



2012

Issue No 208, 27th April 2012

Celebrating 12 years of supporting and promoting healthy communities

Hello, and welcome to the latest issue of CHEX-Point Snippets. As always, this issue contains all the latest news and information relating to community-led health. **If you would like to be mentioned in Snippets please send us your own news from your work locally.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit www.chex.org.uk/subscribe/

The next issue of Snippets will be Friday 11th May so please send anything you would like to be included before Wednesday 9th. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to andrew@scdc.org.uk or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and compiled by Andrew Paterson. Thanks to all contributors to this edition.

Regards

Andrew Paterson

Policy and Research Officer, Scottish Community Development Centre

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CHEX News

Community-led health case studies

As mentioned previously in CHEX-Point Snippets, the Community-led health for all resource was launched at the CHEX Seminar on 15th March at the Scottish Youth Theatre in Glasgow. The Resource places community-led health at the heart of a number of key policies related to Public Health/Health Improvement; Community Regeneration; Community Learning and Development and Community Engagement and focuses on the role of strategic decision-makers and practitioners.

To accompany the resource, 3 case studies of community-led health were provided on the day. These outline the process by which community-led approaches to health lead to better health and wellbeing outcomes for individuals. They can be downloaded by clicking on the following links:

- [The Annexe Healthy Living Centre case study](#)
- [Galgael Trust case study](#)
- [Happy Mondays Health Issues Group case study](#)

Read more about the Community-led health for all resource [here](#).

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General Information

Scottish Co-production Network news

The Scottish Government Joint Improvement Team has confirmed support to allow the [Scottish Co-production Practitioners Network](#) to be formally developed during 2012/13. It has approved a proposal from NHS Tayside and the Scottish Community

Development Centre (CHEX's parent organisation). A part time co-ordinator will support the network to develop at local and national levels, as well as co-ordinating meetings and a learning programme. For further information contact olivia@scdc.org.uk

Youth Scotland launches new national leadership opportunity for young women

On Friday 6th April, Youth Scotland's Girls on the Move programme launched the first national Sports Leaders UK Level 2 Award in Dance Leadership course. This new course has been established by Youth Scotland, the network of youth clubs and groups, in partnership with Sports Leaders UK. Part of Youth Scotland's Girls on the Move programme, the Level 2 course provides a progression route for young female leaders to develop their skills as community practitioners.

17 young women, aged between 16 and 22 took part in the first course at Kilgraston School in Perth. They came from areas across Scotland including: Aness, Edinburgh, Fort William, Inverness, Kirkcaldy, Perth, Nairn, North Lanarkshire, West Dunbartonshire and South Ayrshire. Throughout the course participants received training in working with groups, leading sessions and choreography. Following the course, the young women will be supported by local dance and youth organisations to undertake voluntary placements in their own communities.

Addressing the barriers that prevent young women from participating in physical activity, Girls on the Move provides support to young women in communities across Scotland, particularly those from socially and economically disadvantaged backgrounds. For more opportunities for young leaders, including details of forthcoming Level 2 opportunities, visit the [Youth Scotland website](#) or contact Rebecca Simpson, Youth Active Manager, at rebecca.simpson@youthscotland.org.uk.

New resource site launched for CLD practitioners

The CLD Standards Council has developed a web-based framework to support creative and innovative learning and development for CLD practitioners. [i-develop](#) is part of the Standards Council CPD Strategy, "A Learning Culture for the Community Learning and Development Sector in Scotland", and is based on the values, principles, skills and competences they need as communities, individuals and employers.

The Framework integrates the theories and practices that help shape effective CPD for the CLD sector, such as peer sharing, communities of practice, learning journeys and reflection-in-action in order to shape a learning community of practitioners across CLD. [i-develop](#) is free to access and open to all CLD practitioners – full time staff, part time and sessional workers, volunteers, activists, students, managers, leaders, new hands and those more experienced.

The CLD Standards Council is now looking for local champions to promote [i-develop](#) to colleagues, partners and networks in their area. If you are interested in becoming a champion, [please contact Alan Milson](#).

One week left to register for #citizenrelay

As we mentioned in the last issue, #CitizenRelay (www.citizenrelay.net) is a participatory project, led by the University of the West of Scotland Skillsset Media Academy (<http://www.uwsmediaacademy.com/>) and funded by Creative Scotland, which, with the help of local people, will track the Olympic Torch Relay across Scotland from 6th-13th June, 2012.

The project is currently recruiting between 50-60 people from across Scotland to register to become CitizenRelay Reporters. If you get involved you'll receive training from other citizen journalists on how to go about blogging, creating podcasts, interviewing people and capturing the Torch Relay on camera. Travel and subsistence expenses will be provided for attendance at training and during the reporting of the Torch Relay itself. Training days are taking place on:

- 3rd May (10-4pm, Eden Court Theatre, Inverness)
- 4th May (10-4pm, Aberdeen Art Gallery, Aberdeen)
- 5th May (10-4pm, Centre for Contemporary Arts, Glasgow)
- 6th May (10-4pm, InSpace, Edinburgh)

For those keen to get involved, please send a 200-word pitch to david@citizenrelay.net before 3rd May. If you would simply like to be associated with the CitizenRelay project and perhaps want to share relevant content in such a way as to have it communicated to a wider audience, then please contact david@citizenrelay.net, or Facebook (www.facebook.com/citizenrelay) or Twitter (@CitizenRelay).

Diabetes warning for NHS

Economists at York University have published research showing that the cost to the NHS of treating diabetes in the UK will soar from £9.8bn to £16.9bn by 2035 as the number of diabetics rises from 3.8 million to 6.25 million. The study refers mainly to type 2 diabetes which is related to obesity. In response to the report, the chief executive of [Diabetes UK](#), Barbara Young, said “the most shocking part of this report is the finding that almost four-fifths of NHS diabetes spending goes on treating complications that in many cases could have been prevented”. Read more on the research on [the Guardian website](#)

Get fit through TV!

STV are looking for families and groups in Scotland who would like to take part in a new TV show which encourages people to get more active to improve their fitness. The series will see families, couples and friends become fitter and more active by getting involved in a sport, with the encouragement and mentorship of Scottish sports stars past and present. If you want to find out more, e-mail your name and contact details to active@stv.tv or call 0800 292 7100. Further details can be found at <http://entertainment.stv.tv/tv/303150-chance-to-take-part-in-new-stv-show/>

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Consultations and Surveys

Consultation on the National Framework for Child Protection Learning and Development in Scotland

The Scottish Government has organised consultation events to give people the opportunity to give their views on the above framework alongside colleagues from public and voluntary sectors organisations who work with children either directly or indirectly. Upcoming events are:

- Edinburgh, 19 June, Radisson Blu Hotel; Glasgow, 20 June, Atlantic Quay
- Inverness, 4 July, Highland Council Chambers

These events will focus on discussions around participants' initial views on the framework and whether there are any areas for improvement. To get as wide a representation as possible, the Scottish Government asks that participants will have

the responsibility for either using or implementing the framework within their organisation. This could be for example; practitioners, managers, volunteers etc. Please note that places for each of these events are limited and will be allocated on a first come first serve basis. Therefore, if you would like to attend any of these events please email donna.mclean@scotland.gsi.gov.uk by 18 May with the following information: The event which you would like to attend; Attendees name, Title, Organisation; Contact details including an email address. Further information on each of the events will be issued to attendees nearer the time.

Arthritis Care in Scotland consultation

Arthritis Care in Scotland seeks views on what support people want available so they can expand the way they support people living with long term conditions such as arthritis. People can take part by attending a discussion group in Dumfries, Newton Stewart, Ayr, Kilmarnock, Dunoon, Glasgow, Dunfermline, Perth, Elgin, Inverness and Wick on various dates in April and May. For more information, and to register to attend a group, please contact Joanne Moss on 0141 954 7776 or by email at JoanneMoss@arthritiscare.org.uk.

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Publications

Early Years paper

The Scottish Government's Early Years Taskforce has published a paper detailing its strategic priorities for the early years change programme. Priorities include:

- Helping children, families and communities to secure outcomes for themselves.
- Breaking cycles of poverty, inequality and poor outcomes in and through early years.
- A focus on engagement and empowerment of children, families and communities

In addition, the paper outlines the Early Years Change Fund and provides links to the [Scottish Neighbourhood Statistics site](#), which provides details on health and other measures at a local level Community Planning Partnerships

Click [here](#) to read the paper

Co-producing with older people

The National Development Team for Inclusion (NDTi) have produced a publication about co-producing with older people, <http://www.ndti.org.uk/who-were-concerned-with/older-people-and-ageing/co-production-guide/>. The report sets out seven principles to help local authorities and their partners, including local communities, work together and improve older people's influence at all levels of service commissioning and delivery. It attempts to capture what 'co-production' means and how to recognise it in the context of older people's care. It was produced by older people, strategic leads/senior managers in three local authorities and representatives from HSA and NDTi.

Two new reports on happiness

Working in community health we recognise that health is about more than just

physical health, and that mental wellbeing contributes a lot to our overall health. A growing awareness of this has led to the publication of two new reports related to happiness and wellbeing. The Earth Institute's [World Happiness Report](#) reviews the state of happiness in the world today and shows how the new science of happiness explains personal and national variations in happiness. Closer to home, Oxfam Scotland have produced the [Oxfam Humankind Index](#) which measures Scotland's overall prosperity based on the things that people said really matter to them.

CDAS Bulletin

This month's CDAS Bulletin contains policy-related updates on:

- The Scottish Government's latest plans for a rural parliament
- Changes to Citizen Advice in Scotland and the rest of the UK
- The Right to Manage for council tenants in England

The bulletin also has its usual range of useful links to research, events and funding and more. Click [here](#) to read it for yourself.

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Funding

Climate challenge fund

Keep Scotland Beautiful, has announced that the next deadline for submitting "Expression of Interest" forms to the Climate challenge fund is the 6th June 2012. Through the Climate Challenge Fund, Communities across Scotland can apply for grants of up to £150,000 per year to help reduce their carbon footprint and become more energy efficient. Nearly £30 million in total will be awarded to communities who come forward with innovative ideas to tackle their carbon emissions. Click on the following link to find out more: <http://ccf.keepsotlandbeautiful.org/howToApply.aspx/>

BBC Children in Need

The next closing date for applications for BBC's Children in need is the 15th July 2012. Children in need provides grants for up to three years to organisations (including schools) working with disadvantaged young people aged 18 or under. More information can be found on [the BBC website](#).

Big Lottery Village SOS fund

The Big Lottery Fund has announced a new round of [Village SOS funding](#) - totalling £4million - to support rural community enterprises across the UK. Through Village SOS grants of between £10,000 and £50,000 will be available for projects in rural villages or small rural towns with fewer than 3,000 people. Organisations that can apply for funding include Voluntary and community groups or organisations as well as parish, town or community councils, provided local residents have clearly shaped the project.

Creative Breaks for carers

Shared Care Scotland's Creative Breaks programme, funded by the Scottish Government as part of its commitment to supporting carers, distributes almost £1m of grants to third sector organisations for the provision of breaks for carers so that they and the people they care for have a better quality of life and feel better supported in their caring relationship. Third sector organisations can apply for grant either to develop new or existing short break services or for funding to establish their own small grant scheme for carers so that carers can then design and fund the short

break that's right for them. The deadline for applications is noon 30 May 2012. Click [here](#) to read more about Shared Care's funding.

People's Postcode Trust

The People's Postcode Trust,, set up by the People's Postcode Lottery in April 2009, is open again, offering grants of between £500 and £10,000 to small organisations and community groups for projects lasting up to 3 months in the areas of:

- Poverty Prevention
- Advancement of Health
- Community Development
- Public Sports; Human Rights
- Environmental Protection.

The deadline for all applications is 5pm on Friday 25 May 2012. Visit www.postcodetrust.org.uk/ for more information.

Energyshare Community Fund

The Energyshare Community Fund from British Gas is now open for applications, offering funding, or match funding, to help groups who need start-up funds to get renewable energy projects up and running. **The closing date for this is the 10th May 2012.** <http://www.energyshare.com/community-fund/>

Healthy Heart Grants

Heart Research UK has announced that its Healthy Heart Grants programme will re-open for applications on the 1st July 2012. The programme supports innovative projects designed to promote heart health and to prevent or reduce the risks of heart disease in specific groups or communities. Grants of up to £10,000 are available to community groups, voluntary organisations and researchers who are spreading the healthy heart message. The closing date will be the 31st August 2012 and you can find out more at <http://www.heartresearch.org.uk/grants/healthyheartgrant>.

Volunteering Development Grant

The Voluntary Action Fund (VAF) has announced the launch of a new Volunteering Development Grant. The Volunteering Development Grant offers a small grant of up to £10,000 to charities that want to improve and develop their capacity to involve volunteers. This grant is available to registered charities working in Scotland who do not currently involve volunteers to any significant extent, or already involve volunteers but want improve and develop their capacity to deploy and support volunteers.

Applications must be made by the 8th June and you can find out more [here](#).

The Barchester Healthcare Foundation

The Barchester Healthcare Foundation, offers grants to those helping older people in the community, to improve their mobility, independence and quality of life. Grants of between £100 and £5,000 are available to both individuals and small community groups, and applications can be submitted at any time. See <http://www.bhcfoundation.org.uk/Default.aspx>

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Events

New Awards to Recognise Local Action - Aberdeen

A new awards scheme is set to recognise voluntary work in Aberdeen. The Aberdeen Impact Awards, managed by ACVO (Aberdeen Council of Voluntary Organisations), will highlight the most inspiring work being carried out by local charities, volunteers, social enterprises and fundraising groups.

Public and private sector organisations will also have the chance to be recognised, with a Friend of the Third Sector Award being given to the organisation which the judges feel has best supported the valuable work being carried out within Aberdeen.

The winners will be presented with their prizes by STV journalist and presenter, Norman MacLeod, during ACVO's annual Insight Aberdeen Third Sector and Volunteering Fayre at The Music Hall on 28th July 2012. The Fayre showcases local third sector groups and gives members of the public an opportunity to find out about getting involved.

To find out more about the awards visit <http://www.acvo.org.uk/aberdeenimpact.html>.

Stroke Association - Dramatised Play (Edinburgh)

A Most Curious Detour is a dramatised stage play telling the inspiring story of one man's experience of a stroke. Adapted from the book by Stuart Hepburn (who had a massive stroke some years ago and now lives with locked-in syndrome), the play is written by Alistair Rutherford and is directed by James McSharry, and will take place at Netherbow Theatre, High Street, Edinburgh on Saturday 2 June, 7.30pm.

This new production of A Most Curious Detour is being launched during Action on Stroke Month and forms part of The Stroke Association's 2012 Anniversary celebrations. The play also supports the Association's new Life After Stroke campaign. If you would like information on tickets for the play, please visit www.scottishstorytellingcentre.co.uk. If you would like to know more about the Association's work in Scotland visit www.stroke.org.uk.

Gardening Leave event for serving and ex-service personnel (Erskine)

Gardening Leave Erskine gardeningleave.org is having an open day on Sunday 27th May 2012 at 1pm to 5pm in conjunction with the Erskine Motorbike Meet <http://www.erskinemotorbikemeet.co.uk/>. Gardening Leave is a national organisation with sites in SAC Auchincruive near Ayr, Erskine Hospital, Broughty Ferry in Dundee and Chelsea at the Royal Hospital, which aims to provide horticultural therapy in walled gardens to Serving & Ex-Service Personnel. They offer a combination of exercise and relaxation, with the opportunity to develop social and practical skills in a variety of activities and mix with like-minded people who understand military life in a safe and relaxed environment promoting recovery and well-being.

Referrals are welcome from all health and social care professions, military, NHS, community based agencies and self-referrals. For any enquiries you may have please contact Evelyn McGill on tel. 01292 521444 or e-mail admin@gardeningleave.org

Streetland (Govanhill, Glasgow)

This year's Streetland festival in Govanhill will take place on Friday the 4th and Saturday 5th May 2012. Streetland explores the streets in fun and different ways, including open air cinema, music and dance, art and games. There is also an opportunity to help over the festival weekend. Visit the [Streetland website](#) for more

details.

LTCAS Members Networking Event (Glasgow)

The next Long Term Conditions Alliance Scotland (LTCAS) Members' networking Event will take place at the LTCAS Hub in Glasgow on Wednesday 9 May (AM). The theme will be 'involvement' and will be an opportunity for Long Term Conditions Alliance Scotland members and associates to learn about how people with long term conditions are central to LTCAS' work. The event will be an official launch for the [LTCAS Involvement Network](#), a new group of volunteers who would like to help LTCAS to make the voice of people with long term conditions heard by policy makers and decision makers. This free event is open to LTCAS members and people with long term conditions. Registration will begin at 9.45am and lunch will be available from 12.40pm. A full agenda is available [here](#).

To book your place please email event@ltcas.org.uk or call 0141 404 0231 with any dietary or access requirements.

Volunteers Street Market (Perth)

The twelfth annual Volunteers Street Market is taking place on Saturday 9th June in King Edward Street, Perth between 10am and 3pm. Organised by Voluntary Action Perthshire, the Community Engagement arm of PKAVS, it provides local voluntary and community organisations with the chance to promote their services, to raise some funds and to recruit much-needed volunteers; it also allows those interested in volunteering and those who have never before considered the idea to learn, in a fun way, more about volunteering opportunities and about how they can make a difference to local people's lives. Street entertainment adds to the carnival atmosphere of this fun-filled day. Organisations can book a stall for £45 for the day. To find out more about the event and booking a stall visit [Voluntary Action Perthshire's website](#).

Trellis Network Meeting and Garden Opening (Newton Stewart, Perthshire)

This event will take place on Wednesday the 30th of May, 10.15 – 3.30pm, and provides the opportunity to share information about your project, share good ideas and make new contacts. The schedule is as follows:

- Morning Session at the Belted Galloway Visitor Centre, Riverside View, Newton Stewart DG8 6NQ
- Afternoon Session, includes the opening of the Newton Stewart Hospital Garden, DG8 6LZ (10 to 15 minutes walking from the visitor centre)

Please find more information about the day on [the Trellis website](#).

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Conferences and Seminars

Lead Scotland's national conference (Dundee)

Lead Scotland's national conference for staff supporting disabled learners will take place on 8th June in Dundee. The conference will be chaired by Sir Andrew Cubie, and will be relevant for anyone working with disabled learners. There will be a particular focus on working together to support learners during key transition stages, including transition from school, transition between college and university, and transition to employment. If you need any further information about the conference,

please contact Lead Scotland on 0131 228 9441 or conference@lead.org.uk

State of Children's Rights in Scotland (Dundee, Dumfries and Glasgow)

This free seminar is targeted at all professions working for or with children in the voluntary sector and in local and national governmental/ statutory bodies. Taking place on 14th May 2012, 10am–2pm, in Dundee (The Shore, 15 Shore Terrace, DD1 3DN), the seminar will draw on the findings of Together's State of Children's Rights Report (2011), and will explore how progress can be made towards achieving the recommendations. It will also look at the Scottish Government's progress in delivering the actions identified in its UNCRC action plan Do the Right Thing (2008). Each seminar will run from. Find out more about this event at [Together's website](#), which also gives details of upcoming events in Dumfries and Glasgow.

Policy, Government, Budgets and Decision Making in Scotland (Edinburgh)

Following on from MacKay Hannah's Influence, Inform and Connect conference held in October 2011 this event will include an afternoon of practical workshops that will enable delegates to pro-actively engage in relevant themes on effective decision making in Scotland. The conference will take place on Wednesday 3rd October 2012 at the COSLA Conference Centre, Verity House, Haymarket. There is a special reduced rate for Charities, Voluntary and Community Organisations of £99 plus VAT. [Click here](#) for further information or contact Gail by [email](#) or telephone on 0131 556 1500.

Population health seminar (Glasgow)

At this event, on Tuesday 1 May 2012 (4.30pm-6pm) at the University of Glasgow, Dr Sandro Galea, Gelman Professor and Chair of Epidemiology, Columbia University, will be delivering a presentation entitled 'Thinking in systems, looking for the causes of population health'.

The attached flyer gives more information about the event. There are limited spaces available and registration is required. University of Glasgow, Institute of Health & Wellbeing, are coordinating the registration list - they have an online form which can be completed at <http://ihw1may.eventbrite.com/>. For more information please contact Carol Frame at Carol.Frame@drs.glasgow.gov.uk

Serious Fun conference (Grangemouth)

Serious Fun 4 U is being held at the Inchyra Grange Hotel on the 29th and 30th May. The focus is on CPD for CLD workers and there will be an opportunity to get hands on with i-develop, the new resource for CLD workers mentioned in the news section of this issue of Snippets. In addition, there will be workshops on Social media and ethical practice, "smartboards for dummies" and a coaching approach to CPD. The conference is free and the organisers are hoping to attract a wide range of practitioners. Find out more by downloading [the booking form](#).

Enable Scotland Annual Conference (Stirling)

Enable Scotland invites you to this free event, on 12th May in Stirling, with discussion, speeches, displays and workshops. Registrations are now being taken to attend this event. Bookings for workshops will be requested later. Please contact the Marketing Team at ENABLE Scotland at marketing@enable.org.uk or call 0141 226 4541.

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Training

Curriculum for Excellence training from Youth Scotland (Castle Douglas and Falkirk)

Youth Scotland is providing free introductory training sessions on the Curriculum for Excellence educational policy. This three-hour training session is a hands-on introduction to Curriculum for Excellence, with a particular focus on the contribution youth work can make to this key educational policy. The training is suitable for: youth workers, teachers and anyone else who works with young people. Upcoming dates:

- [26 May 2012, 10:00 to 13:00, - Lesser Hall in Castle Douglas Town Hall, 5 St Andrew Street, Castle Douglas, DG7 1DE](#)
- [1 June 2012, 10:00 to 13:00, - Grangemouth Municipal Chambers, Falkirk, FK3 8AF](#)

Click on either date to find more information and book a place. Alternatively, visit <http://www.youthscotland.org.uk/curriculum-for-excellence/cfe-training-sessions.htm>

Earth Connections Sustainability Centre courses (Isle of Eigg)

This summer, the following residential courses will take place at The Earth Connections Centre, on Isle of Eigg.

- What on Earth? – an Introduction to Sustainability, 12 -15 May, 23 -26 June
- Practical Sustainable Living, 19 - 26 May, 14-21 July, 4-11 August
- Reconnecting with Nature, 2 - 16 June, 1-15 Sept
- Ecorenovation in Action, 28 Jul - 2 Aug, 18-23 August
- DIY Renewable Energy, 22 -25 Sept

For more info about these courses please go to:

www.spanglefish.com/earthconnections

Developing Management and Leadership Skills (Glasgow)

This personal development course has been developed by PATH (Scotland) with funding from the Equality Unit of the Scottish Government as a positive action measure towards addressing the under-representation of people from black and minority ethnic communities in management roles. It aims to support BME workers currently in employment to fulfil their potential and access management opportunities within and out with their own organisations. The course is being held in Brunswick House, 51 Wilson Street, Glasgow G1 1UZ from 9.30 am until 4.30 pm on eight days from 20th June until 16th January. Contact najimee@pathscotland.org.uk for more information.

Webinar on social media (The Internet)

10 Ways to Get Better Results For Your Charity on Facebook is a free webinar (an online seminar) which will take place on Wednesday the 2nd May from 3pm to 4pm. The seminar is free, and will instruct on how to make better use of facebook in promoting your work and engaging with people. Click [here](#) to register.

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Vacancies

Programme Development Officers and Programme Administrator (Dunfermline)

The Voluntary Action Fund (VAF) has a number of posts to fill within its grant teams. Please visit the [VAF website](#) for more information on these opportunities. Application

forms, which can be downloaded from the site, must be returned by 14th May 2012.

Project Officer – Green Impact (Edinburgh)

NUS seeks a Project Officer (salary: £26,500) for its Green Impact project. The successful candidate will have experience of delivering successful environmental initiatives or behaviour change projects, have strong project management skills, and thrive in busy and demanding role. You will need experience of developing and maintaining professional relations with colleagues at various levels within an organisation, underpinned by an ability to work with a wide range of stakeholders. Apply [here](#) until 2nd May.

Policy and Practice Manager (Edinburgh)

Crisis Skylight Edinburgh is recruiting for the role of Policy and Practice Manager (£30,500), a permanent, full-time post based in Edinburgh. The closing date is the 14th of May, with interviews on the 29th of May. For more information, [click here](#)

Health & Physical Activity Co-ordinator (Edinburgh)

Wester Hailes Health Agency is seeking to appoint a Health & Physical Activity Co-ordinator (£22,515 - £23,976) to co-ordinate the Healthy Moves Physical Activity project, and to develop and manage physical activity programmes to suit the individual. The successful candidate will be responsible for running and co-ordinating a wide range of activities and fitness classes as required using a community development approach to promote healthier lifestyles. See more at <http://www.goodmoves.org.uk/jobs/10394?role=7>. Closing date: 7th May.

P/T Policy and Media Analyst and P/T Public Affairs and Communications Lead (Edinburgh)

Engender is currently advertising for the above two posts. Find out more on [Engender's website](#). Salary: £26,331 pro rata. Closing date: 9th May.

Part Time Volunteering Co-ordinator (Edinburgh and Glasgow)

Royal National Institute of the Blind (RNIB) seeks a part time volunteering co-ordinator to manage, develop and boost volunteer support, building a more cohesive technical support service. The postholder will also develop collaborative new ways of working with volunteers and organisation. Download more information about this position and an application form: <http://digbig.com/5bfywa>

Fixed term National Development Officer (Glasgow)

Community Food and Health (Scotland) seeks a National Development Officer (£33,000 per annum) to take responsibility for improving understanding, at all levels, of the impact and influence of community food initiatives and also to ensure that initiatives themselves are encouraged and enabled to examine and raise the profile of the difference they make.

For more information and a full job description (including necessary skills and experience) please visit: <http://www.consumerfocus.org.uk/about-us/vacancies>. Alternatively, please phone Peter Scully, HR Officer, on 02920 787128. Completed applications must be returned to jobs@consumerfocus.org.uk by **5pm on Wednesday 2nd May 2012**.

Chief Executive Officer (Glasgow)

Youth Community Support Agency (YCSA) is recruiting for the above post (£33,500). Information on the services provided by YCSA which the Chief Executive will be managing as well as working with the Board members and other voluntary and statutory organisations can be seen on the website <http://www.ycsa.org.uk>. Job description and application can be obtained by emailing careers@ycsa.org.uk.

Closing date for job advert is the 11th May, 2012 and Interviews will take place on the 23rd May.

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Websites

Mindreel: A mental health resource

This week (22-28th April) is Depression Awareness Week. With this in mind, one useful related website is Mindreel, a joint initiative led by IRISS in partnership with the Scottish Mental Health Arts & Film Festival and the University of Strathclyde. Currently in pilot phase, the intention of Mindreel is to unlock the educational potential of the hundreds of films that have been submitted to the Scottish Mental Health Arts and Film Festival since its inception in 2007. It includes a diverse range of films, including a number on the subject of depression and recovery. Visit the [Mindreel website](#) or follow Mindreel on Twitter: [@mindreelorg](#).

Campaigns

Petition on welfare reform

Pat's petition to ask the government to stop and review cuts to disabled people's benefits and services has now reached over 30,000 signatures. The petition needs 100,000 signatures by November for the UK government to take action on what it is calling for. Visit the petition here:

<http://epetitions.direct.gov.uk/petitions/20968>

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