



Issue No 223, 13th December 2012

Hello, and welcome to the latest issue of CHEX-Point Snippets. May we begin this issue by wishing you all a very merry Christmas and holiday season! As always, this issue contains all the latest news and information relating to community-led health. **If you have any news or updates from your own work locally that you would like mentioned in Snippets please get in touch.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit www.chex.org.uk/subscribe/

The next issue of Snippets will be **Thursday 10th January 2013** so please send anything you would like to be included before Tuesday 8th January. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to andrew@scdc.org.uk or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and compiled by Andrew Paterson. Thanks to all contributors to this edition.

Regards
Andrew Paterson
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CHEX News

An Eye on Policy and Practice – CHEX-Point 43 out now!

The Winter 2012 edition of CHEX-Point magazine is now available. We have a jam-packed issue with a range of articles highlighting policy approaches to tackling health inequalities, and examples of person-centred and community responses to health needs.

Minister for Public Health, Michael Matheson opens the issue with an overview of his hopes and ambitions for the Ministerial Task Force on Health Inequalities, and we welcome a short article from Gerry McLaughlin, Chief Executive of NHS Health Scotland where he shares an analysis of the stark health inequalities facing different communities in Scotland, and how we can tackle their root causes. Also in this issue:

- Tackling Scotland's deep-rooted health inequalities
- Passing on the torch – an asset based approach to disability
- Sharing insights from our Learning Exchange
- Mapping the way to a Fairer Healthier Scotland

Download the winter edition of CHEX-Point [here](#) and you can sign up for CHEX-Point at <http://www.chex.org.uk/subscribe/>.

Updates from the Network – REACH launches its Healthy Living Project

Glasgow-based CHEX network member, [REACH Community Health Project](#), is pleased to announce the launch of its newest project, The Healthy Living Project, a year-long project funded by Awards for All and in partnership with NHS Greater Glasgow and Clyde, CHP South Sector. The project works with adults from Black and Minority Ethnic communities across Greater Glasgow to improve people's health. It aims to give people most in need access to information which will improve their overall understanding about food and health.

Training sessions will offer practical solutions for healthy eating and cooking, how to access healthy food options, choose menus, maintain a food diary, provide support on using online resources for healthy eating and support to produce a healthy eating recipe leaflet towards the end of the project.

If you would like to be involved in the project please contact The Healthy Living Project. Contact either Karen Stokes on 0141 585 8022 admin@REACHhealth.org.uk or Sobia Khan on 0141 585 8023 sobia@reachhealth.org.uk.

Health all Round fundraiser

More news from the CHEX Network, and this time Christmas related. Health all Round in Edinburgh is pleased to offer gift vouchers for Massage and Reflexology (for sale at Health All Round), allowing you to give a luxury pamper session to your

loved ones either for the festive period or to celebrate other special occasions. £5 from every sale will be used for Health All Rounds charitable activities. More information can be found on the [Health All Round website](#).

If you are part of the CHEX network and would like your local work in Scotland profiled in CHEX-Point Snippets, please contact andrew@scdc.org.uk. If you are not already a member, Andrew will also be able to sign you up!

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General Information

Ministerial Taskforce on Health Inequalities gets underway

The recently formed Ministerial Taskforce on Health Inequalities recently met for the first time to examine all available evidence and to suggest new or improved ways to reduce the difference in life expectancy and health among the whole population. The group aims to narrow the health gap between the richest and poorest people in Scotland. Chaired by Public Health Minister Michael Matheson, the Taskforce includes the Chief Medical Officer, clinicians, health experts, local government representative and other Ministers. The work will build on the Equally Well report of the last Ministerial taskforce in 2008. Read more on the [Scottish Government website](#).

Recruiting Volunteer Community Reporters

Outside the Box is continuing to recruit volunteers for its Mind Waves project. You can find out more about the project and what is involved in being part of Mind Waves here: www.otbds.org/mindwaves. To apply, please send OTB some information about yourself, why you're interested in becoming a reporter and your contact details and they will then get in touch with you to talk it through. For more information you can call the office on 0141 419 0451. You can also catch up on the Community Reporter blog here: mindwavesnews.wordpress.com.

Guidance for new SOAs

New Guidance to Community Planning Partnerships (CPPs) on Single Outcome Agreements (SOAs) has been published by the Scottish Government and COSLA. It begins to put into practice their previous Statement of Ambition on Community Planning. This statement read that "through new SOAs, CPPs will mobilise public sector assets, activities and resources, together with those of the voluntary and private sectors and local communities to deliver a shared 'plan for place'." New draft SOAs must be submitted to the Scottish Government by 1 April 2013 for agreement by the end of June. Visit the [Scottish Government website](#) for more details.

Space to hire in Glasgow

Petal Support is offering room hire in central Glasgow. Suited for small gatherings of up to 25 people, Petal also has rooms to hire which are currently used by practitioners for one to one support these rooms can be booked for as little as £10 per hour. The space is suitable if you want to meet away from the office, quiet & confidential. Should you require further information or would like to visit the space please contact [Anne Rennie](#), Administration Manager, Petal Support, Glasgow on 0141 332 8855.

News from other e-bulletins

CHEX would like to point you in the direction of other e-bulletins relevant to community-led health. Some interesting bulletins this fortnight are:

- The latest e-bulletin from [Community Development Alliance Scotland](#) (CDAS) has news on the latest policy, practice, funding, reports and events related to community development in Scotland. The bulletin provides a brief analysis of the latest UK welfare reform developments, providing links for further information.
- [E-connect](#), the Scottish Health Council's e-bulletin on participation, has items on Reshaping Care for Older People, the Integration of Adult Health and Social Care consultation, and upcoming events such as 'e-Participation, the NHS' conference and the Scottish Co-production and Community Capacity Building Conference (both of which have been mentioned in Snippets).
- [Outside The Box News](#) latest e-bulletin contains updates relevant to a range of areas related to preventative health, including news about its latest projects and the '[Surviving Christmas booklet](#)'.
- December's [Wellbeing in Sexual Health \(WISH\) bulletin](#) from NHS Health Scotland contains news Good Practice Guidance on HIV Prevention in Men having Sex with Men plus updates on other resources and training around sexual health.
- [Greenspace's bulletin](#) is always worth a scan for news and events etc. relating to use of urban greenspace.

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Consultations and Surveys

Call for evidence on innovative service delivery

The Scottish Parliament's Local Government and Regeneration Committee has launched a [call for written evidence](#) on strand 3 of its inquiry into public services reform. This is the third and final strand of its inquiry and is looking into developing new ways of delivering services - shared services, economies of scale and harnessing the strengths and skills of key public sector partners. The closing date for this consultation is 20th December 2012.

Land reform review group – call for evidence

The Land Reform Review group, appointed by the Scottish government to explore land ownership, management and transfer, has issued a call for evidence. The Group's work and recommendations will have implications for cities and towns as well as for the countryside. To ensure that its reports are as soundly-based as possible, LRRG wishes to draw on the experience and knowledge of both organisations and individuals with an involvement or interest in land ownership, access, farming, crofting, forestry, the natural heritage, social and affordable housing, planning, economic and community development. The Group will also be happy to hear from others. [Click to read the consultation document and find out how to respond](#)

Scoping exercise on equality outcomes

The West of Scotland Regional Equality Council (WSREC) is supporting organisations to bring together their Equality Outcomes by April 2013. By completing the short questionnaire below, you can help WSREC to analyse and highlight the gaps in areas where support is required. Based on these results, WSREC will work to organise meetings, events, focus groups and any other facilities to support

organisations in creating outcomes based on your needs. The survey will only take 5 minutes to complete and can be accessed at: <https://www.surveymonkey.com/s/VPB8WC2>. We would welcome all responses by the 21st December.

Edinburgh Council's draft revenue budget 2013/14

The City of Edinburgh Council has published its draft budget early to allow local residents to have their say on it before it is set in February. A [web page](#) has been set up giving more details as to how residents can make comment on the draft budget including an online questionnaire. As well as this page within the next week a leaflet on the budget with hard copies of the questionnaire will be distributed to the Council's venues across the city including its libraries and Neighbourhood Offices. The deadline for feedback is Monday the 7th of January.

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Publications

New report on Scottish health inequalities from Audit Scotland

Audit Scotland has produced a report highlighting the continuing health inequalities people are experiencing in Scotland. [Health inequalities in Scotland](#) shows, as many other studies have shown before, the strong link between health outcomes and deprivation. What this report adds, however, is a critical analysis of how well public sector bodies are working together to target resources at health inequalities. The report says it is not clear how much money NHS boards and councils spend in this area, or what it is spent on. In addition, the report highlights that GPs are not distributed according to need. Recommendations include that:

- The Scottish Government should: consider introducing incentives for GPs in the most deprived areas to help increase access to GPs in these areas.
- The Scottish Government and NHS boards should review the distribution of primary care services to ensure that needs associated with higher levels of deprivation are adequately resourced
- CPPs should work with local organisations to provide opportunities for individuals and communities to contribute to activities which may help to reduce health inequalities.

Community Capacity Building in the Western Isles

[Exploring Growth and Empowerment of Communities in the Western Isles](#) documents and analyses a broad range of activity from across the isles which is helping to build stronger, more sustainable and more active communities. The report considers the meaning of the term 'community capacity building' and its significance to the community sector. It provides a snapshot of the vast amount of capacity building activity currently taking place throughout the Western Isles, considers the key challenges faced in carrying out such activity and documents suggestions for ways in which these may be addressed. Written in an accessible language and littered with innovative ways of presenting research findings, CHEX recommends taking a look.

The report was researched and written by Ruth Cape as part of a project hosted by the Volunteer Centre Western Isles on behalf of Co-cheangal Innse Gall, Third Sector Interface.

Community resilience in the spotlight

If you have used or heard the term 'community resilience' recently, you might be interested in the Young Foundation's latest think piece, [Rowing against the tide](#), and the accompanying blog entry, [The Resilience Illusion](#), which sets out the Foundation's thoughts on what community resilience means for UK policy makers.

The blurb states:

“Community resilience is a term that is increasingly used in the policy sphere and yet there is a lack of understanding about what it really means in practice. With the long shadow of the recession still over us, and with it reduced public services, a concept that orientates the emphasis (and the cost) away from public service delivery and towards something more community-led has much appeal to policy makers.

Should the state get out of the way or step in and manage community response? *Rowing Against the Tide* sets out The Young Foundation's definition of community resilience: what nourishes it, what acts as a barrier to its development and what role professionals and the state play in brokering or impeding community resilience.

The report draws on observations in two neighbourhood areas: Roquetes in Barcelona, Spain and Lindängen in Malmö, Sweden. The challenges in these places resonate with many of the issues faced closer to home and the scenarios described will be familiar to policy makers working in the UK context. The report shows that community resilience is a powerful tool for enabling communities to thrive in difficult times but the idea that it requires little or no state intervention is an illusion.”

Improving research use in the third sector

A new publication from IRISS (Institute for Research and Innovation in Social Services), 'Improving research use in the third sector', aims to show how third sector organisations can improve their research use or improve the impact of the research they produce.

The report is based on IRISS's work with Apex Scotland, a third sector organisation working throughout Scotland to improve the lives of people who have offended or are at risk of offending. Although the project focused on improving research use within one third sector organisation, it generated lessons and reflections likely to be of wider interest. Outputs include: a lessons learnt summary, a full project report, a case study about improving research use at Apex, and other related resources and slides from the workshops.

Read more about the project and view the outputs at:

<http://www.iriss.org.uk/project/improving-research-use-third-sector>

Confronting myths about the benefits system

Turn2us has produced a mythbuster aimed at challenging the current political and media demonization of those on benefits. [Read between the lines: confronting the myths about the benefits system](#) tackles common misconceptions about the amount spent on benefits, the number of people claiming, what people claim for, how much people get and welfare dependency. A good publication to have to hand!

Outcomes-Focused Evaluation Methods and Approaches

The Health and Social Care Alliance Scotland has published a briefing on common outcomes-focused evaluation methods and approaches. It is aimed at those working within the reshaping care for older people and wider health and social care integration agenda who have an interest in demonstrating the impact of the third sector. HSCAS

states that it may prove useful for third sector organisations (TSOs) working within the current context of joint strategic commissioning. [Download the paper here.](#)

Community Food and Health Scotland publications

Community Food and Health (Scotland) has published '[Shared tastes and common values](#)', which explores the past, current and potential future relationship between co-operation, food and health in Scotland. CFHS has also published [What difference does community cookery make?](#) as part of a study to find out what difference community cookery makes to people in low-income communities. In this second part of the study, twenty methods to evaluate cookery classes are shared by community food initiatives.

Skills in Neighbourhood Work - 4th Edition

The new fourth edition of Skills in Neighbourhood Work is now available - from Amazon and booksellers. We at CHEX think it is essential reading for anybody doing community work or neighbourhood work who wants to adopt a measured and thoughtful approach. First published in 1980, the 2012 edition brings the context up to date, and includes contributions from SCDC (CHEX's parent organisation). SCDC is planning to offer training and support based on the book - for further information please contact Stuart Hashagen stuart@scdc.org.uk.

Co-production with older people

A new report from the Social Care Institute for Excellence provides a literature review of studies on the participation and co-production of older people with high support needs. [Co-production and participation: Older people with high support needs](#) explores demographic issues, equalities dimensions and the benefits of involving users in their own care decisions and service improvement. It also highlights good practice examples showing how barriers to the development of co-production and participation can be overcome.

Active at 60 report

[A new report](#) from the Community Development Foundation looks at the outcomes of the Active at 60 Community Agent programme in England and Wales, funded by the [Department for Work and Pensions](#), which aimed to reduce social isolation. It found that many older people have been helped through participation in locally run activities that enabled them to socially interact and meet new people. The report also finds that local community groups are well placed to reduce the social isolation of older people, by using small amounts of funding to provide a variety of activities, which are then championed by older volunteers.

Community Asset Transfer in Northern Ireland

This Joseph Rowntree Foundation report looks at the state of community asset transfer in Northern Ireland, using in-depth interviews with policy-makers, practitioners and representatives of NGOs, and case studies. The report pays particular attention to the challenges of developing sustainable community asset transfer schemes in divided and disadvantaged communities. Findings include that innovation in the statutory sector – such as asset transfer – has had a significant impact on area-based regeneration, public health, community development, education and training and childcare provision. [Read more on the JRF website.](#)

Walking Towards Better Health

The [Walking Towards Better Health Interim Report](#) explores the impact of the first year of the Walking Towards Better Health project and shares good practice examples of initiatives that support those living with long term conditions to become more active and highlights key themes that have emerged during the past 12 months. The report concludes by setting out a series of key recommendations that aim to build the capacity of those living with long term conditions to use walking to become, and remain, more active to improve health. The report is available to [download](#) (hard copies of the report are also available).

Walking Towards Better Health is a partnership project between the Health and Social Care Alliance Scotland and Paths for All. The Walking Towards Better Health project aims to support members of the Health and Social Care Alliance Scotland to encourage and enable people living with long term conditions to become more active through walking.

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Funding

Launch of Third Sector Early Intervention Fund

The Third Sector Early Intervention Fund will be open to applications from Tuesday 18th December. This fund aims to support third sector organisations to deliver national outcomes relating to children, young people, and the families and communities which support them.

The Big Fund (the non-lottery arm of the Big Lottery Fund) is administering the fund on behalf of the Scottish Government and you'll be able to find out more from the launch date onwards. Full guidance and application form will be available on our website by 18th December www.biglotteryfund.org.uk/scotland

2 information events (one morning and one afternoon) will be held in Glasgow on Tuesday 18th December. These will consist of a presentation about the new Third Sector Early Intervention Fund; a general Q&A session and then an opportunity to speak to BIG staff about your project and the fund. If you, or a colleague, would like to attend one of these sessions please register here <http://tseif.eventbrite.com> by Friday 14th December. You will receive a confirmation email by return upon registering.

A webinar (online interactive seminar) will also take place on Thursday 20th December. The system is user friendly (there will be brief instructions on how to interact at the start of the session) and requires only broadband and either mic and speakers/telephone. To register and for further information please click [here](#).

VOLANT Charitable Trust

We've mentioned this one previously but, in case you missed it, the VOLANT Charitable Trust, through the Scottish Community Foundation, will provide awards of up to £10,000 per year. The fund's primary focus is to support women, children and young people who are at risk and facing social deprivation. Projects which tackle serious issues and help people to turn their lives around are given priority. Visit [the SCF website](#) for more information.

The Scottish Land Fund

[The Scottish Land Fund](#), from the Big Lottery, will support rural communities to become more resilient and sustainable through the ownership and management of land and land assets. It will provide practical support and funding to enable local people to work together to develop their ideas and aspirations and plan and complete viable land and land assets acquisition projects.

Community Action Grants

Scottish Natural Heritage offers Community Action Grants to projects that will bring real 'on the ground' benefit to communities in a short period of time. This would appear to include projects with a preventative and community-led health dimension (e.g. walking groups), so long as the core criteria are met, i.e., projects are:

- requesting funding between £1,000 and £20,000
- 12 months or less
- short term projects that promote community action

Visit the [SNH site](#) for more info, or [download the guidelines directly](#).

QNIS Delivering Dignity Grants Programme

Community-led projects that employ at least one registered nurse who works in the community might be interested in this fund from the Queens Nursing Institute Scotland (QNIS), which awards grants of up to £10,000 to nurse-led quality improvement projects, carrying out or implementing new research into practice in community settings in Scotland. To apply visit www.qnis.org.uk. Closing date: Thursday 28th February 2013.

Legacy 2014 Active Places Fund

We've put quite a lot of sports and Commonwealth Games related funding in Snippets recently and here's another one. The £10m [Legacy 2014 Active Places Fund](#) is open for applications and supports organisations to build or upgrade local sport and recreation facilities to get Scots more active around the Commonwealth Games. Legacy 2014 will do this by providing funding for capital projects which create or improve places in local communities where people can go to get active. Grants between £10,000 and £100,000 are now available to help build or upgrade local facilities.

New funding to help communities take control through enterprise

The Plunkett Foundation has been awarded over £450,000 from long-term supporters the Esmée Fairbairn Foundation to create a new comprehensive support service for rural communities considering setting up or diversifying community-owned services - like shops and pubs - to help turn the tide on rural decline. This will provide a combination of adviser support, training, feasibility grants, and opportunities for networking with other community enterprises. The support is specifically focused at the early stage of a community's ideas, and will help them progress to the next stage. Eligibility for support will depend on communities aiming to raise at least £10,000 themselves through community shares and support will be given to ensure communities are creating viable and sustainable businesses that engage the whole community. More detail at <http://www.plunkett.co.uk/newsandmedia/news-item.cfm/newsid/655>

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Events

Timebank drop-in (Dunoon)

Those in Argyll and Bute are invited on the last Friday of each month (11-1) to the Argyll Voluntary Action office in Dunoon to find out about Timebanking and volunteering, make exchanges with other Timebank members and have a good cup of tea, home-made cake and a blether! Previous drop-ins have had particular themes, such as assistance with the online world of emails, shopping, Skype, etc. If you think you can help, or know someone who needs some help, do get in touch. Find out more at <http://argyllcommunities.org/avabuteandcowal/> or contact Argyll Voluntary Action in Bute and Cowal, Community Education Centre Edward Street Dunoon PA23 7PH. TEL: 01369 700100 or email michaela@argyllcommunities.org.uk

Health All Round events in December and January (Edinburgh)

Health All Round has sent out its latest events listings for December 2012 and January 2013. This includes physical fitness classes, individual support and groups and workshops. Download the leaflet by clicking [here](#). Telephone 0131 337 1376 or email info@healthallround.org.uk for more information.

Still game project (Paisley)

The East Renfrewshire CHCP Health Improvement Team is working with St. Mirren Football Club and the SPL (Scottish Premier League) Trust to recruit older adults into the new and exciting 'Still Game' programme funded by Comic Relief. 'Still Game' is a free 10 week programme that will give individuals (men and women – 60+) the chance to get involved in a range of workshops, meet other people of the same age and connect with a new social circle. Participants can shape the programme to their needs and workshops can include:

- Healthy eating
- Keeping safe – fire and police
- Financial awareness
- Mental Health Awareness
- Stadium tour
- Volunteering
- Tai Chi

Each session is followed with 'light' physical activity – tai chi and walking for example. Tea, coffee and drinks available. All the workshops take place at St. Mirren's stadium in Paisley - some support with transport may be available. Please get in touch on the contact details below to arrange this.

Courses start in January and again in March. If you would like more information or would be able to help recruit people who would benefit from being part of this free programme, contact: Belinda Arthur – Community Health Development Worker on 0141 577 8480, email: Belinda.Arthur@eastrenfrewshire.gov.uk

Volunteering Zone Sessions (Stirling)

Volunteer Development Scotland are running more information sessions on the Volunteering Zone - an online method of registering volunteer roles across local authority areas which will appear on the [Volunteer Scotland website](#). You can now post your volunteering opportunities directly online and keep them up-to-date yourself. The online service offers a number of benefits including:

- secure online access to opportunities 24/7

- keeping volunteer recruitment information consistent across the country
- assigning access to branches to use volunteer role templates and register them locally
- statistics about how many people are looking at volunteering opportunities across the country
- Highlighting one-off events on the front page of Volunteer Scotland

The next sessions will take place at the VDS offices at Jubilee House, Stirling, on the following dates:

- Friday 25th January 10.00am – 12.30pm
- Wednesday 27th February 10.00am – 12.30pm

To book a place, please click [this link](#). Places will be allocated on a first come, first served basis. Please contact Rebecca Dadge - rebecca.dadge@vds.org.uk - or phone 01786 479593 with any enquiries.

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Conferences and Seminars

Transforming Early Years Services in Scotland (Edinburgh)

Capita's National Transforming Early Years Services in Scotland Conference takes place in Wednesday 20th February, 2013 in Edinburgh, and is timed to follow the launch of the Early Years Collaborative; a multi-agency, local, quality improvement programme being delivered on a national scale from January 2013. Attend to hear about this programme and how the Early Years Taskforce aims to transform early years provision by adopting evidence-based approaches to planning and delivering services, working in partnership and targeting resources. Please [click here](#) for further details or e-mail dave.eastman@capita.co.uk. You can book through the information form or online by [clicking here](#). The booking reference code is TSDE.

Caring for the Rising Population of Older People in Scotland (Edinburgh)

This conference from Mackay Hannah, on Wednesday, 24th April 2013, will focus on the care of our ageing population in Scotland with contributions from the Public Guardian and senior care and legal practitioners. The conference aims to provide participants with an outline of care and guardianship issues and an understanding of the legal issues around the Adults with Incapacity Act, as well as bringing together key groups to discuss the future of care. Early bird discount available when you book your place before 27th February 2013. Book 3 places and get 50% off your third booking. [Click here](#) to book, or contact Jane on 0131 556 1500. Email Angus at amackay@mackayhannah.com to discuss sponsorship and exhibiting.

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Training

Places and Communities training (Edinburgh)

The Scottish Storytelling Centre workshops and courses programme for January to

March is [now online](#). Entitled Places and Communities, the main focus of the January to March series will be Crafting Your Skills, with professional development courses such as Deepening the Practice with Ruth Kirkpatrick, training in hosting and MC-ing events, creative practice through music and storytelling, song tutor training with Ali Burns, and Finding Lullabies with Karine Polwart.

Street Audit Training Courses (Edinburgh and Inverness)

Living Streets Scotland, in partnership with Paths for All, is running free training courses on how to use the tried and tested method of street audits to improve local neighbourhoods. The courses are open to anyone interested in leading their group through the street audit process. By taking part in the one-day course you will learn:

- what makes a walkable community;
- how walkable communities help increase everyday physical activity, i.e. everyday walking;
- how small and larger scale improvements can make a big difference;
- what is involved in the audit process – including trying a sample audit for yourself;
- how to plan for and organise your group to undertake an audit; and
- how best to get results from the audit process.

There are upcoming training events in Edinburgh (23 January 2013) and Inverness (March 2013). For more information see the living Streets [website](#) or contact Janice Gray, Communities Co-ordinator, Living Streets Scotland, 0131 243 2649, Janice.gray@livingstreets.org.uk.

Positive and Healthy Relationships (Perth)

This one-day workshop from Narrative in Action uses specific narrative techniques from fiction and real life that will help you to:

- Manage conflict and differences without challenging behaviour or distress
- Take ownership and responsibility
- Protect and nourish good teamwork
- Communicate and understand needs and expectations
- Identify and implement boundaries
- Share stories: from fiction to real life
- Make room for growth

You will work in groups and pairs and also individually to get the maximum benefit and reach intended outcomes. A range of narrative techniques will be made available to you and you will come away with new tools at your disposal, fresh insight and energy, new perspectives and the potential for building positive and healthy relationships. The training will take place on 21 January 2013 from 10:00 to 17:00 in Perth. Find out more here <http://narrativeinaction.eventbrite.co.uk/>

The role of community in supporting recovery (Perth)

Engaging people in their community is one way of assisting recovery from addiction. Focussing on the importance of the community in the recovery process, these events will help you think about the community assets you have locally and how they can be built upon to develop the necessary support and life opportunities needed for motivated individuals to successfully move beyond their addiction. This training will be undertaken by Figure 8 on behalf of Perth & Kinross Alcohol & Drugs Partnership and is FREE, and takes place in half day sessions:

- Tuesday 15 January 2013 (pm) in The Gateway, Perth (1.30pm to 4.30pm)
- Friday 18 January 2013 (am) in Perth Grammar School, Perth (9.30am to

- 12.30pm)
- Thursday 31 January 2013 (pm) in Letham St Marks, Perth (1.30pm to 4.30pm).

To book a place at one of the events please email enquiries@f8c.co.uk or phone 01382 224 846 and ask for Donna or Raegan. Alternatively fill in a contact form at www.f8c.co.uk/Enquiries

Intergenerational training (Stirling)

Generations Working Together will be running a Training the Trainer course on Tuesday 29th January 2013 (10.00 – 16.30), in Ochil Hall, Ochil Crescent, Stirling. FK8 1QJ. This course will be of interest to those who are keen to embed intergenerational approaches within their place of work. To book a place please follow: <http://www.surveymonkey.com/s/Stirling29January2013>

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Vacancies

Tobacco Development and Support Worker (Aberdeen)

A full-time vacancy has arisen within the Health Team at Aberdeen Foyer for a Tobacco Development and Support Worker (£17,393.04 - £23,915.43). The main aims of this post are to:

- Support voluntary and partner organisations working with hard to reach children and young people to develop capacity and improve organisational smoking culture and attitudes.
- Develop and implement a city wide smoking cessation service targeting hard to reach young people age 16- 25 years old

The successful post-holder will have a broad understanding of tobacco and the related issues, behaviour change and young people, specifically hard to reach client groups along with experience of working within partnerships and community settings. A relevant professional qualification and/or background in smoking cessation, youth work, community development, health or a related field is required. [Click to read the job description](#) and visit <http://www.aberdeenfoyer.com/recruitment.html> to apply. The closing date for completed applications is Thursday 3rd January 2013.

Project Worker - Volunteer and Community Involvement (Cambuslang)

Healthy n Happy Community Development Trust is advertising for a Project Worker (32 hours per week, AP3 £20,592 pro rata, currently funded until March 2014). Applications are invited from those with a track record which clearly demonstrates an ability to work with people to make things happen. An excellent communication and organisational skills, a flexible approach positive attitude and an understanding of community development and health are essential; as is experience of supporting and developing volunteers, and working with communities. You should enjoy working with people and expect a varied role with opportunities to work on your own initiative as well as working with a close-knit team.

Application packs are available from Stan or Bernie on 0141 646 0123 or stan@healthynhappy.org.uk or you can download a pack from <http://www.healthynhappy.org.uk/>. The deadline for applications is 5pm on the 18th

December 2012. Interviews will take place on the 9th January 20th. To discuss the role further, please contact Jane, number as above.

Chief Officer (Elgin)

Third Sector Interface Moray requires a Chief Officer (£33,000 - £37,000) to help it meet a range of challenges and opportunities, including developing social enterprise, supporting voluntary organisations and representing their interests, and increasing volunteering across the region. Based in Elgin, the Chief Officer will therefore play a vital leadership role in setting out the organisation's vision, mission and strategic aims, as well as developing and managing operational plans and resources. You will require excellent people skills and be prepared to work with the board and staff to completely restructure the organisation into one that can effectively deliver to our members.

For an application pack or further information please phone 07704846578 or e-mail a.kennedy@talktalk.net. Closing date for applications: Noon on Friday 21st December 2012.

Outreach & Information Worker (Glasgow)

African & Caribbean Womens Association (ACWA) seeks an Outreach & Information Worker (£8 per hour for approx 15 hours per week, funded until 31st of October 2013) for its Sickle Cell Awareness Project. For Job and Person Spec go to <http://www.wsrec.co.uk/index.php/vacancies/jobs>. Please submit a CV and cover letter of no more than 2 pages (2 sides of A4) detailing why you feel you are best of this position including information on your own experience and knowledge. This should be sent to recruitment@wsrec.co.uk or post a hard copy to: Recruitment, ACWA c/o West of Scotland Regional Equality Council, Napiershall Street Centre, 39 Napiershall Street, Glasgow, G20 6EZ. The deadline for submission of applications is Wednesday 7th of January 2013. Interviews will be held on Friday 25th of January 2013 in Glasgow. If you have any questions please call Michael on 0141 337 6626 or email admin@wsrec.co.uk making enquiries for the attention of Harriette Campbell.

Project Co-ordinator (Glasgow)

The Village Storytelling Centre is looking for a Project Co-ordinator (Salary: £20,000 - £22,000 pro-rata, 28 hours per week) who will be the first point of contact for many partners and service users so warmth, enthusiasm and confidence are essential. The full job description and person specification is available at [Goodmoves](#). Closing date: 18 January 2013.

Youth & Community Development Officers (Inverness, Kirkcaldy, Perth and Stirling)

LGBT Youth Scotland seeks Youth & Community Development Officers (Sessional, £9.35 - 10.38 per hour) to:

- Deliver our youth work projects in the area
- Work in partnership with key stakeholders
- Develop the service within schools and the community

Visit <https://www.lgbtyouth.org.uk/jobs.html> for more information and to apply. Please state in your application which job you are applying for. Closing Date for Applications: Thursday 20th December 2012. Interview Dates: 9-11th January 2013.

Regeneration Manager (Rosewell, Midlothian)

Rosewell Development Trust has a vacancy for a Regeneration Manager (£33,700,

funded to April 2015) to identify opportunities and have lead responsibility to generate new projects and services, which will directly influence the local population. You will need to be a visionary, able to think on your feet and be confident in making value judgments and decisions. The Trust states that this is not a job for the faint hearted! Find out more at <http://www.goodmoves.org.uk/jobs/12306?page=3§or=3>. Closing date: 7 January 2013.

HR Manager (Steps)

The Richmond Fellowship Scotland is recruiting an HR Manager (£43,495) to oversee its busy HR department. The right person will be a CIPD member, preferably with a Masters qualification, and have considerable experience of HR management of a large organisation, operating at a senior level. See <http://www.goodmoves.org.uk/jobs/12319?page=2§or=3> for more. Closing date is 28th December 2012.

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Websites

Help and signposting for community organisations

The Community Development Foundation (CDF) has a new section of its website dedicated to communities. [Working with Communities](#) provides help and signposting for community organisations, and is designed to help community groups and those who support them overcome hurdles such as constituting a group, finding funding and recruiting volunteers. The website is easy to navigate and written in an accessible language. It also has a community development quiz if you have time!

Do you fancy being on the front page of Volunteer Scotland?

[Volunteer Scotland](#) is the biggest volunteering recruitment website in Scotland, receiving around 35,000 hits per month. It is now looking for case studies for its front page. If you would like to raise awareness of your organisation and your volunteers, you can make use of the 'Organisation Stories' 'Volunteer Stories' or 'Latest News' sections on the home page of the website.

You can submit your organisation story or a volunteer case study by sending information and a logo (for the organisation section) or picture (for the volunteer Section) in jpeg format to Rebecca Dadge at rebecca.dadge@vds.org.uk. The latest news section covers any training days you may have coming up, national recruitment campaigns, board member roles that may attract people from further afield and any other bits 'n' bobs that might interest Volunteer Scotland's volunteering audience. Submissions for this section should also be emailed to Rebecca at rebecca.dadge@vds.org.uk.

Run Native

The UK's first online marketplace showcasing products made, sourced and sold by social enterprises across the UK has recently been launched. Run Native allows shoppers to buy design-led goods with a social conscience from the comfort of their armchairs. A new generation of ethical e-tail site, it stocks everything from gourmet treats and gifts to lifestyle accessories, high fashion and homeware. But what makes this site special is that the profits it generates will have a powerful impact on people's lives.

With funding from the Scottish Government, the site is the brainchild Scottish based organisation Community Enterprise. Visit <http://www.runnative.com> or <http://www.runnative.co.uk>

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Campaigns

Give a damn about Glasgow Women's Library?

Next year GWL will finally relocate into permanent premises when it will move to Bridgeton Library building, a Grade B Listed Carnegie Library. GWL urgently need your support to help to raise the money needed for the internal refurbishment and to help us to sustain GWL's work in the longer term. In addition to giving regular [donations](#), there are two more creative ways you can help:

- [The 'Women on the Shelf' Campaign](#) - A one-off donation to sponsor a Women's Library shelf, book or an entire section for you to dedicate, if you wish, to an inspiring woman of your choice. Every sponsor will receive a certificate and be acknowledged in the fabric of the new Women's Library building and every penny raised will go towards the renovation fund.
- [Become a 'Friend' of Glasgow Women's Library](#) - For as little as £5 per month you can help GWL to change the lives of women, their families and broader communities.

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The Community Health Exchange (CHEX) is primarily funded by NHS Health Scotland and is a part of the Scottish Community Development Centre (SCDC). SCDC is a company limited by guarantee, registered in Scotland, No. 361532. SCDC is a registered charity in Scotland, Ref No. SC 040614.

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