



## Issue 247 12th December 2013

**Hello, and welcome to issue 247 of CHEX-Point Snippets.** As always, this issue contains all the latest news and information relating to community-led health. **If you have any news or updates from your own work locally that you would like mentioned in Snippets please get in touch.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit [www.chex.org.uk/subscribe/](http://www.chex.org.uk/subscribe/)

This is the latest issue of Snippets in 2013 – we'll be back **Thursday 8<sup>th</sup> January, 2014.** Please send anything you would like to be included before Tuesday 7<sup>th</sup> and have a great break!

You can send information/material for inclusion in CHEX-Point Snippets by sending an email to [sam@scdc.org.uk](mailto:sam@scdc.org.uk) or phone CHEX on 0141 248 1990. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and this edition was compiled by Sam Jordan and Andrew Paterson. Thanks to all contributors to this edition.

Regards  
Sam Jordan  
Information and Communications Officer, Scottish Community Development Centre

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## CHEX News

### **News from the Network – Out & About: Opening doors to connect with the community**

*In each edition of Snippets we like to profile some news from organisations which are part of the CHEX Network. In this issue we are happy to highlight a Christmas song written and performed by the young people at Yipworld in Cumnock, Ayrshire.*

Out and About is an exciting new project which will support individuals with long-term health conditions in the community and tackle the causes of social isolation. Scottish Communities for Health and Wellbeing - SCHW (formally the Scottish HLC Alliance) have been funded by the Impact Fund over two years to tackle the issue of social isolation for people with long-term conditions.

‘Out & About’ involves a consortium of five community-led organisations from Aberdeen to Ayrshire who are using their combined resources, experience and expertise to support people who are isolated with long-term conditions to reintegrate into their community. The unique partnership includes Annexe Communities, Glasgow; Healthy Valleys, South Lanarkshire; Yipworld, East Ayrshire; Deaf Connections, Glasgow and The Foyer, Aberdeen.

The project will create 5 posts and 10 volunteering opportunities across Scotland. Each organisation will employ a part time ‘Community Health Navigator’ (CHN) who will work with isolated individuals to reintegrate them into the community. The CHN will spend time building a relationship with isolated individuals and develop a sense of who that person is and what is important to them.

Training and evaluation support is being provided by CHEX. For more information about the project please contact: Paul Nelis on 0141 248 1924 or email [paul@scdc.org.uk](mailto:paul@scdc.org.uk).

*If you would like to have any aspect of your community-led health work featured in Snippets please get in touch. Email [sam@scdc.org.uk](mailto:sam@scdc.org.uk) or phone 0141 248 1924.*

### **SCDC briefing - New rights for Scotland’s communities**

CHEX's parent organisation, SCDC has written a new briefing on the Scottish Government consultation around the draft Community Empowerment Bill for community groups and organisations. This short and accessible briefing summarises some of the Bill's key points along with some of SCDC's thoughts on it.

[Click here to download the briefing for communities.](#)

This communities briefing complements SCDC's more extensive briefing (available [here](#)) and should help you to answer a short online survey about the Bill's proposals which is available [here](#).

SCDC is also planning to hold a meeting for community organisations wishing to discuss the implications of the Bill at 1.30pm on Thursday 9th January at the SCDC office. For more information about this please contact Stuart Hashagen or Andrew Paterson by email at [stuart@scdc.org.uk](mailto:stuart@scdc.org.uk) or [andrew@scdc.org.uk](mailto:andrew@scdc.org.uk)

As for the draft Bill itself, the consultation paper is available on the Scottish Government website at <http://www.scotland.gov.uk/Publications/2013/11/5740> If you would like a printed copy, you can contact [Community.Empowerment@scotland.gsi.gov.uk](mailto:Community.Empowerment@scotland.gsi.gov.uk), or telephone 0131 244 0382. The closing date for responses to the Scottish Government consultation is 24 January 2014.

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## **General Information**

### **Scottish Government Refugee Integration Strategy**

The Scottish Government has updated its Refugee Integration Strategy for the first time since 2005. "New Scots: Integrating Refugees in Scotland's Communities" was launched on 9th December and identifies outcomes, indicators and actions plans for thematic areas identified by refugees as contributing to integration in Scotland. Lead agencies are given responsibility for bringing agencies together to make progress on themes which include health, community and social connections.

The strategy sees integration as being a two-way process that involves positive change in both the individuals and the host communities and which leads to cohesive, multi-cultural communities. It has ambitious targets, including an aspiration that the health outcomes of refugees and asylum seekers should be comparable to the general population. [Read the strategy here.](#)

### **LGBT Age celebrates Lottery award**

The Big Lottery Fund has announced a grant of £421,964 over three years to LGBT Health and Wellbeing to take forward a groundbreaking project working with older lesbian, gay, bisexual and transgender (LGBT) people in Lothian and Glasgow. The award comes from the Big Lottery Fund's Investing In Communities funding stream.

Announcing this funding Maureen McGinn, Big Lottery Fund Scotland Chair, said, "Our aim is to support people and communities in greatest need and this project will do just that by helping older people to be less isolated and to look after themselves. This funding is an excellent illustration of how our funding is helping change the lives of thousands of people."

LGBT Health and Wellbeing currently provides the LGBT Age befriending service for lesbian, gay, bisexual and transgender people over 50. Older LGBT people have a lot

of issues in common with other older people - and they are also dealing with a wide range of issues relating specifically to their LGBT identity. Research shows however that older LGBT people are less likely to access services than other older people and more likely to be isolated and without family to call on. Some older LGBT people may be facing challenges such as coming to terms with their sexual orientation or gender identity later in life, ageing with HIV or coping with the loss of a same sex partner.

LGBT Health and Wellbeing Director, Maruska Greenwood said:

“This award is fantastic news. It means we can continue our vital support for older LGBT people in Lothian, and extend it to Glasgow, where there are no specific services for LGBT older people.

More information [here](#).

### **Find out about research contract opportunities or advertise your research for free**

If you bid for research contracts or commission external researchers, NHS Health Scotland has two services that may be of interest to your organisation.

Firstly, NHS Health Scotland has a database of approved research contractors [who are](#) notified, by email, each time a research contract is advertised on the [NHS Health Scotland Website](#). Researchers can easily join the database (which includes academics, freelancers, market research companies and voluntary organisations) by completing an [application form](#).

NHS Health Scotland also provides a free advertising service [for](#) organisations looking to commission health related research and evaluation contract opportunities. As well as having your advert posted on our website, a notification will also be sent to all approved research contractors on the NHS Health Scotland research database. You can find out more by visiting the [External Research Contracts](#) page.

Recently published research reports (commissioned by NHS Health Scotland) can be downloaded from the [NHS Health Scotland](#) website.

Please contact: [nhs.healthscotland-researchofficer@nhs.net](mailto:nhs.healthscotland-researchofficer@nhs.net) for further information.

### **GCPH - Glasgow – a connected city?**

Glasgow's Centre for Population Health held an event last week titled 'Connected City' - an event to look at how Glasgow could become a more connected city in terms of a range of health related themes, including environment, poverty, community safety and cultural vitality. The current economic situation along with the on going welfare reform and austerity measures being undertaken were a focus, however there was also ideas discussed around how to create a less divided, more connected city.

You can read the report and watch a video of the event, which was attended by some of colleagues from SCDC and CHEX, [here](#).

### **Inverclyde Community Directory**

CVS Inverclyde has announced that their new website includes the Inverclyde Community Directory - an online resource with information about community groups, voluntary organisations and social enterprises in the area.

You can access the Directory at <http://www.cvsinverclyde.org.uk/localgroups>. Please check that your organisation is listed and details are accurate. You can add groups

that aren't there or make changes by emailing [Carys](#).

The CVS are also in the process of including public sector services on the directory as well; though this process will take some time.

### **Aberlour Sycamore Services – New programme**

Aberlour Sycamore Services have launched a new service called Lifeworks Fife and are ready for referrals. This project is in partnership with Fife Council and aims to improve life chances for vulnerable young people. Lifeworks will support young people preparing for and making the transition towards an independent future. The young people will be supported by a team of experienced Throughcare/Aftercare workers and trained volunteers mentors.

[More info here.](#)

### **Supporting Communities: The Way Ahead**

CHEX's parent organisation, Scottish Community Development Centre (SCDC) has announced an expanded package of support for community organisations across Scotland – more information on the support is now available from the links below.

Between October 2013 and March 2015, SCDC aims to provide an average of 5 days consultancy support to around 100 community groups and organisations across the country. The nature of this support will vary depending on the particular needs or circumstances of the participating groups but may include; advice, guidance and signposting, access to tools and resources, training delivery, mentoring and practical support, and networking.

SCDC is looking to work with groups who are operating in areas of disadvantage and with groups who face high levels of exclusion/disadvantage or have a commitment to tackling disadvantage/inequalities. Groups and organisations may be going through a period of transition or change within their organisation, or just feel they would benefit from additional support. Groups should ideally be motivated to work with others and share their own experiences and learning.

Please visit the [Supporting Communities webpage](#) on the SCDC website for more information or contact Alex MacDonald on 0141 248 1924 or email [alex@scdc.org.uk](mailto:alex@scdc.org.uk). You can also download the flyer [here](#).

### **Latest welfare reform news**

*With welfare reform continuing to dominate the headlines, CHEX brings you some of the latest news from around Scotland relating to welfare and community-led health.*

- Earlier this year Child Poverty Action Group Scotland has produced a range of fact sheets for dealing with the changes in the benefits system – a potentially useful resource. Click [here](#) to view it.
- Citizens Advice Scotland has produced a report looking at the effects of the 'bedroom tax' on disabled people. It combines statistics from the work CAS carries out with individual stories, including issues related to overnight carers and rent arrears. You can download it [here](#).
- Lone Parent Advice & Support Network - OPFS in Partnership with the Glasgow Housing Association & Scotcash.

This project, funded by Big Lottery aims to improve the support, information & advice available to lone parents to be able to deal with major changes in

welfare reform.

Organisations supporting lone parents in hardship will be better connected to each other and parents will have better access to services that can help them.

60% of the local GHA residents with children are lone parents. The project is piloting a partnership with the local [ClickandConnect](#) initiative in Knightswood . It provides:

- Weekly outreach - Chill and Chat at the Community Flat in Knightswood
- Information and awareness sessions/workshops on Rights around welfare and benefits, budgeting, money advice and other issues identified by the parents
- Referrals in place between OPFS, GHA and Scotcash
- Training Lone Parents to be volunteer Champions - through OPFS Mentoring and Welfare Reform Training

The Drop-in runs every Thursday at 135 Kirkton Avenue, Knightswood, G13 3EW for local residents who are lone parents. For more information please contact Tracey or Joy on: 0141 847 0444.

### **News from other networks**

CHEX has found the following e-bulletins interesting over the last fortnight:

- Minority Ethnic Matters Overview (MEMO )is a newsletter produced by the Scottish Council of Jewish Communities in partnership with BEMIS. It covers issues related to Scotland's ethnic and cultural minority communities, including a range of health and wellbeing themes. It's particularly good at highlighting parliamentary discussion (both in Scotland and down South) and covers a lot of ground each week. More info [here](#).
- Parenting Across Scotland produce a monthly newsletter covering all issues related to parenting, for people who work directly or indirectly with families or the policies which affect them. More information [here](#).

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## **Campaigns**

### **Scottish Government Sexual Health Campaign 2013-14 – Party Season**

The Scottish Government's sexual health campaign continues in 2013 with advice on staying safe during the party season. The target audience is C2DE men and women aged 18-30. This audience differs slightly from that targeted by the main campaign (C2DE men and women aged 20-40) to reflect those considered to be more at risk.

The party season, highlighted for this campaign, has been defined as running from the start of December to early January. This time of the year is when some of our target audience can be more at risk. Increased risk taking behaviour, often stimulated by alcohol consumption, can lead to high levels of regret which can have a huge emotional impact now and in the future.

Further details can be found on [www.sexualhealthscotland.co.uk](http://www.sexualhealthscotland.co.uk)

### **‘Give us Time to Cross’ – Living Streets**

Living Streets has launched a campaign to add three more seconds to the green man time at road crossings. ‘Give us Times to Cross’ notes that not having enough time to safely cross the road is a problem for tens of thousands of people, including people with disabilities, older people and parents with young children.

You can find more information and how you can act [here](#).

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## **Consultations and Surveys**

### **Health Improvement Scotland consultation**

Health Improvement Scotland has opened up its consultation process as it moves into its fourth year as the national healthcare improvement organisation for Scotland. They are looking for views from stakeholders to help shape their future strategy. They have provided information and a consultation form which should be completed by 7<sup>th</sup> February 2014.

More information [here](#).

### **Your Say - long-term conditions call for views**

The Scottish Parliament has called for views on the impact of welfare reform on people with long-term health conditions. The Welfare Reform Committee has begun this process and is now looking to hold an evidence session to hear the views of individuals.

Submissions can be submitted publically as well as anonymously. You can find out more [here](#).

### **Xchnage Scotland – Sectarian Language survey**

Within their "Make Sectarianism a History Lesson" project, Xchange Scotland has created a survey which is aimed at exploring the language and words associated to Intra-christian sectarianism in order to include communities' knowledge as part of the learning process and of the project.

With this survey, Xchnage Scotland are looking for words related to Intra-christian sectarianism, specifically looking for derogatory, negative terms and name calling related to the issue.

You can take the survey [here](#).

### **Coming out – Your Experiences**

The Equality Network is producing a guide on coming out for people thinking about telling others about their sexual orientation, gender identity or gender history. They are looking to include some of your experiences in the guide and would be grateful if you could take a few minutes to tell them about them. If you have ever taken the decision to disclose your sexual orientation, gender identity or gender history you can [take their short survey](#).

### **Aren't we all patients – just not all the time?**

The Scottish Recovery Network Director, Simon Bradstreet, responds to last month's article by Dr. David Christmas about the decision by the Royal College of Psychiatrists to use the term 'patient' rather than 'service user'. You can read it [here](#).

As part of this, SRN have set up a poll to find out the opinions of readers, which you can find [here](#).

### **Scottish independence: Ministers quizzed on White Paper**

The Scottish Government held a consultation event on the Independence White Paper this week. The event gave a chance for organisations from across Scotland to ask Ministers, including Alex Salmond, about the White Paper and the issues surrounding it. You can read a BBC news article [here](#) and an STV article [here](#).

You can watch the event in full [here](#).

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## **Publications**

### **Promoting Mums Wellbeing and Opportunities - Hints and Tips Resources**

These Hints and Tips are aimed at helping more people to get groups and activities started in their areas.

Based on learned experiences, the resources are focussed on 7 different areas:

- Planning Your Project
- Getting Organised - Getting a Group Started
- Finding the Funds
- Social Media
- Setting Up Parent and Toddler Groups
- Setting Up Cafe Groups
- Setting Up Buggy Walks

You can read and download them all from their website: [www.otbds.org/mums](http://www.otbds.org/mums)

### **Coping with the Cuts? Local Governments and Poorer Communities**

The Joseph Rowntree Foundation has published a report on how local governments are coping with spending cuts – and most importantly how that affects deprived communities. Its focus is on the strategies being developed by councils in relation to how it adjusts spending and whether deprived groups are being adequately served.

More information [here](#).

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## **Funding**

### **People's Postcode Trust Small Grants Programme**

The People's Postcode Trust has announced that its small grants programme is due

to re-open for applications on the 7th January 2014 and close on the 22nd February 2014. Through its small grants programme, the People's Postcode Trust offers grants of between £500 and £10,000 to small organisations and community groups for projects lasting up to 6 months in the areas of Poverty Prevention; Advancement of Health; Community Development; Public Sports; Human Rights; and Environmental Protection.

More information [here](#).

### **Scotmid Communities Grants**

The Scotmid Co-operative is offering small grants to assist and support community projects and initiatives throughout Scotland. Last year Scotmid awarded grants totaling £235,000 to organisations ranging from parent and toddler groups to national campaigns

To be eligible for funding, applicants must be a group or individual acting for the wider benefit of the local Community; and live within the geographic boundaries of one of Scotmid Regional Committees. Applicants can be submitted at any time.

More information [here](#).

### **Will Charitable Trust - Blind People & Learning Disabilities Grant**

The Will Charitable Trust has announced that its Blind People & Learning Disabilities grants programme is now open for applications and will close on the 31st January 2014.

Through the programme UK charities can apply for funding for the care of and services for blind people, and the prevention and/or cure of blindness. The Trust also supports projects that support the long-term care of people with learning disabilities either in a residential care or supported living. Around 12 charities are supported each year with grants varying from £5,000 to around £20,000.

More information [here](#).

### **Community Transport Vehicle Fund – Applications now open**

As mentioned in [issue 245](#) of Snippets, the Scottish Government has launched a £1 million Community Transport Vehicle Fund. It aims to help community transport operators to buy new vehicles and expand services.

Details of the fund and how to apply have now been released by SCVO and CTA. You can now download the guidance notes and application form from the SCVO website.

More information [here](#).

### **Community Food Fund**

Scotland's Rural College has announced that the third round of the Community Food Fund is open for applications. The Fund aims to promote local food and drink through supporting activities that focus on two main outcomes:

- Supporting development of food trails and networks
- Establishing local food and drink events, including farmers' markets, that celebrate and promote food and drink throughout the year.

The scheme is open to food and drink producer groups, networks and community

organisations. It is not open to individual businesses. Applicants can apply for up to £25,000.

The deadline applications for this round of the Fund is 5pm on the 19th December 2013.

More information [here](#).

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## Events

### **Positive Action in Housing – Winter Destitution Appeal (Glasgow)**

Positive Action in Housing (Scottish Registered Charity No: SC027577 ) is running its annual Winter destitution surgery which targets asylum seekers and their families who are at risk of destitution and provides them with food, Shelter, Cash Support, toiletries as well as warm clothing and blankets over Christmas and New Year.

They will be giving out Food Packs, Warm Clothing, Hygiene Packs, Access to temporary shelter, Cash Support, Legal Support and Useful Information Packs to Destitute Asylum Seekers and their dependents. They will be helping the young, old, women, children and those with physical and mental health problems. Hot drinks, soup and bread will be provided on the day. By delivering this Winter Surgery they aim to reach vulnerable destitute people (and their dependents) over Christmas and New Year. They also aim to keep contact with service users afterwards in order to provide continued support until they resolve their destitution crisis.

- Wednesday, 19th December 2012, 10.00 am to 4.00 pm
- 98 West George Street, Glasgow G2 1PJ

More information [here](#).

### **Monitoring and Evaluation training (Renfrewshire)**

Engage Renfrewshire is organising an information session on Monitoring & Evaluation for community groups in Renfrewshire which will take place in Engage Renfrewshire's office on Thursday 19<sup>th</sup> December 9.30am to 12.30pm

The workshop will aim to provide an awareness of the benefits of effective monitoring and evaluation systems for your organisation to fully account for its social, environmental, and economic impacts, and to report on its performance to stakeholders.

By the end of the workshop you will have an understanding of how to develop your capacity to involve stakeholders in reviewing your organisation's work including how audited accounts can be used to promote and expand your organisation / social enterprise. Plus hear about a range of tools for monitoring and evaluating social impact.

For more information contact [administrator@engagerenfrewshire.com](mailto:administrator@engagerenfrewshire.com)

### **Seasonal Tree Planting (Buckhaven, Fife)**

Community-led Environmental Action for Regeneration (CLEAR) will be having their

Seasonal tree planting at Coastal Braes on Wednesday, 18 December 2013. If you would like to come along please meet at 28 Viewforth, Buckhaven , Fife

More information [here](#).

### **Speak Out!: A creative writing project about LGBT+ identities and mental wellbeing (Edinburgh)**

A series of writing workshops exploring LGBT+ identities, mental wellbeing, and what they mean to you, and a collaborative book to tell the world about it! Writers at all levels of experience are welcome, including those with no previous experience at all.

- Sunday 19<sup>th</sup> January: Short Fiction, with Kirsty Logan
- Sunday 26<sup>th</sup> January: Poetry, with Sophia Walker
- Sunday 2<sup>nd</sup> February: Scriptwriting, with Jo Clifford
- Sunday 23<sup>rd</sup> February: Performing, with Harry Giles

To book a place at any of the workshops, or for any more info, email [katherine@lgbthealth.org.uk](mailto:katherine@lgbthealth.org.uk) or call 0131 652 3284.

### **Christmas Laugh In - Joyworks**

Join Joyworks for an exhilarating evening of laughter yoga and oodles of relaxation. Come with your colleagues, friends and family and kick off your Christmas celebrations with laughter, games and oodles of relaxation to leave you inspired ,de-stressed and overflowing with the Christmas Spirit. Book early to avoid disappointment.

- Theosophical Society, 17 Queens Terrace, Glasgow
- Tuesday 16th December
- 7.30-9.00pm
- £10

More information [here](#).

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## **Conferences and Seminars**

### **Making Rights Real Conference: A Journey through Childhood (Edinburgh)**

Join cl@n childlaw to explore the legal processes that affect Donna during her childhood in the care system. What impact will these processes have, individually and collectively? What difference will the Children and Young People (Scotland) Bill make to her? Can a child-centred and integrated children's rights approach improve her experience?

This interactive conference will bring together professionals working with children and young people from all across Scotland and will feature practical workshops, supporting you to embed children's rights in your day-to-day practice.

More for information click [here](#).

**'Community is the Answer' June 2014 - more presentations presenting Scottish**

### **practice encouraged**

The international conference 'Community is the answer' is being organised in Glasgow 9-11 June next year by the International Association for Community Development (IACD) and the CLD Standards Council for Scotland, with the support of the Scottish Government and other partners (including Community Development Alliance Scotland and Community Learning and Development Managers Scotland).

The organisers are looking for contributors for the event and the date has been extended to 14<sup>th</sup> January 2014. Contributors will:

- Celebrate and share community-based solutions to significant local and global questions of health, wealth and power
- Create a platform to examine these questions and propose answers
- Encourage and stimulate connections at local, national and international levels
- Show how the work meets community demand, is shaped and directed by participation, and leads to empowerment of communities.

For further details or to respond to the call for presentations [click here](#). Details of how to register to attend the conference will follow soon.

*Previously listed*

### **Commonwealth Legacy 2014 (Edinburgh)**

Holyrood Magazine's 2014 Games Legacy: Scotland's Sporting Future will examine the Scottish Government's initiatives to encourage grass roots sports participation, youth involvement and increasing the general population's activity levels. The event will be held on Wednesday 26th February 2014.

As chair of the conference, **Professor Grant Jarvie**, Chair of Sport & Broader Portfolio, Strategy and External Relations, Sport, Physical Education and Health Sciences (SPEHS) at The University of Edinburgh, will be steering the debate and ensuring delegates participate to help shape the policies which will further Scotland's sporting legacy.

More information about the speakers [here](#) and for booking click [here](#).

### **The Possible Scot – realising Scotland's potential for wellbeing and recovery (Edinburgh)**

The International Futures Forum and the Royal Society of Edinburgh are hosting the Michael Shea Memorial lecture, this year presented by Katherine Gottlieb of Southcentral Foundation, Alaska. Southcentral Foundation, Alaska, has for twenty years been pioneering a new approach to enabling the health and wellbeing of the Alaskan Native population by drawing on the inner resources of its people and its culture. The event will take place on Monday 17th February 2014 6 pm, The Royal Society of Edinburgh. To book, please contact [mairi@internationalfuturesforum.com](mailto:mairi@internationalfuturesforum.com) asap as places will be filling quickly. [More info here](#).

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## **Training**

### **10 week Men's Cooking Group (Edinburgh)**

Edinburgh Community Food (funded by CFH(S)) are running a ten week long beginners cooking course for men of working age. The course will include:

- nutrition
- budgeting
- a paid-for shopping trip
- a place on a REHIS Elementary Food Hygiene course

It will take place at Leith Academy on Thursdays from 2.30 to 5pm from the 13th February and everything is free. Contact - either at the below address or call ECF on 0131 467 7326. Places are limited to ten but we will have a stand-by list of clients too. For further info please contact Chris Mantle at [cmantle@edinburghcommunityfood.org.uk](mailto:cmantle@edinburghcommunityfood.org.uk)

### **Intergenerational Project - Circles Network Advocacy**

Circles Network Advocacy have recently received funding to recruit and train volunteers particularly between the ages of 16 to 25 and over 55 to develop skills in independent advocacy and deliver one to one advocacy to older people within our community and to advocate for young people in our community. Circles are interested in delivering training and meeting with groups that may already be working on intergenerational projects or anyone who would like to get to know more about this project.

For more info contact Lynn at 01475 730797 or email [Lynn Blacklock](mailto:Lynn.Blacklock).

### **Argyll Voluntary Action – Social Media Training (Strachur)**

Argyll Voluntary Action are running a 'Social Media' training course on Wednesday 22nd January 2014 at the Memorial Hall, Strachur 10.00am till 4.00pm. Attendees will meet at 9.30 for coffee. The course is being run by Ross McCulloch of Third Sector Lab.

This is open to any and all Organisations and Charities in the area that would like to know more about working, advertising, fundraising etc on Facebook And Twitter. There is a charge for the day of £50.00. AVA shall provide refreshments but would ask you to bring your own lunch. The places are limited and they have had interest, but have a few spaces left.

If you are interested and would like further details please contact AVA a.s.a.p on, 01369 700100, or email us back at [timebankcowal@argyllvoluntaryaction.org.uk](mailto:timebankcowal@argyllvoluntaryaction.org.uk) by 18th December

### **Taking Meaningful Risks (Glasgow)**

Many parts of health and social care have become risk adverse, with the trend to use health and safety as an excuse to block working in a person centred way. This event aims to bring organisations together to learn and think about how we can enable and support meaningful risk taking. Independent Advocacy is one of the key enabling services for changing this ensuring that the focus is always about the growth and development of the individual.

Course run by Animate Consulting. 30<sup>th</sup> January 2014. More information [here](#).

### **Charity and Social Enterprise Management course**

**Apply now** for Anglia Ruskin University's Cert HE in Charity and Social Enterprise Management, study fully online or with workshops in Manchester.

They will be in Manchester on the 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> February 2014 delivering workshops for their current students. If you would like to meet with us to discuss our course and work-based learning options in more details during this time please visit [www.anglia.ac.uk/csemnw](http://www.anglia.ac.uk/csemnw) or call 0845 196 6707.

### **Personal and Professional Development (Glenrothes)**

Fife Voluntary Action are running PPD course. Discover and understand what you want to achieve in your life to enable you to become a more successful, confident, responsible and effective individual. Upon completion of the course, the learner will have in-depth knowledge of the following:

- How to set goals - Personal Action Plan;
- How to be more self aware;
- How to improve communication skills;
- How to improve planning and organisation skills;
- How to improve team working skills;
- How to create a skills based CV.

Details:

- Wednesday 12th February 2014, 09:30 - 15:30 (1 Day)
- Fife Voluntary Action (Glenrothes Office)  
Craig Mitchell House  
Queensway Industrial Estate  
Glenrothes  
KY7 5QF

Call Fife Voluntary Action on 08456 006 046 or e-mail [info@fifevoluntaryaction.org.uk](mailto:info@fifevoluntaryaction.org.uk)

### **Early Years Training opportunity (Edinburgh)**

Starcatchers, being run by Edinburgh Council, has a training opportunity for Early Years practitioners within the Edinburgh Partnership. This Creativity Skills Training is a Scottish Government funded pilot and Edinburgh is to be one of 5 participating authorities.

The programme will see Artist led training running in Edinburgh during the first half of 2014 which is aimed specifically towards Early Years practitioners. While nursery staff are already being targeted, Starcatchers is keen for practitioners from across the whole Early Years sector to be involved, including from health and the voluntary sector.

More information [here](#).

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## **Vacancies**

### **BEMIS - Parental Participation Project Co-ordinator – 18 month (Glasgow)**

BEMIS is working in partnership with the Scottish Parent Teacher Council (SPTC) on a unique project: Gathered Together (Cruinn Còmhla) funded through the Scottish Government Early Intervention Fund managed by the BIG Fund, to encourage and

enable wider parental participation in education. You can read more about the project [here](#).

A key strategic and leadership role in the development and coordination of the Gathered Together, ensuring the partners' objectives in relation to race equality and active citizenship are embedded in the project. Must have project management experience and be fully conversant with the relevant legislations relating to equality, social justice, parental involvement and human rights. Will be required to organise and oversee the planning and implementation of the project's objectives at national and local levels, and to develop and sustain partnership arrangements with relevant stakeholders.

- £29,488
- 37 hours per week
- Based on Glasgow with Scotland-wide travel

You can find out more [here](#). Closing date: **13/12/13**.

### **HELP (Argyll and Bute) - Activities Co-ordinator (Dunoon)**

The post holder will be an excellent communicator, enthusiastic and a self starter. The Post holder will be required to develop our programme to assist and support our young people to engage in health activities that will improve their physical and mental health, raising their self esteem and encouraging them to take an active part in their local community.

The post holder will come from an activities background and experience of Health promotion and youth work would be advantages. However full training will be given and no formal qualifications are required. A belief in young people is essential, as is a current driving licence.

- £22,000
- 35 hours per week – 3 year fixed term

More information [here](#). Closing date 20/12/13.

### **Finns's Place Co-ordinator – Two years fixed term (Glasgow)**

As the Co-ordinator of Finn's Place you will further develop the aims and objectives of Finn's Place by offering a safe space, warm presence, volunteering opportunities and a variety of activities delivered in accordance with the established Project Plan. Some activities will be delivered in partnership with external agencies.

You will be familiar, comfortable and committed to the values and work of the Church of Scotland. You will be educated to tertiary level or able to demonstrate equivalent experience. Your personal skills and qualities will include experience of: working with vulnerable groups; recruiting, training, supporting and managing volunteers & staff; fundraising and performance monitoring; financial report writing & website editing. Sound organisational skills and the ability to work independently are essential to manage this busy and varied work load.

- 35 hours per week
- Salary of £28,500

More information [here](#). Closing date 20/12/13.

### **Edinburgh Women's Aid – Chief Executive (Edinburgh)**

The primary role of the Chief Executive is to lead and develop the charity, setting the strategy that will sustain the future of the charity. The Chief Executive drives the strategy with an emphasis on developing and maintaining external relationships and in particular those with key funders and policy makers. She also ensures strong organisational structures are in place to underpin the charity's excellent reputation and relationships, taking responsibility for managing staff and resources effectively. She develops and delivers services to meet changing needs, often working in partnership with other agencies.

- £40,000 - £45,000
- Female applicants only
- Full time

More details [here](#). Closing date 20/12/13.

### **Stepping Stones for Families - Finance Officer and Sage Processor (2 posts) Part time (Paisley)**

SSFF work alongside children, families and young people to give them opportunities and a voice in tackling the effects of poverty and disadvantage in their lives. They have two vacancies for qualified, enthusiastic and skilled finance people to join our head office team.

Finance Officer, 21hrs pw, salary: £16,800 pa

The Finance Officer will:

- Produce timely and reliable financial reports
- Provide financial planning support to the organisation
- Prepare accounts to trial balance
- Maintain an effective and efficient credit / debtor control system
- Oversee the work of the processor

Sage Processor (x2), 25hrs pw, salary: £13,570 pa

The Sage Processor will:

- Process finance paperwork, including but not exclusively:
- Sales invoices
- Income from all sources
- Payments

More information [here](#). Closing date: 23/12/13.

### **Evolution Skate Parks - Directors (North Ayrshire)**

Evolution is looking for enthusiastic volunteer Directors to assist in the strategic management and development of the project. In particular the Board are looking for candidates with financial management, HR, marketing, business development experience. Experience of working with young people would also assist in the further development of the project.

Evolution Skate Parks is an outdoor extreme sports facility offering young people the chance to participate in sports such as BMXing Skateboarding, Inline Skating and scootering. The project provides young people with the opportunity to develop both physical and soft skills in a safe and secure environment. The park is unique example of a facility that has been built to meet a local need, operated by a community group to provide leisure services, tackle youth crime, encourage a healthier lifestyle and improve the general opinion of the community in relation to young people within the

local area.

More information [here](#). Closing date: 6/1/2014.

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## Websites

### FuelGood app

The Energy Savings Trust and Transport Scotland have developed an app for iPhone and Android phones which aims to track your fuel usage using GPS to give you better idea of your energy usage while driving – as well as providing advice on how to be more fuel efficient.

You can download the app and find more [here](#).

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The Community Health Exchange (CHEX) is primarily funded by NHS Health Scotland and is a part of the Scottish Community Development Centre (SCDC). SCDC is a company limited by guarantee, registered in Scotland, No. 361532. SCDC is a registered charity in Scotland, Ref No. SC 040614.

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