



Issue No 219, 18th October 2012

Hello, and welcome to the latest issue of CHEX-Point Snippets. As always, this issue contains all the latest news and information relating to community-led health. **If you have any news or updates from your own work locally that you would like mentioned in Snippets please get in touch.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit www.chex.org.uk/subscribe/

The next issue of Snippets will be **Thursday 1st November** so please send anything you would like to be included before Tuesday 30th October. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to andrew@scdc.org.uk or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and compiled by Andrew Paterson. Thanks to all contributors to this edition.

Regards
Andrew Paterson
Policy and Research Officer, Scottish Community Development Centre

Contents

(N.B. click on the heading links below to jump immediately to the relevant section)

CHEX News

- [Stay connected to CHEX](#)
- [Invitation to join CHEX-Point Editorial Board](#)
- [CHEX Achievements and Performance 2011-12](#)

General Information

- [Yoland Wadsworth Event](#)
- [Find out about research contract opportunities or advertise your research for free](#)
- [Commonwealth Games family engagement event at Kelvinhall](#)
- [Discussion on Participatory Democracy](#)
- [News from other e-bulletins](#)

[Consultations and Surveys](#)

[Publications](#)

[Funding](#)

[Events](#)

[Conferences and Seminars](#)

[Training](#)

[Vacancies](#)
[Websites](#)
[Campaigns](#)

[back to top](#)

CHEX News

Stay connected to CHEX

CHEX has a number of different ways for you to stay connected to the latest community-led health news, resources, policy and practice. We'd like to take the opportunity to draw attention to these and to encourage you to sign up to anything you think you might benefit from. **In addition, you may know of colleagues and partner organisations who could benefit from signing up to our various outlets, all of which are free to sign up to.** These are:

1. **Our newsletters.** Most readers will already be signed up to [CHEX-Point Snippets](#) but if you read Snippets as a forwarded on email then we'd encourage you to sign up to ensure you don't miss out! Snippets readers may already be familiar with our more in-depth [CHEX-Point newsletter](#). If not, then why not have a read of the [last issue](#) and [sign up](#)?
2. **Our general mailing list.** You can sign up to CHEX's general mailing list [here](#), through which we will occasionally send you information on training events, seminars, conferences and supporting materials.
3. **The CHEX online Community-led health database**, which allows you to search for projects by area, topic and target group, and provide you with the information you need to contact community-led health organisations in your area. You can have a shot of the database by visiting <http://www.chex.org.uk/project-search/>. An added benefit of being listed is that you will automatically receive CHEX and community-led health updates as part of the CHEX network. The database currently has 70 entries, and we are keen to ensure that we have a true representation of the breadth of community-led health activity across Scotland. If you are a community-led organisation working to address health inequalities, then get in touch, and we will tell you how you can be included. Email Olivia Hanley at olivia@scdc.org.uk for sign up information.

Invitation to join CHEX-Point Editorial Board

CHEX are inviting applications to join the CHEX-Point Editorial Board. CHEX-Point is our quarterly newsletter which goes out to over 1500 readers across Scotland. The Editorial Board meets quarterly to decide on content for the [CHEX-Point Newsletter](#).

As the Newsletter profiles good practice and policy issues the Board reflects a mixture of interests in health improvement and community development. Editions of CHEX-Point may reflect a single theme or cover a range of topics, identified by the Board. Articles are written by organisations from the CHEX network and a range of different health agencies. Our readership of approximately 1500 people typically includes community-led health initiatives, voluntary organisations, NHS staff, local authorities, researchers and interested individuals. Read CHEX-Point [here](#).

We want to hear your great ideas for the newsletter and help us ensure we cover the issues you are interested in as our network. If you are interested in becoming a

member of the Editorial Board then please get in touch with olivia@scdc.org.uk.

CHEX Achievements and Performance 2011-12

It was a busy year for the CHEX team in 2011-12! You can read about the key achievements and also about our parent organisation SCDC (Scottish Community Development Centre) in the SCDC Achievements and Performance Report. Download the Achievements and Performance Report for 2011-12 [here](#).

[back to top](#)

General Information

Yoland Wadsworth Event

This free presentation and discussion seminar on Living Systems Inquiry with pioneer of participatory action research, Professor Yoland Wadsworth will take place on Monday 19th November, 2012, at Strathclyde University.

Living Systems Inquiry offers a deeper way of understanding and explaining 'how things are' and the pathways to 'how things might (otherwise better) be', and how to get there. It can help explain why individuals and institutions seem unable to change even when they want to and offers a practical sequence of questions that helps inquiry go 'full cycle'.

Prof. Yoland Wadsworth, who has pioneered the use of critical collaborative community research, consumer–staff participation in dialogic evaluation and 'whole systems' culture change in Australia over the past 4 decades, will outline the 'living systems' approach in the morning session, with ample time for interaction and for questions from the floor. An afternoon smaller group session is now fully booked although you may wish to put your name on the reserve list.

Please visit <https://www.surveymonkey.com/s/N2P9GXG> to register for this FREE event. Download the flyer for the event [here](#). The event is Funded by NHS Greater Glasgow and Clyde with additional support from CLD Standards Council, Strathclyde University, Research for Real and the Scottish Community Development Centre.

Find out about research contract opportunities or advertise your research for free

If you bid for research contracts or commission external researchers, NHS Health Scotland has two services that may be of interest to your organisation.

Firstly, NHS Health Scotland has a database of approved research contractors who are notified, by email, each time a research contract is advertised on the [NHS Health Scotland Website](#). Researchers can easily join the database (which includes academics, freelancers, market research companies and voluntary organisations) by completing an [application form](#).

NHS Health Scotland also provides a free advertising service for organisations looking to commission health related research and evaluation contract opportunities. As well as having your advert posted on our website, a notification will also be sent to all approved research contractors on the NHS Health Scotland research database. You can find out more by visiting the [External Research Contracts](#) page.

Recently published research reports (commissioned by NHS Health Scotland) can be downloaded from the [NHS Health Scotland](#) website. [Rebecca Sludden](#), Research Officer, can help if you need any further information.

Commonwealth Games family engagement event at Kelvinhall

As part of the Commonwealth Games Legacy for Communities Programme, SCDC supported Central and West Integration Network to hold an engagement event at Glasgow's Kelvinhall in September 2012. Central and West Integration Network is an independent community organisation that seeks to promote the integration of a diverse range of BME (Black and Minority Ethnic) communities into the economic, social and cultural life of Glasgow.

Well over 100 people attended the family orientated event which comprised of a presentation from the 2014 Organising Committee, discussion groups, sports and physical taster sessions, health checks, information stalls and group demonstrations. Glasgow LIFE staff were on hand to help everyone participate in a variety of sports, including the long jump, hurdles, sprints, exercise bikes and badminton (see the above video!) There were also demonstrations on cricket, karate and Chinese dancing from local groups. Feedback from participants, staff and volunteers indicated the event was an overwhelming success, and dialogue from the ten discussion groups was captured and recorded for use in the planning stage of the programme.

Click [here](#) for the full Games legacy spotlight article with accompanying photos and a great video!

Discussion on Participatory Democracy

At the recent Members' Meeting of CDAS (Community Development Alliance Scotland) there was a very lively presentation, by Oliver Escobar of Edinburgh University, and a discussion about Participatory Democracy and the prospects for democratic innovation in Scotland. [CDAS have provided an account of the presentation and discussion](#) (with a few additional comments from Oliver).

News from other e-bulletins

CHEX would like to point you in the direction of other e-bulletins relevant to community-led health. Some interesting bulletins this fortnight are:

- The latest bulletin from [the Scottish Community Alliance](#) has news and opinions on, amongst other things, the Scottish Government's Community Empowerment and Renewal Bill consultation and the People and Communities Fund.
- The Scottish Recovery Network has sent out its [October eUpdate](#), with news and links related to recovery and self-management, including the development of Wellness Recovery Action Planning (WRAP) in Grampian.
- NHS Health Scotland has published the [October edition of Wellbeing in Sexual Health \(WISH\)](#), with details of the launch of a National Rape Prevention Campaign, a call for case studies around health promotion with ethnic minority groups and links to further resources.

[back to top](#)

Consultations and Surveys

The impact of community food and health initiatives on maternal and infant

health

Community Food and Health Scotland would like to get an over view of the level of influence and impact community food and health initiatives have on maternal health and infant health. More specifically, CFHS is interested in the level and amount of information people have about the difference their work is making or how their engagement in local or national activities affects policies or services for pregnant women, families with children under 3 and children under 3.

CFHS would like community cafes, food co-ops, weaning projects or any other type of community food initiatives to complete a [short survey](#) and help build a better picture of work in the sector.

Aberdeenshire Public Services Survey 2012

Over the next couple of months people in Aberdeenshire are being encouraged to give their views on creating fairer and more accessible services. This is a joint exercise involving representatives from Aberdeen City Council, Aberdeenshire Council, Grampian Fire and Rescue Service, Grampian Police, Moray Council and Robert Gordon University. The first opportunity to take part is an online survey that can be completed by following the link: <https://www.surveymonkey.com/s/Grampiansurvey>. If you would like to be involved in a forthcoming discussion day, Focus Group or other event please contact: communitysupportconsultations@grampian.pnn.police.uk. The survey will remain open until the end of all the engagement activities and responses are encouraged before 31st October 2012.

Community planning and energy saving consultation in North Lanarkshire

Voluntary Action North Lanarkshire (VANL) has been tasked by the VSPG (Voluntary Sector Partnership Group) to facilitate appropriate engagement and consultation with the wider sector to consider, prior to its sign off, the draft North Lanarkshire Community Plan 2013 – 2018, North Lanarkshire's major Community Planning Strategic document.

To allow the sector to provide feedback VANL has organised the following 3 events:

- Monday 22nd October 2012, 2- 4pm, One Wellwynd Social Enterprise Centre, 35 Wellwynd, Airdrie, ML6 OBN
- Tuesday 23rd October 2012, 2-4pm, The Community Hub (former Church building), Kenilworth Avenue, Wishaw, ML2 9LP
- Thursday 25th October 2012, 2-4pm, Cumbernauld College Business Centre, Town Centre, Cumbernauld, G67 1HU

Following on from the consultation events, North Lanarkshire Council has requested the opportunity to deliver its presentation "The Way Ahead – Let's Talk about our Future" as part of its consultation around Council spending/savings options. Gavin Whitefield, NLC Chief Executive will deliver the presentation at the Airdrie & Cumbernauld events and Mary Castles, Executive Director Housing & Social Work Services will deliver the presentation at the Wishaw event. The presentations will be followed by question & answer sessions

If you would like to attend any of the events please confirm by contacting VANL Business Support team on 01236 748011 or email info@vanl.co.uk.

Call for case studies around health promotion with ethnic minority groups

NHS Health Scotland is currently seeking case studies of work promoting health with ethnic minority groups. This is part of public health research NHS Health Scotland is conducting in this area. They ask for anyone involved in developing or delivering

health promotion aimed at ethnic minority groups to get in touch. Equally, they would like to hear from anyone who is aware of projects being planned, delivered, or concluded that aim to promote health with ethnic minority groups.

If you have any information that may be relevant or contacts that may be able to assist, please contact: julie.mcgahan@nhs.net

Community greenspace network

Greenspace Scotland has been awarded an Investing in Ideas grant from the Big Lottery Fund to explore what a community greenspace groups network for Scotland should look like. Community greenspace and Friends of Parks groups have told them that they find it difficult to share experiences and support each other. They want a community greenspace network to provide groups with opportunities to network and support each other face-to-face and by using social media. [To begin to consult](#), they are facilitating two events for community groups in November, one in Edinburgh and one in Glasgow.

[back to top](#)

Publications

Talking Points: A Personal Outcomes Approach

The Scottish Government, COSLA and Joint Improvement Team have jointly produced the results of work on the Government's key priority of combining user and carer involvement with an outcomes approach to planning, delivering, evaluating and improving services. The culmination of that work is the production [a Practical Guide](#), which brings together learning from practice, systems, culture and performance in one place, aimed both at organisations new to outcomes as well as those further down the road to becoming an outcomes focused organisation. ([Summary Briefing](#))

Meanwhile a [Personal Outcomes and Quality Measures project](#) is underway, based in the Health and Social Care Alliance. It seeks to bring together two approaches:

- An approach that understands outcomes as the impacts that an intervention or service has on pre-defined aspects of people's lives.
- The Personal Outcomes Approach, which understands outcomes as what matters to each person and the extent to which these individual priorities are being achieved.

Culture change in the public sector

The latest 'Insight' from IRISS (Institute for Research and Innovation in Social Services) focuses on the topic of organisational culture change in the public sector. It makes the points that the public sector can be characterised as a hierarchical type of culture focused on internal stability and adherence to rules and procedures, rather than one of flexibility, innovation and openness but that here is some evidence of a shift from a service-specific culture to one of integration (multi-agency). [Read the full report here.](#)

Scottish Health Survey 2011 Annual Report

This report from the latest Scottish Health Survey has separate volumes for adults and children, with Health Board level results published alongside the annual report for the first time since 2003. Key findings include:

- Three quarters of adults (76%) described their health as 'good' or 'very good'

in 2011.

- A quarter of men (25%) and just under a fifth of women (18%) were categorized as hazardous or harmful drinkers (men drinking more than 21 units per week and women drinking more than 14) in 2011.
- Prevalence of hazardous/harmful drinking has declined since 2003, most notably in the 2003 to 2009 period.

[Read the report here.](#)

Communities Action, Reflection and Change

As part of their [Communities Action, Reflection and Change](#) project (Communities ARC), the English-based Federation for Community Development Learning and partners has made available resources including [Snapshots of community action & community learning](#) that has taken place as a result, told by the people who are part of the project. The project involved community members exploring links between community development learning and community action and participatory citizenship; increased understanding and capacity for taking action around social and environmental justice, individual and community well-being, and celebrated the strengths and cultural wealth within diverse and marginalised communities.

Why Inequality Matters

Members of [My Fair London](#), a group of volunteers affiliated to The Equality Trust, have produced a booklet called [Why Inequality Matters](#). It draws on key findings in 'The Spirit Level' and presents further essential information about income inequality and its consequences in a brief and accessible format.

Health user involvement and person centredness strategy

Originally published in August 2011, but now seemingly updated, [This document](#), from Healthcare Improvement Scotland and the Scottish Health Council, sets out the strategy for user involvement and person centredness that will be adopted by Healthcare Improvement Scotland as it seeks to contribute to the improvement of healthcare services (including regulated independent healthcare services) for the next three years. The strategy includes all of the core functions delivered by the Scottish Health Council, which works with NHS Boards across Scotland to improve patient and public participation.

New CFHS publications

The latest issue of Community Food and Health Scotland's newsletter [Fare Choice](#) is now available to download from the CFHS website or you can sign up to receive a hard copy [here](#). Also available is [What's Cooking in Scotland? Part 2](#), which looks at what difference community cookery makes to people in low-income communities.

[back to top](#)

Funding

Help the Homeless

Help the Homeless is currently accepting applications from small and medium sized charities and voluntary organisations for grants of up to £3,000 towards capital costs to support projects that assist disadvantaged individuals in their return to mainstream society, through residential or training facilities. Find out more at <http://www.help-the-homeless.org.uk/applying-for-funding/>. The next application deadline is the 31st

December 2012.

Henry Duncan Awards from Lloyds TSB

In 2010 Lloyds TSB's main grant programme (Standard Grants Scheme) was renamed the 'Henry Duncan Awards' in honour of [The Reverend Henry Duncan](#) who founded the first Trustee Savings Bank - which ultimately led to the establishment of the Foundation – just over 200 years ago.

Many of the organisations it funds are small grassroots charities working in their own local communities. You can find out more information about whether your organisation is eligible to apply by reading [Who can Apply.pdf](#).

There are two application forms and accompanying guidance notes: one for amounts up to £3,000 for organisations with a turnover of up to £50,000, and one for grants over £3,000. You must choose which one of these forms you wish to submit, and you can [download a Henry Duncan Awards application pack](#) or [request one](#). Lloyds TSB Foundation also runs [surgeries](#), which are designed to help applicants through the application process. There are upcoming surgeries in Glasgow, Aberdeen, Edinburgh and Kirkcaldy – find out more by visiting the [schedule of surgeries](#).

Community Radio Fund

Ofcom has announced that the Community Radio Fund will open for applications on the 10th October 2012. Under the fund, Community Radio Stations can apply for funding to support their core running costs. These can include management costs; administration costs; fundraising to support the station; community outreach work; and the costs involved in using volunteers. There is no upper limit of grant that can be applied for, however applicants are asked to take note of previous grants awarded for an indication of realistic award figures. Grants can only be made to community radio licensees which are broadcasting under a community radio licence (and not an RSL, for example). The average grant awarded over the last few years has been in the region of £15,000. You can find out more [here](#). The closing date for applications is 5pm on the 7th November 2012.

The Robertson Trust

The Robertson Trust is an independent Scottish grant-making Trust which funds charities involved in care, health, education and training and community art and sport. The Trust's website currently states that, due to moving office, it won't be considering applications to its main donations stream until March 2013. However, applications for smaller grants and continuation funding will be processed as normal, so it may well be worth checking out the [Trust's website](#).

Explore fund

The North Face Explore Fund is a financial support-giving program committed to supporting nonprofit, community organisations that break down the barriers to getting youth outdoors. The goal of the Explore Fund is to inspire the next generation of young explorers and conservationists by funding groups that help kids discover the outdoors. You can apply for up to £2,500 and projects with match funding will be looked on more favourably. Further details and an application form are available from the website: <http://explorefund.eu>. Deadline: 28 February

Scottish Community Foundation

SCF administers a range of grants to constituted groups involved in social welfare and community development activities. Grants available include general grants for women's projects and Comic Relief Local Communities Grants. Find out more at <http://www.scottishcf.org>

MSE CHARITY

The MoneySavingExpert.com (MSE) Charity is currently accepting applications for grants of up to £5,000 for projects aiming to educate people about money, debt and consumer issues. This round opened on 1 September and will close when 40 applications have been received (as of 7 September they had received 27 applications). Groups must have an annual income under £1,000,000 to be eligible to apply. If you can't make this round, don't despair as this funder has three funding rounds per year. Keep your eye on their website for details.

<http://www.msecharity.com/how-to-apply.aspx/>

Tesco Charity Trust

[The Tesco Charity Trust](#) has announced that its Large grants programme is open for applications. The Trust gives one-off donations ranging between £4,000 and £25,000 to charities working in the areas of children's welfare and education, elderly people's welfare and adults and children with disabilities. The funding is available to charities working on an international, national or regional basis in areas where Tesco have a presence. The closing date for applications is the 2nd November 2012

[back to top](#)

Events

Health All Round events in October and November (Edinburgh)

Health All Round has sent out its latest events listings for October and November 2012. This includes physical fitness classes, individual support and groups and workshops. Download the July and August leaflet by clicking [here](#). Telephone 0131 337 1376 or email info@healthallround.org.uk for more information.

Edible And Tasty Spaces (EATS) Seminar (Fife)

Taking place on Wednesday 5th December 2012, 2pm to 4pm, at Inverkeithing Civic Centre, 10 Queen Street, Inverkeithing KY11 1PA, this free seminar will explain the growing use of fruit and vegetables in unfenced public spaces, and hopefully inspire more communities in Fife and Scotland to create EATS. It should be relevant for anyone interested in injecting life into their high street and showing others how easy it is to grow fruit and vegetables and reduce carbon. Speakers on the day will be:

- David Crichton, Stirling Council - Edible Borders
- Kevin O'Kane, Fife Council - Kirkcaldy EATS
- Ea O'Neill, Greenspace Scotland - Pioneer Growing Communities
- Dr Jackie Hyland, NHS Fife - Urban gardening Assessment, Toronto
- Video of Pam Warhurst talking about Incredible Edible Todmorden

Email [Kevin O'Kane](mailto:Kevin.O'Kane@fife.gov.uk) at Fife Council or phone 07789 044955 to book (deadline 21st November). For more information about EATS click [here](#).

Glasgow's Got Talent! (Glasgow)

'Glasgow's Got Talent! Student placements within Glasgow's Third Sector' is being hosted by GCVS, in collaboration with City of Glasgow College. This event runs on 9.45am – 12 noon, Thursday, 1st November 2012 at the Albany Learning and Conference Centre, 44 Ashley Street, Glasgow G3 6DS. The half-day event will explain what kind of students City of Glasgow College has, when you could take on a student, how long placements last for. Find out if a student placement is right for your organisation. Book online [here](#).

Hip-Hop Shakespeare (Glasgow)

In this illustrated lecture organised by Glasgow Centre for Population Health, Akala will introduce us to the work of the hip-hop Shakespeare approach. Founded by MOBO award-winner Akala in 2009, The Hip-Hop Shakespeare Company is a musical theatre production social enterprise which offers young people a different view of the arts and ultimately of themselves.

Working in a variety of settings including schools, prisons and community venues, engaging in music and literature, the Hip Hop Shakespeare company strives to inspire and enable young people to better meet their potential, express themselves and highlight their creative talent. Central to their approach is an exploration of the social, linguistic and cultural parallels between the works of Shakespeare and modern day hip-hop artists.

The seminar is on Tuesday 20 November 2012, 4.30pm – 6.00pm, The Lighthouse – Gallery 5, 11 Mitchell Lane, Glasgow G1 3NU. GCPH Seminar Series events are free to attend although places are limited therefore registration is required. To register for this event please go to www.gcph.co.uk/events and complete the online registration form.

Big Lottery event to inspire your Community Asset Project (Glasgow and Inverness)

Through Growing Community Assets, Community Spaces and the Scottish Land Fund, BIG Scotland is supporting a range of 'place based' projects in both rural and urban areas. The Big Lottery will be holding these events for grantholders, applicants or would-be applicants to help share experience and learning about community 'place' projects as widely as possible. These "Developing Places and Spaces" events will take place in Glasgow on 24th October and Inverness on November 6th. Booking is essential. See <http://bigblogscotland.org.uk/2012/09/18/events-to-inspire-your-community-asset-project/> for more information.

Scottish Medicines Consortium Workshop (Inverness)

The Scottish Medicines Consortium (SMC) is responsible for providing advice to the NHS in Scotland about the use of newly licensed medicines and the patients to whom these would be of most benefit. It considers submissions from Patient Groups as part of its evaluation process. The SMC is holding a series of free workshops across Scotland to:

- Help inform patient groups about the factors considered by the SMC in its decision-making process
- Clarify the kind of information which is most useful to be included in the SMC patient group submissions

The next event is on Saturday 27th October, 10am - 1pm, Centre for Health Science, Old Perth Road, Inverness IV2 3JH. To register please complete the booking form, available to download from www.ltcas.org.uk or call 0141 404 0231 for more details.

Therapeutic and Community Garden Networking Event (Kinross)

Places are still available for this event, taking place on Wed 24th October at Church Centre, 64 High Street, Kinross KY13 8AJ, this event is a chance for anyone interested in therapeutic gardening to meet with other likeminded people to exchange ideas and good practice. The event runs from 9.45am - 2.30pm and includes a visit to the [Kinross Potager Garden](http://www.kinrosspotagergarden.org.uk) to learn about their work with local children and share ideas. Lunch will cost £5. Please book by 19th October to ensure your place. Contact Trellis on 01738 624348 or find a booking form online at <http://www.trellisScotland.org.uk>

[back to top](#)

Conferences and Seminars

Make Self Directed Support Work For You Conference (Aberdeen)

This event is for providers, carers, parents, people who receive support and community partners, and aims to show how SDS can allow people to have much more choice and control in all areas of their life by directing their own support. The event will begin at 9.00am and end at 16.30pm on Tuesday 16th October 2012 at Menzies Hotel, Aberdeen. The conference will contain workshop planning sessions and participants can opt into in depth planning sessions by progressing on to Master Classes.

Celebrating and Reclaiming Community Development Learning and Practice (Derbyshire)

This year's Federation for Community Development and Learning conference takes place on Wednesday 21 & Thursday 22 November 2012 at Hayes Conference Centre, Swanwick, Alfreton, Derbyshire DE55 1AU. The conference will celebrate the achievements of the FCDL Creating Changes project and will include input from the demonstration projects. The aim is to explore together how we can achieve better understanding of the value and positive impacts of community development. The discussions will focus on both grassroots levels (whether local or global) and policy and strategic levels. IACD, the International Association for Community Development, is a partner in this conference and global perspectives will be present throughout much of the conference. Find out more on the [FCDL website](#)

Scottish Tobacco Control Strategy Seminar (Dundee and Glasgow)

The STCA Tobacco Control Issues Group in partnership with NHS Greater Glasgow and Clyde and NHS Tayside presents the Scottish Tobacco Control Strategy Seminar. This event provides the chance to consider, discuss and influence the draft of Scotland's next national tobacco control strategy. Andy Bruce, Head of Tobacco, Alcohol and Diet, Public Health Division, Scottish Government will present the draft national tobacco control strategy. There will then be a plenary and small group discussions of the ideas for future action.

- Friday 16th Nov, 13.00 registration and coffee, 13.30 – 16.00 seminar, Eastbank Health Promotion Centre, 22 Academy Street, Glasgow G32 9AA
- Wednesday 28 Nov, 13.00 registration and coffee, 13.30 – 16.00 seminar, Falcon Scott Suite, Discovery Point, Discovery Quay, Dundee DD1 4XA

To secure a place at either of these events, please register with Jennifer Black: 0131 220 9462 or email jblack@ashscotland.org.uk by 5 November 2012.

Understanding and Influencing Your Parliament (Edinburgh)

This communities event at the Scottish Parliament is a day of workshops, seminars and presentations aimed at helping local groups to engage more effectively with Holyrood. Taking place on Saturday, 27 October, 2012 - 10:30 - 15:30, at Holyrood, it consists of workshops focused on practical ways in which to get local issues onto the parliamentary radar, and is aimed at smaller, grass-roots community-based organisations and individuals. It should be ideal for local groups and individuals with no previous experience of engaging with MSPs and the Scottish Parliament.

Workshop topics are:

- Public Petitions

- Social Media
- “Help Me to Help You”: an MSPs View
- Working with Local Media
- Committees
- Events & Exhibitions
- Cross-Party Groups

Completely free to attend with lunch and refreshment + travel/accommodation costs covered (by prior arrangement), places must be confirmed in advance (Maximum of 2 people per organisation). Contact: Paul Anderson, Community Outreach Manager, Scottish Parliament T: 0131 348 5357 or paul.anderson@scottish.parliament.uk

Scotland’s Third Sector Research Conference (Edinburgh)

Scotland’s Third Sector Research Conference 2012: exploring evidence in a time of change will take place on 2 November 2012 at South Hall, Pollock Halls, 18 Holyrood Park Road, Edinburgh, EH16 5AY.

A major theme for this year is comparing and contrasting recent research on Scotland’s third sector with other parts of the UK. A key feature of this will be a comparison between two ‘longitudinal’ research studies into the third sector in a changing public services environment which are taking place simultaneously in Scotland and England. The event will be of interest to a wide range of participants from academics, students, third sector researchers, government policy-makers, research consultants, and public sector officials. There will be an emphasis on participation and networking. [Click here](#) to find out more, including costs.

Developing the Scottish Human Rights Agenda (Edinburgh)

This Mackayhannah conference will explore the Scottish Government’s vision on human rights, how the public sector in Scotland can help fulfil its role in that vision and how the requirement to comply with human rights legislation will need to be addressed across all of Scotland’s institutions and businesses. The event takes place next year on Tuesday 5th February in Edinburgh. For further information about this conference, including prices, agenda and speakers, please visit www.mackayhannah.com.

SDE Network Policy Session: The Bigger Picture (Edinburgh)

The Sustainable Development Education Network policy session takes place on 20 November 2012 from 1.30pm at The Melting Pot, 5 Rose Street, Edinburgh EH2 2PR. It aims to give you the chance to find out more about the SDE landscape in light of recommendations and reports due to be launched in early November from the General Teaching Council for Scotland, The Scottish Government and Ministerial Working Groups. Speakers include:

- Prof. Pete Higgins - University of Edinburgh & Chair of the One Planet Schools Ministerial Advisory Group
- Tim Simons - Scottish Government
- Rosa Murray - The General Teaching Council for Scotland

The event is free to SDEN members, £25 for non-members (if you’d like to [join the SDEN](#) you may do so at the same time as registering for this event and receive free entry). Refreshments will be provided. Places are limited - to book your place [click here](#), complete the form and email it to Abi Cornwall at manager@sdenetwork.org or call 07506 189 600 for more information.

The Future for Glasgow City Centre (Glasgow)

This half-day conference looks at how the various interests that combine to give Glasgow its distinctive personality can find ways to join up their plans, projects and

potential to create a shared vision for the city centre. It will be on Thursday 25th October 2012, City of Glasgow College, Cathedral Street, Glasgow. View the programme and book [here](#).

More than Medicine Seminar (Stirling)

Open Secret, an organisation providing services for individuals and families affected by childhood abuse, is holding a conference in order to share outcomes of its physical health project. The organisation will also be launching 'Surviving well', an informative booklet for health professionals written by Survivors of childhood abuse and edited by Dr Sarah Nelson. The conference will take place on Thursday 25th October from 1.30 – 4.30pm at the family life centre, Murray Place, Stirling.

Speakers are Professor Peter Davey, Lead clinician for clinical quality improvement, Dundee University and Dr Sarah Nelson, researcher and writer – Edinburgh University

If you would like to attend, please rsvp to Rhianna@opensecret.org or contact: Open Secret, 98 Thornhill Road Falkirk FK2 7AB, Tel: 01324630100, Fax:01324635650
Certificates of attendance will be given for CPD.

[back to top](#)

Training

Youth Participation Workshop (Aberdeen and Edinburgh)

Youth Scotland's Youth Participation workshop will be held on the 6th November in Edinburgh and the 28th November in Aberdeen. It will:

:

- Explore ways to encourage young people's involvement in decision making and enable you to deliver the Bored Meetings Programme
- Identify creative ways of sharing ideas
- Provide practical participation resources and exercises for use within your group

The workshops are for youth workers (paid and voluntary) and cost £20 per worker for Youth Scotland member groups and £25 per worker for non-member groups.

[Book your place here](#).

Street Audit Training Courses (Alloa, Edinburgh and Inverness)

Living Streets Scotland, in partnership with Paths for All, is running 4 free training courses on how to use the tried and tested method of street audits to improve local neighbourhoods. The courses are open to anyone interested in leading their group through the street audit process. By taking part in the one-day course you will learn:

- what makes a walkable community;
- how walkable communities help increase everyday physical activity, i.e. everyday walking;
- how small and larger scale improvements can make a big difference;
- what is involved in the audit process – including trying a sample audit for yourself;
- how to plan for and organise your group to undertake an audit; and
- how best to get results from the audit process.

The next course is in Alloa on the 20th November with upcoming courses in Edinburgh and Inverness. For more information see their [website](#) or contact Janice Gray, Communities Co-ordinator, Living Streets Scotland, 0131 243 2649, Janice.gray@livingstreets.org.uk.

Mentally Healthy Workplace Training (Borders)

This course for employers and managers is delivered through blended learning. Before attending you should complete the [Mentally Healthy Workplaces online course](#). This training includes good practice in promoting positive mental health and wellbeing as well as offering practical examples of how to support employees experiencing mental health problems. The date for your diaries is Tuesday 30 October 2012, 09.00 - 16.30. Venue: Ettrick Riverside Business Centre, Dunsdale Road, Selkirk TD7 5EB. For further details and booking information call 01896 825982 or email hwl-enquiry@borders.scot.nhs.uk.

Weekend Certified Laughter Yoga Leadership Course (Edinburgh)

This training from Joyworks teaches how to use laughter yoga as a therapeutic or teambuilding tool, enabling you to be registered and endorsed as Certified Laughter Yoga Leader – an internationally recognised qualification. It will be relevant to anyone from workshop leaders and youth workers to occupational therapists and clown doctors. You'll receive a 60page e-manual and be able to deliver laughter sessions in a wide range of settings. The course will take place at The Healthy Life Centre in Edinburgh on 24th and 25th November, 10am-5pm. It costs £295 (Funding available and part payment plans available on request). Contact: Sharon Miller, 07842414765, sharon@joyworks.co.uk. Visit www.joyworks.co.uk for more.

Introduction to Using Social Media (Edinburgh)

Introduction to Using Social Media is being delivered by The Federation of City Farms and Community Gardens on Tuesday 13th November, 9.30am to 13.30pm at Gorgie City Farm, 51 Gorgie Road, Edinburgh, EH11 2LA. You will learn how to use twitter, blogs and face-book on behalf of your community garden project as a way to engage with your group's community, share news, spread the word about events and raise awareness of your organisation to the local media. It costs £20 for FCFCG /Trellis members; £30 for community garden groups; and £45 for everyone else. Lunch is included – please state any special dietary requirements when booking. Book on line at <http://farmgarden.org.uk/farms-gardens/your-region/scotland>. For further information please contact Andrew Tweedy, 0131 623 7058 or email andrew@farmgarden.org.uk.

Introduction to British Sign Language (Glasgow)

BEMIS and Ishara would like to invite you to a BSL Awareness Session for Ethnic & Cultural Minority Communities. The training is relevant for anyone who is from, or who works with people who are from, an ethnic minority community background and uses or might be interested in British Sign Language. It will run on the Tuesday 8th November 2012, 10am to 12noon, BEMIS, 5th Floor, The Centrum Building, 38 Queen Street, Glasgow G1 3DX. Lunch provided. To register, please email Ishara@deafconnections.co.uk or Tel: 0141 4202819 or Sue.barnes@bemis.org.uk Tel 0141 5488047.

Enhancing support through increased mental health awareness (Glasgow)

GCVS is delighted to present this new course in partnership with COPE Scotland. The course aims to enhance the support that you provide through increased mental health awareness. Course participants will be able to better support service users and people in their community in general who are experiencing mental health difficulties. 9.30am - 4.30pm (lunch provided), Friday 26th October 2012, The

Albany Learning and Conference Centre Costs: £125 members, £180 non-members.
Find out more on [the GCVS website](#).

Perth Samaritans Volunteer Information evening (Perth)

If you would like to know more about Perth Samaritans, the volunteer experience or information about our external talks, you can attend an information evening on: **Friday 19th Oct** at 7.30pm at the Perth branch at 3 King's Place, Perth, PH2 8AA. You can contact Perth Samaritans on 01738 626666 or by email at perthsamaritans@hotmail.co.uk for more information.

Community Mentorship Programme (Perth)

The free TCV (The Conservation Volunteers) Scotland Community Mentors Programme offers training and support to individuals who want to inspire their own communities to take action on Sustainability. Over 2 days, instructors Anthony Morrow and Kerry Riddell train you to develop your skills, knowledge and confidence, resources and materials to help you to help your community, support and advice. By participating you'll become part of a national network of Sustainable Communities Mentors. The course takes place on 1st & 2nd November 2012 at The Mountaineering Council of Scotland, The Old Granary, West Mill Street, Perth, PH1 5QP. Lunch will be provided. [Find out more here](#).

Evaluating your project: collecting information to report on outcomes (Stirling)

From Trellis, this training takes place on 22nd November 2012, 9.30 - 4.00pm, at Forth Valley College, Stirling Campus, Drip Road, Stirling FK8 1SE (use FK8 1RR). This day session focusses on collecting information on soft outcomes (e.g. outcomes from training, support or guidance interventions such as increased confidence) which unlike hard outcomes such as qualifications and jobs, are likely to describe an individual's journey). It should help avoid the common evaluation pitfalls of not knowing why you're collecting information in the first place, or feeling like evaluation means less time for real work! At this workshop you will: learn how to set outcome indicators to help you measure your outcomes; learn about methods and tools to collect information about outcomes; and draw up a simple monitoring and evaluation plan for your project. Download [Further Information](#) and [Booking Form](#). Book by 15th November to ensure your place.

[back to top](#)

Vacancies

Major Gifts Assistant (Bridge of Weir)

Quarriers is looking for a Major Gifts Assistant (£23,913-£27,366 + attractive benefits) to help it transform and enrich more lives next year. Applicants should have professional fundraising experience and proven interpersonal and written communication skills with the ability to make a compelling case for support. You will also develop productive relationships and research Major Gift prospects.

Please email recruitment@brucetaitassociates.com for a full information pack. For an informal chat about the role, after you have reviewed the information, call Eilish McDowell on 01786 849759. Closing Date: 5pm 23rd October. Interview Date: 31st October.

Policy & Participation Officer (Edinburgh or Glasgow)

Lgbt Youth Scotland are looking to fill the post of Policy & Participation Officer (PT fixed term £23,232 - £25,716 pro rata)

You will play a key role in ensuring that the work of the charity is reflected in relevant local and national policy. The post holder will work with young people to ensure their participation in relevant and priority policy issues. Successful applicants will have experience of policy work, ideally in a children and/or young people's organisation and have experience of residential or group-based youth work.

Download the Job Description from <https://www.lgbtyouth.org.uk/jobs.html>. Closing date for applications extended to 29th October 2012 (4pm).

Voluntary Arts Scotland Co-ordinator (Edinburgh)

Voluntary Arts Scotland seeks a Co-ordinator as the senior manager for Voluntary Arts Scotland, providing strategic leadership and acting as an advocate for the voluntary arts sector within the wider voluntary and arts policy environment throughout Scotland.

The Co-ordinator is the public face of the organisation in Scotland and will act as an advocate and champion for the voluntary arts sector, working closely with Creative Scotland, the Scottish Government, the national voluntary arts umbrella bodies, local authorities and voluntary and community sector agencies. The Co-ordinator is also responsible for achieving sustainability and growth for the organisation, day-to-day maintenance and development of management systems and supervision and development of an established staff team.

For further information, please contact lindsey@voluntaryarts.org (Lindsey Jackson), or visit <http://voluntaryarts.org>. The deadline is Friday 09 November 2012 at 17:00.

Jobs at IRISS (Glasgow)

The Institute for Research and Innovation in Social Services (IRISS) is a small Scottish voluntary sector organisation, focused on supporting the social services workforce in Scotland to deliver positive outcomes for people who access care and support. It works through three core teams: Innovation and Improvement, Knowledge Media, and Evidence-informed Practice. IRISS is currently advertising for:

- IRISS and SSSC associate: Contribution analysis (12 months, £37,012-£42,883)
- Project Manager: Evidence--Informed Practice (£29,249 - £35,938)

Visit <http://www.iriss.org.uk/jobs> for more. Closing date for applications: Tuesday 23 October 2012

New project at Karibu Scotland (Glasgow)

Karibu Scotland, who we mentioned in the [last Snippets](#), is setting up a new Volunteer Project. For the next 5 months they are looking for:

1. A Volunteer Coordinator, 20 Hours A Week, £15 An Hour
2. A Volunteer Support Worker, 24 Hours A Week, £10 An Hour
3. A Consultant Volunteer Advisor, For 5 Days

Please see: <http://www.goodmoves.org.uk> for more information, the job descriptions and application forms or contact Karibu on 0141 258 2535 or info@karibuscotland.org.uk. Closing date: Monday 22nd October at 12 noon.

Offenders Support Worker (Midlothian)

Mid And East Lothian Drugs (MELD) is advertising for an Offenders Support Worker, 17.5 hrs per week - Funded until 31st March 13 (Continuation of funding applied for) Salary: £16,818 - £17,991 pro rata. The postholder will offer practical support to offending clients who have substance misuse issues and live in Midlothian

A relevant qualification, experience of working with clients who have difficulties with substance misuse, an ability to work in a flexible manner and adhere to a harm reduction approach, a full driving licence and own transport is essential criteria for the post.

For an application form and job description please contact MELD on: Tel: 0131 660 3566 or email: lindabernard@meld-drugs.org.uk. Closing date: Friday 12th October 2012 at noon. Interviews will be held on: Friday 2nd November 2012

Volunteer Board Member (Moray)

Moray Art Centre is seeking a new Board Member, who is either currently has additional support needs, or works/has worked with people with additional support needs. The Centre wishes to have someone with this experience so that it can better understand and represent the needs and sensitivities of people with additional support needs. Please contact: Randy Klinger, Director, Moray Art Centre, on 0845 521 8757, or director@morayartcentre.org. See www.morayartcentre.org for more.

Project Coordinator (Stanley, Perth & Kinross)

Stanley Development Trust is recruiting for the post of Project Coordinator (18 hours per week, £21,111 pro-rata) to take a leading role in the establishment of a pioneering project aimed at enhancing the wellbeing of residents of the Perthshire village of Stanley. The successful applicant will establish a local Time Bank and also a volunteer Befriending & Mentoring Service to support individuals at risk of social isolation, including those whose lifestyle or conduct gives rise to problems for themselves or others.

To apply please visit <http://www.goodmoves.org.uk/jobs/11698>. Closing Date: 26 October 2012.

[back to top](#)

Websites

ReadyforBusiness

This website is aimed at third sector organisations grappling with procurement and developing business models. It has pages on Community Benefit Clauses, Public Social Partnerships and measuring social value. You can make use of an event list and a library of useful resources, and you can also sign up to their newsletter. See more at <http://www.readyforbusiness.org/>.

[back to top](#)

Campaigns

Help save Remploy jobs in Scotland

Unite union is campaigning to save the future of Scotland's remaining Remploy Factories and their disabled workers. It points out that Alex Salmond did this previously back in 2010 in agreeing a funding package to save the Glencraft workshop in Aberdeen and the jobs of blind and disabled people – and that this is now a thriving enterprise.

On 22 October, there is a Remploy Task Force meeting in the Scottish Parliament and the campaign aims to ensure that Alex Salmond attends this meeting to secure these jobs. [They ask that you send this message to First Minister Alex Salmond, asking him to work with us on a rescue plan for the future of the Scottish sites.](#) Unite points out that it won't take you more than a minute to do - but it's a minute that could save the jobs of disabled workers.

[back to top](#)



The Community Health Exchange (CHEX) is primarily funded by NHS Health Scotland and is a part of the Scottish Community Development Centre (SCDC). SCDC is a company limited by guarantee, registered in Scotland, No. 361532. SCDC is a registered charity in Scotland, Ref No. SC 040614.

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