



Issue No 232, 2<sup>nd</sup> May 2013

**Hello, and welcome to issue 232 of CHEX-Point Snippets.** As always, this issue contains all the latest news and information relating to community-led health. **If you have any news or updates from your own work locally that you would like mentioned in Snippets please get in touch.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit [www.chex.org.uk/subscribe/](http://www.chex.org.uk/subscribe/)

The next issue of Snippets will be **Thursday 16<sup>th</sup> May 2013** so please send anything you would like to be included before Tuesday 14<sup>th</sup> May. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to [andrew@scdc.org.uk](mailto:andrew@scdc.org.uk) or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and compiled by Andrew Paterson. Thanks to all contributors to this edition.

Regards  
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Policy and Research Officer, Scottish Community Development Centre

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## **CHEX News**

### **News from the Network – Wheels set in motion at Shotts Getting Better Together**

*This issue's 'News from the Network' comes from Shotts Getting Better Together, which has really been getting places recently!*

Firstly, the charity, based in Shotts Healthy Living Centre, has secured nearly £50,000 from the Big Lottery Fund to set up a new cycling and bike maintenance project aimed at expanding the opportunities for cycling among local young people.

The grant will allow the team to run the programme for two years, purchase 15 new bicycles and employ a trained member of staff, as well as cover the cost of important cycling equipment.

June Vallance, manager of Getting Better Together, said: “It was a huge delight to receive this funding. We are really grateful to have received the whole amount we requested. We want to get as many young people involved in cycling and exercise as possible.

“I don’t see a lot of people cycling in Shotts at the moment so our young people are very excited about the project. It’s a great thing for young people and it’s something new, which is what they wanted.”

The grant will expand an already-established project with funding from the Postcode Lottery and Strathclyde Police, and will add to the resources already at the centre, which comprises ten bicycles and a trailer for transporting them.

They hope to have the scheme up and running within the next couple of months and it is believed the programme can eventually become self-sufficient.

Secondly, in cooperation with Strathclyde Partnership for Transport, GBT has obtained a new eight seat people carrier, making a very valuable addition to their Community Transport fleet. The people carrier is also wheelchair-accessible.

June Vallance, said: “It’s just great that SPT have funded this new people carrier. It’s an important partnership for us and we have worked hard to secure funding.

“The people carrier gives us a huge opportunity to work with small groups, and to help older people get about to lunch clubs and various events.”

Visit [www.gbtshottshlc.org.uk](http://www.gbtshottshlc.org.uk) for more information about Getting Better Together, or

phone 01501 825 800 to speak to someone in the office.

*Thanks to Shotts Getting Better Together for providing us with this update on what they are doing. We aim to include a piece of news from a CHEX Network organisation in each issue of CHEX-Point Snippets, so please get in touch if you would like us to feature some of your own work across Scotland.*

### **Making Scotland Better: Achieving Radical Change**

On Tuesday 23 April CHEX held an event in Edinburgh entitled 'Making Scotland Better: Achieving Radical Change' with participants from community-led health organisations, local authorities and national statutory bodies. The theme for the day was radical change in tackling growing health inequalities in Scotland, and effective partnership between communities and policy-makers in making such a change.

The three key presenters at the event spoke on a diverse range of subjects:

- Gareth Allen from the Scottish Government Third Sector Unit and Lesley Benzie from Lifelink talked about the recent [Learning Exchanges](#) between Scottish Government civil servants and community groups
- Maruska Greenwood from [LGBT Centre for Health & Wellbeing](#) presented on the benefits of engaging in partnership working with statutory services, and described the ways in which community groups can highlight and support communities which exist under the radar of public health services (e.g. the over-fifties in the LGBT community)
- David White, Assistant Manager at [Edinburgh CHP](#), spoke about new relationships and new ways of working with community-led health organisations.

Each presentation was followed by brief discussion by participants, reacting to what they'd heard and sharing related experiences. There were three workshops in the afternoon, focussing on the benefits of community action and the demonstrable impact it can have within communities.

At the conclusion of the event there was a plenary session where every participant was asked to think about what they could achieve on three levels; individually, locally and nationally, to bring about the radical change required to make an impact on the health inequalities in Scottish communities. As there was a good range of participants from the community development sector, local authorities and national bodies, there was a corresponding range of responses and ideas about what could be done.

From the feedback that CHEX received, the event was viewed as: useful and inspiring to the participants, a good opportunity to network and further illustrative of how community organisations can work to make a difference to tackling health inequalities in Scotland.

CHEX is currently writing a report for the event, bringing together the themes of the day and participant feedback. We'll keep you informed through Snippets and on the CHEX website.

### **Heterogeneity within the ethnic minority populations – implications for healthcare planning**

CHEX Network member, REACH Community Health Project is hosting a discussion (supported by CHEX and VHS) on the changes in the demography of the Scottish population and implications for shaping and implementing health policies. The discussion will offer the opportunity for third sector organisations together with health

strategic planners and practitioners the exploration of patterns of health and wellbeing issues of different ethnic groups. It will further seek to increase the understanding of heterogeneity within the ethnic minority population in terms of racial, ethnic and cultural differences, which impacts on:

- the extent to which social, economic and psychological circumstances contribute to differences in health at different stages of the life course within and between ethnic groups
- change and stability as key influences on health such as family life, socio-economic disadvantage and neighbourhood environments and
- the extent to what and why the health of ethnic groups of similar ancestry varies in different country settings

The discussion will be stimulated by Dr Sean Valles, a visiting scholar from Michigan State University, USA who will talk about the use of broad racial and ethnic categories as a source of evidentiary and ethnical problems in public health programmes.

The discussion will be held on 23rd May, 2.30 – 4.30 p.m. at REACH Community Health Project, 1st Floor, Network House, 311 Calder Street, Glasgow G42 7NQ. If you would like participate, please e-mail [admin@reachhealth.org.uk](mailto:admin@reachhealth.org.uk) with your name, organisation and contact number. Further information is outlined on this [flyer from REACH](#).

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## **General Information**

### **CLD registration**

A new CLD registration scheme has been launched in Scotland meaning that anyone working in Community Learning and Development, including those working in community-led health, can now register as members of the CLD Standards Council for Scotland - professional body for the field.

Registration is open to all CLD practitioners (whatever their employer or job title, and including volunteers) who demonstrate the values, principles, competences, Code of Ethics and commitment to Continuous Professional Development that underpin the sector.

There are two types of membership. Associate membership is open to all who meet the basic criteria, and registered membership requires an approved degree level qualification and two years verified practice in a CLD setting, or ten years verified practice.

The Standards Council says “the registration scheme will continue the culture of dialogue and debate, championing a shared sense of identity amongst practitioners, providing a national voice for the sector, and reaffirming the importance of CLD in Scotland.”

[Click here to find out more and register!](#)

### **Definition of community capacity building**

Community Learning and Development Managers Scotland have adopted a [statement](#) that tries to summarise in one page their understanding of what community capacity building means in Scotland today. The definition emphasises building community resilience, community leadership, social justice, sustainability, partnership and prevention. It also states that 'community development' is another name for community capacity building – that clears that one up then!

### **Children and Young People Bill**

Three and four year old children will, for the first time in Scotland, be entitled to 600 hours of funded early learning and childcare through the [Children and Young People \(Scotland\) Bill](#), published today. The Bill proposes a range of measures which include:

- Looked after two year olds and those with a kinship care order will receive the same entitlement as three and four year olds
- A named person for every child and young person from birth to safeguard and support their wellbeing, working with other bodies as required
- Providing kinship carers with more support from local authorities to increase family stability.

As reported in the last issue of Snippets Minister for Children and Young People Aileen Campbell has also announced an extra £10 million on top of the £20 million third sector fund to be shared between 45 organisations working closely with children, young people and families, as part of wider investment in prevention and early intervention. For the full story, visit the [Scottish Government's website](#)

### **Minister for Commonwealth Games and Sport to take responsibility for equality**

The Scottish Government has announced that Minister for Commonwealth Games and Sport, Shona Robison will take on ministerial responsibility for equality, although cabinet responsibility will remain with Cabinet Secretary for Health and Wellbeing, Alex Neil. Roseanna Cunningham, Minister for Community Safety & Legal Affairs, will continue to have responsibility for religion, John Swinney, Cabinet Secretary for Finance, Employment & Sustainable Growth, will still lead on equality aspect of the budget and Mr Neil will retain portfolio responsibility for the same sex marriage legislation. The Scottish Government has the [full story](#) on its website, including quotes from Shona Robison.

### **Big Local in England**

A Big Lottery funded initiative in England, The Big Local, will provide 150 areas south of the border with £1m each, to spend how they want with the assistance of specially appointed 'reps'. The Community Development Foundation was responsible for leading a group of organisations who successfully applied to the Big Lottery Fund through a competitive bid process to set up the Local Trust and to devise the Big Local programme.

The four programme outcomes for Big Local are:

- Communities will be better able to identify local needs and take action in response to them.
- People will have increased skills and confidence, so that they continue to identify and respond to needs in the future.
- The community will make a difference to the needs it prioritises.
- People will feel that their area is an even better place to live.

The trust also states that the fund is about long-term thinking, engaging with all sections of the community and working in partnership with agencies (if required) rather than being told what to do. Visit [The Big Local website](#) to find out more.

### **Office Space Available in Edinburgh**

The Ethical Property Company has asked us to remind readers in Edinburgh that it provides affordable, flexible and fully managed office space to charities, social enterprises, voluntary groups and organisations working in creative fields and the arts. Thorn House, the organisation's centre in Edinburgh, offers space managed in a transparent and supportive way with the focus upon the sharing of resources and the creation of a communal working environment. There are currently several small spaces available, for 1 - 2 desks. If you are interested and feel you and your organisation could benefit from the facilities available, please contact [Janine@ethicalproperty.co.uk](mailto:Janine@ethicalproperty.co.uk) / 01225 750925.

### **News from other e-bulletins**

CHEX recommends the following March e-bulletins relevant to community health:

- Community Food and Health Scotland's [latest e-bulletin](#) contains a reminder that CFHS has now moved to NHS Health Scotland. There is a link to staff contacts as well as all the latest community food and health news.
- The latest [Welfare Cuts: #TakingItOn bulletin](#) from SCVO.
- [ASH Scotland's weekly bulletin](#) has news on the upcoming 'Towards a generation free from tobacco' conference, previously featured in Snippets.
- Always informative and relevant to community-led health, the latest [CDAS e-bulletin](#) contains, amongst other news, updates on the Scottish Government's extra money on top of the Third Sector Early Intervention Fund as well as its financial support for third sector involvement in children's services. CDAS has also provided a very useful section on welfare reform resources.

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## **Consultations and Surveys**

### **See Hear**

The Scottish Government has published 'See Hear: A strategic framework for meeting the needs of people with a sensory impairment in Scotland'. Set against a background of increasing demand, the requirement for greater efficiency and effectiveness with available resources and Health and Social Care Integration, the resource has been directly informed by views of a wide range of stakeholders who have contributed their views on current service provision and made suggestions for future developments. Now the Scottish Government would like comments and suggestions on the framework itself. Responses must be made by 28 June 2013. [Access the framework and consultation here.](#)

### **Views sought on youth-friendly health services**

Walk the Talk is the national initiative on promoting youth-friendly health services in Scotland. NHS Health Scotland, who is managing the project, is keen to hear from health professionals and their partners who have undertaken innovative and practical steps to ensure their health service is accessible to and appropriate for young people, engages and involves young people in service design and delivery and addresses barriers which discourage them. Examples will be available on the [Walk the Talk](#)

[website](#). To share your learning, contact John Brown, Senior Health Improvement Officer at Health Scotland Tel. 0131 313 7529 or e-mail: [john.brown8@nhs.net](mailto:john.brown8@nhs.net).

### **Consultation on draft Self-directed Support Regulations 2013**

During the Self-directed Support Bill's passage through the Scottish Parliament, Scottish Ministers made a commitment to develop statutory guidance and Regulations to accompany the 2013 Social Care (Self-directed Support) (Scotland) Act, and to consult on the content of the guidance and Regulations.

A set of draft Regulations have therefore been developed to accompany the Act which deal specifically with direct payments. The Scottish Government invites views on the content, purpose and effect of the Regulations. This consultation paper provides an explanation of the Regulations and outlines some key consultation questions.

Alongside this, the Scottish Government is inviting views on a detailed Statutory Guidance document to accompany the Act and the Regulations. To access the Draft Self-directed Support Statutory Guidance on care and support consultation document please click [here](#), or visit the [consultation page](#) on the Scottish Government website.

### **National Planning Framework 3 - Main Issues Report and Draft Framework**

Not the most engaging consultation title, but don't let that put you off! This framework is an attempt to set out Scotland's planning strategy for the next 30 years. It's worth noting that a Mackay Hannah conference on NPF3 (see [conferences section](#) of this issue) will explore, amongst other topics, "How can the promotion of healthy places be built into planning?"

The Main Issues Report sets out the Government's preferred option as well as reasonable alternatives, and the consultation paper seeks the public's views. They can be accessed [here](#).

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## **Publications**

### **How have local authorities managed the social risks of public spending cuts?**

This Joseph Rowntree Foundation study explores five Scottish local authorities' decision-making about budget cuts due to austerity measures, and identifies current practice in protecting the most vulnerable and disadvantaged. Key findings and recommendations include:

- In deciding budget cuts, all five councils used Equality Impact Assessments (EIAs) for managing social risk. Considering and mitigating adverse social impacts do not yet form a core part of decision-making processes.
- When seeking to reduce risk, the councils emphasised the protection of statutory (not discretionary) services, to meet their legal obligations.
- Councils need to develop more innovative priority-setting processes, frameworks and criteria to help their decision-making protect disadvantaged and vulnerable groups. Incorporating these processes in a locally tailored tool for risk mitigation – a Social Risk Impact Assessment (SRIA) – would move from a 'service-based' to a 'needs-based' approach.
- Local authorities could develop the SRIA decision-making framework to cover

all disadvantaged groups, not just those protected under EIAs (groups defined by equality legislation).

Visit <http://www.jrf.org.uk/publications/public-spending-cuts-scotland> to read more and download the full report.

### **Knowledge, attitudes and motivations to health 2008-11**

The report Knowledge, attitudes and motivations to health 2008-11 (KAM) has been published by NHS Health Scotland and is available to download on [the ScotPHO website](#). This is the third and final report in the series, which ran between 2008 and 2011 as a module of the [Scottish Health Survey](#). The module examined the links between knowledge, attitudes, motivations and behaviour.

Building on the first two KAM reports, the final report combines all of the data collected over the four year period. This has allowed a more detailed analysis of the KAM data than previously possible, also drawing on the wide pool of information about health-related behaviours, experiences and characteristics embedded within the Scottish Health Survey.

There are some interesting sections on people's perceptions of how much influence they have over their own health, with more affluent people feeling more in control over their health. It's a pretty big document so may take a while to download!

### **New CFHS publications**

Community Food and Health Scotland has four new publications now available to download, or [get in touch with CFHS](#) for a hard copy.

- [Far reaching fare](#) looks at the role that community initiatives can play in building reach into policy and practice around food access.
- [Getting the messages](#) looks at the impact of basic accredited nutrition courses on food and health work.
- [The impact of cooking courses on families](#) provides a summary of research that studied the impact of cooking courses on families
- And [Building blocks and baby steps](#) reflects a short programme of work to investigate the impact and influence of community food initiatives in relation to maternal and infant nutrition.

### **GreenHealth Conference resources**

The GreenHealth conference presented the findings from the four-year Scottish Government funded research programme which investigated the contribution of green and open space to public health and wellbeing. The event provided opportunities to hear from the lead researchers and to consider the implications of the findings for policy and practice. Visit [Greenspace Scotland's website](#) to access the conference programme, recommendations and presentations.

### **Looking up to Scotland**

Will Horwitz of London based Community Links (not to be confused with the South Lanarkshire community organization!) has published [a mostly highly positive report](#) 'Scotland's Prevention drive: what can we learn?' following meetings with government officials and third sector organisations in March 2013. The investigation is part of the work of [the Early Action Task Force](#), a group of third sector, business and public sector leaders working to build a society that prevents problems from occurring rather than one that, as now, copes with the consequences.

### **State of CLD across Scotland**

Community Learning and Development Managers Scotland has published [the report of a survey](#) of Community Learning and Development services in Scottish local authorities. Findings show that, on average, CLD did not appear to suffer disproportionate cuts in 2012/13. However, some local authorities saw reductions in budgets and staffing which will have seriously weakened their services. When taken in combination with the other areas that have seen such reductions in at least one of the recent years or which expect them in 2013/14 or thereafter, the ability of CLD services to respond to the high expectations for them is under severe pressure.

### **Guide to generating income from renewable energy projects**

Highlands and Islands Enterprise have created a guide for communities who want to generate income from renewable energy projects. It is relevant for communities who want to set up their own renewable energy project and also those who want to earn revenue from commercial developers' voluntary contributions. Visit [HIE's website](#) to access the resource.

### **New Understanding Glasgow films**

In late 2012 the Glasgow Centre for Population Health (GCPH) commissioned a series of films, set in Glasgow, Renfrewshire and Inverclyde which were to reflect the lived experiences of people and let them tell their own stories. The first [four films](#) – 'Working Men', 'Sense of Place', 'Young Mums' and 'Bolting Doors, Mending Fences' – cover a wide range of issues which affect people living in and around Glasgow, such as unemployment, regeneration, community spirit and parenthood. CHEX has found the videos provide useful insights into addressing poverty and health issues, and we were also impressed by the persevering and determined community activism in Inverclyde!

GCPH is interested in getting feedback on the films and in hearing your ideas about how they can use them and about any events or organisations they can work with to share them.

### **Digitally Agile Community Learning and Development**

Resources from the Digitally Agile Community Learning and Development programme are now available online, including videos, social media guidance, participant stories and presentation slides from the programme's events. DACLD's purpose was to learn, inform and share knowledge about the use of digital technology and social media in CLD.

CHEX's parent body, the Scottish Community Development Centre (SCDC), was a partner on the project with YouthLink Scotland and Learning Link Scotland. The project emerged from strategic discussions at the CLD National Workforce Development Group, with support offered by Education Scotland as part of Community Learning and Development (CLD) Up-skilling Programme, managed by Education Scotland and funded by the Scottish Government. Go to the specially created website at <http://www.digitallyagileclld.org/> to access the resources.

### **Scottish Ethnic Minorities Directory**

The 2013 Scottish Ethnic Minorities Directory is now available to buy at a cost of £25 including p&p - all proceeds go to Positive Action in Housing's destitution service and humanitarian work. PAIH has updated 189 entries and added hundreds of new personal named contacts. A single copy costs £25, 5 copies cost £100 and 10 copies £150. Email [home@paih.org](mailto:home@paih.org) to order a copy.

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## Funding

### People's Postcode Trust

The [People's Postcode Trust's small grants programme](#) has re-opened for applications, offering grants of between £500 and £10,000 to small organisations and community groups for projects lasting up to 6 months in the areas of poverty prevention, advancement of health, community development, public sports, human rights and environmental protection. Previous projects supported in Scotland include the Moray Art Centre which received a grant of £2,000 to run a play therapy group for children with autism. The closing date for applications is the 24th May 2013

### Climate Challenge Fund

Applications for [Climate Challenge Fund \(CCF\) grants](#) up to £150,000 per year are invited now and application deadlines for the [next three grant panels](#) in 2013 and 2014 are available on the [Climate Challenge Fund website](#).

Additional support to help disadvantaged communities and ethnic minority communities to get their CCF applications off the ground is available through [Development grants of £750](#). Projects led by young people to reduce the carbon footprint of their community are also supported; the [Junior Climate Challenge Fund \(JCCF\)](#) offers young people £750 Development grants to develop a full JCCF grant application where they could secure funding of up to £150,000 per year.

Please see [how to apply](#) for more information on deadlines and the application process.

### The Wyseliot Charitable Trust

Wyseliot funds charitable organisations in the UK for general charitable purposes, including the advancement of health, the prevention or relief of poverty and the relief of those in need by reason of youth, age ill-health, disability, financial hardship or other disadvantage. No minimum or maximum levels of funding are specified. Previous grants have been for between £2,000 and £5,000.

Applications may be submitted at any time, and should be made in writing. Contact the Wyseliot Charitable Trust for further information: Jonathan Rose, The Wyseliot Charitable Trust, 17 Chelsea Square, London SW3 6LF.

### £1500 prize money for youth groups interested in tackling tobacco

The Crofton Awards 2013 is looking for groups of young people already taking action against the harm caused by tobacco or who would like to develop a new idea to tackle this issue. You don't need to be an expert on tobacco to apply for these awards; ASH Scotland's Young People's Team can support you to develop your ideas, knowledge and awareness of tobacco related issues

ASH knows youth groups across the country actively work to address a range of issues important to them. The Crofton Awards provide funds for youth groups to develop new ideas and innovative approaches to address tobacco and smoking. [Apply now for the Crofton Award 2013](#).

Winners of the Crofton Award and Best Newcomer categories have access to a comprehensive package of on-going support provided by ASH Scotland's Young People's Team including:

- Prize money
- Invitations to the annual awards ceremony
- An opportunity to attend a learning day at ASH Scotland
- Support to promote your work locally
- Access to up-to-date tobacco information and resources.
- Access to formal accreditation for young people via the [Dynamic Youth Awards](#).

The deadline for applications is 18<sup>th</sup> August 2013. Contact: Connie Bennett, Development Officer (Young People), ASH Scotland. Email [cbennett@ashscotland.org.uk](mailto:cbennett@ashscotland.org.uk), phone 0131 220 9465 or visit ASH Scotland's [website](#).

### **The Triangle Trust 1949 Fund**

Triangle Trust Development Grants provide funds towards core costs to support the development of a solid foundation for the long-term. One of the funding priorities is organisations working to support unpaid carers, for which the deadline for applying is 14 May 2013. The trust would like to see applicants use these grants to develop sustainable income sources, so that when its grant comes to an end your organisation's income will not be reduced. <http://www.triangletrust.org.uk/>

### **The Life Changes Trust**

The Big Lottery Fund in Scotland is providing funding to the tune of £50 million for the [Life Changes Trust](#), which aims to fund young people leaving care and people with dementia and their carers. The £50 million will be evenly split between these two beneficiary groups.

The four partner organisations tasked with managing the funds are The Health & Social Care Alliance, Foundation Scotland, Who Cares? Scotland and Glasgow Council for the Voluntary Sector. [Read more form GCVS](#).

### **Community Radio Fund**

[Ofcom's Community Radio Fund](#) allows Community Radio Stations to apply for funding to support their core running costs, including management costs, administration costs, fundraising to support the station, community outreach work and the costs involved in using volunteers. Grants can only be made to community radio licensees which are broadcasting under a community radio licence (and not an RSL, for example). The average grant awarded over the last few years has been in the region of £15,000. The closing date for applications is 5pm on the 8th May 2013

### **Reshaping Care for Older People in Aberdeen**

The Aberdeen Partnership is now inviting proposals that meet its agreed strategic priorities of maximising the health, wellbeing and independence of the older people of Aberdeen. Fully costed proposals should be submitted by the 31st May 2013. For more information, please download the following document from [the ACVO website](#) or, if you would like to discuss any aspect of this process, please contact Jane Russell, ACVO on 01224 686073 or email [jRussell@acvo.org.uk](mailto:jRussell@acvo.org.uk)

### **Making Advice Work**

The Making Advice Work (MAW) programme will provide a total of £7.45 million to organisations helping people in Scotland facing debt and other problems stemming

from benefits changes and the ongoing impact of the economic downturn.

Managed by the [Scottish Legal Aid Board](#), with funding from the Scottish Government and the [Money Advice Service](#), the MAW programme will combine £5.1 million of already-announced Scottish Government funding with a further £2.35 million being allocated by the Money Advice Service as part of its debt advice funding partnership.

The MAW programme will focus on priority issues as agreed with Scottish Ministers and the Money Advice Service:

- Around £4m will be allocated to projects that provide advice and representation to help people facing financial difficulties and other problems caused by welfare reforms
- £2.5m will be allocated to projects led by social landlords that provide advice, information and representation to tenants dealing with the impact of welfare reform
- Around £1m will be allocated to projects designed to find new ways of helping groups of over-indebted people who face particular barriers in accessing appropriate help to deal with their debts

The Scottish Legal Aid Board will invite applications shortly. [Find out more.](#)

### **Scottish Ethnic Communities 100k fund**

The [Scottish Ethnic Communities 100k fund](#) provides an opportunity for minority ethnic communities working at a local level access funds for a number of different activities. If you're a group who wants to make a positive change, to develop your community, or to help your community to change their lives, then apply now and you could get a grant between £500 to £10,000 to make this happen. Just make sure that your idea falls into one of these broad categories.

- Youth work and young people
- Social Enterprise
- Community Engagement

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## **Events**

### **Bernie's Holiday (Glasgow)**

As part of [GRAND 365](#) SEAL Community Health project has produced a play called Bernie's Holiday. This play was written and produced by local women with support from a drama tutor. It reflects some of their own experiences with alcohol and its misuse. The play uses humor but is also hard hitting and is suitable for men and women from different ages and backgrounds. The play will be held as part of a road-show in Woodside Halls on 8th May, Pollokshaws Burgh Halls on 9th May and The Platform Easterhouse 10th May. Awareness will be raised of the issues surrounding alcohol misuse and there will be signposting to other relevant agencies for those attending. Website [www.sealcommunityhealth.org.uk](http://www.sealcommunityhealth.org.uk) for more information on SEAL project.

### **Seeing Auntie (Glasgow)**

'Seeing Auntie' is a new, one-woman presentation that looks at the subject of

Dementia, in particular Alzheimer's disease. The play focuses on the lives of a family, one of whom (Auntie Irene) has dementia. It provides ideas and tips for caring for a person with dementia and offers hope for the future, and shows the challenges and rewards of looking after someone with dementia. It offers the audience a chance to get inside the head of someone who is experiencing the condition and their family.

The Healthy Working Lives team at NHS Greater Glasgow and Clyde would like to offer you and your employees the opportunity to see this play for FREE on Thursday 6 June 2013 (12.30 -2.30pm) at Renfield St Stephens Centre, 260 Bath Street, Glasgow G2 4JP (close to the Mitchell Theatre). For more information or to book a place, e-mail [Mariam.abbas@ggc.scot.nhs.uk](mailto:Mariam.abbas@ggc.scot.nhs.uk)

### **Study Visit to 'The Playz' (Kilwinning, Ayrshire)**

At this free SURF study visit event, guests will learn about the hard work and dedication behind the success of 'The Playz', an initiative by Pennyburn Regeneration Youth Development Enterprise which transformed a disused pub in the Pennyburn area of Kilwinning into a thriving community hub. The initiative received the 'Community Led Regeneration' 2012 SURF Award for Best Practice in Community Regeneration.

The event is on Thu 16 May, 10:00am to 12:30pm at The Playz, Kilwinning, Ayrshire. The format includes a tour of the building and a discussion session. It finishes with a networking lunch. Please [click here](#) to download a flyer for this event, which includes further background information and an agenda. Alternatively visit SURF's website, where you can find contact details to book a free place.

### **Highland LGBT Forum (Stornoway)**

Delivered by the Highlands and Islands Equalities Forum and Highland Lesbian, Gay, Bisexual and Transgender Forum (Highland LGBT Forum) this free full day events (9.30am - 4.30pm) provides a greater understanding of issues around gender, sexuality and diversity, and the problems and difficulties faced by LGBT people, as well as looking at wider issues of equality and human rights. There will also be an opportunity to meet with organisations and individuals directly involved in supporting LGBT people. The event will take place on Friday 24th May, 9.30am-4.30pm, at Cabarfeidh Hotel, Manor Park, Perceval Road South, Stornoway, Isle Of Lewis, HS1 2EU. [Book here](#).

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## **Conferences and Seminars**

### **Let's talk about sex and drugs (Edinburgh)**

This conference and networking event for drug and sexual health workers is scheduled on Wednesday 5 June 2013 at Radisson Blu Hotel, The Royal Mile, 80 High Street, Edinburgh EH1 1TH. The event is supported jointly by Scottish Drugs Forum and Health Scotland and will bring together people from all over Scotland who are working in sexual health and drug treatment services to:

- hear about and share examples of good practice
- discuss how these can be replicated in their local area.

Costing £50 to attend, it is aimed at those working with Drug and Alcohol services

who want to help service users improve their sexual and reproductive health and those working in Sexual Health services who want to provide the best possible service for drug/alcohol users. See the [flyer](#) for more info or visit [SDF's website](#) where you can also download booking forms.

### **Scotland's New Planning Policy (Edinburgh)**

The Scottish Government's New Planning Policy Conference, from MackayHannah is on Tuesday 14th May 2013, Surgeon's Hall, Edinburgh and concerns Scotland's planning strategy for the next 30 years

The National Planning Framework 3 Main Issues Report is due to be published any day now, and will be followed by a 12-week period of public consultation. Join this conference to examine initial proposals and explore alternatives around NPF3 and SPP.

- What is the role of planning policy in contributing to economic growth?
- How can 'National Developments' contribute?
- How can the promotion of healthy places be built into planning?
- What do the changes mean for local authority planning departments?
- What does it mean for transport and other infrastructure projects?
- Scotland has ambitious carbon reduction and zero waste targets - are we on the correct path?

Book a place at this conference, read more about the speakers, view the full agenda or find out more about the conference [here](#).

### **Recovery Scotland conference (Glasgow)**

The Recovery Scotland conference will be at the Marriott Hotel, Glasgow, on Thursday 30<sup>th</sup> May 2013. Seminars include:

- Building recovery focused services
- Building resilient recovery communities
- Supporting families and children through recovery
- Recovery in the criminal justice system in Scotland
- Twelve Step Facilitation
- Recovery and social enterprise
- Visible, contagious recovery
- Panel discussion: Focus on the future

Full details and delegate registration are at [www.recovery-scotland.co.uk](http://www.recovery-scotland.co.uk)

### **International Association for Community Development conference (Glasgow)**

The International Association for Community Development's next international conference, 'Community is the Answer' will be held in Glasgow, 9-11 June 2014. Outline programme information and details of how to get involved are now available at the conference website: [www.communityistheanswer.org](http://www.communityistheanswer.org).

### **Arthritis in Young People - the Patient Experience (Stirling)**

On Wednesday 5 June, 2013, at Stirling Management Centre, Arthritis Care in Scotland will officially launch a special film compiled from interviews with young people living with arthritis, as well as parents, partners and carers. The young people involved will be presenting the film and afterwards will take part in a breakout session. Lunch will be provided so you can continue discussions with those present. It's now your opportunity to respond and 'Have Your Say'.

A clip of the film is available by following this link: <http://youtu.be/60ISyQ3YBd0>.  
Contact Maureen O'Reilly, Better Together Project Manager  
[maureeno@arthritiscare.org.uk](mailto:maureeno@arthritiscare.org.uk) Tel: 07834 418451 or 0141 954 7776 for booking details.

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## Training

### **OPFS Training Schedule 2013 (Glasgow and Edinburgh)**

April 2013 has seen the implementation of many of the welfare reform changes including the 'bedroom tax' and the benefit cap. Never has it been more important for professionals working with families to have an understanding of these changes, how they are likely to impact and what can be done to support them. If you work with single parents, then you might be interested in One Parent Families Scotland's training sessions on Welfare Reform and Universal Credit being delivered in both Glasgow and Edinburgh. These three hour sessions cost £40 per person and you can [book here](#).

### **Managing Self-harming Behaviours (Various)**

This workshop will provide participants with tools to work with people who self-harm on an ongoing basis. We will learn more about how to support people who self-harm to understand why they do it and how to bring it under control. Objectives:

- Understanding why each individual self-harms.
- Harm minimisation: What does it mean?
- Theories trying to explain Self-harm.
- Links between self-harm and suicide.

Dates and venues:

- Edinburgh Thursday, 9th May 2013 South Side Centre 86, Causewayside Edinburgh EH9 1PY
- Paisley Thursday, 30th May 2013 RAMH 41 Blackstoun Road Paisley PA3 1LU
- London Wednesday , 12th June 2013 BPS London Office, 30 Tabernacle Street
- Dunblane, Saturday 15th June 2013 Dunblane Cathedral The Cross, Dunblane FK15 0AQ
- Dumfries, Tuesday, 2nd July 2013 TBC

For more information and booking a place email Maria Naranjo at [info@harmlesspsychotherapy.com](mailto:info@harmlesspsychotherapy.com), visit [www.harmlesspsychotherapy.com](http://www.harmlesspsychotherapy.com) or phone 07557056049.

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## Vacancies

**Volunteers (Aberdeen, Dundee, Edinburgh and Glasgow)**

[Roshni](#), a registered charity with a long history of working with members of minority ethnic communities to promote the safety, health and wellbeing of children and families, is seeking to recruit volunteers in a variety of roles across Scotland. By raising awareness, challenging behaviours and attitudes, Roshni seeks to ensure that minority ethnic communities take a more active role in tackling key issues affecting their lives. Roshni has developed a number of projects offering culturally sensitive support services for Scotland's minority ethnic communities, and would like to recruit volunteers to work in the following roles:

- (1) Befriending and Helpline – You will work closely with community members in Roshni's befriending and helpline services offering information, support and a listening ear.
- (2) General Outreach – Volunteers will assist staff to carry out outreach work within communities, delivering workshops and assisting with events.
- (3) Office-based Volunteers – Roshni is also looking to recruit volunteers to join its team at our Glasgow office to assist with the day-to-day running of the organisation.

As a volunteer for Roshni, you would need to have an understanding of and a commitment to Roshni's message. As you will be working closely with minority ethnic communities, knowledge of a second language, in addition to English, is preferable. Second languages include Urdu, Hindi, Punjabi, Swahili and Polish. Full training will be provided. This role is voluntary. Necessary expenses will be covered. To apply, please email your CV to [amrita.roshni1@gmail.com](mailto:amrita.roshni1@gmail.com) with details of your interest and any relevant experience.

#### **Support and Engagement Officer (central belt)**

Patient Opinion Scotland is advertising for a Support and Engagement Officer (salary: £17,329 - £19,972) to be part of a team providing a comprehensive support service to existing Patient Opinion customers, supporting the engagement of new customers (Patient Opinion and Care Opinion) and raising awareness and activity across health and social care providers, citizen organisations and the public in Scotland.

To apply, please send a CV and covering letter outlining your interest and illustrating the ways in which your experience matches the requirements of this role as outlined in the job description to: Gina Alexander, Project Lead Scotland, at [info@patientopinion.org.uk](mailto:info@patientopinion.org.uk) or by post to: Patient Opinion, SCEDU, 53 Mowbray Street, Sheffield. S3 8EN. More info at <https://www.patientopinion.org.uk/info/jobs-scotland>. Closing date: 9 May 2013.

#### **Manager (Dundee)**

The [Women's Rape and Sexual Abuse Centre](#) requires someone to manage a dynamic organisation that supports women and girls who have been raped, sexually abused or exploited. You should have experience of strategic change, fundraising, managing volunteers and paid staff, and excellence in service delivery. The post offers a salary of £35,571 pa, and requires a female applicant (exempt under Schedule 9, Part 1 of the Equality Act 2010). For an application pack, please email [recruitment@wrasacdundee.org](mailto:recruitment@wrasacdundee.org). Deadline for applications 13th May 2013 at 9am.

#### **Self Directed Support Development Worker (Edinburgh)**

Minority Ethnic Carers of Older People Project seeks a Self Directed Support Development Worker (South Asian Communities) to support the transformation and delivery of services to BME communities through self directed support, personalisation and direct payments.

Candidates will have experience of casework and advocacy, community outreach and an understanding of outcomes and asset based approaches to working with individuals. An understanding of current issues informing and influencing self-directed support, the personalisation of care and co-production is required.

Salary is £23,976. Full details on [goodmoves](#). Closing date is 5.00pm 13 May 2013

### **Board Members (Edinburgh)**

Edinburgh Community Food requires management level professionals to play an important part in further developing the organisation. You can make an important contribution by using your expertise at board level for once a month meetings. Specifically, growing demand for our services means we now require additional professional experience. To find out further details, including what areas of expertise are particularly sought after, visit [Edinburgh Community Food's website](#).

### **Development Officer (Galashiels)**

[Scottish Borders Rape Crisis Centre](#) has created this new post (Salary: £22,515 pro-rata, 21 hours per week, fixed term for 12 months) to further the develop services for women and girls who have experienced sexual violence, ensuring that services are based on what survivors identify they need to reclaim control over their lives. In this role you will be expected to: develop innovative service models; deliver support to survivors; help support and manage volunteers; and work with partners and in local communities to raise awareness of the issues for survivors of sexual violence. For an application pack email [info@sbrcc.org.uk](mailto:info@sbrcc.org.uk) or telephone 01896 661070. Closing date: 15th May 2013

### **Community Development Worker (Glasgow)**

Glasgow Council on Alcohol is looking to recruit a part-time Community Development Worker, for 21 hours per week (£20,520 - £22,515 pro-rata) to develop and deliver group work initiatives in the local community for individuals who have experienced problems relating to alcohol. The main aim of the post is to increase the capacity of the Group Work Team and extend the reach of the current programmes into local communities in response to an identified need.

The Community Development Worker will help to prevent relapse, develop assets and abilities and promote recovery. The successful candidate will have excellent interpersonal skills including the ability to listen and respond sensitively and creatively to the needs of service users and develop initiatives which help to prevent relapse and improve wellbeing. GCA is looking for someone who has a harm-reduction approach to alcohol use, excellent interpersonal and communication skills and a proven record of working alongside service users to develop new initiatives.

For full details on how to apply visit <http://www.goodmoves.org.uk/jobs/13605?page=2&sector=3> . Closing date: 10 May 2013.

GCA is also advertising for a [Development Worker](#) and [Group Worker](#) (click on the links for more).

### **Board members (Glasgow)**

LEAP Sports Scotland is a young organisation set up to tackle discrimination in sports as a result of sexual orientation or gender identity. It is looking for new Charity Trustees who will work as active Board Members to help direct, develop and guide the organisation with efficient, effective and accountable governance. For full details

of the role and person specification, please visit <http://leapsports.org/about/recruitment>. Deadline for applying is 17th May, information and interview evenings will be held on 29th and 30th May.

### **Volunteer Co-ordinator (Neilston)**

Neilston Development Trust is seeking a Volunteer Co-ordinator (£21,000 pro-rata, 22.5 hours per week, until end June 2014 initially) to build the role of volunteers within the organisation. You will be responsible for recruiting, supporting and helping to develop the skills of volunteers as well as promoting the work carried out by volunteers within the organisation.

You will have experience of working in a community setting and of managing and supporting people. You will also have a clear understanding of the vital role volunteers play in supporting 3rd sector organisations. Full details and application pack on [goodmoves](#). Closing date: Friday 10th May 2013

### **Young People's Prevention Worker (Perth)**

The Rape & Sexual Abuse Centre Perth & Kinross are looking for a highly motivated Prevention Worker (30 hours per week at £24,972.00 per annum pro rata) to promote the RASAC Youth Initiative and deliver prevention workshops across a range of educational and community settings. You should have an HND Community Education/Youth Work or similar qualification with a minimum of two years' experience of supporting young people/youth work. Additionally, applicants are required to have an understanding of gender based violence and an awareness of sexualisation and its impact on young people.

This post requires a female applicant and is exempt under Schedule 9, Part 1 of the Equality Act 2010. Application forms available from RASAC P&K, PO Box 7570, Perth PH2 1BY: email [maggie@rasacpk.org.uk](mailto:maggie@rasacpk.org.uk). Closing date for applications: Friday 10th May 2013.

### **Community Programme Executive (Perthshire)**

Foundation Scotland has an executive opportunity in its Community Engagement Team. This role will lead on implementing a variety of local funding programmes alongside contributing to a range of bespoke commissioned work in the field of community research and facilitation. Salary: £28,488 pro-rata, 2-3 days per week (negotiable).

Applicants should be motivated individuals with a commitment to positive social and economic change. If you have solid community development experience, a strong track record in programme design and delivery, this will be an advantage to your application. Foundation Scotland is looking for candidates with experience in grantmaking, community development or related environments and with expertise in facilitating community groups and forums. Details on how to apply can be found at [goodmoves](#). Closing date: 6 May 2013.

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## **Websites**

### **Young Digital**

[Young Digital](#) is for anyone with an interest in using digital media in research with

children and young people, including researchers, professionals or young people who are involved in research as participants or researchers themselves. Sections include technical guides, digital research methods, ethical considerations, issues around engagement and participation and a members' area. The website has grown from work with students and professionals on researching children and young people's lives, involving the [Continuing Professional Development courses](#) at the Centre for Research on Families and Relationships ([CRFR](#)) and the [Masters in Childhood Studies](#) at the University of Edinburgh.

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