



Issue 246 28th November 2013

Hello, and welcome to issue 246 of CHEX-Point Snippets. As always, this issue contains all the latest news and information relating to community-led health. **If you have any news or updates from your own work locally that you would like mentioned in Snippets please get in touch.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit www.chex.org.uk/subscribe/

The next issue of Snippets will be **Thursday 12th December, 2013**. Please send anything you would like to be included before Tuesday 10th.

You can send information/material for inclusion in CHEX-Point Snippets by sending an email to sam@scdc.org.uk or phone CHEX on 0141 248 1990. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and this edition was compiled by Sam Jordan and Andrew Paterson. Thanks to all contributors to this edition.

Regards
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Information and Communications Officer, Scottish Community Development Centre

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CHEX News

News from the Network – Yipworld’s Festive Tune

In each edition of Snippets we like to profile some news from organisations which are part of the CHEX Network. In this issue we are happy to highlight a Christmas song written and performed by the young people at Yipworld in Cumnock, Ayrshire.

CHEX featured a story on Yipworld’s change of name only last month ([Issue 243](#)). Still, with Christmas less than a month away, we couldn’t resist putting Yipworld’s latest piece of news out in this issue.

Young people who attend Yipworld’s after school service have written and recorded their own Christmas song - Give a Smile for Christmas

The music & lyrics were written by the children co-ordinated by the staff in Yipworld’s Pulse Recording Studio. The children also designed the cover art work and were fully involved in the whole recording process. CHEX has listened to the song and can vouch for how catchy it is!

Yipworld has decided that all proceeds will be donated to [Clicsargent Scotland](#) – so please download by clicking on the following link:
<http://www.cdbaby.com/cd/dzonekids>

Yipworld is an award winning social enterprise company with charitable status providing a wide range of services to children, young people and adults living in the East Ayrshire Area including youth work; childcare; outreach service; employability support; training; recording studio and media. The main focus is to contribute to the regeneration of ex mining communities

For more information on Yipworld and its services, please contact Janice Hendry, Development Director on 01290 422364. Also, see more on [Yipworld’s Facebook page](#).

If you would like to have any aspect of your community-led health work featured in Snippets please get in touch. Email sam@scdc.org.uk or phone 0141 248 1924.

SCDC survey and briefing on Community Empowerment Bill

The Scottish Government launched its consultation on the [Community Empowerment \(Scotland\) Bill](#) on 6th November 2013. The policy aims and support for local self-determination and community empowerment contained in this draft Bill are a welcome

step toward realising an active, inclusive and just Scotland.

CHEX will be considering its own response to the Bill, and we encourage our network member organisations and other colleagues to respond to the consultation to ensure that community-led health priorities are given as much chance of influencing the Bill as possible. This might include issues of health inequalities, wider inequalities, capacity and participation.

In the meantime, CHEX's parent organisation, SCDC has created a short online survey asking for your views on the Bill's proposals which are most relevant to community development in Scotland. These are aimed at informing SCDC's response to the Bill, and are not intended to replace the draft Bill's own consultation questions which SCDC encourages you to respond to.

Our online survey can be accessed [here](#) and should only take a few minutes to complete.

In addition, SCDC has written a briefing summarising crucial aspects of the Bill and asking important questions about the proposed legislation. The briefing may help you to think about some of the issues around the Bill before responding to the survey and, indeed, the draft Bill consultation itself. You can read the briefing [here](#).

The consultation paper is available on the Scottish Government website at <http://www.scotland.gov.uk/Consultations/Current>. If you would like a printed copy, you can contact Community.Empowerment@scotland.gsi.gov.uk, or telephone 0131 244 0382. The closing date for responses is 24 January 2014.

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General Information

Referendum White Paper: Third Sector Impact

SCVO has produced a brief document highlighting the recent Scottish Government white paper on the independence referendum and the relevant sections related to the third sector. As SCVO points out, the white paper itself was a fairly hefty document which covers a wide range of subjects, from welfare spending to environmental and energy policies.

You can read the document [here](#) and download the full white paper [here](#).

Latest on integration of health and social care

[The Public Bodies \(Joint Working\) \(Scotland\) Bill](#) was introduced in the Scottish Parliament on 28 May 2013 and the Health and Sport Committee has been designated by the Parliament as the lead Committee for this Bill. Up until then, the Bill had been termed the Integration of Adult Health and Social Care. See a quick summary of the Bill in [issue 239](#) of Snippets.

On November 18th, The Scottish Parliament Health and Sport Committee published a [report on the Bill's development thus far](#). This report is based on the Committee's consultation, with a total of 87 submissions being received as well as oral evidence and site visits. It covers a lot of ground, understandable given the scope of the Bill and the range of views being presented.

Most relevant to community-led health are points about third sector and service user involvement. Third sector responses to the Bill called for the legislation to fully involve third sector organisations in the planning and governance of health and social care, rather than merely being consulted or asked to help deliver priorities that have already been set. There were also calls for the Bill's text to replace talk of "consultation" with "engage and involve".

The Committee calls for the Cabinet Secretary to consider whether there is any way of strengthening the commitment to the involvement of the third and independent sectors in the integration process. It also asks the Scottish Government to consider whether anything further can be done by way of amendment to provide carers and carers' organisations with reassurance that their involvement in the design and production of future integrated services is guaranteed.

The Scottish Government's response has also been published, which supports the broad thrust of greater third sector and service user involvement without committing to changing the legislation.

Read the report [here](#), and the Scottish Government's response [here](#).

Scotland's Towns Week – Video

As previously mentioned in the last issue, Scotland's Towns Partnership ran [Scotland's Towns Week](#) last week with an aim raise the profile of Scotland's towns; uniting, inspiring and supporting towns across Scotland, to run or launch activities during Scotland's Towns Week.

Since then, STP has published a video featuring MSP Derek Mackay among others and covers why towns centres are important to Scotland as well as highlighting some of the events that were occurring during the week, including footage from attendees Scotland's Town Centre Conference which occurred on the 22nd November.

You can watch the video [here](#).

Nesta People Powered Health Film

Nesta has produced a film covering the People Powered Health programme in England. Distinct from the People Powered Health and Wellbeing being run in Scotland, the video covers health and wellbeing for people with long term conditions and chronic illnesses and features individuals and health professionals talking about the approach.

You can watch video on the [Nesta website](#).

Extension on Batonbearer nominations

Organisers have decided to keep the Queen's Baton Relay nominations open for a further seven days until 5pm on Friday 29 November to give those people a chance to complete their details, and ensure they are part of the experience.

Please consider nominating someone from your neighbourhood or community group that really deserves recognition in their local area.

If you wish to nominate someone that does not have access to an email address there are no problems with using a friend's, neighbour's or group leader's email address in the application form. Just as long as the nominee is aware that is the case. Local libraries should be able to support anyone that does not have access to the

internet and community groups are encouraged to assist anyone who may encounter difficulties to complete their application.

More info [here](#).

European HIV Testing Week 22-29 November and World AIDS Day 1 December

[European HIV Testing Week](#) takes place this week (22-29 November) and aims to reduce late diagnosis by ensuring more people become aware of their current HIV status. HIV testing is free in Scotland all year round. For more information check [here](#).

Along with that, World AIDS day is coming up on the 1st December and there's lots going across Scotland. HIV Scotland has a [useful resource](#) for anyone wanting to get involved. There's also a host of different events happening across the country – best bet is to [click here](#) to find the ones nearest you.

Paths for All and Macmillan Cancer Support WalkMORE

WalkMORE is a new partnership project between Macmillan Cancer Support and Paths for All. The project will provide walking programmes to support anyone affected by cancer (including people living with or after cancer, family, friends and/or carers) to become more active by walking. The walks will create a friendly, supportive environment to help people take the first steps to become, or staying, active.

The WalkMORE programmes are now available across Glasgow. The walking groups will be led by trained volunteers and will create accessible opportunities for anyone affected by cancer to become more active through walking. Individuals will be encouraged and supported to set goals and work through a 12 week pedometer programme.

If you would like more information about the project please contact Hazel Robinson (Macmillan Walking Development Officer) on 01259 222338 or email macmillan@pathsforall.org.uk.

Supporting Communities: The Way Ahead

As we mentioned in the last issue of Snippets, CHEX's parent organisation, Scottish Community Development Centre (SCDC) has announced an expanded package of support for community organisations across Scotland – more information on the support is now available from the links below.

Between October 2013 and March 2015, SCDC aims to provide an average of 5 days consultancy support to around 100 community groups and organisations across the country. The nature of this support will vary depending on the particular needs or circumstances of the participating groups but may include; advice, guidance and signposting, access to tools and resources, training delivery, mentoring and practical support, and networking.

SCDC is looking to work with groups who are operating in areas of disadvantage and with groups who face high levels of exclusion/disadvantage or have a commitment to tackling disadvantage/inequalities. Groups and organisations may be going through a period of transition or change within their organisation, or just feel they would benefit from additional support. Groups should ideally be motivated to work with others and share their own experiences and learning.

Please visit the [Supporting Communities webpage](#) on the SCDC website for more information or contact Alex MacDonald on 0141 248 1924 or email alex@scdc.org.uk. You can also download the flyer [here](#).

Latest welfare reform news

With welfare reform continuing to dominate the headlines, CHEX brings you some of the latest news from around Scotland relating to welfare and community-led health.

- The Scottish Government's Welfare Reform Committee met last week to hear evidence from local authorities on the discretionary housing payments that councils are proving to tenants in arrears due to the 'bedroom tax'. You can download the official report of the meeting [here](#) and can find out more information about the activity of the committee [here](#).
- The Scottish Government has [published a Q&A](#) document on the Scottish Welfare Fund, an interim fund which is currently in consultation to secure it on a more permanent basis. The document details some of the questions that individuals may have regarding the fund, including who can apply. More information [here](#).

News from other networks

CHEX has found the following e-bulletins interesting over the last fortnight:

- The Trellis e-bulletin is an interesting resource that surrounds issues related gardening and health and wellbeing. They feature various projects, events and funding opportunities that you may find useful. Email Jenny Simpson at jenny@trellisscotland.org.uk to subscribe.

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Campaigns

Mums Supporting Mums - Film

Outside the Box has published a film for their Mums Supporting Mums project that has been run across three rural locations in Scotland.

The video, [which you can watch here](#), features women from across the three areas speaking about the challenges of being a parent in a rural area, how the project has helped and the importance of using the internet and other methods to help keep communities in touch.

Mums Supporting Mums brings together mums, with babies and young children, who want to help themselves and others by setting up different types of peer support that fit in with their lives and circumstances and in particular meet the needs of mums living in rural areas.

You can read more about the project [here](#).

'People Like Us' – Child Poverty Action Group

Child Poverty Action Group has launched a campaign around people on benefits titled 'People Like Us'. Launched as part of Challenge Poverty Week, the campaign attempts to challenge some of the language and debate that currently occurs across the UK and aims to promote policies that will tackle inequality and provide support where it is needed.

Child Poverty Action Group has produced a short film along with the campaign and

has also written to the party leaders with the stories of people who are currently on benefits.

You can find out more [here](#).

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Consultations and Surveys

The ALLIANCE: Enhancing the Role of the Third Sector Programme

The [Enhancing the Role of the Third Sector Programme](#) is currently undertaking its second scoping exercise to examine the context in which the third sector is engaging with the Reshaping Care for Older People (RCOP) agenda. A similar process last year produced findings which were fed back directly to the Scottish Government and informed our programme priorities for the coming year. We would be very grateful if you could take a few minutes to complete the following survey which will contribute to the current scoping exercise and inform our forthcoming programme evaluation. All information received will be treated confidentially and anonymised in any publications.

You can take the survey [here](#).

GREC Equality Consultation

Grampian Regional Equality Council is holding a series of events to find out the views of people surrounding issues of equality and the outcomes which were set by Aberdeenshire council earlier this year. There's two events still to be held:

- Fraserburgh – Monday the 2nd of December 6:30 – 8pm
- Inverurie – Wednesday the 4th of December 6:30 – 8pm

To attend or to find out more contact Tanita Maxwell at tmaxwell@grec.co.uk or call 01224 576794.

State of the Sector 2013: A Survey of the Scottish Community Resources Sector

Zero Waste Scotland has produced a survey for all third sector organisations which undertake re-use, recycling & other resource management activities.

The aim of the survey is to understand the state of the sector and to plan the support provided in the future. The data will be brought together in a report due to be published early next year.

[Click here to take the survey.](#)

Commission on Strengthening Local Democracy

CoSLA's recently launched Commission on Local Democracy is seeking views by 20th December on participatory democracy in Scotland. The Commission's Chair, Councillor David O'Neill commented "we are asking some new questions about why local services and local accountability matter. I hope that people in Scotland will help us find the answers." Find out more at <http://www.localdemocracy.info/>

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Publications

Carnegie UK - The Enabling State: From Rhetoric to Reality

This report explores the changing relationship between the state and individuals and communities in the UK and the Republic of Ireland. The aim is to better understand how the state can offer individuals and communities the opportunity to take a more active role in public service delivery and improving societal wellbeing.

12 case studies of contemporary practice, large and small, from across the UK and Ireland that collectively give us an insight into the practical realities of delivering public service's in a more enabling manner.

You can download the report [here](#).

Report on middle class capture

CHEX enjoyed reading *'Managing' the Middle Classes: Urban Managers, Public Services and the Response to Middle-Class Capture*, which does some first-hand research into middle class "capture" of public service.

Although it's about street cleaning services, the arguments are still relevant to community-led health and tie in with some of CHEX's concerns about the current empowerment agenda adding to inequalities rather than combating them. The paper describes how middle class neighbourhoods have greater influence on the way services are distributed than less-affluent communities.

The article contains some interesting anecdotes including that of a Scottish local authority where the managers are fully aware that their services are skewed towards more affluent people, and also that of the same authority using the research study they are part of to justify readjusting the service towards the people who need it more.

You can read the paper [here](#) for free.

JRF resources on loneliness

The Joseph Rountree Foundation and Joseph Rowntree Housing Trust have published a set of resources to help individuals, groups, communities and neighbourhoods take a closer look at – and to reduce – loneliness.

JRF and JRHT's Neighbourhood approach to loneliness has been a three-year action research programme exploring and identifying what makes us feel lonely where we live and work and what we can all do about it – personally and professionally.

This resource pack brings together the lessons and experiences from the programme and includes:

- Living with loneliness? – a four-page summary of the causes of loneliness, with infographics;
- Let's talk about loneliness – a four-page summary of ideas and actions to reduce loneliness, with infographics;
- Neighbourhood approaches to loneliness: our stories – a collection of case studies from some of the people involved;
- – top tips from our external evaluators;

There are also session plans, guides and videos to working with communities to address loneliness. You can find the resources on the [JRF website](#).

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Funding

Greggs Foundation – Scotland Regional Grants

The Regional Grants programme makes small grants of up to £2,000 to help organisations based in local communities to deliver activities that they wouldn't otherwise be able to. The programme is administered by seven charity committees throughout Great Britain.

There's additional information available [here](#).

Nesta, Heritage Lottery & Big Lottery Launch Rethinking Parks

The charity Nesta has announced that voluntary, community and public sector organisations from across the UK may apply for grants of between £50,001 and £100,000 as well as non-financial support to carry out their innovative ideas to make the UK's public parks financially sustainable.

The first stage is a series of free workshops and training sessions, which organisations are strongly encouraged to attend. The free workshops will be held in January 2014 to provide information about how to submit an Expression of Interest for funding.

The workshops are currently scheduled for:

- London - 14 January.
- Edinburgh - 23 January.
- Cardiff - 28 January.
- Belfast - 30 January.

Those who cannot attend these workshops may attend an online workshop on either 16 January or 21 January.

The second stage will see shortlisted organisations submitting their full proposals in April 2014. Grant recipients will have 18 months (from July 2014 to December 2015) to implement their innovations.

More information [here](#).

Active Lifestyles GeoVation Challenge

Ordnance Survey has launched its 7th GeoVation Challenge, this time on the theme 'How can we encourage active lifestyles in Britain?'. Ordnance Survey will be offering a slice of £100,000 to help develop ventures that make best use of their data, including OS OpenData and OS OpenSpace, together with other open data to solve problems.

More information [here](#).

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Events

Scottish Poetry Library: Living Voices: Enriching lives through poetry (Edinburgh)

The Scottish Poetry Library and the Scottish Storytelling Centre is holding an event around their Living Voices project this December in Edinburgh.

[Living Voices](#) is a national project delivered in partnership by the Scottish Poetry Library and the Scottish Storytelling Centre. The aim is to use poems, songs and stories to engage and enliven groups of older people, particularly in care homes, through conversation, creative activity and reminiscence.

Scots Makar Liz Lochhead, artists and key staff will be present at the event to appreciate the benefits of poetry in social care and understand the difference Living Voices is making. As well as presenting the findings of an interim evaluation, our event will demonstrate the impact of our work through the voices of artists and the people they work with. It will also provide a forum in which to explore how the power of poetry can be deployed in other health and social care contexts.

- Living Voices: Enriching lives through poetry
- Monday 2nd December, 12.30-2pm
- 5 Crichton's Close in Edinburgh's historic Canongate

To confirm your place please contact lilias.fraser@spl.org.uk or 0131 557 2876 by **5pm, Thursday 28th November**.

Accessing Funding Network Event (Greenock)

You are invited to the next meeting of the Access to Funding Network. This network will be of interest to anyone who:

- is currently developing a funding application
- is looking for funding for their project
- is interested in developing partnerships to apply for funding

Details of meeting:

- Date: Tuesday 3rd December
- Time: 2pm - 4pm
- Place: CVS Inverclyde

[Click here](#) for a map of the location. Please email phil.broadley@cvsinverclyde.org.uk for more information.

Scottish Older People's Assembly (Edinburgh)

The Scottish Older People's Assembly is a "voice" for older people. It is a mutual way to raise concerns to the Scottish and Westminster Governments. There's more information [here](#).

The Assembly will take place on Thursday 5th December at the Edinburgh International Conference Centre (EICC). The event will deal with the impact of Welfare Reform on older people and activities that encourage older people to remain socially connected and contribute to society. Shona Robison MSP, Minister for Commonwealth Games and Sport will participate in the Assembly.

Invitations will be sent to older people's groups across Scotland. Individual older people can also register an interest in attending the Assembly by email to acfaa@edinburgh.gov.uk or by calling 0131 469 3806.

Scottish Transitions Forum Meeting Workshops (Edinburgh)

Scottish Transition Forum is holding an event on Health and Social Care integration and SDS.

This event will be exploring transitions, SDS under the backdrop set out in the Joint Public Bodies Bill and the integration agenda and is a continuation of a preceding event. Exploring what this means for both health care and social care in the upcoming years as this progresses and what opportunities exist for joint working within this environment, sub sequentially how this may be able to influence transitions positively.

- Monday, 9th December 2013 from 13:30 to 17:30
- Edinburgh, United Kingdom

For more information and to register, please [click here](#).

Medics Against Violence & Neal's Yard – Christmas Shopping Evening (Glasgow)

Medics Against Violence and Neal's Yard are teaming up for the first time this year to bring you exclusive discounts and to raise essential funds for Medics Against Violence.

There will be a 20% discount, mulled Wine and canapés, hand & arm massage, skin care samples and a chance to win a frankincense gift box

- Wednesday 11th of December 2013, 6:30pm
- Royal Exchange Square, Glasgow

To book your place call Isabel on 0141 532 5816 or email Isabel.davis@vruscotland.pnn.police.uk.

Previously Listed Events

LGBT Health Winter Concert (Edinburgh)

LGBT Health are hosting Winter Concert on Sunday 8th December, 3-5pm at the Serenity Café to celebrate the LGBT community in across Edinburgh's with a host of local entertainment.

Where: Serenity Café, Serenity Cafe 8 Jackson Entry Edinburgh EH8 8PJ - <http://www.serenitycafe.co.uk/find-us.php>

When: Sunday 8th December, 3-5pm

Tickets: £2.50 if you're not in full-time employment, £5 if you are

Book now: admin@lgbthealth.org.uk or call us to book on 0131 523 1100

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Conferences and Seminars

'Why do we have to make poverty so much worse?' (Edinburgh)

This talk draws on about-to-be-published research, funded by the ESRC and DFID and conducted simultaneously in seven countries, that considers the contention that shame is everywhere associated with poverty and lessens the effectiveness of policies designed to tackle poverty.

- Location: [Seminar Room 2, ground floor of the Chrystal Macmillan Building](#)
- Date & Time: **Fri, 28th Nov.** 3-4.30pm, followed by more informal discussion over drinks.
- All welcome - no need to book.

VAF Volunteering Support Grant (Various)

The Volunteering Support Fund is open to support third sector organisations that want to create new volunteering projects; increase the diversity of their volunteers (especially those experiencing disadvantage); and improve opportunities, skills and personal development through volunteering.

Voluntary Action Fund's Volunteering Team will be hosting a series of roadshows during December to find out about how the Volunteering Support Fund could help your organisation recruit additional volunteers and improve how they are supported.

Organisations with an annual income of under £250,000 can apply (although priority will be given to those with an income under £100,000). The following two grant programmes are available through the fund for up to 12 months of activity:

Volunteering Support Grant:

- A grant of up to £10,000 for an individual organisation.
- Application deadline: Friday 28 February 2014.

Volunteering Support Cluster:

- A grant of up to £30,000 for a Cluster of three to six organisations.
- Application deadline: Friday 31 January 2014.

There are three events taking place across:

Scottish Borders

- Date and time: 04/12/2013, at 2pm
- Venue: The Scott Room, Old Gala House, Scott Crescent, Galashiels, TD1 3JS
- Booking: Advance booking is not necessary for this event.

Glasgow

- Date and time: 05/12/2013, at 10am
- Venue: Volunteer Glasgow, Abbey House (1st Floor), 10 Bothwell Street, Glasgow

G2 6LU.

- Booking: To book a place at this event, please email david.currie@volunteerglasgow.org or ring David on 0141 226 7893.

Edinburgh

- Date and time: 13/12/2013, at 2pm
- Venue: The Melting Pot, 5 Rose Street, Edinburgh, EH2 2PR
- Booking: Advance booking is not necessary for this event.

If you want to know more about the Fund but can't make it to any of these events, you can find out more on VAF's website at www.voluntaryactionfund.org.uk or email VSFenquiries@vaf.org.uk.

Commonwealth Legacy 2014 (Edinburgh)

Holyrood Magazine's 2014 Games Legacy: Scotland's Sporting Future will examine the Scottish Government's initiatives to encourage grass roots sports participation, youth involvement and increasing the general population's activity levels. The event will be held on Wednesday 26th February 2014.

As chair of the conference, **Professor Grant Jarvie**, Chair of Sport & Broader Portfolio, Strategy and External Relations, Sport, Physical Education and Health Sciences (SPEHS) at The University of Edinburgh, will be steering the debate and ensuring delegates participate to help shape the policies which will further Scotland's sporting legacy.

More information about the speakers [here](#) and for booking click [here](#).

Previously listed Conferences and Seminars

The Possible Scot – realising Scotland's potential for wellbeing and recovery (Edinburgh)

The International Futures Forum and the Royal Society of Edinburgh are hosting the Michael Shea Memorial lecture, this year presented by Katherine Gottlieb of Southcentral Foundation, Alaska. Southcentral Foundation, Alaska, has for twenty years been pioneering a new approach to enabling the health and wellbeing of the Alaskan Native population by drawing on the inner resources of its people and its culture. The event will take place on Monday 17th February 2014 6 pm, The Royal Society of Edinburgh. To book, please contact mairi@internationalfuturesforum.com asap as places will be filling quickly. [More info here](#).

Taking Meaningful Risks (Glasgow)

Taking Meaningful Risks is a one day learning event for leaders, senior managers and policy makers on January 30th 2014 in Glasgow. Organised by [Animate](#) with Nick Thorpe and Simon Malzer, the learning event starts from the position that without creative risk-taking there is no growth. To find the solutions to our current challenges, we need to take risks - yet as professionals it sometimes feels that the culture of health and safety shackles us to the least exciting possibilities. Balancing those two realities is one of the dominant leadership challenges of our time – but, the event will ask, what if the legislation & policies we love to hate were more safety harness than ball and chain? How then do we create space within team and organisational cultures that enables people to take risks?

Bringing together learning from health, social care and education and the voluntary and private sectors – with a keynote speech from author and adventurer [Nick](#)

[Thorpe](#) - this one day event aims to re-awaken and re-frame the duty we have to take risks. The day will include a range of inter-active workshops and discussion spaces to think, learn and explore together actions we can take to help our organisations to develop a more meaningful risk taking culture.

Workshop details can be downloaded [here](#), or look up more on the associated [facebook](#) page for the event. Alternatively visit www.meaningfulrisks.eventbrite.co.uk.

NHS Health Scotland Children and Young People's Mental Health and Wellbeing Event (Glasgow)

This event, on *Thursday 12th December, 10am- 3.30pm, IET Teacher Building, Glasgow*, is aimed at those with an interest in supporting improvement in children and young people's mental health and reducing inequalities which impact on their mental health.

Key note presentations will raise awareness of a variety of national developments in the field of children and young people's mental health and showcase illustrations of innovative projects being taken forward by local area partnerships. Workshops and the market place will provide an opportunity for discussion and debate about emerging developments and issues.

Speakers will include -

- The current picture of Children and Young people's Mental Health in Scotland - Dr Jane Parkinson and Elaine Tod (NHS Health Scotland)
- The impact of Mental Health and Wellbeing within the Curriculum for Excellence - Lesley Kirkwood and Suzanne Hargreaves (Education Scotland)
- Building capacity and confidence to address Young people's needs - Erica Stewart-Jones (NHS Health Scotland)
- Support for Young People - Pathway development - NHS Greater Glasgow and Clyde
- Project 99 - Youth Mental Health and Social Media - Young Scot/Snook/NHS GG&C

To register for this event, please visit the [eventbrite website](#).

Volunteer Development Scotland's AGM (Stirling)

Volunteer Development Scotland's 29th Annual General Meeting & 'Show and Tell' Event will take place on Thursday 5th December 2013. 1pm - 6pm at Jubilee House, Forthside Way, Stirling FK8 1QZ

The 'Show and Tell' event will enable you to find out about how VDS is simplifying and modernising its services to benefit all its customers. You'll be able to find out about VDS's new identity, new branding and website. Marketplace stalls covering VDS's services and resources will be available. VDS also seeks feedback from other organisations on how it can best use its new look and feel to raise their profile and help with their volunteering issues? More info [here](#) or via vds@vds.org.uk.

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Training

Benefits for disabled children from age 16 (Glasgow)

This basic level course focuses on the transition to adult benefits from age 16 for young people with disabilities or health problems who still live at home. It looks at changes to disability benefits for the young person, and introduces the circumstances in which a young person can claim adult benefits in their own right while still living at home.

The course covers:

- An introduction to personal independence payment and how it is different from disability living allowance
- The differences between being a child and an adult in the benefits system
- How a family's benefits might be affected when a young person turns 16

The course is aimed at anyone working with disabled young people aged 16-19. It assumes no previous knowledge of the benefits system.

Wednesday 4 December 2013, 13:00-16:00 Glasgow, £25 per delegate for organisations in Scotland. For more, click [here](#).

Mental Health Line Manager Training (Glasgow)

This free Mentally Healthy Workplace training programme has been developed by the Scottish Centre for Healthy Working Lives. Line managers have a crucial role in supporting the health and wellbeing of employees and can therefore influence the success of their team. This training includes good practice in promoting positive mental health and wellbeing as well as offering practical examples of how to support employees experiencing mental health problems.

The aims of the course are:

- To give employers and line managers a broad understanding of mental health
- To identify key factors that contribute to a mentally healthy workplace
- To improve managers' confidence in dealing with this issue
- To ensure that managers are aware of their legislative responsibilities in relation to health and wellbeing

N.B. This course is delivered through a 'blended learning' approach and before attending this date you **MUST** complete a short Mentally Healthy Workplace online course.

This training can be used as HWL award evidence (Silver additional criteria 4 or core criteria at Gold.)

Wed. 5/12/13 from 9.30 – 16:00, Festival Business Centre, 150 Brand St., Govan, G51 1D (near Cessnock Subway)

To book a place, please call HWL Adviceline, 0800 019 2211

HWL Gold Award Training (Glasgow)

The Gold Award training aims to give workplace HWL co-ordinators an understanding of recent changes to the award programme criteria and assist them in identifying next actions to incorporate these changes.

Intended outcomes include:

- Introduction of new elements to the award programme such as Organisation

Profile and Employee Wellbeing Survey

- A walk through of survey options and access opportunities for workplaces
- An understanding of the changes to criteria at Gold level
- Have knowledge of what is required in terms of Bronze and Silver maintenance
- Be clear on how to demonstrate a written strategy that addresses all aspects of the Healthy Working Lives Award
- Be confident in what is expected in the three year action plan
- An understanding of the assessment process for the Gold Award and identifying workplace and Adviser responsibilities

Wed. 11/12/13 from 9.30 – 12:30, David Lloyd Club, Anniesland (242 Netherton Rd, G13 1BJ)

To book a place, please call HWL Adviceline, 0800 019 2211

Volunteering Zone Sessions (Stirling)

Volunteer Scotland, which recruits volunteers, is holding a series of events to provide information about its Volunteering Zone – a method of registering volunteer roles across local authority areas which will appear on the Volunteer Scotland website. This Volunteer Development Scotland service allows organisations to post volunteering roles directly online, keep them up-to-date.

The next sessions will take place at the VDS offices at Jubilee House, Stirling, on the following dates:

- Thursday 12th December, 10.00am – 12.00pm
- Wednesday 29th January 10.00am – 12.00pm

To book a place, please click on [this link](#). Places will be allocated on a first come, first served basis.

Please email [Rebecca Dadge](#) or phone 01786 479593 with any enquiries.

'Better Late Than Dead On Time' Workshops (Various)

Road Safety Scotland have commissioned Theatre & Learning to visit selected audiences across Scotland with a Road Safety performance and workshop for all generations from primary to elderly.

The performance 'Better Late Than Dead on Time' looks at the impact of driver and pedestrian behaviour on one family. The issues are dealt with sensitively but presented in a realistic and humorous way to focus on awareness and discussion with the audience. In addition, an interactive workshop will embed the key messages of the performance further and explore the main themes in more detail. The workshop runs for one hour.

The workshop will be touring from 12th February – 1st April 2014. Places are limited and will be filled on a first come, first served basis. Please complete the attached booking document today to ensure your group does not miss out on this free of charge event.

If you require any further information, please contact Pippah Harris 01484 664078 or e-mail pharris@theatreand.com.

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Vacancies

GCPH Community Development Manager (Glasgow)

The Glasgow Centre for Population Health is currently recruiting a Community Engagement Manager to join the GoWell Programme research team. GoWell is a long-term research and learning programme, investigating the health and wellbeing impacts of neighbourhood change in 15 communities across Glasgow.

The ideal candidate will lead the planning, development and delivery of the community engagement function for the GoWell Programme in order to ensure that the Programme's aims of stakeholder engagement, community capacity-building, and supporting best practice are achieved

You can find more information [here](#). **Closing date 29th November, 2013.**

Fundraising Consultant for Walled Garden Project, (Edinburgh)

Balerno Village Trust, Lothian www.balernovt.org.uk is seeking the services of a fundraising consultant to assist with fundraising for its proposed Ravelrig Walled Garden Project. This will include contributing to the submission of an application to the Climate Challenge Fund, and other grant-making bodies, from December 2013 to February 2014. Part of this process will include implementing consultation activities, with the support of Balerno Village Trust volunteers.

Plans for the Walled Garden will include a community garden, community orchard and individual allotment plots. Over 50 people have attended meetings or made comments via email, regarding this project, over the past year.

For further information about the post and application process please contact Richard Henderson at companysecretarybvt@gmail.com and [click here](#).
Deadline for applications: 12 noon Thursday 5 December 2013 by email to companysecretarybvt@gmail.com

One Parent Families Scotland – Lone Parent Family Support Coordinator (Glasgow)

OPFS are looking for a qualified and experienced Lone Parent Family Support Coordinator to develop a Lone Parent Network of Welfare Reform Champions; the coordination of outreach surgeries; IT skills training; and fuel poverty awareness training.

- Salary: £23,464-£25,973 (SJC points 27-30)
- Hours: 35 hours
- Closing date: 06 December 2013

More information [here](#).

One Parent Families Scotland - Senior Welfare Rights Officer (Glasgow)

OPFS are looking for a qualified and experienced Senior Welfare Rights Officer to effectively manage and develop the Family Finance Services and provide a specialist benefits advice and training service to single parents.

- Salary: £26,767-£27,552 (SJC points 31-32)
- Hours: 35 hours
- Closing date: 06 December 2013

More information [here](#).

Fathers Network Scotland is looking for new Board Directors (Edinburgh)

Fathers Network Scotland (FNS) is searching for new Board Directors to contribute to the dynamic and passionate team taking the organisation to the next stage of its development.

About us:

FNS are a young Scottish Charity (since 2010) with a mission to become the national torchbearer and voice for fathers in Scotland by supporting individuals and organisations to positively engage, support, and empower men to become the best fathers they can be.

Our vision is for a safe and compassionate Scotland where all children, their families and communities are enriched and strengthened through the full and welcome involvement of their fathers.

We're based in Edinburgh (though we welcome applications and participation from all over Scotland), a company limited by guarantee and are currently funded up until April 2015 by the Scottish Government through their Strategic Funding Partnership.

About the role:

The Board will be key to the success of Fathers Network Scotland over the next two years. Collectively, its members provide strategic support and guidance for the ongoing development of the organisation. Board Directors are also Trustees of the charity, meaning they are responsible for ensuring it is solvent, well-run and meeting its charitable objectives.

About you:

Ideally, new Board Directors will have expertise in one of the following areas:

- Communication: marketing / pr / advertising
- Finance: accounting and/or bookkeeping
- Law: especially family law, employment law
- HR: knowledge of legislation, contracts, etc.
- Business management: especially social enterprise.
- However we welcome all enquiries from both women and men.

Commitment:

- You will be asked to serve on the Board for a minimum of two years. Meetings
- take place approximately every 8 weeks. Dates for the following calendar year
- are circulated prior to, and agreed at, the last meeting of the year.
- To attend an annual Trustee Conference.
- To represent FNS at other internal and external events depending on your availability.
- To participate in appropriate sub-committee groups – depending on your area of expertise and availability.
- To attend any other exceptional meetings by agreement of the Board.
- Attendance at our annual AGM.
- The total commitment is an average of 6 hours per month.

In return we offer a highly rewarding role...
The opportunity to enhance your existing skills and knowledge relating to the development of an innovative and dynamic organisation.
The chance to play a key role in the running and development of FNS;
enabling the organisation to continue its work creating positive social change in Scotland for the benefit of our children, families and communities.

Location:

The majority of meetings take place at The Melting Pot, 5 Rose Street, Edinburgh EH2 2PR.

Application process:

To apply, please send us your CV with a covering letter to explain your interest in joining our Board by 5pm on Monday 9th December. Send these to:

info@fathersnetworkscotland.org.uk Interviews will take place on Tuesday 17th December at The Melting Pot. For more information contact Sam Pringle:
sam@beeleafcoaching.co.uk

Dundee Wee DEIT with Discoverin' Bairns (Various)

The Dundee Early Intervention Team (DEIT) is a unique partnership between CHILDREN 1ST, Aberlour Child Care Trust, Action for Children Scotland, and Barnardo's Scotland, working in collaboration with Dundee City Council and NHS Tayside delivering an early intervention and preventative support service for families in Dundee. The service works with families either before or at the point of crisis to minimise the likelihood of needs and difficulties escalating and subsequently reduce the need for more intensive and costly services at a later stage.

- Early Intervention Family Support Workers x 3 (Full or Part Time) £21,246 rising to 25,807 per annum pro rata
- Team Leader (20 hours) £30,306 rising to £35,693 per annum pro rata
- Project Worker (20 hours) £26,594 rising to £31,170 per annum pro rata
- Administrator x 2 (1 full time, 1 part time)
- (The part time post will be support the work of CHILDREN 1ST services in Dundee) £16,777 rising to £19,315 per annum pro rata
- Discoverin Bairns Co production Development Worker (21 hours) £26,767 per annum pro rata

Further details on any of the above posts can be found by visiting or emailing:

www.children1st.org.uk/jobs/
www.aberlour.org.uk/vacancies
www.actionforchildren.org.uk/about-us/jobs
www.barnardos.org.uk/get_involved/jobs.htm
www.volunteerdundee.org.uk

hr@children1st.org.uk
jobs@aberlour.org.uk
eHRAdmin@actionforchildren.org.uk
HRrecruitScot@barnardos.org.uk
info@volunteerdundee.org.uk

Applicants for the Discoverin Bairns Co production Development Worker post should apply via the Volunteer Centre Dundee or at Volunteer Centre Dundee, Number Ten, 10 Constitution Road, Dundee DD1 1LL, T: 01382 305738

Applicants for all other posts should apply via CHILDREN 1ST. If you are presently employed by one of the partner organisations please indicate on your application that

you are applying on a secondment basis.

Closing date for applications is Friday 6 December 2013, at noon. Interviews will be held week commencing 16 December 2013.

Fathers Network Scotland (Edinburgh)

Fathers Network Scotland is seeking a highly motivated and enthusiastic professional to lead the organisation in its work.

- [National Development Manager](#) - Fathers Network Scotland
- Salary: £30,000 pro-rata
- Location: Edinburgh

Send your CV and a covering letter describing why you would like to contribute to the development of Fathers Network Scotland to: info@fathersnetworkscotland.org.uk
The deadline for applications is Monday 9th December 2013. Only successful candidates will be contacted and invited for interview. Interviews take place on Tuesday 17th December in Edinburgh. For further details please contact: Douglas douglas_quest@yahoo.co.uk.

Head Gardener, Carlowrie Castle Learning Academy (Edinburgh)

The Astell Foundation are launching a learning academy, offering a range of training, education, social enterprise and personal development opportunities to the marginalised community of Edinburgh and neighbouring towns. As part of this exciting launch, we are looking for an experienced Head Gardener, who will successfully support the launch of our new Academy's horticultural course by working with students whilst maintaining the venues extensive 35 acre grounds.

The role will involve:

- Creating innovative designs for the grounds and gardens of the venue
- Maintaining the grounds and gardens
- Grow fresh produce to supply the academy's café and shop
- Provide support and supervise students when on work experience (4 days per week)
- Work with the academy's management team to identify new opportunities
- Research competitive pricing for the supply of plants and other resources

For further information about the role and personal specifications please [click here](#)

The role is 40 hours per week, salary £23,000 - £24,000 P.A.

Please forward your CV and a covering letter to jude@astellfoundation.com

Further information on the project at [Carlowrie Castle Project](#).

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Websites

Scot Gov Consultations Portal

The Scottish Government keeps a regularly updated list of all [current](#), [closed](#) and [upcoming](#) consultations that will be or are occurring across government. They also [produce a newsletter](#) which gives a weekly break down of the upcoming dates.

It covers a whole host of issues from across the country but it's a good resource to keep an eye on for any community-led health-related subjects or issues.

Currently there's the [consultation on the Community Empowerment \(Scotland\) Bill](#) (and [be sure to take CHEX's survey](#) on that).

Census Data Explorer

The new website for exploring census data from the 2011 Census is now up and running, containing area profiles, maps and charts, key statistics, a "warehouse" of data to analyse and guides to understanding the data. Unlike a lot of data-exploring sites, this one has a clean and attractive look, and it seems to be easy to find your way around.

Scotland's census is the official count of every person and household, which takes place every 10 years. The census helps inform decisions on how billions of pounds of taxes will be spent every year on services everyone needs, such as education, transport and healthcare.

Visit the website [here](#)

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The Community Health Exchange (CHEX) is primarily funded by NHS Health Scotland and is a part of the Scottish Community Development Centre (SCDC). SCDC is a company limited by guarantee, registered in Scotland, No. 361532. SCDC is a registered charity in Scotland, Ref No. SC 040614.

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