



Issue No 237, 18th July 2013

Hello, and welcome to issue 237 of CHEX-Point Snippets. As always, this issue contains all the latest news and information relating to community-led health. **If you have any news or updates from your own work locally that you would like mentioned in Snippets please get in touch.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit www.chex.org.uk/subscribe/

The next issue of Snippets will be **Thursday 1st August 2013** so please send anything you would like to be included before Tuesday 30th July. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to andrew@scdc.org.uk or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and compiled by Andrew Paterson. Thanks to all contributors to this edition.

Regards
Andrew Paterson
Policy and Research Officer, Scottish Community Development Centre

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CHEX News

News from the Network – Gorbals Healthy Living Network is Streets Ahead!

In each edition of Snippets we like to profile some news from organisations which are part of the CHEX Network. For this issue, we got in touch with Gorbals Healthy Living Network to ask about their recent selection as the best Community Garden in Glasgow. The story is an edited version of a longer piece which featured in July 11-25 edition of the free [SouthSide Press](#) newspaper. Thanks to John MacLean at SouthSide Press for letting us use it.

Gorbals Healthy Living Network has been awarded the best Community Garden in Glasgow at the Streets Ahead ceremony in the Winter Gardens at Glasgow's People's Palace. GHLN was chosen for its work in converting the derelict Citizens Garden into an urban oasis that offers local people the chance to learn horticultural skills.

Proud volunteers took the award with them recently as they tended their plants and vegetables at the garden next to Norfolk Court high-rise flats and the famous Citizens Theatre.

GHLN Director Helen Trainor said:

“It is fantastic for us to win the Streets Ahead award. We're delighted. Our garden isn't just about growing food or having a nice place to look at – it's about bringing people together.”

The Streets Ahead awards are organised by the Evening Times with support from Glasgow City Council, Scottish Fire and Rescue Service, City Charitable Trust and Glasgow Housing Association. Other nominations for the Best Community Garden were Cathcart Old Garden Team and Battlefield Community Project.

But the judges saw that GHLN and its volunteers transformed an abandoned garden into a peaceful and beautiful haven with flowers, seating and raised beds. Most importantly, anti-social behaviour, littering and vandalism in the garden area have stopped and local people have a beautiful space to be proud of. And the project has led to some employment opportunities for a number of volunteers.

GHLN received grants through the Scottish Government Climate Challenge Fund to kick-start a number of small-scale carbon footprint reduction projects to engage residents in growing food and recycling. Flower-planting sessions have been held with pupils at St Francis Primary, Hampden School and Bridgend Nursery, with a new orchard planted in the Oatlands. Residents in supported housing units run by Loretto in the Gorbals have been given help to create raised beds and plant vegetables. And GHLN is keen to revamp derelict sites while creating more opportunities for all to learn new skills and improve health.

Visit the [Gorbals Healthy Living Network Facebook](#) page to find out more.

If you would like to have any aspect of your community-led health work featured in Snippets please get in touch. Email andrew@scdc.org.uk or phone 0141 222 4837.

More news from the Network – Come on Board with Pilton!

For our second piece of CHEX network news, we spoke to Jen Richards, Project Manager at Pilton Community Health Project about the organisation's call for new Board members and revisiting of its vision.

Pilton Community Health Project is a fast changing organisation which has been working with local people to overcome health inequalities in north Edinburgh for nearly 30 years. The organisation is currently recruiting motivated, dynamic and dedicated people to join its Board of Directors.

It's an exciting time for Pilton. Jen took over as Project Manager in February 2012 and was able to see first-hand all the great work that Pilton has been doing over the last 29 years. Pilton offers a wide range of dynamic and innovative services and activities, including a food and active lives team, adult and young person's counselling service, Women Supporting Women project, Health Information Team, crèche, Food for Thought Forum, Yummy Food Festival, multi-cultural forum, choir and much more! Keen to ensure that the profile of the organisation does justice to this fantastic work, Jen has initiated a revisiting of PCHP's vision, and along with her staff team has reinvigorated Pilton's [Facebook page](#) and [website](#).

By becoming a Board member, you would therefore have a real opportunity to shape the direction of Pilton Community Health Project's work for the next 30 years!

Pilton values people's life experience as well as their qualifications and is looking to achieve a good balance on its Board. The organisation is particularly keen to recruit people with skills in human resources, finance and business, community development, health or legal issues, marketing and communication, – in other words, people who can bring new and interesting ways of doing things to further strengthen the brilliant work PCHP already does!

If you are interested call Project Manager, Jen Richards on 0131 551 1671 to find out more about what it would involve. Have a look at Pilton's [website](#) and [Facebook page](#) to find out more about what the organisation does and what goes on in the area.

In addition, see the [vacancies section](#) below for a part time Community Development job being advertised by PCHP.

New research report from NKS

In a third piece of Network news, CHEX network member, [Nari Kallyan Shangho \(NKS\)](#), has launched a new report called Changing Cultures: health and inequality in Edinburgh. Over a hundred South Asian women were interviewed in this study in order to gain an understanding of their particular experiences of inequality.

The research found that South Asian women require culturally appropriate service provision that adopts a holistic approach, working across different 'life domains' and causal factors. The report also questions whether standard indicators and measures of deprivation, which inform both policy and resource allocation, adequately capture the particular disadvantages South Asian women face.

NKS is a health and welfare organisation which, since 1987, has been working for.

NKS aims to develop the social capital, health and quality of life for South Asian women and their families (Indian, Pakistani and Bangladeshi) living in Edinburgh who experience health inequalities, social exclusion and deprivation; provide a common platform for South Asian women to act together to improve the quality of their lives; and provide opportunities for the providers of health and welfare services to hear the concerns and views of South Asian women.

[Download the report](#) (pdf)

Raising (awareness of) the Spirit Level!

CHEX recently met with Katharine Round from Dartmouth Films, who is working on a film project based around the book *The Spirit Level*, looking at the impact of rising inequality on society.

The filmmakers have been working closely with the book's authors Richard Wilkinson & Kate Pickett on the project, which aims to both raise awareness of the growing gulf, and also explore what can be done about it. The project will tell the story of rising inequality through weaving together the experiences of a cast of individuals/families from around the world: both experts who have studied it and first-hand testimony from those who are living it. Amongst other things, it hopes to explore the declining wage share, rising job insecurity, and how this impacts on families.

A dedicated website for the documentary has been set up, which has background information on the *Spirit Level*, film footage, blogs and information on supporting the project. [Click here](#) to visit the website.

The filmmakers are specifically looking to talk to families who might be interested in participating in the project. If this is something that might be of interest to any of the communities you work with the contact details are as follows: Katharine Round, Producer/Director, Dartmouth Films, 020 7845 5853, katharine@dartmouthfilms.com, www.dartmouthfilms.com.

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General Information

Ministerial Health Inequalities Task Force update

The Ministerial Health Inequalities Task Force latest meeting was held on June 13th. The agenda covered updates from Equally Well test sites, a health inequalities review from Dr Andrew Fraser, Director of Public Health Science, NHS Health Scotland, a Scottish Government policy update from Michael Matheson MSP, Minister for Public Health (who chairs the group) and the outlining of the Task Force's draft report. Download the associated materials from the [Scottish Government website](#).

SURF Awards 2013

Nominations are now open for the SURF Awards for regeneration in Scotland, which delivered in partnership between SURF (Scotland's Independent Regeneration Network) and the Scottish Government. The awards organisers are looking for projects or initiatives making a real difference to a disadvantaged community.

There are five categories of entry for 2013, listed below:

- Town Centre Regeneration
- Support to Work
- Infrastructure & Social Benefits
- Creative Regeneration
- Community Led Regeneration

The process for making a SURF Awards entry is simple and straightforward. [Please click here](#) for further information and access to the application materials. The closing date for applications is Monday 19 August.

Social Enterprise Voluntary Sector Code

This may interest any community-led health organisations which have a social enterprise dimension to their work. The Social Enterprise Voluntary Sector Code has been described as a suite of behaviours which sum up what it means to be a good social enterprise group. Signing up to the code will signify that your social business accords with the values and behaviours by which members of the Scottish social enterprise community recognise one another. New subscribers must be formally sponsored by two existing subscribers. Organisations with charitable status are deemed to have an asset lock. Others may be asked for evidence that they are not a private business. Sponsors are assumed to have checked this defining condition.

Please click here for more information. <http://www.se-code.net> or apply here: <http://www.se-code.net/subscribers/>.

Latest welfare reform news

With welfare reform continuing to dominate the headlines, CHEX thought we'd provide some news from around Scotland relating to welfare and community-led health.

- WOWpetition is a community led campaign fronted by comedian Francesca Martinez, which aims to raise awareness of the cuts being made to Social Security benefits and services under the Coalition governments' austerity measures. WOWpetition aims to get 100, 000 signatures on the governments e-petition website, which includes calling for a Cumulative Impact Assessment of all changes to disability assessments and an independent inquiry into the austerity measures. Visit <http://wowpetition.com/> to sign the petition and get more information
- From campaigns around welfare cuts to research around the cuts... VOX is following up on its 2011 Real People, Real Cuts Report with a survey exploring what has changed since, if anything. VOX asks that you take a few minutes to [complete the survey](#) and also forward this message and the link to anyone in Scotland who might be interested. [Click Here](#) to read the 2011 Real People, Real Cuts Report. The new Survey will be open until Friday 6th September 2013.

News from other networks

CHEX has found the following e-bulletins interesting over the last fortnight:

- The fourth [Central and European Migrants E- Bulletin](#), produced by Good Community Project (GCRP), provides you with information about the project, what issues clients are facing and how GCRP supports them.

- Community Food and Health Scotland's latest e-bulletin ([July](#)) has all the latest training, policy, events, funding and consultations related to community food and health, including the CFHS annual development fund (see [funding](#) below).

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Campaigns

New 'Always Hear' for those living with HIV

HIV charity Waverley Care has launched a new Scotland-wide HIV awareness and anti-stigma campaign with funding from the Scottish Government. 'Always Hear' gives a voice to people living with HIV in Scotland using four films to capture the experiences of four people who are HIV positive.

During June, 'Always Hear' HIV resource packs were distributed to every secondary school in Scotland. Produced in association with Education Scotland, the resources provide up-to-date facts and challenge HIV myths. Resources have also been produced for churches in anticipation of World AIDS Day being on a Sunday this year (1st December).

For more information call Alison Irving on 0131 556 9710.

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Consultations and Surveys

Health and Social Care Alliance consultation event on the Public Bodies (Joint Working) (Scotland) Bill

The Health and Social Care Alliance is inviting its members and partners to participate in a consultation session to discuss the Public Bodies (Joint Working) (Scotland) Bill and its provisions. As discussed in [Snippets 235](#), the Bill makes provision for the integration of health and social care services across Scotland, including the creation of 32 Health and Social Care Partnerships.

The Scottish Parliament's Health and Sport Committee has recently issued a call for evidence on the Bill, which closes on 2 August 2013. Before this closes, the Alliance would like to hear from its members and partners their views on the Bill, the impact it will have for disabled people and people who live with long term conditions, how the third sector should be involved in integration and anything that you believe should be included in the Bill.

This consultation session will take place on Tuesday 30 July 2013, 10am-1pm at the ALLIANCE Hub, 349 Bath Street, Glasgow, G2 4AA. If you would like to attend the consultation event, or for more information, please contact Andrew Strong, Policy and Information Officer by email: andrew.strong@alliance-scotland.org.uk or by telephone: 0141 404 0231.

LGBT 50+ Community Survey

As part of its LGBT Age project, LGBT Health and Wellbeing is carrying out a Community Survey to give a better understanding of the needs of LGBT people across Scotland. The findings will be used to develop the future work of the LGBT Age project and LGBT Health and Wellbeing's wider work to promote the health, wellbeing and equality of lesbian, gay, bisexual and transgender people in Scotland.

The LGBT Age project provides a befriending service and social opportunities for lesbian, gay, bisexual or transgender (LGBT) people over 50 in Edinburgh and Lothians.

The survey will take just 10 minutes to complete and can be found at <https://www.surveymonkey.com/s/lgbtage>. Paper copies are also available; please request these on 0131 523 1100.

Consultation on Scottish Climate Change Adaptation Programme

In a move that might suggest we are becoming resigned to climate change occurring, the Scottish Government is consulting on the first draft of Scottish Climate Change Adaptation Programme. This programme aims to address the risks to Scotland's environment, built assets and society posed by climate change as a result of increasing carbon emissions. The consultation documents are [contained here](#) on the Scottish Government website.

Call for Written Evidence on the Scottish Government's Draft Budget 2014-2015

The Local Government and Regeneration Committee has launched a Call for Written Evidence on the Scottish Government's Draft Budget 2014-2015. The Committee has agreed a two-pronged approach to our budget scrutiny – a look forward over the next two years of the spending review, and a look back over the Government's progress and performance during the period of 2011 Spending Review.

Find the associated documents on the [Scottish Parliament website](#). The deadline for receipt of written submissions is Friday 27 September 2013. These should be sent to lgr.committee@scottish.parliament.uk.

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Publications

Social media publications

In line with the times, there's a lot of guidance emerging on using social media which may be useful to community-led health organisations and those working in the field. A couple that have come into CHEX's radar recently are:

- [About that first tweet](#) has been produced by Unity Trust Bank and Social Misfits Media to introduce charities and social enterprises to social media and how it might benefit their work. There's some advice from high profile experts who, despite the odd meaningless statement, give some quite practical suggestions about 'tweeting' and using facebook etc. The case studies are a mix of big and small organisations, so you may find something useful.
- A bit more political is SCVO's [discussion paper on a digital agenda for civil society](#), which aims to foster debate about 'digital empowerment', asking whether Scotland has the right social and political environment for a digital empowerment agenda and how civil society itself might play a role in making

this happen. The paper calls for local and national government to support community based digital initiatives around emerging agendas such as personalisation, self-help and mutual support.

- CHEX's parent organisation has been working in partnership with Youth Link Scotland and Learning Link Scotland on the Digitally Agile CLD programme over the past year or so. Funded by Education Scotland, the programme has delivered, and will be delivering, seminars and shared learning workshops on using social media and digital technology within community learning and development. Last year it produced the DACLD report featuring guidance, case studies and findings from the work. View the report and other resources on the [dedicated website](#).
- Lastly, anyone in Glasgow who is keen to find out about *clouds* – the latest digital ‘buzz word’ – might be interested in this course on [Moving to Cloud Computing](#) from GCVS.

Shedding Light on Services for Older Men

This report summarises the presentations and discussions at the men's sheds conference – ‘Shedding Light on Services for Older Men’ – which we featured in [issue 231 of Snippets](#). The conference was held in Westhill, Aberdeenshire on 28 May 2013. The report gives an introduction to the men's shed movement and [Westhill Men's Shed](#), which both inspired the conference. Put simply, ‘men's sheds’ are seen as an effective way to engage older men in activities that benefit their health and wellbeing. The report provides the presentations and panel discussions from the day. [Read it here](#).

Identities and Social Action

[Identities and Social Action: Connecting Communities for a Change](#) is based on the findings from the ESRC Identities and Social Action research programme. The aim of the study was to provide new evidence of how people connect and how they move through life, constructing ways of living that make sense and feel safe in today's society. The report shows how fluid our identities and communities are, and how they emerge from our interactions, conversations and observations through direct contact with others and through the media and internet. All the issues you might expect are explored, including social class, race, nationality, sexuality, religion, disability and age. The authors point out that there is much more to think about than *locality* when trying to pin down identity, with *familiarity*, *convenience* and *ancestry* being important too.

Commissioning and managing research projects

The Ruthless Research guide to... Commissioning and managing research projects has been written by Ruth Stevenson of Ruthless Research to help charities and other not-for-profit organisations to commission and manage external research and evaluation projects.

The e-book aims to be brief and to the point. Just a manageable ten pages of straightforward information and tips to help you to make the most of working with external research suppliers, from making the decision to outsource through to closing the project. Samples invitation to tender, expression of interest and research brief documents are also provided. The report can be accessed for free [here](#).

The Impoverishment of the UK Report

The Poverty and Social Exclusion (PSE) report, [The Impoverishment of the UK](#), paints a stark picture of the levels and extent of deprivation in the UK today, claiming that ‘over 30 million people in UK are suffering some degree of financial insecurity’.

The research finds that for a significant proportion of the population their living standards fall below minimum levels and for some, living conditions and opportunities have been going backwards.

The power of just doing stuff

In *The Power of Just Doing Stuff*, author Rob Hopkins argues that a shift is starting to take place within communities, representing the seeds of a new economy. Hopkins is part of the [Transition](http://www.transitionscotland.org) movement (see www.transitionscotland.org for a Scotland's own hub) and is the co-founder of Transition Town Totnes and of the Transition Network. In this book, he points to communities across the world that are already modelling a more local economy rooted in place, in well-being, in entrepreneurship and in creativity. This, he argues, is the answer to our desperate search for a new way forward and, at its heart, is people deciding that change starts with them.

You can [buy the book directly from the Transition Network](#).

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Funding

Glaxo Smith Klein IMPACT Awards

2014 GSK IMPACT Awards are designed to reward charities that are doing excellent work to improve people's health. Organisations must be at least three years old, working in a health-related field in the UK, with income between £25,000 and £2 million. Up to 20 awards will be made ranging from £3,000 to £40,000 plus free training valued at £4,000. Organisations will also have a film made, receive help with press and publicity and be given a set of promotional materials.

You can view footage of 2013 Scottish winner Greater Easterhouse Alcohol Awareness Project [here](#). The project worked with communities in Glasgow to reduce the harm associated with the use and misuse of alcohol. To apply for this year's awards go to: www.kingsfund.org.uk/gskimpactawards. Closing date 20 September 2013.

Tackling Sectarianism

The Voluntary Action Fund (VAF) is now accepting applications for its Tackling Sectarianism Small Grant Programme. The grant is aimed at small community based organisations and faith-based groups with an income of less than £100,000 per year. Groups can apply for grants of up to £5,000 for projects that will increase understanding of how sectarianism impacts on the lives of people in their community and make a positive impact on tackling the sectarianism experienced. The programme will run from July 2013 – March 2015. [Find out more here](#).

Aberdeenshire Asset Fund for Communities

Financed by Aberdeenshire Council, the Aberdeenshire Asset Fund for Communities has been drawn up to enable community organisations, large and small, to look at developing an asset or service that will give the organisation an ongoing income. Social enterprises and community organisations can apply for up to 10,000 for feasibility studies, consultants' reports, business plans, purchase of plant and equipment and/or assets for the start of the venture. See more on [Aberdeenshire Council's website](#).

People's Postcode Trust Small Grants Programme

The [People's Postcode Trust](#) has announced that its small grants programme is due to re-open for applications on the 8th July. Through its small grants programme, the People's Postcode Trust offers grants of between £500 and £10,000 to small organisations and community groups for projects lasting up to 6 months in the areas of Poverty Prevention; Advancement of Health; Community Development; Public Sports; Human Rights; and Environmental Protection. The closing date for applications will be the 23rd August 2013.

The Paul Bush Foundation Trust

This recently established trust offers one-off grants of up to £10,000 to charities that support individuals with physical disabilities. The Trustees meet in April and October. For more criteria and information on how to apply visit [the fund's website](#).

CFHS annual development fund

The CFHS annual development fund (previously known as the small grants scheme) is currently open. Groups and agencies that would like to develop activities that improve access to, and take-up of, a healthy, varied and balanced diet within Scotland's low-income communities are welcome to apply for between £500 to £3000.

The development fund will close on Friday 9 August at 5pm. For more information and an application pack visit the [CFHS](#) website.

Santander Social Enterprise Development Awards

The Santander Social Enterprise Development Awards aim to support social enterprises and Community Interest Companies looking to grow their business and improve their local community. The Development Awards are targeted at established social enterprises, with two or more years of trading, that have ambitions to develop their business but need a financial boost to help them realise their ideas. Development Awards can be as much as £50,000. Read more [here](#).

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Events

First Swing Clinics (Cumbernauld and Edinburgh)

Anyone of any age, with a disability, who wishes to learn how to play golf or develop existing golf skills is invited to attend free First Swing Clinics later this month. Scottish Disability Golf will hold two such Clinics, which will provide golf lessons, practice, catering and range time with PGA Professionals as follows:

- Palacerigg Family Golf Centre Cumbernauld on Sunday 21 July from 09:30
- Melville Golf Academy Lasswade in Edinburgh on Wednesday 31 July

Coaches and carers are welcome to attend and full details can be found [online](#). Places will be allocated on a first-come, first-served basis.

Increasing young people's opportunities to learn and work with their local communities (Greenock)

EAGER for Change is leading on a new project to increase Young Peoples

opportunities to learn and work with their local communities. In partnership with Trust Volunteering and More Choices More Chances (MCMC) Inverclyde, EAGER is looking to offer young students currently engaging with the MCMC programmes more 'community based learning opportunities'

EAGER for Change will provide support and training throughout the process for both students and organisations. Time offered for placements can be anything from a half day to 3 days, short term to long term and will be complimented with training (in house or external)

Interested organisations can attend an information session on Monday 22nd July, 2pm - 4pm at CVS Inverclyde, Ladyburn Business Centre. Please [click here](#) to confirm your attendance.

SWC Roadshow 2013 (Greenock)

Due to the success of the recent Scottish Women's Conventions conference in Greenock, another SWC roadshow is to take place for those who missed the opportunity to attend the last event.

The next conference will be held on Friday 26th July at the Tontine Hotel from 11:30am - 2:30pm. Please [click here](#) to see the attached poster for the conference.

CVS Inverclyde and SWC will also be jointly providing childcare cover for the event, and how this will be provided will depend on the numbers confirmed. Please contact erin.donnelly@cvsinverclyde.org.uk or [Scottish Women's Convention](#) before Friday 19 July to confirm attendance and advise of any dietary and childcare needs.

Addressing Depression in Muslim Communities (Glasgow)

CHEX Network member, REACH Community Health Project, will be hosting a talk by Dr Ghazala Mir and Ms. Shaista Meer from the University of Leeds entitled *Addressing Depression in Muslim Communities: Development of a Treatment Manual for Professionals*. The talk will be followed by a round table discussion. The event will provide an opportunity to people in the third sector, public sector and academia to listen and discuss how best to address the needs of Muslim service users with depression.

The event is being organised in partnership with Edinburgh University and will take place at REACH Community Health Project, 311 Calder St, Glasgow on **Friday 19th July**, 2013, 11.00am – 1.00pm. There will be a limited number of places available to attend this talk and places will be confirmed on a first come first served basis. Please email REACH at admin@reachhealth.org.uk with your name, contact number and organisation/institution.

Climate Challenge Fund advice surgeries (Highland and Western Isles)

Keep Scotland Beautiful will be providing free Climate Challenge Fund application and funding advice at 12 locations across Scotland throughout July and August. Remaining July dates are all in the Highlands and Islands:

- Inverness, 23rd July
- Ullapool, 24th TBC
- Stornoway, 25th

See [Keep Scotland Beautiful's website](#) for more details on these events as well dates and locations in August throughout the rest of Scotland.

Voluntary Sector Locality Network Events (North Lanarkshire)

During August – September 2013, Voluntary Action North Lanarkshire will host its latest round of six Voluntary Sector Locality Network Events across North Lanarkshire for volunteers, voluntary sector organisations and other key partners to come together to share key information.

If you are a volunteer or paid staff member in a local voluntary sector organisation (or work for any other partner organisation with an interest in communities), and feel you would benefit from such an event, you are encouraged to attend. For a full list of events in Cumbernauld, Motherwell, Coatbridge, Bellshill, Airdrie and Wishaw visit [VANL's website](#).

FCFCG network meeting (Orkney)

At Blide Hoose, Kirkwall on 23 August 2013 (10am until 3pm) this event is for everyone interested in therapeutic and community gardening. If you'd like more information or haven't already been contacted by FCFCG please get in touch with her on 01856 811233 or email [Caroline Beaton](#).

Volunteering Zone Sessions (Stirling)

Volunteer Development Scotland is running more information sessions on the Volunteering Zone - an online method of registering volunteer roles across local authority areas which will appear on the Volunteer Scotland website www.volunteerscotland.org.uk.

The service allows organisation to post volunteering opportunities directly online and keep them up-to-date and has a number of other of benefits including:

- secure online access to opportunities 24/7
- keeping volunteer recruitment information consistent across the country
- assigning access to branches to use volunteer role templates and register them locally
- statistics about how many people are looking at volunteering opportunities across the country
- Highlighting one-off events on the front page of Volunteer Scotland

The next sessions will take place at the VDS offices at Jubilee House, Stirling, on the following dates:

- Friday 19th July, 10.00am – 12.00pm
- Thursday 22nd August, 10.00am – 12.00pm

To book a place, please [click here](#). Places will be allocated on a first come, first served basis. Please contact Rebecca Dadge - rebecca.dadge@vds.org.uk - or phone 01786 479593 with any enquiries.

Community Gardening Networking Event (Stirlingshire)

This day event, on Thursday 15th August from 10.30pm - 3.45pm at Fintry Development Trust, Stirlingshire, will involve practical hands-on sensory and wildlife gardening activities as well as learning how to record biodiversity with volunteers. There will be opportunities to network with others who are involved with the field of community gardening and hear more about the work of the Federation of City Farms and Community Gardens, Trellis and the Fintry Development Trust. Transport will be arranged to provide pick up from Balfron to Fintry. Balfron has a good bus network

from both Stirling (09.45am get in) and Glasgow (10.10am get in). The collection point will be outside Balfron Co-op at 10.10am. Please book online [here](#).

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Conferences and Seminars

Criminal Justice Conference and Exhibition (Crieff)

This year's Association of Directors of Social Work (ADSW) Criminal Justice Conference and Exhibition is entitled "Community Justice, A Community Response". The Conference will take place at Crieff Hydro Hotel, Perthshire from Thursday 24th to Friday 25th October 2013 inclusive.

The conference will look at the importance of taking an holistic approach when working with offenders and the importance of effective partnership working across Social Work Services, across community planning partners and across Criminal Justice agencies. It will consider how such an approach enhances protection in communities, promotes social inclusion and improves community understanding of the reducing re-offending agenda.

Visit the [ADSW website](#) for more information.

Choose Life (Dundee)

The next Choose Life conference is planned for 11th September 2013 at the West Park Conference Centre, Dundee. The main theme of the conference is: Working with People in Distress with a focus on suicide and self-harm.

The Keynote speaker will be Niall Kearney, Head of Mental Health Improvement Unit, The Scottish Government, Neil Fraser, NHS Tayside, who will be updating us on the progress of the work locally in terms of Commitment 19 of the Mental Health Strategy and finally, Andy Sim from Samaritans who will give a fresh perspective of their current work.

There will also be a wide range of workshops, showcasing the work going on across Angus and Dundee and all attendees will be able to access two workshops throughout the day.

Refreshments and lunch will be provided and due to the conference being subsidised by past Choose Life conference monies, the cost for the event is only £50 +VAT. [Book early](#) to avoid disappointment.

Early Years Conference (Edinburgh)

The Scottish Pre-school Play Association (SPPA) early years national conference, entitled *Reflecting on Play and Learning*, takes place on Wednesday, 2 October at the Royal College of Physicians, Edinburgh. Speakers include Bob Hughes, author and playwork specialist. Online bookings can also be made via www.sppa.org.uk. There is an Early Bird booking (10% reduction) incentive for applications received on or before 31 August on delegates' fees.

Palliative Care conference (Edinburgh)

The Scottish Partnership for Palliative Care's conference takes place on 31st October at the Royal College of Physicians, Edinburgh. Built around a core of high quality

speakers the programme explores the diversity of challenges in contemporary palliative care. Topics range from heart failure to social media, from quality of life in advanced dementia to processes of dying, and from mindfulness to person centred care. And in what may be a film first, children, young people and their families present their perspectives on living with life limiting illness through opera.

Visit the [website](#) for full programme and online booking or tel 0131 229 0538

Growing Up in Scotland and Scandinavia (Edinburgh)

'Growing Up in Scotland and Scandinavia: What do our longitudinal studies tell us about our children's wellbeing?', on 13th November 2013 at John McIntyre Conference Centre, Edinburgh, will explore the experiences of children growing up in Scotland and Scandinavia and asks what we can learn from each other. Both Scotland and Scandinavia have a rich tradition of conducting high-quality research about our children, but what can this tell us about children's wellbeing in our respective countries? Speakers include Prof Christopher Gillberg (Sweden), Prof Anne Mette Skovgaard (Denmark), Dr Paul Bradshaw (Scotland) and Dr Helen Minnis (Scotland). The day will be chaired by award winning journalist, commentator and broadcaster Lesley Riddoch.

Please see http://www.cfr.ac.uk/gus_international for more information on how to register and abstract submission (deadline 30th Aug).

PHINS Seminar 2013 (Glasgow)

This year's PHINS seminar will take place on Friday 6th September 2013 in the Carnegie Lecture Theatre at Glasgow Caledonian University (Charles Oakley Building). A copy of programme is available from the [PHINS page](#) of the ScotPHO website:

This event is free of charge but spaces are limited and will be allocated on a first come, first served basis. A link to the registration for the event is also available from the same webpage above.

Scottish smoking cessation conference (Perth)

Scottish Smoking Cessation Conference, at Perth Concert Hall on 19th November, is a free learning event in partnership with NHS Health Scotland and ASH Scotland. It aims to provide a motivating and inspiring day for those working in the field of tobacco, sharing good practice and debating some of the key challenges and solutions in continuing to reduce smoking throughout Scotland. A presentation from Sir Harry Burns and the findings from the national smoking cessation review are confirmed. A full programme will become available when registration opens in September. Read more in the [Scottish Tobacco Control Alliance e-bulletin](#).

Social Capital World Forum 2013 (The Trossachs)

The Social Capital World Forum (SCWF) was launched in Scotland in 2009 to bring together organisations working at a regional/national level with social capital as a key resource for enhancing community well-being and resilience. The SCWF aims to integrate a common language that will facilitate the progress of our communities socially, environmentally and economically. In 2010 and 2011 it was hosted in Austria and last year in Sweden. For the 5th Social Capital World Forum (4-6 September) they are returning to Scotland. For more information or to book your place visit www.sc-wf.org

This year SCWF will be run as a learning village using the Art of Hosting as the facilitation methodology. [Art of Hosting](#) is a global community of practitioners using

integrated participative change processes, methods, maps, and planning tools to engage groups and teams in meaningful conversation, deliberate collaboration, and group-supported action for the common good.

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Training

Children, Carers and Second Hand Smoke (Across Scotland)

In this free one-day workshop from ASH Scotland, you will learn about second-hand smoke, its impact on families and children and how you can help. ASH aim to not only give you the facts but also the skills to make a real difference!

Courses are as follows:

- 19th September, Dumfries & Galloway
- 24th September, Edinburgh
- 2nd October, Glasgow
- 8th October, Dundee
- 22nd October, Stirling
- 26th October, Edinburgh
- 30th October, Inverness
- 5th November, Dunfermline

[Contact ASH](#) to book a place or find out more.

BSL Taster (Edinburgh)

Deaf Action has organised a series of BSL Tasters in Edinburgh. The next taster session is scheduled to take place on 1st August ahead of classes starting later that month. Tasters cost £15 per person and if you attend you will get a 10% discount on the Intro to BSL course. Further details can be found here:

<http://deafactionedinburghbsl.eventbrite.com/>

Learn how to resolve conflict in your local community (Glasgow)

Scottish Community Development Centre is working with The Scottish Community Mediation Centre to present a five-day course on mediation and resolving conflict constructively. The course is an opportunity for anyone who has to deal with local conflicts to learn practical and effective skills in helping people find common ground and a mutually-agreed way forward.

This Scottish Credit Qualifications Framework accredited course is open to active members and staff of community groups, community organisations and community projects. The cost is £350 for the whole course, including a light lunch and refreshments. The fee is being kept to a minimum and covers only venue hire, catering and direct administration costs.

The course commences on Friday 6th September and continues on Fridays 13th, 20th and Thursday 26th September concluding on Friday 4th October.

[Find out more and sign up here.](#)

Project Management skills (Glasgow)

As follow up to the popular '[Introduction to Project Management](#)' course, Glasgow

Council for the Voluntary Sector (GCVS) will be running a Project Management skills course on Wednesday 14th August 2013, 9:30am – 4:30pm, at The Albany Learning and Conference Centre, 44 Ashley Street, Glasgow G3 6DS. Book online [here](#).

Scottish Consortium for Learning Disability training (Glasgow)

SCLD will be running an Easy Information course, costing £110 per person, on Tuesday 30th July 2013, 10.00 – 4.00, Merchant Exchange, Glasgow. This is a practical one day course which goes through all the steps involved in creating easy to understand information.

You will learn:

- What accessible information is and why we need it.
- How to involve your audience when creating accessible information.
- How to format easy to read information.
- How to use words, pictures and photos in easy to understand information.
- What resources are available to help you make your own easy to understand information.

To book email: john.s@scl.d.co.uk or call John Somerville at SCLD on 0141 559 5732

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Vacancies

Support Managers (Aberdeen and North East)

Inspire is recruiting Support Managers (£22,018 - £27,258) to help empower the life choices of the people it supports, whilst meeting the expectations of the organisation and its external partners and regulators. To apply online please visit www.inspireonline.org.uk/jobs. Full job description and details of specific services also available here. Closing date: 5 August 2013

Community Development Worker (Edinburgh)

Pilton Community Health Project has secured funding for a Community Development Worker (17.5hrs per week, £23,232 pro rata) to encourage, support and deliver activities that would increase opportunities for integration between different ethnic communities living in the Greater Pilton area.

PCHP is looking for a community development worker with a proven track record working with a range of partners and in fund-raising. An understanding of the issues facing equalities groups would be an advantage.

The post is funded by the Scottish Government until end March 2015 subject to the funder being satisfied by progress on outcomes. For more information and a job pack call 0131 551 1671, email admin@pchp.org.uk, or visit www.pchp.org.uk/job-opportunities/. Closing date: 12 noon, Friday 2nd August. Interviews: Monday 12th August.

Community Food Posts (Edinburgh)

Edinburgh Community Food is recruiting for the following posts:

- Senior Food and Health Development Worker (£24,927, 35 hours - Fixed

- Term – September 2013 – August 2014)
- Food and Health Development Worker – Willow Project (£22,516, 12 hours per week - Fixed Term – September 2013 – March 2014)
- Food and Health Development Worker (£22,516, 23 hours per week - Fixed Term – September 2013 – March 2014)
- Food and Health Development Worker (£22,516, 21 hours per week - Fixed Term – September 2013 – March 2015)

Visit [Edinburgh Community Food's vacancies webpage](#) for full details and application documents. The closing date for all 4 posts is 26th July 2013.

Fundraising and Communications Officer (Edinburgh)

Dr Bell's Family Centre seeks a Fundraising and Communications Officer (£23,664 - £26,214 pro-rata, 14-16 hours per week) to support it in its work providing a range of services for families with young children who live in EH6 or EH7 using a community development approach. Full details on [Goodmoves](#). Closing date: 31 July 2013.

Development Officer (Falkirk)

Central Scotland Regional Equality Council seeks a Development Officer (£22,519 pro-rata, 21 hours per week on a fixed term contract up to 31st July 2014) to work with the Black and Minority Ethnic Communities in Falkirk for a period of 12 months to deliver an "Eco-Friendly Falkirk" Pilot Project. Download job description and application forms from [goodmoves](#).

Link Worker Programme Manager (Glasgow)

A new programme funded by Scottish Government is being established to test the potential for a link worker role to connect primary care with community based resources. The Link Worker Programme Manager (Circa £36,000) will be co-ordinating and managing the new programme with support and guidance of a Clinical Lead. They will be based with Health and Social Care Alliance. See <http://www.goodmoves.org.uk/jobs/14590?page=14>. Closing date: 29 July 2013.

Medal Routes Project Officer (Kinross)

Ramblers Scotland is looking for an enthusiastic and committed individual to support the design and delivery of the Medal Routes project across Scotland. The aim of the project is to encourage people to undertake and enjoy short walks in their local area and to be more physically active before and after the 2014 Commonwealth Games in Glasgow. This is a full time post (£26,000) funded until October 2014 with potential for extension depending on funding. Visit <http://www.ramblers.org.uk/jobs.aspx> for more information and application form. Closing date: 14 August 2013.

General Manager (New Galloway)

Glenkens Community & Arts Trust (Catstrand) is advertising for a General Manager (£28,000) with overall responsibility for the management and development of projects under the Trust. For more information and details of how to apply visit www.catstrand.com. Closing date: Wednesday 31st July 5.00pm 2013. Interviews week commencing Monday 5th August 2013.

Volunteer Development Scotland posts (Stirling)

VDS is looking for a Development Officer, Research and Information Officer, Policy and Communications Officer, Head of Communication and Information, Project Manager – Employability and Young People and Head of Communication and Information. The closing date for the first three posts is 26th July 2013 with the other two closing in August. Visit [VDS's vacancies webpage](#) for more information on all

posts.

Community Farm Education Officer and Volunteer Development Manager (West Linton)

Whitmuir Community Farm is looking for a self-employed Community Farm Education Officer (one year, 250 hours in total/£12 per hour) to help develop a programme of educational activity and events on sustainable food and farming. More details on [Goodmoves](#).

The organisation is also seeking a Volunteer Development Manager (1 year post - 12 hours per week/£12 per hour) to help develop a volunteering strategy and programme for people interested in organic food and farming. Full details once again on [Goodmoves](#).

Closing date for both posts: 29th July 2013.

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Websites

Healthy Working Lives

NHS Health Scotland has produced a Healthy Working Lives website with various statutory partners and employers. The site at www.healthyworkinglives.com is full of practical information, guides and tools to help you with every aspect of health, safety & wellbeing in your workplace. It includes a section on legislation and policy with links to actual legislation as well as guidance. There is also an advice line on 0800 019 2211.

FixMyStreet

FixMyStreet allows people to report issues in their local community such as subsidence, graffiti, fly tipping or faulty street lighting. The website contains boxes to enter postcodes and the nature of the problem. Then the people behind the website send a letter to the relevant local council alerting them of the issue. According to the site, 3,573 reported problems have been fixed in the last month. If you have something you've been meaning to raise with your local authority but haven't had the time (or energy!) you may wish to give it a go. Try it for yourself at <http://www.fixmystreet.com/>.

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