.com/upcoming-conferences/equality-and-the-cuts/>.

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## **Patients' rights to support and redress: implications for policy and practice**

*Friday 10 June 2011  
Radisson Blu Hotel, Edinburgh*

Outlined in the vision for a 'mutual NHS' the conceptual shift from viewing patients as 'service users' to 'active partners' is having a profound effect on healthcare policy and practice. Developed in partnership with the Scotland Patients Association, this national one-day conference will focus on three core strands of patient rights and responsibilities and will explore, through examples of good practice, how NHS providers can successfully engage and empower patients in the design, delivery and evaluation of local services.

Session 1 - Understanding the patient experience

Session 2 - Valuing patient complaints

Session 3 - Offering effective redress

- The programme will also include a number of case studies featuring real-life patient experiences.

An Early Bird discount of 10% is available if you book and pay before Thursday 7 April 2011. To find out more, visit <http://www.mackayhannah.com/upcoming-conferences/spa-complaints/>. Alternatively, contact Jane Wilson by e-mailing [jwilson@mackayhannah.com](mailto:jwilson@mackayhannah.com) or telephoning 0131 556 1500.

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### **Birth: benefits, tax credits and other help**

*Wednesday 30 March 2011, 1.00pm to 4.00pm  
CPAG, Unit 9, Ladywell Business Centre, 94 Duke Street, Glasgow G4 0UW*

This CPAG (Child Poverty Action Group Scotland) course looks at benefit rights for pregnant women and families with young children, both in and out of work. It aims to help advisers maximise family income at this important time. It assumes a basic knowledge of the benefit and tax credit system. It covers:

- Benefits and tax credits available around pregnancy, birth or adoption
- Other financial help available, including sure start maternity grant and health benefits
- Tactics for maximising income

Half-day course fee: £63 for CABx, £73 for voluntary organisations, colleges and housing associations, £103 for statutory organisations.

To book a place, please complete the [online booking form](#). For other information, call 0141 552 3303 or fax 0141 552 4404. Website: [www.cpag.org.uk/scotland](http://www.cpag.org.uk/scotland).

CPAG in Scotland's new 2011/2012 training programme is now available to view online at: [www.cpag.org.uk/scotland/training/courses](http://www.cpag.org.uk/scotland/training/courses).

## **Kitbag for Families: Workshop for people working with vulnerable families, children and young people**

*Tuesday 5 April 2011, 9.30am to 12 noon (registration and coffee from 9.00am)  
IFF HQ, The Boathouse, Aberdour, Fife*

Kitbag for Families is part of a range of [Kitbag](#) approaches developed by [International Futures Forum](#). It is a set of resources to help children grow up calm and confident, building relationships in families both natural and reconstituted. Developed by health professionals and award-winning designers, Kitbag for Families can be used from the age of three to adulthood.

IFF will host a two and a half hour introductory training session for those who would like to learn more about Kitbag for Families, its background philosophy, its contents and how to use them on Tuesday 5th April 2011.

All participants will be offered a free Kitbag for Families at the conclusion (retail price £37.00) - if you wish to use it in your work. Places are strictly limited to 30 and allocated on a first come first served basis, so please book early to avoid disappointment.

For more details or to book, visit <http://www.eventbrite.com/event/1323405341>.

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Suicide and Self Harm in Children and Young People

*Monday 23 May 2011, 9.30am to 12.30pm
Yorkhill Hospitals, Glasgow*

This short course on Suicide and Self Harm - organised by the University of Glasgow, College of Medical, Veterinary and Life Sciences - should be of interest to all professionals working with children and young people and will update busy professionals in a short space of time with the latest research, findings and best practice in this area. The course will consider:

- Background information on suicidal behaviour
- Recognising the risk
- Prevention and helping children and young people
- Why children and young people self harm
- The relationship between suicide and self harm
- Cutting and other behaviours
- Strategies for working with children and young people and support

Cost: £85

More details and information on how to book this course and other forthcoming courses are available in the Short Course flyer [here](#). Alternatively, telephone 0141 201 0825 / 9353.

website: <http://www.gla.ac.uk/departments/developmental/cpd/newcourses>.

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## **Understanding the Scottish Parliament and Government**

*Thursday 30 June 2011, 9.45am to 4.15pm (registration from 9.15am)  
Edinburgh (venue tbc)*

As Scotland heads to the polls in May, this course is perfectly timed to understand the role of Scottish Parliament and Government, and to consider the future implications of their growing devolved power. Since its first sitting in 1999, The Scottish Parliament and Government have brought tangible change across Scotland, giving exclusively Scottish interests representative accountability. From Higher

Education to healthcare, policy has diverged markedly from the UK government in Westminster.

This course will provide a comprehensive overview of the key structures, functions and processes of the Scottish Parliament and Government, fully explaining what responsibilities have been devolved to Holyrood and what powers still reside in Westminster. Following the May election, you will have an opportunity to examine a breakdown of election results and the consequences this will have on your organisation - along with a post-election analysis of the future of the Scottish Parliament and Government. [Click here](#) to view the agenda.

Early booking offer: Central Government/ Agencies/ Private Sector: £495 + VAT / Local Government/ NHS: £445 + VAT

For the online booking form [click here](#). For the course overview & programme, [click here](#). For information on other Understanding ModernGov courses, visit <http://www.moderngov.com/>.

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### **Stride for Life Development Officer, Live Active, Bells Sports Centre, Perth**

£22,967 - £26,204

Full-time, 2 year fixed term

'Stride your way to a healthier life' - Could you embrace this statement and encourage those who are inactive to take their first steps and onwards towards a healthier and more active lifestyle? If your answer is yes then you may be the exact person that we are looking for!

Stride for Life is a project that encourages communities and individuals in Perth and Kinross to walk and enjoy the benefits that walking can bring. The success of the programme to date has now provided an excellent opportunity to take the initiative further by appointing a Stride for Life Development Officer to join the Live Active Community Team.

For more details including downloadable application material, visit [www.liveactive.co.uk](http://www.liveactive.co.uk) and click on 'Recruitment'. Please note that the closing date for applications is **Tuesday 29 March 2011** with interviews to be held on Tuesday 12 April.

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Training Officer – Equality & Cultural Diversity (Full-time), REACH Community Health Project, Glasgow

Salary: £26,441 - £26,441 (Actual salary for the duration of the contract will be calculated pro-rata)

Post Duration: Until December 2011. (Grade AP5 SCP 33)

The Training Officer will work for the Improving Community Health Through Effective Engagement (ICHEE) project and will design, deliver and promote Public Participation Training (PPT) to members of BME communities and Equality and Cultural Diversity Training (ECDT) to voluntary/community organisations. The post holder will coordinate and promote the training programme with the supervision of the Director and the Project Coordinator.

You must have relevant qualification(s) and experience in this field with good report writing, communication and community engagement skills. Commitment to work with/for BME communities is paramount and being able to speak one or more ethnic minority language is desirable. You should demonstrate a clear understanding and experience of cross-sector partnership and multi-agency working. The post holder will require regular travelling to Tayside, Lanarkshire and Lothian Health Board Areas.

For an informal discussion about this post, please phone Shabir Banday at 0141 585 8090. For an

application pack, visit <http://www.goodmoves.org.uk/jobs/8123>, call admin at 0141 585 8022/23 or email admin@REACHhealth.org.uk. Please note that the closing date for applications is **Thursday 31 March 2011** with interviews to be held on 8 April. Website: <http://www.reachhealth.org.uk/index.php>.

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### **Administrator & Project Assistant, LGBT Centre for Health and Wellbeing, Edinburgh**

*Salary £18,321-£19,830 (SCP 19-22); full time post*

The LGBT Centre for Health and Wellbeing is a unique organisation that works to promote the health, wellbeing and equality of lesbian, gay, bisexual and transgender (LGBT) people.

The Centre is seeking to recruit a proactive, motivated, positive and enthusiastic individual for the role of Administrator & Project Assistant. This is a challenging and demanding role coordinating the administration of the Centre's Edinburgh-based events programme, external commercial rental and publicity. The post holder will also be responsible for the day-to-day building management, and provide a front line meet and greet role, as well as book keeping, administrative and general assistance to the staff team.

For an application pack, visit [www.lgbthealth.org.uk](http://www.lgbthealth.org.uk), e-mail [admin@lgbthealth.org.uk](mailto:admin@lgbthealth.org.uk) or call 0131 523 1100. Please note the closing date for applications is **12noon on Monday 4 April 2011** with interviews to be held on Friday 15 April 2011.

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### **Ruthless Research: A new research and evaluation service**

Ruthless Research is a new research and evaluation service for public and voluntary sector organisations. Ruthless Research can provide bespoke research solutions on any budget, at a day rate or negotiated fixed fee.

Ruth Stevenson of Ruthless Research is a highly experienced researcher who has had a successful career managing research projects through leading market research agencies (TNS and MORI) and not-for-profit organisations (The Audience Business and Scottish Development Centre for Mental Health where she was Head of Research).

For more information please visit: <http://www.ruthlessresearch.co.uk>. If you have any research or evaluation needs, please email [ruth@ruthlessresearch.co.uk](mailto:ruth@ruthlessresearch.co.uk) to arrange a chat with no obligations.

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Understanding Glasgow

www.understandingglasgow.com is an accessible new web resource that aims to inform a wide audience about the health and wellbeing of Glasgow's residents. It is the product of a partnership project - the Glasgow Indicators Project - led by the Glasgow Centre for Population Health and involving the main public agencies in the city.

The site provides a basket of indicators, representing a dynamic interlinked view of the city; focuses on themes that are priorities for the city; monitors trends and inequalities within the city; and where possible makes comparisons to other comparator Scottish and UK cities. Links to local and national targets, policies, strategies and reports are also included.

Over the next year a set of children's indicators will be developed, comparisons to European cities will be added and interactive elements will be integrated into the site.

You can send information/material for inclusion in CHEX-POINT Snippets by sending an email to: chexadmin@scdc.org.uk. CHEX-POINT Snippets are provided by CHEX – Community Health Exchange and compiled by Tom Warrington. Thanks to all contributors to this edition.

Views expressed in CHEX-Point Snippets are not necessarily those of CHEX, unless specifically stated.



CHEX is funded by NHS Health Scotland to provide a resource to communities by promoting and supporting community development approaches in challenging health inequalities. CHEX is a part of the Scottish Community Development Centre (SCDC). SCDC is a company limited by guarantee, registered in Scotland, No. 361532. SCDC is a registered charity in Scotland, Ref No. SC 040614. Visit www.chex.org.uk for more info!