



Issue No 242, 3rd October 2013

Hello, and welcome to issue 242 of CHEX-Point Snippets. As always, this issue contains all the latest news and information relating to community-led health. **If you have any news or updates from your own work locally that you would like mentioned in Snippets please get in touch.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit www.chex.org.uk/subscribe/

The next issue of Snippets will be **Thursday 17th October 2013**. Please send anything you would like to be included before Tuesday 15th. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to andrew@scdc.org.uk or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and this edition was compiled by Andrew Paterson and Sam Jordan. Thanks to all contributors to this edition.

Regards
Andrew Paterson
Policy and Research Officer, Scottish Community Development Centre

Contents

(N.B. click on the heading links below to jump immediately to the relevant section)

CHEX News

- [News from the Network – Course on healing childhood trauma](#)
- [HIIC Tutor Training dates](#)
- [Give us your thoughts \(or tweets!\) on social media](#)

General Information

- [Keeping out of it!](#)
- [Ninewells Community Garden in the spotlight](#)
- [Latest welfare reform news](#)
- [News from other networks](#)

[Campaigns](#)

[Consultations and Surveys](#)

[Publications](#)

[Funding](#)

[Events](#)

[Conferences and Seminars](#)

[Training](#)

[Vacancies](#)
[Websites](#)

[back to top](#)

CHEX News

News from the Network – Course on healing childhood trauma

In each edition of Snippets we like to profile some news from organisations which are part of the CHEX Network. For this issue, CHEX Network member In Care Survivors Service Scotland has provided the following news of its new course, Towards Healing Childhood Trauma.

In Care Survivors Service Scotland is a partnership led by [Open Secret](#) which provides long term trauma informed counselling and advocacy services to over 16 year olds who have experienced any form of abuse whilst in a formal care setting as a child. It also provides the same services for people who experienced any form of childhood abuse and have been in care but where the abuse did not necessarily take place in a care setting.

The organisation identifies with CHEX and its network as it has a strong community-led element. This includes a Service User Group which produced a [DVD intended to raise awareness for health professionals](#). This Group is also available for:

- Consultation
- Participating in focus groups, project consultations
- Attending different networking and strategic meetings to provide input and a voice to survivors of abuse in care.

Open Secret has a survivor on the Board representing the community and some of the In Care Survivors Service Scotland service user group members are part of the organisation's overall funding group.

In Care Survivors consults with service users continually and many have attended funding meetings with staff and participated heavily in promoting the service on the organisation's behalf,

On 21st October In Care Survivors will be delivering a course on Towards Healing Childhood Trauma, for 7 weeks in Central Edinburgh. If you would like to consider attending or wish to make a referral please contact Mandy Gaze on 07590 350857. The course includes:

- Why does the past feel like the present?
- What is trauma and what is the impact of childhood trauma?
- What are your responses now as an adult?
- What triggers painful and difficult reactions within you? How can you help yourself to cope in different ways?
- Being better safe than sorry – looking at your ways of coping and how to cope with painful feelings.
- Grounding and what helps a person move towards healing

Find out more at the [In Care Survivors Service Scotland website](#).

If you would like to have any aspect of your community-led health work featured in Snippets please get in touch. Email andrew@scdc.org.uk or phone 0141 222 4837.

HIIC Tutor Training dates

The next dates for Health Issues In The Community Tutor Training are the 30th & 31st October at the STUC Centre, Glasgow from 9.30am – 4.20pm (both days). Lunch will be served. The 2 day course is for individuals who wish to become HIIC Tutors and costs £300 for those from the statutory sector and £200 for those from the voluntary sector.

The 2 day HIIC Tutor Training course is a credit rated course, 8 points at level 7, and aims to equip participants to deliver Health Issues in the Community training to a wide variety of people in a broad range of settings. As part of the course, and in order to become accredited, you will:

- Undertake 8-10 hours of practice delivery and provide a briefing note of each session.
- Submit a 1,500 word reflective account of your experience, within 5 months of undertaking the 2 day course. This will be marked to ensure that prospective tutors have attained a certain standard before they are able to deliver the course.

For more information on the course click the following link

<http://www.chex.org.uk/what-we-do/training-development-support/hiic/> or, to register, please contact Alex on 0141 248 1924 or email alex@scdc.org.uk.

Give us your thoughts (or tweets!) on social media

Although to some extent we feel like social media novices ourselves, CHEX is planning to create a brief social media guide for community-led health organisations. Our knowledge in this area has been bolstered by our new Information and Communications Officer, Sam who seems to know his apps from his Bebo, and also by the involvement of our parent organisation, SCDC, in the [Digitally Agile CLD](#) programme (which you can read more about below).

To make sure this guide is relevant to those working in community-led health, we'd like you to let us know whether you use social media in your work and, if so, how? Maybe you know of others who are using such methods in their work.

If you have any experiences or thoughts to contribute, please get in touch with [Andrew](#) or [Sam](#). Both can also be reached on 0141 248 1924. Alternatively, if you are already up with social media you may wish to contact us through [Facebook](#) or [Twitter](#).

[back to top](#)

General Information

Keeping out of it!

The results of SCVO's Scotland's Future Survey have been published showing that the vast majority of organisations (nearly 70%) are not planning to take a position on the referendum in the coming year. Worries about alienating funders, service users/members, and concerns over staff costs were the top three reasons given for

organisations not becoming more involved in the Referendum than they currently are. In the report also reveals a general dislike of the tone of the debate. Poverty, welfare, social care and community empowerment are the issues people in the third sector want to see debated most. [See the full report here.](#)

Ninewells Community Garden in the spotlight

Watch the Beechgrove Garden team, the Ninewells Community Gardeners and Trellis on 3rd October, BBCTV Scotland and 6th October, BBC 2 network. The programme will feature the therapeutic garden at Ninewells Hospital Dundee, created by the volunteer gardeners.

Furthermore, Ninewells Community Garden invites you to come out to the garden during visiting time. Follow the signs in the hospital for the Arboretum. The garden is supported by NHS Tayside (NHS Tayside Cash for Communities, Greening the NHS) and Trellis. Plants provided by donation and supplied by Stan Green, The Plant Market, Growforth Ltd, Clockluine Road, Hillend by Dunfermline, Fife KY11 7HS

See the Beechgrove Garden online at <http://www.thebeechgrovegarden.com/>

Latest welfare reform news

With welfare reform continuing to dominate the headlines, CHEX brings you some of the latest news from around Scotland relating to welfare and community-led health.

- Charities, faith groups and trade unions have united to demand the UK government drops the bedroom tax and immediately implements support for those worst affected by the policy. See [Third Force News](#).
- At the same time, the Bedroom Tax is to be challenged in the UK Court of Appeal by disabled adults and children affected by this policy. See [inclusion Scotland](#).
- SCVO's #TakingItOn bulletin is a special newsletter covering welfare issues affecting people in Scotland. [Click here](#) for the latest issue.
- See the [consultation section](#) of this issue of Snippets for details of a proposed Protection from Eviction bill in the Scottish Parliament.

News from other networks

CHEX has found the following e-bulletins interesting over the last fortnight:

- CHEX has often worked in partnership with another national intermediary body, Community Food and Health Scotland. [This is CFHS's e-bulletin](#), containing news and updates related to food and health in the community, including news of CFHS's annual networking conference on 31st October in Edinburgh.
- The latest issue of NHS Health Scotland's [Wellbeing in Sexual Health and HIV \(WISHH\) e-bulletin](#) highlights issues of interest around positive sexual wellbeing.

[back to top](#)

Consultations and Surveys

Comment on the Scottish Health Council website and win a prize!

The Scottish Health Council plans to redevelop its website and would like your

feedback on the existing site. For instance: How useful is the content? How easy it is to move around the site? Do you find the design clear and accessible? Have you had any problems?

[Complete the online survey here](#) where you can enter a free prize draw to win an Amazon.co.uk voucher worth £20. All you need to do is complete the survey and leave your email address at the end. If you have any questions about the survey please [contact the Scottish Health Council](#). The closing date for providing comments is Friday 11 October 2013.

SCVO State of the Sector survey 2013

Each year, SCVO asks you to look ahead to the future. [This short survey is your chance to share your thoughts](#) on what the next year holds for your organisation and the sector. What's looking positive? Are there any key areas of concern? Last year, welfare reform and increased demand for services were the big issues, taking over from the recession and redundancy concerns of 2011.

Proposed Protection from Eviction (Bedroom Tax) (Scotland) Bill

Jackie Baillie MSP has proposed a Bill to protect Scottish secure tenants from eviction as a result of rent arrears attributable to under-occupancy deductions of housing benefit. The proposed Bill was lodged 25 September 2013 and the closing date for consultation is 18th December 2013. [Click here for the consultation document \(654KB pdf\)](#).

NHS Grampian Child Health 2020

NHS Grampian is consulting on its Child Health 2020 – A Strategic Framework for Children and Young People's Health. The online survey is available at <https://surveymonkey.com/s/ChildHealth2020>. For further information please go to www.nhsgrampian.org/childrenandyoungpeople.

[back to top](#)

Publications

Renewing Democracy in Scotland

This collection of short papers, designed to inform and stimulate political argument and debate about democracy in Scotland, was originally published by the National Institute of Adult Continuing Education in 2003. At the time of writing, all the contributors were members of staff or associates of the University of Edinburgh. The authors believe that, ten years on and now only one year away from the Referendum on Scottish independence, most of the ideas and arguments presented here remain as relevant and pertinent as ever. This digital version of the source book has been released with the intention it be made as widely available as possible as a unique resource for public education in Scotland today. Advice about how it can be used is provided at the beginning of the text – which states that the resource can be treated as a collection of individual short papers, something that may be welcome given that the document is over 200 pages long!

Some titles of interest to community-led health might be: 'Freedom, justice and equality', 'The voluntary sector', 'Poverty and inequality', and 'Health'. There are also articles on identities, e.g. sexuality and ethnicity. [Download the resource](#).

Towards the Future - a brief history of advocacy in Scotland.

Scottish Independent Advocacy Alliance has launched [Towards the Future - a brief history of advocacy in Scotland](#). This report covers the growth and development of the advocacy movement from its beginnings in the 1980s to the present day, highlighting the development of advocacy from community roots and the contributions of committed and tenacious individuals who were involved in ensuring that marginalised groups have a voice highlights

Inverclyde CHCP Health Improvement and Inequalities Team annual report

Inverclyde CHCP Health Improvement and Inequalities Team has published its annual report for 2012/13. The CHCP states that its report highlights a “continued commitment to tackling inequalities and improving health and wellbeing” as well as “key achievements associated with dedicated partnership working”. It reports across three priority areas; Early Years, Children and Young People, Adults and Older People and Mental Health Improvement. Of relevance to community-led health approaches are that Inverclyde’s Health Improvement Fund was taken up by 9 community groups who used the funds to build on local assets, and that a tool for best practice was developed to support local people and groups in developing initiatives that contribute to their health and wellbeing, although CHEX isn’t aware of a link to this. Download the report [here](#).

Developing tobacco policies for youth projects

ASH Scotland and NHS Greater Glasgow and Clyde Smokefree Services have consulted with youth services providers and young people in the Glasgow area to produce this Tobacco Policy Support Guide designed to help youth services to address tobacco and develop more effective tobacco policies.

The fieldwork conducted to inform the tobacco policy support guide has highlighted a wide range of local circumstances and experiences that can challenge or facilitate the development of tobacco policies in different ways. Many organisations see the circumstances that have shaped their current tobacco policy development and attitudes towards tobacco as almost unique to them.

The tobacco policy support guide looks to accommodate these different experiences and circumstances by supporting individual policy development rather prescribing a ‘one size fits all’ approach. It makes suggestions for developing tobacco policies that support health promoting youth work settings whilst recognising that not all policy development ideas and options may be suitable or viable for all circumstances.

A PDF copy of the guide is available for download [here](#) at the ASH Scotland website.

[back to top](#)

Funding

Foundation Scotland – Enterprise Ready Fund

Grants of up to £250,000 are available to support the long-term development objectives of new, emerging and established enterprising third sector organisations in Scotland. Applications will be accepted and processed at any time in advance of these final deadlines:

- 2nd December 2013 (for Category 3 – Small Grant Investment)
- 16th June 2014 (for Categories 1 and 2)

You are encouraged to apply as soon as you are ready to. For more information on the fund, and the categories mentioned above, please visit:

www.foundationscotland.org.uk/programmes/the-enterprise-ready-fund.aspx

BBC Children in Need - Main Grants Programme

Funding is available to organisations that work with young people who are suffering from illness, disability, distress, abuse or neglect, behavioural or psychological difficulties, or are living in poverty or situations of deprivation. Application deadline is 15th January 2014. [Find out more.](#)

CFHS development funding available

Community Food and Health Scotland has a small amount of development funding available to support the development of good practice examples of work focused on maternal and infant nutrition and minority ethnic communities.

If you are already working in this area and have work that you would want to expand or have a new idea that you want to pilot – contact sue.rawcliffe@nhs.net.

Volunteering Support Cluster grants

Grants of up to £30,000 are now available to groups of four to five small to medium sized non-for-profit organisations in Scotland.

The purpose of the grant is to create new or enhanced volunteering projects, increasing the diversity of volunteers, especially those from disadvantaged groups and improving opportunities, skills and personal development through volunteering. The grant will also support groups of four to five third sector organisations to enhance their services and improve their capacity to deploy, support and train volunteers.

The Application Form and Guidance Notes, including full details of eligibility and how to apply for the grant, can be downloaded from the Voluntary Action Fund website at www.voluntaryactionfund.org.uk. The deadline for applications is Friday 31 January 2014.

New round of Climate Challenge Fund

The most recent round of the Climate Challenge Fund (CCF) has just closed. However, that gives plenty of time to apply before the next round on 6th January 2014. Funding of up to £150,000/yr per project is available for community groups to run projects that reduce carbon emissions and lead to community improvements.

Contact Tim Mullens, Marketing and Community Action Support Programme Officer Climate Challenge Fund on 01786 468245.

In addition, a list of upcoming Climate Challenge Fund advice surgeries and events across Scotland can be found [here](#).

Finally, you can also visit the [CCF Ideas Bank](#) which contains templates of eligible CCF Projects which community groups can use to prepare an application to the CCF.

[back to top](#)

Events

Parliament Day (Arbroath)

The next Scottish Parliament Day will be held in Arbroath on Monday 4 November. The Presiding Officer will undertake a series of visits with constituency MSP [Graeme Dey](#) to local organisations, there will be school visits by MSPs and a workshop and formal meeting of the [Finance Committee](#). The morning workshops will allow local business and community groups to say what the Scottish Government's spending plans mean for people living and working in Arbroath. See more [here](#)

Dundee Carers Centre AGM (Dundee)

All carers, disabled people and professionals are invited to Dundee Carers Centre AGM, which will focus this year on Welfare Reform and understanding the impact this will have on carers, disabled people and their families. It will also look at how the Centre can respond ensuring that your voices are paramount.

The AGM will take place on Tuesday 24 September 2013 10am until 2pm (Registration from 9.30am) at West Park Conference Centre, 319 Perth Road, Dundee. The keynote listener is Laura Bannerman, Head of Strategic Integration, Performance and Support Services, Dundee City Council. Further enquires please contact Lisa Stevens on 01382 200422.

NHS Inform Easy Info Zone Roadshows (Inverness)

NHS Inform Easy Info Zone Roadshows are free events for people with learning disabilities and their families, carers and supporters to find out how to keep fit and healthy where they live. As well as some advice from NHS practitioners, the roadshows also allow local organisations to set up exhibitor stands.

The next event will be on October 23rd 2013, 11.30am-2.30pm, at The Ironworks, Inverness... [book here](#). For further information or if you would like an exhibition stand please telephone Fiona Horton on 0141 559 5720.

Aberdeenshire Dementia Steering Group (Inverurie)

Delivering Integrated Dementia Care in Aberdeenshire will take place on Wednesday 23rd October, 1.30 - 5pm at Main Hall, Hopeville Social Club, Harlaw Road, Inverurie. The purpose of the workshop is to develop an understanding and shared ownership of the system for people with dementia. At the end of the session participants will have:

- Identified the three most pressing priorities for Aberdeenshire
- Agreed an approach to take each of these issues forward
- Identified volunteers to lead the work on the three priorities
- Identified the wider issues to be included in the Aberdeenshire Strategy

The organisers hope that staff from the third sector, social care, health care and the private sector will attend this interactive event. They have also invited a small number of people with dementia and their carers to the event to ensure their input to the thinking and development. If you wish to attend please confirm with patricia.alexander@nhs.net.

Volunteering Zone Sessions (Stirling)

Volunteer Development Scotland is running more information sessions on the Volunteering Zone - an online method of registering volunteer roles across local authority areas which will appear on the Volunteer Scotland website

www.volunteerscotland.org.uk.

The service allows organisation to post volunteering opportunities directly online and keep them up-to-date and has a number of other of benefits including:

- secure online access to opportunities 24/7
- keeping volunteer recruitment information consistent across the country
- assigning access to branches to use volunteer role templates and register them locally
- statistics about how many people are looking at volunteering opportunities across the country
- Highlighting one-off events on the front page of Volunteer Scotland

The next sessions will take place at the VDS offices at Jubilee House, Stirling, on the following dates:

- Wednesday 23rd October, 10.00am – 12.00pm
- Fri 22nd November, 10am – 12noon

To book a place, please click on [this link](#). Places will be allocated on a first come, first served basis. Please email [Rebecca Dadge](mailto:Rebecca.Dadge@volunteerscotland.org.uk) or phone 01786 479593 with any enquiries

[back to top](#)

Conferences and Seminars

Collaborative Action Research Network Study Day (Aberdeen)

[This free event](#), on 18 October, 10am – 4pm, MacRobert Building, School of Education, University of Aberdeen, will focus on how action research can contribute to the health and well-being of individuals and the community. The keynote address – Action research, human flourishing and social change – will be given by Professor Margaret Ledwith. The day will include discussion groups, workshops and presentations. To book your place, please contact Karen McArdle, Director of Research and Knowledge Exchange: k.a.mcardle@abdn.ac.uk or 01224 274654

Mad Matters (Edinburgh)

On Thursday 24th October 7pm at Out of the Blue Drill Hall, 36 Dalmeny Street (off Leith Walk) Edinburgh EH6 8RG , Peter Beresford, Professor of Social Policy at Brunel University, and long term mental health service user and survivor, introduces 'Mad Matters', a new book which offers a twenty-first-century view of madness and distress, and discusses how we can move from stigma to first-hand experience to develop new social understandings to challenge our emotional difficulties and distress in a maddening world.

To register for this free event organised as part of the Edinburgh Independent & Radical Book Fair, [click here](#).

Befriending Networks' Annual Conference

Befriending Networks' annual conference, 'Shaping the Future of Befriending' is taking place on Friday 8th November at St Paul's and St George's, Broughton Street/York Place, Edinburgh EH1 3RH, 9.30am - 4.30pm.

The conference will showcase members' innovations in befriending in a series of participatory workshops. Neil Thin, Senior Lecturer in Social Anthropology at University of Edinburgh, will speak about the role of relationship in happiness.

Book a place at <http://www.befriending.co.uk/annualconference.php> - or contact alison@befriending.co.uk, 0131 261 8799.

Preventive Strategies and Practices across Social Care and Health

This Social Services Research Group (SSRG) event entitled "Preventive Strategies and Practices across Social Care and Health: Policy, People and Possibilities" is a 1-day workshop at the CoSLA Conference Centre in Edinburgh on Monday 28th October 2013.

The aim of the day is to engage key policy makers, practitioners, researchers and other stakeholders in a workshop to consider why prevention matters and to answer the essential and complex questions about how to make it work.

A booking form is available on the SSRG website www.ssrq.org.uk.

Power of Adult Learning (Glasgow)

Learning Link Scotland, Dyslexia Scotland, the Scottish Community Development Centre and WEA Scotland will be hosting an Adult Learning National Conference to boost profile of adult learning and to demonstrate its real value in helping people to turn their lives around and make more informed life choices.

This event, on Wednesday, 23rd October 2013 at John McIntyre Conference Centre, Edinburgh University, will bring together a range of stakeholders from across sectors to explore the value of adult learning, the different approaches available and look at the positive impact it can have in empowering change of social action.

The event will offer keynote speakers, presentations and workshops, along with an exhibition area and networking opportunities.

For further details please [download the event flyer](#). Prices are variable. To book please either fill in this [Survey Monkey form](#) or [download an application form here](#).

Understanding Poverty Seminar: The Generation Game? (Glasgow)

The idea that poverty and unemployment is somehow passed on through generations is a very potent and popular one. Policies aimed at addressing poverty often speak of the need to break this cycle of poverty, or illustrate the problem by talking of families where 'three generations have never worked'. However, what is the evidence for this inter-generational poverty? This seminar, on 15 October 2013, 9.30 am - 3.00 pm, at City Halls, Glasgow will look at the origins of the idea of intergenerational poverty and the evidence for it. Please note that this is a FREE seminar, although places are limited. [Register here](#).

Youth Active Festival (Glasgow)

Taking place on 14 October in Glasgow The [Youth Active Festival](#) is a free all-day event for young people aged 12-21 from across Scotland, where they can try a range of sports and activities and have fun in the process. The Festival is hosted at Scotstoun Leisure Centre, Glasgow. [See this location on Google Maps](#).

Taster sessions will be delivered for a wide range of activities, including athletics, badminton, dance, fitness classes, games, rugby, table tennis, football, DJ

workshops, filmmaking and lots more. Young people attending the day will receive a free T-shirt, water bottle, [100 Young Scot reward points](#) and other goodies. Lunch is also included.

To get involved, simply visit the [Youth Scotland website](#) for more information and complete the booking form. Return it to office@youthscotland.org.uk by Monday 7 October. If you have any questions about the festival, please contact Rebecca Simpson, Youth Active manager on 0131 554 2561 or email: Rebecca.simpson@youthscotland.org.uk

Older people taking action (Inverness)

Outside the Box Development Support, the Highlands and Islands Equality Forum (HIEF) and Highland Senior Citizens Network (HSCN) have teamed up for this free event to explore how community led action can remove the barriers to older people's wellbeing in the Highlands. Taking place at the Spectrum Centre, Inverness, on the 22nd October, 10.30am – 3.00pm, this event is about learning from community-led actions already being taken to remove these barriers, identifying the support that is available, and exploring new ideas together.

People involved, or interested, in community-led services that support older people, and those who run or fund services for older people should attend. Priority will be given to third sector organisations and community groups.

Places are limited, so to secure yours click here to complete the online booking form or visit www.scvo.org.uk/events and go to the events calendar. Alternatively you can contact Sasha Devine at SCVO directly (Tel: 01463 258801, Email: sasha.devine@scvo.org.uk)

Help may be available with transport costs for individuals and community groups. Please email Christopher Homfray at Outside the Box prior to the event: christopher@otbds.org

[back to top](#)

Training

Street Audit Training (Aberdeen, Perth, Fort William and Ayr)

Living Streets will be delivering Street Audit Training at 4 venues this Autumn, providing support to local groups to undertake audits of their area. This training is free and is allocated on a first come first served basis. Training is scheduled to take place in Aberdeen on October 8th, Perth on October 29th, Fort William on November 12th and Ayr on November 19th.

Living Streets Scotland's Walkable Communities project supports communities to improve their local walking environments and encourages more everyday walking, using LS's Community Street Audits. Living Streets has worked with communities to improve conditions for walking: reducing litter, removing obstructions, renewing surfaces, improving lighting and lots more.

If you'd like to register for training you can do this from the [Living Streets website](#). See the news item above for more news on the Walkable Communities project.

REHIS Elementary Food & Health Course (Nutrition) (Aberdeenshire)

REHIS Elementary Food & Health Course takes place at Maud Resource Centre on Monday 11th & 18th November 10am-3pm. Lunch & refreshments will be provided, and the course is free of charge, though a £20 late cancellation fee may be applied. For further details or to reserve a place please contact Fiona.matthew@nhs.net or Tel 01224 558414.

Children Carers & Second Hand Smoke Training (Dundee, Dunfermline, Falkirk and Edinburgh)

As part of The Scottish Governments' Strategy in Partnership with ASH Scotland for 'Creating a Tobacco Free Generation', Ash Scotland is offering anyone who works with young children & their carers the opportunity to attend a 1 day training course on Children Carers & Second Hand Smoke (dates available nationwide) . The training fits in with GIRFEC principles with respect to children feeling safe healthy & nurtured & also with single outcome agreements around supporting children's health & wellbeing in early years.

Upcoming courses are:

- Dundee – Tue 8th Oct
- Falkirk – Tuesday 22nd Oct
- Edinburgh – Sat 26th Oct
- Dunfermline – Tue 5th Nov

To book your place on the course and find out more details, please contact Marion McGovern, marion.mcgovern@ashscotland.org.uk or on 0131 220 9461.

Work4ME funded to deliver training on Cloud Technology (Edinburgh and Glasgow)

Work4ME - the co-operative championing self-employment for people living with long-term health conditions - has been awarded £9000 funding through the "Awards for All" scheme, which is part of the "The Big Lottery Fund". The funding will be used to provide training for people living with long-term conditions who are keen to learn how cloud technology and networking can enhance their prospects of becoming self-employed.

The co-operative has developed a cloud technology platform which provides an "online office" enabling its members to engage with and support one another as though in a physical office space. Now, with the Awards for All funding in place, Work4ME is able to pilot a project that will allow more people to share this tool by offering half day training workshops in Edinburgh and Glasgow. The first of these free, half-day workshops will be held in Glasgow and in Edinburgh during November 2013. To book your place, Call Isobel Alford on 0777 4505 773. For more information on Work4ME go to www.work4me.co.uk or call Shona Sinclair on 07711 552094.

Diploma in Organisational Development for Leaders and Consultants (Glasgow)

The Craighead Institute is running its 2013-2014 Diploma in Organisational Development for Leaders and Consultants. This programme seeks to enable participants to refine and develop both their theoretical understanding and their skills in approaching their leadership or consultancy work.

Delivered over eight modules, the Diploma supports the development of organisational leaders, consultants and facilitators in order that they can work effectively with groups, institutions and communities seeking to promote justice in the

world. A copy of the brochure can be found [online](#).

Easy information (Glasgow)

SCLD is offering a one-day training course on Thursday 31st October, 10.00 – 4.00, SCLD offices, Merchant Exchange, Glasgow to give you the skills you need to create a visual representation of any meeting in real time. SCLD's experienced trainer, Clare Mills will show you how to communicate effectively with individuals and groups in a creative, inclusive and memorable way.

This practical course goes through all the steps involved in creating easy to understand information, including:

- What accessible information is and why we need it.
- How to involve your audience when creating accessible information.
- How to format easy to read information.
- How to use words, pictures and photos in easy to understand information.
- What resources are available to help you make your own easy to understand information.

Cost: £110 per person. To book email: john.s@sclد.co.uk or call John Somerville at SCLD on 0141 559 5732.

The art of participatory leadership for system change (Perthshire)

Participatory leadership involves everyone in the creation of solutions. The purpose of this training is to support Scotland to be in conversation with itself about its future, by offering maps, methods, mental models and personal practices for systemic change. It aims to bring people together who are longing to find new ways of working collaboratively and connect up the many innovative and diverse initiatives that are already happening in Scotland.

Taking place on the 27th -29th November at the Crianlarich Hotel (www.crianlarich-hotel.co.uk) in Perthshire, the course costs between £450 to £600 depending on whether you are paying your fees privately or from an organisation. Fees are inclusive of VAT and full board at the hotel - travel costs are not included. Subsidised places available for small community organisations. For further information and queries contact Pamela Galbraith: 07796 110064, pamelagalbraith@yahoo.co.uk. For registering your interest in a place contact Valerie Menelec: vmenelec@yahoo.co.uk.

See http://www.artofhosting.org/trainings/event-listing/?event_id=73 for more.

[back to top](#)

Vacancies

Assistant Manager (Aberdeenshire)

The Aberdeenshire Signposting Project seeks an Assistant Manager (£ 24976 pro rata, 20 Hours per week fixed term for 1 year with the possibility of extension dependent on funding) with a proven track record of staff management, supporting volunteers, managing caseloads and a good understanding of the issues faced by older people living in rural areas. Good management, communication, organisational and IT skills are essential as is the ability to work to deadlines, often under pressure. The post will be based in the project's Inverurie office and for operational

requirements the core hours are set at 10am – 3pm, Tuesday – Friday.

For further information and an application pack contact: Jacquie Milne, Information Manager, BRIDGE CVS, Voluntary Resource Centre, 17 South Street, Mintlaw, AB42 5EL. Email: Jacquie.Milne@bridgecvcs.org.uk. Further information and requests for packs can also be made to: Karen Nicoll, Project Co-ordinator on: 01466 793284/ karennicoll@signpostingproject.org.uk. Closing Date: Monday 14th October.

OSCR Board Members (Dundee)

The Office of the Scottish Charity Regulator Members seeks 3 board members, one of whom will have a legal training/qualification Post, to help underpin public confidence in Scotland's 23,500 charities, and ensure that they continue to enjoy a high degree of public trust and deliver public benefit.

An application pack and full details on this and other public appointments can be found at our public appointments website: www.appointed-for-scotland.org. Salary: £200 per day. Closing date: 25th October 2013.

Community Development Worker - 3 posts (Dundee, Fife, Glasgow and Perth & Kinross)

Bethany Christian Trust £19,997pa pro rata. Bethany Christian Trust is looking for exciting and dynamic candidates in Glasgow, Fife (based in Fife not necessarily Kirkcaldy) and Dundee/Perth to lead, facilitate and develop community learning projects which engage with, encourage and affirm homeless and vulnerable adults to make positive changes in their lives. This post seeks to give service users the life skills and confidence to enter vocational training and/or employment. Projects will be developed through local communities to encourage greater resilience and sustainability. For more information please visit s1jobs.com. Interview date 16th Oct.

Community Learning & Development Assistant (Falkirk)

Falkirk Council, £20,372 - £22,591. Location: Bonnybridge Community Centre Post Ref No: ES2922 You will provide support to the delivery and development of provision for young people. Examples of the opportunities available include:

- Organising and running community based youth groups
- Issue & needs based youth work
- Organising fun events trips and activity based programmes

Falkirk Council is seeking to appoint enthusiastic creative and highly motivated individuals who have a strong commitment to the development and progression of young people. For more information and to apply please visit s1jobs.com. Closing date 7th Oct.

Development Officer (Forfar)

Angus Council. Forfar £29,410 - £33,587. Based at St Margaret's House, Forfar, you will support the senior planning officer to develop and carry out a range of projects and pieces of work that will assist the Angus Alcohol and Drugs Partnership meet its aims and objectives. This will include working in the areas of recovery, a whole population approach to alcohol, children affected by parental substance misuse, monitoring the performance of services and working closely with partner agencies on the alcohol and drugs agenda. You will produce information reports and provide presentation material.

Please contact Thane Lawrie on (01307) 474878 for further information. Visit s1jobs.com to apply. Closing date: 9th Oct.

Community Learning and Development Worker (Perth & Kinross)

Perth and Kinross Council, £14,180 - £15,954 (18hours/week Fixed Term for up to 12 months)

Perth and Kinross Council are looking for a qualified Community Learning and Development Worker (Youth) to join the Children & Young People Team. Applicants must have experience of developing and delivering a range of youth work opportunities particularly in rural settings. Applicants will be based at Loch Leven Community Campus but work throughout the area, co-ordinating a range of youth provision both within the local communities and within the Campus.

To apply, please visit s1jobs.com. Online facilities are available at all public libraries in Perth and Kinross. If you have a disability and require reasonable adjustments, please call 01738 475000 to discuss. Closing Date: Wednesday 9 October 2013

Community Regeneration Officer (West Lothian)

Changeworks is looking to recruit a CARES Development Officer (£23,232 - £25,716 pro-rata) for the Western Isles. The Community and Renewable Energy Scheme (CARES) is a Scottish Government funded programme which provides support, advice and financial support to community groups and rural businesses who wish to develop renewable energy projects or gain benefit from local commercial renewable energy schemes. The Development Officer will be responsible for providing free and impartial advice and assisting communities and rural businesses to develop community renewable initiatives and apply for funding.

For an application pack please contact Changeworks recruitment on recruitment@changeworks.org.uk or 0131 555 4010 quoting the reference above. You can also download an application pack by visiting www.changeworks.org.uk. Closing Date for applications: 12.00 Noon - 30th September 2013. Interviews will be held on the 16th October 2013.

[back to top](#)

Websites

Age Scotland online benefits calculator

Age Scotland has a useful online benefits calculator to ensure that individuals and families are receiving the correct amount of benefits.

The calculator takes into account a range of information and calculates not just the correct amount but also if the person is entitled to any other benefits (pension credit, housing benefit etc). While aimed at older people, the tool will work for people of any age and across the country.

[You can view the calculator on the Age Scotland website.](#)

[back to top](#)



The Community Health Exchange (CHEX) is primarily funded by NHS Health Scotland and is a part of the Scottish Community Development Centre (SCDC). SCDC is a company limited by guarantee, registered in Scotland, No. 361532. SCDC is a registered charity in Scotland, Ref No. SC 040614.

Privacy Policy

SCDC maintains the privacy of all messages and does not transfer personal information to any third party. If you would prefer to be taken off our distribution list, please click on the link below.

[Unsubscribe](#)