



Issue No 226, 7<sup>th</sup> February 2013

**Hello, and welcome to issue 226 of CHEX-Point Snippets.** As always, this issue contains all the latest news and information relating to community-led health. **If you have any news or updates from your own work locally that you would like mentioned in Snippets please get in touch.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit [www.chex.org.uk/subscribe/](http://www.chex.org.uk/subscribe/)

The next issue of Snippets will be **Thursday 21<sup>st</sup> February 2013** so please send anything you would like to be included before Tuesday 19<sup>th</sup>. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to [andrew@scdc.org.uk](mailto:andrew@scdc.org.uk) or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and compiled by Andrew Paterson. Thanks to all contributors to this edition.

Regards  
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## **CHEX News**

### **News from the CHEX Network – Members of Falkirk Seniors’ Group impress MSPs!**

**We regularly ask CHEX-Point Snippets to send us your news and updates from around Scotland. This fortnight, Eddie Kelly from Falkirk and District Association for Mental Health (FDAMH) has sent us the following update from FDAMH’s Falkirk Seniors’ Group:**

MSPs on the Scottish Parliament Cross Party Group on Mental Health listened intently as Falkirk Seniors’ Group members Marion and Malky spoke about their personal experiences of services provided for older people with functional mental health issues. These include anxiety and depression, bipolar disorder, schizophrenia, panic disorder and obsessive compulsive disorders but do not include dementia or Alzheimer’s disease. Members of Falkirk Seniors’ Group had been invited by the Scottish Parliament Cross Party Group on Mental Health to give a presentation on a national overview of services, or the need for them, and how people from Falkirk were working towards a Falkirk solution.

Dr Gillian McLean, a Consultant Psychiatrist in Old Age Psychiatry, NHS Forth Valley, gave a presentation based on the Royal College of Psychiatrists’ paper, “The need to tackle age discrimination in mental health”. Dr McLean is a founder member of the group and is a member of the Group Steering Committee. Eddie Kelly, Service Users and Carers Development Worker with Falkirk and District Association for Mental Health, gave a presentation on how members of Falkirk Seniors’ Group were going about the task of helping to improve services in Falkirk, across Forth Valley and nationally.

The stars of the show were Marion and Malky. Who else could best describe services, or the need for them, than the people who are using them? MSPs and members of the committee were moved and impressed by Marion and Malky’s personal experiences of what it is like to grow old with a mental health issue and the time and effort they are giving, unpaid and unsaid, to help improve services for now and the future. Falkirk Seniors’ Group gained Observer Membership of the Scottish Parliament Cross Party Group on Mental Health as a consequence of the presentations and personal testimonies.

None of this would have happened without funding and support from The Falkirk Change Fund Partnership Innovation Fund.

Falkirk Seniors’ Group meets once a month, on a Tuesday at 1.00pm, in Forth Valley Sensory Centre, Redbrae Road, Falkirk. Future meetings will be held on Tuesday 5<sup>th</sup> February, Tuesday 5<sup>th</sup> March, Tuesday 9<sup>th</sup> April, Tuesday 7<sup>th</sup> May, Tuesday 4<sup>th</sup> June. Further information from Eddie Kelly, Service Users and Carers Development Worker Ring 01324 671609 or email [eddie.kelly@fdamh.org.uk](mailto:eddie.kelly@fdamh.org.uk).

### **CHEX & LCHP forum seminar report available**

Community Health Exchange (CHEX) and Lothian Community Health Projects’ Forum

(LCHP) worked together to host this Seminar to raise awareness of the [Community-led Health for All: Developing Good Practice Learning Resource](#) which is aimed at improving practice in health improvement and tackling health inequalities at a local level. The aim was to create the opportunity for Forum members and their public sector partners to discuss the competence areas highlighted in the Resource and the potential application of these competences to health improvement in Lothian.

Seminar participants included community-led health organisations, Third Sector organisations, NHS health promotion staff, Local Authority practitioners and contributors to the Learning Resource's material. The report consists of presentations from the day and suggests ways in which the resource could be used in future. [Download the report directly from the CHEX website.](#)

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## General Information

### **Commonwealth Games Legacy for Communities - Dundee right on track!**

As part of the Commonwealth Games Legacy for Communities programme, SCDC (CHEX's parent organisation) has spotlighted Dundee Partnership's community engagement activity around the Games. SCDC has supported the partnership to link Dundee's pre-existing Games Legacy Plan into wider community planning processes and, in particular, to develop city-wide discussions and engagement at local area level. Click [here](#) to read the full spotlight article and others from around Scotland, with great photos and video clips to accompany each!

### **Join Dundee's Celebrate Age Network Forum!**

Dundee CAN, the city's Celebrate Age Network Forum, inviting people to come along and find out what it does, and to become a member or volunteer. The forum consists of people aged over fifty who are trying to make a difference to the quality of life in Dundee. You can find out more by phoning Christine Lowden on 01382 305731 or emailing [christinelowden@number10.org](mailto:christinelowden@number10.org). You can also visit Dundee CAN's website at [www.dundeecan.org.uk](http://www.dundeecan.org.uk) where you can find out what else the project is doing as well as all the information you need about services for older people in Dundee.

### **Increase in volunteering in Aberdeen**

New figures released by Aberdeen City's Volunteer Centre, which is part of ACVO (Aberdeen Council of Voluntary Organisation), indicate that local people are becoming increasingly generous with their time.

The Volunteer Centre received 6,534 requests for information in 2012, an increase of over 50% from the 4,349 enquiries received in 2011. A particular increase was seen in email requests which rose from 311 in 2011 to 1,326 in 2012.

"September is always our busiest month," said Rod McDermid, Volunteer Co-ordinator. "This is when the students come back to town and start looking for extra-curricular activities to boost their skills and experience.

"We believe the increase in enquiries was down to two things. One was the launch of the Saltire Awards, which give young people certificates of achievement for reaching specific volunteering milestones. The other was the Olympic and Paralympic Games, which we feel did a lot to promote volunteering within the UK as a whole."

For the latest news from ACVO, [click here](#).

### **News from other e-bulletins**

This fortnight, CHEX recommends reading the following news bulletins relevant to community-led health:

- [Community Food and Health Scotland's latest e-bulletin](#) (January) has all the latest training, policy, events, funding and consultations related to community food and health.
- January's [Mental Health Improvement ebulletin](#) from NHS Health Scotland contains the latest news relating to mental health in Scotland, including details of engagement events (see [consultation section](#) below) and publications around self-harm.
- [Greenspace Scotland's February bulletin](#) includes news of how Inler Park has become a focus for community development including the promotion of health and wellbeing as well as news on the enhancing of hospital grounds for the purposes of health and rehabilitation.
- Last month's [Education Scotland CLD e-update](#) contains news on a new model for learning community inspections, information on the [i-develop](#) tool and a mention of the [Digitally Agile Community Learning and Development \(DACLD\) Project](#) which CHEX's parent body, SCDC, is a partner in.

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## **Consultations and Surveys**

### **Consultation on new national strategy on preventing suicide and self-harm**

CHEX welcomes the opportunity offered to all by the Scottish Government to influence the new national strategy on preventing suicide and self-harm. This will consist of a series of engagement events and additional future opportunities to put your views. We would strongly encourage community-led health organisations with an interest in and knowledge of this topic to participate in these processes.

The engagement events will run from the 25th of February 2013 until the 28th of May 2013, and these will provide the opportunity to contribute to the national strategy. You can register for the public engagement events on the [registration website](#). You can also provide comments online to the Scottish Government before the engagement process ends on the 28th May 2013. Information on how to do this will be revealed on the [Scottish Government website](#) when the consultation opens on the 25th Feb.

### **Have your say: tell your story about self-directed support**

The Scottish Recovery Network is gathering stories about the experiences that people with mental health problems have of self-directed support. Its aims are to learn more about SDS; generate examples of what can be achieved; and influence the practice of local authorities by giving a voice to people with lived experience. Find out more, including how to share your story [here](#).

### **Help the NHS improve services for disabled people**

NHS Education for Scotland has asked Capability Scotland and Talking Mats Ltd to find out what could be done to encourage disabled people to tell the NHS about their experiences – positive or negative. Sign up for one of four half day events to share

your experience. The workshops will discuss:

- How accessible you found the process.
- Could it be made better?
- Are there any barriers?
- What would make you more likely to tell the NHS about your experience?

Help to make the process more accessible for disabled people and ultimately improve health services for disabled people. Travel expenses will be paid and lunch will be provided. The dates and venues are:

- Friday 15 February: Glasgow (Glasgow Centre for Inclusive Living)
- Wednesday 27 February: Edinburgh (Capability Scotland Head Office)
- Friday 1 March: Inverness (Inshes Church)
- Friday 8 March: Stirling (Stirling Innovation Park)

Please contact Elspeth Molony on [elspeth.molony@capability-scotland.org.uk](mailto:elspeth.molony@capability-scotland.org.uk) or 0131 347 1022.

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## Publications

### More on health inequalities in Scotland

In the last issue of Snippets we highlighted CHEX's policy briefing, [Tackling Scotland's health inequalities: A time for radical change?](#), which brought together some recent policy statements and research findings around health inequalities in Scotland and argued that community-led health must be an integral part of any shift in strategy.

Now, the Joseph Rowntree Foundation (JRF) has added to the growing body of evidence that current strategies aren't working. [Monitoring poverty and social exclusion in Scotland 2013](#) is built around a set of indicators and constructed using the latest, publicly available, official government data, including unemployment, education, and health.

The research shows that Scotland's child poverty rate dropped from 31 per cent to 21 per cent (from 340,000 to 220,000). However, it also highlights growing unemployment, numbers of low-income families and numbers of people in part-time employment. Its starkest findings are in the figures for the health of the nation. While cancer mortalities fell across the country, in the poorest areas there was barely any change at all. There was a steep fall in deaths from coronary heart disease in the poorest parts of Scotland, but the rate of mortality in these areas is still twice the Scottish average.

Report author, Tom MacInnes said:

"With the political debate dominated by the referendum on independence, it's important to point out that the issues that are central to tackling poverty, such as health, childcare, schools and housing fall within current legislative powers of the Scottish Government. The problems highlighted in this report cannot wait; action can and should be taken now."

## **Reducing health inequalities and improving health: what councillors can do to make a difference**

Following on from above, NHS Health Scotland in collaboration with COSLA and other partners have developed a publication for elected members.

This highlights their crucial role in relation to the following three themes:

- Reducing health inequalities
- Improving health in a fairer way
- Protecting health

It connects what the evidence tells us about the action needed to reduce health inequalities and improve and protect health. It links this to the different roles of a councillor ranging from community leadership; partnership working; their constituency/representational role; policy making and scrutiny roles within councils.

CHEX would add that an important role exists for councillors in terms of supporting community-led health initiatives, something that fits well with the broader role of reducing health inequalities covered by the report. Access the resource [here](#).

### **CFHS annual networking conference report**

The CFHS annual networking conference took place at the Grand Central Hotel in Glasgow on Wednesday 7 November. 'On the right track?' brought together people with a role or interest in community food and health activity that addresses health inequalities in Scotland.

The conference programme featured three separate parts: a discussion kicked off by Dr Deirdre O'Connor College Dublin speaking about 'rights based approaches to addressing food poverty', a workshop programme and a networking session. This report is a note of key themes and points gathered from participants in response to discussions. Download [CFHS networking conference 2012: key themes from the table discussions](#).

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## **Funding**

### **TSB Foundation for Scotland**

Along with the funding surgeries which will be running across Scotland this year TSB Foundation for Scotland is also holding a small number of surgeries on Skype which will allow people from anywhere in the country to have an appointment. These will be run in exactly the same way as the Foundation's face to face surgeries, with groups making an appointment in advance for a specific time. To make an appointment call 0131 444 4020 or by email at [enquiries@tsbfoundationforscotland.org.uk](mailto:enquiries@tsbfoundationforscotland.org.uk)

### **Go For It Fund**

The Go For It Fund was established in May 2012, and is about funding change in church and community. Whilst the majority of applications will come from Church of Scotland congregations, Go For It welcomes applications from voluntary sector projects, providing they are working in partnership with local churches. The Fund aims to encourage creative ways of working which develop the life and mission of the local church and are transformative for both communities and congregations. Part of a successful application to Go For It will be the demonstration of a commitment to good partnership working. For more information click on the following link: [http://www.churchofscotland.org.uk/serve/go\\_for\\_it/articles/about\\_the\\_fund](http://www.churchofscotland.org.uk/serve/go_for_it/articles/about_the_fund)

### **Stand Up to Sectarianism**

Youth Scotland has a small grant scheme open to youth groups within partnership organisations, with up to 20 groups receiving a maximum grant of £1000 to do anti-sectarian based work. Youth Scotland will fund a range of projects from one-off awareness raising events to longer-term programmes of activities. Please contact Youth Scotland (0131 554 2561) if you would like to discuss any ideas you might have. Please [click here for guidance notes and an application form](#). Deadline is 15th February 2013.

### **Scottish Land Fund**

The Scottish Land Fund will fund projects that:

- put communities in control of local land and land assets which are important to their economic, social and environmental development;
- enable communities to manage local land and land assets well and deliver benefit for the whole community;
- empower communities to realise the opportunities they see in local land and land assets to meet local needs;
- deliver real community involvement and participation in land ownership and management;
- help communities realise the opportunities created by the Land Reform (Scotland) Act 2003
- help create resilient and supportive communities where people take responsibility for their own actions and how they affect others.

See the [Big Lottery website](#) for more.

### **Healthy Heart Grants**

HRUSubway LogoK and SUBWAY® Healthy Heart Grants of up to £10,000 are available for new, original and innovative projects that actively promote Heart Health and help to prevent, or reduce, the risk of heart disease in specific groups or communities. See the following link for more: <http://www.heartresearch.org.uk/grants/subwayhhg>

### **Joseph Rowntree Charitable Trust**

The [Joseph Rowntree Charitable Trust](#) has announced that its grant making programme is open for applications. Within the UK, the Trust makes grants to both organisations and individuals for activities that relate to Peace and conflict resolution; promoting racial justice; power and responsibility; and Quaker concerns. The Trust tends to fund work that is on a national level and there are no maximum grant limits although the Trust does stress that costings need to be realistic. Deadline: 15th April 2013.

### **Barclays Community Finance Fund**

[Barclays' Community Finance Fund](#) re-opens for applications on the 4th February 2013. It awards £200,000 in 2013 to community finance providers such as Credit Unions and Community Development Finance Initiatives (CDFIs). Funding will be available to support the delivery of affordable credit to those individuals who may otherwise access high cost credit or resort to taking out illegal loans. Last year, Credit Unions and CDFIs were able to apply for grants of up to £50,000 for a variety of purposes including (but not limited to) marketing, infrastructure, product development, mergers between businesses and the delivery of financial capability or money advice services. The deadline for applications is the 11th April 2013.

### **Legacy 2014 Volunteer Support Programme**

The [Legacy 2014 Volunteer Support Programme](#) has £500k to offer financial assistance to volunteers who might otherwise not be able to apply. Recognising that not everyone can afford to give the required availability and cover their own travel and accommodation costs, the programme will offer financial assistance to help those people facing practical and financial barriers which might otherwise stop them from volunteering. Applications for Volunteer Glasgow 2014 open next Monday, January 14. The fund will help with costs such as respite for carers, childcare, accommodation and subsistence, travel from outside Glasgow and additional travel/support for those who are disabled.

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## **Events**

### **Health All Round activities (Edinburgh)**

Starting on the 14<sup>th</sup> February, Health All Round are running a Badminton Group at North Merchiston Club, 12 noon—2pm, Thursdays. The group costs £2 per session. Please contact Alan or Callum on 0131 337 1376 if you are interested in coming along.

Also, in conjunction with Wester Hailes Health Agency and other local organisations, and funded by Paths for All, Health For All invites you to join a new South West Walking Network. The first meeting to register interest and find out more will be held at Wester Hailes Health Agency on: Thursday 28th February 10am- 11:30am **or** 2pm -3:30pm. Please contact Alan or Ashley for further information or to book a place.

Alan – [alan@healthallround.org.uk](mailto:alan@healthallround.org.uk) – 337 1376. Ashley - [ashley@whhealthagency.co.uk](mailto:ashley@whhealthagency.co.uk) – 458 3080.

### **Living the Life (Glasgow)**

As part of the Community Outreach Programme, GCVS (supported by Glasgow City Council) are offering this programme of FREE community activities for 15 – 24 year olds. The programme includes:

- Street Dance Workshops - delivered by A&M Training
- Creative Workshops - delivered by Community Artist Barry Neeson
- Cookery Classes - delivered by the Albany Centre Chefs
- Creative Communication Workshops - delivered by The Village Storytelling Centre
- First Aid - delivered by British Red Cross
- Stress Management & Goal Setting - delivered by COPE
- Financial Management - delivered by Maryhill Citizens Advice Bureau

- Drugs & Alcohol Awareness - delivered by Glasgow Council on Alcohol

The activities are running on Tuesday and Thursday evenings, 6pm – 8pm (until 28<sup>th</sup> March 2013) at The Albany Learning and Conference Centre, 44 Ashley Street, Glasgow G3 6DS. Visit [the GCVS website](#) for more information.

### **Welfare Reform: Separating Myth from Reality (Greenock)**

Organised by the Poverty Alliance, this FREE half day seminar will look at some of myths surrounding the welfare state and why we need to change the welfare system on the basis of sound evidence. The aim is to update participants on the key changes that are taking place, provide evidence about the real state of our welfare system, and share what is happening locally about the impact of welfare change. The seminar will take place on 26 February, West Burn Church, Greenock, 10am-12.30pm. Click [here](#) for more information.

### **Highland LGBT Forum and HIEF Roadshows 2013 (Highlands)**

Highlands and Islands Equalities Forum has teamed up with the Highland Lesbian, Gay, Bisexual and Transgender Forum (Highland LGBT Forum) to bring a series of roadshows to the North of Scotland. These free full day events (9.30am - 4.30pm) will provide a greater understanding of issues around gender, sexuality and diversity, and the problems and difficulties faced by LGBT people, as well as looking at wider issues of equality and human rights. There will also be an opportunity to meet with organisations and individuals directly involved in supporting LGBT people.

Upcoming events are as follows:

- Fort William, 22nd February (Voluntary Action Lochaber, An Drochaid)
- Thurso, 22nd March (Caithness Horizons)

Organisations and individuals from across all sectors who are interested in finding out how a better understanding of LGBT issues, equality and human rights can benefit their work, support them with their legal responsibilities and improve the lives of people living and working in their communities. Places are limited, so to secure yours [visit the online booking form](#)

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## **Conferences and Seminars**

### **Scotland's Futures Forum rethinking wellbeing 3rd event - society (Edinburgh)**

The 3rd event in Scottish Natural Heritage's Rethinking Wellbeing series will take place at the Scottish Parliament on 20 Feb. Judith Robertson (Oxfam) will talk about the Humankind Index and George Morris will discuss 'building health and wellbeing on ecological principles'. Please see the [event flyer](#) for more details.

### **CDAS conference on Building Stronger Communities (Edinburgh)**

Community Development Alliance Scotland (CDAS) is holding a conference on 'Building Stronger Communities (*Community Capacity: Why does it matter? When is it needed? How can it be built?*)' on Friday, 19 April, 10.30 am to 4.30 pm (Registration from 9.45 am) at the Thistle King James Hotel, Edinburgh. The cost is £40 to community groups and £60 to all others.

The CDAS conference brings together a wide range of people, across the community,

voluntary, public and private sectors. It is for everyone who is directly involved in strengthening communities, or who is seeking to increase the contribution of communities to achieving outcomes.

This conference hopes to help to stimulate a national debate on how to build stronger communities. How can they be strengthened and who has a role in helping? What capacities are most needed? Do public services themselves have the capacity to allow effective empowerment to take place? The conference will combine:

- presentations from some of Britain's leading experts in the field, to remind us of the fundamental values and skills required
- contrasting views on who needs what capacities and how they can be built in Scotland
- opportunities to discuss and learn about the impact of capacity building and practical approaches to doing it.

Speakers will include

- Steve Skinner, co-author of "Assessing Community Strengths"
- Paul Henderson, co-author of "Skills in Neighbourhood Work"

For Bookings, please return [this booking form](#) to SURF, Orkney Street Enterprise Centre, 18-20, Orkney Street Glasgow G51 2BZ [info@scotregen.co.uk](mailto:info@scotregen.co.uk) 0141 585 6849. For further information contact Peter Taylor: [cdas@pdtaylor.com](mailto:cdas@pdtaylor.com), 0141 586 7588

### **SRN National Gathering 2013 (Edinburgh)**

Registration is now open for the Scottish Recovery Network's fifth national conference, which is being held on Monday 18<sup>th</sup> March at Edinburgh's Murrayfield Stadium. This is a free one day event, designed to provide a safe, empowering and innovative opportunity for people to come together, network, share, learn and be inspired. Anyone interested in mental health recovery can apply to take part. Find out more and register [here](#).

### **Self-Directed Support in Mental Health Event (Edinburgh)**

Mental Health Foundation and the Scottish Mental Health Co-operative are working on a project to build capacity for self-directed support for mental health. They are working with local third sector providers across Scotland, and with service user groups, with funding from The Scottish Government's Capacity building Programme for Self-Directed Support.

Following on from a successful project launch event in August 2012 in Glasgow, a series of regional discussion events was held with providers, service users, and often local authority and health staff. Regional events have taken place in Glasgow, Renfrewshire, Inverclyde, South Lanarkshire, Stirling and Falkirk, Edinburgh, Fife, Inverness and Perth.

On March 7th, a free event in Edinburgh will launch the report of findings from these events. Anyone with an interest in SDS in mental health is invited to attend and participate in considering the implications of these findings. The event will also see the launch of a new joint initiative with Penumbra and the Scottish Recovery Network to collect and share the personal stories of people who have used self-directed support in mental health.

If you are interested in attending the event on 7th March, please contact Janine Bowie on [jbowie@mentalhealth.org.uk](mailto:jbowie@mentalhealth.org.uk). The organisers have some capacity to pay expenses for service users, and to provide interpreter or access support if needed.

### **A Canadian approach to community development (Glasgow)**

On 6 March, Paul Morin, of the Université de Sherbrooke, Quebec, will lead a seminar discussion, based upon his experiences in using and evaluating the Estrie Community Dashboard. This is a participative and cross-sectoral approach to the production of community profiles. The goal of the Community Dashboard is to encourage local mobilization for practical action in community development. It has been used to stimulate action on the social determinants of health. We will hear about the Quebec experience and discuss how it relates to experiences and issues in Scotland.

Bruce Whyte from Glasgow Centre for Population Health will be giving a response as part of the seminar.

The seminar is organised by CDAS in conjunction with SCDC and the CLD Standards Council. It will run from 10-12am at a venue in central Glasgow which will be confirmed later. Attendance is free, but must be booked by [registering here](#). The seminar is already well-subscribed; however more places have recently been made available.

### **Men and Suicide: Why it's a social issue (Glasgow)**

GCVS invites you to a morning seminar to discuss the above issue, highlighted by the fact that men are three times more likely than women to die by suicide. Hear about Samaritans' research and about some of the findings from the Mental Health Foundation's work in the field, and take part in our discussion about the implications for Glasgow. The event is free and takes place between 9.15am - 12.30pm on Friday 15<sup>th</sup> February 2013 at The Albany Learning and Conference Centre, 44 Ashley Street, Glasgow G3 6DS. Find out more and book [online](#).

### **So Say Scotland – So Say All of Us! (Glasgow)**

So Say Scotland hosts its first Thinking Together Citizens Visioning Assembly on February 28<sup>th</sup> 10-4pm at the SECC in Glasgow, as part of the SCVO Gathering. The Assembly will pull together a diverse mix of folk from across Scotland to spend a day in facilitated dialogue. Participants will think in a new way about the future they want to see become a reality, discussing values along with what purpose and vision they feel is important for the future of Scotland. Questions will include:

- What values are most important to you for the Future of Scotland?
- How can we make Scotland a better place to be?
- How do we put our values into practical action in our personal, family, community, and work life?

Inspired and supported by the assembly movement in Iceland, this unique event is coming together in a tight timescale, on minimum resources. Support from people and organisations to make Thinking Together the best possible success on the day is very welcome. You can register their interest to attend [here](#) and find out how you can get involved at [www.sosayscotland.org](http://www.sosayscotland.org). Get in touch at [makingithappenfolk@gmail.com](mailto:makingithappenfolk@gmail.com)

### **National Early Years Conference – call for abstracts (Glasgow)**

This year's conference will be held on Tuesday 18 June in Glasgow with the theme of 'parenting'. To ensure the programme is engaging and relevant for all delegates, NHS Health Scotland is inviting abstract submission to share practice during the parallel sessions. Exhibitors are also sought to share information during the networking sessions. More information is available on how to submit an abstract on the Maternal and Early Years [website](#).

### **Health and Social Care Alliance Scotland annual conference (Perth)**

Registration is now OPEN for the Health Social Care Alliance Scotland annual conference: Being Human – A Human Rights Based Approach to Health and Social Care in Scotland, 1 May, Perth Concert Hall. The conference will explore how human rights can offer the basis for high quality health and social care that supports people not just to stay well, but to enjoy independent living and active citizenship. Confirmed speakers include:

- Minister for Public Health, Michael Matheson MSP
- Event chair, broadcaster Sally Magnusson
- Professor Alan Millar, Scottish Human Rights Commission
- Sarah Rochira, Older People's Commissioner Wales
- Alistair Pringle, Equality and Human Rights Commission

To register – visit the [Health and Social Care Alliance website](#) Louis McLaughlin, Events Assistant on 0141 404 0231.

### **Health Literacy Conference (Glasgow)**

The Health Literacy Group UK invites you to this one-day seminar led by the Scottish Health Literacy Action Group (NHLAG) focusing on Health Literacy in Scotland. Running on Monday, 11th March 2013, 11am to 3:00pm (registration 10.30) at The Health and Social Care Alliance (formerly Long Term Conditions Alliance Scotland), 349 Bath Street, Glasgow G2 4AA, the seminar is free to HL group members & £25 to non- members. Please note that you can register with the Health Literacy Group UK by following this link: <http://www.healthliteracy.org.uk/component/comprofiler/registers>

Health literacy is defined by the organisers as ‘the cognitive and social skills which determine the motivation and ability of individuals to gain access to, understand, and use information in ways which promote and maintain good health’. [See the flyer here.](#)

### **SDCRN Annual Dementia Research Conference (Stirling)**

Online booking is now open for 'Nations and Generations' the Scottish Dementia Clinic Research Networks (SDCRN) 3rd annual conference. This free event will be held across two days (21st and 22nd March 2013) in Stirling Management Centre, University of Stirling. Day one is for health professionals and researchers, and day two of the conference is for the public, especially people with dementia and their carers, and will look at how dementia affects the whole family. To download a conference programme and to book online visit the [SDCRN website](#).

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## **Training**

### **MECOPP Traveller and Gypsy Awareness - Raising Training (Argyll)**

These seminars will be of relevance to all staff who are interested in looking at their own policies and practices with regard to minority groups, especially those who work with carers. The aims of the training sessions are:

- To increase understanding of the situation of Gypsy/Traveller carers in Scotland

- To highlight the discrimination often faced by Gypsies/Travellers
- To increase awareness of the legislative and policy framework in Scotland

The two planned training events are as follows:

- Tuesday 12th February, 10am - 1pm, Oban and
- Tuesday 19th February, 10.30am - 1.30pm, Lochgilphead

To book a place please contact Linzi Ferguson, Gypsy/Traveller Carers Development Worker on [linzi@mecopp.org.uk](mailto:linzi@mecopp.org.uk) or call 07553 115 457

### **Analysing and Reporting on Outcomes (Edinburgh)**

This free workshop, run in partnership with Evaluation Support Scotland, will explore the best ways to analyse and report on your outcomes. The workshop will be delivered on Wednesday 13th February 2013, 10am - 4pm at the LGBT Centre for Health and Wellbeing, 9 Howe Street, Edinburgh EH3 6TE. Get more information and book your place [here](#)

### **HIIC Tutor Training dates (Glasgow)**

Dates have been set for the above course which will be run on the 27th and 28th March 2013 in the STUC Centre Glasgow. The 2 day course is for individuals who wish to become HIIC Tutors and costs £300 for those from the statutory sector and £200 for those from the voluntary sector.

The 2 day HIIC Tutor Training course is a credit rated course, 8 points at level 7, and aims to equip participants to deliver Health Issues in the Community training to a wide variety of people in a broad range of settings. As part of the course, and in order to become accredited, you will:

- Undertake 8-10 hours of practice delivery and provide a briefing note of each session.
- Submit a 1,500 word reflective account of your experience, within 5 months of undertaking the 2 day course. This will be marked to ensure that prospective tutors have attained a certain standard before they are able to deliver the course.

For more information on the course click the following link

<http://www.chex.org.uk/what-we-do/training-development-support/hiic/> or, to register, please contact Alison on 0141 248 1924 or email [alison@scdc.org.uk](mailto:alison@scdc.org.uk).

### **Training Essentials (Kilmarnock)**

Youth Scotland is running a series of free local training events across Scotland, where you can develop new skills, increase your knowledge and meet other youth workers. The first of these is on Saturday 16 February in Kilmarnock with similar upcoming events in Glasgow and Stornoway. These events are aimed at workers and volunteers in the local area, although others are welcome to apply. Get more information and a booking form [here](#).

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## Vacancies

### Chief Executive (Aberdeen)

Aberdeen Council for Voluntary Organisations is looking to appoint a highly motivated Chief Executive (Salary £38,151 To £41,823 Plus Benefits) to provide strategic leadership to the organisation. The successful candidate will have the skills and experience to ensure that ACVO fulfils a key role in being the champion for the Third Sector in Aberdeen. The successful candidate will be an excellent communicator with the ability to effectively present a strong voice for the Third Sector agenda to a wide range of stakeholders across the public and private sectors. To find out more about the role and how to apply, visit <http://www.acvo.org.uk/jobs.html>.

### Paths for All vacancies (Alloa)

Paths for All is currently recruiting for the following four vacancies, two of which are in partnership with other organisations:

- Macmillan Walking Development Officer (2 year fixed term appointment), based in Alloa - starting salary £25,000 (full time 37 hours/week)
- Commonwealth Woodland Walks Development Officer (2 Year fixed term appointment), based in Alloa - starting salary £25,000 (full time 37 hour week)
- Active Travel Policy Officer (2 Year fixed term appointment), based in Alloa - starting salary £30,000 (full time 37 hour week)
- Paths for All Development Officer (12 months Maternity leave cover), based in Alloa - starting salary £25,000 (full time 37 hour week)

Application packs for all posts are available at [www.pathsforall.org.uk](http://www.pathsforall.org.uk) or you can [download the full job advert](#) as a pdf. If you have any difficulty accessing the recruitment documents please contact Alloa office on 01259 218888 or [recruitment@pathsforall.org.uk](mailto:recruitment@pathsforall.org.uk). The closing date for applications is Friday 1st March

### Chief Executive Officer (Arbroath)

The opportunity has arisen at Angus Carers Centre for a new CEO (£32,976 - £35,571) to lead the organisation at a time of expansion. Your challenge will be to promote the best interests of carers at all times, manage growth and change, and deliver on the Strategic Plan. Holding responsibility for a budget of over £500,000, a strong staff team and committed volunteers, you will work with the Board of Directors to ensure the vision and mission of ACC is implemented in a sustainable way to meet the needs of carers in Angus. Recruitment pack available for download below or; on [www.anguscarers.org.uk](http://www.anguscarers.org.uk) or contact [enquiries@anguscarers.org.uk](mailto:enquiries@anguscarers.org.uk) or tel: 01241 439157. Closing date: 28 February 2013.

### Administrator/Research & Information Worker (Broxburn, West Lothian)

Mental Health Advocacy Project seeks an Administrator/Research & Information Worker (£18,677, f/t) to join small committed team of professional mental health advocacy workers based in Broxburn. This post will involve a wide variety of tasks in order to provide a quality service and support to the advocacy workers to ensure quality service provision. A relevant qualification/experience in Microsoft Office is essential. Experience of working in mental health is desirable but not essential. An application pack is available for download below or contact 07928117285; or [admin@mhap.org.uk](mailto:admin@mhap.org.uk). The closing date for applications is 5pm on Thursday 28th February 2013.

### Connecting Carers Manager (Dingwall, covering the Highlands)

Connecting Carers is looking for an experienced Manager to lead its team supporting

the estimated 19,000 unpaid adult carers and many young carers in Highland. This post offers a challenging and stimulating opportunity to be involved in the Carers agenda locally and nationally at a time of unprecedented development in health and social care. The role requires a strong, inspiring leader, with excellent communication skills and an enabling style. You will be a proven performer in a senior management role with project, financial and change management experience. You will be able to demonstrate an ability to build quality relationships with internal and external stakeholders. Electronic application form available from [www.connectingcarers.org.uk](http://www.connectingcarers.org.uk). Closing date 5pm, Monday, 18th February 2013.

#### **Policy and Engagement Officer (Edinburgh)**

Voluntary Health Scotland seeks to recruit a Policy and Engagement Officer to play a key role in supporting the Chief Officer in the planning and delivery of a sustained, effective programme of policy work and engagement with members and other external stakeholders. You will be educated to degree level and have a sound understanding of Scotland's health and social care policy environment. You should have demonstrable experience of policy development and stakeholder engagement, excellent interpersonal, communication and analytical skills, and the ability to take the initiative, prioritise and organise their work and contribute fully to a small but energetic team. See the full advert on [goodmoves](http://goodmoves). Closing date 12<sup>th</sup> Feb.

#### **Income Generation Officer (Forth, South Lanarkshire)**

The Little Haven Community Care Centre is advertising for an Income Generation Officer (16 hours per week, £20,000 - £22,000 pro-rata). The organisation is a small charity operating a drop-in and information centre for people with life limiting illnesses. Applicants should have a proven track record in fundraising and income generation. For an application form and job description contact, The Little Haven, 15 Manse Road, FORTH, ML11 8AJ, Telephone: 01555 811846, [www.thelittlehaven.org](http://www.thelittlehaven.org). Closing date for applications 28 February 2013.

#### **Programme Manager (Glasgow)**

The Health and Social Care Alliance Scotland is recruiting for the following new post to build on this work, managing further development and service-provision. As Programme Manager: A Local Information System for Scotland (£38,500 - £46,000), you will provide leadership both to promote co-production and to drive innovation and development, co-ordination and implementation of ALISS, working as part of the ALLIANCE team, in partnership with a range of organisations from across sectors. The post holder will also develop good working links with other relevant public services, helping make an appreciable contribution to the development of a digital services agenda nationally. See the full job advert and documents on [goodmoves](http://goodmoves). Closing date for applications is 9:00am on Monday 11 February 2013.

#### **Development Manager (Stirling)**

Town Break Stirling Group, a charity providing individualised support for people with dementia and their families, is looking for a Development Manager (£25,000 for one year initially) to manage all aspects of service delivery, operations and development, staff and volunteers, finances and use of premises. The post-holder is expected to promote the service to the appropriate healthcare organisations and the community in which it operates. An application pack is available for download below or from [www.townbreakstirling.com](http://www.townbreakstirling.com). Closing date – Monday 18th February 2013 at 5pm.

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## Websites

### **Generations Working Together – new website**

Generations Working Together has informed us that they are very excited to announce the launch of their newly designed website; and the opening of the booking lines for their annual conference in March. You can browse our site at [www.generationsworkingtogether.org](http://www.generationsworkingtogether.org). The conference will be held in St Paul's & St George's Church, Edinburgh on Wednesday 13th March. Guest speaker this year is Miriam Bernard, Professor of Social Gerontology from Keele University, and there is a choice of seven workshops to choose from.

### **Healthy Families page on Scottish Government website**

The [Getting it Right for Every Child e-bulletin](#) contains an item on [this new section](#) of the Scottish Government website. It contains information to help ensure parents/carers and their children stay healthy as well as links to further relevant resources.

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## Campaigns

### **Warm Homes Campaign 2013**

The Warm Homes Campaign 2013 will aim to raise awareness of the problem of fuel poverty and the solutions available to those who are struggling to heat their homes affordably. It will run throughout the UK, organised by fuel poverty charities Energy Action Scotland (EAS) and National Energy Action (NEA), and supported by the Home Heat Helpline.

The campaign will launch on Friday 1 February, which will also be national Fuel Poverty Awareness Day. It will then continue throughout the month of February, when EAS, NEA, member organisations and other stakeholders will hold events in support of the campaign, and use these as an opportunity to promote the messages in the local media and, where appropriate, local decision makers. To find out how you can get involved, visit the [campaign website](#).

### **Field of Dreams**

Deafblind Scotland's efforts to build a training and resource centre for deafblind people took a step forward recently after East Dunbartonshire Council granted planning approval. The centre, which will be built on the "Field of Dreams" site in Lenzie, will provide a bespoke facility for members and headquarters for staff.

Deafblind Scotland can now press on with their "Field of Dreams" fundraising campaign. The organisation is hosting a Field of Dreams Gala Ball on Friday in the Thistle Hotel, Glasgow, on 15<sup>th</sup> March 2013, which you can find out more about [here](#).

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The Community Health Exchange (CHEX) is primarily funded by NHS Health Scotland and is a part of the Scottish Community Development Centre (SCDC). SCDC is a company limited by guarantee, registered in Scotland, No. 361532. SCDC is a registered charity in Scotland, Ref No. SC 040614.

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