



Issue No 233, 16th May 2013

Hello, and welcome to issue 233 of CHEX-Point Snippets. As always, this issue contains all the latest news and information relating to community-led health. **If you have any news or updates from your own work locally that you would like mentioned in Snippets please get in touch.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit www.chex.org.uk/subscribe/

The next issue of Snippets will be **Thursday 30th May 2013** so please send anything you would like to be included before Tuesday 28th May. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to andrew@scdc.org.uk or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and compiled by Andrew Paterson. Thanks to all contributors to this edition.

Regards
Andrew Paterson
Policy and Research Officer, Scottish Community Development Centre

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CHEX News

News from the Network – Health and homelessness: An introduction to Health and Social Care at Aberdeen Foyer

Established in 1995, Aberdeen Foyer is a charitable organisation and social enterprise working to prevent and alleviate youth homelessness and unemployment in Aberdeen. At their core they provide supported accommodation to former homeless and at risk young people alongside a range of education, training, employment support and health improvement services.

The Foyer's approach recognises that homelessness and disadvantage is not just a matter of providing a home, but necessitates addressing the underlying causes and, critically, providing people with the means of gaining and sustaining employment.

They work with people to develop their talents and open up opportunities, offering services to affect real and lasting change in their lives, enabling them to take the next steps towards independent living, learning and work.

On 25 April the Foyer officially launched a Health and Social Care Programme. Guests heard a variety of speakers talk about the value of the programme in increasing a quality workforce for services within the Health and Social Care sector.

The programme is designed for people who have a genuine interest and commitment to supporting others and no formal qualifications are required. Travel costs are covered throughout the course and placement as well as costs for PVG checks. Participants will receive a one week introduction to a variety of Health and Social Care topics and certificated training followed by a 3 week work placement with an employer with all suitable candidates guaranteed an interview following their placement.

Employers are involved in the training from giving presentations at initial awareness raising sessions and conducting informal interviews to select course participants, to deciding on potential employees for work experience.

It's a win-win situation for both employers and participants. People on the course receive a specific introduction to the sector and are supported by a dedicated Coordinator to increase awareness of career pathways in Health and Social Care. The programme involves employers at various stages in the process resulting in a bespoke course which truly meets the needs of local businesses in this sector both at the recruitment stage and for future sustained employment.

50 places were available from January 2013 on the Foyer's Introduction to Health and Social Care Programme: 29 people are employed, 17 are on placements/still involved in the programme and 4 were unsuitable for the course.

For further information contact Cathy Simpson, Communications Manager –

cathys@aberdeenfoyer.com
www.aberdeenfoyer.com

Sign up to the CHEX Community-led Health Database

The CHEX Community-led Health Database allows you to search for projects by area, topic and target group, and provide you with the information you need to contact community-led health organisations in your area. You can have a shot of the database by visiting <http://www.chex.org.uk/project-search/>

It is free to be listed on the database and also to use it! An added benefit of being listed is that you will automatically receive CHEX and community-led health updates as part of the CHEX network. As part of the network, you may even want to send us updates to put in the CHEX News section of Snippets (see, for instance, the previous article on the Foyer in Aberdeen)

The database currently has around 80 entries, and we are keen to ensure that we have a true representation of the breadth of community-led health activity across Scotland. If you are a community-led organisation working to address health inequalities, then get in touch, and we will tell you how you can be included.

Email Olivia Hanley at olivia@scdc.org.uk information on how to sign up.

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General Information

A new opportunity for rural communities across Ayrshire

CHEX's parent organisation, Scottish Community Development Centre, is supporting a new collaborative initiative launched today on 15 May 2-13 in Ayr, which is aimed at providing targeted help, support and funding for rural areas across the three Ayrshire areas.

Ayrshire 21 will work with 21 local communities which have been least able to take advantage of development and funding opportunities in the past.

The new initiative is the result of collaborative working between the three Ayrshire Councils, securing funding from the European LEADER project to create Ayrshire 21.

Click [here](#) to read more.

Call for participants in film about The Spirit Level

Dartmouth Films, an independent filming company down south, is working on a film project based around the book *The Spirit Level*, looking at the impact of rising inequality on society. The filmmakers have been working closely with the book's authors Richard Wilkinson & Kate Pickett on the project, which aims to both raise awareness of the growing gulf, and also explore what can be done about it. The project will tell the story of rising inequality through weaving together the experiences of a cast of individuals/families from around the world: both experts who have studied it and first-hand testimony from those who are living it. Amongst other things, it hopes to explore the declining wage share, rising job insecurity, and how this impacts on families.

The filmmakers are specifically looking to talk to families who might be interested in participating in the project. If this is something that might be of interest to any of the communities you work with the contact details are as follows: Katharine Round, Producer/Director, Dartmouth Films, 020 7845 5853, katharine@dartmouthfilms.com, www.dartmouthfilms.com

Launch of the Regeneration Capital Grant Fund (RCGF)

The Scottish Government and COSLA have announced a £25 million fund to help transform disadvantaged areas across Scotland. The Regeneration Capital Grant Fund (RCGF), which has been developed in partnership with local authorities, will provide financial support to projects that will help to deliver large scale positive improvements to deprived areas. It will focus on projects that engage and involve local communities and those that can demonstrate the ability to deliver sustainable regeneration outcomes.

The fund will be open to local authorities, urban regeneration companies and regeneration special purpose vehicles. [Click here](#) for the full story on the Scottish Government website.

CDAS conference material available

Short reports from the workshops, presentations by speakers and workshop leaders, and poetry from the 'Building Stronger Communities' conference on 19 April are now available at <http://www.communitydevelopmentalliancescotland.org/?p=4648>.

The workshops summary contains key points from workshop discussions. Workshop themes included capacity building for person centred care, capacity building for health and well-being, capacity building for asset ownership and improving neighbourhood work.

Follow up to Future Is Local event at the Scottish Parliament

Materials are now available from the Scottish Community Alliance's event, the Future Is Local, which took place at the Scottish Parliament last month. Webcast recordings of the event are available at the following links:

- Morning session in Main Chamber [here](#)
- Afternoon session in Main Chamber [here](#)
- Emporium of Dangerous Ideas: [Community Wellbeing](#) ; [Community led regeneration](#) ; [Low carbon future](#) ; [Public services](#) ; [Local food](#) ; [Community Wealth](#)

News from other e-bulletins

CHEX recommends the following March e-bulletins relevant to community health:

- NHS Health Scotland's latest [Wellbeing in Sexual Health and HIV \(WISHH\) bulletin](#) is now available with news on sexual health and wider issues.
- The latest [Welfare Cuts: #TakingItOn bulletin](#) from SCVO has news on [Making Advice Work](#), part of Scottish Legal Aid Board funding, which is open to services offering benefits advice including community-based groups.
- The PB Network has produced the first of a new e-bulletin on Participatory Budgeting, [Making People Count](#). This issue gives a bit of context, promotes the network and provides a host of PB examples from around the UK and wider. It also notes that Local Authorities in Finland have embraced the 1% idea (where 1% of local authorities budget is decided directly by local people).
- Glasgow 2014's [latest mailout](#) announces that tickets for the Commonwealth

Games will be available on 19th August.

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Campaigns

Active Travel Campaign

The new Scottish Government Active Travel Campaign launches in May and the main aim of the campaign is to encourage Scots to leave the car at home when travelling short distances, and walk and cycle more. The campaign will tell people that by participating in more active travel behaviours you can improve your health, save money, improve the environment and feel better.

The campaign will appear on TV, and be supported by full outdoor, PR, field and partnership activity throughout May and June.

The campaign is also supported by an app which will be free to download and allows users to track their activity levels, map their regular routes, count calories and measure their mood before and after their walk or cycle. There will also be materials available for display, including posters, flyers, window stickers and other possible give-aways.

Visit [The Scottish Government news section](#) for more on the campaign.

HIV Always Hear

[HIV Always Hear](#) is a national HIV awareness and anti-stigma campaign giving a voice to people living with HIV in Scotland using four films to capture the experiences of four people who are HIV positive. Supporting the films are HIV information sheets covering HIV Basics, HIV Statistics, HIV Stigma and HIV Myths. Resources for [schools and youth groups](#) have been created based around a series of Health and Wellbeing lesson plans but also contain interdisciplinary study links to other subjects to encourage cross curriculum learning. There is also another resource pack aimed at [churches](#). Topics explored include HIV Transmission, HIV Stigma, HIV & Relationships and HIV & Emotional Resilience.

Please contact Ali Irving for further details on 0131 556 9710 or email alison.iving@waverleycare.org

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Consultations and Surveys

Dundee Railway Station redevelopment consultation

Voluntary sector organisations and service users are invited to a consultation meeting about the redevelopment of Dundee Railway Station, with a particular focus on accessibility. For more details and to book a place, [click here](#).

Proposed changes to Adults with Incapacity Regulations 2002

This consultation gives the opportunity to react to proposals to amend the regulations

relating to the frequency of local authority guardianship supervision visits; and the requirement placed on guardians and persons authorised under the intervention order to provide information to local authorities. [Click here](#) to access the associated documents. The closing date for comments is the 2nd August 2013.

Spreading the benefits of Digital Participation

Members of the public across Scotland are invited to take part in a national inquiry into the changing role of digital technology. This will explore how digital technologies and the internet (including the world-wide-web, mobile gadgets, mobile apps, email, and social networking sites) are used by the public, businesses, government and charities on a day to day basis. It will examine what information, services and opportunities digital technologies can offer, and seek to understand how the benefits can be shared by all. The full enquiry can be found here: <http://bit.ly/diginquiry> and the final submission deadline is June 28th 2013.

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Publications

JRF austerity report on South Lanarkshire

CHEX network member organisation [HealthnHappy](#) is the subject of JRF's latest 'insight' as part of the [Austerity in the UK](#) project, looking at the impact of public spending cuts, policy change and the state of the economy on disadvantaged people and places in the UK. The HealthnHappy case study shows the pressures which individuals and families are under, with people who are struggling to find work now having to cope with the many benefit changes that are taking place. Read the full insight [here](#).

Blessed co-production!

Time Banking UK has created the following video, narrated by Brian Blessed, retelling Edgar Cahn's book No More Throw-Away People.

<http://www.youtube.com/watch?v=egav5xjb-lg>.

No More Throw-Away People uses a parable of the Blobs and Squares to explain the need for co-production – an entertaining way of introducing the concept.

Health and Social Care of Older People in Scotland: Policy Landscape

This policy landscape review from ScotPHN maps out the key policies and strategies affecting the health of older people in Scotland. The aim is to provide a brief overview of the policies and strategies which affect the health and wellbeing of older people in Scotland, highlighting the common themes and direction of policy in recent years. Although it is targeted at NHS Boards and local authorities it gives a fairly detailed overview of policy for anyone working in this area (including following community-led approaches), including lists of relevant strategies and diagrams of the current policy environment. The report can be downloaded [here](#).

How welfare changes are affecting third sector

SCVO has published its [Welfare Reform Mapping Report](#) which is based on evidence from around 400 people across the third sector on how welfare changes are affecting their organisations. The key findings of the report include:

- Gaps in provision already exist and organisations do not have the resources

to fill them.

- Many organisations feel that members of the public have poor understanding of the reforms and the stigma attached to claimants is a significant challenge.
- Demand for support and services provided by third sector organisations has increased according to 72% of survey respondents due to the impact of welfare reform.
- Demand is expected by 88% of organisations to increase in the coming months
- There are some strong collaborations and innovative projects across the sector.

Scottish Government guidance on community resilience

The Scottish Government has published guidance for local authorities and other agencies (including the voluntary sector) on promoting community resilience, defined here as being about increasing the readiness of communities to respond to emergencies. The guidance states that the approach advocated is based on community development – “providing individuals and groups of people with the knowledge and skills they need to effect change in their own communities, through a process of engagement, education, empowerment and encouragement.

[Download the guidance](#). Supporting materials, including a number of good practice case studies, [The Guide to Emergency Planning for Community Groups](#) and [The Voluntary Emergency Responders Guide](#) are available on the [Ready Scotland website](#).

Scottish National Action Plan for Human Rights

Scottish Human Rights Commission is developing a Scottish National Action Plan for Human Rights (SNAP), and has commissioned research into Scotland’s Human Rights in comparison to international standards. This has identified good practice and gaps, and goes on to propose that Scotland develops a national action plan to implement human rights more systematically – with law and legislation used as a last resort. The SNAP aims to be evidence based, participative and build on good practice, and then independently monitored (by UN and Council for Europe).

So far the process has been to collate existing research, and hold focus groups with stakeholder groups; and participative dialogue with different equalities groups in Scotland. Some findings so far:

- Scotland is doing well in terms of our civil and political rights, but the full range of human rights are not consistently translated into practice, e.g. social security; highest attainable health
- We have no parliamentary committee for human rights (unlike Westminster) which can check the compliance of new Bills
- UK Welfare Reforms are inconsistent with human rights based approach which is more the language of Scottish policy
- Access to information regarding human rights is poor

The SNAP will be launched later in the year and, in the meantime, the research report and more information can be accessed at www.scottishhumanrights.com/actionplan

Greenspace report on the impact of Community Placemaking

In March greenspace scotland undertook an evaluation of 11 Placemaking projects to investigate the impact that Community Placemaking has/is making to the transformation of local spaces and neighbourhoods and the involvement of

communities. The investigation found that the placemaking principle of 'testing ideas' in the short term to inform longer term projects and investment was very effective. Communities reported being involved in Placemaking had increased their skills and confidence, provided 'proof of need for what we are doing', 'helped us get more resources and funding' and 'given us more clout!' A report summarising the findings and discussions at from Community Placemaking networking event on 21 March and three case studies are available [here](#). The evaluation was supported by funding from the Scottish Government's Learning Network Challenge Fund.

In addition, a summary and full report for the Community Placemaking initiative for Lauriston, Glasgow, is available [here](#).

Report on Poverty and Social Exclusion

A new comprehensive report on the state of poverty in the UK has been carried out by researchers at a number of UK Universities, including Glasgow and Heriot-Watt. [The Poverty and Social Exclusion Survey](#) estimates that around 4 million children and adults in the UK are not properly fed by today's standards.

Cross Party Group on Health Inequalities Annual Return

The Cross Party Group on Health Inequalities has published its Annual Return showing details of meetings of the group, including the date of the meeting, a brief description of the main subjects discussed and the MSP and non MSP attendance figures. The group has heard from a range of people, including Professor Graham Watt on the GP's at the Deep End report, Bruce Whyte from Glasgow Centre for Population Health who on comparisons between Glasgow and Gothenburg and Sir Harry Burns on "Creating Health in Scotland".

You can download the report from the Cross Party Group's webpage at <http://www.scottish.parliament.uk/msps/43411.aspx> where you can also download more detailed minutes from each meeting.

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Funding

Celebrate with Sport Scotland!

Celebrate is a joint scheme originated by the Scottish Lottery Distributor's Forum (SLDF) offering funding of up to £10,000 for events and projects which celebrate Glasgow 2014 or that are inspired by Scottish links to the 71 nations and territories which make up the Commonwealth. Funding is available to arts, heritage, sports and community groups to hold one off events, so long as it's linked to the Commonwealth Games and people can get involved. Applications must be submitted at least three months before the start date of the planned activity. [Click here](#) for more.

Communities and Families Fund

The Communities and Families Fund is a grants programme funded jointly by the Scottish Government and the Big Lottery Fund in Scotland. The fund will support local projects that help families and communities give children the best start in life, providing grants of £250 - £10,000. Examples of the types of local projects funded include:

- Parenting support and development projects
- Community play projects
- Projects that support better nutrition for young children
- Community-based family support and childcare projects

There are no deadlines and applications can be submitted at any time. Visit the [Big Lottery website](#) for more information.

Co-operative community fund

the Co-operative community fund is awarding between £100 and £2,000 to community or voluntary groups carrying out positive work in their community. You can apply online using through an online application process. The [website](#) provides further information and guidance on this, from funding criteria to a useful FAQs section and full terms and conditions.

Falkirk community group funding

Community groups and schools across the Falkirk Council area have the opportunity to apply for grants of up to £500, from a charity scheme set up across four, local NPDO (Not For Profit Distributing Organisation) high schools. Some examples of applications include creation of eco-gardens, equipment for school clubs, art clubs, local sports clubs and historical societies. Since the beginning of the scheme in 2010, more than £12,000 has been awarded. Applications to the scheme are assessed on a quarterly basis. Full details on [Falkirk Council's website](#).

Grab A Grant!

CSV's Action Earth 2013 campaign gives grants of up to £500 to give to groups of volunteers who are carrying out environmental projects in Scotland.

- Grants of up to £250 are available for practical activities that involve volunteers in improving outdoor spaces or creating habitats for wildlife. Grants can be used to purchase plants, tools and materials or to cover volunteer expenses.
- If your group is volunteering on a Local Nature Reserve CSV can give you up to £500 for practical work, wildlife recording or educational activities that encourage more people onto the reserve.

The campaign runs from April to December 2013. For more information or to apply online go to: <http://actionearth.csv.org.uk>. If you have any questions about the campaign or any project ideas please contact Robert Henderson at: actionearth@csv.org.uk or call T: 0131 222 9083 / 0131 622 7766. This project is supported by Scottish Natural Heritage.

Healthy Communities Small Grants Scheme 2013/14 (Dundee)

Managed by Healthy Dundee's Healthy Communities Small Grants Assessment Panel, this Small Grants Scheme aims to encourage communities to become involved in making Dundee a healthier place. A whole range of activities are eligible for funding, particularly those which help tackle Dundee's priority health improvement issues of healthy eating, smoking, physical activity and mental well-being and, most importantly, those which seek to address health inequalities.

The closing date for the first round of applications for Healthy Dundee's Healthy Communities Small Grants funding is Friday 31 May 2013. It is anticipated that applications received by this date will be considered by the Healthy Communities Small Grants Assessment Panel at a meeting on 10 June 2013 with applicants being

notified of the outcome immediately thereafter.

- [Healthy Communities Application for Funding form 2013-14](#)
- [Healthy Communities Guidelines for Applicants Seeking Funding 2013-2014](#)

For more information contact Liz McDonald- 01382 424092 or email- lizmcdonald@nhs.net.

Applications in excess of £500.00 might be eligible for consideration by NHS Tayside's cash4communities project. See www.cash4communities.scot.nhs.uk.

Sheila McKechnie Foundation awards

The [SMK Campaigner Awards](#) are for people who are just starting out as campaigners or taking action on an issue and who want some support in getting results. Winners will be invited to a high profile awards ceremony, receive one-to-one coaching from a highly experienced campaigner, take part in an intensive and inspiring residential skills-building weekend and be invited onto the [SMK Alumni programme](#). The deadline for applying or nominating is 1pm on Monday 10th June.

Skipton Building Society funding

To mark its 160th anniversary, Skipton Building Society is awarding £500 grants to community organisations and groups which are NOT registered charities. Groups can apply for grants until 31st July. Visit <http://www.skiptonbig160.co.uk/apply-for-funding.aspx> for more information.

Making Advice Work

The Making Advice Work (MAW) programme will provide a total of £7.45 million to organisations helping people in Scotland facing debt and other problems stemming from benefits changes and the ongoing impact of the economic downturn.

Managed by the [Scottish Legal Aid Board](#), with funding from the Scottish Government and the [Money Advice Service](#), the MAW programme will combine £5.1 million of already-announced Scottish Government funding with a further £2.35 million being allocated by the Money Advice Service as part of its debt advice funding partnership.

The MAW programme will focus on priority issues as agreed with Scottish Ministers and the Money Advice Service:

- Around £4m will be allocated to projects that provide advice and representation to help people facing financial difficulties and other problems caused by welfare reforms
- £2.5m will be allocated to projects led by social landlords that provide advice, information and representation to tenants dealing with the impact of welfare reform
- Around £1m will be allocated to projects designed to find new ways of helping groups of over-indebted people who face particular barriers in accessing appropriate help to deal with their debts

The Scottish Legal Aid Board will invite applications shortly. [Find out more](#).

Healthy Hearts Grants

[Heart Research UK Healthy Heart Grants](#) of up to £10,000 are available to new and original projects that actively promote heart health in their community or group. Applications for the November round can be submitted during July and August with a closing date of 31 August.

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Events

LEAP Sports Festival Fortnight (Across Scotland)

Organised by LEAP Sports, Festival Fortnight offers 67 opportunities to take part in 33 different activities across 8 Scottish local authorities. There are opportunities to try a new sport, take part in a debate, view an exhibition, watch sports related films, or have fun at one of our parties. Find out what's happening near you, by clicking on festivalfortnight.org. Then, let us LEAP know which events you are coming along to by signing up to them through facebook. Simply click the event you are interested in, and click 'join this event on facebook'. Additional events will be added right up until the end of May, so please check the site regularly for new activities.

You can also order copies of the Festival Fortnight brochure from info@leapsports.org with your address and number of copies.

Festival Fortnight is an exciting mix of sporting, recreational and cultural events and activities. The festival aims to increase the visibility and participation of lesbian, gay, bisexual and transgender (LGBT) people in Scottish sport. Everyone is welcome, though- try out a new sport, support a team, or celebrate at one of the parties. Festival Fortnight is co-ordinated by LEAP sports, an umbrella organisation for LGBT sports clubs and groups across Scotland.

Workshop on disability the integration of health and social care (Dumfries)

Inclusion Scotland and Scottish Disability Equality Forum are holding workshops for disabled people on the Integration of Health & Social Care. This is a chance to learn more about what the integration might mean to the services you receive and to have your say on how this should happen. Lunch will be included. Please note priority will be given to disabled people and organisations run by disabled people. To register for a FREE place contact:

The next workshop will be on Tuesday 21 May 2013, at the Cairndale Hotel & Leisure Club, English Street, Dumfries, DG1 2DF, 10.30am – 3.30pm. Angela Marshall, angelam@inclusionScotland.org, 0141 221 7589. Please indicate if you have any additional support needs including access, communication support or dietary requirements when registering.

Collaborative workshop on the draft statutory guidance for self-directed support (Dunfermline)

ARC Scotland (Scottish Transitions Forum) are working in partnership with other agencies to provide you the opportunity to provide feedback to the Scottish Government's consultation on the Statutory Guidance and Regulations which will accompany the Social Care (Self-directed Support) (Scotland) Act 2013. The consultation will take place on 6th June 10am – 4.30pm at Carnegie Conference Centre, Dunfermline, and is an opportunity for practitioners, those who use services and their families and friends to make their views known about the major changes which are being planned for social care in Scotland. There will be the possibility of feeding back around transitions and SDS For further event details, and to register you note of interest to attend, visit <http://sdscollaborativeworkshop.eventbrite.co.uk> or telephone 0141 410 1068.

JRF report launch (Glasgow)

The launch for the Joseph Rowntree Foundation's new report, 'Spending cuts: Mitigating the risks to Scotland's disadvantaged communities' will take place on Thursday 30 May 2013 at 5pm at the Deeprise Theatre, Govan Mbeki Building, [Glasgow Caledonian University](#), Cowcaddens Road, Glasgow G4 0BA. The report launch will be followed by light refreshments.

The GCU-led research project, 'Spending cuts: Mitigating the risks to Scotland's disadvantaged communities', funded by the Joseph Rowntree foundation, focused on the decision-making practices of five Scottish local authorities when reducing their spending on public services and the social risks arising from service reductions. See the [last issue of Snippets](#) (in publications) for more on this work.

Community growing networking event (Inverness)

Grow the Future - Community Growing in the Highlands, at Highland Council Chambers, Inverness, on 21 June, will include presentations from a range of community growing projects and workshops from people involved with Transition Black Isle, Moffat CAN and Glachbeg Education Croft. Community Woodland Association, Trellis and the FCFCG will contribute to the wider picture of community growing throughout Scotland. Pre-booking is required, please book online [here](#).

SWC Roadshow Program 2013 (Skye and Kyle of Lochalsh)

The Scottish Women's Convention will be visiting the following areas in May:

- Tuesday 21st May, 5.30 – 7.30pm, Kyle Hotel, Main Street, Kyle of Lochalsh, IV40 8AB
- Wednesday 22nd May, 11.30 – 2.30pm, Breakish Community Centre, Near Broadford
- Thursday 23rd May, 11.30 – 2.30pm or 5.30 – 7.30pm, two events at The Aros Experience, Viewfield Road, Portree, IV51 9EU

If you would like to attend these roadshows or you would like more information please email mary.kerr@scottishwomensconvention.org.

Highland LGBT Forum (Stornoway)

Delivered by the Highlands and Islands Equalities Forum and Highland Lesbian, Gay, Bisexual and Transgender Forum (Highland LGBT Forum) this free full day events (9.30am - 4.30pm) provides a greater understanding of issues around gender, sexuality and diversity, and the problems and difficulties faced by LGBT people, as well as looking at wider issues of equality and human rights. There will also be an opportunity to meet with organisations and individuals directly involved in supporting LGBT people. The event will take place on Friday 24th May, 9.30am-4.30pm, at Cabarfeidh Hotel, Manor Park, Perceval Road South, Stornoway, Isle Of Lewis, HS1 2EU. [Book here](#).

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Conferences and Seminars

Champions for Communication seminar (Dundee)

Richmond Fellowship Scotland has been working in partnership with NHS Tayside

Mental Health Speech and Language Therapy Service to support the development of a communication training programme with its Support Staff. Adopting new approaches to communication within services has provided considerable benefits for individuals with long term mental health problems, leading to additional quality of life outcomes that were unexpected and impressive.

This seminar on the topic will take place on 13th June 2-4pm at Discovery Point, Dundee. For more information or to request a place contact Rebecca Mckenzie: rmackenzie@trfs.org.uk

SURF Annual Conference (Edinburgh)

SURF's 2013 Annual Conference, on Friday 5 July in Edinburgh, will focus on the collaborative Alliance for Action initiative. Confirmed guest speakers include Scottish Government Permanent Secretary Sir Peter Housden, who made a very thought provoking contribution to the recent CDAS conference on 'Building Stronger Communities'. SURF also intends to use this year's Annual Conference to investigate: the changing role of the country's 32 local authorities in supporting regeneration efforts large and small; the issues regeneration policy-makers have in accessing research and evidence; and the latest developments to support early intervention. [Check for further details on the SURF website](#)

Introduction to Campaigning (Falkirk)

The Sheila McKechnie Foundation, supported by the Tudor Trust, is running this one-day introductory level campaign workshop to equip people with the skills to bring about change at a local or national level. The event will be on Friday 21st June, 9.45am – 4.00pm, Hotel Cladhan, Kemper Avenue, Falkirk FK1 1UF (£10)

The speakers at this workshop will be: Harmit Kambo, Learning & Development Manager, SMK (facilitator); Anne McGuire, MP for Stirling; and Jill Buchanan, Chief Reporter/Business Editor, The Falkirk Herald. Participants may already be involved at a basic level of campaigning or just about to get started. [Details](#).

WHEN Conference 2013 (Glasgow)

West of Scotland Health & Ethnicity Network (WHEN) is holding its second network conference on 30th October 2013, 9am - 5pm, at Kelvin Conference Centre, University of Glasgow. WHEN is a network bringing together people who have an interest in health/social care and ethnicity research and policy development. The network aims to use an evidence based approach to influence the development of a healthier minority ethnic community in Scotland. One of the key purposes of the network is information sharing with a view to forging new, interdisciplinary research collaborations.

This year the WHEN conference will have a focus on mental health and wellbeing. It will be chaired by Dr Andrew Fraser, Director of Public Health NHS Health Scotland, and the keynote speech will be delivered by Professor Kamaldeep Bhui, Professor of Cultural Psychiatry and Epidemiology, Queen Mary University, London. If you want to present your work at this meeting, or have access to a stall for display of materials, or would like to sponsor the event please contact nundita.reetoo@cc3.org.uk or sidra.shirjeel@cc3.org.uk

GDA's Learning Festival (Glasgow)

GDA's Learning Festival brings disabled people together for a fun day of learning! The theme this year is "Raising Aspirations: Changing Lives". This FREE event takes place on 7th June, 10am – 4pm, at the Thistle Hotel, Glasgow, and is open to disabled people and people with long term health conditions. You do not have to be

a member of GDA to attend, although membership is free. Lunch is provided as well as transport if needed. Get information: lots of fantastic information stalls. Learn something new: free, fun learning taster sessions. Be inspired: meet other disabled people and hear their stories. Places are limited and must be booked in advance. To book, please email info@gdaonline.co.uk, or call 0141 556 7103. <http://enf.org.uk/blog/?p=4382>

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Training

The Art of Hosting (Callender)

The Art of Hosting is touted as a new way of facilitating conversation in a way that aligns with ideas of participatory democracy. The [global website](#) states that it is:

“an approach to leadership that scales up from the personal to the systemic using personal practice, dialogue, facilitation and the co-creation of innovation to address complex challenges”

The AoH team, who are behind the approach, are inviting people in Scotland to a training event at Lendrick Lodge, Callander, from 27th to 29th June 2013. The Art of Hosting and Harvesting Conversations that Matter is a 3-day workshop that employs a participative approach for leading, convening and engaging. It offers tools for participatory leadership that can help generate the new thinking and energy needed to transform your organization, sector, or community. Visit <http://www.aoh-scotland.org/invitation/> for more information, including costs, and to book a place.

Welfare Reform, Universal Credit (Edinburgh and Glasgow)

The following training is available from One Parent Family Scotland.

Welfare reform gives an overview of the changes that have already been implemented and those that will be introduced during the course of 2013. It covers Child Benefit, tax credits, Employment & Support Allowance, housing and council tax benefits, Universal Credit, Personal Independence Payments and the Social Fund. The three hour course will be run on the following dates:

- Thursday 30th May 2013 at 9.30am (Edinburgh)
- Thursday 6th June 2013 at 1.30pm (Edinburgh)
- Tuesday 11th June 2013 at 1pm (Glasgow)
- Thursday 27th June 2013 at 1.30pm (Edinburgh)

[Book a place online](#)

Universal Credit covers the framework of the new Universal Credit that will be introduced during 2013 and which will replace most of the existing benefits and tax credits. The course covers what is currently known about Universal Credit and includes sample calculations. Please bring a pocket calculator with you. The three hour course will be run on the following dates:

- Tuesday 21st May 2013 at 1pm (Glasgow)
- Thursday 23rd May 2013 at 1.30pm (Edinburgh)
- Tuesday 18th June 2013 at 1pm (Glasgow)

- Thursday 20th June 2013 at 9.30am (Edinburgh)
- Thursday 11th July 2013 at 9.30am (Edinburgh)

[Book a place online](#)

All Edinburgh courses will take place at Norton Park Conference Centre, Norton Park, 57 Albion Road, Edinburgh EH7 5QY.

All Glasgow courses will take place at Choices - OPFS West (Glasgow), 100 Wellington Street, Glasgow G2 6DH.

Using the Functional Fitness MOT with older people (Glasgow)

The British Heart Foundation is delivering this training seminar on Using the Functional Fitness MOT with Older People. It is a one day practical seminar designed for physical activity, exercise and active ageing professionals. It will give them an overview of the Functional Fitness MOT, raise awareness of the importance of physical activity for older people and show how the MOT can help. The following link to the website offers further information and also contact details to book a place: <http://www.bhfactive.org.uk/older-adults-training-and-events-item/370/index.html>

Introduction to advising migrants on tax in the UK (Glasgow)

The Migrants Resource Centre, the Low Incomes Tax Reform Group are teaming up to offer the following workshop to those advising migrants:

- Increase your understanding of the rights and responsibilities of migrants regarding tax in the UK
- Find out about topics such as Residence Status, Personal Allowances, Employed/Self-Employed, National Insurance, and more
- Gain confidence in advising migrant clients on tax issues and signposting clients to further information and advice

This workshop is for not for profit agencies delivering advice and support to migrants. It will run on Friday 14th June 2013, 9:45am – 1:30pm at Positive Action in Housing, 98 West George Street, Glasgow G2 1PJ. You must register to reserve a place. To register or find out more contact Sara Wickert on saraw@migrants.org.uk or 020 7834 2505 ext 106.

Scottish Consortium for Learning Disability training (Glasgow)

Scottish Consortium for Learning Disability has the following training available at :

- Easy information: Tuesday 9th July 2013 & Tuesday 30th July 10.00 – 4.00. This is a practical one day course which goes through all the steps involved in creating easy to understand information.
- Graphic facilitation: Wednesday 10th July 2013. This is a one-day training course to give you the skills you need to create a visual representation of any meeting in real time. Experienced trainer, Clare Mills will show you how to communicate effectively with individuals and groups in a creative, inclusive and memorable way.

Both course will be at Merchant Exchange, Glasgow, and cost £110 per person. To book email: john.s@sclld.co.uk or call John Somerville at SCLD on 0141 559 5732.

Equality & Diversity Training (Perth)

This workshop will inform you of the most up-to-date equality legislation and what it means in practice to your staff, volunteers, committee members and service users.

You will explore what contributes to potential unlawful discrimination and how to ensure your organisation complies with the equality legislation. As a delegate you will gain an understanding of the impact discrimination, stereotypes and inappropriate language can have on people's chances of obtaining work, promotion, recognition and respect. [read more](#)

The half day workshop costs £125 (non-members), £105 (voluntary groups) and £99 (Members). It runs from 10.00am - 1.30pm on Monday 3rd June 2013 at the Moncrieffe Centre, Riverside Business Park, Friarton Road, Perth. See <http://www.paih.org/~training/schedule.html> for the full range of training.

ASH training scoping study

ASH Scotland, is hoping to run a series of Continuous Professional Development Events, initially based around our information briefings and its new 'fast-facts sheets'. Topics are likely to include:

- Young people and tobacco
- Tobacco and cannabis use
- Nicotine and addiction
- Smoking and Dementia
- Tobacco use, HIV and Hepatitis C

In order to gauge whether the events should proceed, ASH have created a [short scoping exercise](#) which should take no more than 5 minutes to complete. Full instructions are provided on the survey which will be open until 31st May 2013 .

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Vacancies

Board Members (Edinburgh)

Edinburgh Community Food requires management level professionals to play an important part in further developing the organisation. You can make an important contribution by using your expertise at board level for once a month meetings. Specifically, growing demand for our services means we now require additional professional experience. To find out further details, including what areas of expertise are particularly sought after, visit [Edinburgh Community Food's website](#). Closing date, 7th June.

Policy & Engagement Officer (Edinburgh or Glasgow)

Inclusion Scotland is recruiting for an experienced Policy & Engagement Officer (£27,180 p/a) who can work effectively with disabled people to increase their influence over policy making and involvement in public life. To download an application pack: <http://www.inclusionScotland.org/>. Closing date: 24th May 2013

Capacity Building Officer (Glenrothes)

Fife Voluntary Action requires a Capacity Building Officer (Salary: £26,000) to develop the capacity of new and existing third sector organisations in the Fife Council area by providing high quality information, training and developmental support. Organisation profile. For more information and an application pack please visit: www.fivevoluntaryaction.org.uk/vacancies. Closing date for applications is 12 noon, Monday 27 May.

Information and Communications Officer (Glasgow)

CHEX's parent organisation, Scottish Community Development Centre, is recruiting a full time Information and Communications Officer (salary £25,510) to support its programmes across Scotland.

To enquire about the position, please contact [Victoria Muir](#), Internal Services Manager, or download the recruitment pack [here](#). Deadline for applications is Friday 7th June.

Chief Executive Officer (Glasgow)

Lifelink seeks a Chief Executive Officer (£41,823 - £45,774 pro-rata, 28 hours per week). The successful candidate will have the ability to develop, take ownership and drive forward Lifelink's strategic plan to sustain and grow the organisation. The ideal candidate will have working knowledge of holistic therapeutic support services and be a manager with proven strategic, business, financial, presentational, commercial, and interpersonal/networking skills. See more at [Goodmoves](#). Closing date: 27 May 2013.

Board members (Glasgow)

LEAP Sports Scotland is a young organisation set up to tackle discrimination in sports as a result of sexual orientation or gender identity. It is looking for new Charity Trustees who will work as active Board Members to help direct, develop and guide the organisation with efficient, effective and accountable governance. For full details of the role and person specification, please visit <http://leapsports.org/about/recruitment>. Deadline for applying is 17th May, information and interview evenings will be held on 29th and 30th May.

Project Coordinator (Glasgow)

This is a unique opportunity to develop and manage an exciting new project which responds to the needs of all who live in the Govanhill area of Glasgow. Salary: £25,000 - £27,000. The successful candidate will have responsibility for all aspects of the day to day management of the project, ensuring that The Space provides a safe, warm and welcoming environment. It is essential that the successful candidate:

- identifies the needs of the local people and ensures they have access to existing services
- responds with enthusiasm, respect and commitment in developing new and sustainable services.
- supervises the work of The Space Support Worker
- recruits and supports all volunteers.

Proven experience of working with community organisations in a community development context is essential as well as project development and management experience. For more information please contact: Sr. Eileen Glancy on 02089592257 or email: Eileen.glancy@dcmillhill.org. Closing date for applications: 28th May 2013. Interviews: week beginning 3rd June 2013

Administration and Finance Officer (Glasgow)

North Glasgow Healthy Living Community is advertising for an Administration and Finance Officer (Salary: £20,520) to work within a fast paced environment to deliver a range of administrative tasks whilst maintaining the day-to-day finances of a small charity. NGHLC works in partnership with statutory and voluntary sector organisations to develop healthy living programmes within the North Glasgow CHCP area. Website: www.healthynorthglasgow.co.uk

Any enquiries please contact Arlene Cooke, Project Manager on 0141 336 7000
Applicants must submit a CV and no more than 1 x A4 page of information in support of the application. CVs without additional information will not be considered.
Electronic applications only to arlene@healthynorthglasgow.co.uk to arrive no later than 5pm on Friday 24th May 2013. Late applications will not be considered.
Interviews for the post will take place on Thursday 6th June 2013. [Download the job Information](#)

Volunteer Support Worker (Glasgow)

[North Glasgow Community Food Initiative](#) seeks a Volunteer Support Worker (Salary info: Temporary, £10.00 per hour, average 17 hours per week to 30th September 2013 initially) to recruit, induct volunteers from a wide range of backgrounds and abilities, including asylum seekers and settle and support them into their roles.

Download the [application form](#) and [application pack](#). Closing Date: 9.00am Monday 20th May 2013. Interviews: Thursday afternoon 23rd May 2013

Inclusion Outreach Worker (Inverclyde)

ICOD are currently seeking an enthusiastic person to provide outreach support to older disabled people, helping them to maximise and enhance their home life and independence by supporting them with issues relating to housing, finance, benefits and identify and engage with relevant community & social activities. The successful applicant will have an SVQ Level 2 Qualification in Social Care or equivalent, and will be required to Join the PVG (Protection of Vulnerable Groups) Scheme. The contract is for 20 hours per week and the successful candidate will earn between £9,877 - £10,076. They will be funded until January 2016. For further information and an application pack please telephone 01475 732700 between 10am-4pm Monday - Friday, or email recruitment@icod.org.uk, or visit www.icod.org.uk/jobs.htm. Closing date for this position is 4pm on Friday 24th May 2013.

Volunteer Co-ordinator (South Lanarkshire)

Healthy Valleys, a community led health improvement organisation located in rural South Lanarkshire, has a new opportunity for a Volunteer Co-ordinator (£20,520 pro rata, 20 hours per week). The post holder will support volunteers who deliver a range of community led health interventions. The successful candidate will develop and deliver a volunteer recruitment strategy, supervise and support volunteers and provide direction and coordination for all volunteer functions within the Organisation to strengthen community projects and programmes. This position requires the successful candidate to have a current driving license and access to own transport for business purpose.

Application packs are available by phoning Healthy Valleys 01555 880666 or email carolanne@healthyvalleys.org.uk. Closing date: 24th May 2013. Interview date: 4th June 2013. This post is funded until 31st March 2014.

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Websites

Dundee Reshaping Care for Older People website launched

The Reshaping Care team at Dundee's Third Sector Interface have launched a

[website](#) as a resource for Dundee's voluntary sector around the Reshaping Care for Older People agenda.

The site contains [background details about Reshaping Care](#), information about the [voluntary sector's contribution and involvement](#) in Reshaping Care work across the city, information about the [Capacity Building Fund](#) and back issues of the team's regular [e-bulletins](#).

Check out the [Discover Age directory](#) as well – it contains details of services, organisations and services for older people in Dundee.

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The Community Health Exchange (CHEX) is primarily funded by NHS Health Scotland and is a part of the Scottish Community Development Centre (SCDC). SCDC is a company limited by guarantee, registered in Scotland, No. 361532. SCDC is a registered charity in Scotland, Ref No. SC 040614.

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