



Issue No 218, 04th October 2012

Hello, and welcome to the latest issue of CHEX-Point Snippets. In addition to the latest news and information relating to community-led health, this issue of Snippets features updates from 3 CHEX network organisations Broomhouse Health Strategy Group, 3D Drumchapel and Lifelink. **If you would like to be mentioned in Snippets please send us your own news from your work locally.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit www.chex.org.uk/subscribe/

The next issue of Snippets will be **Thursday 18th October** so please send anything you would like to be included before Tuesday 16th. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to andrew@scdc.org.uk or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and compiled by Andrew Paterson. Thanks to all contributors to this edition.

Regards
Andrew Paterson
Policy and Research Officer, Scottish Community Development Centre

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CHEX News

3D Drumchapel Re-Launch

CHEX is happy to hear that 3D Drumchapel officially re-Launched on Friday 28th September. Bill Kidd MSP officially opened the new premises within the Open Gate and the new logo was unveiled along with 3D Drumchapel's new publicity materials and website. The event included presentations about the activities and services delivered by 3D as well as parent & toddler taster sessions, face-painting, a free Tombola with great prizes, freebies and smoothies and refreshments. Many local families along with local organisations attended the event. Sharon Colvin, Project Manager, said afterwards:

"It was great to see so many families and organisations attending the event which helped to raise the profile of 3D within the local community. It was a good opportunity for us to showcase all the different things we do at 3D as well as showing everyone our new premises, logo and look. We are delighted with the space that our new premises offers which enables us to deliver many different sessions and services to local families."

3D Drumchapel provides support to children and families in Drumchapel through the provision of many different services and activities. Its new address is Open Gate, 44 Hecla Square, Drumchapel, Glasgow, G15 8NH. Contact 3D Drumchapel on 0141 944 5940 or at info@3ddrumchapel.org.uk. 3D also has a new website: www.3ddrumchapel.org.uk where you can find out more.

Lifelink celebrate a busy and productive year

CHEX very much enjoyed participating in Lifelink's 19th AGM on Thursday 27th September. We heard from the Board, staff and volunteers about the work that Lifelink has progressed over the year.

During 2011/12 the Glasgow community-led health organisation worked with over 4000 young people and adults across the city and in HMP Barlinnie, providing responsive mental health and well-being and resilience building services on a one to one and group basis.

The success of Lifelink's Single Session Work service delivery model was highlighted by Lifelink's CEO, Lesley Benzie and from an inspiring film we heard service users convey the positive difference that Lifelink had made to their lives. Sadie Gordon, Chairperson closed the meeting detailing some exciting plans for the future, albeit against the backdrop of the challenges of securing significant income to continue to provide young people and adults across Glasgow with much needed services to support their mental health and wellbeing. Find out more <http://www.lifelink.org.uk/>.

Broomhouse Health Strategy Group highlights the power of volunteering!

CHEX is delighted to forward on the following positive article from Broomhouse Health Strategy Group in Edinburgh:

“Broomhouse Health Strategy Group, a community-led local health project had a whirlwind summer of volunteer work, resulting in the fantastic colour transformation of Broomhouse Market in South West Edinburgh where they are based. Its community empowerment at its best – local volunteers teaming together to change their area for the better!

After being awarded funds and over 250 litres of paint from Dulux through their [Let's Colour community initiative](#) in June, the Broomhouse Health Strategy Group commissioned the artists MSCreative to draw up designs for the large mural wall, 5 shop shutters and 2 other large wall surfaces – over 450m² of surface area! Over the summer design workshops were held with local residents and youth groups, resulting in some amazing designs.

The practical work took place over three weeks starting at the end of August. Over 60 local and business volunteers contributing over 200 days of hard practical work! Alongside local volunteers of all ages, there were groups of volunteers from The Princes Trust, Tesco Bank and ESPC.

It's an amazing example of community empowerment – the local community came together to make it happen. The result is not just a colourful facelift, but also an increase in social connections within the community, with some very proud active local volunteers and a local community that has had its self-esteem significantly raised.”

For more information on Broomhouse Health Strategy Group visit www.healthstrategygroup.org.uk or contact info@healthstrategygroup.org.uk.

CHEX response to Community Empowerment & Renewal Bill Consultation

CHEX has submitted its response to the Scottish Government's Consultation on the Community Empowerment and Renewal Bill.

The consultation was launched in June asking for views on matters ranging from community engagement to community control of physical assets. Our response is based on our own wide ranging consultation with community-led health organisations across Scotland, including discussions with local community-led health networks and responses from an online survey.

CHEX's submission welcomes any increased opportunities for communities to challenge service provision, influence spending, take over local land and buildings and make use of local services.

However, our conversations with our network also raised some concerns about whether all community organisations and groups are in a position to take responsibility for public assets, services and spending in a way that is beneficial to their wider communities.

Therefore, we recommend that resources attached to the implementation of the Bill are directly targeted at low income communities and that every action is taken to create an environment for those communities to have equal opportunities to influence and sustain a healthy community for all. [Click here to download our full consultation response.](#)

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General Information

SCDC Board Vacancies

The Scottish Community Development Centre, CHEX's parent organisation, is currently seeking new appointments to its Board of Directors to help shape and direct the organisation as it continues to develop and build on our current strengths to make significant and long lasting improvements to communities in Scotland.

SCDC welcomes applications from individuals with a commitment to the values of social justice and community development. In particular the organisation seeks applicants with skills in business development and HR management, finance and social enterprise. The post is unremunerated but all associated expenses will be paid.

If you are interested please download the following documents:

- [SCDC Board Recruitment Flyer \(PDF 57KB\)](#)
- [Recruitment Pack for Board of Trustees \(PDF 878KB\)](#)
- [SCDC activities and programmes August 2012 \(PDF 1MB\)](#)

Alternatively, please contact Victoria Muir by email: victoria@scdc.org.uk or by telephone: 0141 248 1924

Closing date: Friday, 26th October 2012.

Scottish Co-production Network website goes live!

The term 'co-production' is beginning to take root in Scotland, and a network for practitioners and policy-makers interested in taking the approach forward has just launched its new website. The [Scottish Co-production Network](#) website provides a platform for the sharing of learning and the exchange of co-production practice in Scotland and contains useful resources such as tools, case studies and a members' area where you can find out what's happening in your area.

The Scottish Co-production Network is free and open to anyone who is interested in co-production and related approaches. As a member of the network, you will be invited to learning events, network meetings and be able to take part in discussions and information sharing on the website. If you would like to join the network you can [sign up here](#) - it's free and only requires basic information.

The network will be holding its first Learning Event on 9th November in Perth – more information will be available on the website this week.

Community Assets & Poverty videos

Videos are now available of presentations from the Community Assets & Poverty seminar, which was jointly organised by CHEX's parent organisation, SCDC, and the Poverty Alliance in May 2012. The event was supported by Health Scotland and featured presentations from Lynne Friedli, Andy Milne and Ian Cooke. It asked: How do we achieve a balance between supporting communities to release their potential, use the assets they have at their disposal, and retain a focus on the root structural causes of problems that many communities and individuals face? To view the videos [click here](#).

“The ALLIANCE” is born

CHEX previously reported back in January ([Issue 201](#)) that changes were in the pipeline for Long Term Conditions Alliance Scotland. Although the changes proposed then did not materialise, the organisation has recently announced that it has changed its name to The Health and Social Care Alliance Scotland (the ALLIANCE). Its statement reads that the organisation's Board wants to look to the future and adapt to the changing policy context and, in doing so, strengthen even further the voice of people who use health and social care support. The name change is central to this, and you can read more about The ALLIANCE and its main work programmes (including the Change Fund, Enhancing the role of the Third Sector) on the organisation's website www.alliance-scotland.org.uk.

UK-wide spotlight for Karibu

Some CHEX readers will have no doubt spotted an article in Monday's Guardian on Glasgow group Karibu, which promotes the confidence, skills and integration of African women. The article picks up on Karibu's recent project involving weaving tartan dress in the group's own chosen colours, soon to be sold in Oxfam. It also highlights the range of services Karibu offers, such as catering, sewing, gardening, ESOL, computing and drop-in services.

Last year Karibu was supported through the Scottish Community Development Centre's ACE (Achieving Community Empowerment) programme to develop its plan to help more African women access employment opportunities. SCDC is CHEX's parent organisation.

Read the Guardian article [online](#) and visit Karibu's own website at <https://sites.google.com/a/karibuscotland.org.uk/home/home/about>

Scottish Government Register of Community Benefit from Renewables

As part of the Scottish Government Community and Renewable Energy Scheme (CARES), Community Energy Scotland is administering the Scottish Government Register of Community Benefits from Renewables. The Community Benefit Register Provides information on the benefits to a community from having renewable energy projects nearby. It helps communities make comparisons with similar developments in other parts of the country to inform negotiations with developers. The Register also details fund spend, and provides ideas and advice for communities looking to ensure their funds are spent wisely.

The Register is open to all - anyone can access the database and find out what is happening across Scotland. It is hoped that this will encourage transparency of schemes and sharing of ideas and experiences. Read more at <http://www.communityenergyscotland.org.uk/register/about>

News from other e-bulletins

CHEX would like to point you in the direction of other e-bulletins relevant to community-led health. Some interesting bulletins this fortnight are:

- [The September e-bulletin from Community Food & Health \(Scotland\)](#) has news about CFHS's latest publication on the impact of cookery courses, 'What's cooking in Scotland? Part Two', as well as all the latest training, news, resources and events in community food and health.
- The Scottish Recovery Network has also issued its September eUpdate with news on the uses of psychiatric drugs in recovery and the usual updates on training, publications, consultations. Click [here](#) for more.
- Issue two of Engage & Inspire, The newsletter of the Change Fund: Enhancing the Role of the Third Sector Programme, is now available. It gives

the latest progress on the aforementioned programme, which is a central resource aimed at providing third sector co-ordination and support at a strategic level to secure effective engagement of the sector in the Reshaping Care for Older People (RCOP) programme, and more widely within the emerging integrated health and social care landscape. Download Engage & Inspire [here](#).

- The latest [Planning & Building](#) newsletter from the Scottish Government covers Scotland's third [National Planning Framework](#), and the engagement programme (see the [consultation section of Snippets](#) for a list of associated events).
- Age UK's most recent [Preventing Falls update](#) is available, with news on Falls Awareness Week, useful resources, seminars and guidelines relating to falls prevention.
- [VHS's current e-bulletin](#) contains news on VHS's new Chief Officer, Claire Stevens, the VHS AGM, consultation news and other information relating to the voluntary health sector.
- [September's Mindroom newsletter](#) provides staff updates, events and individual stories from Mindroom and its members.
- And hot of the press, the latest [CDAS \(Community Development Alliance Scotland\) e-bulletin](#), which is always an informative read!

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Consultations and Surveys

NHS Lothian Homeopathy services consultation

NHS Lothian is considering whether it should pay for homeopathy services. Currently there are three clinics in the Lothians and people are also referred to Glasgow Homeopathy Hospital.

The consultation began on 10 September and will close on 10 November 2012. The consultation document is available on [the NHS Lothian website](#) where there is also a link to an online survey. You can also phone 0131 465 5544 for a hard copy of the document. You can give your views by filling in the survey, sending in your comments or phoning, and the consultation document tells you how to do this. The following public meetings have also been organised across Lothian to discuss the consultation:

- East Lothian Thursday 4 October at 3.00 pm Musselburgh East Community Learning Centre Haddington Rd, Musselburgh , EH21 8JJ
- West Lothian Tuesday 9 October at 10.30 am Howden Park Centre, Howden, Livingston, EH54 6AE
- Midlothian Wednesday 10 October at 6.00 pm Dalkeith Arts Centre, White Hart Street, Dalkeith
- Edinburgh Monday 29 October at 2.30pm NHS Lothian, Waverley Gate, Waterloo Place, Edinburgh EH1 3EG

If you are not able to attend your local meeting, you can come along to another one. They are public meetings so anyone may attend on the day, but it would be helpful to have an idea of numbers so please email homeopathy@nhslothian.scot.nhs.uk or phone 0131 465 5544 to register your name and contact details.

Anti-racism research

Researchers, Create and Prosper, are working on an anti-racism project in the Forth Valley area. The project has two facets:

1. An anonymous interviewing element to catalogue people's experiences with racism.
2. A living memory event highlighting experiences with racism.

C&R would really like to get in touch with anyone interested in participating in the project in one or both ways. They hope both to be able to create empathy and constructive dialogue by highlighting the effects of racism on people's lives, as well as produce research materials for academic and policy related purposes. Please see C&R's website for further information: <http://www.createandprosper.org.uk/>

National Police Consultation Event

West of Scotland Regional Equality Council (WSREC) is holding a consultation event in partnership with the Police Reform Team to provide equality communities an opportunity to have a say in what they value in their local service and any concerns they maybe have.

In April 2013 all the police organisations across Scotland will join together to become a single police service, under one Chief Constable. This is the biggest change to Scottish policing for more than a generation and we want your views to help shape the new organisation. Mr Hanzala Malik MSP (Glasgow Region) will open the event, Deputy Chief Constable, Mr Steve Allen, of the Lothian and Borders Police will explain the police reforms and take your questions.

The event will take place on Thu 11th October, 9.45am-12pm at Hopehill Road Sheltered Complex (Near Arnold Clark Garage) Hopehill Road, Glasgow, G20 7HH. To book a free place at the event please contact our office on 0141 337 6626 or email Janila on: jstanley@wsrec.co.uk

Commissioning Processes in Inverclyde

CVS Inverclyde has been working with Inverclyde Council, Inverclyde CHCP and Social Value Lab to look at how commissioning processes can be improved to ensure that third sector organisations are able to compete on a level playing field and demonstrate the additional value they bring to service delivery - with the intention of ensuring the best possible local services.

As part of this the CVS would like to now involve key people from the third sector in discussions with public sector colleagues aimed at encouraging debate and consideration about how commissioning strategies and processes could be improved to give better outcomes.

If you believe you could contribute to these discussions then please e-mail [Ian Bruce](mailto:Ian.Bruce) to find out more.

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Publications

New bowel screening resource launched for people with learning disabilities and their carers

A new resource pack was launched last week by Bowel Cancer UK, to help people with learning disabilities make informed choices about bowel health and their Scottish bowel screening programme invitation with confidence, and support for their carer.

The 'Bowel Health and Screening' pack, for people aged between 50 and 74, also includes a guide for carers which aims to give them the confidence to discuss good bowel health. The guide recognises the vital role carers play in helping support those they care for make choices about their health on a daily basis. Inside the pack, in addition, is Bowel Cancer UK's Good Bowel Health book and the Scottish National Bowel Screening Programme's Bowel Screening DVD resource.

The Bowel Cancer UK pack will be available online following the launch, please visit www.nhsinform.co.uk/screening. To place an order please email nhs.healthscotland-publications@nhs.net. For general public information about the national programme please visit www.bowelscreening.scot.nhs.uk.

The launch event, at the Abercorn Conference Centre, Paisley, was hosted by NHS Greater Glasgow and Clyde who are also a key partner, along with Scottish Consortium for Learning Disabilities and NHS Health Scotland.

Equally Well Review of Equality Health Data Needs in Scotland

This Review of equality health data needs in Scotland was commissioned to meet recommendation 74 of Equally Well which stated that:

'The Government should commission a review of health data needs which covers gender, ethnicity, age, disability, religion and belief, sexual orientation and transgender identity. The review should be published and include a plan of action with milestones to fill information gaps identified.'

The review is based on an audit of routinely available Scottish data sources and it makes recommendations for data development for improving individual care at the point of delivery, and for providing aggregate analyses of prevalence, access, experience and outcomes, in order to reduce health inequalities. The recommendations have relevance for Health Boards, e-Health, NHS24, Scottish Ambulance Service, Information Services Division, NHS Education Scotland and Health Scotland. Taken together, the recommendations advocate action to:

- establish consistent processes for equality data collection, sharing and use to improve and capture the patient experience
- develop, disseminate and facilitate access to key ethnicity data analyses
- promote increased awareness of the relevance of equality data to patient care, as well as wider infrastructural change

CHEX supports better collection and monitoring of equalities data and therefore welcomes these findings. The report and a supporting data audit are at [The Scottish Public Health Observatory](#). If you would like a hard copy please email your request with your postal address to DebbieMcClaren@nhs.net.

NHS Smoking Cessation Service Statistics

'NHS Smoking Cessation Service Statistics (Scotland) 1st April 2011 to 31st March 2012' is a short report presenting information on quit attempts made with the help of NHS smoking cessation services, and 'self-reported' quits at one month after 'quit date', in Scotland, 1st April 2011 to 31st March 2012 (financial year). It provides supplementary information to the annual monitoring report (calendar year) published

on 29th May 2012. It also allows the smoking cessation HEAT target to be monitored on a financial year basis.

For further details and to download the report see <http://www.scotpho.org.uk/smokingcessationstats201112>.

New GCPH report - Assets in Action

Anyone interested in asset-based approaches should read 'Assets in Action: Illustrating asset based approaches for health improvement'

This new report from Glasgow Centre for Population Health provides 19 extensive case studies of projects using asset-based approaches for health improvement, including many community-led projects. Together, the case studies show that asset-based approaches increase social capital, skills, confidence, aspirations, choice and partnership working.

Anecdotal evidence from the research also points to the economic value of asset-based approaches and one of the report's recommendations is for projects to be supported to use appropriate evaluation frameworks measuring "softer outcomes". To read the report's other recommendations and all 19 case studies, visit the [GCPH website](#) or download the report directly [here](#).

For more resources on asset based approaches visit www.scdc.org.uk/what/assets-scotland/newsandresources/.

Two new CFHS fact sheets

Two new fact sheets are available to download from Community Food and Health Scotland's Publications Library.

- [The value of CFHS 'January Promotion' funding for community food retailers](#) looks at the impact of awarding small amounts of funding for community food retailers. It summarises feedback from 12 of the 15 community food retailers funded by CFHS to run promotional activities in January and February 2012.
- [Considering economic evidence – more food for thought](#) reflects on evidence from community food initiatives that have undertaken the journey to develop economic evidence.

Guide for those working with disabled children and young people

Jointly published by the Scottish Government and Capability Scotland, this guide offers a common-sense practical approach to the assessment of risk in relation to the moving and handling of disabled children and young people.

Download ['The Common-Sense Approach to Moving and Handling of Disabled Children and Young People'](#)

Fuel Poverty Evidence Review

The Fuel Poverty Evidence Review examines issues around the nature and measurement of fuel poverty in Scotland. It draws on data from the Scottish House Condition Survey (SHCS) as well as the wider evidence base including the John Hills' Review of fuel poverty. [Read the full report](#)

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Funding

CSGN Community Projects Fund Launched

The Central Scotland Green Network Community Projects Fund 2012/13 was launched on Friday 28th September. This fund will allow community groups to bid for up to £2000 to:

- Deliver green network improvements on the ground and/or
- Increase community use of green networks and/or
- Increase community involvement in the maintenance and enhancement of green networks locally.

The deadline for applications is 2nd November and projects must be completed by the end of March 2013.

[Visit the CSGN website for more information or to complete an application form.](#)

People's Postcode Trust small grants programme

The People's Postcode Trust has announced that its small grants programme will re-open for applications on the 8th October 2012. The People's Postcode Trust offers grants of between £500 and £10,000 to small organisations and community groups for projects lasting up to 3 months in the areas of:

- Poverty Prevention
- Advancement of Health
- Community Development
- Public Sports
- Human Rights
- Environmental Protection

All community groups, sports clubs and registered charities are invited to apply for funding from £500 up to £2,000. Registered charities can apply for up to £10,000 (£5,000 in Wales). The deadline for all applications will be the 9th November 2012. Find out more [here](#).

Bank of Scotland Foundation Small Grants Programme

The [Bank of Scotland Foundation Small Grants Programme](#) accepts applications up to and including £20,000 from charities registered in Scotland. The Foundation focuses its investment strategy around two themes: Developing and improving local communities; and financial literacy and financial inclusion. Deadline for applications: 15th October 2012.

Strengthening Disabled People's User-Led Organisations Programme

This £3 million fund to help strengthen and make grassroots organisations for disabled people more sustainable has now been extended to Scotland and Wales. The fund is designed for Disabled Peoples User Led Organisations (DPULOs) to bid for modest amounts of money to fund specific projects. The aim of this fund is to improve sustainability and DPULOs are welcome to use it creatively. There is no deadline for applications - it is an open, rolling process. Visit <http://odi.dwp.gov.uk/odi-projects/user-led-organisations.php> for more information.

Voluntary Action Fund Community Grant

The Community Grant Fund is aimed at community-based, volunteer-led groups. Groups can apply for grants of up to £1,000 and to apply you must have:

- A constitution and bank account
- An annual income of less than £25,000

- An independent referee
- Not have received a VAF Community Grant or Community Chest Grant within the past 12 months.

Groups can apply for funding for a wide range of activities or operational costs. VAF is particularly keen to fund activities that will help build and develop strong organisations, including; training for committee members and volunteers; visits to other organisations and conferences or professional support and consultancy.

Groups that work in one or more of the following areas will be considered priorities:

- With health or disability issues
- With people excluded due to ethnic origin, gender or sexual orientation
- With families and young people
- With older people
- in the local authority areas of Dundee City, Glasgow City, Inverclyde, North Ayrshire, North Lanarkshire, West Dunbartonshire, although we welcome applications from across Scotland.

For any further information, please get in touch with [Kate Robinson](#) or [Valerie Carson](#) of the Voluntary Action Fund (tel. 01383 630 780). You can also download relevant forms from http://www.voluntaryactionfund.org.uk/5,1356/grants/community_grants/. The final deadline for the Voluntary Action Fund's Community Grants Programme is 14th January 2013.

Inverclyde Tobacco Prevention Fund

Inverclyde Tobacco Prevention Fund is now open for applications for grants up to £1000. For information and an application form or forms email [Alexis Hood](#) or call the CVS Inverclyde office on 01475 711733.

Shell UK funds for Aberdeenshire

The [Shell Community Awards Fund](#) is a small grants programme for community groups and small charities that are working in the Aberdeen city/Aberdeenshire area. The focus of the fund is projects that work in the areas of education, safety, environment and social inclusion. Applications to this programme are through the Scottish Community Foundation Express Grants programme.

Shell UK also offers the Shell Community IT Support fund, another small grant programme supporting community groups and charities to purchase IT equipment. Applications can be made for up to £2000 and should be made, once again, through the Express Grants programme.

There is no set deadline for applications as the express grants fund is a rolling programme with an approximate 6 week turn around for decisions. If you would like any further information on the funds, call 0141 341 4960 or e-mail: grants@scottishcf.org.

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Events

Scottish Mental Health Arts and Film Festival. (Across Scotland)

The Scottish Mental Health Arts and Film Festival has announced its nation-wide programme of events taking place from 1 - 24 October 2012. The theme this year is

'walk in my shoes', consisting of theatre, film, music, workshops, exhibitions, video-gaming, a community opera and a bipolar circus, with events taking place the length and breadth of Scotland.

Musicians Douglas T Stewart (BMX Bandits) and Malcolm Middleton (ex-Arab Strap) were involved in creating this year's programme, along with writers Alan Bisset, Christopher Brookmyre and Rodge Glass.

Highlights of the Festival include touring theatre productions Piece of Mind, a captivating dance theatre work expressing life as a bipolar young person, and Box of Frogs, a high-octane 'bipolar circus' showcasing circus skills. Scotland's comedy favourite, Susan Morrison, will also be on the road, leading a group of fellow stand-ups around various venues. SMHAFF favourites, The Fruit Tree Foundation, return with Music Like A Vitamin in Edinburgh and Scottish Opera and Shelter Support Services present a one-off performance in Glasgow of a new community opera written and performed by families affected by homelessness.

Tickets are on sale now. Find out more about what's happening in your area at <http://www.mhfestival.com>

Mens Badminton Group (Edinburgh)

Health all Round are running Men's Badminton sessions at [North Merchiston Club](#) in Edinburgh on Thursdays 12-2pm. Sessions cost £2 to attend and all levels are welcome. These social, fun, games of badminton should be suitable for those who are looking for fun ways to get more active. Contact—Alan or Callum on 0131 537 7530.

Voluntary Health Scotland AGM (Edinburgh)

VHS's AGM takes place on Thu 15th Nov at 4pm in Edinburgh. Dr Margaret Whoriskey, Director of the Joint Improvement Team, will be the keynote speaker at this year's VHS AGM. Dr Whoriskey will talk about the achievements and challenges in moving Scotland towards world-class health, housing and social care. The venue has yet to be announced. Read more [here](#).

NHS Health Scotland's Non-Ministerial Annual Review (Glasgow)

NHS Health Scotland's Non-Ministerial Annual Review takes place on Thursday 11 October 2012, 10.00 am–12.15 pm, at Hampden Park, Glasgow. The Annual Review will be chaired by Margaret Burns CBE, Chair, NHS Health Scotland, and will be led by a panel of stakeholders from a range of agencies and sectors across Scotland.

Members of the public are invited to attend our Review and ask questions in the open Q&A session. Questions cannot be submitted in advance of the Annual Review. The Review will also be available to view live via webcast at www.nhshsannualreview.metrostreaming.com. A video recording will also be available on the NHS Health Scotland website. If you plan to come along, and have any access needs, please contact Gemma Mills on 0131 536 8790 or email nhs.healthscotland-events@nhs.net

Therapeutic and Community Garden Networking Event (Kinross)

Taking place on Wed 24th October at Church Centre, 64 High Street, Kinross KY13 8AJ, this event is a chance for anyone interested in therapeutic gardening to meet with other likeminded people to exchange ideas and good practice. The event runs from 9.45am - 2.30pm and includes a visit to the [Kinross Potager Garden](#) to learn about their work with local children and share ideas. Lunch will cost £5. Please book by 19th October to ensure your place. Contact Trellis on 01738 624348 or find a

booking form online at <http://www.trellisscotland.org.uk>

World Mental Health Day (West Dunbartonshire)

Stepping Stones and the West Dunbartonshire Mental Health Forum plan to run a series of events across West Dunbartonshire for World Mental Health Day on the 10th October to highlight the need for open discussion of mental health problems and continuing investment in mental health services.

This year the theme for the day is “Depression: A Global Crisis” based on the fact that although depression affects more than 350 million people access to treatment is a problem in most countries .

Stepping Stones will be giving a presentation in the Clyde Shopping Centre on Wednesday, 10th October from 9.30am. West Dunbartonshire Mental Health Forum will be running a conference in the Dalreoch Community Church Hall.

Stepping Stones will also be holding a free WRAP awareness session within Clyde House of the Clyde Shopping Centre between 1pm and 2pm. The session will give a general overview of what is involved in developing your own WRAP. In particular the areas covered will be;

- Wellness tools
- Establishing a daily maintenance plan
- The five key recovery concepts

If you are interested in these events please phone Stepping Stones on 0141 941 2929 or book your place (for the WRAP session) by contacting admin@stepstones.org.uk. Information about Stepping Stones and WRAP can be gained by visiting www.stepstones.org.uk and <http://www.mentalhealthrecovery.com/about/>. A map of the venue can be accessed by clicking on this [link](#).

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Conferences and Seminars

Make Self Directed Support Work For You Conference (Aberdeen)

This event is for providers, carers, parents, people who receive support and community partners, and aims to show how SDS can allow people to have much more choice and control in all areas of their life by directing their own support. The event will begin at 9.00am and end at 16.30pm on Tuesday 16th October 2012 at Menzies Hotel, Aberdeen. The conference will contain workshop planning sessions and participants can opt into in depth planning sessions by progressing on to Master Classes.

One Parent Families Scotland AGM and conference (Dundee)

OPFS's AGM and Conference takes place on Friday 16th November at Steps Theatre, Central Library, Dundee. Entitled 'Positive Beginnings - OPFS, the Catalyst for Positive Change'. The keynote speaker is Dr. Suzanne Zeedyk. See the [OPFS website](#) for more details, where more information on booking will be posted shortly.

Scottish Smoking Cessation Conference 2012 (Edinburgh)

This annual event will provide a motivating and inspiring day for those working in the field of cessation and prevention to share good practice and to debate some of the key challenges and solutions in continuing to reduce smoking prevalence in Scotland. The conference will provide an opportunity to network with colleagues, hear about the latest developments in tobacco and practice. Emphasis will be put on the importance of working in partnership to deliver effective services.

The conference is at Dynamic Earth, Holyrood Road, Edinburgh EH8 8AS on Tuesday 20th November 2012. Delegates are invited to submit abstracts for parallel sessions and poster presentations. Please contact Jane Oliver for further information, janeoliver1@nhs.net.

Learning Link Scotland National Conference 2012 (Edinburgh)

The Learning Link National Conference is taking place on the on the 1st November at the Hilton Grosvenor Edinburgh. It should provide the opportunity to hear from Keynote Speakers, attend informative seminar sessions and network with colleagues. There will be cafe-style round table discussions and also a look at the new CLD Strategic Guidance. Download the conference flyer [here](#) to find out more, including information on costs, discounts and how to book.

Diabetes and Cardiovascular Disease (Glasgow)

This conference brings together leading experts who will keep you up-to-date with the latest evidence, knowledge and best practice relating to Diabetes and Cardiovascular Disease. Taking place on Thursday 8th November 2012, Teacher Building Glasgow, the conference offers the opportunity to:

- update your knowledge and hear the latest evidence and guidelines
- gain practical information and take home messages which you can implement in your work setting
- share and exchange ideas and to network
- hear expert speakers and get all your questions answered
- collect a Certificate of Attendance

To download a leaflet and for further information: www.medicacpd.com or telephone 0141 270 8097

The Gathering 2013 (Glasgow)

The Gathering is Scotland's largest national event for third sector organisations and is organised by SCVO (Scottish Council for Voluntary Organisations). Next year's event will take place on 27th and 28th of February 2013 at the Scottish Exhibition and Conference Centre in Glasgow. Free to attend, it offers an exhibition and marketplace with over 120 exhibitors as well as an events programme of over 50 workshops and seminars.

Visit [The Gathering website](#) for more information on next year's event.

Fostering Understanding, Reducing Prejudice and Setting Equality Outcomes (Glasgow)

This half day seminar organised by the [Equality and Human Rights Commission Scotland](#) (EHRC) will explore the issues of the third element of the general duty of the public sector equality duty (PSED) with regard to good relations. It will also launch EHRC Scotland's commissioned report 'Good Relations in Scotland - Key findings from case study research'.

The event takes place on 8th November 2012, at City Halls, Glasgow. Speakers will

include Professor Stephen Reicher from St Andrews University, Ali Jarvis, co-author of the report, and Chris Oswald, Head of Policy at the EHRC, with regards to setting equality outcomes. There will also be insights from case studies, a panel discussion and a networking lunch.

The seminar is primarily aimed at public sector officers who work at a strategic level, who are involved in policy development and who are involved in setting equality outcomes or in community safety. Community development or voluntary sector workers may also find this seminar useful and informative in how they can influence public policy. If you are not sure if you should attend, call or email Douglas Guest to discuss (0141 228 5974).

Please send bookings to <mailto:equalityactscotland@equalityhumanrights.com> including your name, organisation and any requirements you may have including communication support, access or dietary requirements. Places are limited, and offered on a first come first served basis.

North Alliance Conference (Nairn)

The North Alliance Conference 2012 will take place on the 30th and 31st October at Nairn Community & Arts Centre. This event is for CLD practitioners from the voluntary sector and aims to provide an opportunity to share practice across the north of Scotland, celebrate the success of the North Alliance and see community work in practice. For more information, download the [programme and booking form](#) or contact: info@devlinbeattie.co.uk

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Training

Action Learning for CLD (Various locations)

As part of a planned approach to support local upskilling and Continuing Professional Development activities within Community Learning and Development, Education Scotland is offering an opportunity to train to become an action learning facilitator. If you use facilitation in your work in any way for the purpose of supporting people in their learning, or in developing their role in the community, action learning is a valuable tool to add to your portfolio. The training programme will cover:

- The principles and conventions of action learning
- Setting up new sets
- The skills of facilitation
- Enabling sets to become self-facilitating
- Alternative models of action learning

Participants are invited from across the spectrum of Community Learning and Development practitioners in the public and voluntary sectors. Following the 1 day course participants will be given the opportunity to take their learning into their workplace and mentoring support will be given via a follow up meeting 6-8 weeks after the CPD event.

To maximise access to this training, four events will be available across Scotland:

- 8th Nov Perth Queens hotel
- 15th Nov Glasgow Venue TBC
- 22nd Nov Nairn Newton Hotel

- 29th Nov Edinburgh Jurys

Booking arrangements: Please fill in this [survey monkey form](#) to book a place. For further information please contact Mandy.toogood@educationscotland.gov.uk

New training programme for charities and community groups (Aberdeen)

Local charity ACVO (Aberdeen Council of Voluntary Organisations) last week unveiled a new range of fundraising and development courses aimed at local charities and community groups.

The fourteen modules, which come under the heading Aberdeen Impact Learning, will cover topics such as fundraising, working with corporate sponsors, supervisory skills and procurement. The courses run between October 2012 and April 2013 and offer training at a variety of levels, whether for brand new charity fundraisers or experienced CEOs looking to win contracts for their work.

The courses are priced to be affordable to even the smallest of community groups and are expected to book up quickly. For further information contact Alison Chandler at ACVO at funding@acvo.org.uk or 01224 686051.

WRAP in Grampian area (Aberdeen and Aberdeenshire and Moray)

Scottish Recovery Network are planning to deliver a 3 day Level 1 WRAP (Wellness Recovery Action Planning) training event in the Grampian area. The aim is to increase awareness, understanding and access to WRAP for people with mental health problems. This course will skill up a group of people to not only complete their own WRAP but also to take it back to their communities and organisations. There will also be the opportunity for a number of those taking part in the Level 1 course to become a trained WRAP facilitator as we will be running WRAP Facilitator (Level 2) training in the North East in 2013. This would mean that they would be trained and supported to plan and deliver further Level 1 WRAP courses in the area.

Wellness Recovery Action Planning (WRAP) is a 'self-management' tool used in many countries around the world to help individuals take more control over their own wellbeing and recovery. It emphasises that people are the experts in their own experience and is based on the premise that there are no limits to recovery. Ideally WRAP takes place in a group (peer) setting and in the community.

SRN are currently working to identify people and organisations in the Grampian area who may be interested and/or want to get involved in this work in some way such as identifying possible participants and having venues which could be used for this training or further WRAP training.

Any interested groups or organisations should contact Louise.Christie@scottishrecovery.net

REHIS Elementary Food and Health course (Dingwall)

The Royal Environmental Health Institute of Scotland's (REHIS) Elementary Food and Health course provides participants with a basic knowledge of the link between diet and health. This one-day course on 22 October is being run by Community Food and Health (Scotland).

Applications are particularly welcome from staff and volunteers from community and voluntary organisation working with, or supporting others working with, children aged 0-8. The course is fully funded by CFHS. [Please click here for more information and booking form.](#)

Involvement Training Tutor Training (Dundee and Dumfries)

Youth Scotland's Involvement Training programme develops young people as leaders in their own communities. The first stage in the Involvement Training programme is a one day tutor training course for workers. This training will introduce workers to the Involvement Training programme, and equip you with the knowledge and skills to support young people to deliver Stage 1 of the programme.

The training will run in Dundee on the 24th October and Dumfries on 16th November. It is aimed at Youth workers (paid or voluntary) that are supporting a group of young people who would benefit from taking part in the Involvement Training programme. The training costs £50 per worker for Youth Scotland member groups £75 per worker for non-member groups. [Book your place here.](#)

Understanding Social Enterprise (Edinburgh)

From Community Food and Health Scotland, Understanding Social Enterprise takes place on Friday 19 October, Re-union canal boat, Edinburgh, and is aimed at community food initiatives that want to learn more about social enterprise and the potential it offers. Participants will have the opportunity to explore this dynamic business model and discover opportunities for their organisation. There will also be an input from a successful social enterprise. The course is being delivered by the Social Enterprise Academy. Twelve places are available and places are fully funded. The costs of delivering the course are being part-funded by the Social Enterprise Academy. The closing date for applications is Monday 8 October. Click [here](#) to download the flyer and booking form.

CSL Training dates (Edinburgh, Glasgow and Lochgilphead)

CSL is offering the following training from October to December:

- Assertiveness Skills – Glasgow 11th December
- Dealing with Conflict – Glasgow 18th October, Lochgilphead 20th November and Edinburgh 4th December
- Dealing with Self harm – Edinburgh, 26th September
- Managing Aggressive Behaviour – Edinburgh, 8th November
- Mental Health Awareness –Lochgilphead, 24th October, Edinburgh 7th November
- Motivating Staff and Overcoming Difficulties – Edinburgh 16th October, Lochgilphead 6th December
- Participation Skills – Glasgow, 13th November

Places cost £120 per person. To book a place contact Charlotte Lee on 01546 510209 or charlotte.lee2@btinternet.com. Find out more on [CSL's facebook page](#).

Customer Care (Glasgow)

Community Food and Health (Scotland) is running another Customer Care course, on 9 November, in Glasgow. It is aimed at community food groups, and is ideal for staff and volunteers involved in community cafes, fruit and veg co-ops or fruit barras. The course is being run in partnership with the Marie Trust. Spaces are also still available for the following : Understanding Social Enterprise, 19 October, 10 am – 4 pm, in Edinburgh; Scottish Grocers Federation's Healthy Living Programme 'Training the Trainers', 25 October, 10 am – 1 pm, in Bathgate; Introduction to Policy, 13 December (please note change of date), 10 am – 3 pm, in Glasgow. More details and application forms are available on www.communityfoodandhealth.org.uk, or contact Anne on anne.gibson@consumerfocus.org.uk.

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Vacancies

Employability Advisor (Aberdeen)

The Scottish Association for Mental Health (SAMH) require an Employability Advisor (£17,874 - £19,830) to work on its Employability Programme. The post will involve travel across various locations in Aberdeenshire a full driving licence so access to your own transport is essential. You can find out more at <http://www.goodmoves.org.uk/jobs/11720> and if you would like to discuss this role further before applying please contact our Service Manager, Oxana MacGregor-Gunn on 07711389680 or oxana.macgregor-gunn@samh.org.uk. Application packs are available from www.samh.org.uk. Closing date: Friday 12 October 2012 at 12 noon.

Development Officer (Banchory)

Volunteer Centre Aberdeenshire (VCA) has a vacancy for a Development Officer in Marr for 14 hours a week, ideally to be based in VCA's Banchory office (but this is open to discussion). You must have experience of working with a wide range of people, knowledge of volunteering and the voluntary and community sector and ideally experience of conducting and participating in meetings, forums and networks. You must have excellent and confident communication and presentation skills. The job involves travelling within Aberdeenshire, with occasional travel out with the area. Working times can be arranged to suit and the pro rata to the full time equivalent of £22,500 p.a. Please send your CV to the Manager, Vivienne Tegg at vivienne.tegg@vcaberdeenshire.org.uk or ring Vivienne on 01651 891922 if you would like to discuss this opportunity before applying.

Mental Health Development Worker (East Renfrewshire)

RAMH is seeking a Development Worker (18.75 hours weekly, £19,601 - £21,508 per annum pro-rata) to support the Development Manager by practical involvement and representation in service consultation, planning and review. The post will support individuals who use services in East Renfrewshire by acting as a dedicated focal point for information and consultation. Direct experience of working closely with services is essential as is an understanding of current mental health strategy and excellent communication and organisational skills.

For more information contact Stephen McLellan, Chief Executive on 0141 847 8900. Application packs can be obtained by telephoning the RAMH Recruitment line on: 0141 847 8910 and quoting the reference no. 295. Closing date: Friday 12th October 2012 at 12 noon.

Youth Scotland Posts (Edinburgh)

Youth Scotland are recruiting a Quality Standards Manager (£31,968 to £33,813 pro rata) and a Girls on the Move Development Worker (£24,903 to £28,866 pro rata).

These posts are both based in Edinburgh. The ability to travel and to work evenings and weekends is essential. The closing date for applications is 12 noon on Monday 15th October 2012. Interviews will be held on Monday 22nd October for the post of Girls on the Move Development Worker and on Thursday 25th October for the post of Quality Standards Manager. Interviews will be held in Edinburgh.

Visit the Vacancies section of our website for an information pack or contact Youth

Scotland, Balfour House, 19 Bonnington Grove, Edinburgh EH6 4BL, Tel: 0131 554 2561, email: office@youthscotland.org.uk to discuss any aspect of the posts.

Development Manager (Edinburgh)

Learning Link Scotland is looking for a Development Manager (Full Time circa £26K - £28K) to create new opportunities for adult learning organisations across Scotland. The role requires someone who can shine a light on the amazing work they do to support people and communities who want to change their lives through learning.

Application Pack:

- [Job Advert](#)
- [Job Description](#)
- [Application Form](#)

Please submit your completed application form to Nicola Macvean at: nmacvean@learninglinkscotland.org.uk or by post to: Learning Link Scotland, Suite 6, 2 Commercial Street, Edinburgh, EH6 6JA, Telephone: 0131 553 7992. The **closing date** for applications is **15th October**, with interviews on 24th October 2012.

Finance Assistant (Glasgow)

Glasgow Centre for Inclusive Living seeks a Finance Assistant (21 hrs a week, £15,063 - £17,877 pa).

Working as part of a small team you will be responsible for the accurate processing and recording of GCIL's financial transactions and payrolls under the supervision of the Finance Manager. The successful applicant will have full and verifiable experience gained in a similar post; excellent financial administration skills and ideally, have a recognised financial qualification, such as HNC Accountancy.

This post will be located at GCIL's office in Bridgeton, Glasgow. Closing date for applications: Wednesday 17th October 2012. For further information and an application pack, please visit <http://www.gcil.org.uk> or write, fax or email to: Human Resources, GCIL, 117-127 Brook Street, Glasgow, G40 3AP. Fax: 0141 550 4858. Email: recruitment@gcil.org.uk. Please quote the reference number (Ref: FA/12) and state whether you want a hard copy or email pack.

Board Members (Grampian)

Gay Men's Health, a charity which aims to promote the better health and wellbeing of all gay and bisexual men in Scotland, is seeking to recruit new board members who are based within the Grampian area who can help to provide strategic vision and governance for the organisation. This is a voluntary post, although travel expenses will be reimbursed.

If you have the enthusiasm coupled with relevant skills or experience then please contact Gay Men's Health to download a Board member role profile at <http://www.gmh.org.uk/recruitment> or call 0141 552 0112 or e-mail recruitment@gmh.org.uk. GMH are committed to equality and diversity and particularly welcome applications from people living with HIV.

Offenders Support Worker (Midlothian)

Mid And East Lothian Drugs (MELD) is advertising for an Offenders Support Worker, 17.5 hrs per week - Funded until 31st March 13 (Continuation of funding applied for) Salary: £16,818 - £17,991 pro rata. The postholder will offer practical support to offending clients who have substance misuse issues and live in Midlothian

A relevant qualification, experience of working with clients who have difficulties with

substance misuse, an ability to work in a flexible manner and adhere to a harm reduction approach, a full driving licence and own transport is essential criteria for the post.

For an application form and job description please contact MELD on: Tel: 0131 660 3566 or email: lindabernard@meld-drugs.org.uk. Closing date: Friday 12th October 2012 at noon. Interviews will be held on: Friday 2nd November 2012

Project Coordinator (Stanley, Perth & Kinross)

Stanley Development Trust is recruiting for the post of Project Coordinator (18 hours per week, £21,111 pro-rata) to take a leading role in the establishment of a pioneering project aimed at enhancing the wellbeing of residents of the Perthshire village of Stanley. The successful applicant will establish a local Time Bank and also a volunteer Befriending & Mentoring Service to support individuals at risk of social isolation, including those whose lifestyle or conduct gives rise to problems for themselves or others.

To apply please visit <http://www.goodmoves.org.uk/jobs/11698>. Closing Date: 26 October 2012.

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Websites

Informing parents of the harms of second hand smoke in the home

Leading health charity ASH Scotland has partnered with the Universities of Aberdeen and Edinburgh to pioneer a ground-breaking approach to working with parents who smoke in the home. The REFRESH partnership aims to inform and support parents on how to keep their children safe from cigarette smoke.

Providing information on smoke levels in the home, and how smoking affects their child's health, REFRESH helps parents and carers to make simple changes that can have a positive impact on their families' health. For more information visit: www.refreshproject.org.uk.

Info 4 Care Kids

English based Social Care Institute for Excellence have launched a new website called **Info 4 Care Kids**. The website helps looked after children and young people understand their rights and entitlements while they are in care. It includes first-hand experiences and presents animated information on key topics, such as health, education, changing placements, keeping in touch, identity and moving to independence. Link to the website www.info4carekids.org.uk

SCIE developed the resource following the publication of the NICE/ SCIE recommendations on the *Health and wellbeing of looked after children* (October 2010). The organisation worked with looked after children and care leavers to produce a resource which would translate the recommendations into something children and young people would understand and find useful.

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Campaigns

EU Money for Poverty Reduction NOW!

In 2010 European Governments agreed a target to reduce poverty by 20 million by 2020. The European Anti-Poverty Network (EAPN) is campaigning to ensure that Member States take the actions needed to ensure that they meet this very modest target. One of its goals is to have 20% of the European Social Fund targeted on poverty reduction. As negotiations over the future of the European Cohesion Budget continue EAPN are campaigning to apply pressure to ensure that Governments agree to commit to spend on EU money on poverty reduction.

Sign the EAPN petition by following [this link](#), which should only take a minute. Click on the link for more information about the work of the [European Anti- Poverty Network](#)

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