



Issue No 236, 5<sup>th</sup> July 2013

**Hello, and welcome to issue 236 of CHEX-Point Snippets.** As always, this issue contains all the latest news and information relating to community-led health. **If you have any news or updates from your own work locally that you would like mentioned in Snippets please get in touch.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit [www.chex.org.uk/subscribe/](http://www.chex.org.uk/subscribe/)

Due to annual leave, the next issue of Snippets will be **Thursday 18<sup>th</sup> July 2013** so please send anything you would like to be included before Tuesday 16<sup>th</sup>. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to [andrew@scdc.org.uk](mailto:andrew@scdc.org.uk) or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and compiled by Andrew Paterson. Thanks to all contributors to this edition.

Regards  
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## **CHEX News**

### **News from the Network – It's all in the name: a shift in focus for South Edinburgh Community Health Project**

*In each edition of Snippets we like to profile some news from organisations which are part of the CHEX Network. For this issue, we spoke to Hollie Ruddick at South Edinburgh Community Health Project, previously known as South Edinburgh Healthy Living Initiative, who explains the reasons behind the name change, which are mainly to do with changes to SECHP's services and approaches.*

[South Edinburgh Community Health Project](#) works with local people, in the communities of Burdiehouse, Southhouse, Gracemount, Liberton, Gilmerton, Moredun and the Inch, to promote health and wellbeing in people's lives. SECHP aims to work in areas such as physical activity and food and health. The organisation also aims to create more volunteering opportunities in the South Edinburgh area. There is a particular focus on intergenerational work, working across different ages rather than with one age group at a time.

Hollie explains that this shift in approach towards intergenerational work was partly behind the project's change of name, as the emphasis is on the 'community' as a whole and building community connections to reduce health inequalities. In line with this community-led approach, SECHP is engaging with the community to devise services that suit the needs of the community and local people. In addition, partnership work is currently being established with the local [Neighbourhood Partnership](#) and intergenerational projects in the area.

The name change marks a break with past programmes, and SECHP also feels that 'project' sounds longer-term than 'initiative'. CHEX notes that these issues often present a dilemma for community-led health organisations, and has itself grappled with the problem of whether to refer to 'groups', 'projects' or 'organisations' – usually opting for the latter!

SECHP aims to start running services in September and we at CHEX will be happy to update Snippets readers with any further developments. For more information on South Edinburgh Community Health Project visit the webpage on the [Health in Mind website](#) (Health in Mind is SECHP's parent organisation) or email [hollie@health-in-mind.org.uk](mailto:hollie@health-in-mind.org.uk) or call us on 0131 664 0555.

*If you would like to have any aspect of your community-led health work featured in Snippets please get in touch. Email [andrew@scdc.org.uk](mailto:andrew@scdc.org.uk) or phone 0141 222 4837.*

### **More news from the Network – Call for participants in REACH's Service User Led Groups**

CHEX network member organisation, REACH Community Health Project is currently delivering a mental health and wellbeing project titled *Me, Myself and I – Towards Self Management*. The project will help empower and build self-confidence of individuals from Black and Minority Ethnic (BME) communities with mental health issues to proactively and confidently self-manage their mental ill health and work towards recovery. The project will also help increase understanding of and challenge misconceptions around mental health and wellbeing. *Me, Myself and I – Towards Self Management* will be delivered across Glasgow City for the next three years.

One of the key features of the project involves setting up Service User led groups (SULG) in Glasgow. The SULG will help empower individuals who may have experience of mental health either with themselves or someone in their community. The SULG will provide an opportunity for members to meet others with similar experience of health and wellbeing issues, including mental health issues.

REACH aims to have at least two groups, one in the North of Glasgow and one in South side of Glasgow. There may be more groups than this, depending on the diversity and the socio-cultural and linguistic need of communities. The groups will consist of around 12-15 people and will meet at least 4 times in a year, depending on each group's requirements.

The SULG will be led by a group facilitator who will be a member BME Community with lived or past mental health experience. The groups will decide their own agenda, and all the members will receive support from REACH, including training around facilitating community groups and issues around mental health.

REACH would like to invite any of your service users who may wish to take part in the Service User Led Groups (SULG). Some of the members will also have the opportunity to represent their community voice at a Community Led Glasgow Mental Health Forum. If you feel there is a service user within your organisation who may wish to be part of the Local Community Service User led groups, please contact Zenib Ahmad – Mental Health- Project Officer at [zenib@reachhealth.org.uk](mailto:zenib@reachhealth.org.uk) 0141 585 8023 and further information will be provided for the service user.

### **Routes to Sustainability**

CHEX gets asked constantly about developing strategies for long term sustainability of community-led health activity. Our 'Routes to Sustainability' publication is designed to help community-led health organisations to think about strategies and provides helpful links to information, guidance and resources. It focuses on tackling health inequalities, community engagement, equalities and inclusive practice, funding, demonstrating impact, partnership working, strategic planning and marketing. This third version was produced last year, but remains relevant in the current climate. Download from <http://www.chex.org.uk/media/resources/what-we-do/Info-resources/Routes%20to%20Sustainability%20Issue3.pdf>.

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## **General Information**

### **The Engagement Matrix reloaded!**

As CDAS has reported in its [latest e-bulletin](#), the Scottish Government Quality Unit sent a letter to NHS Board Chief Executives and Third Sector Interface Chief Officers

in May asking them to complete the Engagement Matrix by 31st August. Boards were asked to work with the third sector to identify “high impact areas of local collaborative improvement”. The completed matrices from each board will be collated to contribute to a national picture of what is working well in terms of joint working between NHS Scotland and the third sector. The results will be presented at a Chief Executives’ meeting in the Autumn in order to identify good practice that could be shared and spread nationally.

CHEX was one of the partners (led by VHS) who, as part of a Scottish Government short life action group, developed the ‘Engagement Matrix’ to assist collaborative working on the planning and delivery of health and social services. See the [publications section](#) of the CHEX website for more.

### **SCDC gives evidence to Parliament on regeneration**

On the 26<sup>th</sup> June, CHEX’s parent organisation, the Scottish Community Development Centre (SCDC) gave evidence to the Scottish Parliament’s Local Government and Regeneration Committee on the role of community groups and the third sector in regeneration. The *Official Report* of the meeting is now available on the Parliament’s website and can be accessed by following this link: [Local Government and Regeneration Committee – 26 June 2013](#).

Stuart Hashagen from SCDC gave evidence alongside representatives from DTAS, SURF and SCA (Development Trust Scotland, Scotlands’ Independent Regeneration Network and the Scottish Community Alliance for those unfamiliar with the acronyms). Stuart argued that there needs to be renewed attention to, and investment in, social development. In particular, he advocated neighbourhood work in the communities with the weakest social ties to build the sense of confidence, inclusion and purpose, without which communities will be unable to participate in any form of community-led regeneration.

Read a summary of Stuart’s points [here](#). You can also watch the video of the inquiry sitting [here](#). SCDC’s contribution comes after about 90 minutes!

### **Co-production from Sweden**

The Scottish Co-production Network (affiliated to SCDC, CHEX’s parent organisation) welcomed Nicoline Vacerberg, Director of the Esther Network in Jonkoping, Sweden, and her colleagues earlier this month. A small seminar held on Thursday 13th June in Edinburgh enabled members to learn more about this model of person-centred health and social care.

Key points from the discussions on the day were around the importance of using personal stories to demonstrate learning from person-centred approaches; the need to ‘let go’ and for front-line staff to be empowered to try new ways of working; and that starting small, and learning from small successes can motivate change at a broader level. Read about Esther and download slides from the day including these key points [here](#).

### **Latest welfare reform news**

With welfare reform continuing to dominate the headlines, CHEX thought we’d provide some news from around Scotland relating to welfare and community-led health.

- The Scottish Government has published the first report from the Expert Working group it set up to explore welfare in Scotland including issues around the costs of welfare in Scotland at the point of independence. The report can

be accessed here: <http://www.scotland.gov.uk/Publications/2013/06/8875>. As well as assessing Scotland's ability to afford welfare as an independent country, the report suggests improvements to welfare that could be made if a "yes" vote transpires, including taking a more preventative and holistic approach.

- Aberdeenshire Council has set up a Welfare Reform Cross-Service Working Group to ensure there is a collaborative and co-ordinated approach across all council services as the changes take place. To support this, a Welfare Reform Team, which aims to help customers, services and stakeholders prepare for the changes to the welfare system and to assess the impact of welfare reform in Aberdeenshire. The team's monthly newsletter will provide an update on what is happening across the council, information on changes as they are implemented and details of support for residents. You can e-mail the team at [welfarereform@aberdeenshire.gov.uk](mailto:welfarereform@aberdeenshire.gov.uk).

### **Scotland's Sustainable Housing Strategy**

The Scottish Government has published Scotland's Sustainable Housing Strategy, setting out the work the Scottish Government is doing to help people reduce household energy bills while highlighting its plans for the future.

By 2020, all homes are to have loft and cavity wall insulation where this is possible and every home with gas central heating will have an energy efficient boiler with appropriate controls.

The Scottish Government points out that, between 2009/10 and 2011/12, it invested almost £150 million in fuel poverty and energy efficiency programmes and over the current spending review period is investing around a quarter of a billion in these initiatives.

You can find the strategy at <http://www.scotland.gov.uk/Publications/2013/06/6324>.

### **The Grow Trust**

The Grow Trust is a new "collaboration" between three existing local Community Development Trusts in Scotland, Lochboisdale Amenity Trust on South Uist, Beith Community Development Trust in North Ayrshire, and Linwood Community Development Trust in the central belt. Supported by Oxfam Scotland, the Trust aims to support local Community Development Trusts to build and control local enterprises which can generate community wealth. The Trust's website states that it will:

*"Bring Oxfam's experience of development with the legal, financial, business, environmental and marketing expertise to benefit community Development Trusts which will be part of team of the Grow Trust. The Trust will have the ability to provide specialist advice, generate income, apply for funding, and hold assets on behalf of the Trust itself, and for other Community Development Trusts which it represents."*

Visit the Grow Trust's website [here](#). Further pre-existing support for Community Development Trusts is available from [Development Trusts Association Scotland \(DTAS\)](#).

### **News from other networks**

CHEX has found the following e-bulletins interesting over the last fortnight:

- The latest [Community Development Alliance Scotland \(CDAS\) information bulletin](#) contains updates on the new Scottish Government legislation relevant to community-led health, including *The Integration of Adult Health and Social Care* (See [last edition of Snippets](#) for more on this from CHEX) and *The*

*Requirements for Community Learning and Development (Scotland) Regulations 2013.*

- Those in community-led health who are interested in social enterprise approaches might like to read [Social Firms Scotland's latest e-bulletin](#).
- NHS Health Scotland has sent out July's edition of its [Wellbeing in Sexual Health and HIV e-bulletin](#).
- [Local People Leading](#), from the Scottish Community Alliance, contains a profile of CHEX Network member organisation Healthy'n'Happy Community Development Trust as well as views and articles on community-driven solutions to tackling inequality.
- [July's Poverty Alliance e-news](#) contains links to videos that challenge myths around poverty.

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## Campaigns

### **Scottish Association for Mental Health (SAMH) fundraiser**

SAMH's 'Two Too Many' Campaign aims to raise awareness of suicide, pointing out that today, in Scotland, two people will die through suicide. The campaign seeks to challenge the stigma associated with it and help people feel confident to offer support if they are concerned that someone they know is at risk of suicide. To donate £3 text TALK to 70040. As part of its work around mental health, SAMH provides support to families affected by suicide. Visit their website at [www.samh.org.uk](http://www.samh.org.uk).

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## Consultations and Surveys

### **Your views on evidence!**

The Knowledge Translation Network (KTN), which CHEX is a member of, is working to create an easy-to-use, step-by-step guide for third sector organisations on using evidence to influence policy and practice. To enable us to do this, we would like to invite you to complete a short survey exploring how you currently generate and/or use evidence in policy and practice. The survey is composed of 22 questions and should take approximately 10 minutes to complete.

The Knowledge Translation Network (KTN) is made up of Evaluation Support Scotland, The Robertson Trust, CHEX, the Big Lottery Fund and the Third Sector Unit of the Scottish Government. The KTN aims to facilitate and share learning about effective knowledge translation and dissemination activities and it runs parallel to the Scottish Third Sector Research Forum, another collaborative initiative between sectors to champion the use of evidence from the third sector. This piece of work is intended to build the capacity of voluntary organisations to generate, analyse, and make use of evidence into policy and practice.

To help with this work, we would be grateful if you could complete the survey using the link below before 17:00 on Friday, the 5<sup>th</sup> of July. We would also appreciate it if you could forward this e-mail to colleagues and networks you think are appropriate.

The survey can be accessed here:

<https://www.surveymonkey.com/s/evidenceinpolicyandpractice>

### **FCFCG Scotland call for community gardens**

The Federation of City Farms and Community Gardens (FCFCG) is looking to highlight some community gardens (as case studies) which make a contribution to enhanced biodiversity. These could include community gardens where the emphasis is on habitat maintenance, biological recording, enhanced wildlife value; it could include permaculture gardens or forest gardens, gardens with areas kept wild, gardens where people monitor the wildlife, etc. If you or any community garden projects spring to mind – please contact John ([scotland@farmgarden.org.uk](mailto:scotland@farmgarden.org.uk)) or Naomi ([Naomi@farmgarden.org.uk](mailto:Naomi@farmgarden.org.uk)) at the office.

### **Call for Evidence on a Community Energy Strategy**

The UK Government Department of Energy & Climate Change is consulting on how local communities can take charge of managing and generating their own energy.. Responses should be submitted online by 1 August and the Strategy will be published in the autumn. [View the consultation online](#). The [CDAS e-bulletin](#) also provides a summary of the consultation and accompanying research papers.

### **Have you been affected by change to services?**

In 2011 Voices Of eXperience (VOX) published the Real People, Real Cuts Report exploring the impact that changes to the way services are funded impacted on the lives of people living with a mental health condition, in Scotland, particularly in relation to quality of life, mental health and well-being and recovery. The report was based on people's responses to an online survey about the types of services they received or accessed. At that time a number of respondents had experienced cuts to services which they felt impacted on their recovery, but many others said that although they had not experienced significant cuts, they were concerned that services would be cut over the next few years. VOX decided that the survey would be repeated in 2013 to see what changes, if any, have occurred over the last two years.

VOX has put together this [survey on surveymonkey](#) for you to complete. It will be open until Friday 6th September 2013.

### **Creativity in Social Care**

As part of its Creative Quarter project, IRISS (Institute for Research and Innovation in Social Services) would like to illustrate how the creative arts are currently being applied in Scotland's social services. The idea behind this is that creativity can change lives for the better and IRISS seeks your help in understanding how the creative arts are being used, and the impact this type of work can have for people supported by services and for staff.

The survey can be found here:

<https://www.surveymonkey.com/s/artsandsocialservices>

### **Inverclyde consultations**

Snippets readers in Inverclyde still have time to complete the Dementia Strategy questionnaire which runs until 12th July. The strategy and consultation questionnaire is available to download from Inverclyde council's website. You can complete the questionnaire online at: <https://www.research.net/s/dementiasurveychcp>. For more information Phone 01475 714198 or email [Kathleen.kennedy@inverclyde.gov.uk](mailto:Kathleen.kennedy@inverclyde.gov.uk).

In addition, Inverclyde Council would like your views and comments on the Inverclyde

Local Development Plan on or before 26 July 2013. all documents can be viewed at [www.inverclyde.gov.uk/ldp](http://www.inverclyde.gov.uk/ldp)

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## Publications

### **New publications available from CFHS**

Community Food and Health Scotland has two new fact sheets that look at the impact of small amounts of CFHS funding to develop community food activities. These are [Local food micro funding](#) and [impact of 'winter promotion' funding](#). Also recently available is the latest edition of CFHS's newsletter, [Fare Choice](#).

### **Oxfam Scotland's Our Economy report**

Oxfam Scotland has launched a new report called 'Our Economy', setting out Oxfam Scotland's vision for the economy. Through the report, Oxfam hopes to show how allocating resources in a more effective and sustainable way can deliver lasting change. The report argues that the Scottish economy must pursue policies which deliver for the people, and policy-makers must play a central and driving role as underwriters of community solutions.

Recommendations include: measuring progress through indices that account for wellbeing; the establishment of a Poverty Commissioner; a living wage; fairer and tighter tax laws that promote social accountability of business; a Sustainable Livelihoods Approach (SLA) to social protection; and measures to increase community asset ownership.

You can view the report [here](#) or read more on the [Oxfam website](#).

### **Public Involvement in Health and Social Care**

In light of the recent Integration of Adult Health and Social Care Bill, The Scottish Health Council commissioned ODS Consulting to produce independent research on the future requirements and possibilities for public involvement in health and social care.

The report explores the future possibilities for public involvement in Scotland, in the context of planned integration between adult health and social care services. It includes sections on existing experiences of public involvement and future possibilities and lessons learned from four in depth case studies of public involvement in health and social care in Scotland. These case studies were East Renfrewshire, Dundee, Highland and West Lothian. (ODS Consulting, 2013)

This research was shaped by a reference group which comprised representatives from the NHS, local authority, the third sector, the Scottish Government, COSLA, lay members as well as the Scottish Health Council.

The report sets out the findings from the research and is accompanied by a separate "think piece" which develops the issues and gives further consideration to the options and possibilities for public involvement in health and social care.

The Scottish Health Council will be hosting events during summer and autumn of 2013 – in conjunction with our partners in COSLA and the Scottish Government –

with the aim of sharing the key findings of this report, getting feedback, and helping to develop a shared vision for public involvement within integrated health and social care services.

To access the report and accompanying think piece and summary of key findings visit the [publications section of the Scottish Health Council's website](#).

Furthermore, [a summary of the Bill](#), which is actually called the *Public Bodies (Joint Working) (Scotland) Bill* has been written by Voluntary Health Scotland. The Bill and associated articles are available from the Scottish Parliament's website at the following address:

<http://www.scottish.parliament.uk/parliamentarybusiness/Bills/63845.aspx>

### **MSP's scathing review of Scotland's public service reform**

The Scottish Parliament Local Government and Regeneration Committee has found that well-intended efforts to pursue public service reform are not yet delivering the scale, nature or rate of change that is needed. The committee's 9th report for 2013 explores possible reasons for the poor progress, and offers views on how to address apparent barriers. It contends that most barriers can be overcome if all involved recognise the need for consistency of approach based on common understanding of the need for public service reform, requiring improved leadership and communication at all levels. It states:

*"The best examples of PSR arise when local communities and front-line staff are fully engaged in the process of designing and procuring services. We are sceptical of the value of top-down or centrally driven changes to services. Our evidence overwhelmingly shows that the best results involve real community engagement, clear communication, and leadership that is strong, responsive and enabling."*

Read more, including the full report, on [the Scottish Parliament website](#).

### **Community transport Report**

The Scottish Parliament Infrastructure Capital Investment Committee recently undertook an inquiry into community transport in Scotland. The report explores how people are travelling in their communities outside of commercial public transport systems and whether community transport services are able to better meet the needs of the people they serve. Download the report from the [Scottish Parliament website](#).

### **Men and suicide report**

A new report from the Samaritans highlights the impact of social class on men's suicide, with men from living in the most deprived areas being up to ten times more likely to end their lives by suicide than those from the most affluent areas. The report also finds that men in mid-life are the age group most at risk. Other factors explored include masculinity, emotional literacy, personality traits and relationship breakdown. The full report can be [downloaded here](#).

### **Resources to create spaces for discussion**

The Institute for Research and Innovation in Social Services (IRISS) has developed a set of cards to give you practical help in facilitating diverse groups. D-Cards (D stands for difficulties, decisions and deliberations) include THINK cards for planning and preparing and ACTIVITY cards for methods and approaches. This is not a 'how to' guide, but a tool to help you explore new approaches and develop your own.

The content of the cards has been developed through trial and error from a range of

different projects facilitated by IRISS and Providers and Personalisation (CCPS). Read more about the cards and download them for free [here](#).

### **The 2013 Scottish Ethnic Minorities Directory**

Positive Action in Housing (PAIH) has produced the 2013 Scottish Ethnic Minorities Directory which is available to purchase at a cost of £25 incl p&p - all proceeds go to PAIH's new food bank, destitution service and other humanitarian work. The Directory is described by PAIH as follows:

- Over 300 entries, all updated with hundreds of new personal named contacts.
- A unique publication - there is no other current listing of Scotland's BME, refugee and new migrant sector.
- A must-have resource for anyone wanting to make links with BME, refugee and new migrant groups. No public body, housing provider, voluntary organisation, politician or journalist should be without this essential resource.

A single copy costs £25, 5 copies are £100 and 10 copies are £150. Larger orders by negotiation - just email [home@paih.org](mailto:home@paih.org) with your request.

### **Gripes, grumbles and grievances**

This report published by Nesta suggests that complaints should be thought of in terms of innovation and creativity rather than frustration, failure and poor service. The authors argue that getting complaints shows that people think it's worth complaining and that they will be listened to, and that they believe that they have power to influence the system. In other words, complaints are a good sign of democracy in action. The report looks at the role of complaints in transforming public services. [See more here](#).

### **Revitalising Communities in the Highlands**

Over 90 projects funded by the Highland LEADER programme feature in a new booklet 'Revitalising Communities in the Highlands' launched recently.

Those involved in the scheme were invited to tell their stories and the booklet is designed to show how a diverse range of Highland communities turned their aspirations into reality thanks to LEADER funding. Projects highlighted in the publication include the Isle of Skye Energy Advice Service, Thurso Boating Pond Play Area and the Black Isle Heritage Memories Project.

Highland LEADER funded 358 projects in the region and a full list of approved projects is provided at the back of the booklet which shows the total number, diversity and innovation of the projects which have benefited from the £14,735,694 of approved funding. There are quite a few references to community-led and user-led health approaches. [Read the report here](#).

### **Exploring potential reasons for Glasgow's 'excess' mortality**

Glasgow Centre for Population Health (GCPH) has produced a new report comparing the higher levels of mortality experienced in Glasgow compared with other parts of the UK over and above that explained by socioeconomic deprivation. The paper is part of a larger study looking at excess mortality in Scotland in comparison with the rest of the UK. GCPH are at pains to point out that they see poverty as the *main* reason for health inequality. However, they are interested in explaining why mortality rates in Glasgow and Scotland are relatively high even when poverty is accounted for.

This paper investigates some fascinating explanations, including that social capital and cohesion are weaker in Glasgow, that Glasgow's health has been undermined by UK government policy and that Glaswegians are more hedonistic. It must be pointed out that these are only hypotheses and that the report finds the evidence for these theories to be mostly inconclusive – however, the social capital (trust reciprocity, and social participation) explanation is seen found to be more plausible.. [See more here.](#)

### **Launch of Community Pedometer Pack**

Paths for All have just launched the Community Pedometer pack (CPP) to help get people more active. Details of the pack can be found at [www.pathsforall.org.uk/pedometer](http://www.pathsforall.org.uk/pedometer).

The 12-week pedometer walking programme is described as the ideal tool to help you to promote walking. The Pack is user-friendly and based on research showing that people using a pedometer for 12 weeks as part of a walking programme can achieve lasting behaviour change. For more information and costs please visit the above website or call 01259 218888.

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## **Funding**

### **Scotrail Foundation**

ScotRail has launched a £100,000 fund which will help communities across Scotland. The ScotRail Foundation will distribute grants to groups that support children or young people - and/or improve the environment or general health of communities. Groups can apply for grants of between £250 and £5,000. See [www.se-networks.net/shownotice.php?articleid=1057](http://www.se-networks.net/shownotice.php?articleid=1057) for more information.

### **Moffat Charitable Trust**

The Moffat Charitable Trust trust has recently increased the maximum size of grants it can award. Awards for one year funding only will be up to a maximum of £10,000. Where more than one year funding is requested up to a maximum of three years, the maximum award will be £5,000 per annum. Scottish charities with annual incomes of no more than £250,000 can be supported. Complete an enquiry form at any time. You may then be asked to submit an application form to the next quarterly Trustees meeting. More information is available at: [www.moffatrust.org.uk/apply.php](http://www.moffatrust.org.uk/apply.php)

### **Celebrating the Commonwealth Games**

A new £4 million fund set up to support Scots to celebrate their part in the Commonwealth before, during and after the Glasgow 2014 Commonwealth Games was launched at the end of April 2013. Celebrate is a joint scheme originated by the Scottish Lottery Distributor's Forum (SLDF) offering funding for events and projects celebrating Glasgow 2014, or that are inspired by Scottish links to the 71 nations and territories which make up the Commonwealth. The scheme will fund projects that meet one or more of the following outcomes:

- Communities coming together through arts, heritage, sports and local celebrations of the Commonwealth Games, and
- Communities celebrating the people, places and culture of the

Commonwealth.

If you are a voluntary or community organisation, community council or statutory body (such as a school, local authority or health board) you can apply for between £500 and £10,000. Further information is available [here](#). Please note that the closing date for applications is 12pm on Friday 12 December 2014.

### **Business Innovation and Growth funding**

European Regional Development Fund (ERDF) funds are still to be committed under the current Scottish Government European Structural Funds Programme. The Scottish Government has put out an open call for proposals that can help drive Business Innovation and Growth, and is looking for projects which have match funding, can start quickly, and can complete by the end of 2014 / early 2015.

The Stage 1 deadline is the 9<sup>th</sup> July, and the Stage 2 deadline is the 12<sup>th</sup> August.

Around £20m ERDF remains available overall. Around £12m of this is in the Lowlands & Uplands programme area, with the remainder in the Highlands and Islands. This is spread across the different priority areas. To learn more about this visit <http://www.scotland.gov.uk/Topics/Business-Industry/support/17404/latest-news> or [download the guidance pdf](#).

### **Community Shares**

Community shares refers to the sale of shares in enterprises serving a community purpose. This type of investment might be used to finance community buildings, local food schemes and other initiatives relevant to community-led health. You can find out more about community shares on [the Community Shares website](#) which is funded by the UK Government. The website provides introductory info, case studies, a forum and links to further support and resources.

### **Scottish Ethnic Communities £100K Fund**

The SEC Fund provides the chance to secure up to £10,000 to help improve the lives of minority ethnic communities.

Click [here](#) to complete the simple one-page application form. Roshni's multi-lingual Community Outreach Team ensures that individuals and community or voluntary groups can apply in any language. In addition, roshni is happy to facilitate surgeries and workshops to provide help in completing application forms.

If you would like additional help or support, please email roshni on [info@roshni.org.uk](mailto:info@roshni.org.uk) or call 0141 218 4010. Applications must be submitted before the end of July.

### **Small Grants from Education Scotland**

The dates and information about the next round of Small Grant applications from Education Scotland is now on the Education Scotland website:

Education Scotland would like to support work which will contribute to the delivery of the key outcomes identified in the [Community Learning and Development \(CLD\) Strategic Guidance](#) and has set aside a small grant support stream for activities during financial year 2013/14. Further information about the funding and details on how to submit a proposal can be found on the [Education Scotland website](#). Proposals must be submitted by 12th September 2013, all proposals will be considered by an evaluation panel that will meet in October 2013. Funding will be very limited and not above £7,500. It is not intended to replace other funding streams

for CLD.

### **Another Small Grants Scheme**

The Foyle Foundation's Small Grants Scheme is designed to support smaller charities in the UK, especially those working at grass roots and local community level, in any field, across a wide range of activities.

Applications are welcomed from charities that have an annual turnover of less than £100,000 per annum. For further details visit <http://www.foylefoundation.org.uk/small-grants-scheme/>. There are no deadlines for submission.

### **Volunteering Support Cluster Grant**

Organisations enthusiastic about improving the way they work with volunteers still have one month to apply for a Volunteering Support Cluster grant, run by the Voluntary Action Fund (VAF) before the deadline on 19th July 2013.

The Cluster is a partnership approach to volunteering. Funding will be awarded to a lead organisation to promote volunteering amongst a cluster of 3 or 4 other organisations who want to increase their skills in recruiting and supporting volunteers, and recognising their contribution.

To be eligible, all organisations in the Cluster should have an annual income of less than £250,000, and be able to start the project within 10 days of receiving funding. Organisations do not need to be registered charities.

Interested organisations can get support with their application by consulting the [guidance notes accompanying the application](#) or by contacting the VAF Volunteering Team on 01383 620 780.

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## **Events**

### **Recognising Impact on Aberdeen (Aberdeen)**

The Aberdeen Impact Awards, now in their second year, are run by Aberdeen's Third Sector Interface, ACVO (Aberdeen Council of Voluntary Organisations) and recognise volunteers, encourage good practice and aspiration in local Third Sector teams. The awards also recognise support and partnership from friends in other sectors. Nominations have been invited for ten categories and the finalists have now been selected by the Judging panel of their peers.

The winners will be announced at the annual Insight Aberdeen Third Sector and Volunteering Fayre at The Music Hall on Saturday 20th July at 2pm. The fayre, which is free and open to everyone (10am – 3pm), is an opportunity for members of the public to find out more about Aberdeen's charities and community groups and volunteering opportunities.

For further information about this awards, please visit:

<http://www.acvo.org.uk/aberdeenimpactawards.html>

### **SWC Roadshow Program 2013 (Greenock)**

The Scottish Women's Convention will hosting a roadshow event in Greenock on

Tuesday 9th of July at the Tontine Hotel from 11.30am - 2.30pm

There will also be a roadshow in Livingston on the 17<sup>th</sup> September, with the venue to be confirmed. If you would like to attend these roadshows or you would like more information please email [mary.kerr@scottishwomensconvention.org/](mailto:mary.kerr@scottishwomensconvention.org/).

### **Storybikes (Glasgow)**

These free mostly off road cycle rides are led by experienced leaders, and are for anyone that can ride a bike. The total distance will be around 15 miles which should be manageable if you walk regularly or can cycle 5 miles comfortably. A small number of bikes are available to book if you do not have your own. There are 5 remaining Sunday rides departing from Bellahouston Park at 10am and returning by 4pm. These are on 21<sup>st</sup> July, 25<sup>th</sup> August (women only), 15<sup>th</sup> September, 6<sup>th</sup> October and the 10<sup>th</sup> November. To book a place or for more information email Zara on [zara\\_m@live.co.uk](mailto:zara_m@live.co.uk).

On Sunday 21 July the cycle will be at 'sightseeing pace' along a flat route of 20 to 22 miles. The ride is a round trip starting from Bellahouston Park across to the north of the river, then veer west to the The Saltings and Lisset Glen, crossing over the Erskine Bridge to Boden Boo and back to Bellahouston Park.

### **Bikes and Scones (Glasgow)**

More cycling adventures in Glasgow – this time starting in the East of the city with Bikes and Scones at Glasgow Women's Library's future home in Bridgeton.

Join other women with different levels of cycling experience and ability to share and discover safe cycling routes over tea and scones. There will be led rides from all four corners of Glasgow to the event at 23 Landressy Street, G40 8PB or meet there at 2pm on Saturday 20th July.

More information on GWL's website <http://womenslibrary.org.uk/event/bikes-and-scones/>

### **New foodbank in Aberdeenshire (Inverurie)**

Garioch Church is setting up a Foodbank in Inverurie (also to cover Huntly) to be situated in an outbuilding at the rear of the Harlaw Road Day Centre and service users from the Day Centre will help with stock-checking and making up the food boxes. The foodbank will open by the end of July/early August and it is holding two food collection days on the 5th and 6th July at the Inverurie and Huntly Tesco stores. The Church is also looking for people to volunteer a little time to help them with the collections. If you have any queries at this stage please get in touch with Jill Sowden on 01467 628338 or email: [Jill.Sowden@aberdeenshire.gov.uk](mailto:Jill.Sowden@aberdeenshire.gov.uk).

### **Celebrating 60 years of building community worldwide (London)**

In association with the Calouste Gulbenkian Foundation, the International Association for Community Development (IACD) invites you to a celebration! This year marks six decades since the establishment of IACD following the publication of the UN's resolution on community development.

The work of building strong communities has always been challenging, against the backdrop of constant social, economic and environmental change. Yet there are so many people who remain committed to action rooted in the values of co-operation, equalities, sustainability and social justice. IACD wants to celebrate the people and agencies that support communities in creating their own futures.

The celebration takes place at the Calouste Gulbenkian Foundation in central London on Friday 27th September, from 18:00 to 20:00. Light refreshments will be served. For members and any others who are interested, IACD's Annual General Meeting will take place immediately beforehand, at 16:30. For venue details and to register, click here: <http://iacdcelebration.eventbrite.co.uk>.

### **FCFCG network meeting (Orkney)**

At Blide Hoose, Kirkwall on 23 August 2013 (10am until 3pm) this event is for everyone interested in therapeutic and community gardening. If you'd like more information or haven't already been contacted by FCFCG please get in touch with her on 01856 811233 or email [Caroline Beaton](mailto:Caroline.Beaton).

### **Volunteering Zone Sessions (Stirling)**

Volunteer Development Scotland is running more information sessions on the Volunteering Zone - an online method of registering volunteer roles across local authority areas which will appear on the Volunteer Scotland website [www.volunteerscotland.org.uk](http://www.volunteerscotland.org.uk).

The service allows organisation to post volunteering opportunities directly online and keep them up-to-date and has a number of other of benefits including:

- secure online access to opportunities 24/7
- keeping volunteer recruitment information consistent across the country
- assigning access to branches to use volunteer role templates and register them locally
- statistics about how many people are looking at volunteering opportunities across the country
- Highlighting one-off events on the front page of Volunteer Scotland

The next sessions will take place at the VDS offices at Jubilee House, Stirling, on the following dates:

- Friday 19th July, 10.00am – 12.00pm
- Thursday 22nd August, 10.00am – 12.00pm

To book a place, please [click here](#). Places will be allocated on a first come, first served basis. Please contact Rebecca Dadge - [rebecca.dadge@vds.org.uk](mailto:rebecca.dadge@vds.org.uk) - or phone 01786 479593 with any enquiries.

### **Paths and People Project Visit - West Lothian**

Paths for All are partnering with Scottish National Rural Network (SNRN) to welcome people to the Paths and People Project Visit. This free event will take place at Scotland's Rural College Oatridge Campus in West Lothian.

The project visit will include a tour of the Paths for All demonstration path at Oatridge College, a session with local walking group Put Your West Foot Forward and a chance to hear from the Rural Connect project which is reconnecting people in West Lothian with their local environment. You can find out more on the [SNRN website and book your place](#).

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## Conferences and Seminars

### **Choose Life (Dundee)**

The next Choose Life conference is planned for 11th September 2013 at the West Park Conference Centre, Dundee. The main theme of the conference is: Working with People in Distress with a focus on suicide and self-harm.

The Keynote speaker will be Niall Kearney, Head of Mental Health Improvement Unit, The Scottish Government, Neil Fraser, NHS Tayside, who will be updating us on the progress of the work locally in terms of Commitment 19 of the Mental Health Strategy and finally, Andy Sim from Samaritans who will give a fresh perspective of their current work.

There will also be a wide range of workshops, showcasing the work going on across Angus and Dundee and all attendees will be able to access two workshops throughout the day.

Refreshments and lunch will be provided and due to the conference being subsidised by past Choose Life conference monies, the cost for the event is only £50 +VAT. [Book early](#) to avoid disappointment.

### **Realising the opportunities of an ageing population (Edinburgh)**

Scotland 2020: Realising the opportunities of an ageing population is one-day conference: on Thursday, 3rd October 2013, Edinburgh.

The aim of this inaugural Scottish Productive Ageing Summit is to encourage a shift in focus - from the challenges provided by an ageing population - to the opportunities.

It will seek to outline visions of a future (the Scotland of 2020) where our older generation are realised as net contributors and consumers in society. Participants will be encouraged to consider and debate policies and services that are likely to enable Scotland's population to age more productively. The conference will also explore how the resources - the skills, expertise, time and goodwill - of our older men and women can be better fostered to the benefit of businesses, families, communities and, of course, older people themselves. [Read more here](#), including costs, booking and programme.

### **Transforming Scottish Local Government Services Delivery**

Taking place on Tuesday 19th November 2013, CoSLA Conference Centre, Edinburgh, this conference will examine how the organisations we already have can explore new ways of working and partnership to transform public service delivery. Find out more about the programme, hosting a stall, costs and booking a place [here](#).

### **City Health International conference (Glasgow)**

The Second International City Health Conference will be held this year at the Glasgow Science Centre on the 4-5 November 2013. Over these two days, the event will examine current policy and practice in relation to public health in cities, with a special focus on health behaviours and factors affecting health, including alcohol, sex, drugs, tourism, food and diet, housing and migration. The programme focuses on 'whole systems' approaches, showcasing examples of effective policy and good practice in addressing the consequences of health behaviours. Details of confirmed speakers and how to register are at <http://cityhealthinternational.org/2013>.

### **PHINS Seminar 2013 (Glasgow)**

This year's PHINS seminar will take place on Friday 6th September 2013 in the Carnegie Lecture Theatre at Glasgow Caledonian University (Charles Oakley Building). A copy of programme is available from the [PHINS page](#) of the ScotPHO website:

This event is free of charge but spaces are limited and will be allocated on a first come, first served basis. A link to the registration for the event is also available from the same webpage above.

### **Scottish smoking cessation conference (Perth)**

Scottish Smoking Cessation Conference, at Perth Concert Hall on 19<sup>th</sup> November, is a free learning event in partnership with NHS Health Scotland and ASH Scotland. It aims to provide a motivating and inspiring day for those working in the field of tobacco, sharing good practice and debating some of the key challenges and solutions in continuing to reduce smoking throughout Scotland. A presentation from Sir Harry Burns and the findings from the national smoking cessation review are confirmed. A full programme will become available when registration opens in September. Read more in the [Scottish Tobacco Control Alliance e-bulletin](#).

### **Social Capital World Forum 2013 (The Trossachs)**

The Social Capital World Forum (SCWF) was launched in Scotland in 2009 to bring together organisations working at a regional/national level with social capital as a key resource for enhancing community well-being and resilience. The SCWF aims to integrate a common language that will facilitate the progress of our communities socially, environmentally and economically. In 2010 and 2011 it was hosted in Austria and last year in Sweden. For the 5th Social Capital World Forum (4-6 September) they are returning to Scotland. For more information or to book your place visit [www.sc-wf.org](http://www.sc-wf.org)

This year SCWF will be run as a learning village using the Art of Hosting as the facilitation methodology. [Art of Hosting](#) is a global community of practitioners using integrated participative change processes, methods, maps, and planning tools to engage groups and teams in meaningful conversation, deliberate collaboration, and group-supported action for the common good.

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## **Training**

### **Free workshops to develop recovery focused services (Across Scotland)**

Applications are now open for the Scottish Recovery Network's new series of 1-day workshops to develop recovery oriented services. Aimed specifically at service users, carers and practitioners, this is an opportunity to discuss and learn from each other around the subject of mental health recovery and what best practice looks like. Workshops will take place throughout September in Glasgow, Aberdeen, Dundee, Inverness and Edinburgh. See more at <http://bit.ly/11sJGVI>.

### **Learn how to resolve conflict in your local community (Glasgow)**

CHEX's parent organisation, Scottish Community Development Centre is working with The Scottish Community Mediation Centre to present a five-day course on mediation and resolving conflict constructively. The course will run in September and October 2013 and is an opportunity for anyone who has to deal with local conflicts to

learn practical and effective skills in helping people find common ground and a mutually-agreed way forward.

Find out more and sign up [here](#)

### **Ten days of free facilitation services for community charities (Glasgow)**

[Kinharvie Institute](#) is offering ten days of free facilitation to one charity providing services in the Greater Glasgow area.

This offer is part of Kinharvie's ongoing commitment to supporting and building the capacity of local communities in the organisation's home city of Glasgow. Many in the city are being impacted by the effects of the economic downturn and are turning to community groups for support. This increase in demand coupled with cuts to their own budgets means that many charities are facing a variety of organisational challenges which will affect their capacity to provide services in the future.

Kinharvie would like to support one such charity by offering ten days of coaching, organisation development and/or training interventions to support the staff and volunteers of the charity to respond more effectively to the organisational challenges they face so they are better able to support those who rely on their services. For more information about this offer and to apply, click [here](#). The deadline for applications is Friday 19th July.

### **Xchange Scotland training (Glasgow)**

Xchange Scotland is a charity based in Govan which provides international volunteer opportunities and non-formal education programs to individuals and organisations across Scotland. It has recently received funding from YouthLink Scotland to explore how third sector organisations would benefit from adding an international dimension to their work. Throughout the summer Xchange Scotland will be providing free training sessions which will look at:

- How you can send young people aged 16-30 on fully funded or low cost international volunteer opportunities throughout our network of 55 countries.
- How groups of international volunteers could assist your work.
- How you could access fully funded training opportunities for you and/or your staff.
- The possibility of developing partnerships with similar organisations at home and further afield.

Training Sessions will be held on:

- Thursday 25th July, 10 am-4 pm at John Wheatley College (East End Campus), Glasgow.
- Thursday 8th August, 10 am-4pm at Kinning Park Complex, Glasgow.

**\*\*Training delivered specifically to your organisation and out with Glasgow are also available upon request\*\***

If this is something that you or your organisation would like to be involved in, please complete the [expression of interest form](#) and send it to [Michael@xchangescotland.org](mailto:Michael@xchangescotland.org) by Friday, 12th July. If you have any questions or would like additional information on the training courses on offer then please do not hesitate to contact Xchange on 0141 237 4767.

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## Vacancies

### **Reshaping Care Project Coordinator (Dundee)**

Reshaping Care for Older People is an exciting and innovative public, voluntary and private sector partnership funded by the Scottish Government. Its Capacity Building Programme is led by the voluntary sector and aims to build the capacity of communities to deliver services aimed at keeping older people safe and well in their own homes. This includes funding to test new models of co-production, volunteering and social enterprise. This post is initially funded until March 2015 and may be available for secondment from partner agencies.

You will have responsibility and accountability for the development and management of the Capacity Building Programme. You will be qualified to degree level with experience of project management and budgets. You will have experience of community engagement, capacity building and partnership working.

For more details see [www.reshapingcaredundee.org.uk/about/recruitment](http://www.reshapingcaredundee.org.uk/about/recruitment). Closing date: Friday 12 July at 5pm.

### **Technician/Volunteer Coordinator (Edinburgh)**

Art in Healthcare seeks a Technician/Volunteer Coordinator (£15,200, 4 days a week) to assist the Collection Manager with the care of the charity's art collection and with the delivery of Art in Healthcare's Art Collection management services. [Click here](#) for full details (word document). **Deadline for entry: 7 July 2013.**

### **Projects Development Officer (Edinburgh)**

Voluntary Health Scotland (VHS) seeks a Projects Development Officer (£26,502 pro-rata, 28 hours per week) to set up, deliver and evaluate two new projects, Digital Inclusion for Health and Learning to Lead in Health, which will provide practical, capacity building support to participating Voluntary Health Scotland members.

The post holder will ensure both projects are delivered on time, to budget and to a high standard; maintain effective communications and engagement of partners, participants and funders; ensure both projects provide added value for VHS members; carry out monitoring and evaluation.

Download the job description, application form and employment monitoring form at <http://www.goodmoves.org.uk/jobs/14418>. For an informal discussion or to receive more information about the specific projects, contact Claire Stevens, Chief Officer: [claire.stevens@vhscotland.org.uk](mailto:claire.stevens@vhscotland.org.uk) or 0131 474 6189. Closing date for applications: 12 noon, Monday 15th July. Interviews will be held during the week beginning Monday 22nd July.

### **Communications Administrator (Edinburgh)**

The Scottish Community Safety Network is looking to recruit a Communications Administrator (£20,200 – 21,654 PA) to contribute to the continuous development of SCSN member services with particular regard to providing a high level of administrative support across all business streams; and developing various communication methods including the website, newsletters, publications and new technology.

An application pack including; application form, job description and person specification can also be found at [www.safercommunitiesscotland.org/SCSNVacancies.cfm](http://www.safercommunitiesscotland.org/SCSNVacancies.cfm). The closing date for applications is 12 July 2013, interview date 22 July 2013.

### **Centre Manager (Glasgow)**

Calton Heritage & Learning Centre is advertising this two years fixed term, full-time, position (35 hours per week, £28,000 per annum). The post involves:

- managing Calton Heritage & Learning Centre and its operations;
- supervising staff;
- securing required commercial bookings to ensure viability of the centre;
- co-ordinating the day-to-day operations and activities;
- servicing the Board of Directors;
- supporting and managing volunteers;
- handling relationships with the public and local community;
- marketing the centre to target sectors and audiences.

For an application pack please contact [diane@evh.org.uk](mailto:diane@evh.org.uk) telephone 0141 352 7445 or download from the EVH website [www.evh.org.uk](http://www.evh.org.uk). The closing date for applications is Thursday 20th June 2013 at 12 noon. Interviews for the post will be held on Wednesday 3rd July 2013.

### **Sectarianism Project Development Worker (Glasgow)**

Glasgow Women's Library are inviting applications for the above post. The successful candidate will take a lead role in the further progression and development of GWL's ground-breaking project: "Mixing the Colours: women speaking about sectarianism" Closing Date for applications: 12noon, Thursday 18th July 2013

For further information go to: <http://womenslibrary.org.uk/tag/job-vacancies/>

### **Respite Care Worker (Paisley)**

Renfrewshire Carers Centre seeks a sessional Respite Care Worker to work in carers own home, with variable hours and flexible days/times. SVQ2 desirable but not essential. Male and female applicants welcome. Application Pack available from: [www.renfrewshirecarers.org.uk](http://www.renfrewshirecarers.org.uk) or Renfrewshire Carers Centre 0141 887 3643. Closing date: 12 noon, Monday 15 July 2013.

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## **Websites**

### **Fife Food Map**

Snippets has previously drawn attention to the Pilton Community Food Map at [www.foodforthoughtforum.org.uk/](http://www.foodforthoughtforum.org.uk/) which allows you to see where community cafes, lunch clubs, cooking groups and community gardens are located in North Edinburgh.

The Fife Diet has launched something similar. [The Fife Food Map](#) uses an interactive online map to allow you to locate allotments, community gardens and growing spaces across Fife. Categories include shops, growing spaces (including allotments and community gardens), fruit and veg (including pick your own fruit farms and veg box suppliers). The most recent addition to the map are cafes, hotels and B&Bs. There is also a separate link to farmers markets in Fife.

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