



Issue No 229, 21st March 2013

Hello, and welcome to issue 229 of CHEX-Point Snippets. As always, this issue contains all the latest news and information relating to community-led health. **If you have any news or updates from your own work locally that you would like mentioned in Snippets please get in touch.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit www.chex.org.uk/subscribe/

The next issue of Snippets will be **Thursday 4th April 2013** so please send anything you would like to be included before Tuesday 2nd. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to andrew@scdc.org.uk or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and compiled by Andrew Paterson. Thanks to all contributors to this edition.

Regards
Andrew Paterson
Policy and Research Officer, Scottish Community Development Centre

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CHEX News

News from the Network – Blossom Festival from Urban Roots
CHEX-Point Snippets tries to regularly include a piece of news from a CHEX Network organisation. In this issue, we are pleased to highlight the Blossom Festival organised by Glasgow-based Urban Roots.

Blossom Festival is an annual festival/community day on Glenmore Avenue in Toryglen timed to coincide with the blossoming of the cherry trees in the area. This year Blossom Festival will take place on the 27th of April. It will consist of several marquees with bands and activities, with the following activities confirmed so far:

- creative reuse (upcycling);
- a walkabout theatre consisting of mobile gardens in wearable costumes;
- on site bike repairs;
- natural felting;
- spinning demonstration;
- herbal remedy demonstration and make your own;
- plant sales
- The Great Grub team will be onsite to serve up some tasty local food

Urban Roots will also be hosting related workshops on the run up to the day such as a foraging course on the 20th of April. More info can be found on Urban Roots' Facebook events pages:

- [Blossom Fest Facebook page](#)
- [Foraging Facebook page](#)

Furthermore, the [events page](#) on the Urban Roots website is kept up to date with all the latest workshops and courses.

More news from the network - Edinburgh Community Food celebrate a successful year

Board members, staff, volunteers, funders, food suppliers and supporters defied Edinburgh's snowy weather on 19th March and came together to celebrate and look to the future at Edinburgh Community Food's Showcase and AGM. The mixed menu of lively presentations from volunteers in contributing to community food activity and developing cooking skills to certificated learning opportunities to enjoying healthy eating was a testament to the organisation's innovatory work programmes.

We heard from staff about the developments in projects such as 'Little Leithers' that focuses on families with children under five in Leith. Parents are given the opportunity to redeem 8 vouchers for fresh fruit, vegetables, meat and fish, totalling £40, each month. And the Willow Project that works with women in the criminal justice system

offering information and advice on healthy eating on a budget. The delivery of work programmes was placed within the context of the Scottish Government's 'Obesity Route Map' – plan of action to address obesity in Scotland – demonstrating the impact of community activity in the implementing national policies.

Board member Tracey Reilly highlighted the plans for next year, emphasising the new opportunities that the Santander Social Enterprise Development Award of £50,000 will bring.

Iain Stewart, Chief Executive closed the meeting with acknowledging that developing and sustaining a successful social enterprise draws on contributions from many different people and thanked all those for their ongoing support to ECF. For further information view <http://www.edinburghcommunityfood.org.uk>.

'Making Scotland Better' Event

CHEX and Partners are inviting community-led health organisations and senior managers from statutory sector agencies to the above event on **23rd April, 9.45 a.m. - 3.30 p.m. at Edinburgh Training and Conference Venue**. The event is ***aimed at promoting dialogue and shared understanding between the community-led health sector and its public sector partners.***

The event will aim to get 'under the skin' of good practice with opportunities for in-depth dialogue and to hear from community-led health organisations and senior managers about their experience of health gain from practicing community-led health approaches. We will also spotlight the outcomes from the recent Learning Exchanges between Scottish Government Officers and community and voluntary health organisations facilitated by the Third Sector Unit, Community Food and Health Scotland, Voluntary Health Scotland and CHEX. You can download the draft programme [here](#).

Please register your interest at this link and we'll follow up with confirmation of a place along with programme etc. <https://www.surveymonkey.com/s/XV2CZYM>. Please note places are limited and ask that you register asap.

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General Information

People's Health Movement

This is a chance for those working in community-led health to participate in discussions around building a People's Health Movement (PHM) in Scotland. A planning meeting is being held at Queen Margaret University, Musselburgh on 26th March, 10am to 12pm with view to building a movement on health and social justice issues, and it is seen as imperative that this starts with communities and civil society groups representing them. The objectives of the planning meeting are to

- Understand the vision, objective and strategies adopted by the Peoples Health Movement worldwide
- Learn from each other's work; identify local priorities for health and social justice and a shared vision for health in Scotland
- Strategise how we, as a collective, can build a people's movement in Scotland, clarify its aim, and links with the UK wide and global movement

If you are unable to make it but want to be kept in touch with on-going developments, please e-mail Anuj Kaplashrami akapilashrami@qmu.ac.uk. (Anuj is part of the Scottish organising group) and is a lecturer at Queen Margaret University).

[The People's Health Movement](#) (PHM) is a global network bringing together grassroots health activists, civil society organizations and academic institutions from around the world. PHM currently has presence in around 70 countries. The movement emerged from the discontent among activists, academics, practitioners with the emerging global order, growing inequities across the world, and the failure to meet the promises of the Alma Ata declaration, which promised Health for ALL by the year 2000. Since the 1st People's Health Assembly held in Dhaka in 2000, the movement has expanded in its outreach both in geographical terms as well as its impact on local and global issues.

Role for GPs in promoting physical activity

Snippets readers will be well aware of the good work community-led health organisations do to promote physical activity, whether organising exercise classes, raising awareness or supporting people to be involved in healthy activity such as community garden projects. There is surely also a role to be played by GPs in promoting physical activity and, with this in mind, the Scottish Government is piloting a scheme in six health board areas where GPs and other health professionals will ask patients about their levels of physical activity and offer advice and follow-up support if appropriate. The six health boards are Ayrshire & Arran, Borders, Grampian, Lothian, Tayside and Western Isles.

CHEX advocates that these 'brief interventions' link up with community-led health projects in the same area for purposes of shared information and referral. Read more about the initiative on [the Scottish Government website](#).

Scottish Government support for third sector involvement in children's services

The Scottish Government is investing £757,000 towards third sector involvement in children's services. A partnership between Barnardo's Scotland, Voluntary Action Scotland and the Scottish Government Improvement Service, with support from other third sector partners, will deliver the project. Over the next three years the grant will bring the third sector together with local and national government to make sure that all groups working with children and families are in partnership. The project will run until March 2016 and will support Community Planning Partnerships to recognise and embed the third sector in promoting collaboration, partnership working and early intervention. Read the [full news story](#) from the Scottish Government.

Scottish Welfare Fund - update

We mentioned this in Snippets last week, and now the Scottish Government has provided the following information to pass on.

Changes to the Social Fund mean that Crisis Loans for living expenses and Community Care Grants will stop from 31 March. In their place, will be a new scheme called the Scottish Welfare Fund. It will provide two types of grants:

- Crisis Grants – providing a safety net in the event of a disaster or emergency,
- Community Care Grants – to help people leave care and live on their own, or to continue living in their own home.

This new scheme will be run by Councils, using national guidance from Scottish

Government. You can find out [how to apply](#) for a grant, and more information on the Scottish Welfare Fund on the [Scottish Government's webpages](#).

Free evening hospital transport service in Glasgow

NHS Greater Glasgow and Clyde and SPT have funded a free Evening Visit Transport Service (EVTS) to various hospitals for residents in Glasgow and surrounding areas. The service runs between 18:00 and 22:00 from Monday to Friday, and will pick you up at your door, deliver you at the hospital, wait at the hospital and take you back to your door. Find out more about the service [here](#) where you can download leaflets in various languages.

News from other e-bulletins

CHEX recommends the following March e-bulletins relevant to community health:

- [The Poverty Alliance e-news](#) has info on the organisation's 4th Scottish Assembly for Tackling Poverty on the 25th and 26th of March in Glasgow and a link to the Alliance's new discussion paper on Local Taxation & Poverty.
- [Local People Leading](#), the e-bulletin from The Scottish Community Alliance, contains a good array of opinion pieces, ranging from concerns about State Aid rules to thoughts on localism in Scotland.
- [TakingItOn](#), the SCVO e-bulletin covering developments in welfare reform, this month gives more detail on the Scottish Welfare Fund (which we mention above).

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Consultations and Surveys

Developing Youth-Friendly Health Services – A Call for Case Studies/Examples of Good Practice

Walk the Talk is a national initiative on promoting youth-friendly health services in Scotland. It is managed by NHS Health Scotland and supported by a wide range of national partners. They are keen to hear from health professionals and their partners who have undertaken innovative and practical steps to ensure their health service:

- is known to young people
- is accessible to young people
- is appropriate for young people
- ensures confidentiality
- is offered in different settings, such as schools, community centres of youth clubs
- engages and involves young people in service design and delivery
- addresses barriers which discourage young people from accessing the service

Examples will be available on the Walk the Talk website - view website on <http://www.walk-the-talk.org.uk/index.aspx>. To share your learning, contact John Brown, Senior Health Improvement Officer at Health Scotland Tel. 0131 313 7529 or e-mail: john.brown8@nhs.net.

Community Transport consultation

The Scottish Parliament Infrastructure and Capital Investment Committee wants to look at whether community transport services are able to better meet the needs of the

people they serve. With more than 80% of people who use community transport being elderly and/or people with disabilities, and with the older population ever increasing, the Committee knows how important community transport is to people's lives and wants to find out how people are travelling in their communities outside of commercial public transport systems.

The call for written views will run until 19 April 2013. Visit the [committee's page](#) on the Scottish Parliament website for more information on how to respond and to view a specially made video for the consultation.

Online survey by Fathers Network Scotland

Fathers Network Scotland has created an online survey to assist it to further evaluate the need for an organisation such as Fathers Network Scotland and the impact of the National Parenting Strategy. This will provide valuable research knowledge as it is Scotland first and only survey that focuses on the need of fathers in service provision and wider issues relating to the inclusion of fathers.

Fathers Network Scotland was founded in 2008 by a group of support organisations with a specific focus on the role of fathers in the family & community. The survey can be accessed at <http://www.fathersnetworkscotland.org.uk/survey>.

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Publications

Health Inequalities SOA briefing notes

NHS Health Scotland has produced a suite of health inequalities briefing notes to help CPPs in the development of their Single Outcome Agreement. These papers are based on recent focus group discussions and Parliamentary workshops with Community Planning Partnership Managers and other colleagues involved in community planning on the subject of health inequalities. A very clear message from these sessions has been that action to reduce health inequalities cuts across all of the SOA themes and ambitions.

The documents, which complement the [December 2012 SOA guidance](#), aim to provide a flavour of the support NHS Health Scotland hopes to be able to offer Community Planning Partnerships. They can be accessed by clicking on the following [hyperlink](#). The full list of briefings is:

1. Health Inequalities briefing: Broad messages
2. Health Inequalities briefing: Physical Activity
3. Health Inequalities briefing: Early Years
4. Health Inequalities briefing: Outcomes for Older People
5. Health Inequalities briefing: Employment
6. Health Inequalities briefing: Economic Recovery and Growth
7. Health Inequalities briefing: Creating Healthy Places
8. Health inequalities briefing: Addressing Gender- based Violence

Churches report on poverty

Written by a partnership of churches in the UK, *The lies we tell ourselves: ending comfortable myths about poverty* presents a timely challenge to us all to consider our own assumptions about poverty and its causes. The report uses case studies and available evidence to refute many of the myths around poverty, such as that people don't want to work and that there is widespread phenomenon of families who haven't worked for three generations. The conclusion of the paper is that British society has generally accepted these myths, reinforced by media representations, and that we need to collectively take responsibility for challenging them.

[Download the report here.](#)

If you are interested in this publication you may also be interested in [this one](#) from a couple of years ago by Strathclyde Centre for Disability Research and Glasgow Media Unit, which describes the media's demonisation of disability benefit recipients as 'scroungers' and 'undeserving'.

Childhood obesity and level of affluence

An Aberdeen-based longitudinal study of children born between 1970 and 2006 has shown that childhood obesity rates are continuing to rise among less affluent communities at the same time as obesity rates among children are falling overall. The study was carried out by researchers at the University of Aberdeen, and analysed data from children aged 5-6 years old born in the Aberdeen area over a 36 year period. [Click here](#) to read the research abstract.

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Funding

Voluntary Action Fund's Roadshow - Coming Soon

VAF's Volunteering Team will be embarking on a tour of Scotland throughout April 2013 to promote its new grant schemes; answer enquiries from potential applicants; and hold surgery sessions to discuss individual project proposals. The roadshow will travel through Castle Douglas (8th April), Melrose (9th), Edinburgh (12th), Glasgow (15th), Aberdeen (17th) and Inverness (18th). At each roadshow there will be a presentation about the Volunteering Support Fund and how to apply, followed by an opportunity to raise questions and discuss project proposals with VAF staff. Booking is not required and you can turn up on the day. [View the roadshow flyer online.](#)

Community Grant scheme from Scotmid Co-operative

Scotmid Co-operative's Community Grant scheme is open all year round for applications from local community groups and organisations working in communities served by Scotmid and Semichem stores. Applications will be considered in any of the following categories:

- children and education;
- health;
- fairtrade;
- homelessness and poverty;
- arts and culture;
- the environment;
- elderly people and active lifestyles.

Visit the [Scotmid Co-operative Community Grants website](#) for more information.

Scottish Land Fund

The Big Lottery's Scottish Land Fund offers grants of between £10,000 - £750,000 to projects that empower communities by putting them in control of local land and land assets. In total 6 million is available over three years up until 30th November 2014. More can be found [here](#).

Benevolent Fund

This fund from The Worshipful Company of Weavers supports projects working with disadvantaged young people, offenders & ex-offenders. The Fund is available to small registered charities and seeks to support:

- projects working with disadvantaged young people aged from 5 to 30 years of age to ensure they are given every possible chance to meet their full potential and to participate fully in society;
- and projects that addresses the social and economic problems faced by offenders, and ex-offenders and their families, and provide them with support, life skills training and a way back into education, training and/or employment.

Grants of up to £15,000 are available. The Charitable Grants Committee meets in February, June and October of each year to consider applications. [Click to download the fund guidelines](#).

Joseph Rowntree Foundation funding around alcohol prevention

Organisations looking for new ways to reduce alcohol-related harm in young people, their families and communities in Scotland can apply to the JRF to conduct a piece of research they are commissioning. The Young People and Alcohol: Developing Practical Solutions call for proposals is being managed by JRF on behalf of a wider consortium of UK funders with the support of the Scottish Government. The consortium is looking to identify new ways of reducing alcohol-related harm in young people, their families and communities in Scotland. Only one project will be funded and it will run from May 2013 until August 2016. The project budget is between £80,000 and £90,000. Full details can be found on the Joseph Rowntree Foundation [website](#) (opens new window). The deadline for submission is 3 April 2013

The Benjamin Gautrey Foundation

Applications can be submitted at any time to The Benjamin Gautrey Foundation, which aims to help young people under the age of 21 years under four priorities:

- supporting young people to enjoy sport in their free-time, whatever their background;
- supporting young people to participate safely in sport;
- the provision of safety, protection and medical assistance of participants, officials and spectators at Motorcycle Sports Events in the UK
- University Scholarships to students who wish to further their careers within the railway industry in conjunction with Network Rail and Keltbray.

Grants can be made for project costs, capital expenditure, equipment and/or salary costs. UK based community groups can apply at <http://www.thebenjamin Gautreyfoundation.org.uk/>

The Pilgrim Trust

Although 60% of this trust's funds are allocated to Preservation & Scholarship, the

remaining 40% is allocated to Social Welfare firmly in the areas of:

- Supporting people who misuse drugs and alcohol
- Prisons and alternatives to custody.

The Trustees are primarily interested in projects where their funds will make a significant impact and favour projects where they believe it is difficult to raise funds from other sources. Applications may be submitted at any time. See <http://www.thepilgrimtrust.org.uk/apply> for more.

Glasgow's GRAND week

The 2013 GRAND (Getting Real about Alcohol "N" Drugs) Local Grant Scheme is now open to bids from community and voluntary groups in Glasgow. Successful applicants will promote one or more of the 3 GRAND week aims (i.e. raising awareness, involving communities, building partnerships) and will also support one or more themes of the ADP's Strategy (i.e. Prevention; Recovery; Protecting Vulnerable Groups). Bids must be submitted by 12 noon on 8th April 2013.

See <http://www.glasgowgrand.org/grandweek.aspx>.

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Events

FCFCG and Trellis North-East Networking Event (Aberdeenshire)

This networking event, on Wed 27th March 2013, 10.15am till 3.30pm, is for anyone interested in/involved with therapeutic or community gardens, or green spaces used to improve health, well-being or for community benefit. Taking place at The Foxlane Garden Centre, Tarland Road, Westhill, Aberdeenshire, AB32 6JZ, it should offer the chance to meet other projects and share experiences, learning and good practice. The day will feature:

- A talk from Aberdeen Forward Community Garden on how their garden was started; and
- An opportunity to learn about and look around Foxlane Garden Centre.

The Centre is a successful social enterprise which combines growing and selling over a quarter of a million of its own bedding plants as well as having a range of other gardening equipment, with providing alternate provision for people with disabilities whose needs are not being met by traditional day service provision. The Centre aims to provide an authentic work environment in which people can develop a wide range of skills.

This event is free but please book online [here](#) so the organisers know how many people to expect. Tea and coffee will be provided and Foxlane can provide a sandwich lunch at £4 per person payable on the day (cash only please). Please indicate if you would like lunch when booking. Alternatively you can bring your own lunch. For further information on this event please contact Andrew Tweedy, Tel 0131 623 7058 or email andrew@farmgarden.org.uk

Magical Woods Family Event (Edinburgh)

This year's woodland walk in Craiglockhart woods, Edinburgh, will take place on

Saturday 23rd March at 3pm till around 4:30pm. A free family event, walkers can expect to see a host of characters from musicians to trapeze artists, and there will be artwork on display by pupils at Craiglockhart Primary School. Meet at Lockharton Crescent (EH14 1AX) which is served by number 10,27 and 45 buses. For more info contact Lucy Power on 07989 395535.

Postcards from Scotland: Continuing the momentum (Glasgow)

You may have read about the Centre For Confidence and Well-being's Postcards from Scotland booklets in previous Snippets. This is a series of short books designed to stimulate and communicate new thinking and new ways of living.

On the 28th of February the Centre ran an event in Glasgow raising awareness about, and discussing, the books. Lots of great ideas came from participants and many said they wanted to volunteer to be involved. [You can read these great ideas and suggestions.](#)

To keep up the momentum the Centre is holding another, bigger event, on Monday 25th March at Scottish Youth Theatre, Old Sheriff Court, 105 Brunswick Street, Glasgow G1 1TF. Much of the programme will evolve on the night depending on the interests of those who attend. However, it is envisaged that there will be a chance to:

- hear about the big ideas behind the series
- discuss some of the books' ideas with existing and prospective authors (Phil Hanlon, Carol Craig and Alf Young will definitely be there as will Mike Small author of the next book in the series 'Scotland's Local Food Revolution' and Fay Young and Dougal Perman who are working on a book on social media in Scotland)
- be involved in group discussions on how to take the ideas out to a wider audience
- be involved in groups who want to take some of the current suggestions (e.g. for ambassadors, 1,000 conversations or extensive use of social media)
- generally help shape how to take Postcards from Scotland forward.

The event is free but early booking is essential. To reserve a place please email contact@centreforconfidence.co.uk. Please note that registration and refreshments will be available from 5 pm and we shall start promptly at 5.30.

For more information please go to [Postcards from Scotland website](#)

Inverclyde Community Awards (Greenock)

The Inverclyde Community Awards will be presented on the evening of the 25th April 2013 at CVS Inverclyde, Unit 9 Ladyburn Business Centre, 20 Pottery Street, Greenock PA15 2UH. Nominations have now passed and the judging panel will be meeting shortly to shortlist the awards. Look out for features in the Greenock Telegraph that will give you an opportunity to vote for the Voluntary Organisation of the Year award. If you'd like to attend the event tickets are available priced £15. Contact Alexis Hood on 01475 711 733. The Facebook page for the event is [here](#).

Volunteering Zone Sessions (Stirling)

Volunteer Development Scotland are running more information sessions on the Volunteering Zone - an online method of registering volunteer roles across local authority areas which will appear on the Volunteer Scotland website www.volunteerscotland.org.uk.

The service allows organisations to post volunteering opportunities directly online and

keep them up-to-date and has a number of other of benefits including:

- secure online access to opportunities 24/7
- keeping volunteer recruitment information consistent across the country
- assigning access to branches to use volunteer role templates and register them locally
- statistics about how many people are looking at volunteering opportunities across the country
- highlighting one-off events on the front page of Volunteer Scotland

The next sessions will take place at the VDS offices at Jubilee House, Stirling, on the following dates:

- Tuesday 2nd April, 10.00am – 12.30pm
- Friday 26th April, 10.00am – 12.30pm

To book a place, please click [this link](#): Places will be allocated on a first come, first served basis. Please contact Rebecca Dadge - rebecca.dadge@vds.org.uk - or phone 01786 479593 with any enquiries.

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Conferences and Seminars

CDAS conference on Building Stronger Communities (Edinburgh)

Just a reminder that this year's Community Development Alliance Scotland (CDAS) conference, 'Building Stronger Communities (*Community Capacity: Why does it matter? When is it needed? How can it be built?*)' is on Friday, 19 April, 10.30 am to 4.30 pm (Registration from 9.45 am) at the Thistle King James Hotel, Edinburgh. The cost is £40 to community groups and £60 to all others.

The CDAS conference brings together a wide range of people, across the community, voluntary, public and private sectors. It is for everyone who is directly involved in strengthening communities, or who is seeking to increase the contribution of communities to achieving outcomes.

This conference hopes to help to stimulate a national debate on how to build stronger communities. How can they be strengthened and who has a role in helping? What capacities are most needed? Do public services themselves have the capacity to allow effective empowerment to take place? The conference will combine:

- presentations from some of Britain's leading experts in the field, to remind us of the fundamental values and skills required
- contrasting views on who needs what capacities and how they can be built in Scotland
- opportunities to discuss and learn about the impact of capacity building and practical approaches to doing it.

Speakers will include

- Steve Skinner, co-author of "Assessing Community Strengths"
- Paul Henderson, co-author of "Skills in Neighbourhood Work"

For Bookings, please return [this booking form](#) to SURF, Orkney Street Enterprise Centre, 18-20, Orkney Street Glasgow G51 2BZ info@scotregen.co.uk 0141 585 6849. For further information contact Peter Taylor: cdas@pdtaylor.com, 0141 586 7588

CEMVO Scotland Conference - Progressing Together? (Edinburgh)

This conference, on Thursday 28th March 2013 at John McIntyre Conference Centre, The University of Edinburgh, 18 Holyrood Road, Edinburgh EH16 5AY, will explore the role of Community Empowerment in the Mainstreaming of Race / Equalities across the Public Sector. Speakers include:

- Alex Neil MSP, Cabinet Secretary for Health and Wellbeing
- Evelyn Collins, CBE, Chief Executive of Equality Commission for Northern Ireland
- Gina Netto, Senior Lecturer, Heriot Watt University, Edinburgh
- Carol Baxter CBE, Head of Equality, Diversity and Human Rights, NHS Employers, England
- Rowena Arshad, Director of Centre for Education for Racial Equality in Scotland

The conference aims to explore the challenges and opportunities in 'progressing together' in order to deliver real changes for those who currently face discrimination and disadvantage. You will have the chance to listen to the perspectives of key race/equality representatives as well as hear from other public sector bodies who are willing to share their learning and current practice. There is in addition the opportunity to listen to progress from other areas of the UK with speakers known for their ability to inspire and lead others. [Click here](#) for full details and booking forms.

Young Scotland in Mind Event (Edinburgh)

Young Scotland in Mind would like to invite you to its event taking place on Thursday 25th April 2013 at the Apex Hotel in Edinburgh. The theme is New Technologies: Impacts and Challenges on improving Children and Young People's mental health and wellbeing and it is free to attend! Click [here](#) for more information. To book a place please [download](#) the programme and booking form and send to Sam Lynch (admin@youngscotlandinmind.org.uk).

City Health 2013 (Glasgow)

Turning Point Scotland and the Scottish Council for Voluntary Organisations (SCVO) invite you to participate in the Second International City Health Conference to be held at the Glasgow Science Centre in November 2013.

Taking place over two days (4th - 5th November 2013), this international event will examine current policy and practice in relation to public health in cities. It has a special focus on health behaviours and factors affecting health - including alcohol, sex, drugs, smoking, nightlife, entertainment venues, mental health, violence, tourism, food and diet, housing and migration, along with consideration of the future challenges for creating healthy cities and a healthy public. Visit the [conference website](#) for more information and booking details.

Health and Social Care Alliance Scotland annual conference (Perth)

Another one we thought we'd feature again is Health Social Care Alliance Scotland annual conference: "Being Human – A Human Rights Based Approach to Health and Social Care in Scotland", which is booked for the 1st May at Perth Concert Hall. The conference will explore how human rights can offer the basis for high quality health

and social care that supports people not just to stay well, but to enjoy independent living and active citizenship. Confirmed speakers include:

- Minister for Public Health, Michael Matheson MSP
- Event chair, broadcaster Sally Magnusson
- Professor Alan Millar, Scottish Human Rights Commission
- Sarah Rochira, Older People's Commissioner Wales
- Alistair Pringle, Equality and Human Rights Commission

To register – visit the [Health and Social Care Alliance website](#) Louis McLaughlin, Events Assistant on 0141 404 0231.

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Training

Developing Your Organisation (Glasgow)

From GCVS, in partnership with Animate, *Developing Your Organisation* provides you with expertly-facilitated time out to learn about organisational development. This is a five day programme taking place on the following dates:

- Monday 29th April 2013
- Tuesday 30th April 2013
- Monday 10th June 2013
- Tuesday 11th June 2013
- Monday 19th August 2013

Training will be at The Albany Learning and Conference Centre, 44 Ashley Street, Glasgow, G3 6DS. See flyer and booking/expression of interest form online [here](#).

BA Community Development (Glasgow)

The BA Community Development is currently recruiting for the next Academic Year. This work-based degree programme is for people with current experience of working with communities, in either a paid or unpaid capacity. It leads to the professional qualification endorsed by the Standards Council for CLD in Scotland. It focuses on community development theories and approaches with the aim of supporting groups and communities to tackle issues that are important to them and to bring about positive change.

It's not about doing things for communities; it's about doing things that help them to do things for themselves. Applications are welcome from people with community development practice experience but without traditional qualifications and who can demonstrate academic ability and potential. The course welcomes applicants with the HNC Working in Communities who will be considered for entry into the 2nd year of the programme.

For further information, please contact: Liz Docherty, elizabeth.docherty@glasgow.ac.uk, 0141 330 1812, www.glasgow.ac.uk/adulteducation/courses

The Swapping Shoes Project (Glasgow)

LaterLearning's Swapping Shoes project, funded by Awards for All Scotland, provides experience-based learning for adults in the city who face daily challenges in their lives. So far over 30 carers from the North West Carers project, as well as the Princess Royal Carers Trust have completed the programme, as well as a group of young people with Epilepsy who participated through Epilepsy Connections in Glasgow. The project is also being promoted through the GCVS (Glasgow Council for the Voluntary Sector) community programme for the summer commencing on the 25th of April each Thursday evening through until early June. Programmes are also planned through the Charlie Reid Centre in Glasgow and East Dunbartonshire Womens Aid.

The training is free, and all that is required is the participation of 4 to 8 people. Programmes can be delivered over 1 day or delivered over 2 x 3 hour sessions. If you want to take advantage of this training, or take a look at the programme details, visit www.laterlearning.org.

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Vacancies

Healthy n Happy posts (Cambuslang)

Healthy n Happy Community Development Trust is advertising the following posts:

- P/T Development Worker as part of brand new project that will support isolated older people in their communities, £26,331 pro-rata, 30 hours per week, closing date 5th April.
- F/T Project Worker (£20,388) to work on a pilot project funded for 1 year initially. Closing date: 16 April 2013.
- F/T Development Worker (£26,331) supporting the Trust to innovate and take risks in relation to working with young people, their communities and attitudes to alcohol. Closing date: 22 April 2013.

Application packs for all three posts are available from Stan, stan@healthynhappy.org.uk, 0141 646 0123. Alternatively, download a pack from www.healthynhappy.org.uk. To discuss any of the roles further please contact Jane Churchill, number as above.

Community Support Workers (Dumfries)

The British Red Cross seeks to recruit Community Support Workers (£7.56 per hour) to help deliver the Options for Independence service in Dumfries, designed to enable adults and elderly with a disability the opportunity to remain at home and in their chosen community, whilst at the same time allowing them to maintain a level of independence. The successful candidate will ideally have previous experience of working with people with this client group and be able to work flexible hours to meet the needs of service users. Candidates should be qualified to SVQ2/3 level. An understanding and commitment to service user choice and a person centred approach to support is essential.

For further information and to apply on-line please visit <http://www.redcross.org.uk/About-Us/Jobs> or email OptionsAdmin@redcross.org.uk quoting reference DG/RCSW. Closing date, 29 March 2013.

Community Support Workers and Team Leader (Dundee & Fife)

The British Red Cross seeks to recruit Community Support Workers (£14,545 pa pro rata, various hours) to support people with disabilities. To apply and see full details, please go to <http://www.redcross.org.uk/About-Us/Jobs> or email wrk4us@redcross.org.uk for an electronic application pack quoting the relevant reference Dundee/CSW or Fife/RCSW. Closing date for receipt of completed application forms is Friday 29 March 2013.

The BRC is also recruiting for a Team Leader in Dundee to manage the practice of individual Community Support Workers, carrying out formal supervision on a one-to-one basis at an agreed frequency, conducting individual annual performance appraisals and monitoring on-going staff practice through use of direct observations, audit tools and service user feedback mechanisms. Apply using the above links. The reference for this post is Dundee/TL and the closing date is also the 29th March.

Nourish Scotland posts (Edinburgh)

Nourish Scotland is a Community Interest Company that works with a wide range of stakeholders to put sustainable, healthy, local food at the heart of Scotland's food system. It is currently advertising for a Business Manager (£23,232 - £25,716 pro-rata, 2.5 days per week) and a Communications Manager (£23,232 - £25,716, full time). Full details and application forms for both posts can be downloaded at <http://www.nourishscotland.org/were-hiring/>. The closing date is 4 April 2013 for the Business Manager post and 11th April for the Communications Manager.

Assistant Shopmobility Manager (Fife)

This post at Fife Shopmobility (£22,000 - £24,391) will involve assisting in the management, (staff, volunteer and financial), funding process, policy research and development and co-ordination of the Organisation and will deputise in the absence of the Manager. It is also essential to possess excellent communication skills at all levels, and have numerical, interpersonal and organisational skills. Occasional Saturdays and evening working will be required. A current driving licence and access to a vehicle is required. Full details can be accessed at <http://www.goodmoves.org.uk/jobs/13193?sector=7>. Closing date: 5 April 2013

Youth Workers (Galashiels)

Three posts are being advertised at TD1 Youth Hub in Galashiels. [2xYouth Workers](#) (£15,655 pro-rata, 7 hours per week) and one [Senior Youth Worker](#) (£20,930 pro-rata, 17.5 hours per week). This project will use outreach work and drop-ins as a way of engaging young people into taster sessions of sporting activities and providing avenues of additional support with a view to increasing their general well-being.

The Youth Workers will be expected to engage with young people to find out their needs and to plan appropriate sporting taster sessions, whilst delivering outreach work or centre based work on a regular basis, building up trusting relationships with young people.

The Senior Youth Worker will be expected to work in a multi-agency approach, engaging with other professionals ensuring project is young people led, and will deliver face to face outreach work and centre based work along with ensuring the monitoring of the project.

Click on the job titles above to access more info on Goodmoves. Closing date for all posts: 3rd April 2013.

Project Officer (Glasgow)

Positive Action in Housing seeks a Project Officer - Money Skills (£19,047 - £ 21,963 Per annum pro rata, 24 hours per week) who can hit the ground running and work as part of a small team to help deliver Positive Action in Housing's Money Skills Project, an exciting new project set up by Positive Action in Housing and funded by the Oak Foundation. You will deliver money related advice, financial literacy workshops to people from minority ethnic, refugee and migrant communities in Glasgow, and build a campaign to reduce poverty within these communities.

For an application pack, please email your full name, address and email to recruitment@paih.org. Completed applications to be returned by email or post. Email recruitment@paih.org or post to Razgar Hassan, Office Manager, Positive Action in Housing Ltd, 98 West George Street, Glasgow G2 1PJ. Closing date: 12 noon Friday 29th March 2013.

Director (Glasgow)

As Director of The Village Storytelling Centre (£28,000 pro-rata, 28 hours [4 days] per week) you will develop, run and manage the organisation on a day to day basis and to ensure its future viability. A job description and person specification is contained in this [Job Information document](#). To apply, please send a CV and a covering letter, detailing your suitability for the post, marked for the attention of Vanessa Paynton to The Village Storytelling Centre, St James, 183 Meiklerig Crescent, Pollok, Glasgow G53 5NA. If you would like to speak to someone about the opportunity please contact Vanessa Paynton in the first instance, 0141 882 3025, vanessa@thevillagestorytellingcentre.com. The closing date is noon on Tuesday 2 April 2013.

The Village Storytelling Centre in the South West of Glasgow uses story and storytelling tools to inspire and support the growth and development of individuals and communities. Website: www.thevillageonline.org.uk/.

Journey On Coordinator (Glasgow)

GalGael Trust in Glasgow seeks a Journey On Coordinator (£24,942 - £27,165) to support positive learning journeys that reconnect people from backgrounds of multiple disadvantage with the best within themselves. This new post will deliver our Journey On programme that takes an asset based approach as the most effective means of achieving self-reliance and a life more fulfilled. The successful candidate will be a good mentor, approachable and able to establish meaningful relationships with participants. A key feature will be to guide participants to the best curricular options, build relevant networks while at the same time delivering personal development activity.

Download the [Journey On Coordinator Job Description](#) .For more information either go online at www.galgael.org or contact Helen Hollywood, Office Manager, GalGael 0141 427 3070 or helen@galgael.org. Applications should be made by submitting your CV & covering letter by email or post. Closing Date for applications 29 March.

Senior Practitioner (Oban)

The British Red Cross seeks to recruit a Senior Practitioner (£17,000 p.a., 37 per wk) to support the Team Leader to ensure the delivery of high quality of service to service users and in the absence of the Team Leader will maintain the running and continuity of the service. Duties will include providing direct care and support to service users and mentoring and supporting staff members during their probationary period and on-going development of their practice. To apply on-line go to <http://www.redcross.org.uk/About-Us/Jobs>, or email optionsamdin@redcross.org.uk for an electronic application pack, quoting reference Oban/SP. Closing date for

receipt of completed application forms is Friday 29 March 2013

Project Manager (Shapinsay, Orkney)

Shapinsay Development Trust is advertising for a Project Manager (£25,000) who is experienced in rural community development to help lead the organisation to become more efficient, more dynamic and have more of an impact on its core purpose.

The Trust was formed by the residents of Shapinsay. Its role in the greater scheme of things is to be the vehicle through which the islanders can collectively help to maintain and improve their lives on the beautiful, peaceful island of Shapinsay.

For a Job Description please visit: <http://www.orkneycommunities.co.uk/SHAPINSAY> or contact Debbie Sarjeant at shapdev@gmail.com. Tel: 07955744022 or 01856 711702. Send your CV and covering letter to Debbie Sarjeant. Barebraes, Balfour Orkney, KW17 2EA. For an informal discussion please contact John Rodwell on 01856 711770. Closing Date: 28th March 2013 2013.

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Websites

The Ripple Effect

The Ripple Effect is a programme that developed by partner agencies and volunteers from across Glasgow exploring community-led responses to alcohol and drug issues.

Ripple Effect Steering groups, include NHS GG&C, Health Improvement Teams, Glasgow Community and Safety Services, Community Planning and Glasgow Council on Alcohol - Prevention and Education Teams. These steering groups provide support to volunteers known as ACES (Alcohol and Drug Community Engagers).

The ACES work to agreed action plans in order to deliver community led responses to alcohol and drug issues. The ACES are trained and experienced in carrying out community consultations on the subject of Alcohol, Drugs and related anti-social behaviour issues. They have been able to gather valuable community intelligence on such issues which has led to more effective solutions from service providers such as Strathclyde Police and Land and Environmental Services.

The website can be viewed at www.ripple-effect.co.uk and contains research findings, downloadable reports, links, contacts and further information on the project.

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The Community Health Exchange (CHEX) is primarily funded by NHS Health Scotland and is a part of the Scottish Community Development Centre (SCDC). SCDC is a company limited by guarantee, registered in Scotland, No. 361532. SCDC is a registered charity in Scotland, Ref No. SC 040614.

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