



Issue No 244, 31st October 2013

Hello, and welcome to issue 244 of CHEX-Point Snippets. As always, this issue contains all the latest news and information relating to community-led health. **If you have any news or updates from your own work locally that you would like mentioned in Snippets please get in touch.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit www.chex.org.uk/subscribe/

The next issue of Snippets will be **Thursday 14th November 2013**. Please send anything you would like to be included before Tuesday 12th. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to andrew@scdc.org.uk or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and this edition was compiled by Andrew Paterson and Sam Jordan. Thanks to all contributors to this edition.

Regards
Andrew Paterson
Policy and Research Officer, Scottish Community Development Centre

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CHEX News

News from the Network – An update from 3D Drumchapel

In each edition of Snippets we like to profile some news from organisations which are part of the CHEX Network. For this issue, Elaine Milmine from CHEX Network organisation 3D Drumchapel has taken the opportunity to let Snippets readers know about its new Pre-Birth Support .

3D Drumchapel Pre-Birth Support works with pregnant women and their families (from 16 weeks - 3 months postnatal). We meet expectant parents each week at the antenatal clinic in Drumchapel Health Centre. On a Wednesday afternoon we are running a 'Give it a Go' Drop-In Session for Mums to be (at the West Centre, Drumchapel) which focuses on relaxation and stress management and includes tasters of Tai Chi, Pilates and Massage. On Fridays we facilitate a laidback cooking session followed by a family lunch (at the Open Gate Centre). We will be starting a Mellow Bumps course for pregnant women on the 18th November 2013, and this will be 6 x 2 hour sessions, running over 5 weeks. We are also available to provide one on one tailored support for families as they adapt to a new addition.

[3D Drumchapel](#) is a family and community support service based in the Drumchapel area and servicing the areas of Drumchapel, Knightswood and Yoker in West Glasgow. 3D provides support, strengthens relationships and empowers families to make positive change.

For more information on 3D's Pre-Birth Support contact info@3ddrumchapel.org.uk.

If you would like to have any aspect of your community-led health work featured in Snippets please get in touch. Email: andrew@scdc.org.uk or sam@scdc.org.uk, or phone 0141 222 4837.

Grundtvig Case Studies for Challenge Poverty Week

Challenge Poverty week was last week – a collection of national events to bring together groups and individuals to highlight what is being done to tackle poverty in Scotland.

As part of the week's events, we held a small talk to share reflections and experiences of the Grundtvig programme - a project to facilitate the mutual learning of innovative tools of community development which tackle issues faced by marginalised social groups in different regions of Europe. Videos of the trips by SCDC and CHEX staff and our colleagues from across Europe helped spark lively discussion and debate and it was great to hear other thoughts, perspectives and ideas.

Along with this we have now published [eighteen case studies](#) which detail the groups and projects which we came across during the partnership's collective visits to Scotland, Hungary, France and Spain. They each provide their own interesting insights and demonstrate the common issues, challenges and approaches across

Europe in trying to fight poverty.

This event was linked in with The United Nations International Day for the Eradication of Poverty on the 17th October, and we hope these case studies will help to build on the work being carried across Scotland and the world.

You can read more about Grundtvig [here](#).

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General Information

Supporting Communities: The Way Ahead

As we mentioned in the last issue of Snippets, CHEX's parent organisation, Scottish Community Development Centre (SCDC) has announced an expanded package of support for community organisations across Scotland – more information on the support is now available from the links below.

Between October 2013 and March 2015, SCDC aims to provide an average of 5 days consultancy support to around 100 community groups and organisations across the country. The nature of this support will vary depending on the particular needs or circumstances of the participating groups but may include; advice, guidance and signposting, access to tools and resources, training delivery, mentoring and practical support, and networking.

SCDC is looking to work with groups who are operating in areas of disadvantage and with groups who face high levels of exclusion/disadvantage or have a commitment to tackling disadvantage/inequalities. Groups and organisations may be going through a period of transition or change within their organisation, or just feel they would benefit from additional support. Groups should ideally be motivated to work with others and share their own experiences and learning.

Please visit the [Supporting Communities webpage](#) on the SCDC website for more information or contact Alex MacDonald on 0141 248 1924 or email alex@scdc.org.uk. You can also download the flyer [here](#).

A Culture of Thoughtfulness

Published by ScotPHN and written by CHEX's parent body, SCDC, *'Developing a culture of thoughtfulness around assets based approaches to health improvement'* sets out the findings of a series of seminars on assets based approaches to health improvement, which took place with Scottish Directors of Public Health (SDsPH) and their teams, in February and March 2013. The first half of the paper starts by setting out the context for assets based approaches, outlines definitions for commonly used terms, and summarises the learning from the seminars.

The second half of the report examines in more detail a particular theme, which emerged during the seminars; the potential and purpose of developing a strategy or framework to further this work. The paper ends with a series of questions for SDsPH, their teams and their partners to consider.

Download the full report or the summary from [ScotPHN's website](#), where you can also find other reports from the New Ways of Working programme, of which this was

a part.

Latest welfare reform news

With welfare reform continuing to dominate the headlines, CHEX brings you some of the latest news from around Scotland relating to welfare and community-led health.

- See our [consultations section](#) for details of a welfare consultation from the Expert Working Group on Welfare. In addition, the Scottish Parliament Welfare Reform Committee's 'Your Say' initiative seeks the views of those who have been directly affected by welfare reform. The Committee is looking to run an evidence session – late this year, or early next – looking at the impact of welfare reform on those with long-term conditions, generally health conditions that last a year or longer, impact on a person's life, and may require ongoing care and support. - See more on [the Scottish Parliament website](#).
- The Scottish Parliament's [Welfare Reform Committee](#) has published research showing that Scottish social housing tenants are resistant to downsizing, despite the financial pressure of the 'bedroom tax'. The [report](#) recommends that data should be collected and analysed by the Scottish Housing Regulator and the Scottish Government on the turnover of properties by size, with a view to managing future tenants' needs.
- See the Poverty Alliance's e-bulletin for more welfare news, including HIV Scotland's surveys to assess the impact of the ongoing welfare reforms on people living with HIV and a Child Poverty Action Group's (CPAG) [People Like Us](#) campaign against the demonisation of people receiving benefits. There's also a link to a report from the TUC, showing that people in Scottish local authorities are being hit particularly hard by the 'bedroom tax'. [Watch the video](#) from the campaign.
- SCVO's latest [#TakingItOn](#) bulletin has plenty more on the cuts, including new guidance and consultation around the Scottish Welfare Fund.
- On the subject of the Scottish Welfare Fund, new guidance has been published which can be accessed [here](#). The Scottish Welfare Fund provides crisis grants and community care grants and is delivered by local authorities. More can be found on this on the same link.

NHS Health Scotland Ministerial Annual Review

The Cabinet Secretary for Health and Wellbeing, Alex Neil, MSP will be reviewing NHS Health Scotland's performance during the last year at a public meeting on Monday 11 November 2013. The Review will be chaired by Ms Margaret Burns CBE, Chair, NHS Health Scotland. The meeting will showcase policy work around Monitoring and Evaluating Scotland's Alcohol Strategy (MESAS), suicide prevention work and the support provided for Community Planning Partnerships.

Members of the public are invited to attend the Review and ask questions in the open Q&A session. Questions cannot be submitted in advance of the Annual Review. If you plan to come along, and have any access needs, please contact: nhs.healthscotland-events@nhs.net

Live tweets will be posted during the public Review so you can follow the conversation @NHS_HS #HSAR13. A video recording of the review will also be available following the event on the NHS Health Scotland website.

The happiest countries in the world are in Northern Europe...

...but unfortunately the UK isn't one of them, at least according to the recently published World Happiness Report 2013. The report considers factors ranging from

GDP per person to “having someone to count on”, and puts Scandinavian countries such as Denmark, Sweden and Norway in the top 5 as well as Switzerland and the Netherlands. Reasons cited for these countries’ positions include state support for families, rights to health care, equality and social capital.

The UK comes in at 22nd, behind many other developed countries, but ahead of some others, including France and Germany. These types of measures are always up for debate but, if interested, the report can be read [here](#) and a summary [here](#).

News from other networks

CHEX has found the following e-bulletins interesting over the last fortnight:

- In addition to highlighting the campaign work featured below, The Poverty Alliance’s [latest e-bulletin](#) links to a [Children’s Society report](#) on children’s experiences of the stigma of poverty. In addition, there’s a lot of pertinent stuff in the Alliance’s bulletin on rising levels of poverty in the UK.
- The [Scottish Community Alliance’s latest e-bulletin](#) contains some thoughts about the community sector’s contribution to participatory democracy
- [September’s Mental Health Improvement e-bulletin](#) from NHS Health Scotland has news, policy and practice from this field, which, as we know, strongly relates to community-led health.

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Campaigns

New Living Wage Accreditation Project

A new project to increase the number of Scottish employers covered by the Living Wage accreditation scheme will be led by the Poverty Alliance.

The project, which was [announced recently](#) by Deputy First Minister Nicola Sturgeon, will see the Poverty Alliance working with employers across Scotland increase the number that are officially accredited. Peter Kelly, Director of the Alliance, said: 'There has been real progress for the campaign for a living wage in Scotland in recent years. This new project will ensure that those that are paying the living wage are properly recognised, and will help build momentum for more employers to be part of the movement for the living wage.' The new project will begin next year, and will make use of the [Living Wage Foundation’s](#) accreditation scheme.

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Consultations and Surveys

Future welfare choices in an independent Scotland

The Expert Working Group on Welfare is seeking views on the future Welfare choices in an independent Scotland. Reconvened in August 2013, following the Group’s first report in June 2013, the Expert Working Group’s remit is to address the principles and policies that would form the pillars of a working age benefits system in an independent Scotland, and the costs and delivery structures that would be required.

The Group is committed to ensuring all key stakeholders have the opportunity to contribute to its work, and to ensuring its work is underpinned by hard evidence. The Group's call for evidence opens from September 23, 2013 and will run until December 13, 2013.

The Call for Evidence questionnaire is available at <http://www.scotland.gov.uk/Topics/People/welfarereform/EXPERTWORKINGGROUPONWELFARE/Process> Alternatively, further details can be requested by contacting the Secretariat to the Group directly at: independence&welfare@scotland.gsi.gov.uk. More information on the work, remit and details on Group members is available at <http://www.scotland.gov.uk/Topics/People/welfarereform/EXPERTWORKINGGROUPONWELFARE>

Community development in Scotland – a strategic review

In summer 2014, people from around the world will be gathering in Glasgow for the [International Association for Community Development Conference](#) to exchange their ideas and experience of community development. There will also be many debates about the future of Scotland taking place next year. But do we have a clear common understanding of what community development actually means in Scotland, and how it informs policy and practice? It rarely gets an explicit mention in government policy.

Community Development Alliance Scotland (CDAS) believes that we could clearer about how the aims of policy and practice in many fields are related, and how they can work together to achieve better outcomes. CDAS asks if it might help if we were a bit more explicit about how they all relate to the principles of community development. Over the next few months CDAS plans to invite its members and partners to take part in a strategic review to seek to establish a national dialogue and hopefully a clearer consensus about this and the actions it could lead to. Meantime, please send any comments to cdas@pdtaylor.com.

Office for National Statistics census consultation

The Office for National Statistics (ONS) in England & Wales is embarking on a consultation on the future of the census. Although this relates to the census in England & Wales, the decision is also likely to impact on the future existence of, and value of, the census in Scotland.

Public Health Information for Scotland (ScotPHO) is encouraging its members to respond to this consultation (and any future consultations) to stress the importance of accurate, detailed small area data on social and economic factors to help us to understand social trends and inequalities, and ultimately improve population health.

The consultation is open to everyone and can be accessed [here](#).

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Publications

Public involvement and integrated adult health and social care in Scotland

Published by the Scottish Health Council, [Learning from our communities: Public involvement in adult health and social care in Scotland](#) summarises the key themes and messages which emerged from four public events held in the summer of 2013. Participants considered the value of a national outcome for public involvement in

health and social care; whether there was potential to create a single standard for public involvement in health and social care; and to what extent there should be national consistency in the permanent, formal structures for public involvement located in each health and social care partnership area.

What would it take to eradicate health inequalities?

This report from ScotPHO warns that efforts to reduce Scotland's health inequalities gap will fail unless they tackle the fundamental causes of poor health. The study looked at 30 years of health inequality trends in Scotland and the rise and fall of particular causes of death. Decreasing periods of health inequality have previously been observed in the UK suggesting that this situation is not inevitable and that there is urgent need for action to address inequalities in income, resources and power across society.

The report shows that the gap in deaths across different social groups for specific causes decreased, while others emerged. It reveals that there is little difference in death rates from non-preventable diseases like brain and ovarian cancer, but large differences in more preventable causes like alcohol-related deaths and heart disease. Research has shown that causes of death responsible for inequalities have changed over time from heart disease and tuberculosis in the 1970s and 1980s to drugs and alcohol-related deaths more recently. The common factor in the persistence of health inequalities is social inequalities.

[Download 'What would it take to eradicate health inequalities? Testing the fundamental causes theory of health inequalities in Scotland'](#).

Voluntary Health Scotland Sounding Board on Health Inequalities

This report presents findings from Voluntary Health Scotland's Sounding Board on health inequalities on 17 October 2013, which CHEX attended. The Sounding Board generated discussion about what we understand by the term health inequalities, the activities of the third sector event in tackling these and what policies would be effective at reducing them.

It is available on the Voluntary Health Scotland website alongside presentations from the day. <http://www.vhscotland.org.uk/third-sector-contributions-to-narrowing-health-inequalities/>

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Funding

Action Earth Grab a Grant

Community Service Volunteers' Action Earth campaign aims to get people and communities busy outdoors, providing grants up to £500 to give to groups of volunteers who are carrying out environmental projects in Scotland.

- Grants of up to £250 are available for practical activities that involve volunteers in improving outdoor spaces or creating habitats for wildlife. Grants can be used to purchase plants, tools and materials or to cover volunteer expenses.
- If your group is volunteering on a Local Nature Reserve we can give you up to

£500 for practical work, wildlife recording or educational activities that encourage more people onto the reserve.

The campaign runs until February 2014 and will accept applications from projects until that date. For more information or to apply online go to: <http://actionearth.csv.org.uk>. If you have any questions about the campaign or any project ideas please contact Robert Henderson at: actionearth@csv.org.uk or call T: 0131 222 9083 / 0131 622 7766.

Scotland Funders Forum and Scottish Grantmakers event

The rescheduled date for the Big Lottery's joint Scotland Funders Forum and Scottish Grantmakers event, Starter for 10, is Wednesday 19 March 2014 in Edinburgh. Aimed at policy makers, stakeholders, helper agencies and support organisations, Starter for 10 will highlight the role of funders in Scotland and their contribution to people and communities, particularly in challenging times with a focus on the difference small amounts of funding can make.

The event will include presentations from funded projects and stakeholders, workshops led by funders and networking opportunities. Big would like to shape the event to ensure delegates get maximum benefit from attending so please contact them with any suggestions you have around format and content to make Starter for 10 relevant for you: Caroleann.MacLellan@biglotteryfund.org.uk. Further details on how to register will be provided over the next few months.

Celebrate

Celebrate will support new and existing events and activities that mark the 2014 Commonwealth Games through arts, heritage, sports and local community celebrations. It will fund local celebration events and activities which stimulate greater involvement in community activity and develop our understanding as citizens of the Commonwealth. Celebrations can be a single one-off event or activities which end with a celebration event. For guidance notes and an application form, visit: www.celebrateit.org.uk/apply/.

Community Food Fund

The next deadline for the Community Food Fund is 19th December and the fund is open for applications. Financed by The Scottish Government, the fund has been created to promote local food and drink across Scotland. The Community Food Fund will focus on two main outcomes:

- Supporting development of food trails and networks
- Establish local food and drink event, including farmers' markets, that celebrate and promote food and drink throughout the year

To find out how to apply for up to £25,000, [click here](#).

Plunkett Scotland

Plunkett Scotland aims to provide a comprehensive support service to rural communities throughout Scotland who wish to retain essential services, or develop new enterprises, through community ownership and co-operation. The organisation is to benefit from an award of £50,000 from the Prince's Countryside Fund to promote community ownership and co-operative enterprise as one solution to the challenges facing rural Scottish communities. Find out more at <http://www.ruralgateway.org.uk/en/node/8100>.

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Events

CVS Aberdeenshire AGM (Banchory)

The annual general meeting of CVS Aberdeenshire will take place on Monday, 4th November 2013, from 6.30 at the Burnett Arms Hotel, Banchory. This will be a chance for everyone interested and involved in the third sector in Aberdeenshire to hear about the work the CVS has been carrying out. David Wood from Magpie, which diverts waste from landfills, will be speaking. RSVP to Val Cameron Valerie.Cameron@cvsa.co.uk.

FASS Remembrance Service (Glasgow)

This remembrance service is for those who have died through Drug/Alcohol related problems. All are welcome to attend the event which will be on Thursday 21st November 2013, 7:30pm at St. Alphonsus' Church, Glasgow. The service will be opened by Lady Provost Sadie Docherty and led by Father Ian Bathgate and Rev Peter Davidge. For more information, [please click here](#).

Centre for Confidence and Wellbeing – Letting Go event (Glasgow)

Come along to the next Centre event to coincide with the publication of the fifth book in the Postcard from Scotland series. The event (and book) is called Letting Go: Breathing new life into organisations. We are holding this free event on the afternoon of the 2nd of December at Trades House, Glasgow. More information on the themes and speakers can be found on the website ([click here](#)).

Urban Roots social gathering and AGM 2013 (Glasgow)

This year's event will be on Saturday 16th November from 2.30pm at the Toryglen Community Hall, 199 Prospecthill Circus G42 0LA, and will feature:

- Presentations from project staff on the year's work.
- Open space and workshops to find out more about what's been going on and some of the themes we cover.
- Delicious evening buffet.
- Short films.
- Musical entertainment from WOSUP (West of Scotland Ukulele Players) and the Powercut Choir.
- Creche for the little 'uns.

Socialising and entertainment will continue until 8pm. RSVP to abi@urbanroots.org.uk. Please *especially* let them know if you wish to use the childcare provision. [More here](#).

Networking event (Peebles)

This Federation of City Farms & Community Gardens and Trellis networking event is an opportunity for people to share their news, participate in a session on biodiversity monitoring, and an activity in the garden with Peebles CAN's community gardener.

For further information and to register please visit and scroll down to <http://www.farmgarden.org.uk/farms-gardens/your-region/scotland> to register.

For further enquiries please get in touch with naomi@farmgarden.org.uk 0131 623 7058. Soup will be provided or bring your own packed lunch

The Natural Communities Approach: A learning and sharing workshop (Stirling)

The Natural Communities Approach has been developed over the last 3 years in response to an identified need for more effective community environmental engagement across the UK. Natural Communities uses a Values approach to engagement, incorporating Community Development practices and focussing on creating space for innovation and shared learning.

TCV would like to invite you to this learning and sharing event on November 20th, Tolbooth, Stirling 10.00am until 1pm followed by a networking lunch, during which you'll be able to find out more about the Natural Communities Approach and learn how it has been implemented to engage new individuals and increase community environmental activity.

Participatory workshops will provide hands-on learning about successful engagement tools and techniques that have been put into practice this year by the Natural Communities trainees. Attendees can attend 2 of the 3 workshops below:

- Engaging with New Audiences
- Working with Children and Schools
- Rural Communities

To get a booking form, contact:

T: 01786 479697 F: 01786 465359 E: scotland-training@TCV.org.uk

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Conferences and Seminars

Faculty of Public Health annual Scottish conference (Dunblane)

This year's Faculty of Public Health annual Scottish conference will take place at Dunblane Hydro Hotel, on the 7th and 8th November 2013. The title for this year's conference is "Making Scotland a Healthier Place". Although health in Scotland has improved markedly over the last century, stubborn health inequalities persist. Efforts to improve public health and reduce health inequalities are currently set against a backdrop of recession, referendum and reforms to the welfare system.

This year's programme and speakers reflect the breadth of public health. Conference themes include inequalities, the determinants of health, climate and sustainability, Commonwealth Games, child health, environment, transport and infrastructure, reform and renewal, and wellbeing. For further information on this year's conference see the conference website at <http://www.fphscotconf.co.uk/>. This includes information on how to register and the full [conference programme](#).

Meeting the emissions reduction targets (Edinburgh)

Low Carbon Scotland is holding an event on the 4th December 2013 at Our Dynamic Earth, Edinburgh. Speakers have been confirmed as Paul Wheelhouse MSP, Minister for Environment and Climate Change, Derek Mackay MSP, Minister for Local Government and Planning, Professor Jim Skea, Founding Member, Committee on Climate Change and Chair in Sustainable Energy and Phillip Hoff, Chief Executive, Homes for Scotland. [Download the flyer](#) and [click here to register for the event](#).

Drawing It All Together – Voluntary Health Scotland Symposium & AGM

(Edinburgh)

This free event for Voluntary Health Scotland members and other champions of the voluntary health sector will take place on Thursday 28 November, 10.00am – 4.00pm, at Quaker Meeting House, Victoria Terrace, Edinburgh EH1 2JL. With speakers from different NHS Boards and independent bodies contributing, the event will explore & discuss four big themes:

- Tackling health inequalities for a fairer, healthier Scotland
- Integrating health and social care for better services for adults
- Improving health and third sector engagement and partnerships
- Weathering the storm? Small countries, public services & austerity

Complete the [registration form](#) to sign up.

Places and Spaces for Health and Wellbeing (Edinburgh)

This conference, on November 25th, CoSLA Conference Centre, Edinburgh, will examine the connections between health and wellbeing, place making and use of urban open spaces. In addition, it will summarise the relationship between open space in relation to physical and mental health, and environmental, economic, social and cultural wellbeing, through expert analysis and evidence based case studies. Confirmed speakers at this event include Prof David Miller of the James Hutton Institute, Sheila Beck of NHS Health Scotland and Craig McLaren of RTPI Scotland. You can register by [clicking here](#) or completing the form in the brochure. If you require any further information, please contact Andy Crielly at Spectrum Events on 0131 553 9386 or andy@spectrum-events.co.uk.

The Possible Scot – realising Scotland’s potential for wellbeing and recovery (Edinburgh)

The International Futures Forum and the Royal Society of Edinburgh are hosting the Michael Shea Memorial lecture, this year presented by Katherine Gottlieb of Southcentral Foundation, Alaska. Southcentral Foundation, Alaska, has for twenty years been pioneering a new approach to enabling the health and wellbeing of the Alaskan Native population by drawing on the inner resources of its people and its culture. The event will take place on Monday 17th February 2014 6 pm, The Royal Society of Edinburgh. To book, please contact mairi@internationalfuturesforum.com asap as places will be filling quickly. [More info here](#).

Scottish Older Peoples’ Assembly 2013 (Edinburgh)

On 5th December 2013 older people from across Scotland will gather in Edinburgh to debate and shape the biggest issues for later life including Welfare Reform and Citizenship. The event will take place on Thursday 5th December 2013 at the Edinburgh International Conference Centre. Invitations will be sent to older peoples groups across Scotland. Individuals can register by calling 01314693806. The event is free and runs from 10.30am-4pm. Places to be confirmed mid November 2013.

'Excess' mortality in Scotland and Glasgow: developing an understanding (Glasgow)

The 15th Healthier Future Forum will discuss research into Scotland's, and particularly Glasgow's, levels of 'excess' mortality - that is, mortality over and above that explained by socio-economic deprivation. Speakers at the event, on Thursday 5th December 2013 at Trades Hall, Glasgow, will include David Walsh, Pete Seaman and Fiona Edgar from GCPH, as well as Gerry McCartney from NHS Health Scotland. There will also be contributions from Carol Tannahill (GCPH) and Phil Hanlon (Glasgow University). This event is free to attend although places are limited

therefore registration is required. To register please go to www.gcph.co.uk/events and complete the online registration form.

Children 1st Annual Lecture 2013 (Glasgow)

Children 1st is hosting its annual lecture on Tuesday 3rd December 2013, 6PM – 8PM at the Mitchell Library in Glasgow. This year the lecture will be delivered by Managing Director of Nurture Development, Cormac Russell, who will be discussing Assets Based Community Development and his experience in this area across communities, NGOs and governments.

[Download the flyer here](#). £10 booking fee. To book please call 0131 446 2300 or email communications@children1st.org.uk

Community Conference & CVS Inverclyde AGM (Greenock)

CVS Inverclyde has announced its AGM along with its Autumn/Winter 2013 Community Conference. Taking place on Tuesday 12th November, 1pm – 5pm at the Beacon Arts Centre Greenock, the event will feature workshops on a number of topics, from Equalities and Inclusion to becoming a Scottish Charitable Incorporated Organisation. Tickets are free but attendees must book to ensure a place. [Click here to find out more and to book](#).

The Trellis Conference (Perth)

The Trellis Conference taking place at Perth Concert Hall for a one day event on the 18th of March. Save this date in your diary and look out for more info coming soon. [Keep an eye on their website for more info](#). On the programme this year:

- Create a unique opportunity for talking to fellow therapeutic gardeners and others from related disciplines.
- Invite therapeutic garden participants to showcase their project, their successes and challenges they faced.
- Offer bespoke workshops to let you brush up on your knowledge or gain new skills in therapeutic or gardening related subjects.

Walking and the Urban Environment: The Living Streets Scotland Conference Held on Wed 6th November 2013 at the Grosvenor Hotel, Edinburgh, this is now the last chance to book for this event which will this year feature:

- Shona Robison MSP, Minister for Commonwealth Games and Sport
- Discussion on how we can improve the walking environment in urban areas
- A chance to network with delegates from different sectors and talk to our many exhibitors
- Info on these about these themes: "the Strategic Vision: Future Possibilities", "Planning and Policing", "Barriers to Participation", and "Benefits for the Future"

To book your place, please [click here](#).

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Training

Street Audit Training (Perth, Fort William and Ayr)

Living Streets will be delivering Street Audit Training at 4 venues this Autumn, providing support to local groups to undertake audits of their area. This training is free and is allocated on a first come first served basis. Training is scheduled to take place in Perth on October 29th, Fort William on November 12th and Ayr on November 19th.

Living Streets Scotland's Walkable Communities project supports communities to improve their local walking environments and encourages more everyday walking, using LS's Community Street Audits. Living Streets has worked with communities to improve conditions for walking: reducing litter, removing obstructions, renewing surfaces, improving lighting and lots more.

If you'd like to register for training you can do this from the [Living Streets website](#). See the news item above for more news on the Walkable Communities project.

REHIS Elementary Food & Health Course (Nutrition) (Aberdeenshire)

REHIS Elementary Food & Health Course takes place at Maud Resource Centre on Monday 11th & 18th November 10am-3pm. Lunch & refreshments will be provided, and the course is free of charge, though a £20 late cancellation fee may be applied. For further details or to reserve a place please contact Fiona.matthew@nhs.net or Tel 01224 558414.

Children Carers & Second Hand Smoke Training (Dunfermline,)

As part of The Scottish Governments' Strategy in Partnership with ASH Scotland for 'Creating a Tobacco Free Generation', Ash Scotland is offering anyone who works with young children & their carers the opportunity to attend a 1 day training course on Children Carers & Second Hand Smoke (dates available nationwide) . The training fits in with GIRFEC principles with respect to children feeling safe healthy & nurtured & also with single outcome agreements around supporting children's health & wellbeing in early years. The Dunfermline training will take place on Tue 5th Nov. To book your place on the course and find out more details, please contact Marion McGovern, marion.mcgovern@ashscotland.org.uk or on 0131 220 9461.

Wisdom in Practice Event (Edinburgh)

On Wednesday the 27th November Outside the Box will be hosting an event as part of the Wisdom in Practice project at Norton Park on 'Sharing ideas and experience about services led by older people'. It will be an opportunity for people to learn from each other, share advice and ideas and also to hear what other areas and projects are doing.

To find out more about this free event and the project, please go to: www.otbds.org/wisdom where you can download the flyer, see what else has been happening and find other useful resources.

Learning to Lead in Health (Edinburgh and Glasgow)

This one day taster programme is designed to support you to work collaboratively and in partnership with other organisations and the public sector. You will use an interactive approach to apply what you learn to your own situation.

You will gain insight into: opportunities and challenges of working with statutory health bodies; strategic questions to prepare for partnerships; and practical skills for developing successful partnerships

The training is aimed at senior managers and leaders in voluntary health organisations in Scotland that are seeking to grow and develop better partnerships

with the public sector, whether in an influencing role or service delivery basis. Applications from small and medium voluntary health organisations are particularly welcome.

Learning to Lead in Health has been developed as a partnership between Voluntary Health Scotland, with its experience in the voluntary health sector, and the Social Enterprise Academy with its expertise in leadership learning. This free taster programme has been tailored to meet the specific needs of the voluntary health sector.

The taster sessions take place in Glasgow on October 29 and in Edinburgh on November 14. The day runs from 9.30am (for a 10am start) till 4pm. Venues TBC.

[Click here](#) to read more online.

A full 10 day leadership programme will run between January – November 2014.

Understanding Acquired Brain Injury and its effects (Glasgow)

Headway Glasgow is offering training in 'Understanding Acquired Brain Injury and its Effects' aimed at those who may work with or be in regular contact with anyone with ABI.

The workshops are:

- Brain injury and the effects of ABI.
- Experiencing the problems associated with ABI
- Social context- the user and carers perspective

The training day is on Wednesday 6th November 12.30pm - 4.30pm and costs £10 per person payable in advance. Light lunch and all materials will be provided. A Certificate of Attendance will be available if required for CPD. Contact Headway Glasgow on 01413328878 or email info@headwayglasgow.org.

An Introduction to Facilitating Constellations (Glasgow)

Kinharvie Institute, in partnership with the International Association of Facilitators Scotland Chapter have organised two events to celebrate the International Week of Facilitation (21-27 October). One event is the conversation with Peter Block (see the [conference section](#) above). The other is [An Introduction to Facilitating Constellations](#) which runs on Monday, 21st October, 10am-4:30pm in Glasgow, costing £30 (places are heavily subsidised).

The art of participatory leadership for system change (Perthshire)

Participatory leadership involves everyone in the creation of solutions. The purpose of this training is to support Scotland to be in conversation with itself about its future, by offering maps, methods, mental models and personal practices for systemic change. It aims to bring people together who are longing to find new ways of working collaboratively and connect up the many innovative and diverse initiatives that are already happening in Scotland.

Taking place on the 27th - 29th November at the Crianlarich Hotel (www.crianlarich-hotel.co.uk) in Perthshire, the course costs between £450 to £600 depending on whether you are paying your fees privately or from an organisation. Fees are inclusive of VAT and full board at the hotel - travel costs are not included. Subsidised places available for small community organisations. For further information and

queries contact Pamela Galbraith: 07796 110064, pamelagalbraith@yahoo.co.uk. For registering your interest in a place contact Valerie Menelec: vmenelec@yahoo.co.uk.

See http://www.artofhosting.org/trainings/event-listing/?event_id=73 for more.

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Vacancies

Sessional Youth & Community Development Workers (Ayrshire)

LGBT Youth Scotland is advertising for candidates for the above post (£9.35 to £10.38 per hour dependent on experience) working in partnership with key stakeholders to deliver youth work projects in these areas, developing the service within schools and the community. More information at <https://www.lgbtyouth.org.uk/jobs>. Closing date November 2013.

Community Development Worker (Dundee/Perth)

Bethany Christian Trust is looking for a Community Development Worker (£19,997 pro-rata, 30 hrs p/w) with an active Christian faith and commitment to lead, facilitate and develop community learning projects which engage with, encourage and affirm homeless and vulnerable adults to make positive changes in their lives. For an application pack please download from www.bethanychristiantrust.com or contact HR on 0131 561 8964. Closing date: 11 November 2013.

Community Development Worker (Edinburgh)

Broomhouse Health Strategy Group is currently recruiting for a Community Development Worker (£20,520 pro-rata, 12 hours per week) to co-ordinate the running of regular cookery and exercise sessions in Broomhouse, and to attract new clients through liaison with the local community, and networking with partner organisations. Full details on [goodmoves](#). Closing date: 20th November.

Development Officer (Edinburgh)

Fast Forward is seeking to recruit a project officer (£24,419) who will coordinate and develop a new Black and Minority Ethnic (BME) Communities Project. The post holder will work with communities, organisations and infrastructures to build capacity through training to increase substance misuse education and prevention awareness within Black & Minority Ethnic communities across Scotland. Experience of working in BME communities is an advantage. Full details on [goodmoves](#). Closing date: 22 November 2013.

Invite to tender for supporting women during the perinatal period (Glasgow)

Glasgow's North East and North West Sector Health Improvement Teams wish to commission a project to support isolated vulnerable women during pregnancy and into the first year of their child's life. This project will be funded for 18 months to engage with pregnant women to build a supportive relationship between the women and the commissioned agency, using volunteer peer supporters. The agency will then support the women to access support to deal with any financial, housing or health issues and to develop skills and confidence in parenting e.g. through supporting attendance at antenatal appointments, parenting classes, breastfeeding workshops etc. Following the birth of their child, the agency will provide emotional support for up to one year, with a focus on building women's confidence and developing supportive relationships with other parents by accessing on-going activities e.g. Bounce 'n'

Rhyme, parent and baby groups etc. Funding for this project is fixed at £20,000, inclusive. For more information contact ruth.donnelly3@ggc.scot.nhs.uk or on 0141 201 9807. Submissions due by 9am on 11th November.

Youth Worker (Glasgow)

Crossroads has secured funding from Scottish Government People and Communities Fund to employ a part time Youth Worker (£23,232 pro-rata, 17.5hpw) to join its small and dedicated team, with funding until March 2015 (options beyond this are dependent upon successful fundraising). Full job details and application form on [goodmoves](#). Deadline for completed application forms is Monday 11th Nov at 5pm.

Master Composter (Glasgow)

As Master Composter (£6,116 for an average of 10.5 hours per week) at North Glasgow Community Food Initiative you will be skilled and able to educate and enthuse the public about the benefits and methods of composting. You will deliver training sessions to support this. Closing Date: 1pm Monday 11th November 2013. Full details on [goodmoves](#).

Community Development Worker (Glasgow)

Diabetes UK Scotland is seeking to recruit a Community Development Worker (£18,000) who will play a key role in delivering a South Asian Communities Project. You will work closely with the Project Coordinator and other Community Development Worker to ensure effective planning and delivery of the project, engaging with, and developing positive working relationships with, people from South Asian communities and healthcare professionals in Glasgow. For more information and to apply, please visit www.i-appoint.co.uk/diabetesuk and complete the downloadable application form. Select the appropriate vacancy and click 'Apply For Job'. If not registered already you will be required to register on the i-appoint website. Closing date: 12 noon, Wednesday 20 November 2013.

Project Co-ordinator (Glasgow)

Minimum for Maximum (MFM) is a charity based in Govanhill in Glasgow providing a wide range of activities for young people in one of the most deprived areas of Scotland. It is seeking to appoint an experienced Project Co-ordinator (10 hours per week) who will be responsible for the day to day coordination of services. To download a Job Description, please visit <http://www.minimumformaximumglasgow.org/>. Closing date for applications is Friday 22 November 2013.

Temporary Volunteer Co-ordinator (Larkhall)

Garrion People's Housing Co-operative currently has a vacancy for a paid Temporary Volunteer Co-ordinator (£25,042 - £27,376). The purpose of this post will be to establish and implement a volunteer development programme within the communities of Gowkthrapple and Forgewood, North Lanarkshire, targeting excluded residents to ensure that participants gain the very best from their involvement with the programme and progress to further training and employment. The relevant documents, including the job advert, can be found on [goodmoves](#). The closing date for receipt of applications is 12 noon on Monday 4th November 2013.

General & Business Development Manager (Lossiemouth/Buckie)

Moray Reach Out is advertising for this post (£30,181) to develop new and existing training social enterprises for people with learning disabilities in Moray. The focus of this post will be to identify new enterprise opportunities, new methods of working and opportunities to expand the existing enterprises in order to offer more training places. Full information available on [goodmoves](#). Closing date: 15 November 2013.

Community Development Worker (Strathglass/Glen Urquhart)

Community charity Soirbheas has secure funding from a locally owned wind farm and wishes to appoint a full-time Community Development Officer (£24,000 - £28,000) who will implement the plans of the Soirbheas board and help the community develop the projects to meet the organisation's objectives. There may be some scope to take further interests in other income generating projects. More information on the role and the application form can be found on the news page of www.soirbheas.org or call Tanya Castell on 07711 952113. Closing date: 21 November 2013.

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Websites

The Big Lunch

This website is a resource for people to bring together their and neighbours for an annual lunch to celebrate community and have fun together. The project stems from the Eden Project and has now spread across the country. This year's event was held in June, but it's still a good resource and will be taking place again in June 2014 – but it can be held at any time to make communities feel more connected. [Find out more on the website.](#)

Scotland's Environment

"What needs to change in your local community that will make a difference to your environment and what role can you play in making it happen?"

This is the question Scotland's Environment is asking 5-16 year olds as part of a competition to bring together the views of young people on how their communities could make a difference to the environment. There's a range of prizes that can be won and there's resources that could. For more information [please click here](#).

Scotland's Environment promotes itself as offering everything you need to know about the country's environment.

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