



Issue No 217, 13<sup>th</sup> September 2012

**Hello, and welcome to the latest issue of CHEX-Point Snippets.** In addition to the latest news and information relating to community-led health, this issue of Snippets features an update from CHEX network organisation Health All Round. **If you would like to be mentioned in Snippets please send us your own news from your work locally.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit [www.chex.org.uk/subscribe/](http://www.chex.org.uk/subscribe/)

The next issue of Snippets will be **Thursday 4<sup>th</sup> October** so please send anything you would like to be included before Tuesday 2<sup>nd</sup>. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to [andrew@scdc.org.uk](mailto:andrew@scdc.org.uk) or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and compiled by Andrew Paterson. Thanks to all contributors to this edition.

Regards  
Andrew Paterson  
Policy and Research Officer, Scottish Community Development Centre

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## **CHEX News**

### **Sign up to CHEX database**

We have previously mentioned the launch of the CHEX online Community-led health database. The database allows you to search for projects by area, topic and target group, and provide you with the information you need to contact community-led health organisations in your area. You can have a shot of the database by visiting <http://www.chex.org.uk/project-search/>

It is free to be listed on the database and also to use it! An added benefit of being listed is that you will automatically receive CHEX and community-led health updates as part of the CHEX network. As part of the network, you may even want to send us updates to put in the CHEX News section of Snippets (see, for instance, the following article on Health All Round)

The database currently has 70 entries, and we are keen to ensure that we have a true representation of the breadth of community-led health activity across Scotland. If you are a community-led organisation working to address health inequalities, then get in touch, and we will tell you how you can be included.

Email Olivia Hanley at [olivia@scdc.org.uk](mailto:olivia@scdc.org.uk) for sign up information.

### **A New Home for Health All Round**

CHEX Network member, Health All Round is celebrating the opening of its new premises at 24 Westfield Avenue, Edinburgh EH11 2QH on Monday 24th September @ 11am. The event will be hosted by The Rt Hon Donald Wilson, Lord Provost of the City of Edinburgh, and refreshments will be served afterwards. Health All Round staff will be on hand to give you a guided tour around their new facility.

Health All Round is a community health project which aims to meet the health needs of the whole community through individual work and bringing people together to support one another to lead a healthier, happier life. It will operate from the new premises from the 24<sup>th</sup> September onwards although the Health All Round [email](#) and website will remain the same. Read more about Health All Round at [www.healthallround.org.uk](http://www.healthallround.org.uk).

### **HIIC Tutor network meeting in West Lothian a success**

The first HIIC Tutor network meeting for tutors in South East and Central Scotland was held on Friday 3<sup>rd</sup> August. Reports from the meeting are that it was enjoyable, with lots of interesting and lively discussion. During the meeting the group spoke about promotional materials that can be used to promote the course, including materials recently developed by CHEX that can be used to promote HIIC. These can be accessed here: <http://www.chex.org.uk/what-we-do/training-development-support/hiic/hiic-promotional-material/>.

The group agreed that it would like to schedule a further meeting and has agreed to

meet again on Friday 2<sup>nd</sup> November from 9.45am-11.45am, in Rooms 2 & 3 at Strathbrock Partnership Centre, 189a West Main Street, Broxburn EH52 5LH.

The focus of the next meeting will be on 'recruitment methods' and 'funding options'. All local HIIC tutors are invited to come along and share in the discussion on these topics. If you know of a HIIC tutor in the area who is not on the mailing list, please pass this information along to them. The HIIC network invites you to bring with you to the meeting any information that may be useful to other tutors, such as promotional materials, recruitment or funding tips. Please contact Laura Dunkel on 01506 775626 or [laura.dunkel@westlothian.gov.uk](mailto:laura.dunkel@westlothian.gov.uk) for further information or to advise if you would like to come along.

Note: The above network is for HIIC tutors in South East and Central Scotland and is independent from CHEX.

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## General Information

### **3rd Sector Early Intervention Fund – tendering process announced**

AS mentioned in Snippets previously, the Scottish Government has been consulting around the winding down of Unified Voluntary Sector Fund, CLD HQ Funds and Early Years Early Action Fund, which will come to an end at the end of this current financial year (2012-13).

One of the recommendations from the group set up to review this fund was to consider how best to align funds to improve outcomes for Scotland's children, families and communities and to support the Scottish Government's commitment to prevention and early intervention.

A new £20 million third sector early intervention fund will come on stream in 2013-14 and the criteria for this are currently being considered. This new fund will be open to voluntary groups working with children, young people and their families and communities.

The Scottish Government is currently inviting tenders for the management of the Third Sector Early Intervention Fund. The advertisement is on the Scottish Government procurement website Public Contracts Scotland. <http://www.publiccontractsscotland.gov.uk/>. Organisations interested in tendering will need to register on the site and will then receive alerts for contracts for their area of interest.

### **Evaluation support package from CFHS**

Community Food and Health (Scotland) has launched an evaluation support package for community organisations working with food and mental health and wellbeing. Places are now available on this free support package for community organisations designed to build capacity to evaluate the impact of work involving food, mental health and wellbeing. The package will include

- Four days fully funded input from experts in the field
- On-going support from CFHS over 12 months to implement what you learn including a small amount of funding to cover case study development.
- All training fees, venues costs and a contribution to reasonable travel costs if

required.

Full details of the package together with a programme and application form are available [here](#). The closing date for applications is **Friday 12 October 2012**

### **Sporting LEAPs for LGBT people in Scotland**

As part of [the Commonwealth Games Legacy Programme](#), CHEX's parent organisation, SCDC, has been working with community organisations across Scotland to support them to use the Games as a catalyst for building on their work to develop activities and projects that involve local people, increase local community action and support the achievement of better health and social outcomes.

SCDC's latest spotlight project features LEAP Sports, an organisation championing equality and inclusion for all within sports and outdoor activity across Scotland. As part of the Legacy for Communities programme, SCDC has supported LEAP Sports to engage with national LGBT/sports agencies and local LGBT sports clubs to take their work forward and to challenge the negative attitudes that exist within mainstream sports and sporting competitions that perpetuate negative stereotypes of LGBT people. [Click here to read the full spotlight article](#).

### **The Wishaw Guitar Club**

The Wishaw Guitar Club is a unique club that unites, informs, and supports guitarists, singers and music enthusiasts. The aim of the Club is to combat social isolation in an informal setting by learning and sharing knowledge about playing guitar. Through the North Lanarkshire Connections Project, the club is hoping to encourage players of all standards to realise their potential and to promote the guitar in the wider community. Wishaw Guitar Club would like to invite singers to join it to enhance the group and to facilitate performances.

A nice feature is that the club have a [webpage](#) where you can take a look at the guitars you can use there. The club is currently recruiting for the next group, and urge anyone interested in learning how to play guitar or developing their singing skills to contact Kamil Tomzik at Voluntary Action North Lanarkshire at [Kamil.Tomzik@vanl.co.uk](mailto:Kamil.Tomzik@vanl.co.uk) or 01698 358866.

### **News from other e-bulletins**

CHEX would like to point you in the direction of other e-bulletins relevant to community-led health. Some interesting bulletins this fortnight are:

- [September's bulletin from Community Development Alliance Scotland](#) (CDAS). This month there is a piece on the new Mental Health Strategy for Scotland, updates on activity and opinions around the Community Empowerment and Renewal Bill, news on the dissolution of the community development network CDX and links to new reports on [climate change](#), [the social value of pubs](#) and how [digital technology can empower communities](#). There is also plenty of other news related to community development and community-led health.
- Read the [September issue of E-Connect](#), a bulletin for participation practitioners from the Scottish Health Council, for updates on research, policy and practice in this area
- [SCVO's latest update](#) concerns the rising number of small charities in Scotland who are spending more than they earn and dipping into their reserves.

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## Consultations and Surveys

### **Proposed Living Wage (Scotland) Bill**

This consultation is currently on the [Scottish Parliament Website](#) and is a proposal for a Bill to (a) require private sector employees working on public sector contracts to be paid the Living Wage; and/or (b) require the Scottish Ministers to prepare and report to the Parliament on a strategic plan to promote the Living Wage. Download the [consultation document \(396KB pdf\)](#). Closing date for consultation 3 December 2012

### **Survey on commissioning research and evaluation**

Ruthless Research ([www.ruthlessresearch.co.uk](http://www.ruthlessresearch.co.uk)) is conducting a survey for people who work for not-for-profit organisations about the experience of commissioning research and evaluation services. Ruthless Research consultant, Ruth Stevenson tells us it doesn't matter how much you know about this process or whether you have done it before, that the survey should only take five minutes or so to complete and your input would be much appreciated.

Find the survey here: <https://www.surveymonkey.com/s/RCSSn>

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## Publications

### **Evaluation of Growing Community Assets**

The Big Lottery Fund's Growing Community Assets (GCA) programme [Year 4 report](#) confirms that GCA projects are having a positive impact on the quality of life of individuals and communities by bringing them together. The five year independent evaluation of the project found that Elderly people seem to be benefiting in particular. Two thirds of the users surveyed across the programme said projects had made a 'big difference' to their quality of life and 89% said projects had made a similar difference to their communities as a whole.

The report also shows the benefits and challenges of the community ownership of assets, as well as the factors that contribute to a successful community ownership project. One of the biggest challenges faced by GCA projects is maintaining community involvement and engagement. Surveys show that while an average of 94% of users feel community ownership is 'a good thing', only 12% want to be involved in running an asset or making decisions about it.

See the [funding section](#) below for more information about the programme.

### **Report on reaching most deprived groups**

A report from Heriot-Watt University suggests policies to tackle poverty in Scotland don't always benefit some of the people who are most in need of support. The research points out that there is not always a link between the most deprived places and the people most in poverty. It shows that even though many of those experiencing the greatest poverty do live in the most deprived areas, policies which target particular areas, or 'place based policies', do not always benefit everyone

equally.

CHEX agrees that this is something that ought to be considered, particularly when thinking about people from equalities groups who experience poverty but who quite often do not live in the most deprived areas. There are many reasons to advocate place-based approaches, not least because they take account of many different local factors affecting poverty. However, it is always good to think about who might be missed when working in this way.

Read more about the research [here](#) and download the report in word format [here](#).

### **Self Management Development Fund**

Long Term Conditions Alliance Scotland have published a report on the work of the Self Management Fund, showing that the projects supported through the Fund contribute directly to community development and community empowerment. The report contains 5 case studies from projects supported by the fund, which help to show the impact this work has on developing capacity, partnerships, sustainability and opportunities. [Download the report here.](#)

### **Evaluation of Integrated Resource Framework Test Sites**

This report presents the findings of an evaluation of the development and implementation of the Integrated Resource Framework (IRF) in four test site areas in Scotland. The IRF is a mechanism developed by the Scottish Government and partners to help NHS Boards and Local Authorities seeking to integrate services gain a clearer understanding of health and social care costs and activity. The programme encouraged partners to experiment with new ways of jointly planning services and delivering care. Findings show the importance of: clear definition and communication of the purpose of integration; sufficient scope, scale and time for integrating services; and understanding and harnessing all available drivers to engage stakeholders and deliver change. [Read more here](#) or [download the report](#).

### **Equally Well test site evaluations**

The final evaluation reports on two of the test sites for the national 'Equally Well' programme on inequalities in health have been published by Glasgow Centre for Population Health. The [report on the Govanhill Equally Well test site](#) explores partnership approaches and the benefit of community anchor organisations. [The Glasgow City Test Site report](#) looks at how health inequalities have been tackled using integrated approaches to health and wellbeing within the planning system.

### **That's what I'm talking about!**

Scottish Natural Heritage have produced a new toolkit called Talking About Our Place, which aims to help you think about some of the issues the place you live in may be facing, and encourage you to get involved. It will help you:

- explore what makes your place special
- recognise what benefits your place provides for you
- identify what issues affect your place or may affect it in the future
- help you use this understanding to shape the decisions made about how your place should be cared for in the future.

SNH note that this process can be useful in helping your community develop projects and bid for funding from organisations like Heritage Lottery Fund and the Climate Challenge Fund as well as provide evidence for consideration in decisions to be made about your area. Read more [here](#) where you can also download the toolkit.

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## Funding

### Communities and Families Fund

No harm in mentioning this one again - the £6 million fund will support local projects that help families and communities give children the best start in life.

The Communities and Families Fund is funded jointly by the Scottish Government and the Big Lottery Fund Scotland. It will support local projects that will meet at least one of the following outcomes:

- Improve the quality of life of children (pre-birth to 8) through greater access to early learning, play and child and maternal health support
- Enable communities to shape and deliver support for families

There are no deadlines and applications, for grants of up to £10,000, can be submitted at any time. Examples of the types of projects that might be supported include:

- Parenting support and development projects
- Community play projects
- Projects that support better nutrition for young children
- Community-based family support and childcare projects

Find out more at

[http://www.biglotteryfund.org.uk/prog\\_communities\\_and\\_families\\_fund?tab=1&](http://www.biglotteryfund.org.uk/prog_communities_and_families_fund?tab=1&)

### The Gannochy Trust

The Gannochy Trust was founded in 1937 by Arthur Kinmond Bell, and is open to applications from the whole of Scotland, but with a preference for Perth and its environs. Its 4 Overarching Themes are:

- Inspiring Young People.
- Improving the Quality of Life of the Disadvantaged and Vulnerable.
- Supporting and Developing Community Amenities.
- Care for the Natural and Man-Made Environment.

Find out more [on the Gannochy Trust website](#).

### Growing Community Assets

This is not a new funding stream but we thought we'd mention it since we are mentioning its latest reports in the [publications section](#) of this issue of CHEX-Point Snippets.

Part of Big's Investing in Communities, [Growing Community Assets](#) is about communities having more control and influence over their own future through ownership of physical assets. These are usually physical assets, such as land, buildings or equipment, but may also include other types of asset such as energy. Projects applying to GCA must aim to achieve all of these four outcomes:

- Communities work together to own and develop local assets.
- Communities are sustainable and improve their economic, environmental and social future through the ownership and development of local assets
- Communities develop skills and knowledge through the ownership and

- development of local assets.
- Communities overcome disadvantage and inequality through the ownership and development of local assets.

The fund runs between 30 June 2010 - 30 June 2015 and organisations can apply for between £10,000 - £1 million.

### **Capital grant funding for green practices**

Zero Waste Scotland have announced a new funding opportunity for 3rd Sector organisations interested in funding the capital costs of an innovative resource management project. Grants of up to £50,000 will be available for projects that result in:

- Increased resource recovery from waste streams.
- Waste reduction and improved material quality.
- Business growth.
- Improved economic sustainability and social benefits.

Up to 100% of the agreed eligible capital costs for a project may be funded. This will be predominantly for capital items, however some revenue costs may be funded. The closing date for applications is the 30th November 2012. [Read more here.](#)

### **Greggs Foundation**

The baker chain Greggs has a foundation from which grants of up to £2,000 are made to eligible charitable organisations that work in local areas that have a Greggs presence such as shops, offices and bakeries. Priority is given to charities working with the following groups:

- Voluntary carers
- People with disabilities
- Older people
- Homeless people

[Read more here.](#)

### **Funding for sports**

We spotted two separate small grant opportunities for sports clubs in last week's Equalities Network Funding Extra bulletin. Sports clubs with a community role can apply for up to £1000 from [Cash 4 Clubs](#), which is aimed at giving community clubs a helping hand and providing the opportunity to raise the money they need to invest in their club.

At the same time, [McDonald's KickStart](#) offers between £500 and £2,500 to community football clubs who want to improve club facilities. There are three application rounds during 2012 and the next deadline for applications is the 30th September 2012.

### **Hilton in the Community Foundation**

Awards small grants of up to £10,000 to charities that work with young people on health issues. Hilton Hotel vouchers are available to community groups for prizes in raffles or auctions. The following areas are prioritised:

- Disabled children
- Children in hospital
- Homelessness
- Life-limited children

The next deadline for submitting applications is 9<sup>th</sup> October 2012. Find out more on the [foundation's website](#)

### **MacMillan Cancer Support Grants Scheme**

MacMillan Cancer Support offer grants of up to £3,000 for groups and individuals who support people affected by cancer or campaign to improve cancer care. Funding is aimed at supporting start-up costs of new and the expansion of existing self-help and support groups. The grants are available to:

- People affected by cancer in groups or individually
- Voluntary organisations, community interest companies, community groups, social enterprises
- Health and social care staff, information and support staff in partnership with people affected by cancer.

[Click here](#) for more. The next closing date for applications is the 31st October 2012.

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## **Events**

### **Council for Voluntary Services Aberdeenshire A.G.M. (Banchory)**

Local voluntary groups and organisations in Aberdeenshire are invited to Council for Voluntary Services Aberdeenshire's (CVSA) Annual General Meeting on Monday, 24th September 2012 at the Douglas Arms Hotel, Banchory at 7.00 pm. The guest speaker is Clifford Graham, Children's Services Manager, Barnado's. Teas and sandwiches will be provided. If you want to attend please contact Val Cameron, CVS Aberdeenshire – Central & South, 72a High Street, Banchory, AB31 5SS, tel: 01330 825027, email: [Valerie.Cameron@cvsa.co.uk](mailto:Valerie.Cameron@cvsa.co.uk)

### **Health and wellbeing of adolescents (Dumfries)**

Taking place on Wednesday 14 November, 8.45-3.45pm, at Easterbrook hall, Dumfries, this event aims to establish whether or not our knowledge and understanding of our young people and their experiences up to date and if we are responding effectively to hidden risks such as sexual exploitation, the harmful impact of gender stereotyping, psychoactive substances and gambling related harm.

[Keeping it real-the health and wellbeing of adolescents](#) aims to stimulate discussion, build momentum, and strengthen Dumfries and Galloway's responses to multi risk taking behaviour. Whilst the Seminar is primarily aimed at people living or working within Dumfries and Galloway, it is open to professionals in other areas. For more information please email Lynne Simpson [l.simpson4@nhs.net](mailto:l.simpson4@nhs.net)

### **Story bike event (Glasgow)**

The forestry commission is organising a story bike event for women on Sunday 23 September. There is space for 16 women and bikes and helmets will be provided. The group will be cycling from Glasgow (meeting at 09:30 at the Bike Station, 65 Haugh Road) to Nethercroy woodlands near Croy along the canals; and return by bus to Glasgow. Mostly off road, with a small amount of cycling along roads (there will be ride leaders to support you on the way), the cycle is about 20 miles. As it is mainly along the canal so will be flat most of the way. There will also be lots of stops along for stories pointing out local history and points of interest. Food will be provided at the other end at about 5pm. You will be back on the bus about 5.45pm, and get to Bike Station for 6.30pm. If you are interested please contact Zara at [zara\\_m@live.co.uk](mailto:zara_m@live.co.uk) Final details will be provided nearer the time.

### **Fibromyalgia talk (West Calder)**

Wee Sally founder Sally Chamness will be a guest speaker for the West Lothian Fibromyalgia Support Group on 16 September, from 2-3pm. The talk will take place at West Calder Community Education Centre.

The group supports sufferers of fibromyalgia, their friends and family, and anyone with a personal or professional interest in the condition. It also welcomes those who suffer from Myalgic Encephalopathy (ME), or anyone with chronic pain or fatigue. Many people with fibromyalgia find that support groups provide an important network where they can connect to others living with the condition.

Sally Chamness, an expert in pain management, said: "I'm passionate about promoting the health benefits of massage and improving my clients' quality of life, as well as that of our wider community. Massage can do so much more than pamper; it can help with a wide range of health issues, from injuries, pain relief and stress reduction to depression and insomnia."

For more information on Wee Sally therapeutic massage clinic, visit [www.weesally.com](http://www.weesally.com) or telephone 01506 238 366. For more information on the West Lothian Fibromyalgia Support Group, telephone 0844 887 2388.

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## **Conferences and Seminars**

### **The role of CLD in prevention and early intervention (Dundee)**

This event is part of Community Learning and Development Managers Scotland's (CLDMS) Annual Conference on Thursday, 18 October – Friday, 19 October, Hilton Hotel Dundee. The half-day conference on prevention begins at 1 (lunch at 12.15) and will provide opportunity for discussion on whether CLD can play the key role in Prevention and Early Intervention that is envisaged in the Scottish Government's recent Strategic Guidance to Community Planning Partnerships on CLD, and how it might prove its impact. Contributions include:

- Robert Black, former Auditor General for Scotland: Delivering Prevention and Early Intervention: Challenges and Opportunities
- Presentations providing evidence of preventative impacts of different types of CLD
- Stewart Murdoch, Director of Leisure and Communities, Dundee City Council: The way forward for CLD

[Further details](#) and a [Booking form](#) can be found online. Details of the full conference can be found [here](#).

### **Self-Directed Support Scotland (Edinburgh)**

Capita's 2nd National Self-Directed Support Scotland Conference (we featured the first back in February) will take place on Monday 19th November 2012 in Edinburgh. This takes a look at the practical delivery of the Self-Directed Support (SDS) agenda at the same time as the Self-Directed Support (Scotland) Bill enters its final stages before receiving Royal Assent. The Chair will be Randal Mair, Chief Executive of Scottish Care there will be range of relevant speakers from different local authorities

and health boards. For brochure and booking form [click here](#) or email me at [michael.keane@capita.co.uk](mailto:michael.keane@capita.co.uk).

### **Sustainable Scotland Network Conference (Edinburgh)**

The Sustainable Scotland Network Conference, in Edinburgh on 8th November 2012 is now ready for bookings. The Conference 2012 website is now live at <http://conference.sustainable-scotland.net/> where you will be able to find the agenda for the Conference, along with an interactive booking form. Conference places are £90 plus VAT – a delegate fee freeze from last year.

### **Welfare to Work Scotland 2012 (Glasgow)**

Welfare to Work Scotland 2012 takes place from 19th September 2012 - 20th September 2012 at Crowne Plaza Hotel, Glasgow. Confirmed Ministerial Speakers are:

- John Swinney MSP, Cabinet Secretary, Scottish Government
- Michael Moore MP, Secretary of State for Scotland
- Rt. Hon Iain Duncan Smith MP, Secretary of State for Work and Pensions

This year's convention looks in particular at the impacts that high unemployment and benefits changes may have on groups and communities facing particularly severe barriers to employment. It will ask what a Scottish employability service should look like as well as ensuring a host of opportunities for sharing views and information under the themes of, Working Better Together, Working Better for Young People and Working Better with Employers. Visit <http://www.cesi.org.uk/events/welfare-work-scotland-2012> for more information including prices.

### **Developing Peer Support 2nd Networking Event (Glasgow)**

The Mental Health Foundation is running a second national networking event, as part of the Developing Peer Support for Long Term Conditions Project. Taking place on the 27th September, at Grand Central Hotel, Glasgow, the free event will provide an opportunity for all of those interested and/or involved in the development of peer support for people with long term conditions to come together to find out more, share ideas, learn about good practice and meet with funders who support peer support activities.

The event has been funded by LTCAS and has been organised in partnership with: Action for ME; Action for Sick Children (Scotland); Angus Cardiac Group; The British Heart Foundation Scotland; Chest, Heart and Stroke Scotland; Diabetes UK Scotland; The Mental Health Foundation; NHS Lanarkshire; NHS Lothian; The Royal College of General Practitioners (Scotland); Scottish Recovery Network; and Waverley Care. For further details or to book a place contact Janine Bowie: [jbowie@mhf.org.uk](mailto:jbowie@mhf.org.uk)

### **Paths for All National Networking Event 2012 (Glasgow)**

This free event takes place on Thursday 27th September, 2012 at The Royal Concert Hall, Glasgow. Paths for All is a national charity promoting walking for health and development of multi-use path networks in Scotland. This national networking event is for anyone sharing these aims, providing an informal opportunity to get to know others, share good practice and plan for the future. The programme will showcase the range of settings and people we work, and walk with. It will also feature walkers' stories, experiences from volunteers and presentations from professionals.

You can book, access a schedule for the day, and a find list of exhibitors [here](#). Please note that this is a free event, lunch will be provided, and help with transport costs may

be available. You can also find details of Paths for All's 'My Active Community' Photo Competition on the [Paths for All website](#), which closes this week.

### **CFHS annual networking conference (Glasgow)**

The CFHS (Community Food and Health Scotland) annual networking conference will take place at the Grand Central Hotel in Glasgow on Wednesday 7 November. On the right track? will bring together everyone who has a role or interest in community food and health activity that addresses health inequalities in Scotland. Read more [here](#).

Conference [information](#) and a [booking form](#) are now available to download and you can also book your place online at [www.surveymonkey.com/s/CFHS-conference-2012](http://www.surveymonkey.com/s/CFHS-conference-2012) Please read booking and workshop information carefully before completing and returning the form. Please note the deadline for applications is strictly no later than Friday 5 October 2012.

### **WISHH 2012 West of Scotland Event (Glasgow)**

Registration is now open for the Wellbeing in Sexual Health and HIV 2012 West of Scotland Event which will take place 2nd October 2012, Crowne Plaza, Glasgow. The registration form is available at <http://www.healthscotland.com/documents/6028.aspx>

The full title is 'Local responses to the SH&BBV framework-highlighting local practice' and the main themes are:

- Long term needs of sexual health and BBV needs in older people
- Under age sexual activity: condom Protocols
- Engaging with and delivery to hard to reach groups and vulnerable people
- Communicating positive sexual health messages

The event will feature the presentation of the WISHH awards for the West of Scotland and will also have a market place where you can host a stand. For more information on having a stand at the event or for nominating a project for the awards please email Catriona ([Catriona.young1@nhs.net](mailto:Catriona.young1@nhs.net)) who will send you more details. Further information will be available shortly on the [WISHH website](#).

### **Conference on autism and learning disabilities (Glasgow)**

Getting it Right for Children and Young People with – Dyslexia, Developmental Coordination Disorder (Dyspraxia), ADHD & Autism Spectrum Disorders is a one-day conference, Wednesday 14 November 2012, Glasgow. Its aim is to provide delegates with an update on current thinking, practical advice and information as well as the opportunity to network, share knowledge and ideas with other delegates. For more information [Download the Conference Leaflet](#), visit [www.medicacpd.com](http://www.medicacpd.com), email [contacarolyn@medicacpd.com](mailto:contacarolyn@medicacpd.com) or phone 0141 270 8097.

### **Scotland's Towns Conference 2012 (Perth)**

Taking place at Perth Concert Hall on the 7<sup>th</sup> November, the annual Scotland's Towns Conference is the highlight of Scotland's Towns Week, and is the gathering for everyone with an interest in Scotland's towns and high streets. It asks: How do we make a cultural change in understanding what the high street could be? Looking beyond retail, the conference explores the concept of a 'framework for mess' - a model which allows different people the freedom to do things. [Click here for further information & booking](#), email [Elaine Bone](mailto:Elaine.Bone) or call 0844 554 9479. Also, visit <http://www.scotlandstowns.org/> for more on Scotland's towns.

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## Training

### **Walk Leader Training Course (Elgin)**

Moray Council and Paths for All is providing a Walk Leader Training Course on Monday 26th November 2012 from 9:30am – 4:30pm Elgin Library (activities room). The training is designed to establish a group of local people (over the age of 18) trained to promote and lead health walks on an on-going basis. A health walk is a short, local walk usually lasting between 30-60 minutes and ½ to 2½ miles long.

Places are limited for this course and will be on a first come, first served basis. To book a place, please [click here](#) to download a form. Fill it in and return to Kirsty Tippett, Sports Development, The Moray Council, High Street, Elgin, IV30 1BX. For further information on the course, contact Sports Development on 01343 563657 or email [sports.development@moray.gov.uk](mailto:sports.development@moray.gov.uk)

### **Dates set for HIIC Tutor Training (Glasgow)**

Dates have been set for the above course which will be run on the 4<sup>th</sup> and 5<sup>th</sup> October 2012 in the STUC Centre Glasgow. The 2 day course is for individuals who wish to become HIIC Tutors and costs £300 for those from the statutory sector and £200 for those from the voluntary sector.

The 2 day HIIC Tutor Training course is a credit rated course, 8 points at level 7, and aims to equip participants to deliver Health Issues in the Community training to a wide variety of people in a broad range of settings. As part of the course, and in order to become accredited, you will:

- Undertake 8-10 hours of practice delivery and provide a briefing note of each session.
- Submit a 1,500 word reflective account of your experience, within 5 months of undertaking the 2 day course. This will be marked to ensure that prospective tutors have attained a certain standard before they are able to deliver the course.

For more information on the course click the following link

<http://www.chex.org.uk/what-we-do/training-development-support/hiic/> or, to register, please contact Alison on 0141 248 1924 or email [alison@scdc.org.uk](mailto:alison@scdc.org.uk).

### **Learn how to resolve conflicts in your community! (Glasgow)**

The Scottish Community Mediation Centre is combining with Scottish Community Development Centre (CHEX's parent organisation) to present a five-day course on mediation and resolving conflict constructively. The course is an opportunity for anyone who has to deal with local conflicts to learn practical and effective skills in helping people find common ground and a mutually-agreed way forward.

Taking place at the Albany Centre, Glasgow, the course commences on Friday 12th October and continues on Fridays 19th and 26th October and 2nd November, concluding on Monday 5 November. It is open to active members and staff of community groups, community organisations and community projects. Please visit <http://www.scdc.org.uk/news/article/learn-how-resolve-conflicts-your-community/> for more details or <https://www.surveymonkey.com/s/RF7TV73> to apply.

### **Building Self-Confidence and Resilience (Glasgow)**

Building Self-Confidence and Resilience in Children and Young People & Ourselves is a half-day training course with Dr Alex Yellowlees, Medical Director and Consultant Psychiatrist, Priory Hospital, Glasgow. The training takes place on Friday 16th November 2012, Glasgow, and will consist of knowledge updates, current developments, best practice and networking opportunities. For more information [Download the Training Course Leaflet](#), visit [www.medicacpd.com](http://www.medicacpd.com), email [contacarolyn@medicacpd.com](mailto:contacarolyn@medicacpd.com) or phone 0141 270 8097.

### **Workshops on Social Accounting and Social Capital (Inverness)**

On 25th October 2012 the Social Audit Network (SAN) in Scotland and Assist Social Capital are delivering a one-day training session in Inverness on Getting to grips with Social Accounting and Auditing and another half-day on Getting to Grips with Social Capital. The workshops are targeted at organisations interested in understanding and applying a social capital strategy to unlock intangible assets in their organisations and communities. Participants will gain a clear understanding of the social accounting and audit process and whether it is right for their organisation. For more information and a booking form click [here](#).

### **Leading for outcomes (Gourock and Kilburnie)**

IRISS (Institute for Research and Innovation in Social Services) is running two half-day workshops on the subject of 'Leading for outcomes', which are targeted at managers working within services for children and families. It will provide the practical tools for helping staff to practice in an outcomes-focused way. For more information, including related resources, see [IRISS's latest e-bulletin](#). Alternatively click on the direct links below.

Click [here](#) for the Gourock workshop on the 20<sup>th</sup> September

Click [here](#) for the Kilburnie workshop on the 17h October

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## **Vacancies**

### **Social Media Officer (Dalkeith)**

Midlothian Voluntary Action is seeking an experienced individual to develop the use of social media in the Midlothian Third Sector. Candidates must have demonstrable track record of using social media, and an ability to train a wide range of people. Salary £23,232 pro-rata (10.5 hpw) Fixed Term to 31/03/2013. For more details visit <http://www.goodmoves.org.uk/jobs/11486?sector=1>, contact Dr Lesley Kelly on 0131 663 9471. Closing date: 17 September 2012, or for an application form please contact MVA on 0131 663 9471 or at [info@mvacvs.org.uk](mailto:info@mvacvs.org.uk).

### **Volunteering Resource Advisor (Dunfermline)**

Volunteer Centre Fife seek a Volunteering Resource Advisor, Salary £16,960 (Pro rata 25 hours). This is a temporary post from October 2012 – June 2013 although it may be extended. Working alongside the Volunteering Development Co-ordinator you will

- Provide front-line initial advice and information to prospective volunteers and volunteering-using organisations
- Provide administrative support to the local Volunteer Centre office
- Interview prospective volunteers and advise on an appropriate placement

You will be able to work unsupervised, have good organisational skills and be computer-literate including database and spreadsheet. Knowledge of volunteering and the local voluntary sector is desirable.

For an application pack please contact Carol Burns, Volunteer Centre Fife, 29a Canmore Street, Dunfermline, Fife, KY12 7NU. Telephone number 01383 732136 or by email: [carol.burns@volunteeringfife.org](mailto:carol.burns@volunteeringfife.org). Closing date is Friday 21<sup>st</sup> September 2012 at 12 noon. Interviews will be held on 3<sup>rd</sup> October 2012.

### **Part Time Volunteer Support Worker (Edinburgh)**

Broomhouse Health Strategy Group are recruiting for a Time Volunteer Support Worker (Job-Share, 12 hours per week, Salary: £20,520 pro rata, post funded until March 2013)

The successful candidate will help recruit new volunteers, deliver training to support the volunteers through a shop upgrade project and work with them to publicly recognise their contribution. The group is looking for an enthusiastic person with experience in supporting volunteers and delivering training. The post will be job-shared with a 6 hours/week existing employee.

For an application pack: Call 0131 4677678 or 07789 870649, pick one up from the Fruit & Veg Co-op in Broomhouse Market or email: [info@healthstrategygroup.org.uk](mailto:info@healthstrategygroup.org.uk). The closing date for applications is Tue 25th September. Interviews will be held on Wed 3rd October

The Broomhouse Health Strategy Group is a local community health project covering west Edinburgh, including Broomhouse, Sighthill and Parkhead that was set up in 1993 by local volunteers. It aims to facilitate health improvement for these low income neighbourhoods by providing a variety of local food & health activities. The BHSG provides low cost, easily accessible, good quality fruit and vegetables through their volunteer-run Fruit and Veg Co-op Shop in Broomhouse Market. Other services include; a free home delivery service, a range of cookery classes, health drop-ins, exercise classes and Open Days. [www.healthstrategygroup.org.uk](http://www.healthstrategygroup.org.uk)

### **Programme Co-ordinator (Glasgow)**

Link Up, a three year programme exploring a new approach to investing in the resilience of communities in Scotland, is advertising for a Programme Co-ordinator (£30,000) to develop, implement and run the programme to March 2014.

Ideally, you will have an understanding of asset-based approaches and have first-hand experience of the community, the issues it faces, the people involved in development and engagement, and the agencies and community groups which operate there. More importantly, you will be able to work effectively on your own and have demonstrated exceptional skills and innovation in:

- developing and facilitating community-led projects;
- empowering people/groups to develop ideas and to address issues and opportunities;
- engaging and communicating with people, groups and organisations;
- working in partnership with, and where necessary, co-ordinating action across a variety of organisations/groups with differing vested interests; and
- evaluation techniques, particularly identifying indicators of more intangible outcomes and developing frameworks to record and analyse this information.

The role will be based in Possilpark. Read more at

<http://www.goodmoves.org.uk/jobs/11564>. The due date for applications is Friday 28th September (noon).

### **Team Manager (Glasgow)**

Phoenix Futures requires a team manager for its Glasgow Resettlement Service (Making Moves) specialist supported housing for adults in recovery (£24,716 - £28,849 pa)

You will be responsible for a multi-disciplinary team delivering a community based supported housing service for individuals in recovery from problematic drug/alcohol use. You will support staff to provide and develop a focused programme of both group and individual support. You will be able to demonstrate extensive experience of engaging with a range of agencies and organisations to maximise individual recovery outcomes. Experience of promoting and maximising service user involvement in development, delivery and evaluation of care and support interventions is desirable.

You will have suitable qualifications to enable registration with Scottish Social Services Council and be able to demonstrate your on-going commitment to professional learning and development.

For an application pack please visit <http://www.phoenix-futures.org.uk> or email [recruit@phoenix-futures.org.uk](mailto:recruit@phoenix-futures.org.uk) quoting ref number: 12/09/1452/532521. Closing date: 24 September 2012. Interviews: 2 October 2012.

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## **Websites**

### **MyDiabetesMyWay**

NHS Scotland have launched a new website, [MyDiabetesMyWay](#) – run in partnership with Diabetes UK – to help people with diabetes to manage their conditions more effectively through videos, educational tools and games containing information about diabetes. The interactive site also allows people to view their up-to-date clinic results, treatments and advice online. NHS Scotland states that this is the first such initiative in the world. It also points to an [evaluation of the pilot site](#), which yielded feedback from the first year of operation and found that 98% of users believe the website will help them during consultations with clinicians.

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## **Campaigns**

### **It shouldn't happen here**

Save the Children has launched its 'It shouldn't happen here' campaign in Scotland and across the UK to raise awareness about child poverty in the UK and funds to support work to tackle it. For many low income families the recession is biting hard and families are faced with the pressure of mounting bills and the worry of trying to feed and clothe their children. Over a third of children (36%) say their family struggles to pay the bills; 43% of children see their parents cutting back on things for

themselves such as food and clothes; 15% of children say they go without new shoes when they've grown out of their old ones and 14% go without a warm winter coat. Have a look at the report and films at <http://www.savethechildren.org.uk/uk-child-poverty>

### **'See me' and Scottish Mental Health Week**

This year Scottish Mental Health Week (SMHW) falls on the 8th to 14th of October, with World Mental Health day taking place on the 10th of October. 'see me' has arranged a variety of activities to celebrate the week, including:

- A **Facebook Cover Image/Twitter background design competition** on the theme of 'support'. The winner of the contest will win £100 in Amazon vouchers and have their design displayed on 'see me's Facebook and Twitter accounts throughout Scottish Mental Health Week. Entries close on Wednesday the 19th of September. More information about the competition can be found [here](#).
- An **Event Pack** via its web page for supporters to use/display during events. To order your pack and for more information including pack contents please click [here](#).
- The launch of 'see me's **mobile app**. Can you use your knowledge of mental health to wipe out Stigman? More information regarding our new app will be available closer to the launch date.
- A 'see me' **Pledge** to tackle the stigma and discrimination associated with mental ill-health in the workplace and within organisations.

If you are interested in becoming involved in please visit [www.seemescotland.org](http://www.seemescotland.org). 'See me' is fully funded by the [Scottish Government](#) with funding being relayed through [SAMH](#).

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