



Issue No 241, 19th September 2013

Hello, and welcome to issue 241 of CHEX-Point Snippets. As always, this issue contains all the latest news and information relating to community-led health. **If you have any news or updates from your own work locally that you would like mentioned in Snippets please get in touch.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit www.chex.org.uk/subscribe/

The next issue of Snippets will be **Thursday 3rd October 2013**. Please send anything you would like to be included before Tuesday 1st. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to andrew@scdc.org.uk or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and compiled by Andrew Paterson. Thanks to all contributors to this edition.

Regards
Andrew Paterson
Policy and Research Officer, Scottish Community Development Centre

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CHEX News

News from the Network – What’s in a Year?

In each edition of Snippets we like to profile some news from organisations which are part of the CHEX Network. For this issue, CHEX’s Paul Nelis has spoken to Scottish Healthy Living Centre (HLC) Alliance to come up with the following article based on the Alliance’s recent work – so, what’s in a year?

Well in the simplest terms, it’s the amount of time it takes the Earth to orbit the Sun one time. Over this period the Scottish Healthy Living Centre (HLC) Alliance has been extremely busy. As the Alliance approaches it’s AGM on 29th November 2013 the Directors and Alliance organisations can feel rightly proud of the last 12 months. The Directors, who are made up of volunteers from the community-led health improvement organisations in the Alliance, have achieved a lot in the last orbit of the Sun.

The number of organisations which make up the Alliance has grown from 26 organisations to 74 this year. These organisations employ over 500 staff, engage more than 3,000 volunteers and provide services to over 300,000 Scottish people every year. The growth in the number of Alliance organisations has prompted a name change to **Scottish Communities for Health and Wellbeing** to encompass the character of the wide range of organisations. The name change will be ratified at the AGM.

And there’s more: the Alliance has successfully bid for over £300,000 funding from the Health and Social Care Alliance’s ‘Impact Fund’ and the Scottish Governments ‘16b Fund’ over 3 years. This funding is supporting Alliance organisations to deliver ‘new’ much needed community-led, health improving initiatives in Scotland’s most disadvantaged neighbourhoods.

The icing on this substantial cake will be the Alliance’s week long appearance at the Scottish Parliament beginning on 16 September. We can expect many MSPs to be bowled over by the achievements so far and the enthusiasm of the Directors. Not bad for a single orbit of the sun!

To learn more about the HLC Alliance or to find out if your organisation can become

part of the Alliance go to www.shlca.co.uk or speak to Lindsey on 0141 646 0123

If you would like to have any aspect of your community-led health work featured in Snippets please get in touch. Email andrew@scdc.org.uk or phone 0141 222 4837.

CHEX publications - Tell us what you think!

CHEX produces a range of publications, ranging from one-off briefings on a particular subject to our regular e-bulletin CHEX Point Snippets (which you are now reading!). Also, you can read the latest issue of the more extensive CHEX-Point magazine [here](#).

In order to help us improve these publications, we'd like to ask you to complete our short survey. It shouldn't take you more than 2-3 minutes. Please visit the survey at <https://www.surveymonkey.com/s/chexpointsurvey>

HIIC Tutor Training dates

The next dates for Health Issues In The Community Tutor Training are the 30th & 31st October at the STUC Centre, Glasgow from 9.30am – 4.20pm (both days). Lunch will be served. The 2 day course is for individuals who wish to become HIIC Tutors and costs £300 for those from the statutory sector and £200 for those from the voluntary sector.

The 2 day HIIC Tutor Training course is a credit rated course, 8 points at level 7, and aims to equip participants to deliver Health Issues in the Community training to a wide variety of people in a broad range of settings. As part of the course, and in order to become accredited, you will:

- Undertake 8-10 hours of practice delivery and provide a briefing note of each session.
- Submit a 1,500 word reflective account of your experience, within 5 months of undertaking the 2 day course. This will be marked to ensure that prospective tutors have attained a certain standard before they are able to deliver the course.

For more information on the course click the following link

<http://www.chex.org.uk/what-we-do/training-development-support/hiic/> or, to register, please contact Aileen on 0141 248 1924 or email aileen@scdc.org.uk.

Give us your thoughts (or tweets!) on social media

Although to some extent we feel like social media novices ourselves, CHEX is planning to create a brief social media guide for community-led health organisations. Our knowledge in this area has been bolstered by our new Information and Communications Officer, Sam who seems to know his apps from his Bebo, and also by the involvement of our parent organisation, SCDC, in the [Digitally Agile CLD](#) programme (which you can read more about below).

To make sure this guide is relevant to those working in community-led health, we'd like you to let us know whether you use social media in your work and, if so, how? Maybe you know of others who are using such methods in their work.

If you have any experiences or thoughts to contribute, please get in touch with [Andrew](#) or [Sam](#). Both can also be reached on 0141 248 1924. Alternatively, if you are already up with social media you may wish to contact us through [Facebook](#) or [Twitter](#).

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General Information

Building Stronger Communities Launch Event

CHEX's parent organisation, the Scottish Community Development Centre, is pleased to invite CHEX-Point Snippets readers to the launch of Building Stronger Communities on Tuesday 8th October 2013, 1.30pm - 4pm, at the Teacher Building, 14 St. Enoch Square, Glasgow G1 4DB – Guest Speaker: Steve Skinner, co-author of Assessing Community Strengths!

[Building Stronger Communities: A practical assessment and planning tool for community capacity building in Scotland](#) is an important new resource for practitioners and planners working within a range of sectors to help make Scotland's communities better places to live.

Investment in community infrastructure is vital. Strong organisations with skills, influence, networks and local connections are essential for the success of asset based and preventative approaches and for an increase in participatory democratic processes at a local level.

This practical resource sets out a common framework to help partners at strategic, practitioner and community level to adopt a strategic, participatory approach to building community capacity.

The launch event will provide an opportunity to learn about how Building Stronger Communities can assist you in your role. It will be useful to both managers and practitioners in community planning, health, regeneration, CLD and the voluntary and community sector. Participants will receive a hard copy of the resource on the day. Click here www.surveymonkey.com/s/bsclaunchevent to register. Full programme details will be provided after registering.

Training and support to use the resource is currently being developed and we welcome any enquiries. Please contact Susan Paxton, Development Manager on 0141 248 1924, susan@scdc.org.uk or email sam@scdc.org.uk for more information.

All Hands on Deck

Two issues ago, we provided a short update on the Integration of Health and Social Care ([click to go to issue 239](#)). The latest is that the Scottish Government has written a guide to how all stakeholders in health and social care can contribute fully to the integration process. The importance of communities, community empowerment, co-production and community capacity building is mentioned, with an emphasis on 'local' solutions, including those from the community and voluntary sectors.

The guide is not formal, but perhaps gives an indication of the direction the Government is going with the bill. Read the report [here](#).

Draft Budget 2013-2014

The Scottish Government has published its Draft Budget for 2013-2014, setting out spending plans for the coming year. In it, the Scottish Government states that its starting point is supporting people and communities, and it contrasts this approach with the austerity measures being implemented by the UK Government in Westminster. Some commitments relevant to community-led health include:

- maintaining free personal care
- supporting concessionary bus travel
- supporting low-paid workers, including the Scottish Living Wage
- prioritising local government funding
- £120 million to be made available in 2015-16 to support the integration of adult health and social care
- retaining the focus on early years, health inequalities, prevention and equalities (the latter includes a statement on capacity building).
- increasing the pace of 'Reshaping Care for Older People'
- supporting partnerships to work with their third and independent sector partners to jointly commission health, care and housing services that improve outcomes
- maintaining spend on Welfare Reform Mitigation (including the Scottish Welfare Fund) at £45.2 million in 2014-15
- adding £12.5 million to the Warm Homes Fund to increase the total provision to £31.3 million
- Continued support through the £50m JESSICA fund for local sustainable investment

In addition, for the fifth year running the Scottish Government has published an Equality Statement to accompany the Draft Budget. This document provides the equality context for the budget and outlines the Government's assessment of the equality impacts of proposed spending plans.

[Click here to download the draft budget](#) and [here for the Equality Budget Statement](#).

Procurement Legislation

A lot of Scottish Government news in this issue – this is the new proposed legislation to make it easier for new, small and third sector companies to bid for public contracts.

On Thursday 12 September First Minister Alex Salmond told members of the Scottish Parliament Convener's Group that the Procurement Reform Bill had been sent to the Parliament.

He said that the legislation would make it easier for business, particularly newer businesses, Small and Medium-sized Enterprises (SMEs) and the third sector to access public contract opportunities and would also generate new training and employment opportunities. He added that the Bill will require public bodies to consider how their procurement activity can improve the economic, social and environmental wellbeing of local communities.

See the [Scottish Government website](#) for the full story.

Results from the Scottish Household Survey

The Scottish Government has published the results from the 2012 Scottish Household Survey. Findings relevant to community-led health include:

- 55% of adults rate their neighbourhood as a very good place to live. This continues the trend of consistently high ratings.
- Adults living in rural areas of Scotland are more likely to say their neighbourhood is 'very good' (75% of those living in remote rural areas) whilst the proportion rating their neighbourhood as very good increases as levels of deprivation decline.

- 53% of adults say they have not experienced any kind of neighbourhood problems. This decreases to 43% for those living in the 15 % most deprived areas of Scotland.
- People from a white ethnic background are almost twice as likely to feel very strongly that they belong to their immediate neighbourhood compared to those from a non-white ethnic background (35% versus 17%).
- Those living in the 15% most deprived areas are twice as likely to say that they feel 'not at all strongly' that they belong to their immediate neighbourhood, compared to people in the rest of Scotland (11% versus 5%).
- Levels of volunteering have remained relatively stable over the last 5 years, with around three in ten adults providing unpaid help to organisations or groups. In 2012, 29% of adults had provided unpaid help to organisations or groups in the last 12 months.
- Levels of volunteering vary according to economic status with fewer people from lower socio – economic groups volunteering compared with higher income groups.
- The type of organisations most commonly volunteered for are health, disability and social welfare organisations (22%), youth or children's organisations (20%) and local community or neighbourhood groups (18%)

Latest welfare reform news

With welfare reform continuing to dominate the headlines, CHEX brings you some of the latest news from around Scotland relating to welfare and community-led health.

- The impact of welfare reform on women and families is greater than that on the wider population, according [to analysis published](#) by the Scottish Government.
- [Another report](#) on the impacts of welfare reform commissioned by the Local Government Association in England describes the cumulative impact of all major reforms to benefits announced since the Coalition Government took office in May. It finds that people in the areas of England with the greatest dependency on benefits will be most severely impacted on by the cuts.
- Glasgow Centre for Population Health is organising a half-day seminar on the 18th of Oct in Glasgow on the challenges and opportunities facing lone parents with young children moving into work, as part of the welfare reforms. *From Welfare to Work - A Snapshot of the Reform Challenges and Opportunities Facing Lone Parents Related to welfare reform* will also provide opportunities to hear the direct experiences of lone parents in Glasgow, the role of the voluntary sector and panel debate. See [GCPH seminar - welfare reforms.pdf](#) for the programme of speakers and to book your place.
- Finally, Oxfam has produced a report which argues that European austerity programmes have dismantled the mechanisms that reduce inequality and enable equitable growth. Entitled 'A Cautionary Tale: The true cost of austerity and inequality in Europe', the report points out that the European austerity programmes bear a striking resemblance to the ruinous structural adjustment policies imposed on Latin America, South-East Asia, and sub-Saharan Africa in the 1980s and 1990s. See the report at www.oxfam.org.uk/austerity

Developing practice in the use of new technology and Social Media within CLD

CHEX's parent organisation, SCDC, is pleased to invite you to be a participant in the Digitally Agile CLD Action Learning programme. This initiative follows from the first two phases of the hugely successful [Digitally Agile CLD programme](#), delivered in partnership with Youthlink Scotland and Learning Link Scotland, which has explored

the barriers and opportunities for the use of new technology and Social Media in the CLD sector.

You are invited to join these free *Action Learning Sets* to support practitioners in the workplace and develop a better understanding of the use of new technology and social media in practice. Through the Action Learning Sets you will learn more about the use of new technology and Social Media in the CLD field, developing as part of group of people who are, for periods of time, mentors for each other.

Participants must be able to commit to 3 half day (mix of physical and electronic meetings) discussion between September 2013 and the end of February 2014. The first meeting will be held in September or October 2013 with details to be confirmed soon. Places are limited, so if you are interested in participating please send in your name, organisation and postcode ASAP. Send your details to Marc, mforrester@youthlinkscotland.org, or call 0131 3132488. Marc is also happy to answer any questions about the programme.

Scottish Government responds to community transport review

The Scottish Government has issued its response to July's Infrastructure and Capital Investment Committee's report on Community Transport in Scotland. In the response, the Government states that it will work closely with the Community Transport Association (CTA) to support and strengthen services, as well as explore the further potential of community transport approaches, through commissioning research and through the short life working group on health transport. However, the response states that there are no plans to extend further the national concessionary travel scheme to community transport services beyond its existing coverage.

For the final report and Scottish Government response, please see the community transport inquiry page on Committee's website at the following link: <http://www.scottish.parliament.uk/parliamentarybusiness/CurrentCommittees/60804.aspx>

A debate on the report will be held in the Chamber of the Scottish Parliament at a date later in the year, and the Scottish Government will publish the date on its Community Transport inquiry page once this has been finalised.

Volunteer Friendly Award for Aberdeen Community Project

Middlefield Community Project has become the first Aberdeen organisation to receive a Volunteer Friendly Award.

The local community group received a plaque and certificate from ACVO's Chief Executive, Joyce Duncan on Thursday 5th September at their premises at 8 Logie Place.

Middlefield Community Project provides a range of services within its local community including child care facilities and youth groups, parent groups and adult education. Volunteers are an integral part of the centre, working to run and support all services.

The awards were devised by Volunteer Centre Dundee to recognise and reward groups who are good at involving and supporting their volunteers. Middlefield's award was jointly assessed by Aberdeen's third sector interface, ACVO (Aberdeen Council of Voluntary Organisations).

Join the Xchange Scotland anti-sectarianism poster project in Glasgow

Xchange Scotland been funded by the Scottish Government to develop its project

“Make sectarianism a history lesson” until March 2015. Through this project, Xchange intends to build and strengthen partnerships with a diverse range of community-based groups to tackle Intra-Christian Sectarianism in 5 different areas across Glasgow: Yoker & Dumbarton Road Corridor (NW), Ruchill & Possil (N), Castlemilk (SE), Pollok (S) and Govan (SW).

This will be done through delivering poster-writing workshops to create posters that will be locally disseminated and used as a tool to engage with & within the communities and to promote the much-needed dialogue on Intra-Christian sectarianism.

If you or your organisation, group or school would be interested in being involved with this project you can contact sos@xchangescotland.org or alternatively phone 0141 237 4767.

Scottish Recovery Network stories

The last issue of Snippets mentioned that the Scottish Recovery Network had an in-depth story on community-led mental-health solutions for recovery. It's very relevant to community-led health more generally, so no harm in giving it a bit more prominence this week. The article contains quotes from Susan Scott from [PLUS Perth](#), a community-led mental health charity who CHEX has worked with previously around co-production, and also from Borders-based [New Horizons](#). It points to interesting new approaches and worldwide examples, and argues for a “radical change in funding accessibility and culture”. [Read the article here](#).

In addition, the SRN website contains stories of recovery from mental-ill health. In [My recovery journey: new personal story of lived experience](#), Robin, a psychiatric nurse with a diagnosis of Bipolar Disorder, shares his story to help inspire and give hope that recovery is possible to people with experience of mental ill-health and mental health professionals. He talks about the many challenges faced as well as the people and recovery focused practice that helped to shape and guide his journey.

Finally, GAMH Chief Executive and SRN Strategy Group member Jenny Graydon shares the top five things that recovery means to her. <http://bit.ly/16ls36w>.

News from other networks

CHEX has found the following e-bulletins interesting over the last fortnight:

- Local People Leading, the e-newsletter from Scottish Community Alliance, contains [a story](#) about community garden project, Leith Community Crops in Pots in Leith and its attempts to make use of some derelict tennis courts for community growing.
- Peter Taylor from CDAS is always well-clued up about what's going on in community development policy (and practice for that matter). This month's [CDAS bulletin](#) covers the latest hints of what the Community Empowerment and Renewal Bill might contain, as well as news on other legislation relevant to community-led health.

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Campaigns

Community Investment Coalition

A number of charitable and third sector organisations in England are campaigning to increase access to affordable finance for all communities. The [Community Investment Coalition](#) is made up of organisation such as the Community Development Foundation. It calls for:

- Government to create a level playing field so that the community investment sector can compete on fair terms with high street banks;
- banks to invest in communities and the community investment organisations that serve them;
- the community investment sector to step up its scale and reach.

In addition, CDF highlights that a [new study](#) by Nottingham University confirms that deprived communities are bearing the brunt of bank closures.

Visit the campaign website at <http://www.communityinvestment.org.uk/>. You can keep up to date with the campaign on twitter by following [@bankingbetter](#).

Stop the hate campaign against refugees

Positive Action in Housing is urging everyone to join it in calling for a poster campaign by the UK Borders Agency to be banned from Glasgow's Brand Street office.

The [giant posters](#) are currently displayed in the UKBA Brand Street offices. They depict a destitute refugee in the in Glasgow along with the text "Is life here hard? Going home is simple".

PIAH urge you to write to your MP and MSP to call for the poster campaign to be stopped now and to raise this matter within Parliament. You can find out who your MP, MSP or Councillor is at <http://www.writetothem.com/>.

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Consultations and Surveys

Voice your opinions on changes in health and social care!

These are the final three local events organised by the Scottish Government to get people involved in shaping policy relating to adult services and older people. Organisations of all sizes involved in older people's care, people who use services including older people and their carers are encouraged to get involved. The events will look at:

- progress in reshaping care for older people - so people are living in and staying well and connected to their local communities,
- the kinds of outcomes people want to see, from a seamless health and social care service; and
- the standards people expect of the care they receive.

The schedule/location for the last 3 events is as follows

- Paisley (Town Hall): Monday 23rd September
- Ayr (County Building): Tuesday 24th September
- Dumfries (Cairndale Hotel): Friday 27th September

For more information or to register your interest to attend local events, contact: CareforOlderPeople@scotland.gsi.gov.uk and 0131 244 5403.

Visioning Aberdeenshire 2013 -2050

Aberdeenshire Council is inviting local people and organisations to comment on its consultation for a long term vision for Aberdeenshire 'Visioning Aberdeenshire 2013 - 2050.

The consultation document is available on the [council's website](#). Comments are welcomed and can be submitted either by replying by email or completing the on-line survey <https://www.surveymonkey.com/s/K2TMNPB>. The deadline for responses is 30th September 2013.

Capture Glasgow

Glasgow Centre for Population Health is running Capture Glasgow, a pilot project inviting the public and organisations within our networks to respond to targeted questions about life in Glasgow. It wants to know how Glasgow's residents feel about the city as well as how it influences thoughts, emotions, hopes, fears, health and wellbeing, and GCPH would like a varied range of contributions, from sounds and images to poetry and photographs. GCPH will collate submissions with the intention of building an online collection of lived experiences of Glasgow, one that represents real life in the city. If you'd like to be a part of Capture Glasgow click [here](#) for more information.

Changes to childcare vouchers

The UK Government seeks parents' views on proposed changes to childcare vouchers and has created a [short online survey](#). You have until 27th September to complete this survey and make sure your opinions are heard.

To help you understand what the changes mean for you and your family, the Childcare Voucher Providers Association has put together a [short guide](#), highlighting the key points to the new childcare voucher scheme. This includes major changes to eligibility, the amount of support available to families and the potential introduction of fees to parents.

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Publications

Walk it and pocket the difference

Paths for All has published a Social Return on Investment study into the benefits of Health Walks (the research was carried out by Greenspace Scotland). It reveals that for every £1 spent on Health Walks £8 of social benefits are accrued. The findings not only prove that investment in the programme in Glasgow is sound, but also give a rich picture of the multiple social benefits experienced by walkers and volunteers.

More information on the research and the partners involved, as well as links to the reports, can be found [here](#).

PHINS 2013 Seminar presentations available

Presentations from the Public Health Information Network for Scotland (PHINS) 2013 seminar, held at Glasgow Caledonian University on Friday 6th September, are now available to download on the ScotPHO website at. Topics include geographic inequalities in health across Europe, causes of health inequalities and potential ways forward. There are also more specific themes such as alcohol legislation, breastfeeding and sustainable travel. [Click here](#) to access the presentations.

PHINS bulletin - request for contributions

More from PHINS. Every year PHINS collates and publishes information on relevant local projects and events that will be of interest to the Public Health Intelligence community in Scotland. The bulletin published last year is available at http://www.scotpho.org.uk/downloads/phins/phins_bulletin_no11_august2012.pdf. PHINS would like to invite you to send a summary and links to any relevant work that you would like included in the 2013 bulletin. This should be new work which generates new public health insights using interpreted data.

Please send any items for inclusion to Debbie McLaren (debbiemclaren@nhs.net) by **Friday 20th September 2013**. If you are currently not a member of PHINS and wish to join the network, please register at <http://www.scotpho.org.uk/register>.

Big Lottery's national wellbeing evaluation

The final results of the Big Lottery Fund's national wellbeing programme show that we can improve people's health and well-being through targeted action. The £160m [national wellbeing programme](#) began in 2008 and has run for five years. The programme supported projects across England which worked to help people to improve their wellbeing. A total of 17 organisations, including local health bodies and leading charities, were funded to deliver the projects, and the programme had three key objectives:

- Encourage healthy eating;
- Increase physical activity; and
- Promote good mental health

Conducted by the New Economics Foundation (nef), the research found that the programme led to improvements across all areas of participants' wellbeing and that improvements were sustained even after participants left the programme. The work demonstrates how simple projects which provide supportive environments and fun activities can have an important and lasting impact on a person's wellbeing. Those who had the lowest levels of wellbeing to start with showed the greatest improvements. Indeed, reaching out to these people, while sometimes difficult, was important to a project's success. [Read the full story](#) for more details on these and many other findings.

Reshaping Care spreadsheet

In November 2012 the [Change Fund: Enhancing the Role of the Third Sector](#) published their year one [Initial Scoping Report](#) which highlighted information gathered about third sector engagement and involvement in relation to Reshaping Care for Older People (RCOP). One of the areas highlighted by the Third Sector was information about how to connect to local Third Sector Interfaces (TSIs) and stay up to date with local RCOP work.

As a result, the team have produced a spreadsheet containing information about the communication mechanisms for each of the 32 TSIs, outlining the ways in which they

communicate local RCOP activity, links to those communication mechanisms as well as the TSIs contact details.

[Download the RCOP Communication Resource Sheet](#)

Cycling is good for health and the economy

Using an online tool created by the World Health Organization that calculates the health economic benefits from cycling, the Glasgow Centre for Population Health have found that the annual health economic benefit accruing from cycle trips into and out of Glasgow city centre in 2012 was over £4 million. Furthermore, this is likely to underestimate benefits as the analysis only accounts for reduced mortality and not for reduced illness and other health benefits conferred by cycling.

The analysis, contained in a new GCPH report, found that levels of cycling into and out of Glasgow city centre have increased by more than 25% since 2009. See more [here](#).

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Funding

The Stanley Smith Horticultural Trust

[Stanley Smith Horticultural Trust grants](#) are available to projects of significance to horticulture (or botany with a strong horticultural content) and education for horticulture. The type of activities that can be funded include:

- Training schemes for gardeners run by appropriate organizations
- The provision of educational programmes in gardens open to the public
- Preparation of exhibits or exhibitions of horticultural interest; the restoration of historically interesting gardens which are or will be open to the public
- The development of new gardens which will be open to the public; etc. (please note the list is not exhaustive).

The next deadline for applications is the 15th February 2014.

Website funding

Raising IT, a charity website company, together with the Nominet Trust are inviting not for profit organisations with a turnover of £500,000 or more to apply for funding to improve their website. The funding aims to help charities; social enterprises and housing associations, etc that want to raise more money online or through social media but find that their efforts are frustrated by their existing website. Grants of between £14,400 and £72,000 are available to cover the technology costs and some support services.

[Click here](#) for more details. Applications are accepted until 5.30pm on the 23rd September 2013.

Funding for Community Projects in Edinburgh

The Edinburgh Evening News and the City of Edinburgh Council are looking for

inspired residents and community groups to put forward their ideas for small projects to improve their local environment. They aim to help with funding and resources to complete your goals. Click on link: [Get It Sorted Together](#)

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Events

Dundee Carers Centre AGM (Dundee)

All carers, disabled people and professionals are invited to Dundee Carers Centre AGM, which will focus this year on Welfare Reform and understanding the impact this will have on carers, disabled people and their families. It will also look at how the Centre can respond ensuring that your voices are paramount.

The AGM will take place on Tuesday 24 September 2013 10am until 2pm (Registration from 9.30am) at West Park Conference Centre, 319 Perth Road, Dundee. The keynote listener is Laura Bannerman, Head of Strategic Integration, Performance and Support Services, Dundee City Council. Further enquires please contact Lisa Stevens on 01382 200422.

Andrew Carnegie's International Legacy (Dunfermline)

This week of events starting on the 12th October frames the Andrew Carnegie Medal of Philanthropy Award Ceremony taking place on Thursday 17 October in the Debating Chamber of the Scottish Parliament at 2.30pm. Pierre Omidyar, founder of ebay, will be the keynote speaker, and the medallists are expected to be announced at the beginning of September. There are a variety of free events happening across the week including an organ and choir recital in Dunfermline Abbey, a [Warhol exhibition](#) at the Scottish Parliament (which runs for the whole month), and a seminar series exploring themes connected to the work of the 22 Carnegie foundations across the world. For more information, please see the website [here](#). To find out about ticket availability for specific events please contact georgina@carnegieuk.org.

Mental Health Community Information Event (Edinburgh)

This FREE event will take place on Tuesday 8th October 2013 - 1pm to 4pm, at the Calton Centre, 121 Montgomery St, Edinburgh, EH7 5EP (Corner of Easter Road). It will provide:

- Opportunities to speak with people from a range of services Information about services and community resources
- Holistic therapy taster sessions
- Self-help and education packs

For more information, contact Jane Sutherland on 0131 537 8650 or Laetitia at AdvoCard on 0131 554 5307 or email laetitia@advocard.org.uk.

Murder, Suicide, Childhood Sexual Abuse (Glasgow)

This Open Day is being hosted by Petal Support Glasgow and the Moira Anderson Foundation. On Wednesday 23rd October 2013 between 10 - 6pm. You can drop in anytime during this time to find out about new services being provided in Glasgow City Centre for anyone who has been affected by the above issues.

Drop in and access information, refreshments and a taster complementary therapy of your choice.

Volunteering Zone Sessions (Stirling)

Volunteer Development Scotland is running more information sessions on the Volunteering Zone - an online method of registering volunteer roles across local authority areas which will appear on the Volunteer Scotland website www.volunteerscotland.org.uk.

The service allows organisation to post volunteering opportunities directly online and keep them up-to-date and has a number of other of benefits including:

- secure online access to opportunities 24/7
- keeping volunteer recruitment information consistent across the country
- assigning access to branches to use volunteer role templates and register them locally
- statistics about how many people are looking at volunteering opportunities across the country
- Highlighting one-off events on the front page of Volunteer Scotland
-

The next sessions will take place at the VDS offices at Jubilee House, Stirling, on the following dates:

- Friday 20th September, 10.00am – 12.00pm
- Wednesday 23rd October, 10.00am – 12.00pm
- Fri 22nd November, 10am – 12noon

To book a place, please click on [this link](#). Places will be allocated on a first come, first served basis. Please email [Rebecca Dadge](mailto:Rebecca.Dadge@vds.org.uk) or phone 01786 479593 with any enquiries

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Conferences and Seminars

Collaborative Action Research Network Study Day (Aberdeen)

[This free event](#), on 18 October, 10am – 4pm, MacRobert Building, School of Education, University of Aberdeen, will focus on how action research can contribute to the health and well-being of individuals and the community. The keynote address – Action research, human flourishing and social change – will be given by Professor Margaret Ledwith. The day will include discussion groups, workshops and presentations. To book your place, please contact Karen McArdle, Director of Research and Knowledge Exchange: k.a.mcardle@abdn.ac.uk or 01224 274654

CFHS annual networking conference (Edinburgh)

Registration is now open for the Community Food and Health Scotland (CFHS) annual networking conference to be held at the CoSLA conference centre in Edinburgh on 31 October. This is Scotland's free national networking conference for anyone keen to share experience, evidence, hopes and concerns on all aspects of food, inequality and social justice. Go to www.CFHS2013.eventbrite.co.uk for more.

Inspiring Impact Champions Network Event (Edinburgh)

Evaluation Support Scotland (ESS) and Inspiring Impact partners invite you to the following event on Friday 4 October 2013, 10am - 3pm, at St Paul's and St George's,

46 York Place, Edinburgh, EH1 3JW [Map](#).

[Inspiring Impact](#) is a programme that aims to change the way the UK voluntary sector thinks about impact. This event will help establish a network of champions in Scotland, who, through peer learning and support, will help make impact measurement the norm. The event will provide participants with networking opportunities in a fun and relaxing atmosphere.

[Book here](#). The closing date is Wednesday 25th September 2013.

Power of Adult Learning (Glasgow)

Learning Link Scotland, Dyslexia Scotland, the Scottish Community Development Centre and WEA Scotland will be hosting an Adult Learning National Conference to boost profile of adult learning and to demonstrate its real value in helping people to turn their lives around and make more informed life choices.

This event, on Wednesday, 23rd October 2013 at John McIntyre Conference Centre, Edinburgh University, will bring together a range of stakeholders from across sectors to explore the value of adult learning, the different approaches available and look at the positive impact it can have in empowering change of social action.

The event will offer keynote speakers, presentations and workshops, along with an exhibition area and networking opportunities.

For further details please [download the event flyer](#). Prices are variable. To book please either fill in this [Survey Monkey form](#) or [download an application form here](#).

Women and disability (Glasgow)

Disabled women face many specific challenges, but recent workshops run by Engender and partners identified that this is rarely reflected in services and policies. This seminar therefore asks: Can the Independent Living movement and women's movement do more to support and learn from one another?

Speaker: Pam Duncan, Policy Officer, Independent Living in Scotland, Disability rights activist, Hardest Hit Campaign. Date: Tuesday 24th September, 6pm-7.30pm. Venue: Kinning Park Complex, 40 Cornwall Street, Glasgow, G41 1AQ

To book please contact info@engender.org.uk or call 0131 558 9596.

Walking a tight rope (Glasgow)

The Women's Support Project, Rape Crisis Scotland and the Rape Crisis Centre Glasgow are pleased to announce a free one-day conference highlighting some key research on these issues and showcasing some promising practice within Scotland.

Taking place at Thistle Hotel, Renfrew Street, Glasgow on the 29th October 2013, the final programme will be confirmed closer to the event but the following will be covered.

- Young people's exposure and use of pornography
- Young people's attitudes towards and experiences of pornography
- Sexting – sending and receiving sexualised messages / images
- Sexual harassment and activism
- Interventions and promising practice

Please go to <https://www.surveymonkey.com/s/P8CT5SF> to register for a place.

Older people taking action (Inverness)

Outside the Box Development Support, the Highlands and Islands Equality Forum (HIEF) and Highland Senior Citizens Network (HSCN) have teamed up for this free event to explore how community led action can remove the barriers to older people's wellbeing in the Highlands. Taking place at the Spectrum Centre, Inverness, on the 22nd October, 10.30am – 3.00pm, this event is about learning from community-led actions already being taken to remove these barriers, identifying the support that is available, and exploring new ideas together.

People involved, or interested, in community-led services that support older people, and those who run or fund services for older people should attend. Priority will be given to third sector organisations and community groups.

Places are limited, so to secure yours click here to complete the online booking form or visit www.scvo.org.uk/events and go to the events calendar. Alternatively you can contact Sasha Devine at SCVO directly (Tel: 01463 258801, Email: sasha.devine@scvo.org.uk)

Help may be available with transport costs for individuals and community groups. Please email Christopher Homfray at Outside the Box prior to the event: christopher@otbds.org

Participatory Budgeting Network (Durham)

The PB Partners Participatory Budgeting network event will occur on the 1st October 2013. The agenda includes PB examples from Fife and the Richmond Fellowship Scotland. Workshops include fitting PB into annual budgets. If you haven't booked already, and would like to join in, please follow [this link](#) for details and free online booking. For more on what PB is click [here](#).

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Training

Street Audit Training (Aberdeen, Perth, Fort William and Ayr)

Living Streets will be delivering Street Audit Training at 4 venues this Autumn, providing support to local groups to undertake audits of their area. This training is free and is allocated on a first come first served basis. Training is scheduled to take place in Aberdeen on October 8th, Perth on October 29th, Fort William on November 12th and Ayr on November 19th.

Living Streets Scotland's Walkable Communities project supports communities to improve their local walking environments and encourages more everyday walking, using LS's Community Street Audits. Living Streets has worked with communities to improve conditions for walking: reducing litter, removing obstructions, renewing surfaces, improving lighting and lots more.

If you'd like to register for training you can do this from the [Living Streets website](#). See the news item above for more news on the Walkable Communities project.

Lipreading Classes (Perth and Montrose)

These free courses from Deaf Action aim to help boost confidence with communication and to provide support to help you manage your hearing loss.

Courses in Dundee are already underway (may be worth contacting) but the following two classes have not yet started in Perth and Montrose:

- Perth, Blind Society, 14 New Row – Friday 13.00 pm – 15.00 noon (Starts 25/10/19)
- Montrose, SAMH, Bridge Street – Tuesday 10.00am-12.00pm (Starts 24/09/13)

To book your place, contact Deaf Action, 36 Roseangle, Dundee, DD1 4LY, Tel: 01382 221 124 Fax: 01382 200 025, Text: 01382 227 052 SMS: 07795 338 231 Email: taysideadmin@deafaction.org.

Children Carers & Second Hand Smoke Training (Dundee, Dunfermline, Falkirk, Glasgow and Edinburgh)

As part of The Scottish Governments' Strategy in Partnership with ASH Scotland for 'Creating a Tobacco Free Generation', Ash Scotland is offering anyone who works with young children & their carers the opportunity to attend a 1 day training course on Children Carers & Second Hand Smoke (dates available nationwide) . The training fits in with GIRFEC principles with respect to children feeling safe healthy & nurtured & also with single outcome agreements around supporting children's health & wellbeing in early years.

Upcoming courses are:

- Edinburgh –Tue 24th Sep and Sat 26th Oct
- Glasgow – Wed 2nd Oct
- Dundee – Tue 8th Oct
- Falkirk – Tuesday 22nd Oct
- Dunfermline – Tue 5th Nov

To book your place on the course and find out more details, please contact Marion McGovern, marion.mcgovern@ashscotland.org.uk or on 0131 220 9461.

Work4ME funded to deliver training on Cloud Technology (Edinburgh and Glasgow)

Work4ME - the co-operative championing self-employment for people living with long-term health conditions - has been awarded £9000 funding through the "Awards for All" scheme, which is part of the "The Big Lottery Fund". The funding will be used to provide training for people living with long-term conditions who are keen to learn how cloud technology and networking can enhance their prospects of becoming self-employed.

The co-operative has developed a cloud technology platform which provides an "online office" enabling its members to engage with and support one another as though in a physical office space. Now, with the Awards for All funding in place, Work4ME is able to pilot a project that will allow more people to share this tool by offering half day training workshops in Edinburgh and Glasgow. The first of these free, half-day workshops will be held in Glasgow and in Edinburgh during November 2013. To book your place, Call Isobel Alford on 0777 4505 773. For more information on Work4ME go to www.work4me.co.uk or call Shona Sinclair on 07711 552094.

Diploma in Organisational Development for Leaders and Consultants (Glasgow)

The Craighead Institute is running its 2013-2014 Diploma in Organisational Development for Leaders and Consultants. This programme seeks to enable participants to refine and develop both their theoretical understanding and their skills in approaching their leadership or consultancy work.

Delivered over eight modules, the Diploma supports the development of organisational leaders, consultants and facilitators in order that they can work effectively with groups, institutions and communities seeking to promote justice in the world. A copy of the brochure can be found [online](#).

Easy information (Glasgow)

SCLD is offering a one-day training course on Thursday 31st October, 10.00 – 4.00, SCLD offices, Merchant Exchange, Glasgow to give you the skills you need to create a visual representation of any meeting in real time. SCLD's experienced trainer, Clare Mills will show you how to communicate effectively with individuals and groups in a creative, inclusive and memorable way.

This practical course goes through all the steps involved in creating easy to understand information, including:

- What accessible information is and why we need it.
- How to involve your audience when creating accessible information.
- How to format easy to read information.
- How to use words, pictures and photos in easy to understand information.
- What resources are available to help you make your own easy to understand information.

Cost: £110 per person. To book email: john.s@sclcd.co.uk or call John Somerville at SCLD on 0141 559 5732.

HarmLESS training in self-harm (across Scotland)

HarmLESS provides a range of psychoeducational and learning opportunities for those affected by self-harm, either personally or professionally. It also offers one to one support. The [training calendar](#) is now available to view online, with sessions in Paisley, Perth, Dunblane, Glasgow and Edinburgh.

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Vacancies

Project Co-ordinator (Callander)

Callander Community Development Trust is seeking a part time Project Co-ordinator (£1,250 first 2 months, £625 next two months). The postholder will develop a pilot art and craft retail outlet into an independent artists' co-operative. The four-month project includes setting up an appropriate legal structure and management and decision making procedures. Full job description at www.callandercdt.org.uk. Closing date: 27 September 2013.

Social Enterprise Development Officer (Dundee)

Dundee Social Enterprise Network is recruiting two of the above posts (£25,125 pro

rata) to join the organisation in supporting, promoting and encouraging social enterprise development within Dundee for individuals and groups. Post 1 - 24hpw will administer a start-up grant programme, Post 2 - 26hpw will work on developing social enterprises through the Reshaping Care for Older People programme. This post will be on secondment from DVA.

Full details of posts, further information and application forms from the vacancies section of www.dundeesen.org, or from Susan Smith, Dundee Social Enterprise Network: 01382 315727 e: susan@dundeesen.org. Closing date: Tuesday 24th September 2013.

Development Worker (East Dunbartonshire)

East Dunbartonshire Voluntary Action seeks to fill this post for its Making A Connection Project (£20338 Fixed Contract to end September 2015)

This project is one year old and is funded by BBC Children in Need and The Robertson Trust. Through the establishment of a network of young volunteers training them in mentoring skills and matching them with a young person with mental health issues you will develop activities around volunteering to improve the recovery, learning, self-confidence, recognition and employability of those young people. Applicants should have experience in working with young people and mental health.

The post is based in Kirkintilloch but works across East Dunbartonshire. You should have excellent communication skills, be IT literate, have relevant experience of delivering training, volunteering and the voluntary sector. The post will require some evening/weekend working. Successful applicants are subject to PVG Disclosure check. Closing Date for applications: 12 noon Wednesday 25th September 2013
Interviews: Wednesday 2nd October 2013

Information & application details on goodmoves or from EDVA on 0141 578 6680 or e-mail janice.young@edva.org

Development Officer (Edinburgh)

Fast Forward is seeking to recruit a Development Officer (£23,997) who will coordinate and develop a new national Black and Minority Ethnic (BME) Communities Project. Ideally you will be professionally qualified/ experienced in youth work/ community development or health promotion. The post will work with communities, organisations and infrastructures to build capacity and increase substance misuse education and prevention awareness within Black Minority Ethnic (BME) communities across Scotland. Experience of working in BME communities is an advantage.

For an application pack please email admin@fastforward.org.uk or download them from goodmoves. Closing date for applications is 12 noon Monday 23rd September and interviews will be held in Edinburgh on Wednesday 2nd October.

National Co-lead for Community Building and Co-production (Edinburgh)

The Scottish Council for Voluntary Organisations and The Joint Improvement Team, which funds the Scottish Co-Production Network, are looking for a National Co-lead for Community Building and Co-production. The work has a clear focus on the community development elements essential to realise the asset based and co-productive approaches on which such programmes are based.

To find out more about this position [click here](#), where you can also download the application form and job description. For further information please email lucy.mcternan@scvo.org.uk.

Senior Development Worker – career break cover (Edinburgh)

Pilton Community Health Project is recruiting a Senior Development Worker (£29,448 pro-rata, 28hrs per week, career break cover). The successful candidate will manage a high achieving team of community development workers focusing on food, active lives and community cohesion, as well as a team of health information volunteers. They will also join the Senior Management Team at the project and take an active role in the implementation of the strategic plan. Full details on [goodmoves](#). Closing date: 23 September 2013.

Development Workers (Edinburgh)

Edinburgh Voluntary Organisations Council is looking for Development Workers in Capacity Building & Referrals (£24,216 - £27,552 pro-rata, 24.5 hrs per wk) and in Community Planning (£24,216 - £27,552 f/t). These posts will increase EVOC's capacity to support the Third Sector during a time of change, challenge and opportunity. They are funded until 31 March 2015 with possibility of extension. EVOC welcomes secondments and will consider job-share applications. To obtain more information on these posts or to apply, please download a recruitment pack from our website: www.evoc.org.uk. Closing date for applications is Monday 30 September at 9.00am.

Project Officer (Glasgow)

LEAP Sports Scotland seeks a knowledgeable and talented individual (£23,082 - £25,551 pro rata, 22.5 hrs per week) who is experienced in working autonomously to lead LEAP's project work. The successful candidate will be responsible for developing our membership, engaging with sports groups, working with external partners, developing grassroots initiatives, and leading on projects related to the Commonwealth Games and the legacy for LGBT people. [Apply here](#). Deadline: 1st October. Interviews: 8th October.

Evidence-Informed Practice: Programme Manager (Glasgow)

IRISS is looking for an inspiring leader for its evidence-informed practice team (£37,382 - £45,941) who will be responsible for IRISS's programme of work to promote the use of evidence of all types across Scotland's social services. You will therefore be familiar with social services, be passionate about both the theory and practice of evidence-based approaches, and want to make a difference. You will be leading a team to deliver an imaginative and effective range of projects and must be skilled at working in partnership with a wide range of organisations and individuals.

Applications should be submitted by 5pm, Wednesday 2 October (no CVs and no agencies). Interviews will be held on 16 October. [Click here](#) to download the forms and for more info.

Money Advice Officer(s) and Welfare Rights Officer(s) (Inverness)

Inverness, Badendoch and Strathspey Citizens Advice Bureau seeks Money Advice Officer(s) (£18,625 - £22,740). Each of these will be either 1 Post of 35 Hours a week or 2 Posts each of 17.5 Hours per week.

Email AndrewDuncan@invernesscab.casonline.org.uk or telephone 01463 252293. Alternatively click below for the relevant [Job Descriptions and Person Specification](#).

- [Money Advice Officer](#)
- [Welfare Rights Officer](#)

Closing date: 24 September 2013.

Teen Parent Project Worker (Levenmouth)

Fife Gingerbread seeks a Teen Parent Project Worker (£23,464) to support parents to establish good parenting skills, develop peer networks and engage with support services where required. You must have a qualification in a related discipline such as Social Care, Early Education & Childcare, Nursery Nurse, etc to SCQF Level 8 or equivalent demonstrable experience. For further information and to apply, visit www.fifegingerbread.org.uk/vacancies. Closing date: Monday 30th September.

Service Managers and volunteers (North Ayrshire and Paisley)

Royal Voluntary Service seeks Service Managers for different roles in Paisley and North Ayrshire.

The post in Paisley (£8.52 ph) involves being responsible for the day to day management of a busy retail unit at Paisley Royal Alexandra Hospital, working closely with their Locality Manager to improve the reach of our services to older people. You will lead a team of Royal Voluntary Service volunteers and staff, ensuring that services are delivered in line with Royal Voluntary Service brand values: Personal, Practical, Professional and Positive. Closing date: 5pm, Monday 07 October 2013.

The post in North Ayrshire (£15,300 pa) involves the day to day management of Ayrshire Transport Services which will incorporate community, social and patient transport. You will need a flexible approach, have excellent management capabilities and as the post requires a high level of interaction with the community, an interest in community development is essential. Closing date: 5pm, Thursday 26 September 2013.

For more information on these posts, and associated volunteering roles, please go to the [Royal Voluntary Service website](http://www.rvs.org.uk).

Community and Renewable Energy Scheme (CARES) Development Officer (Western Isles)

Changeworks is looking to recruit a CARES Development Officer (£23,232 - £25,716 pro-rata) for the Western Isles. The Community and Renewable Energy Scheme (CARES) is a Scottish Government funded programme which provides support, advice and financial support to community groups and rural businesses who wish to develop renewable energy projects or gain benefit from local commercial renewable energy schemes. The Development Officer will be responsible for providing free and impartial advice and assisting communities and rural businesses to develop community renewable initiatives and apply for funding.

For an application pack please contact Changeworks recruitment on recruitment@changeworks.org.uk or 0131 555 4010 quoting the reference above. You can also download an application pack by visiting www.changeworks.org.uk. Closing Date for applications: 12.00 Noon - 30th September 2013. Interviews will be held on the 16th October 2013.

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Websites

Joseph Rowntree Foundation – Reporting Poverty resource

The Joseph Rowntree Foundation has produced a Reporting Poverty resource, which while being aimed at journalists and the media, is a great resource for explaining poverty related issues. It has various case studies and [stories from journalists](#) as well as some [stark facts](#) about the extent of poverty in Britain today. It has some excellent practical guides on language, interviewing and ethics as well an [extensive list of further reading](#).

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