



Issue No 238, 1<sup>st</sup> August 2013

**Hello, and welcome to issue 238 of CHEX-Point Snippets.** As always, this issue contains all the latest news and information relating to community-led health. **If you have any news or updates from your own work locally that you would like mentioned in Snippets please get in touch.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit [www.chex.org.uk/subscribe/](http://www.chex.org.uk/subscribe/)

The next issue of Snippets will be **Thursday 15<sup>th</sup> August 2013** so please send anything you would like to be included before Tuesday 13<sup>th</sup>. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to [andrew@scdc.org.uk](mailto:andrew@scdc.org.uk) or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and compiled by Andrew Paterson. Thanks to all contributors to this edition.

Regards  
Andrew Paterson  
Policy and Research Officer, Scottish Community Development Centre

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## CHEX News

### **News from the Network – Casting light on LGBT and age**

*In each edition of Snippets we like to profile some news from organisations which are part of the CHEX Network. This issue features LGBT Health and Wellbeing which is hosting an event in September focusing on working with older LGBT people.*

Based in Edinburgh, LGBT Health and Wellbeing is the only Scottish Healthy Living Centre working to reduce health inequalities of lesbian, gay, bisexual and transgender (LGBT) people. Starting from a community development ethos, LGBT Health and Wellbeing works to build the confidence, skills and capacities of the LGBT community which has high levels of social isolation, depression, addiction and self-harm as well as low levels of physical activity and engagement with services.

An LGBT Health and Wellbeing programme, the **LGBT Age Capacity Building Project** works with older lesbian, gay, bisexual and transgender people from across Edinburgh, and mainstream service providers, to ensure services are more accessible to older LGBT people.

Evidence shows older LGBT people are less likely to access preventative services at their time of most need due to a lived experience of prejudice and discrimination. This can lead to fears about the approachability and suitability of those services they may wish to access or about reception they may receive on arrival.

At the [CHEX Making Scotland Better event](#) in April this year, Maruska Greenwood, Director of LGBT Health and Wellbeing, pointed out that the percentage of LGBT people is just as numerous in the older population as in younger age groups (1 in 15), but that it is much less visible, contributing to acute isolation. In order to tackle this isolation, the organisation ensures older LGBT people are at the heart of its capacity building. Older people act as Community Champions and volunteers, sit on the project's reference group and are supported to engage with mainstream services.

The staff and volunteers of LGBT Health and Wellbeing's LGBT Age Project are now formally inviting those with an interest in the project to the **free, 'Best practice in working with older LGBT people' event on Wednesday 11th September 2013 12:30pm – 4:30pm at The City Chambers Business Centre, High Street, Edinburgh EH1 1YJ**

The event will look at some of the learning LGBT Health and Wellbeing has developed during the first year of the LGBT Age Capacity Building Project, and will provide the opportunity to meet with colleagues, policy makers and funders who have taken up the challenge to understand the unique barriers faced by older lesbian, gay, bisexual and transgender people when the time comes to access mainstream older people's services.

The event aims to:

- Disseminate the learning from the first year of our LGBT Age Capacity Building Project and from those colleagues who have begun the task of

improving policies, practices and procedures to provide more accessible services.

- Further develop professional networks of colleagues who have taken up the challenge of removing barriers to access for older LGBT people and of better understanding the health inequalities faced by this often overlooked group.
- Launch the LGBT Age Film, made in conjunction with award winning film maker Michael Rea and well-known local musician Lorna Brooks.

For further information and to book a place – please contact Stefan Milenkovic on 0131 523 1102 – [stefan@lgbthealth.org.uk](mailto:stefan@lgbthealth.org.uk). See <http://www.lgbthealth.org.uk/> for more information on LGBT Centre for Health and Wellbeing and its services.

Furthermore, as part of its LGBT Age project, LGBT Health and Wellbeing is carrying out a Community Survey to gain a better understanding of the needs of older LGBT people across Scotland's Central belt. The survey will take just 10 minutes to complete and can be found at <https://www.surveymonkey.com/s/lgbtage>. Paper copies are also available; please request these on 0131 523 1100.

*If you would like to have any aspect of your community-led health work featured in Snippets please get in touch. Email [andrew@scdc.org.uk](mailto:andrew@scdc.org.uk) or phone 0141 222 4837.*

### **Community-led health approaches: Developing models of good practice**

CHEX and SCDC are regularly asked for presentations and inputs on community development approaches to health improvement and tackling health inequalities. As part of our joint contribution to the Scottish Parliament's inquiry into health inequalities, CHEX and SCDC developed a presentation laying out the principles and practice behind community-led health and its value in bringing about positive health outcomes. As with all our the material we use to stimulate discussion and share lessons, this template draws on principles and practice of community-led health, 'Achieving Better Community Development' (ABCD) model, and evidence of impact from community-led health organisations. [Check out the template \(Pdf\)](#) to help in the development of good practice and 'doing it well'!

The template concludes with key themes and questions for strategic decision-makers and practitioners to address:

- Willingness to prioritise community-led health
- Strategic conversations & decisions
- Shift in emphasis & resources
- Skilled interventions
- Who you need as partners for delivery
- Community Planning Partnerships and Health and Social Care Partnerships – is community-led be integral to impact on outcomes that address health inequalities

Further models and materials can be downloaded from the CHEX website [www.chex.org.uk](http://www.chex.org.uk)

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## General Information

### ABCD in Oldham

Anyone interested in asset-based approaches may be interested to read [this story](#) in NewStart online magazine. It describes how Asset Based Community Development (ABCD) is being employed to good effect in Greater Manchester. Staff from the local community foundation started by speaking to local people about what they liked and wanted to improve and they were also assisted in identifying what resources they had within their community. This has led to a flourishing of community activity in the areas concerned. Interestingly, the article highlights the challenge getting funding for asset-based approaches when outcomes cannot be predicted before engaging with the community.

### Ayrshire 21 webpage

CHEX's parent organisation, SCDC is supporting a collaborative initiative which is aimed at providing targeted help, support and funding for rural areas across the three Ayrshire areas. Called 'Ayrshire 21', it works with 21 local communities which have been least able to take advantage of development and funding opportunities in the past.

The initiative is the result of collaborative working between the three Ayrshire Councils, securing funding from the European LEADER project to create Ayrshire 21.

Working in partnership with local and Scotland-wide development organisations, Ayrshire 21 will support the communities to write community action plans that will help them build on the strengths they have and address the most important social and economic issues they face.

SCDC has created a section for the Rural Ayrshire 21 programme on the SCDC website, containing links to programme material. It will include information about the programme, reports and papers, and presentations from events and seminars.

[Click to visit the webpage.](#)

### Latest welfare reform news

With welfare reform continuing to dominate the headlines, CHEX thought we'd provide some news from around Scotland relating to welfare and community-led health.

- SCVO's Third Force News reports that disability groups are demanding people with live-in carers and specially adapted homes be automatically exempt from the bedroom tax after it was discovered government policy contradicted a statement made by the prime minister. Read the full article [here](#).
- Tied in with the issue of welfare reform is the ongoing saga of work assessments and, in particular, the role of the assessment body Atos. Inclusion Scotland has printed a Guardian story covering the latest problems with the process. A large percentage of assessments have been successfully appealed and campaigners say the 'descriptors' used to judge whether a person can return to work are inadequate. Read more [here](#)

### News from other networks

CHEX has found the following e-bulletins interesting over the last fortnight:

- The latest Community Development Alliance Scotland (CDAS) [e-bulletin](#) has all the latest policy and practice developments, research findings and funding related to community development.
- [Local People Leading](#) the news bulletin from the Scottish Community Alliance, highlights new research by National Trust for Scotland suggests that three out of four people feel they have no say in issues to do with their local environment.

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## Campaigns

### **Scottish Living Wage campaign**

The Scottish Living Wage Campaign was established in the autumn of 2007 following a conference organised by the Poverty Alliance in Glasgow. Following this, a steering group was established for the campaign, which has worked hard over the past few years to build support for a living wage - calculated according to the basic cost of living in the UK. The campaign has a dedicated website which you can view [here](#). As of November 2012 the living wage has been up-rated from £7.20 to £7.45 in Scotland. Full details of the methodology behind this calculation can be found [here](#).

### **Standard packaging for cigarettes campaign**

In light of Westminster's dropping of standardised packaging proposals earlier on this month, and the subsequent announcement from the Scottish Government that they intend to proceed independently with plain packaging legislation in the Scottish Parliament, ASH Scotland is asking organisations who are supportive of plain packs to write to Scottish Government Ministers to call for legislation on standardised packaging to be brought forward in this year's legislative programme (announced in early September).

ASH Scotland believe that the evidence on standardised packaging is strong enough to justify immediate implementation, and further delay will only allow time for tobacco manufacturers to mobilise opposition in Scotland.

If you don't have time to tailor your own letter, ASH Scotland have prepared a briefing note containing various points you can quickly edit and use to prepare an email to the First Minister and colleagues, showing your support. It also provides information on where to send your email. Contact Jennifer Black, [JBlack@ashscotland.org.uk](mailto:JBlack@ashscotland.org.uk), for a copy.

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## Consultations and Surveys

### **The use of devolved resources following closing of Independent Living Fund**

On 18 December 2012, the UK Minister for Disabled People, Esther McVey MP, announced the decision to close the Independent Living Fund (ILF) permanently from April 2015. This included responsibility and finances being devolved to the Scottish Government. The Scottish Government is seeking views on any potential new

administration arrangements for distributing the resource following the Independent Living Fund's (ILF) closure. The Government is interested in views on balancing the support requirements for existing users of ILF and those who are not in receipt of an award. In particular views are sought on potential focus of any new fund that would provide support for disabled people who currently do not receive ILF. Contact: Lauren Victoria Miller, 2ER St Andrew's House, Edinburgh, [Lauren.Miller@scotland.gsi.gov.uk](mailto:Lauren.Miller@scotland.gsi.gov.uk), 0131 244 3430.

### **SCVO referendum survey**

With only 18 months to go until the referendum, SCVO wants to know what you think of the campaign so far and what you want to see. [Complete the survey now](#) to ensure they cover what you think is important.

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## **Publications**

### **Report from England on how funders use evidence**

The secrets of success, by Charlotte Ravenscroft at the National Council for Voluntary Organisations, looks at how a small group of UK charitable funders use and share evidence in practice, particularly how they find their evidence, use this evidence and share the evidence to inform the future decisions of others - funders, practitioners, and policymakers.

The report highlights how difficult it can be for funders to assess the relative impact and cost effectiveness of different interventions, and that funders could make better use of the evidence they do hold by sharing it more widely, particularly with practitioners and policymakers. [Download the publication](#) for more findings.

### **Public Involvement in Health and Social Care Integration**

This report by ODS Consulting for the Scottish Health Council explores the future possibilities for public involvement in Scotland within the context of planned integration between adult health and social care services. The report includes sections on existing experiences of public involvement and future possibilities and lessons learned from four in depth case studies of public involvement in health and social care in Scotland. These case studies were East Renfrewshire, Dundee, Highland and West Lothian. [Download the report as a PDF here](#) and [click here](#) to see the accompanying summary of key findings and think piece.

### **Ethnic 'inequalities' in Scottish mental health care**

A study from Edinburgh University has highlighted variances in accessing mental health care across different ethnic backgrounds. Exploring hospital admissions for different mental health conditions between 2001 and 2008m, the study showed that South Asian and Chinese people, in particular, were often very late into the system. Furthermore, people from minority groups who went to hospital were shown to be significantly more likely to be treated under the mental health act than those from 'white' backgrounds. The report calls for more research into the area. The report is [here](#) for a price or you can read the [BBC write up](#).

### **Journeys back into work**

IRISS (Institute for Research and Innovation in Social Services) has produced a set of video stories on supported employment schemes for helping people with

disabilities get back into work. [Journeys back into work](#) features four people telling their stories about how they were supported by different agencies to find permanent employment.

### **OSCR Referendum Guidance**

The Office of the Scottish Charity Regulator has produced a new advice note for Scotland's charities regarding the 2014 Independence Referendum. It enables charities to speak out in the independence referendum, including advocating a Yes or No vote, as long as they stay within the requirements of charity law. Further information on the OSCR guidance can be found [here](#) including a couple videos from charities outlining how they aim to set out their vision for Scotland in the lead up to the referendum. For a flavour of the wider debate on charities and the referendum read this [Guardian](#) article.

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## **Funding**

### **Scottish Welfare Fund**

The Scottish Government is currently inviting bids for the £33 million Scottish Welfare Fund which will look to plug the funding gap caused by the abolition of the Social Fund by the UK Government.

The objectives of the new scheme are to:

- Provide a safety net in a disaster or emergency, when there is an immediate threat to health or safety.
- Enable independent living or continued independent living, preventing the need for institutional care.

More information on the Scottish Welfare Fund and information on how to apply can be found [here](#).

### **Active Communities Funding Programme**

This programme from the People's Health Lottery aims to close the gap between those communities which experience the worst health in England, Scotland and Wales and the majority of the population. The programme focuses on people living in the poorest neighbourhoods. It is suitable for projects that are: requesting between £5,000 and £50,000; last up to two years; are based and operate within one of the of the local society areas; and are run by local charities and community groups with an annual income of less than £350,000 a year. [Find out more here](#).

### **The Crofton Awards 2013**

The Crofton Awards offer £1500 prize money for youth groups interested in tackling tobacco. The awards provide funds for youth groups to develop new ideas and innovative approaches to address tobacco and smoking. You don't need to be an expert on tobacco to apply for these awards; ASH Scotland's Young People's Team can support you to develop your ideas, knowledge and awareness of tobacco related issues.

In addition to receiving prize money, winners of the Crofton Award and Best

Newcomer categories have access to a comprehensive package of on-going support provided by ASH Scotland's Young People's Team including:

- support to promote your work locally the opportunity to attend a learning day at ASH Scotland
- access to up-to-date tobacco information and resources
- and access to formal accreditation for young people via the [Dynamic Youth Awards](#).

The deadline for applications is 18<sup>th</sup> August 2013. [Apply now for the Crofton Award 2013](#). Alternatively contact: Connie Bennett, Development Officer (Young People), ASH Scotland, [cbennett@ashscotland.org.uk](mailto:cbennett@ashscotland.org.uk), 0131 220 9465.

### **Junior Climate Challenge Fund**

The Junior Climate Challenge Fund (JCCF), which is part of the Scottish Government's Climate Challenge Fund, administered by Keep Scotland Beautiful, gives young people the funds and support they need to take action on climate change in their community. [Development grants](#) are available to groups led by young people aged 18 and under as they prepare for a full CCF grant application. Find out more on [Keep Scotland Beautiful's website](#).

### **Research tender - Challenging Sectarianism Across Generations**

West of Scotland Regional Equality Council (WSREC) is now accepting tenders to procure a contract to deliver a report for the Scottish Government funded Challenging Sectarianism Across Generations project. The subject of the research will be 'the impact sectarianism has on families and how this influences attitudes and behaviour in the wider community' and the aim is to widen understanding of this subject and inform the future activities of the project. [Click here](#) for full details.

### **Scotrail Foundation**

The Scotrail Foundation distributes grants to groups that support children or young people, and/or improve the environment or general health of communities. Communities that have - or wish to have - a local station at the heart of their activities will be prioritised. Groups can apply for grants of between £250 and £5,000. There are two deadlines: 9 August 2013 and 17 January 2014. Find more information on [Foundation Scotland's website](#).

### **Funding for community facilities in Glasgow**

Glasgow City Council is now inviting applications to the Community Facilities Social Enterprise Fund 2013/2014. The fund is targeted at organisations which are on the pathway to community management of Council facilities. [Read more, including about the application process](#)

### **Victoria League Scotland**

Scottish based charity Victoria League Scotland awards grants of up to £2,000 to Scottish organisations that provide events and facilities to overseas students and other groups visiting Scotland. They have recently launched a new website to help promote their grant giving activity and to provide information on how to apply for grant. The website can be found here <http://vlscotland.org.uk/> and you can have a look to see if your organisation may be eligible for one of their grants.

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## Events

### **Joyworks! Dundee Summer Laugh In (Dundee)**

Facilitator Lindsay Bennet leads this Laugh In on 17<sup>th</sup> August in the White Room Yoga Unit, FF5 Old Mill Complex, Brown St, Dundee DD1 5EF. Bring your friends and family to a popular Joyworks! Laugh In. Come along for a Saturday afternoon full of joy, fun and a lot a lot of laughs! £15 but bring a friend for free if booked via [website](#) before 1st August. Booking essential. Contact [sharon@joyworks.co.uk](mailto:sharon@joyworks.co.uk) or call 07842414765 for more information.

The Joyworks! website also has further dates in Edinburgh and Glasgow. See below for Inverness event.

### **Welcome to Westfield (Edinburgh)**

Welcome to Westfield, on Saturday the 24<sup>th</sup> August, 11am-3pm, at 28-30 Westfield Avenue (back green), has been organised by Health All Round, Westfield Residents' Association and Dunedin Canmore Group with support from local business and voluntary organisations. Activities include Gorgie Farm's Cuddle Corner, live music, health checks, massage and reflexology tasters and a book swap stall. The event will be opened at 11am by Cllr Eric Milligan. See more on [Health All Round's activity flyer](#).

### **Sensory Gardening Community Garden Networking Event (Fintry)**

This Community Gardening Networking Event is on Thursday 15<sup>th</sup> August from 10.30pm - 3.45pm at Fintry Development Trust (FDT). This FCFCG, Trellis and FDT event is free and lunch is provided as part of the day!

As part of this networking event there is great opportunity to learn more about sensory gardening with Jean Gavin from The Hidden Gardens. Learn more about how basic garden design can be used, and what plants are best, to maximise sensory and wildlife gardening. The practical hands-on activity in the afternoon will involve planting and a look at how to record biodiversity with volunteers. There will be opportunities to network with others who are involved with the field of community gardening. Transport will be arranged to provide pick up from Balfron to Fintry. Balfron has a good bus network from both Stirling (09.45am get in) and Glasgow (10.10am get in). The collection point will be outside Balfron Co-op at 10.10am. Please book online [here](#) (scroll down to register) through the FCFCG website.

This event is part of Four Days at Fintry. All workshops are completely FREE to attend however you will need to book your space as places are limited. All workshops are taking place at the Fintry Sports Club, Kippen Road, Fintry, Glasgow, G63 0YA Please visit <http://www.fdt.department-e.co.uk/> for further information.

### **FASS Grand Week performances (Glasgow)**

As part of GRAND Week 2013, CHEX Network member FASS (Family Addiction Support Service) invites you to this free event exploring the need for families affected by a loved one's addiction to be aware of Naloxone and to encourage family members to take part in Naloxone Training.

This event will be opened by FASS patron Dorothy Paul and will include the overwhelmingly successful Drama 'Chap at the Door', which has been performed at various venues including the Scottish Parliament, along with FASS's new drama 'The Aftermath'. Followed by an update from Police Scotland on the outcomes of last

year's event, a Naloxone myth busting session and various speakers on this topic.

This event is an opportunity to gain information on services and supports available locally and nationally and to network and discuss issues directly affecting families affected by a loved one's addiction.

Please confirm your attendance by contacting Brenda Gavigan on 0141 420 2050 or email [brenda@fassglasgow.org](mailto:brenda@fassglasgow.org) no later than 26th August 2013. GRANDWeek 2013 funding received from Communities Sub group of Glasgow City Alcohol and Drugs Partnership (ADP).

### **Inspiration 2013 (Glasgow)**

CHEX Network member, REACH Community Health Project invites you to Inspiration 2013: A Black and Minority Ethnic Employability & Developmental Day. This event, on 20th September, 2013 at Pollockshaws Burgh Hall, 2025 Pollockshaws Road, Glasgow G43 1NE, 9.30am – 2.00pm is for service providers, managers & or policy makers and will share lessons learned from REACH's "Employability & Health: BME Skills Development Path Training Programme" which is funded by the Scottish Government's Equality Unit via the Voluntary Action Fund (VAF). REACH will share with you what works and what does not when providing an employability service to a heterogeneous group of BME communities in terms of engagement techniques, advice and employability support relevant to the client group that we work with, and the challenges due to the heterogeneity of BME groups.

You will have a chance to:

- hear from some of the BME community members who benefited from the project about their experiences
- hear from other organisations, who are working in the area of employability & health in Glasgow / Scotland and you will have an opportunity to network with them
- share your experiences in this subject/area by contributing into a number of workshops available on the day and you will also be helping to shape up this project and the area of work further for future development.

For BME Community Individuals

The Inspiration 2013 will provide a chance for you to:

- meet with employability related support agencies, including possible employers.
- view numerous live vacancies available on the day
- register yourself for employability & business support
- know more about numerous health & wellbeing issues
- seek information & advice on preventative measures around diabetes, eye care, mental health and other health and wellbeing issues
- have hepatitis B & C testing and seek advice from a specialist doctor on your hep B & C conditions
- get your Body Mass Index (BMI) checked

To book a place at the event please copy and paste the following link into your browser & complete a [this simple registration form](#). If you want to just drop in to access market stalls and the health check zone you can do so at any time between 9.30am – 2pm. If you have any queries please call administration on 0141 585 8022 or alternatively email: [admin@reachhealth.org.uk](mailto:admin@reachhealth.org.uk)

### **Joyworks! Laugh in (Inverness)**

This free event from Joyworks! & Carr Gomm Scotland takes place on Thursday 29th August 7.15-8.45 Eden Court Theatre, Bishops Rd, Inverness, Highlands ,Scotland IV3 55A. Joyworks' Laugh In's aim to increase happiness, reduce stress, feel invigorated and shift perception. The event will consist of a concoction of uplifting and energising games, laughter yoga, oodles of relaxation to leave you feeling good about the word and its people. Bring your friends and family for a wonderful celebration evening of joy, fun and a lot of laughs!

This is a free event but booking is essential. Contact [sharon@joyworks.co.uk](mailto:sharon@joyworks.co.uk) or call 07842414765 for more information. Join us on this popular Joyworks! event to relax, re-invigorate and rejoice in fun! [Watch this excellent video](#) for some laughter yoga In action!

### **Trellis network meetings (Orkney and Perth)**

Trellis' Orkney network meeting will take place at Blide Hoose, Kirkwall on 23 August 2013 (10am until 3pm). This event is for everyone interested in therapeutic and community gardening. If you'd like more information or haven't already been contacted please get in touch with [Caroline Beaton](#) on 01856 811233.

The Perth Network Meeting will take place at Ochil Care Home, Perth on the 28th August 2013 from 2pm-5pm. This event is for anyone interested in gardening for well-being or who is curious about wildlife gardening and urban biodiversity or even creating a garden in a care setting. For more details and booking [click here for word document](#) or [here for the.pdf version](#).

### **Volunteering Zone Session (Stirling)**

Volunteer Development Scotland is running more information sessions on the Volunteering Zone - an online method of registering volunteer roles across local authority areas which will appear on the Volunteer Scotland website [www.volunteerscotland.org.uk](http://www.volunteerscotland.org.uk).

The service allows organisation to post volunteering opportunities directly online and keep them up-to-date and has a number of other of benefits including:

- secure online access to opportunities 24/7
- keeping volunteer recruitment information consistent across the country
- assigning access to branches to use volunteer role templates and register them locally
- statistics about how many people are looking at volunteering opportunities across the country
- Highlighting one-off events on the front page of Volunteer Scotland

The next session will take place at the VDS offices at Jubilee House, Stirling, on Thursday 22nd August, 10.00am – 12.00pm. To book a place, please [click here](#). Places will be allocated on a first come, first served basis. Please contact Rebecca Dadge - [rebecca.dadge@vds.org.uk](mailto:rebecca.dadge@vds.org.uk) - or phone 01786 479593 with any enquiries.

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## Conferences and Seminars

### **Social Capital World Forum (Callander)**

Assist Social Capital, with international partners, is hosting this year's Social Capital World Forum in Scotland on the 4th- 6th September, Lendrick Lodge, near Callander. The event, titled 'An International Learning Village', will focus on sustainable development, youth leadership and participatory processes that can help local communities thrive. It is targeted at those involved in community empowerment initiatives both from the community side and those from public agencies. Read more on [SENSCOT's website](#).

### **Choose Life (Dundee)**

The next Choose Life conference is planned for 11th September 2013 at the West Park Conference Centre, Dundee. The main theme of the conference is: Working with People in Distress with a focus on suicide and self-harm.

The Keynote speaker will be Niall Kearney, Head of Mental Health Improvement Unit, The Scottish Government, Neil Fraser, NHS Tayside, who will be updating us on the progress of the work locally in terms of Commitment 19 of the Mental Health Strategy and finally, Andy Sim from Samaritans who will give a fresh perspective of their current work.

There will also be a wide range of workshops, showcasing the work going on across Angus and Dundee and all attendees will be able to access two workshops throughout the day.

Refreshments and lunch will be provided and due to the conference being subsidised by past Choose Life conference monies, the cost for the event is only £50 +VAT.

[Book early](#) to avoid disappointment.

### **Nourish Scotland 2013 Conference (Edinburgh)**

Nourish Scotland 2013 Conference will take place on 3rd & 4th September, Queen Margaret University, Edinburgh. The theme is "feeding the five million: what would it take for everyone in Scotland to eat well and sustainably?" For more information or to register interest please email: [conference2013@nourishscotland.org.uk](mailto:conference2013@nourishscotland.org.uk). Bookings can be made at the eventbrite website: <http://feedingthefivemillion.eventbrite.co.uk>.

### **GRAND week workshops (Glasgow)**

Exploring challenges to the alcohol and drugs agenda in Glasgow takes place at The Lighthouse, 11 Mitchell Lane, Glasgow, G1 3NU, 9:30am - 1pm (lunch provided). This workshop will explore emerging challenges to the alcohol and drugs agenda in Glasgow and will be run by the Glasgow Centre for Population Health and the International Futures Forum as part of the GRAND week (Get Real About Alcohol 'n' Drugs). See more at <http://www.gcph.co.uk/events/135#sthash.mreZ47DK.dpuf>.

### **Scottish smoking cessation conference (Perth)**

Scottish Smoking Cessation Conference, at Perth Concert Hall on 19<sup>th</sup> November, is a free learning event in partnership with NHS Health Scotland and ASH Scotland. It aims to provide a motivating and inspiring day for those working in the field of tobacco, sharing good practice and debating some of the key challenges and solutions in continuing to reduce smoking throughout Scotland. A presentation from Sir Harry Burns and the findings from the national smoking cessation review are confirmed. A full programme will become available when registration opens in September. Read more in the [Scottish Tobacco Control Alliance e-bulletin](#).

## **GIRFEC Conference 2013 (Stirling)**

This year's collaborative GIRFEC conference will take place on 11th & 12<sup>th</sup> November 2013 in the Stirling Management Centre, University of Stirling.

- Day 1 – Assessing and analysing children & young people's needs
- Day 2 – Improving outcomes for our children & young people

The conference is a key event for practitioners, managers and academics who work with and for children, young people and their families. The programme will include presentations from key academics, practitioners and service users. For all bookings and enquiries please contact [tracy.stewart@stir.ac.uk](mailto:tracy.stewart@stir.ac.uk) or telephone Tracy Stewart – 01786 67711. Early bird offer of £270 by 16 August 2013. Thereafter £295.

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## **Training**

### **Children, Carers and Second Hand Smoke (Across Scotland)**

In this free one-day workshop from ASH Scotland, you will learn about second-hand smoke, its impact on families and children and how you can help. ASH aim to not only give you the facts but also the skills to make a real difference!

Courses are as follows:

- 19<sup>th</sup> September, Dumfries & Galloway
- 24<sup>th</sup> September, Edinburgh
- 2<sup>nd</sup> October, Glasgow
- 8<sup>th</sup> October, Dundee
- 22<sup>nd</sup> October, Stirling
- 26<sup>th</sup> October, Edinburgh
- 30<sup>th</sup> October, Inverness
- 5<sup>th</sup> November, Dunfermline

[Contact ASH](#) to book a place or find out more.

### **Youth Work & CLD course taster (Edinburgh)**

Georg Williams College in Edinburgh are offering a free taster session of PG Dip / MA Youth Work & CLD. The programme will include:

- A taster session on 'leading change in your organisation' from our
- MA Strategic Leadership and Management course
- Introduction to the Scottish based programme and Q&AA 'fast-track' application session for those interested

The taster will take place Friday August 30<sup>th</sup> 1230 – 1530 at Central Library Edinburgh, George IV Bridge. To book your free place, please contact Ally Hunter on [a.hunter@ymca.ac.uk](mailto:a.hunter@ymca.ac.uk) or 07949 081624. Places will be allocated on a 'first come, first served' basis. Tea and coffee will be provided. More MA programme info at: [www.ymca.ac.uk](http://www.ymca.ac.uk)

### **Learn how to resolve conflict in your local community (Glasgow)**

Scottish Community Development Centre is working with The Scottish Community Mediation Centre to present a five-day course on mediation and resolving conflict constructively. The course is an opportunity for anyone who has to deal with local conflicts to learn practical and effective skills in helping people find common ground and a mutually-agreed way forward.

This Scottish Credit Qualifications Framework accredited course is open to active members and staff of community groups, community organisations and community projects. The cost is £350 for the whole course, including a light lunch and refreshments. The fee is being kept to a minimum and covers only venue hire, catering and direct administration costs.

The course commences on Friday 6th September and continues on Fridays 13th, 20th and Thursday 26th September concluding on Friday 4th October.

[Find out more and sign up here.](#)

### **Person Centred Planning (Glasgow)**

Scottish Consortium for Learning Disability will be delivering a Person Centred Planning - 3-day facilitated course featuring MAP and PATH planning tools on 20th – 22nd August 2013, 10.00 – 4.00, SCLD offices, Merchant Exchange, Glasgow. Person centred planning is an approach that empowers people to make changes in their life, achieve their dreams and live the life they want. Come along to the course and you will gain:

- Opportunities to explore your own values and how they relate to those of inclusion and person centred practice
- Understanding of your role as facilitator in person centred planning
- In depth knowledge of MAP and PATH planning tools
- Graphic recording skills and practice time
- Opportunities to practice using person centred planning tools in a training setting
- Time to reflect on your own style and ways to build on your strengths

By the end of this course you will be equipped to facilitate MAPs and PATHs. Cost: £330 per person with a special offer of £300 per person if 2 places or more are booked by one organisation. To book email: [john.s@scl.d.co.uk](mailto:john.s@scl.d.co.uk) or call John Somerville at SCLD on 0141 559 5732.

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## **Vacancies**

### **Policy and Research Officer (Dingwall)**

Highland Third Sector Partnership is looking for a Policy and Research Officer (£18,441 pro-rata, 21 hours per week, 12 months fixed term) to gather information and evidence from frontline organisations on a wide variety of issues. You will also prepare briefings on policy and legislation for use within the Partnership and more broadly.

You must have good communication, IT and presentation skills. Ideally you will have

experience of report writing, journalism, communications or similar. Knowledge of the Third Sector would be a benefit but is not essential. Full details on [goodmoves](#). Closing date: 9 August 2013.

### **Managing Director (Dundee)**

Craigowl Communities is a Dundee-based Social Enterprise and are part of the Hillcrest Group of Companies. If you wish to join this successful Group as Managing Director (£39,138 - £45,246), you will not only be a proven leader with a track record in this specialised sector but will also have a range of skills and competencies to further drive Craigowl to a standard of excellence. For an informal discussion, please contact Damian McGowan on 01382 564716.

For a recruitment pack: call 01382 564 727, e-mail [recruitment@hillcrestha.org.uk](mailto:recruitment@hillcrestha.org.uk) or apply online at [www.hillcrest.org.uk](http://www.hillcrest.org.uk). Closing date for completed applications is: Friday 16th August 2013 at 12 Noon.

### **Community Development Worker (Edinburgh)**

As featured in the [last issue's](#) News from the Network. Pilton Community Health Project is currently recruiting motivated, dynamic and dedicated people to join its Board of Directors. Pilton is a fast changing organisation which has been working with local people to overcome health inequalities in north Edinburgh for nearly 30 years.

The organisation values people's life experience as well as their qualifications and is looking to achieve a good balance on its Board. The organisation is particularly keen to recruit people with skills in human resources, finance and business, community development, health or legal issues, marketing and communication.

If you are interested call Project Manager, Jen Richards on 0131 551 1671.

### **Communications and Engagement Officer (Edinburgh)**

SCVO is looking for a Communications and Engagement Officer (£27,479 - £31,603, 1 Year Fixed Term) with at least three years' experience in a stakeholder engagement, communications or campaigns role. You need to be comfortable engaging with different types of people, from politicians to service users, as well as a keen networker, confident negotiator and have experience of creating and sharing great information across a variety of platforms. Download application documents on [goodmoves](#). Apply by 19th August 2013.

### **Community Food & Health Worker (Edinburgh)**

Key areas of work for this p/t post (22 hrs/wk) at the Ripple Project include ensuring the smooth running of the Hub Grub Community Café, support and development of the project's team of café volunteers, provision of simple, nutritious meals within the café setting for its Lunch Club for older people and developing/supporting a range of the Ripple Project's other community health based initiatives. Find out more on [goodmoves](#). Closing date: 21 August 2013.

### **National Development Officers (Edinburgh)**

Scottish Community Safety Network is looking to recruit two National Development Officers (£26,855 - £29,343, 36hours per week)to contribute to the effective development of policy and practice for Community Safety in Scotland, providing a unique and valuable contribution to making Scotland a safer place to live, work and visit.

The successful candidates will be able to demonstrate an understanding of community safety with appropriate skills and experience of community engagement

and partnership working. Key areas of work will include: Closing date: 16 August 2013. View full details at <http://www.goodmoves.org.uk/jobs/14720?page=7&sector=3>

### **Board Trustee (Falkirk)**

Falkirk and District Association for Mental Health (FDAMH) is looking to recruit a new Trustee to its Board. In particular the organisation is keen to recruit a new Trustee with skills in finance who be willing to become its Finance Director. The FDAMH Board meet very two months and see this as an exciting opportunity for the right person to help them drive forward FDAMH's services for local people. FDAMH will provide induction training to ease you into this role and thereafter a rewarding volunteering opportunity to use your experience and skills with a local charity.

Working alongside FDAMH's other Trustees and Manager, you will maintain an overview of the organisation's financial affairs, ensuring its financial viability and that proper financial record and procedures are maintained. FDAMH is one of Falkirk's most respected charities supporting over 1700 adults with mental health problems.

If you are interested in becoming a Trustee, please call FDAMH's Manager, Angela Price for a chat and more information 01324 671 600.

### **Development Manager (Glasgow)**

CHEX's parent organisation, the Scottish Community Development Centre is recruiting a Development Manager to help deliver its programmes across Scotland.

To enquire about the position, please contact [Victoria Muir](#), Internal Services Manager, or download the recruitment pack [here](#).

Deadline for applications is Friday 23 August 2013.

### **Community Development Officer (Glasgow)**

Partick Community Growing Space seeks a Community Development Officer (£29,365 pro rata) to co-ordinate and manage the growing space development and community capacity building. Please visit [Partick Housing Association's website](#) for further information. The closing date for all applications is 5pm on Monday 5th August 2013.

### **Link Up Programme Co-ordinator (Glasgow)**

ng2 Ltd seeks Link Up Programme Co-ordinator (£30,000) to continue to develop, implement and run the Link Up programme being run in North Glasgow through a partnership between ng2, a subsidiary of ng homes, and Inspiring Scotland.

Ideally, you will have an understanding of asset-based approaches and will have first-hand experience of the community, the issues it faces, the people involved in development and engagement, and the agencies and community groups which operate in the area.

Application packs can be downloaded from the ng2 website at [www.ng2works.com](http://www.ng2works.com) or from the ng homes website at [www.nghomes.net](http://www.nghomes.net) (click on Latest Jobs link) or can be obtained by telephoning Marion Gallacher on 0141 336 1310. Closing date: Friday 9<sup>th</sup> August, 2013.

### **Community Networkers (Highland)**

The Highland RCOP Partnership are looking for enthusiastic Community Networkers (£21,819 pro-rata, p/t) to help facilitate the development and growth of the RCOP

agenda at community level. You must have a good knowledge of the community you would be based in along with excellent communication and facilitation skills and experience. The ability to team work and sustain personal drive is also essential.

Although based within the Third Sector Interface the posts will be working across all sectors, out in the community and reporting to the partnership. Access to your own transport will be necessary. Posts are based throughout Highland. See <http://www.goodmoves.org.uk/jobs/14684?page=3&sector=3> for more. Closing Date - Wednesday 7th August at 5pm.

### **Medal Routes Project Officer (Kinross)**

Ramblers Scotland is looking for an enthusiastic and committed individual to support the design and delivery of the Medal Routes project across Scotland. The aim of the project is to encourage people to undertake and enjoy short walks in their local area and to be more physically active before and after the 2014 Commonwealth Games in Glasgow. This is a full time post (£26,000) funded until October 2014 with potential for extension depending on funding. Visit <http://www.ramblers.org.uk/jobs.aspx> for more information and application form. Closing date: 14 August 2013.

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## **Websites**

### **Creating Places**

“Creating Places” is a website to accompany the Scottish Government’s policy statement on architecture and place. The policy statement argues that architecture should have social and environmental value at its heart and can be [read here](#). This website is an important element of the policy and it is designed to be a resource for everyone with an interest in the built and natural environment.

The site contains resources from across Scotland and beyond, intended to stimulate discussion, share good practice and inspire excellence. See more at <http://www.creatingplacesscotland.org/>

### **i-develop**

In case you don’t know about it already, i-develop’s purpose is to act as a hub for continuous professional development in Community Learning and Development. Developed by the CLD Standards Council, the website contains CLD visions and values, resources for development and articles on various aspects of CLD. You can also sign up to i-develop, which allows you to create CPD portfolio and take part in the online forum. [Visit i-develop here.](#)

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