



Issue No 234, 30th May 2013

Hello, and welcome to issue 234 of CHEX-Point Snippets. As always, this issue contains all the latest news and information relating to community-led health. **If you have any news or updates from your own work locally that you would like mentioned in Snippets please get in touch.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit www.chex.org.uk/subscribe/

The next issue of Snippets will be **Thursday 13th June 2013** so please send anything you would like to be included before Tuesday 11th. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to andrew@scdc.org.uk or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and compiled by Andrew Paterson. Thanks to all contributors to this edition.

Regards
Andrew Paterson
Policy and Research Officer, Scottish Community Development Centre

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CHEX News

News from the Network – Heterogeneity within the ethnic minority population: feedback on discussion

CHEX participated in the discussion on research into the diseases, risks and needs of different minority ethnic groups in Scotland. [REACH Community Health Project](#) hosted the discussion on 23rd May when participants from community and voluntary organisations, NHS and academics heard from Dr Sean Valles, visiting USA scholar (Michigan State University) on the choices, tensions and understanding from research into broad and narrow categories of minority ethnic groups of people.

Dr Valles highlighted the difficult choice of undertaking and using evidence from a single broad category of ethnic minority population or the division of groups into separate narrower categories. The challenge raises unique problems for both representing and communicating population disease risks. Dr Valles used two examples (cardiovascular disease among black Americans and cystic fibrosis among white Americans) to illustrate the negative ethical consequences of combining the high and low risks of certain populations under a broad category. His presentation stimulated discussion on the different types of research being undertaken in Scotland, in particular the value of both qualitative and quantitative research. Recognition was given to the significance of using both academic and community-led research in addressing the different health needs of the many minority ethnic groups now living in Scotland.

Shabir Banday, REACH's Director chaired the open discussion, highlighting the relevance and lessons for Scotland from the USA's experience. He stressed the need for different stakeholders to work together in undertaking and using evidence to reflect the health risks and needs of different minority ethnic groups. Further information: e-mail REACH admin@reachhealth.org.uk.

More news from the Network – New research report from NKS

In July, CHEX network member, [Nari Kallyan Shangho \(NKS\)](#), will be launching a new report called *Changing Cultures: health and inequality in Edinburgh*. Over a hundred South Asian women were interviewed in this study in order to gain an understanding of their particular experiences of inequality.

The research found that South Asian women require culturally appropriate service provision that adopts a holistic approach, working across different 'life domains' and causal factors. The report also questions whether standard indicators and measures of deprivation, which inform both policy and resource allocation, adequately capture the particular disadvantages South Asian women face.

NKS is a health and welfare organisation which, since 1987, has been working for. NKS aims to develop the social capital, health and quality of life for South Asian women and their families (Indian, Pakistani and Bangladeshi) living in Edinburgh who experience health inequalities, social exclusion and deprivation; provide a common platform for South Asian women to act together to improve the quality of their lives; and provide opportunities for the providers of health and welfare services to hear the

concerns and views of South Asian women.

Building Assets and Resilience in Communities Seminar – feedback

CHEX participated in an interactive seminar on 21st May on building assets and resilience in Communities. The partner agencies (NES, Health Scotland, JIT Team and Global Health Academy of the University of Edinburgh) brought together a range of organisations and agencies from community and voluntary organisations, NHS, Local Authorities, national health intermediaries and researchers to exchange learning about different approaches and help join-up approaches across strategic and operational boundaries.

The inputs highlighted a range of thinking and interventions from 'Community Listening in Scotland and Melbourne' to 'Creating the core concepts in Alaska and Drumchapel'. The facilitated plenary discussion captured a range of participant responses, which were further developed through 'World Cafe' interactive discussions. These enabled participants to drill down into local examples and models that professional workers are developing with individuals and communities, such as the 'Blether Group' in Aberdeen and building community cohesion in Drumchapel. The discussions revealed very different experiences of listening and acting with people.

Resources and further links from the seminar are available on the Leading Quality Network Community of Practice at www.knowledge.scot.nhs.uk/leadingquality.aspx.

HIIC National Conference

The HIIC (Health Issues in the Community) National Conference is a unique opportunity to hear about the impact the HIIC course is having in communities in Scotland, and also the chance to learn more about the course and share information with others who have participated in HIIC or would like to. This year's conference will take place on Thursday, 20th June 2013 in Pollokshields Burgh Hall, Glasgow. The conference is open to all registered HIIC Tutors and students and the theme of this year's conference is "Changing Lives – Changing Communities".

Places are now limited for this event so if you would like to register to take part please use the following link: <https://www.surveymonkey.com/s/HiICConference2013>.

Health Issues in the Community, otherwise known as HIIC, is a training programme aimed at increasing community capacity, increasing community participation, and establishing/consolidating community development approaches to tackling inequalities in health. Find out more about HIIC on the [CHEX website](#).

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General Information

Bill for integration of health and social care introduced

The Bill to integrate adult health and social care in Scotland is available now on the Scottish Parliament website. The [Public Bodies \(Joint Working\) \(Scotland\) Bill](#) provides the framework which will facilitate the integration of local authority services with health services and is aimed at supporting the improvement of the quality and consistency of health and social care services in Scotland. The Bill along with explanatory notes and other documents is available on the [Scottish Parliament](#)

[website](#).

Good news for job seekers with long term health conditions in Scotland

An innovative alliance has been launched in Scotland to help people with long-term health conditions find paid work. The Work4ME co-operative, that champions the cause for freelancing and self-employment for people living with long-term or fluctuating health conditions, has joined forces with the leading social enterprise Timewise Jobs, the UK's first jobsite to specialise in quality, part-time work.

The aim of this joint venture is to help people living with a disabling condition to tackle the barriers they face in finding suitable jobs in which they can flourish and progress. Timewise Jobs (www.timewisejobs.co.uk) and Work4ME are both committed to helping build a better future for those who need work with hours other than the 9-5, Monday to Friday, in order to be able to work at all. Both recognise that the pool of talent made up by candidates who need such work, is rich in experience and skill, however such candidates traditionally struggle to find work at all, since part-time, flexible and contractual freelance working opportunities are often 'hidden' or difficult to find.

By marrying this relatively untapped workforce with future-forward employers, the Work4ME co-operative hopes to create an alliance that benefits both the employer and those, who have, up until now been on the margins of the workforce. This joint venture has the potential to make a substantial contribution to the wider social economy and to change the lives of those who participate.

For more information go to <http://www.work4me.co.uk/our-services/work-opportunities/> or call Shona Sinclair on 07711552094.

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Campaigns

Campaign for a tobacco-free Commonwealth Games

The [organisers](#) of the 2014 Commonwealth Games in Glasgow are looking at designated smoking areas within venues. ASH believes that an event celebrating healthy achievement and providing positive role models for young people should support people to stop smoking, not help them to light up.

In this campaign ASH is guided by the principles of the [Smoke Free Sports Charter](#) which sets out its vision as: *"All children and young people to be smoke free and participate in physical activity and sport in a smoke free environment."* ASH also supports the Scottish Government's aim for the next generation to be free from tobacco and sees the Commonwealth Games as the first real test of this commitment. By tobacco-free ASH means enforcing the law on smoke-free indoor areas and no promotion of tobacco, no sales of tobacco within the grounds and no smoking in outdoor areas within the venue grounds.

Visit the [campaign website](#) to find out how to support the campaign and [download ASH's background note here](#).

Engine Shed Closure Threat

Many of us in the community-led health world will have visited, or at least heard good

things about, the Engine Shed in Edinburgh. The Engine Shed is a major provider of training to young people with mild to moderate learning disabilities and also offers excellent workshop space, conference facilities and catering!

Now, Edinburgh City Council is planning to remove funding from The Engine Shed from 2014. CHEX agrees this would be a huge loss, restricting the options open to young people leaving school and college. Please sign the [on line petition](#) they have set up and contact your local councillor.

Roma rights campaign

This [campaign](#) from Amnesty confronts widespread discrimination and racism against the Roma people in Europe. There are around six million Roma in the EU, and many are forced to leave their homes by local authorities. This and other discrimination faced by Roma people violates European law. To support Amnesty's campaign to call on the EU to end illegal discrimination against Roma [sign the petition now](#).

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Consultations and Surveys

European Structural Funds 2014 - 2020 Programmes Consultation

[This consultation](#) invites views on the proposals for the 2014 - 2020 European Structural Fund Programmes. The consultation describes provide the legislative framework for European Social Fund (ESF) and the European Regional Development Fund (ERDF) for 2014 – 2020.

These programmes will cover the whole of Scotland and the consultation identifies proposed investment priorities that seek to address the socio-economic challenges present in Scotland. The consultation paper also outlines the proposed delivery arrangements for the future programmes.

These programmes will be fully complementary with other sources of European funding, particularly the European Agricultural Fund for Rural Development and the European Fisheries Fund.

Summer Cabinet 2013

The Scottish Government's summer cabinet programme, which sees Scottish ministers meet in venues the length and breadth of Scotland, will continue into its sixth year with events in Shetland, Hawick, Campbeltown and Fraserburgh.

This offers the opportunity for people in local communities to engage with the Government ministers at the top rank of Scottish Government and to raise issues important to them. The 2013 schedule is:

- 24 - 25 July – Shetland
- 20 - 21 August – Hawick
- 27 - 28 August – Campbeltown
- 1 – 2 September – Fraserburgh

For full information: <http://www.scotland.gov.uk/News/Releases/2013/04/summer-cabinet-2013-schedule-announced23042013>

North West Glasgow consultation

Maryhill and Possilpark Citizens Advice Bureau wants to hear your views about sharing and collaboration between voluntary organisations – what happens just now and what might happen in the future. The CAB is offering two prizes of £100 and £25 to people who send in a completed survey, with the two names being drawn randomly. Winners might want to donate their prize to a local charity or use it in other ways – it will be their choice. The survey should take around 10 minutes to complete and can be found [here](#). The deadline is Friday 14 June at noon.

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Publications

Growing Up in the UK

The British Medical Association has produced a new report, Growing Up in the UK, examining the current policy context alongside evidence around children's health. The report explores the impact changes to the welfare system are starting to have on children and families.

The report contains a lot of references to inequalities, prevention and community approaches, and makes a number of recommendations including:

- Identify families where lifestyle could affect the health of the unborn child - for example a household where parents smoke, take drugs, misuse alcohol - and invest in community and family support schemes to tackle these issues.
- Multi-disciplinary working between social services, education authorities, healthcare teams, police services and others should be made easier.
- Tackle the poverty that lies at the roots of most health disadvantages. This could include developing evidence-based initiatives such as Sure Start or improving the quality of social and other housing.
- Provide education and practical support on healthy eating. This should include ensuring that schools provide nutritional meals and compulsory cooking classes.

For the full report and other key findings [visit the BMA website](#).

International community organising

Taking its cue from various recent world events, including the Arab Spring and the global financial crisis, this book, written by Dave Beck and Rod Purcell, explores the diverse history of community organising, telling stories of how it developed, its successes and failures, and the lessons that can be applied today. It analyses contemporary examples of practice from the USA, UK, India, South Africa, Cambodia and Australia against both wider theoretical frameworks and their ability to contribute to sustainable social change. It is aimed at a wide range of practitioners, students and researchers engaged in the struggle to develop new ways of doing community. To buy the book online visit the [Policy Press website](#).

Organisational culture change resources

Over the past year, IRISS (Institute for Research and Innovation in Social Services) has done some work on the topic of culture change in organisations - what it is, how it can be enabled and how it can be sustained. Understanding the culture of your organisation can offer insight into what, if anything, needs to change, in order to provide more effective and efficient services and supports.

An IRISS Insight (evidence review), [Culture change in the public sector](#), was produced in the autumn of 2012 and then an event was held in January 2013, to explore some of the approaches to culture change in organisations and the challenges involved.

To complement the evidence review, IRISS has produced a creative storyboard (video animation), called [Culture change - what is it all about?](#) which runs through (in a visual and creative way) how culture change can be enabled, along with some case study evidence in relation to the GIRFEC Highlands Pathfinder programme.

Finally, presentations from the IRISS event - [Exploring culture change: Approaches and challenges](#) are also available.

Energy Efficiency and Minority Ethnic Communities

West of Scotland Regional Equality Council has put together an information pack, aimed at minority ethnic communities to aid understanding of how to use energy efficiently in order to save money, decrease the risk of fuel poverty, and reduce carbon footprints. The resource explains:

- how to use less energy at home,
- how to switch energy providers and chose the best tariff
- how various payment methods work,
- the importance of regular meter reading and tips on how to read meters and energy bills

The pack is available to download [from WSREC's website](#) in English, Polish, Slovak, Somali and Swahili.

Being Human

The Health and Social Care Alliance Scotland has published a [report](#) from its recent annual conference, Being Human: A Human Based Approach to Health and Social Care in Scotland. The conference came at a time when health and social care was in sharp focus with the implementation of self-directed support and upcoming integration legislation, among other significant policy developments. At the same time the Scottish Human Rights Commission is developing a Human Rights Framework for Scotland.

This event was attended by around 200 people including people who are disabled, live with long term conditions and unpaid carers, third sector organisations, national and local policy makers, service planners and practitioners from across health and social care. In addition, the conference saw the launch of ["Being Human"](#) a thinkpiece highlighting the importance of embedding human rights in health and social care.

SRN conference report and recovery story

The folk at the Scottish Recovery Network have let us know that they are thrilled to bring you the full report from this year's National Gathering 2013 Conference, featuring verbatim contributions from the delegate-led Recovery 2020 conversations,

summaries of the speaker presentations, and much more! [Download the report here.](#)

In addition SRN has made available a new story of lived experience of mental ill-health and recovery on the SRN website. Ashley's recovery story explores the pressures of growing up and learning who you are. [Click here to view](#)

Wisdom in Practice report

Outside the Box Development Support has published a report of its Wisdom in Practice national networking event held in March. This report, 'Sharing Wisdom', follows on from the first year report from the Wisdom in Practice programme which was published in March as 'Sharing ideas and experience about services led by older people'. Taken together, the two reports are the basis for the planning of years 2 and 3 of the programme. To learn more about the programme, please go to www.otbds.org/wisdom, or email admin@otbds.org.

More greenspace makes people happier

This European Centre for Environment and Human Health (Truro) has [published a report](#) based on 18 years of data from over 10,000 participants to explore the relationship between urban greenspace, wellbeing and mental health. The analyses suggest that people are happier when living in urban areas with greater amounts of greenspace. Compared to instances when they live in areas with less greenspace people in the study have shown significantly lower levels of mental 'distress' and significantly higher scores for wellbeing. Other influencing factors such as income, employment status and health are all controlled for.

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Funding

Celebrate with Sport Scotland!

The Santander Foundation has launched a new £1.23 million Community Plus fund to support charities helping local disadvantaged people across the UK. Funding of up to £5,000 is available for a specific project that helps disadvantaged people. The applicant must be a local charity or local project of a larger charity. [Click here](#) for more information.

Glasgow's Third Sector Transformation Fund

The Reshaping Care for Older People Glasgow City Partnership has announced a new round of funding for Glasgow's Third Sector Transformation Fund. The first year of the fund saw 20 voluntary sector organisations benefit from a total of £700,000 in funding from the Reshaping Care for Older People Change Plan. The new funding round will support projects that:

- Improve the health of older people and/or their families and carers;
- Reduce social isolation of older people;
- Increase independence and resilience for older people and/or their families and carers;
- Build capacity of individuals and communities to be more connected.

The value of the fund is circa £1.4M for 2013/15 and applications will be accepted from Monday 3rd June until Friday 2nd August. [Click to read more.](#)

Third Sector Internships

The Third Sector Internships Scotland (TSIS) project provides the opportunity for third sector organisations to have a specific piece of work/project undertaken by an intern - with intern salary costs funded by TSIS. The project is currently seeking expressions of interest from those who are: a) looking for support to carry out a specific piece of work/project; and b) can host a part-time intern. The Project will run from Jan - June 2014. [See more here.](#)

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Events

Health All Round calendar for June and July (Edinburgh)

Edinburgh based community-led health project, [Health All Round](#), has sent out its 'What's On' flyer for June & July 2013. Activities include walking groups, complimentary therapies and assertiveness training. [Download the flyer](#) to see the full list of varied activities, groups and workshops.

In addition, Health All Round are partners in the 2013 Strive for Five 5K Family Run/Walk on Saturday 8th June, 12:15pm, Murieston Park, Dalry (part of the Gorgie/Dalry Gala). The email to contact about this is gdca@btconnect.com and the deadline for entering by post is 6th June.

Elimination and Prevention of all Forms of Violence against Women and Girls (Edinburgh)

A partnership of women's organisations in Scotland would like to invite you to attend a free event focusing on the priority theme from the UN's 57th Commission on the Status of Women, the elimination and prevention of all forms of violence against women and girls, and will consider how this affects women and girls in Scotland. Thursday 6th June 2013, 11am – 3pm, Augustine's United Church, Edinburgh. Refreshments will be provided.

To register, email nadine.jassat@scottishwomensaid.org.uk.

Centre for Confidence and Well-being events (Edinburgh and Glasgow)

The Centre for Confidence and Well-being has arranged the following events in relation to its Postcards from Scotland series:

- Monday 17th of June, Friends Meeting House, 38 Elmbank Street, Glasgow, 5.30-7.00
- Wednesday 19th of June, the Glad Cafe, 10006A Pollokshaws Road, Glasgow, 7.30-9.00
- Tuesday 25th of June at the Open University, 10 Drumsheugh Gardens, Edinburgh EH3, 5.30-7.30

The first two events are an opportunity to hear Mike Small talk about the fourth book in the series, Scotland's Local Food Revolution. The third event is the first in Edinburgh on Postcards from Scotland. It is a general introduction to the series and is an opportunity to listen to the authors who have been involved in the first four books. Find out more including how to book on the [Centre's website](#).

LEAP Sports LGBT Panel Debate (Glasgow)

LEAP Sports are offering the chance to come and hear the views of a panel of prominent experts from the sports and LGBT sectors debating the topic of 'Why is it still so difficult for elite sports stars to come out before retiring?' The panel will be chaired by Fergus McMillan, CEO, LGBT Youth Scotland and will include the following panellists: Dr Katharina Lindner (former German international footballer and lecturer at Stirling).

The event is on Monday, 3 June 2013 from 19:00 to 21:00 at the Deeprse Lecture Theatre, [Glasgow Caledonian University](#), Cowcaddens Rd G4 Glasgow. [Book here.](#)

The event coincides with LEAP Sports Festival Fortnight starting on the 1st June and offering 67 opportunities to take part in 33 different activities across 8 Scottish local authorities. There are opportunities to try a new sport, take part in a debate, view an exhibition, watch sports related films, or have fun at one of our parties. Find out what's happening near you, by clicking on [festivalfortnight.org](#). Then, let us LEAP know which events you are coming along to by signing up to them through facebook. Simply click the event you are interested in, and click 'join this event on facebook'. Additional events will be added right up until the end of May, so please check the site regularly for new activities.

You can also order copies of the Festival Fortnight brochure from info@leapsports.org with your address and number of copies.

Festival Fortnight is an exciting mix of sporting, recreational and cultural events and activities. The festival aims to increase the visibility and participation of lesbian, gay, bisexual and transgender (LGBT) people in Scottish sport. Everyone is welcome, though- try out a new sport, support a team, or celebrate at one of the parties. Festival Fortnight is co-ordinated by LEAP sports, an umbrella organisation for LGBT sports clubs and groups across Scotland.

Launch of Refugee Week Scotland 2013 (Glasgow)

The launch of Refugee Week will be an evening of guest speakers, music and highlights from this year's exciting programme of events. The launch will be followed by drinks and a light buffet. Come along on Monday 17 June, 6.00-7.30pm, Tron Theatre, 63 Trongate, Glasgow, G1 5HB. Please RSVP by Monday 10 June to: arts@scottishrefugeecouncil.org.uk or by calling 0141 223 7939. Visit www.refugeeweekscotland.com, www.facebook.com/refugeeweekscotland or www.twitter.com/scotrefcouncil for more.

Community growing networking event (Inverness)

Grow the Future - Community Growing in the Highlands, at Highland Council Chambers, Inverness, on 21 June, will include presentations from a range of community growing projects and workshops from people involved with Transition Black Isle, Moffat CAN and Glachbeg Education Croft. Community Woodland Association, Trellis and the FCFCG will contribute to the wider picture of community growing throughout Scotland. Pre-booking is required, please book online [here](#).

Trellis network meeting (Penicuik)

This Trellis network meeting is open to anyone interested and/or active in community or therapeutic gardening projects in Midlothian and East Lothian and includes:

- updates from Edinburgh & Lothians Greenspace Trust, FCFCG and Trellis (supporting therapeutic gardening in Scotland)
- a focus on issues arising from the running of projects in our area

- showcase work from some community garden projects in the Mid and East Lothian areas
- a site visit to The Lost Garden of Penicuik <http://www.penicuikcdt.org.uk/garden/lost-garden> where they are concentrating upon producing locally grown produce
- an introduction to user-friendly biological recording surveys for some of our native species.

Date and venue: Tuesday 18 June 2013, Penicuik Arts Centre, 4 West Street, Penicuik EH26 9DL. Please bring your own lunch or support the Penicuik Arts Centre community café. This is a free event but pre-booking is required, book online [here](#).

Galloway Community Hospital Garden (Stranraer)

The Grounds4BetterHealth Galloway Community Hospital Garden is officially opening on the 7th June at 1.30pm at Galloway Community Hospital, Dalrymple St., Stranraer DG9 7DQ. As part of the celebrations there will be the opportunity for local organisations/ community services to have display stands at the gardening opening.

Stalls and attendees places are limited so please contact John McNaught, Wigtownshire Health Improvement Team, phone 01671 404267, email j.mcnaught@nhs.net, as soon as possible before Friday 31st May to reserve your place at this event.

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Conferences and Seminars

Different routes to enable greater wellbeing (Edinburgh)

Part of the Rethinking Wellbeing seminar series, this free seminar considers how to progress and action learning gained from previous seminars that looked at wellbeing from the perspective of 1) the environment 2) the economy and 3) society. It will draw on key messages and themes and discuss the opportunities and challenges for the Scottish Parliament, Scottish Government, civil service, individuals and the public sector in enabling greater wellbeing. More information [here](#).

The location for the seminar is the Scottish Parliament, Edinburgh and it takes place on Wednesday 12 June 2013, 18.00 – 20.00 (registration desk will open at 17.00; please arrive early to facilitate passing through security checks). If you wish to attend please contact eilidh.macdonald@scottish.parliament.uk.

Explore the potential of volunteering with Cabinet Secretary (Edinburgh)

John Swinney, the Scottish Government's Cabinet Secretary for Finance, Employment and Sustainable Growth, will be among the speakers at this special Volunteer Development Scotland reception in the Scottish Parliament. The reception, sponsored by Margaret McDougall MSP, will focus on the particular health benefits that volunteering brings for older people – both as volunteers and as people receiving volunteering support.

VDS has conducted research that indicates wide variation in the volunteering support that is available for older people receiving health and social care in Scotland. At this special reception, VDS will share its key findings, and open the vital debate about

how we can all help to develop volunteering for the benefit of Scotland's fast growing number of older people.

A panel debate, facilitated by health journalist Pennie Taylor, will involve:

- Sandy Watson, Chairman, NHS Tayside
- Professor June Andrews, Director of the Dementia Services Development Centre
- Gerry Power, National Lead, Co-production and Community Capacity, Joint Improvement Team
- Dr Jim McCormick, Scottish Advisor, Joseph Rowntree Foundation

The event will take place in the Garden Lobby of the Scottish Parliament from 6pm to 8pm on Wednesday 5 June 2013. Wine, refreshments and canapés will be served. [Click here to book a place.](#)

Early Years Conference (Edinburgh)

The SPPA (Scottish Pre-school Play Association) early years national conference, *Reflecting on Play and Learning*, takes place on Wednesday, 2 October at the Royal College of Physicians, Edinburgh. The conference will have a wide range of speakers including Bob Hughes, author and playwork specialist who will be addressing the conference.

Early Bird booking (10% reduction) incentives are available, as well as a half price SPPA Member discount, for applications received on or before 31 August and 30 June respectively. The conference flyer and booking form is available [here](#).

Putting U Back into Community (Glasgow)

This public event will explain local Community Planning and Community Councils – how they work, what they do, the way things are changing and how people can get involved. Running on Thursday 20th June 2013, 6:00pm – 8:00pm (Refreshments from 6pm, 6.30pm start) at the Scottish Youth Theatre, Old Sheriff Court, Brunswick Street, Glasgow G1 1TF, the event is organised by CRER (Coalition for Racial Equality and Rights) which points out that people from Glasgow's minority ethnic communities often feel they don't have a voice in local decision making. The event is open to everyone, and is free of charge.

The event will feature:

- Community Councillor Tahir Mohammed on Community Councils and the importance of diversity.
- Overview of Community Planning and the importance of involving all of Glasgow's communities.
- Information on how you can get involved with Community Councils and Community Planning

[Click here for more info and booking](#) and [here to print a poster](#) and help spread the word. The closing date for registration is Wednesday 12th June 2013.

GDA's Learning Festival (Glasgow)

GDA's Learning Festival brings disabled people together for a fun day of learning! The theme this year is "Raising Aspirations: Changing Lives". This FREE event takes place on 7th June, 10am – 4pm, at the Thistle Hotel, Glasgow, and is open to disabled people and people with long term health conditions. You do not have to be

a member of GDA to attend, although membership is free. Lunch is provided as well as transport if needed. Get information: lots of fantastic information stalls. Learn something new: free, fun learning taster sessions. Be inspired: meet other disabled people and hear their stories. Places are limited and must be booked in advance. To book, please email info@gdaonline.co.uk, or call 0141 556 7103. <http://enf.org.uk/blog/?p=4382>

The Scottish Learning Festival 2013 (Glasgow)

Registration for this year's SLF is now open. SLF 2013 takes place on Wednesday 25th and Thursday 26th September in the SECC, Glasgow. The Scottish Learning Festival, which CHEX took part in last year, is the only free national education conference and exhibition in Scotland. Attended by educationalists from across Scotland and the world, SLF 2013 has something on offer for everyone involved in education.

The theme of SLF 2013 is Raising the Bar in Scotland – transforming lives through learning. SLF 2013 will enable practitioners to develop skills and expertise which will help them ensure they plan and deliver learning experiences which appropriately challenge and engage their learners and which support learners to achieve their potential.

For information on the full SLF conference programme, and details of how to book your place, visit the [SLF website](#).

Peoples Health Movement (London)

The UK People's Health Assembly in July 2012 (www.phm-uk.org.uk) brought campaigners, health workers and academics with a passion for health and social justice together in one forum - with talks, discussion and shared visions of a new political, social and economic order both here in the UK and abroad. Attendees made new friends and connections and committed to continuing a struggle for health equity through building a grassroots health movement of trainers, campaigners and grassroots humanitarianism.

Building on the momentum of this event and further developments since, organisers of the Health Assembly are inviting anyone with an interest in joining the movement to an open meeting on Saturday 15th June 2013, 10am - 5pm, at the Grayston Centre, 28 Charles Square, London N1 6HT. This will provide the opportunity of hearing and contributing to the Movement's future plans. Please RSVP to phmukcoordinator@gmail.com if you can attend the meeting

Scottish smoking cessation conference (Perth)

Scottish Smoking Cessation Conference, at Perth Concert Hall on 19th November, is a free learning event in partnership with NHS Health Scotland and ASH Scotland. It aims to provide a motivating and inspiring day for those working in the field of tobacco, sharing good practice and debating some of the key challenges and solutions in continuing to reduce smoking throughout Scotland. A presentation from Sir Harry Burns and the findings from the national smoking cessation review are confirmed. A full programme will become available when registration opens in September. Read more in the [Scottish Tobacco Control Alliance e-bulletin](#).

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Training

Free workshops in developing recovery focused practice (Around Scotland)

Following a successful run of events around Scotland earlier this year, SRN is planning another set of 1-day workshops this Autumn aimed at supporting use of the online SRI 2 tool to develop recovery focused practice. The workshops are aimed at anyone with a role in mental health service improvement, and SRN would particularly encourage applications from service user and caregiver organisations, local authority MHOs, social workers, GPs, psychiatrists and psychologists. [Click here for more information online.](#)

Scotland's Mental Health First Aid courses (Across Scotland)

Scotland's Mental Health First Aid (SMHFA) courses will be running throughout June in various Scottish locations. This 12 hour course, which takes a similar approach to general first aid, is designed to teach participants the skills to help someone with a mental health problem. The course is designed for everyone, no matter what their background or experience

The training involves different activities, films, discussions and even some fun and laughter. Participants receive an NHS Health Scotland certificate of attendance and a colourful and interesting manual to take away with them at the end. The course is just £50 per participants for the full course, which includes the certificate, manual, all handouts, materials, and refreshments. Group discounts and in-house training also available. [Visit the website](#) for more information on upcoming courses.

Children, their Carers and Second Hand Smoke (Ayrshire)

In this one-day workshop, you will learn about second-hand smoke, its impact on families and children and how you can help. The session aims to give you the facts but also the skills to make a real difference. The training should be relevant to anyone whose role involves supporting families, carers and children (whether in a paid or unpaid capacity). Participants will learn:

- all about second-hand smoke
- its effects on the health of babies and children
- how to approach parents/carers about this complex subject
- how to encourage change in smoking behaviour.

The next training will take place on Friday 6th June 2013 in Ayrshire (venue tbc). To reserve a place, or to express interest in future deliveries, please contact Marion McGovern on 0131 225 4725 (marion.mcgovern@ashscotland.org.uk).

Welfare Reform, Universal Credit (Edinburgh and Glasgow)

The following training is available from One Parent Family Scotland.

Welfare reform gives an overview of the changes that have already been implemented and those that will be introduced during the course of 2013. It covers Child Benefit, tax credits, Employment & Support Allowance, housing and council tax benefits, Universal Credit, Personal Independence Payments and the Social Fund. The three hour course will be run on the following dates:

- Thursday 6th June 2013 at 1.30pm (Edinburgh)
- Tuesday 11th June 2013 at 1pm (Glasgow)
- Thursday 27th June 2013 at 1.30pm (Edinburgh)

[Book a place online](#)

Universal Credit covers the framework of the new Universal Credit that will be introduced during 2013 and which will replace most of the existing benefits and tax credits. The course covers what is currently known about Universal Credit and includes sample calculations. Please bring a pocket calculator with you. The three hour course will be run on the following dates:

- Tuesday 18th June 2013 at 1pm (Glasgow)
- Thursday 20th June 2013 at 9.30am (Edinburgh)
- Thursday 11th July 2013 at 9.30am (Edinburgh)

[Book a place online](#)

All Edinburgh courses will take place at Norton Park Conference Centre, Norton Park, 57 Albion Road, Edinburgh EH7 5QY.

All Glasgow courses will take place at Choices - OPFS West (Glasgow), 100 Wellington Street, Glasgow G2 6DH.

Working with communities free event (Glasgow)

This free event, hosted by the Glasgow CLD network and funded by the Glasgow's Learning Partnership, is designed to update you on the national and local Community Learning and Development (CLD) issues and other developments that will be of interest to you, and which no doubt will be impacting on you and the communities you work with. The event takes place on 25th June 2013, 10am – 4.15pm at The Albany Learning and Conference Centre, 44 Ashley St, Glasgow, G3 6DS. [For more information click here.](#)

Contribution Analysis workshop (Glasgow)

The Scottish Evaluation Network is delivering this half day workshop on the practicalities of using Contribution Analysis on Tuesday, 18th June 2013, 1.30-4.30 pm, Apex Hotel, 23-27 Waterloo Place, Edinburgh EH1 3BH. (near Waverley train station, east end of Princes Street)

Interest in the use of Contribution Analysis (CA) with complex interventions in Scotland is high, at both national and local level. The potential added value for evaluation is rooted in the inclusion of possible alternative explanations to link different components of a theory of change. Not without its critics, this workshop will provide a forum for debating the use of CA in evaluation, with a particular focus on the practicalities.

The workshop will include a mix of presentation and discussion. Participants are invited to come prepared to discuss their own working examples during the day. The workshop will begin with a brief introduction to CA from Lisa Cohen, NHS Health Scotland and work on the practicalities will be led by Sarah Morton, University of Edinburgh. Sarah has considerable experience of using CA for research impact and evaluation.

For more information and a booking form contact Lindsay Adams at lindsay.adams@blueyonder.co.uk. The cost to attend is £40.00.

Training on welfare reform (Inverness)

Supporting People to deal with Welfare Reform in 2013: a course for housing support workers aims to help explore the distinction between helping a person access benefits and providing specialist benefits advice. It will enable you to identify sources

of specialist advice services which support workers can help individuals access. The course will provide an overview of:

- Housing Benefit size criteria in the social rented sector (often referred to as the 'bedroom tax')
- Universal Credit and the direct payment of rent
- Scottish Welfare Fund
- Personal Independence Payments
- Discretionary Housing Payments

The next course is in Inverness on the 6th June, 2013. For more information and to book, please [visit the HSEU website](#).

Encouraging gardening activities in people with dementia (Perth)

Growing Inspiration - encouraging gardening activities in people with dementia is part of Trellis's Training Programme for 2013. Taking place on Wednesday 26th June 2013 10.00 – 4.00pm at The Walled Garden, Perth PH2 7BH, this training is suitable for anyone who wants to extend their knowledge in order to encourage those with dementia to garden. For more information [click here](#). Please send your [booking forms](#) by 17th June 2013.

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Vacancies

Volunteer Development Worker (Dundee)

Volunteer Centre Dundee is re-advertising the post of Volunteer Development Worker (£20,520 pro rata SJC AP3, 17.5 hours per week). You will work with organisations that involve older people to develop exciting new projects. Applicants will be expected to work on their own initiative to develop volunteering through training, co-production, networking and the sharing of best practice. Previous applicants need not apply.

Volunteer Centre Dundee welcomes applications from all sections of the community and for secondment, job share or flexible working. The post is funded by Dundee's Reshaping Care for Older People Change Fund. Further information and application forms (CVs not accepted) available from www.volunteerdundee.org.uk

Volunteer Centre Dundee, Number Ten, 10 Constitution Road, Dundee DD1 1LL
T: 01382 305738, E: info@volunteerdundee.org.uk. Closing date: 5 pm on 3 June 2013. Interviews: 13 June.

Board Members (Edinburgh)

Edinburgh Community Food requires management level professionals to play an important part in further developing Edinburgh Community Food. You can make an important contribution by using your expertise at board level for once a month meetings. For the full range of skills needed, see the advert on [goodmoves](#). Closing date: 7th July 2013.

Community Development Co-ordinator (Edinburgh)

Age Scotland is looking for a Community Development Co-ordinator ((Salary: £31,016 - £33,722) to grow, develop and co-ordinate Age Scotland's regional presence to affect change favourable to Scotland's older people by developing an integrated community development plan.

The post holder will also support regional staff and work closely with other managers to achieve the aims and priorities of the charity. The post will be based in Edinburgh but you will be expected to frequently travel with overnight stays. The successful applicant must have experience of community development, working with member groups and partner organisations, experience of community fundraising and/or campaigning and experience of dealing with local media.

Application packs and full details of the post are available at: www.ageuk.org.uk/scotland-vacancies. Alternatively, you can e-mail the HR Dept recruitment@agescotland.org.uk. Closing date: 12 June 2013

Project Worker (Edinburgh)

The Junction, seeks a Project Worker (salary: £24,576 pro-rata, 28 hours per week) who will take a lead role in providing open access services and one-to-one support for vulnerable young people. This post is funded by BBC Children in Need and the City of Edinburgh Council. Full details on goodmoves. Closing date: 14 June 2013

The Junction is an award-winning, safe, confidential service which offers health and wellbeing education, support and information to young people aged 12-21 primarily in North East Edinburgh.

Development Worker – Volunteering (Edinburgh and Midlothian)

Health in Mind is looking for a Development Worker in Volunteering (Salary: £22,332 pro-rata, 29 hours/week). This role has both a strategic and an operational remit, across two sites:

- to lead the development, planning, co-ordination and implementation of Health in Mind's organisational volunteer programme (2 days/week);
- to be responsible for the management and development of the Orchard Centre Services volunteer service (2 days/week).

Enquiries further to reading the information pack: please contact Wendy Bates on 0131 225 8508 or Gaynor McTighe on 0131 663 1616. For an application pack please visit www.health-in-mind.org.uk or contact Annmarie Mitchell, HR/Admin Assistant on 0131 225 8508 or e-mail annmarie@health-in-mind.org.uk. Closing date: 18 June 2013. Interview date: Thursday 27th June.

Information and Communications Officer (Glasgow)

CHEX's parent organisation, Scottish Community Development Centre, is recruiting a full time Information and Communications Officer (salary £25,510) to support its programmes across Scotland.

To enquire about the position, please contact [Victoria Muir](mailto:Victoria.Muir@scdc.org.uk), Internal Services Manager, or download the recruitment pack [here](#). Deadline for applications is Friday 7th June.

Pre-Birth Family Support Worker (Glasgow)

Two posts (one p/t, one f/t) are being advertised by [3D Drumchapel](http://3D.Drumchapel.org.uk) for Pre-Birth Family Support Workers (Salary: £20,388 - £22,371 pro-rata) involving developing, promoting and facilitating a pre-birth support programme for expectant parents in Drumchapel from early pregnancy to 3 months post birth using a community asset based approach. You should have a proven ability to build and maintain good relationships with parents, excellent facilitation skills and strong communication and interpersonal skills

Phone 0141-944-5740 or email info@3ddrumchapel.org.uk for an application pack or download the packs from goodmoves (full time post [here](#), and part time post [here](#)). If you would like to discuss the posts or if you would like any further information, please contact Sharon Colvin on 0141-944-5740. Closing date: 10 June 2013.

CVS Recruitment (Inverclyde)

CVS Inverclyde is currently seeking applications for two temporary (1 year) posts working with the organisation, both at £21k per annum (pro rata).

A new Older People's Services Officer will work with third sector organisations that provide services to older people to help them understand and influence the Reshaping Care for Older People (Change Fund) programme which is funding the post.

A new Funding & Sustainability Officer has a vital role in supporting third sector organisations to develop strong applications to bring funding into Inverclyde. This post is funded from CVS' reserves.

The posts are nominally for 21 and 35 hours per week respectively; however in line with CVS' flexible working policy individuals who would prefer to work fewer hours per week are welcome to apply on a reduced hours or job share basis. For an application pack please e-mail admin@cvsinverclyde.org.uk.

Regional Manager (Renfrewshire)

The Food Train is looking to recruit a Regional Manager (salary: £25,721) to oversee the launch of a new branch of its grocery shopping delivery service in Renfrewshire. You should be a suitably experienced and enthusiastic individual committed to the voluntary sector and older people's services. Applicants will have excellent communication skills and a sound understanding of financial management and service delivery. The successful candidate will ideally have experience of successful project management and partnership working in the voluntary sector. Download the application pack from www.thefoodtrain.co.uk. Closing date: 5 June 2013.

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Websites

Self-directed support website

Social Services Knowledge Scotland has [launched a portal](#) to help all health and social services staff involved in self-directed support. The site contains an About Self-directed Support section as well as sections on personal and professional development, sharing information and news and events. There are also good links to other relevant organisations and resources.

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