



Issue No 204, 24th February 2012

Hello, and welcome to the latest issue of CHEX-Point Snippets. As always, this issue contains all the latest news and information relating to community-led health. **If you would like to be mentioned in Snippets please send us your own news from your work locally.** Click [here](#) if you would like to view this e-bulletin as a PDF or read any previous issues of Snippets.

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit www.chex.org.uk/subscribe/

The next issue of Snippets will be Friday 16th March so please send anything you would like to be included before Wednesday 14th March. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to andrew@scdc.org.uk or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and compiled by Andrew Paterson. Thanks to all contributors to this edition.

Regards

Andrew Paterson, Policy and Research Officer, Scottish Community Development Centre

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CHEx News

Winner of CHEx photo competition announced!

The CHEx team have now reviewed all the entries from the CHEx photo competition (mentioned in previous editions of Snippets) and is delighted to announce that the photograph (below) entitled 'Friendship' from Safe Space has been chosen as our winner!

You can view the photo and read more on the [CHEx website](#). We were particularly impressed by the way in which Safe Space have chosen to illustrate the friendship which has been an outcome for the people involved in their activities, particularly when facing the additional challenge of maintaining confidentiality of their participants. You can find out more about Safe Space here <http://www.safe-space.co.uk/>

Pauline from Safe Space told us: 'As you can imagine it was difficult for us to convince clients of the benefits of a photography group particularly as you say due to confidentiality but also because they are burdened with such a sense of shame. This is so difficult to overcome. I know the clients who participated will be truly delighted about winning but it's also a great opportunity for other clients to see what is achievable and hopefully join the next photography group. A celebration will indeed be in order and the whole of Safe Space will be part of it.'

CHEx would also like to thank everyone else who entered the photo competition. It is great to see the breadth of community-led activity happening across Scotland and we very much appreciate the time you have taken to send us your photos for use in CHEx publications.

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General Information

Digitally Agile Scotland - Seminars

The Scottish Community Development Centre, Youthlink Scotland and Learning Link Scotland are working in partnership to deliver the Digitally Agile Project. The project involves research and case studies of good and interesting practice in the use of social media and new technology in the community learning and development field. The programme is being supported by Education Scotland and funded by the Scottish Government.

As part of the project we will be hosting 3 seminars in **Aberdeen** - 22 March 2012, **Edinburgh** - 27 March 2012 and **Glasgow** - 29 March 2012. The seminars are for people working in adult learning, youth development and community capacity building and are designed to allow participants to hear about interesting practice involving social media and new technology. Participants will have the opportunity to learn from others, share practice and exchange experience and knowledge. You will also have the opportunity to have your say about the challenges and the importance of guidance in being digitally agile for your personal and professional development.

The seminars are free of charge but places are limited. To book your place on either one of

the 3 seminars please click on the link below:
<https://www.surveymonkey.com/s/DACLDseminar>

If you require further information about the programme please contact Paul Nelis
paul@scdc.org.uk

Views sought on partnership between community food initiatives and academia

CHEX's parent organisation, SCDC, is carrying out a brief scoping exercise on behalf of Community Food & Health Scotland into the benefits and challenges of partnership between community food initiatives and academia. We'd like to speak to any community food initiatives who are either a) interested in such partnership or b) have experience of such partnership.

The kinds of partnership we are interested in could be in the form of research, evaluation health promotion, student placements or any other forms of collaboration. If you have any knowledge or experience you could share on this subject, please contact Andrew Paterson at the Scottish Community Development Centre on 0141 222 4837 or andrew@scdc.org.uk. Alternatively, you can answer questions online at <https://www.surveymonkey.com/s/B6N6WZD>

Games legacy continues

As advertised in the last edition, the Gearing Up for the Games conference took place on St Valentines Day at Dynamic Earth in Edinburgh. The aim of the event was to ensure that those working to develop the Games Legacy are up to speed with all aspects of planning for London 2012 and Glasgow 2104. A write-up of the event is now available on [The Scottish Government Website](#). This includes extracts from speeches including those by Jonathan Edwards and Minister for Commonwealth Games and Sport Shona Robison.

Click [here](#) to read about how CHEX's parent organisation, SCDC, is involved in developing the Games Legacy for communities in Scotland.

SURF Awards – winners announced

The 2011 SURF Awards were presented recently by Cabinet Secretary Alex Neil MSP, with recipients for each of the four award categories. The winners were independently selected for their success in addressing real regeneration challenges in sustainable and innovative ways. They were, as follows:

- People: Greater Easterhouse Alcohol Awareness Project
- Place: Dedridge Environment Ecology Project
- Partnership: Community Power Orkney
- Employability for All: The Coalyard

SURF Chief Executive Andy Milne said that: "With public spending cuts allied to increasing poverty, 2011 has been one of the most challenging years in recent times for delivering effective regeneration. The 2011 SURF Awards show that resilient communities and their regeneration partners are still providing practical solutions to local challenges."

Click [here](#) to find out more and to access a specially produced SURF Awards publication that highlights all 17 shortlisted projects for 2011.

Self-directed support network

Outside the Box is supporting a network of user-led organisations that provide services to their members or other people. Together, the Network aims to learn what self-directed support means for user-led organisations that provide services and getting ready for changes that will be coming in over the next few years. The main questions to be answered are:

- How do we support members to get the services they want?
- What does it mean for a care provider if more of the income comes direct from individual people?

- What can we learn from other people?

There is more information on Outside the Box's website: <http://otbds.org/gettingthere>

NHS Health Scotland Healthy Living Publications Update

The NHS Health Scotland suite of Healthy Living public facing resources will be updated in 2012-13 and NHS Health Scotland needs your professional support to guide the development of their National publications.

These publications relate to; Child Healthy Weight, Food & Health and Physical Activity & Healthy Weight in Scotland, across all age stages. By supporting the update, you are sure to gain valuable experience of being part of a national steering group and an insight into resource development.

Three new topic based steering groups will ensure publication revisions are guided by people who have experience of using Healthy Living resources in practice and/or professional expertise in the topic areas. The three Healthy Living steering group topics are:

- Child Healthy Weight Publication Steering Group
- Food & Health Publication Steering Group (including 'Eating for Health' and 'Hassle Free Food')
- Physical Activity & Healthy Weight Steering Group (including 'Hassle Free Exercise' and 'Physical Activity During and After Pregnancy')

Each of these groups will meet on a couple of occasions throughout 2012-13 to:

- Review and edit the content within the identified Healthy Living publication titles (according to the update schedule and time you can commit)
- Guide the dissemination of revised publications and raise awareness of these National publications

To find out more about the purpose and remit of the steering groups or to express interest in joining, please email Karen Mailer: karen.mailer@nhs.net asap.

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Consultations and Surveys

Over the Fence: Sharing tips on how to get the support you need

Continuing from above, Outside the Box is also working with people who can benefit from social care, helping them stay at home or be more independent. The project will be working with groups across Scotland where people have recently started using care services, or are thinking about this. Over the Fence is therefore seeking the following:

- They want to hear how social care feels for you and what sorts of information you would find helpful.
- People's stories of starting to get help to stay at home or be more independent.

To get in touch or to find out more please go to: <http://otbds.org/overthefence>

Welfare benefits, HIV and Hepatitis

Hepatitis Scotland, in partnership with HIV Scotland and Terrence Higgins Trust, is organising a set of briefing sessions and focus groups across Scotland to give, and gather, information on the benefits system, and proposed welfare reforms. These will be open to both workers and people affected by BBVs who want to find out information on welfare rights and reforms, and

what the changes mean for people living with Blood Borne Viruses - HIV, HBV, HCV.

Workers and professional should confirm their attendance by contacting lesley@hepatitisscotland.org.uk. The organisers also request that workers/professionals encourage and support service users affected by BBVs to attend - and where possible also confirm their attendance with Lesley. Public transport expenses will be given to those affected by BBVs, please retain receipts.

The following events are planned.

- Greater Glasgow & Clyde - Tuesday 21st and Wednesday 29th of February
- Dumfries & Galloway - Wednesday 14th March
- Fife and Forth Valley - Tuesday 28th February
- Grampian Thursday - 8th March
- Highland – Friday 9th March
- Lanarkshire – Tuesday 6th March
- Lothian – Tuesday 13th March
- Tayside - Friday 2nd March

Visit the [Hepatitis Scotland website](#) for more information on your local event.

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Publications

Making the business case – a HELPing hand

Some useful documents on making the business case for community empowerment in health are available on the website of the Health Empowerment Leverage Project (HELP). HELP aims to explore the business case for the application of community development in health, and is working in 3 pilot sites in England. Interest is growing in Scotland, including in Ayrshire, Clackmannanshire and Tayside and Chief Medical Officer CMO Harry Burns is strongly supportive.

The following interesting materials are available on the site (although it is worth having a look at what else is there):

- [Empowering Communities for Health: Business Case and Practice Framework](#) - This report is based on evaluation of the 'C2' approach to community development, which builds 'problem-solving partnerships' between communities and front-line services. The evaluation estimates cost returns of such work in England of around 1:3. The report also provides a commissioning framework for local authorities and partners who want to initiate similar development programmes.
- [Community development in health – a literature review](#) – reviews much of the available literature on community development in health, and also offers definitions of all the terms that are currently being employed in the field, from well-established terms such as social capital to newer ones such as co-production. Concludes from the evidence that community development not only improves wider health and wellbeing but saves money.

SCVO response to Public services reform and local government inquiry

The SCVO has published its response to the Scottish Parliament's Local Government and Regeneration Committee inquiry into public services reform and local government. The response argues, amongst other things, that many community planning structures still need to

do more to transfer power to communities and that services should be assessed in terms of added value rather than simply the services they deliver. Read the (now finished) consultation brief [here](#) and the SCVO response [here](#).

European Public Procurement Directive to favour Third Sector

The European Commission has published a directive on public procurement that is expected to make it easier for charities to win public sector contracts. This will provide a framework in which the third sector could become the default provider of choice for many public services. The directive proposes that public sector commissioners should consider the social impact of organisations that bid for contracts and not focus solely on cost. The proposals also contain an apparent obligation for public authorities to explain why they are unable to break a large contract into smaller units.

Click [here](#) to read the document.

SAMH response to Scottish Mental Health Strategy

Two weeks ago we highlighted [CHEX's briefing on Scotland's Mental Health Strategy](#). Scottish Association of Mental Health (SAMH) have also made their response available, which argues that the strategic direction of Scotland's Mental Health Strategy should be on shifting to an approach based on prevention and integration between community and primary care.

Code of Practice for Social Enterprise

A voluntary code of practice has been set out by Scottish social enterprise organisations outlining the values and behaviours that define them in. This aims to provide a standard for such organisations and also to make it harder for those who would go by the name of social enterprise while not living up to the ethos. Click [here](#) to read the code.

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Funding

Funding for play opportunities

The Scottish Government is increasing free play opportunities for children through the following initiatives:

- £1.5 million funding for the expansion of 'Play Rangers' (who facilitate free play opportunities in areas not traditionally seen as play spaces)
- £1.05 million for the 'Grounds For Learning' initiative (to improve school playgrounds)
- £450,000 to support and develop staff.

The funding package runs until 2015 and will be managed by [Inspiring Scotland](#) and [Grounds for Learning](#). It will be drawn from the £270 million Early Years Change Fund. Read more [here](#).

Churchill Fellowships on 'Communities that work'

A Churchill Fellowship could give you the chance to go overseas and explore success in the field of community development, look at practical ways to improve community life and research ideas for programmes and projects that can be reproduced or adapted in the UK. This is a joint project with The Rank Foundation. Register here to receive an email alert in May 2012, when applications reopen.

<http://tinyurl.com/7daqjzf>

Volant Charitable Trust

This Trust was set up by the author J K Rowling to support charitable causes and has two broad areas of funding:

- research into the causes, treatment and possible cures of Multiple Sclerosis; and charities; and
- projects whether national or community-based, at home or abroad, that alleviate social deprivation, with a particular emphasis on women's and children's issues.

Funding can be for up to three years. The Trustees meet twice a year, in March and September, to consider applications and allocate funds. Apply [here](#). The next deadline for applications is the 27th July 2012.

First Funding Stop

Developed by GCVS with IDOX, First Funding Stop provides information on funding and support services for those in the third sector. The resource contains information on approx 1200 Government, Lottery, charitable trust and other funds available on a European, national, regional and local basis. First Funding Stop allows you to personalise your settings, save searches and create bespoke reports of relevant funding opportunities. Once registered, you will receive regular email updates of related news and funding opportunities.

Visit the resource at <http://www.open4community.info/glasgow/Default.aspx>

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Events

Scotland's Public Sector Has Got Talent (Dundee)

NESTA and the Centre for Scottish Public Policy (CSPP) will be hosting this meeting as part of the Scottish Labour Party Conference on 2nd March 2012, 12:45 - 14:00, at Discovery Point next to the ship Discovery. Leading figures from across the public sector will judge whether the bright ideas from a select group of pitchers can make a difference to communities whilst also saving the public sector money in the long term. Can the pitchers show that the public sector in Scotland really does have talent?

Lunch will be provided and the event takes place outside the secure zone so is open to all. Please note if conference runs on, the meeting will be delayed to give delegates time to join in.

For more information please email graeme.downie@nesta.org.uk or read more about the event [here](#).

Participation Toolkit event (Dunfermline)

This event, on Thursday 22nd March 2012 in Carnegie Conference Centre, Dunfermline, offers the chance to learn about the Scottish Health Council's Participation Toolkit which was launched in November 2010. There will be workshops on Social Media, Talking Mats, Graphic Facilitation, User Panels, World Café and Digital Patient Stories. Find out more, including how to book a place, at the [Scottish Health Council website](#)

Age Scotland Hustings and Health & Social event (Edinburgh, Dumfries and Paisley)

Age Scotland's election hustings ahead of the Local Government elections on May 3rd will be taking place in:

- Edinburgh on Wednesday 28th March
- Dumfries on Monday April 16th

- Paisley (TBC)

Each hustings will have council candidates from all 4 main political parties (5 in Edinburgh) and will give you the opportunity to put your questions to your prospective councillors ahead the Local Government Election on May 3rd 2012. For example:

- Do you think the current administration is doing enough to support older people?
- Does your organisation receive any funding from the council? Has the value changed over the last 5 years?

Age Scotland has a limited capacity for guests and will be hosting a reserve list in case people drop out. Places will operate it on a first come first served basis. Please contact callum.chomczuk@agescotland.org.uk if you would like to attend any of the events. Visit <http://www.ageuk.org.uk/scotland/get-involved/campaign/> for more, including details of Age Scotland's Postcard Campaign presentation (calling on the Scottish Government to integrate health and social care services) outside the Scottish Parliament on the morning of Thursday March 22nd.

Youth Legacy Ambassador Stakeholder Reception (Glasgow)

Young Scot are hosting this event on the 2nd March at the Glasgow Science Centre at 5pm-7pm, which provides the chance to meet the Young Scot Youth Legacy Ambassadors, and to find out more about the work they've been undertaking at both a local and national level. The event will give attendees the chance to explore the potential partnerships and future opportunities linked with the Youth Legacy Ambassador programme.

Refreshments will be provided. For more information on the event please contact Information, Administration & Events Officer Charlotte Keddie on charlottek@youngscot.org or call 0131 313 2488. See the [event webpage](#) for more details.

Anti-Sectarianism event (Greenock)

The Volunteer Centre in Inverclyde is doing some work around sectarianism - what the issues are and what we can do about them. As part of that they are keen to have a discussion with groups over the next couple of weeks; following it up with an event in Greenock Town Hall on Thursday 1st March from 12-3pm with lunch provided. For more information and to take part please contact Jackie in the VC on 01475 787 414.

Leith decides (Leith, Edinburgh)

****Note, the date of this event is very soon – 25 February 2012****

Everyone who lives and / or works in Leith, from age 8 (years primary 4) is eligible to take part in this 'participatory budgeting' style event at Ocean Terminal Shopping Centre at 1.00 pm on Saturday, 25 February 2012. People who attend will make the decision on which projects will get a community grant. Applicants for funding will have "stalls" through the shopping centre where you will be able to have a chat before making up your mind.

Participants will be asked to score every project out of 5. There are 34 projects with a total value of £28,170 from which to choose. A pot of £17,660 has to be allocated on the day. Scoring starts at 1.00 pm and closes at 3.00 pm on the top floor of the Ocean terminal on Saturday, 25 February 2012.

Broadly, participatory budgeting means giving people a say in how their taxes are spent locally. This usually means in practice that local people decide how to spend specific parts of a public budget. It was pioneered in Brazil in the late 1980s and current proponents claim that the Brazilian programmes succeeded in reducing inequalities. Find out more about participatory budgeting at <http://www.participatorybudgeting.org.uk/>.

More on the Leith event, including extracts from the 34 project applications can be found [here](#).

Empowering Equality in West Lothian Community Planning (Livingstone)

ELREC and West Lothian Community Planning Partnership are jointly hosting this free event on Wednesday 7th March 2012, 11:00 am – 1:00pm at Burns and Buchan Room Business Partnership Centre, West Lothian College, Almondvale Crescent, Livingstone, West Lothian EH54 7EP to increase participation of diverse communities in Community Planning. Key outcomes of the event will be:

- Better understanding of Equality Outcomes for those live, work or study in West Lothian from different Protected Characteristics
- To understand barriers in fostering good community relations in neighbourhoods
- To become more confident in raising equality issues & to engage with service providers

For more information, including booking details, please visit

http://www.elrec.org.uk/documents/WEST_LOTHIAN_SEMINAR_07_March_2012.pdf

Grow Your Group (Oldmeldrum, Aberdeenshire)

Following last year's successful event in Laurencekirk, CVSA is putting on a second 'Grow Your Group' at Oldmeldrum Town Hall on Saturday 17th March, 10am – 1pm. This free event aims to provide information, guidance and inspiration for committee members, Trustees and anyone else involved in the day-to-day running of community organisations.

The event will take place at Oldmeldrum Town Hall, a venue which has been taken over and run by the community group Making Meldrum Better, and a member of that group will be there to talk about the project. The morning will consist of a mixture of presentations and workshops. If you would like to register your interest in this event so that you can receive further details about the day, please contact Alison Melville at: Alison.melville@cvsa.co.uk. Places will be limited, so register early to avoid disappointment.

Film Screening and debate on substance misuse (Perth)

This screening of 'Raw Opium: Pain, Pleasure, Profits' will take place at AK Bell Library, York Place PH2 8EP, Perth on Tuesday 20th March from 1.30pm to 4.30pm. The free event – being organised in conjunction with Transform Drug Policy Foundation Scotland – is the first in a series of networking events from Inspiral, a Perth based group lead by people recovering from substance misuse. It will offer people the opportunity to become involved in new and more open conversations about substance misuse and the chance to connect with others in this field of interest.

Raw Opium: Pain, Pleasure, Profits is an 'award-winning Canadian documentary reporting contexts of poverty & policy experimentation in Afghanistan, India, Portugal and Canada. It had its UK premiere in Glasgow at the end of last year. Following the 80 minute screening Mike Carron of Transforming Drug Policy Foundation Scotland (www.tdpfscotland.org.uk) will facilitate a debate and discussion for around 1hr.

Visit www.plusperth.co.uk/INSPIRAL.htm or contact Jenny Stuart on 01738 626242 or inspiralperth@gmail.com to register for this free event.

Promote participation in adult support and protection (Stirling)

Due to high demand, IRISS has arranged a re-run of the adult support and protection evidence workshop, which will be held in Stirling on 22 May. This free workshop focuses on improving interaction between the person supported by services and the practitioner on the subject of risk. It draws on recent research, focused on adult support and protection, which highlighted the importance of improving practitioners' understanding of how the person they support views their life and the harm they might be facing.

There are a limited number of places available. You can find more information and book a

place on the [event website](#).

The Big Lunch campaign in Scotland (across the UK)

The Big Lunch campaign in Scotland aims to get as many people as possible to have lunch on one day a year. This year the main date is 3rd June 2012, which is a Sunday although the idea is that people can hold events around this date as well. The philosophy is that people cope with challenges better together rather than alone the Big Lunch is a tool that people can use to begin to get together and get to know each other better. The date also just happens to fall on the same date as the Queen's Jubilee celebration, which may or may not act as an extra incentive.

Free starter packs are available to help arrange a Big Lunch containing guides, posters and flyers a recipe book; and other useful/fun stuff. The [UK wide website](#) has loads of further information, including guides to doing a Big Lunch on a shoestring and applying for funding.

Anyone interested should contact Emily Watts, Social Marketing and Communications, The Big Lunch (Scotland) mob: 07703189049, tel: 0141 242 1512.

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Conferences and Seminars

Highland Environmental Network 2012 Annual Conference & AGM (Drumnadrochit)

This event, entitled From Fuel Poverty to Green Gold, takes place on Sat 24th March 2012, at Craigmonie Centre, Drumnadrochit. The aim is to explore realistic alternatives for communities and businesses to tackle fuel poverty, focusing on the positive outcomes that sustainability can bring.

Key Speakers are Andrew Millson - Scottish Business in the Community, Chris Perkins - Highland Birchwoods, Dr Peter Dennis - The SEAM Centre, Inverness College UHI and Richard Jones - HBS Ring Ltd. Workshops include:

- Getting the most out of wood fuel.
- Using a thermal imaging camera to tackle fuel poverty.
- Developing a business model for a low carbon economy.
- Practical ways to reduce fuel poverty in my community.
- Making Renewable Energy work for you.

Please find booking forms and detailed programme [online](#). Book now as places are limited – Deadline 5th March 2012. The AGM will take place after the conference at 4pm to which all are welcome.

Seminar on Co-Housing (Dunfermline)

The Vivarium Trust, in association with the Development Trusts Association Scotland (DTAS), invite you to a seminar on Co-Housing on 6 March 2012 in Dunfermline. The purpose of the seminar is to promote awareness of Co-Housing and the holistic benefits it can offer especially to the over 50s. The seminar will show how Scotland's first pilot Co-Housing project for the over 50s in Fife, included as a case study in the Scottish Government's recently published ten year National Housing Strategy for Older People, can help deliver the innovative recommendations in the Strategy.

The programme includes key speakers and contributors from UK and European Co-Housing organisations, the Scottish Government, a major Housing Association and the Joseph Rowntree Foundation as well as a choice of Workshops and a Panel Session.

Fees: £25 (not for profit community groups) or £45 (others). More information is available on www.vivariumtrust.co.uk. To book a place please email aileen@dtascot.org.uk or telephone 0131 220 2456

Workplace Pensions Reform Briefing (Glasgow)

This year sees the introduction and rollout of major new laws on workplace pensions that will affect every organisation that employs staff. All sizes of workplace will be covered by 2015 so this workshop helps you to prepare. It takes place from 10am – 12noon on Thursday 15th March 2012 at The Albany Learning and Conference Centre, Ashley St, Glasgow, and costs £24 per attendee, including VAT. You may book online at www.gcvss.org.uk/events

Children's Mental Health Conference 2012 (Glasgow)

This conference will aim to refresh and enhance your knowledge on a variety of key topics and current developments in the field of children's mental health, show examples of good practice and most importantly provide you with practical information which you can apply. It will take place on Tuesday 15th May 2012 at Hilton Glasgow Grosvenor Hotel and costs £197 including lunch and refreshments.

Please click on the following link for information on the conference and booking details – <http://www.bipolarscotland.org.uk/wp-content/uploads/2012/02/Mental-Heath-Troubled-Times.pdf>

A Better Glasgow for All: Pathways for Change (Glasgow)

This event introduces Glasgow Disability Alliance's new 'Pathways for Change' project, launches a report on Co-production and sets the scene for Glasgow's 'co-produced' Independent Living Strategy. Round table discussions and workshops will encourage participants to share views, exchange ideas and contribute to plans for 'Pathways for Change' and the developing Independent Living Strategy.

The conference takes place on Tuesday 28th February 2012, 10.30 – 3.30 at Thistle Hotel, Cambridge Street, Glasgow. Speakers include SCDC's (parent organisation of CHEX) David Allan. To book a place. Call 0141 556 7103, or email shirleybradley@gdaonline.co.uk.

Generations Working Together - National Conference (Glasgow)

National Conference is being held on Tuesday 13th March, 10.00 – 16.30, Scottish Youth Theatre, The Old Sheriff Court, 105 Brunswick Street, Glasgow, G1 1TF. The conference is aimed at practitioners and those interested in the benefits of embedding intergenerational practice into policy. The key-note speech will be delivered by Carol Craig, Chief Executive, Centre for Confidence and Well-Being.

To view further information click [here](#). The deadline for booking your place at the event is Wednesday 29th February 2012. To book a place click [here](#).

Third Sector Manifesto for Glasgow launch at the Gathering (Glasgow)

The 'Third Sector Manifesto for Glasgow' - developed by Glasgow's Third Sector Forum in the run up to the local authority elections in May - will be launched at a special session at the Gathering 2012 which is taking place at the SECC on Wednesday 29 February, from noon till approx 1.30pm. Through participation in a series of Forum meetings in January and February and an extensive online survey, over 300 third sector organisations in the city have helped to shape this manifesto which has been developed through a participatory model.

Whether you are already planning on attending the Gathering or have yet to decide, the Third Sector Forum would like to extend an invitation to you to come along and join them at this special session which will provide a first opportunity to hear about the Forum's key election

messages and priorities. The Forum believes that it is vital that, at what will be critical elections, the voices of the Third Sector are clearly heard by the city's politicians and policymakers.

Attendance at the Manifesto Launch (and the Gathering itself) is free but it should be noted that places at the launch are limited - to ensure a place at the launch, please register as soon as possible at <http://www.gatherscotland.org.uk/2011/12/glasgow-third-sector-manifesto-launch/>. For more information on the Third Sector Forum, visit www.g3sf.org.

Self-Directed Support Scotland (Edinburgh)

Places are still available for Capita's National Self-Directed Support Scotland Conference on Thursday 29th March 2012, in Edinburgh. This aims to address key issues involved in the implementation of SDS including:

- effective working across partner agencies including integrating health, housing and social care provision
- how to establish and embed an outcomes-focused approach, utilising the expertise of the third sector in the provision of social care.

For brochure and booking form click [here](#) or email david.moffat@capita.co.uk.

An Introduction to Ecological Footprinting (Edinburgh)

Places are still available for the Introduction to Ecological Footprinting seminar on Tuesday 28 February. The seminar runs from 10am – 2pm (with lunch) and is about Ecological Footprinting, one of the main ways of measuring how sustainable we are as individuals, organisations, countries or as the Human Race.

The workshop will:

- introduce the concept of Ecological Footprinting;
- set out the elements that make up a footprint;
- highlight the Footprinting resources available to educators for individuals, schools & local authorities; and
- discuss how these can be used in education work.

This seminar is FREE to SDEN members or £25 for non members. For further information: <http://www.sdenetwork.org/2012/01/sden-seminar-an-introduction-to-ecological-footprinting/>

Volunteering Round Table Conference (Perth)

The Volunteering Round Table is a collective of National Volunteering Organisations supported by the Scottish Government. It aims to put volunteering at the heart of policy across the public and voluntary sectors. The one-day event, at Perth Concert Hall, on 28-Mar-2012 from 10:00 to 16:00, is aimed at volunteer engaging organisations and public sector partners.

This FREE conference aims to be a crucial step in bringing the volunteer voice into policy and promoting cross-sectoral working. To book a place, please [click here](#)

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Training

CLD Upskilling Sessions (across Scotland)

Linked Work and Training Trust (LWTT) in partnership with Scotland's Learning Partnership (SLP) are organising a series of workshops across Scotland to introduce resources that have been developed as part of the national CLD Upskilling Programme. The resources focus on four CPD and training themes that have been identified from consultation and needs analysis

in the CLD sector. The four themes are:

- Peer Learning Exchange and Training;
- Action Learning and Leadership;
- Coaching and Mentoring; and
- Partnership Working.

The resources have been developed to contribute to the planning and delivery of CPD and training opportunities for CLD practitioners operating within a range of roles. They support individual review, reflection and practice development and can be used to develop shared training programmes around these themes.

Visit the [LWTT website](#) to find out more

CLD staff development in community empowerment (Aberdeen and Inverness)

Education Scotland has been providing a series of staff development opportunities in 2012 and beyond to support the contribution of Community Learning and Development in encouraging community empowerment and renewal. The first of these opportunities will focus on community ownership and asset transfer and the aim will be to support the important work that CLD practitioners do with communities when taking on the ownership of assets.

The events are open to anyone with a CLD role. Places will be allocated on a first-come basis. Upcoming events:

Wed 14 March	Aberdeen	10:00 to 15:00 - Book
Tues 27 March	Inverness	10:00 to 15:00 - Book

Massage in Schools Training (Edinburgh and Glasgow)

The internationally recognised Massage in Schools Programme involves trained Instructors teaching children simple massage routines in a class or group situation. Some of the benefits include increased wellbeing, relaxation and concentration, plus improved relationships within the class, a caring class ethos and a means of communicating with families. It also works well within the Curriculum for Excellence. The dates for the next two Instructor training courses are:

- Sat 5th & Sun 6th May, 9.30am - 5pm at the SYHA headquarters, Park Terrace, Glasgow. Contact paulinevallance424@hotmail.com for details
- Sat 4th & Sun 5th June, 9.30am - 5pm at the Gillis Centre, 100 Strathearn Rd, Edinburgh. Contact isfraser@aol.com for details

Cost: £275, which includes lifetime membership of the Massage in Schools Association for ongoing support and development.

More information on www.misascotland.org.uk

Self Management Champions (Glasgow)

The Scottish Government has funded Chest Heart and Stroke to develop a new course called "Self Management Champions", which aims to give people the knowledge and skills to keep Self Management on the strategic agenda in Scotland. Chest Heart and Stroke Scotland is piloting this new material and looking for feedback on the course. The feedback will be turned into a resource for organisations involved in self-management. The dates are:

- Monday 5th March 2012 10.30am - 3.30pm
- Thursday 15th March 2012 9.45am - 4.30pm

To attend this free course please contact Dave Bertin, dave.bertin@chss.org.uk

Learning Opportunities in Volunteering (Stirling)

This event offers the chance to learn about the Coordination and Management of Volunteering at Volunteer Development Scotland. VDS learning is designed to develop your knowledge, understanding and skills in working with volunteers. Course content is aligned with the National Occupational Standards for the Management of Volunteers and the Investing in

Volunteers quality standard.

Information online at [Learning Opportunities](#) or email vds@vds.org.uk

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Vacancies

Volunteer Lay assessors (across Scotland)

The Care Inspectorate is currently recruiting volunteer lay assessors to get involved in their inspections of care services. Lay assessors must themselves use or have used care services or be a family carer of a service user. Expenses, training and support is provided. The anticipated time commitment works out at around 10 days a year. If you are interested in volunteering please contact Jo Phillips, jo.phillips@careinspectorate.com or phone Jo on 07920595496.

Development Worker (Edinburgh)

Barri Grubb, Pilton Community Health Project's healthy eating initiative, seeks a Development Worker, 17.5hrs per week, AP4 £23,232 - £25,716 (please note it is usual for new employees to start at the bottom of the scale) pro rata plus 6% contribution to pension scheme on completion of probationary period. Barri Grubb recently completed a community consultation on the future of the project to bring it up to date changing food and policy environments. The findings of the research are helping to reshape the project and the successful candidate will be involved in developing and delivering a new phase of Barri Grubb. For more information and a job pack call 0131 551 1671 or email admin@pchp.org.uk. Also visit www.pchp.org.uk/job-opportunities/. Closing date: 12 noon, Monday 5th March, Interviews: Tuesday 20th March

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Websites

Renfrewshire Carers Centre Website

Renfrewshire Carers Centre has just launched their new website. Renfrewshire Carers Centre is a one stop shop for carers, offering a range of support to carers in their caring role and providing them with opportunities to have a life outside of caring. The new website includes links to local groups, and information on topics ranging from influencing services to alcohol. It also provides access to the range of training provided by Renfrewshire Carers Centre. Visit the site at www.renfrewshirecarers.org.uk

Information on mental health and wellbeing

The new NHS Inform mental health zone provides a gateway to Scottish information on all aspects of mental health and wellbeing. It contains information on mental health conditions, mental wellbeing, accessing help and advice for what to do if you are worried about the mental health of someone you know. Click here to visit the [mental health zone](#).

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The Community Health Exchange (CHEX) is primarily funded by NHS Health Scotland and is a part of the Scottish Community Development Centre (SCDC). SCDC is a company limited by guarantee, registered in Scotland, No. 361532. SCDC is a registered charity in Scotland, Ref No. SC 040614.

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