



Issue No 230, 4th April 2013

Hello, and welcome to issue 230 of CHEX-Point Snippets. As always, this issue contains all the latest news and information relating to community-led health. **If you have any news or updates from your own work locally that you would like mentioned in Snippets please get in touch.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit www.chex.org.uk/subscribe/

The next issue of Snippets will be **Thursday 18th April 2013** so please send anything you would like to be included before Tuesday 16th. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to andrew@scdc.org.uk or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and compiled by Andrew Paterson. Thanks to all contributors to this edition.

Regards
Andrew Paterson
Policy and Research Officer, Scottish Community Development Centre

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CHEX News

News from the Network – What’s going on round The Corner?

CHEX-Point Snippets tries to regularly include a piece of news from a CHEX Network organisation. In this issue, Gary and Amy at The Corner in Dundee have kindly provided an update on their Health Promotion work with young people.

Health Promotion is integral to the work at The Corner, Information and Peer Led services, linking into the organisational aims and the wider Learning and Community Objectives. The views of young people are at the heart of the Corner ethos and it is from young people’s views and the themes that are relevant to them the campaigns are based on. Staff review the campaign process each year, looking at what young people access the Corner for and what are the current local trends in Dundee. Staff have found that it is important to have a hook that encourages young people to take part in the campaigns. Themes from music, films, festivals and TV shows have been used to create tag lines which encompass what topic we are raising awareness of. Some of our recent campaigns have focused on resilience, sexting, employment and self-esteem.

In 2012 we started to work in partnership with other young people’s agencies and our partners within NHS Tayside in the creation and delivery of campaigns, and have also based our themes for the year on the feedback other agencies gave us about the topics that they saw as important for their service users. Campaigns have helped us to influence our own practice where we have created leaflets which have been used in our drop in. We have also shared our resources and the findings from our campaigns with our CLD partners. Resources have also been brought to school health Drop ins which are run in partnership with guidance and school nurse staff. The Corner campaign work will continue to be reflected upon as staff recognise that reflection, creativity and diversity is needed to keep our health promotion work relevant to our target age group.

Please contact amy.thompson@nhs.net or garyfinlayson@nhs.net for more information.

Based in the centre of Dundee, the Corner offers a wide range of Health & Peer-led services to young people aged 11 - 25 through the Drop-in centre and outreach work in local schools and communities. The Corner aims to work with young people in a manner which reflects the principles stated in the "UN Convention on the Rights of the Child". It strives to redress the inequalities experienced by young people through offering them assistance to develop skills and confidence, and support to move forward and make positive choices in their lives. Find out more at <http://www.thecorner.co.uk/>

'Growing Together' Spring Issue of CHEX-Point now available

CHEX has published the latest issue of CHEX-Point magazine which you can [download here](#). In this issue we take stock of the community- led health journey and reflect on the changing environment in which the approach has grown, survived and adapted to meet the needs of communities along the way.

In our lead article, the CHEX Editorial Board comments on this journey and looks at the new opportunities for the sector in the current policy environment of empowerment and asset-based approaches. We also hear from three CHEX network members about their experiences on the community-led journey: looking back on 10 years of community-led activity in Dundee, and towards new initiatives and approaches in Wester Hailes and the Isle of Skye.

Issue 44 also welcomes new Editorial Board members Lizanne and Paul who have helped shape and edit this issue and who bring a breath of fresh Spring air to CHEX-Point - welcome! As always we hope you enjoy reading CHEX-Point and hope you will share it with your partners and colleagues.

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General Information

Free planning advice for community groups

Free support is available from Planning Aid for Scotland for community groups wishing to develop community assets by helping them gain knowledge of the planning system. The Planning Mentoring Scheme can assist community groups by appointing a fully qualified volunteer town-planner to help your group along the journey.

Groups can get advice on planning applications, change of use, listed building consent, compulsory purchase or any other planning related issue. For more information and a special guide to "Planning for Community Developments" visit: www.planningaidscotland.org.uk/page/140/Planning-Mentoring-Scheme.htm. Please contact Mark Armstrong at Planning Aid for Scotland on 0131 220 9730 for more information.

Good Life, Good Death, Good Grief Awareness Week

13-19 May 2013 is Good Life, Good Death, Good Grief Awareness Week. The organisation, Good Life, Good Death, Good Grief, plans to make this week a hive of activity, putting on a range of events and activities to raise awareness of the need for Scotland to become a place where people can be open about death, dying and bereavement. Through the events, the organisation wants more people to have a chance to think about how they can help themselves and others with the difficult times that can come with death, dying and bereavement. For more information about Good Life, Good Death, Good Grief and the Awareness Week, please visit <http://www.goodlifedeathgrief.org.uk/content/awareness-week-2013/> where you can find out more about putting on your own event and/or attending other events.

News from other e-bulletins

CHEX recommends the following March e-bulletins relevant to community health:

- [Community Food and Health Scotland's latest e-bulletin](#) (March) has all the latest training, policy, events, funding and consultations related to community food and health. It also contains news of CFHS's recent relocation, with the organisation becoming part of NHS Health Scotland at the start of April. New contact details can be found within the bulletin. CHEX wishes CFHS all the best in their move!
- The latest edition of [Local People Leading](#), the e-bulletin from The Scottish Community Alliance, includes news of an upcoming get together for

Scotland's 'community anchor organisations' on the 26th April.

- The March 2013 newsletter from Parenting across Scotland provides summaries and links to research, events, practice and policy developments and resources related to parenting. Click [here](#) to view online.

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Campaigns

'See me'

Tuesday 2nd April sees the start of a new burst of national media buying by 'see me' – Scotland's national anti-stigma campaign. The campaign urges Scots to ask about mental health and to listen to what is said. 40% of Scots said that they would be unsure about asking about mental ill-health. Their main concerns were:

- How to raise the subject
- What to do if the conversation doesn't go well
- Where to access further help and advice.

The campaign consists of headline TV, radio and outdoor advertising including bus side panels and internal cards. More detailed information about how to talk about mental ill-health will be included in new webpages, <http://www.seemescotland.org/justlisten> (now live), inserts in the Daily Record, radio programming and local press advertorials. The campaign runs from the 2nd April through to the end of June.

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Consultations and Surveys

Peer Learning Research

Development Trusts Association Scotland have teamed up with English-based Locality to try and research the untapped potential that exists within Scotland from community-led networks. Funded by the Big Lottery, the research aims to:

1. Capture the experiences of small (turnover £50k-£200k) community organisations using an [on-line survey](#) which DTAS encourages you to complete.
2. Identify a number of bigger Scottish case studies of funds or training programmes supporting peer learning activity. The Knowledge and Skills Fund delivered by Local People Leading a couple of years ago and CWA's 'member delivered' training programme are 2 examples.

Please visit the survey if you are interested or contact DTAS at info@dtascot.org.uk or 0131 220 2456.

Consultation on Creating a New Food Body

The Scottish Government intends to create a new food safety body for Scotland which will cover food safety and standards, feed safety and standards, nutrition, food

labelling, and meat inspection policy and operational delivery. These devolved functions are currently carried out in Scotland by the UK-wide Food Standards Agency (FSA), which is accountable to all four Parliaments/Assemblies in the UK. The new food body will carry out all the functions currently delivered by the FSA in Scotland.

This consultation seeks views on whether the new food body could usefully expand its role and responsibilities beyond the above functions and on how to ensure its independence from Government and the food industry. It is an opportunity for consumers and industry to tell the Scottish Government what they think about what the new food body should do, and how food safety and standards should be addressed in Scotland in the future. [Click here](#) to read more and get involved. The consultation will run until the 22nd May.

Scotland's mental health: Adults 2012 - Feedback

[Scotland's mental health: Adults 2012](#) was published in October 2012, based on the adult mental health indicator set commissioned by the Scottish Government and developed by NHS Health Scotland in 2007. Users of this information are invited to share their views on the second adult data report, Scotland's mental health: Adults 2012, via the short questionnaire at the link below. This should take around ten minutes to complete.

Your feedback will help to gain a better understanding of the importance of the mental health indicators and will inform how best to present this information in the future. It will help inform future national data reports based on both the adult and children's mental health indicator sets.

The questionnaire, report and associated outputs can be found at [this link](#). If you would like to comment, please send your response to elaine.tod@nhs.net by Friday 19th April.

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Publications

Further evidence on 'health lifestyles' and poverty

The Scottish Public Health Observatory (ScotPHO) has updated statistics on health behaviours linked to the Scottish Index of Multiple Deprivation. It provides data on community wellbeing as well as all the usual indicators such as eating, exercise, smoking, blood pressure and obesity. The community wellbeing findings can be accessed [here](#) where some key points are provided. These include that people living in more deprived communities and West Central Scotland are less likely to agree that their neighbourhood is a good place to live. For the wider range of data on health and socio-economic status visit the [ScotPHO website](#).

Impact of austerity and enterprise on third sector in France and UK

Produced out of the first phase of the 'Minority Women in Tough Times' research project, this paper explores the impact of the economic crisis and austerity on the third sector in France and the UK. It critically examines ideas about enterprise which have arisen as part of a drive in these countries to make the third sector more 'sustainable'. The authors focus on work with minority women to argue that the pressure to be part of a competitive market changes the activity and political stance

of third sector organisations in a manner that may compromise their aims of tackling social injustice. To read this academic paper, click [here](#).

Hurting to heal: Exploring self-harm and recovery – a video

Produced by HarmLESS Psychotherapy and funded by the British Psychological Society's Public Engagement Grants 'Hurting to Heal' is a new film exploring the reasons for people engaging in self-harm behaviours, who may be affected by it and what we can do to help. The film aims to remove some of the myths around self-harm and engage people at a personal and human level. In 'Hurting to Heal' Lora Coyle, a person with lived experience of self-harm takes the viewer on an exploratory journey through the reasons that lead people to engage in self-harming behaviours and how we can offer support.

'Hurting to Heal' was produced by HarmLESS Psychotherapy in collaboration with Choose Life, The University of Edinburgh, Scottish Mental Health Association, Shared Strengths and NHS Lothian with a 2011 BPS Public Engagement Grant (LINK). Copies of the film are available free via www.harmlesspsychotherapy.com. HarmLESS Psychotherapy is a Social Enterprise Mental Health Educational Service founded in 2011. For more information E: info@harmlesspsychotherapy.com TL: 07557056049, W: www.harmlesspsychotherapy.com

Joseph Rowntree Foundation research into climate change policies

Two new JRF reports explore policies on carbon taxation, reducing the carbon footprint of the UK's housing stock and progressive approaches to tackling climate change.

In [Distribution of carbon emissions in the UK: Implications for domestic energy policy](#), a team from the Centre for Sustainable Energy and partners has used advanced modelling techniques to look at the distribution of carbon emissions across households in Great Britain, and the impact of existing Government energy and climate policies on consumer energy bills and household emissions in England. Findings include that:

- the richest 10 per cent of households emit three times more carbon than the poorest 10 per cent from energy use in the home and personal travel;
- current policies to reduce household carbon emissions create a triple injustice – the lowest-income households pay more, benefit less from policies and are responsible for the least emissions;

Some of the key statistics from the research are highlighted in [new infographics](#).

[Designing carbon taxation to protect low-income households](#), by a team co-ordinated by Simon Dresner at the Policy Studies Institute, examines how to design a carbon tax on household energy use and transport that protects low-income households from losing money overall. The study concludes that it is possible to protect the majority of low-income households, and almost all recipients of means-tested benefits, from the negative impact of a carbon tax through an appropriately designed compensation package.

Where Gypsy/Travellers live

The Scottish Parliament's Equal Opportunities Committee has published a report based on its inquiry into Gypsy/Travellers and care. [Where Gypsy/Travellers live](#) voices the frustrations felt by Gypsy/Travelling communities as well as the Committee members that challenging conditions and discrimination faced by these communities

is not improving. The Committee visited many such communities around Scotland and heard that accommodation is at the heart of many problems faced by Gypsy/Travellers. Amongst other findings, the report recommends that an existing Scottish Government Minister is given a specific role supporting Gypsy/Travellers and that a national awareness-raising campaign is launched around the issues covered by the report.

Understanding and measuring outcomes

As part of its Leading for outcomes series, IRISS (Institute for Research and Innovation in Social Services) has published two resources:

1. A guide - [Understanding and measuring outcomes: The role of qualitative data](#), which has been developed to support the collection and use of personal outcomes data.

2. The [Outcomes toolbox](#) - a collection of resources and knowledge relevant to an outcomes-focused approach produced in partnership by IRISS and CCPS. The toolbox includes:

- Tools and approaches taken by organisations across the sector to recording and measuring personal outcomes
- Evidence about an outcomes-focused approach including the challenges of recording and measuring personal outcomes
- Training materials to support those working in the social services community to work in an outcomes-focused way
- Examples of how data visualisation can be used to increase the accessibility of personal outcomes data
- A practical guide to making sense of qualitative outcomes data

Read more about the [Leading for outcomes](#) series.

Palliative and end of life care services in Scotland

A set of indicators has been developed for all palliative and end of life care services in Scotland, and is based on a minimum set of measures that demonstrate person-centred, safe and effective care is being delivered. Patients, carers, third sector and healthcare professionals helped to develop the indicators for palliative and end of life care. The indicators apply to all palliative and end of life care services in Scotland whether directly provided by an NHS board or secured on behalf of an NHS board and focus on: identification; assessment and care planning; accessing patient information; and place of death. The Scottish Government will use the indicators in coming years to help support and improve palliative and end of life care services. Visit [Healthcare Improvement Scotland's website](#) for more information.

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Funding

Big Lottery's Support & Connect fund

Grants of between £10,000 and £350,000 to improve local support for people experiencing hardship are being made available by the Big Lottery. The new £10m Support & Connect fund will run over the next two years and will help organisations working with people experiencing hardship in Scottish communities to become much

better connected so people dealing with complex problems get the right blend of support they need. In particular, the fund aims to support local food banks, money advice services and community clothing & starter pack projects.

For those projects which are looking for immediate funding there is a fast-track closing date of May 13th, 2013. However, for those organisations requiring more time to work up their plans there is a later closing date of September 6th, 2013. For more information please go to www.biglotteryfund.org.uk/supportandconnect or call 0300 1237110.

Scottish Power Energy People Trust

Established in 2005 to end fuel poverty, The Scottish Power Energy People Trust provides grants to registered charities for projects that address fuel poverty. Up to £50,000 can be applied to over three years for projects that; provide benefits advice to households missing out on financial help that they are entitled to through welfare benefits and tax credits; help young people to set up their first home; and improve home energy efficiency through draught proofing, insulating and offering energy efficiency advice. Deadline: 16th April 2013

<http://www.energypeopletrust.com/content/default.asp?page=s4>

Tesco Large Grants Programme

Community-led health organisations and other charitable organisations can apply for up to £25,000 from the Tesco Charity Trust's Large Grants Programme grants. This is especially relevant to organisations working in the areas of children's welfare and education; elderly people's welfare; and adults and children with disabilities.

Applications for funding are considered three times a year and the next closing date for applications is the 24th May 2013. For more information, please visit:

<http://tinyurl.com/dx7q4cn>.

Volunteering Support Fund Now Open

The Voluntary Action Fund (VAF) is now accepting applications for its Volunteering Support Fund. Third sector organisations can apply for up to £30,000 to:

- create new or enhanced volunteering projects;
- increase the diversity of volunteers, especially those from disadvantaged groups; and
- improve opportunities, skills and personal development through volunteering.

The Fund will also support third sector organisations to enhance their services and improve their capacity to deploy, support and train volunteers. Grants will be made for up to 12 months of activity. There are two different routes to achieving the Fund's outcomes:

- Volunteering Support Grant – Up to £10,000 for an individual organisation.
- Volunteering Support Cluster – Up to £30,000 for a cluster group of four to five organisations working together.

Full details, Guidance Notes and Application Forms can be found on VAF's website at <http://www.voluntaryactionfund.org.uk/>.

Esmée Fairbairn Foundation food strand

Esmée Fairbairn Foundation has launched a new food strand, offering total funding of £5m over a period of three years and is inviting applications from organisations focused on understanding and investigating the critical role that food plays in

wellbeing and the interplay between food, sustainability and poverty. For full details of the new fund and how to apply visit the [Esmée Fairbairn website](#).

Self Management Impact Fund

The Self Management Impact Fund is open to organisations which support people living with long-term conditions to learn more about the management of their condition, and to become active partners in their own care. The Fund also encourages good practice to be shared and innovative approaches to be developed. The Fund will support a range of work, including small or large one-off projects, new programmes of work and existing programmes of work.

The deadline for receipt of applications under the current round of the programme is 5pm on 13th June 2013. For more information, visit:

www.alliancescotland.org.uk/news-and-events/news/2012/10/self-management-impact-fund-now-open.

Research and Innovation Grants from Nuffield

Nuffield Grants are mainly for research (usually carried out in universities or independent research institutes) but are also made for practical developments or innovation (often in voluntary sector organisations). There are currently four grant programmes that support research and innovation for beneficial social change. These are Law in Social Society; Education; Children and Families; and Open Door which is for projects that advance social well-being, but lie outside the Foundation's main programme areas. Grants normally range between £5,000 and £150,000. The next deadline for submitting outline applications is the 5th July 2013. Read more [here](#).

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Events

SDS Personal Assistants Employment Roadshows (Edinburgh, Perth and Aberdeen)

The SDS PA Employment Roadshow is funded by the Scottish Government and is being run by SDSS and SPAEN. The event is being run across 4 different locations around Scotland (Glasgow is now past) with the theme of Personal Assistant Employment. PA Employment is one part of self-directed support and these events focus on developing people's confidence and knowledge in this specific area. It will be a chance for Local Authority workers, prospective PA Employers and prospective PAs to learn more about this option and the pros and cons that come along with it. Existing PA Employers and PAs are also encouraged to attend and there will be workshops available to all on the day. For Personal Assistants there will be a workshop run by UNISON and Glasgow Centre for Inclusive Living on the rights and responsibilities of PAs. There will also be a workshop for Local Authority reps as well as a general Q&A session at the end.

If you would like to attend any of these events please see the programme and fill out the booking form which is available at <http://bit.ly/12Glg0z> and return to info@sdsscotland.org.uk. The remaining 3 events are being held on:

- Tuesday 9th April – Edinburgh - Norton Park Conference Centre
- Wednesday 10th April – Perth - Perth Concert Hall
- Tuesday 16th April – Aberdeen – Aberdeen Exhibition Conference Centre

Reshaping Care for Older People community engagement events (Dundee)

A new team of Community Engagement Workers in Dundee are currently working closely with communities in the city to discuss and develop new ways to better support older people to remain in their own homes for longer. The team is funded through the Reshaping Care for Older People Fund, employed by the Volunteer Centre Dundee and based at No10, Constitution Road Dundee. They have been hosting a series of events in each of the 8 ward areas of Dundee during February, March and April of this year. The aim of these is to get to know what older people like about living in their community and what they would like to see improved, and most importantly, how the team could help to achieve this. The two remaining events are:

- Coldside Ward: Bharatiya Ashram Monday 8th April, 2pm-4pm
- Maryfield Event: Park Avenue Church Hall Monday, 15th April 2pm-4pm

Following on from this, there will be feedback events in May and June to report on the findings and to discuss what the next steps will be. If you would like to contribute to the findings, but haven't managed to attend an open meeting, or would like the dates of the feedback events, please phone one of the team on 01382 305758 or email:

- gbain@number10.org
- patgreenhough@number10.org
- philippa@number10.org

Scottish Government Learning Disability Strategy Launch

Michael Matheson MSP, Minister for Public Health, will launch the Scottish Government strategy for people with learning disabilities on Wednesday 29 May 2013 at the Thistle Suite, Murrayfield Stadium, Edinburgh, 10.00am- 2.00pm. This new policy, building on the successes of 'The same as you?' will be relevant to those with an interest in learning disability.

Refreshments and a light lunch will be available. [Book online](#) or complete the attached booking form. Should you wish to make a group booking of 4 or more persons then please call Fiona on 0141 559 5720. Deadline for bookings for this free event is Wednesday 22nd May 2013.

Make sectarianism a history lesson (Glasgow)

This programme of exhibitions tackling sectarianism has already started and there are plenty of upcoming events you can still attend. The aim of this project is bringing young people together and empowering them to get involved in the discussions and to share their understanding of sectarianism and their views on how to challenge sectarian attitudes and behaviours. In April posters created by young people will be on show in the following venues in Glasgow:

- Stereo (22-28 Renfield Ln)
- The Old Hairdressers (opposite to Stereo)
- The 13th Note (50-60 King Street)

Posters will also be available to view in the following libraries and museums:

- 2nd - 5th April: Ibrox Library
- 8th - 14th April: Giffnock Library (East Renfrewshire) and Parkhead Library
- 15th - 21st April: Cumbernauld Library and Elder Park Library (Govan)
- 22nd - 28th April: East Kilbride Library (South Lanarkshire)
- Saturday 4th May: Human Exhibition!! (City Centre and West End)
- 7th May - 2nd The People's Palace (including open poster-writing session)

Check the latest information, including news on more dates on [Xchange Scotland's Facebook page](#).

Integration of Health and Care Event (Glasgow)

Inclusion Scotland and Scottish Disability Equality Forum (SDEF) are trying to influence the joining together of health and social care in Scotland and are asking disabled people to tell them what you want from it. They have organised an event on 14th May 2013, 10:30am-3:30pm (lunch included), Touchbase (Sense Scotland), Touch Base Business Centre, 43 Middlesex Street, Kinning Park, Glasgow, G41 1EE, where disabled people will have the chance to learn more about what integration might mean to the services they receive and have their say on how this should happen.

To register for a free place, contact Angela Marshall at angelam@inclusionScotland.org or telephone 0141 221 7589. Please let Angela know you are coming by Wednesday 1st May. Don't forget to mention if you have any additional support needs including access, communication support or dietary requirements when registering.

Grow Your Group (Portlethen, Aberdeenshire)

This free event aims to provide information, guidance and inspiration for committee members, trustees and anyone else involved in the day-to-day running of community organisations. The emphasis for the day is very much on putting forward practical options presented by groups that have 'been there, done that and probably got the t-shirt' so that people in the audience can learn directly from others experiences. Speakers include:

- Mike Robson (Laurencekirk Development Trust)
- Sheila Fraser (SCVO) Funding
- Alan Young, CVS Aberdeenshire – Central & South

Workshops include:

- Governance Funding – the perfect match
- Evaluation for funding - being prepared
- Facebook step by step
- Recruiting and supporting volunteers

A light lunch will be provided. If you would like to attend, please contact Ed Garrett at ed.garrett@cvs.co.uk to request a booking form which should be filled in and returned by Friday 12th April.

Highland LGBT Forum and HIEF Roadshows 2013 (Portree and Stornoway)

Delivered by the Highlands and Islands Equalities Forum and Highland Lesbian, Gay, Bisexual and Transgender Forum (Highland LGBT Forum) these free full day events (9.30am - 4.30pm) provide a greater understanding of issues around gender, sexuality and diversity, and the problems and difficulties faced by LGBT people, as well as looking at wider issues of equality and human rights. There will also be an opportunity to meet with organisations and individuals directly involved in supporting LGBT people. The next two events are as follows:

- Friday 19th April, 9.30am-4.30pm, The Aros Experience, Viewfield Road, Portree, Isle of Skye, IV51 9EU www.aros.co.uk. [Book](#).
- Friday 24th May, 9.30am-4.30pm, Stornoway, venue TBC. [Book](#).

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Conferences and Seminars

The future of the UK and Scotland (Edinburgh)

'The Future of the UK and Scotland' conference will take place on Thursday 2nd and Friday 3rd May 2013 at the John McIntyre Centre, Holyrood Park Road, Edinburgh EH16 5AY. Organised by the Economic and Social Research Council (ESRC), the conference will focus on the key issues facing the UK and Scotland in the run up to and following the referendum. The event will showcase the work of "The Future of the UK and Scotland"* a £2.5m ESRC-funded research programme. The conference will debate the challenges around:

- The Scottish economy in national and international contexts
- Scottish governance under developing constitutional relationships
- Scotland's political relationships in UK and international contexts
- The Future of Scottish Society

The Conference is free to attend and the invited audience of around 120 will be aimed at policy-makers from the UK and Europe, senior academics, civil servants and other practitioners, representatives of funding bodies, politicians, and journalists. More information, booking details and the conference programme can be found [here](#).

6th National Active Travel Conference (Edinburgh)

Living Streets Scotland's 6th National Active Travel Conference will be held on Monday 13th May, at Our Dynamic Earth, Edinburgh. This year's conference theme is Making Behaviour Change Happen. Keynote speakers include:

- Dr Andrew Fraser, Director of Public Health Science, NHS Health Scotland who will look at evidence from public health behaviour change initiative.
- Derek Halden, part of the evaluation team for the Smarter Choices, Smarter Places initiative.

An interactive session will feed into the development of the forthcoming National Walking Strategy; and there will be practice based workshops and a range of inspirational case studies. To receive booking details and the programme, please visit <http://walkcycleconnect.org/>

Connect 2013 (Glasgow)

Registration is now open for Connect 2013, on the 18th & 19th June 2013, Hilton Glasgow Hotel. This year's conference will consider the future for Scotland's public services, focussing on the role of digital solutions to achieve the Governments strategic vision. The event will draw together the leading stakeholders to showcase cross-sectoral innovations in: data sharing, cloud technology, cyber security, informatics and mobile-working. Pressing issues like privacy, collaboration and BYOD will also be prominent features on the agenda. Keynote Speakers confirmed:

- John Swinney, Cabinet Secretary for Finance, Employment and Sustainable Growth, The Scottish Government
- Anne Moises, Chief Information Officer, The Scottish Government
- Kay Brown, President, Socitm and Head of ICT, South Lanarkshire Council

- Colin Cook, Head of Digital Strategy and Programmes, The Scottish Government

Delegates will be given a platform to engage, a forum to discuss, and an opportunity to contextualise the progress and development of Scotland's digital future.

[Book online](#) or contact the organisers, Holyrood, by [email](#) or call 0131 272 2175.

Older Women and Employment Conference (Glasgow)

The gender pay gap, caring responsibilities, social and media perceptions can have a negative impact on older women. This conference, on Saturday 6th April 10am - 2pm, at Menzies Hotel, Glasgow, wants to hear from women about their experiences in the workplace. For more information or to register to attend this event please email info@scottishwomensconvention.org or call 0141 339 4797. Alternatively, visit <http://www.scottishwomensconvention.org/activities/conferences>

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Training

Communities with a Common Cause

Starting in September 2013, Common Cause Scotland and the UN Regional Centre of Expertise on Education for Sustainable Development Scotland will be running an Action Learning Programme (ALP) to develop practical approaches to applying Common Cause (click [here](#) to read more about what common cause is).

The aim of the ALP is to catalyse action that contributes to sustainability by strengthening intrinsic values. The ALP is intended to enable participants to build intrinsic values into their own work and provide support in building them into their organisation and sector.

The ALP will consist of six workshops – one per month from September 2013 to February 2014 – supported by a mentoring programme. The ALP is open to groups and organisations promoting community engagement with the natural world. Participants will be recruited in pairs from each group/organisation and nine groups/organisations will be able to participate.

Read about the programme [here](#) - and if you would like find out more, come to an information event on Tuesday 23rd April in Edinburgh. To attend the event (or register interest if you can't make this date) click [here](#).

Sensory Awareness Training (Elgin)

This one day training from North East Sensory Services (NESS) is suitable for anyone who comes into contact with people who have a sight, hearing or dual sensory loss. The training aims raise awareness of the physical and emotional impact of sight, hearing and dual sensory loss and highlight some of the barriers that people experience on a day to day basis. Participants will then identify some of the different aids, adaptations, tips and technology that can make life a bit easier on a day to day basis for people with a sensory loss. The next training date is Thursday 2nd May at Elizabeth House, Victoria Crescent, Elgin IV30 1RQ. The training runs from 9.30 am to 4pm and costs £55 per person, which includes tea and coffee, lunch, a full training pack and a certificate of attendance. Find out more, including further dates, at <http://www.voluntaryactionmoray.org.uk/?p=2819>

New GCVS training programme (Glasgow)

The new [GCVS Training Programme](#) has just been released covering April to October 2013 and featuring a wide range of training courses - everything from Social Care to Social Media. There's a range of new courses delivered by GCVS members, as well as courses on topics such as Co-production, Events Management and Political Engagement. The programme also features training from GCVS's Third Sector Interface partners - Community Enterprise in Scotland and Volunteer Glasgow. For more information on training contact call 0141 332 2444 or email training@gcvs.org.uk.

Joyworks Certified Laughter Yoga Leadership Weekend (Glasgow)

Running over the weekend of the 20th & 21st April 2013 at the Theosophical Society, Glasgow, this course will enable you to become registered and endorsed as a Certified Laughter Yoga Leader – an internationally recognised qualification. You'll receive a 60page e-manual and leave inspired and empowered to lead laughter sessions in a wide range of settings (school, hospitals, seniors, special needs, recovery and corporate) or set up your own local laughter club. Joyworks works all round in the health, education and corporate world and have a wealth of ideas to share.

Contact Sharon at Joyworks on 07842414765 or sharon@joyworks.co.uk to secure your place. Only 12 places available. The course costs £295 with funding available. See www.joyworks.co.uk for more information.

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Vacancies

Healthy n Happy posts (Cambuslang)

Healthy n Happy Community Development Trust is advertising the following posts:

- P/T Development Worker as part of brand new project that will support isolated older people in their communities, £26,331 pro-rata, 30 hours per week, closing date 5th April.
- F/T Project Worker (£20,388) to work on a pilot project funded for 1 year initially. Closing date: 16 April 2013.
- F/T Development Worker (£26,331) supporting the Trust to innovate and take risks in relation to working with young people, their communities and attitudes to alcohol. Closing date: 22 April 2013.

Application packs for all three posts are available from Stan, stan@healthynhappy.org.uk, 0141 646 0123. Alternatively, download a pack from www.healthynhappy.org.uk. To discuss any of the roles further please contact Jane Churchill, number as above.

Head of Engagement (Dundee)

The Scottish Government is seeking applications for a senior position at the Office of the Scottish Charity Regulator (OSCR) based in Dundee. The Engagement Team leads the development of pro-active, preventative regulation, facilitating compliance with charity law by ensuring that charity trustees, staff and their advisers understand their responsibilities. The Head of Engagement will build strong partnerships and will

play a key strategic role in the organisation. They will require experience of strategic policy development including knowledge of the third sector and charity law, excellent collaborative working and leadership skills. Please look for the vacancy on www.work-for-scotland.org for details of how to apply. Closing date: 14 April 2013.

Nourish Scotland posts (Edinburgh)

Nourish Scotland is a Community Interest Company that works with a wide range of stakeholders to put sustainable, healthy, local food at the heart of Scotland's food system. It is currently advertising for a Business Manager (£23,232 - £25,716 pro-rata, 2.5 days per week) and a Communications Manager (£23,232 - £25,716, full time). Full details and application forms for both posts can be downloaded at <http://www.nourishscotland.org/were-hiring/>. The closing date is 4 April 2013 for the Business Manager post and 11th April for the Communications Manager.

Community Resilience Officer (Edinburgh)

This full-time post for Wester Hailes Health Agency (£24,000) involves assisting the delivery of their Edible Estates Project. This will set up two community food-growing projects in council estates in south-west Edinburgh, and support the residents to increase the value of their local green spaces. The Community Development Officer will be responsible for community engagement and development, ensuring resident participation in the project. For more information, visit www.edibleestates.co.uk/recruitment/ Closing date: 11 April 2013.

Project Officer – Policy and Development (Edinburgh)

The Scottish Mediation Network is seeking a Project Officer for Policy and Development (full-time, £25,132 - £29,448) The role would be to support the advancement of mediation in Scotland by promoting initiatives, formulating policy, developing pilots and managing services which raise awareness and provide information across all sectors of society.

Apply with CV and covering letter to admin@scottishmediation.org.uk or by post to 18 York Place, Edinburgh, EH1 3EP. For an application pack or any queries call on 0131 556 1221 or e-mail admin@scottishmediation.org.uk Full details of the post can be found at www.scottishmediation.org.uk Closing date: 8 April 2013 at 12 noon.

Senior Community Action Officer (Edinburgh)

Citizens Advice Scotland is the umbrella organisation providing support to Citizens Advice Bureaux across Scotland, and is looking for a Senior Community Action Officer (full-time, £29,652 - £33,817). The purpose of the role is to develop ideas for local social policy activities and prepare plans and materials for bureaux to carry out local and national campaigns.

Please visit www.cas.org.uk, e-mail recruitment@cas.org.uk or call 0131 550 1000 for more information and an application form, quoting the job reference (SCAO/JM). Closing date: 15 April 2013

Foundation Scotland posts (Edinburgh and Perthshire)

Foundation Scotland, the leading Scottish organisation in delivering philanthropy services for its clients, is looking for Community Programme Executives (2-3 days per week, £28,488 pro rata) based in Perthshire and the Scottish Borders, and a Programme Administrator (full-time, £19,202) based in Edinburgh. Please visit www.foundationscotland.org.uk for more information of both posts and how to apply. Closing dates: Programme Administrator, 19 April 2013; Community Programme Executive, 29 April 2013.

Corporate Assistant (Glasgow)

The Big Lottery Fund is seeking a Corporate Assistant (full-time, £13,853 - £15,167) to provide effective administrative support in Glasgow. Attention to detail, confidence with numerical data, good organisation and planning capabilities, excellent customer care skills and effectiveness in communicating by telephone and in writing are essential. To apply visit <http://www.biglotteryfund.org.uk/index/about-uk/jobs>. Closing date: 7 April 2013

Social Media Officer (Midlothian)

Midlothian Voluntary Action (MVA) is seeking a Social Media Officer (part-time, 10.5 hours per week, £23,232 pro rata) to develop the use of social media in the Midlothian third sector. Candidates must have demonstrable track record of using social media, and an ability to train a wide range of people. MVA represents the local voluntary sector throughout Midlothian, to enable local people to gain access to decision-making processes which affect their community.

Please call 0131 663 9471 or e-mail info@mvacvs.org.uk for an application pack. Closing date 12 April 2013

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Websites

The Patient Advice and Support Service (PASS) – new website

The Patient Advice and Support Service (PASS) has a brand new website at www.patientadvicescotland.org.uk/

The service provides free, accessible and confidential advice and support to patients, their carers and families about NHS healthcare. This will be done by promoting awareness and understanding of the rights and responsibilities of patients. The Patient Advice and Support Service can help with:

- Providing you with independent information, advice and support if you want to give feedback or comments, or raise concerns or complaints, about your NHS care or treatment
- Understanding the NHS complaints procedure
- Getting ready for and going to meetings with the NHS
- Writing letters and filling in forms
- Understanding your rights and responsibilities as a patient.

You can also access this service from any citizens advice bureau in Scotland

Patient stories online

Patients in Scotland are now able to share their experience of using Scotland's health services online using the UK-wide independent not-for-profit website [Patient Opinion](#). This website provides a confidential way for patients to share their healthcare experiences, good or bad, online. Comments are then passed to relevant staff who can respond or use the feedback to help change services.

The Scottish Ambulance Service participated in an initial pilot of Patient Opinion and has already used patient feedback to help shape improvements to the Patient Transport Service. This involved enhancing the response to patients with mental

health care needs and highlighting positive feedback with staff across the service to share and learn from best practice examples.

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The Community Health Exchange (CHEX) is primarily funded by NHS Health Scotland and is a part of the Scottish Community Development Centre (SCDC). SCDC is a company limited by guarantee, registered in Scotland, No. 361532. SCDC is a registered charity in Scotland, Ref No. SC 040614.

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