



# 2011

**Celebrating 11 years of supporting and promoting healthy communities**

Issue No 198, 25<sup>th</sup> November 2011

**Hello, and welcome to the latest issue of CHEX-Point Snippets. In this issue you will find all the latest news and information relating to community-led health.**

If you or anyone else you know would like to subscribe to CHEX-Point Snippets please visit [www.chex.org.uk/subscribe/](http://www.chex.org.uk/subscribe/)

**The aim is to capture as much as possible from all regions of Scotland so please let me know of anything you would like to be mentioned in Snippets from your own work across the country.** The next issue of Snippets will be sent out on Friday 9<sup>th</sup> December so please send any news you have before Wednesday 7<sup>th</sup> December. You can send information/material for inclusion in CHEX-Point Snippets by sending an email to [andrew@scdc.org.uk](mailto:andrew@scdc.org.uk) or phoning 0141 222 4837. CHEX-Point Snippets is provided by CHEX – Community Health Exchange and compiled by Andrew Paterson. Thanks to all contributors to this edition.

Regards

Andrew Paterson, Policy and Research Officer, Scottish Community Development Centre

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## **CHEX News**

### **Health Policies – Assessing impact on health inequalities**

CHEX recently participated in the launch of the Scottish Government and NHS Health Scotland's new approach and tool to help assess the impact of policies on health inequalities. Policies can have wider impacts beyond their intended outcomes and impact differentially on different groups in the population. The new Impact Assessment tool has been designed to help policy makers and their partners to consider and take action on the positive and less positive effects of new and existing policies. It is also aimed at providing practical assistance with implementation of the Equality Act (2010) and Human Rights Act (1998).

Guidance is provided on how NHS policy makers and their partners in public and third sectors can actively consider the whole population especially groups such as minority ethnic people and people with disabilities. Practical advice highlights the need for all interested parties to get together within a workshop setting and undertake scoping to identify and report on the main areas of potential impact. It is intended that systematic use of the tool will make greater inroads into tackling health inequalities at national and local levels. Background information and step by step guidance can be downloaded from <http://www.healthscotland.com/documents/5563.aspx>.

### **Last meeting of the Communities for Health Advisory Group**

Monday November 14th saw the final meeting of the Communities for Health Advisory Group (CHAG) where a small core of the most active members met together to review the work of the group since it began in January 2010 and look to the future of community-led health organisations in Scotland. Among the Group's achievements were the [Community-led Health Improvement Journal](#) and the Manifesto for Community led Health (read more about the manifesto [here](#)) both launched at CHEX conference in February this year.

More recently discussions have led to a closer relationship with the Scottish Healthy Living Centre Alliance (SHLCA) and all members of CHAG are now invited to consider joining SHLCA with a view to developing a stronger voice for the community-led health sector. Indeed SHLCA has sent a wider invitation to community-led health groups across Scotland to join it in developing a strengthened representative voice for the sector.

Chairperson of CHAG Bobby Sturgeon, from Fullarton Community Health House said in a statement circulated to Group members:

"I would like to thank all who have been involved in the Communities for Health Advisory Group and have given their time and energy to contributing to the work undertaken during its relatively short lifetime. I hope that community-led health organisations formerly part of CHAG will now work with us in the Scottish Healthy Living Centre Alliance to ensure that a stronger voice for Community-led Health

Organisations continues to be developed for the future. This will include identifying a new name and strong identity for the new organisation.

With best wishes to all for the future

Bobby Sturgeon”

### **The picture of health – photo competition!**

Earlier this year, CHEX worked with 4 community organisations to produce [The Picture of Health](#) - a short film about the impact of community-led health activity. The film has been used widely to promote community-led approaches to health improvement by providing evidence to local and national decisions makers, and support to local community organisations and their partners.

CHEX want to continue to build on the success of the film and expand our growing evidence base by **showcasing your community-led activity** with photos. We regularly produce case studies, reports and articles for our own publications and further afield and we are always looking for good photographs that bring these articles to life. We are calling on our network to submit photographs of community activity that could be used by CHEX to promote community-led health. If you want to share your good quality photographs which show the community in action, tell a story about the community and show the difference you make, send them to us and we will enter your organisation or group into a **prize draw to win £100!** We will also **feature the winning photographs** on our website and in our quarterly magazine CHEX-Point.

**If you don't currently have any photographs but think your activities would be ideal, then get in touch as we may be able to come to you!**

Contact: Olivia Hanley, Development Manager, CHEX  
olivia@scdc.org.uk 0141 222 4839. Prize draw closes 30 January 2012.

### **A call for community food and health initiatives**

With the assistance of SCDC (the parent organisation of CHEX), Community Food and Health (Scotland) are looking for your experience of local outcomes.

Following the very positive response to last January's 'Celebrating Outcomes' report, looking at national outcomes, CFHS have commissioned the Scottish Community Development Centre to work with them putting together a report on the ways in which local outcomes are decided and defined, showing ways in which community food and health initiatives can work with local government and others to help design outcomes, and showing how the work of these initiatives can help make the outcomes a reality. So, whether you are involved in developing and embedding a single outcome agreement, or a community plan, or a service delivery plan we would be keen to hear from you. We would also want to hear from you if you have any views or opinions about how outcomes are developed and used at a local level - success stories; critical perspectives, whatever.

If you would like to talk about this please contact Stuart Hashagen at Scottish Community Development Centre on 0141 222 4846 or at [stuart@scdc.org.uk](mailto:stuart@scdc.org.uk) or [Stuart.Hashagen@consumerfocus.org.uk](mailto:Stuart.Hashagen@consumerfocus.org.uk). Download the flyer [here](#)

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## General Information

### Supporting Communities to Tackle Sectarianism

**CHEX's parent organisation, SCDC is pleased to announce that it has been awarded funding by the Scottish Government to work with local projects in developing community-led approaches to tackling sectarianism.**

There is increasing recognition by Government of the value of **community-led approaches** to tackling issues of concern and the need to involve communities and community organisations as key partners in effecting change. Through this programme SCDC will work with and support groups and projects at local level to engage with their wider communities in exploring views, attitudes and issues around sectarianism. [Voluntary Action Fund \(VAF\)](#) has also been funded to deliver the programme, and SCDC will be working alongside VAF to develop key learning and lessons for future practice.

The launch of the initiative was announced by the **Minister for Community Safety, Roseanna Cunningham**, on Wednesday 23rd November at the '[Sense over Sectarianism](#)' event for Primary School Student Councils in Glasgow. Information relating to the programme will be posted on the [SCDC website](#). For general enquiries contact [david@scdc.org.uk](mailto:david@scdc.org.uk).

### VOiCE – Off to a flying start

**One year on since the launch of VOiCE Online, the software is already helping to improve the quality of community engagement in Scotland.**

VOiCE stands for Visioning Outcomes in Community Engagement and currently has **810 users and 445 community engagement reports** on the system. Local Authorities such as Dumfries and Galloway, Shetland, and Perth & Kinross have embraced the good practice tool into their approach, looking towards more staff and partners increasingly using the software for community engagement activity. The Scottish Health Council has also trained their local officers in the use and promotion of VOiCE within Health Boards.

Commenting on the success of VOiCE **Jacqui Stevenson, Patient Focus and Public Involvement Officer - NHS Ayrshire & Arran** said: "Having an easy to use tool such as VOiCE is really helping us improve the quality of participation activity. It helps us encourage our staff and partner agencies to really consider how they can more effectively involve patients, service users and our local communities when making important decisions about local services." Click [here](#) to read more on the success of VOiCE including what **Alex Neil MSP** has to say about it.

The online software is freely available to organisations/agencies that work within Scotland's communities. The system will help users to; plan community engagement and service user participation, to conduct it effectively, to monitor progress and to evaluate outcomes. **If you are interested in attending one of SCDC's upcoming VOiCE courses or simply want more information please complete the attached form to register your interest [here](#).** To learn more about VOiCE or to create your own free account go to: <http://www.voicescotland.org.uk/>.

### Help with Evaluation – training and microfunding

There are places available for 'CFHS Learning Accounts' in partnership with Evaluation Support Scotland, to enable community food and health initiatives to access the full range of basic training on self-evaluation offered by ESS. Successful applicants will attend an introduction to the CFHS Learning Account which will include: introducing the ESS Core Course Programme; and the training session on 'What are my outcomes?' The Core Course Programme takes place from January to March

2012 and more information on course dates can be downloaded from [www.evaluationsupportscotland.org.uk/events.asp](http://www.evaluationsupportscotland.org.uk/events.asp). CFHS will consider offering places to non-food specific health initiatives whose work impacts on the wider health improvement and health inequalities agenda such as physical activity or mental health and wellbeing. If you would like to apply, please read the [accompanying information](#) and complete an [application form](#). The deadline for applications is Monday 12 December 2011. If you are interested in this training, please contact Elspeth Gracey [Elspeth.Gracey@consumerfocus.org.uk](mailto:Elspeth.Gracey@consumerfocus.org.uk) or [elspeth@scdc.org.uk](mailto:elspeth@scdc.org.uk) or telephone 0141 222 4840

In addition, up to £750 is being made available towards self-evaluation of a piece of food or health work that's important to you. Community Food and Health (Scotland) are making funding available to a limited number of groups in Scotland. We are keen to encourage applications from community initiatives addressing national priorities in food and/or health. Closing date for applications is Monday 12 December. For more information check out the CFHS [website](#) where you can get further information and an application form. If you would like further information on either of these offers - and interest in taking up both would be welcome - please contact Elspeth Gracey [Elspeth.Gracey@consumerfocus.org.uk](mailto:Elspeth.Gracey@consumerfocus.org.uk) or [elspeth@scdc.org.uk](mailto:elspeth@scdc.org.uk) or telephone 0141 222 4840

Both the training and funding are being offered with the assistance of the Scottish Community Development Centre.

### **Community Councils – a mixed picture**

BBC Scotland research has indicated that many of Scotland's community councils may not be functioning as intended with a fifth of all 1514 community councils currently suspended due to lack of interest and around 90% of the active councils being formed without elections. The research also showed that there are well-run community councils making a difference in their area, e.g. East Kilbride Community Council runs a transport network for the elderly and disabled.

Scottish community councils were established in 1975 and act to represent views of the community to local government and many also take part in a range of other activities such as fundraising and organising community events. As such, they are seen by some as an important element of local democracy.

Speaking about the research, Vincent Waters, president of the Association of Scottish Community Councils (ASCC), said that community councils needed to attract more young people and regain their democratic legitimacy or risk dying out. Read more on the [BBC website](#).

### **Summary of BNS Conference: Quality of Life and Befriending**

The Befriending Networks (formerly Befriending Network Scotland) Annual Conference in Edinburgh on November 11<sup>th</sup> brought together coordinators of befriending services from all over Scotland and the UK with key voluntary and statutory sector partners – among them funders and commissioners of services as well as leading academics and policy makers – to debate the issues around the impact of befriending on quality of life.

The day's discussions and workshops were informed and guided by the interventions of our three invited speakers – Maureen McGinn, known mainly to befriending in her various roles as a funder and grant maker, Professor Suzanne Skevington, a leading researcher developing quality of life measurement for the World Health Organisation and Gerry McLaughlin, Chief Executive of NHS Health Scotland. A key message from the day was that the person-centred support provided by befriending services to some

of the most vulnerable members of society fits perfectly with the vision of healthcare underpinning policy in Scotland today and contributes to many government and NHS outcomes.

The full conference report will shortly be available to download from the [Befriending Networks website](#). For more information contact Sandra Brown, Befriending Networks, Tel: 0131 225 6156, email: [sandra@befriending.co.uk](mailto:sandra@befriending.co.uk)

### **Seeing the wood for the trees – Glasgow**

Caring Christmas Trees is a social enterprise run by Scotland's Leading Community Arts Charity, Impact Arts. This Christmas they aim to sell 1000+ real Christmas trees across the Glasgow. The profits from this venture will help to raise greatly needed funds for the Impact Art's work in Glasgow with vulnerable young people. All the trees come from sustainable sources and are farmed at Nordman Firs in Mid Lothian. To order your tree, visit <http://www.caringchristmastrees.com/glasgow>.

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### **Consultations And Surveys**

#### **New National Mental Health Strategy consultation**

Voices of eXperience (VOX) and the Scottish Government will be facilitating a consultation day on the proposals for a new national mental health strategy. The new proposals intend to build on the current approach and seek Stakeholder's views on the direction of work for the next 4 years to further improve mental health outcomes. The event, built in as part of VOX's winter members meeting, is part funded by the Scottish Government and will offer VOX members, group members and associates the opportunity to directly feedback and respond to the Government representative on the new Mental Health Strategy. To access a copy of the consultation please click on the following link: <http://www.scotland.gov.uk/Publications/2011/09/01163037/0>

VOX will also be working with the Mental Health Foundation on partnership projects, introduced by Isabella Goldie Head of Scotland from the Mental Health Foundation. Also as part of the discussion groups on the day VOX will hear from its members/group members on specific VOX priorities already identified by its membership throughout the year. VOX would like to invite all its individual members, groups and associate members to attend and take part in voicing their views on the strategy. Lunch and refreshments will be available as well as travel expenses on the day. The event will be on Monday the 12th December 2011 from 10.30am – 3.00pm at the Grand Central Hotel, Gordon Street Glasgow. Further information and programme will be available soon. To book your place or for group booking please contact VOX on 01415721663 or e-mail [jsteel@mhf.org.uk](mailto:jsteel@mhf.org.uk)

#### **Discussion Paper: Improving Advocacy for Children and Young People: Principles and minimum standards**

The Scottish Government has launched a national discussion paper proposing a set of principles and minimum standards to be applied whenever advocacy support is being given to a child or young person. To read the paper and take part in the discussion, visit <http://scotland.gov.uk/Publications/2011/11/10141739/10>.

For news of other current Scottish Government consultations, visit <http://scotland.gov.uk/Consultations/current>. A separate list of Scottish Parliament consultations can also be found [here](#).

### **OSCR launches its first Public Focus Strategy**

OSCR has launched a consultation on its new Public Focus Strategy, and is keen to hear from beneficiaries of charities and those who use charity services, now or in the future. Responding to new requirements under the Public Services Reform (Scotland) Act 2010 (2010 Act), this strategy aims to develop and improve on how we involve users in our scrutiny functions. OSCR's proposals can be viewed at [www.oscr.org.uk](http://www.oscr.org.uk). There are eight consultation questions and comments are invited until 23 December 2011.

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### **Publications**

#### **A life worth living**

Last week saw the publication of a new report, A life worth living, by Alan Sinclair. Published by SCVO, the report calls for urgent reform of how we care for older people in Scotland. The report makes a series of recommendations including:

- Service providers must consult and engage with Scotland's people to design cost-effective personalised services
- Overlap in services must be reduced
- Improve measures of wellbeing
- Focus on capabilities while prioritising the greatest need
- Increase partnership with voluntary sector and improve commissioning of third sector
- Support community capacity building with older people

The report comes at a time when the Scottish Government is seeking ways to improve health and social care for older people through the [Reshaping Care for Older People](#) agenda. [Read A life worth living in full.](#)

#### **Good practice guide for interpreting for women who have experienced gender based violence**

Glasgow Violence against Women Partnership have produced this booklet which includes guidance for interpreters, interpreting agencies and for support services who may use interpreters. Download the document from [this link](#).

#### **Surviving Christmas and New Year - tips and hints**

The FAST group in West Dunbartonshire have produced a booklet with information on how to survive the festive season. This short guide has activity ideas, service information, recipe ideas and money advice. It gives advice on ways that we cope with difficult times, and how we manage situations when people around us are using drugs or drinking. Money is also a consideration – all the ideas are inexpensive – because everyone is finding money is tight just now, and because debt is another pressure that can lead to people having addiction problems. To download the booklet or find out more go to: [http://otbds.org/index.php/project/view\\_details/92/](http://otbds.org/index.php/project/view_details/92/)

#### **'Getting it right...' Newsletter**

The e-bulletin for Getting it Right for Every Child contains news relating to policy around children and young people, including government consultations, reports and networks. Read Getting it Right... by clicking [here](#)

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## **Funding**

### **Financial Literacy funding**

MSE is providing grants to both individuals and constituted community based groups (including schools) to help fight financial and consumer illiteracy and to educate and inform adults and children about consumer and debt issues. Grants of up to £5,000 are available for group projects such as self-help groups, workshops and other innovative schemes that seek to educate people about money, debt and consumer issues. Individuals over the age of 18 can apply for a grant of up to £500 to help pay towards a recognised and approved course that will help improve their ability to budget and manage their finances. The deadline for the next round of group applications is the 31st January 2012 and the deadline for individuals is the 28th February 2012. Click [here](#) for more.

### **The Kids Fund**

The Kids Fund is provided by the Field Studies Council and aims to bring environmental understanding to disadvantaged young people. It helps disadvantaged young people to attend a course who may otherwise be excluded due to some form of disadvantage. Funding will normally be up to 80% of the cost of your group's course to an FSC Field Centre to a maximum of £3000. Applications can be submitted at any time. Visit <http://tinyurl.com/6kadoqc/>

### **LandAid**

[LandAid](#), the property industry's charity which supports projects that help disadvantaged young people has announced that its grants programme is currently open for applications. Grants of between £5,000 and £25,000 are available through two funding streams. The Training, Education and Support Fund aimed at disadvantaged young people aged 16-25 and the Capital Projects Fund which supports the refurbishment, conversion, extension or new build of facilities for young and disadvantaged people. The closing date for applications is 5 pm on the 31st January 2012.

### **Baily Thomas Charitable Fund**

This fund supports projects in the area of learning disability, including severe learning difficulties and autism. They consider projects working with children or adults. Applications are welcome for capital and revenue costs and for both specific projects and general running/core costs. They offer grants from £250 upwards. The next deadline for applications is 1st March 2012 for research applications and 1st May 2012 for general grant applications. <http://www.bailythomas.org.uk/>

### **Millennium Now**

The Big Lottery Fund's nationwide search for five creative and inspirational projects has begun. The programme will make five grants, one under each project type, of between £1,500,000 and £2,000,000 for projects running over two years. BIG aims to fund organisations that will be able to have a UK-wide scope and who have experience of large scale projects. Applicants must also be willing to be part of a reality TV programme focused on the fund. Find out more at [www.biglotteryfund.org.uk/prog\\_millennium\\_now](http://www.biglotteryfund.org.uk/prog_millennium_now)

### **R S Macdonald Charitable Trust**

This trust gives grants totalling £1.5m per annum to charities in Scotland supporting those with neurological conditions and sight impairment as well as charities working in the areas of child and animal welfare. The next deadline for applications is the 31st March 2012. Click [here](#) for more details.

### **The Endrick Trust**

The Endrick Trust is looking to fund projects that support either families with young children or young people living in difficult circumstances in the West of Scotland. The Trust is interested in funding projects for 3 years up to £50,000 per year which engage with the most vulnerable families and young people and provide support with family life or with development of skills and experiences that will help with future employment. Interested organisations can find more information on the [Endrick Trust web-site](#) and applications are invited by 31st January 2012.

### **Comic Relief funding**

Although a while away, CHEX-Point Snippets readers may be interested to know that Comic Relief is re-opening its UK grants programme later next year with funding streams in mental health, domestic and sexual abuse, refugee and asylum seeking women, 'sport for change' amongst others. The opening date for Older People and Sport for Change is the 10 April 2010, with all other programmes opening in June 2010. Go to the [Comic Relief website](#) for more information.

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### **Events**

#### **Speyside Kiltwalk (Moray)**

The Speyside Kiltwalk will take place on Sunday, May 13th, 2012 - along 26 miles of the The Speyside Way from Buckie to Aberlour, with a shorter version of 16 miles starting at Fochabers. In the last two years, Kiltwalks have been organised in West/Central Scotland (from Hampden Park to Loch Lomond) and have raised in excess of £100,000 for charity each year. This year, in addition to the Hampden to Loch Lomond event, a new charity has been formed under the Kiltwalk banner embracing Tartan Army Childrens Charity (TACC), Aberlour Childcare Trust, Childrens Hospice Association Scotland (CHAS) and CLIC Sargent (childrens cancer support group). It will be supported by Buckie & District Pipe band, Dufftown & District pipe band and The Mash Tun at Aberlour. Walkers shortbread have also provided support and St Andrews will provide the medical cover and support. Groups and organisations are encouraged to participate (by walking in their kilts!). Anyone interested should visit [Speyside Kiltwalk](#) website where there's lots of detail about all the background, events, charities and registration.

Also, to find out more about the **other** Kiltwalk from Hampden Park to Loch Lomond, which is taking place on Easter Sunday April 8<sup>th</sup>, visit [The Kiltwalk](#) website.

#### **Co-production and Accessible Transport in the Highlands (Inverness)**

People across the Highlands are being invited to an event on 15th December, 11am - 3.15pm, at Inshes Church, to find out more using 'co-production'\* to ensure that disabled people can live independent and inclusive lives. At this event the ILiS and SDEF offer disabled people and service providers a chance to find out more about this new way of joint working. Support is available with travel costs for those who need it and with access arrangements, including communication support. Contact [contact@ilis.co.uk](mailto:contact@ilis.co.uk) by 7/12/11 to register for a place. For more information contact Sasha McDougall, Network Development Officer, SDEF [sasha.mcdougall@sdef.org.uk](mailto:sasha.mcdougall@sdef.org.uk)

\*For more information on co-production read the recent SCDC research report [Doing with, not to: Community resilience and Co-production](#)

### **Getting it right together in Lanarkshire - A seminar about coproduction for disabled people (Motherwell)**

On a similar note, this seminar from Independent Living in Scotland (ILiS) and Inclusion Scotland is for disabled people and Disabled People's Organisations across Lanarkshire. It will look at what "coproduction" is and how it can help disabled people and their organisations along with those who provide services to think about how they can work together in better ways and to get better results. The seminar will learn from the experience of a group of disabled people in North Lanarkshire who worked with the Council to make changes to the Local Housing Strategy. The seminar will be held on 15th December 2011, 11.00 to 15.00, at Dalziel Park Hotel, Hagen Drive, Motherwell ML1 5RZ. If you would like to come, please contact ILiS (see below) by 09/12/11. Email: [contactus@ilis.co.uk](mailto:contactus@ilis.co.uk). Telephone: 0141 228 5921. Write: FREEPOST RSHG-GZXY-YYAL, Independent Living in Scotland, Equality Human Rights, 58 Robertson Street Glasgow G2 8DU.

### **Facebook and Privacy Issues for Vulnerable Clients (Mayfield, Midlothian)**

On 12 January, 10am - 12 noon, Midlothian Voluntary Action's (MVA) Social Media Consultant, Kash Bhattacharya, will be holding a short training session looking at the issues, and examining best practice in responding to the challenges presented by social media to vulnerable clients. To book contact MVA, 4/6 White Hart St, Dalkeith, Midlothian EH22 1AE Tel 0131 663 9471 Email [info@mvacvs.org.uk](mailto:info@mvacvs.org.uk), <http://www.mvacvs.org.uk>.

### **Focus Groups on Diverse Community in Community Planning (Lothian)**

Edinburgh & Lothians Regional Equality Council (ELREC) invite you to a meeting to discuss your experiences and concerns on Community Planning in relation to diverse communities. This would be relevant if you:

- live, work, study or visit in Edinburgh and/or Lothians areas;
- are interested in the future of delivery of public services which may have an impact on you;
- want your voice to be heard

ELREC and local community planning partnerships are jointly hosting these meetings. For more info go to <http://www.elrec.org.uk/events.htm>

### **Human Rights Toolkit launch (Edinburgh)**

Inclusion Scotland would like to invite you to the launch of their Human Rights Toolkit for Disabled People and their Advocates on Wednesday, 7th December 2011 at 12.45pm in Committee Room 2 of the Scottish Parliament. The event is part of a joint meeting of the parliamentary Cross Party Groups on Disability and on Human Rights, and is co-sponsored by Michael McMahon, MSP, and John Finnie, MSP.

To book a place, please contact: Frances Tobin (Quarriers) (Secretariat of CPG on disability) Tel: 01505 612224/ 616000, or email [frances.tobin@quarriers.org.uk](mailto:frances.tobin@quarriers.org.uk) OR Shabnum Mustapha (Amnesty International, Scotland) (Secretary of the CPG on Human Rights) Tel: 0131 718 6683, or email [shabnum.mustapha@amnesty.org.uk](mailto:shabnum.mustapha@amnesty.org.uk). Please RSVP by Friday, 25th November.

### **Funding and governance surgery (Glasgow)**

The December session of First Tuesday, a monthly expert funding and governance surgery for Glasgow's voluntary and community organisations, will take place at The Albany on Tuesday 6th December 2011. First Tuesday is named after the fact that it runs on the first Tuesday of every month and is provided free of charge by Glasgow Council for the Voluntary Sector (GCVS). This first event will concentrate on funding issues. Read more [here](#).

### **Art of Living Lifestyle Show 2012 (Glasgow)**

Following on from the lifestyle show at Glasgow Royal Concert Hall in 2011, Social Care Ideas Factory is organising the Art of Living Lifestyle Show 2012. This will provide a platform to showcase your innovative and responsive ideas, networks, products, services and supports direct to your community. For more information on the Art of Living Lifestyle Show 2011 please visit [Art of Living Lifestyle Show 2011](#). If you are interested in exhibiting or coming along as a visitor [register your interest](#) now, although this will require you to register. If you have any questions about the Art of Living please don't hesitate to contact us at 0141 559 506

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### **Conferences and Seminars**

#### **Scottish Government and Local Authorities: Building strong and vibrant communities (Edinburgh)**

Taking place on Tuesday 13<sup>th</sup> March 2012, this MacKay Hannah conference will examine the future relationship between Scottish Government and Local Government, how preventative funding and services can be directed to a new policy approach, the challenges of making outcome based policies more substantive and what the future role of the third sector should be. It will consider if the [Christie Commission](#)'s focus on 'directing resources at preventative measures to help deliver better outcomes' is the best way to help build strong communities and make better use of resources. Other conference themes include examining the concept of Big Society and the potential of extending single outcome agreements to other areas of public services. Read more, including prices and venue, by clicking [here](#)

#### **Employers' Question Time 2011 (Glasgow)**

From the GCVS Employers' Advice Service in Partnership with Healthy Working Lives, this half day session looks at the whole picture of ensuring a healthy workplace, maintaining a healthy workforce, and how to help people back to work if they do go off sick. Participants will have the opportunity to hear from and question a panel of experts on employee health. Speakers will include workplace health experts and an employment lawyer. The event will take place at the Albany on Friday 2<sup>nd</sup> December. Visit the [GCVS website](#) to find out more, including times and costs.

In addition, click [here](#) to book a place at the GCVS AGM on Friday, 9th December, which includes a Member Consultation on the Christie Commission's implications for the Glasgow voluntary sector.

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### **Training**

#### **CFHS learning and development programme**

Community Food and Health (Scotland)'s updated learning and development programme is now available from their website, [www.communityfoodandhealth.org.uk](http://www.communityfoodandhealth.org.uk). The programme includes details of four learning opportunities being run between December and March 2012, with training on the following:

- equality and diversity; self-evaluation;
- Scottish Grocers Federation's 'healthy living' programme 'training the trainers'; and,

- REHIS elementary food and health course.

Applications are welcome from community food or community health organisations. All the learning opportunities are fully funded.

### **Joyworks! (Aberdeen, Stirling and Glasgow)**

Joyworks! is offering certified laughter yoga leader training on Sunday 29th November, 10-5pm, at Curl Aberdeen, Eday Walk, Aberdeen. You will be registered and endorsed as Certified Laughter Yoga Leader – an internationally recognised qualification. You'll receive a 60 page e-manual and will be trained by Joyworks! Director Sharon Miller, who has 20 years extensive experience of facilitating diverse groups and was trained by Dr Kataria (founder of laughter yoga) in India. Costs £350 with discounts available.

Joyworks! Will also be running an evening "Laugh In" at Envy, Stirling University on Wednesday 30<sup>th</sup> of November, 6.30pm – 7.30pm. This costs £7 for one or £10 for two.

Finally the Joyworks! Christmas Laugh In Joy n Chill Partick Burgh Halls will take place at Partick Burgh Halls, Sun 11th December, 2-4.30pm and costs £20

To find out more about all these events or to book a place contact [sharon@joyworks.co.uk](mailto:sharon@joyworks.co.uk), [www.joyworks.co.uk](http://www.joyworks.co.uk), 07842414765.

### **Dealing with Conflict (Glasgow)**

Engage is a web based resource developed by Glasgow Council for the Voluntary Sector in partnership with Glasgow Community Planning Partnership. Free training and refresher sessions are being offered to help users get the most out of Engage. The sessions will be held on the 15th December 2011 and anyone interested should email [engage@gcvs.org.uk](mailto:engage@gcvs.org.uk) or contact Samira Adris on 0141 332 2444. The web-based resource can be accessed at [www.engageglasgow.org](http://www.engageglasgow.org).

### **Self Management Champions workshop (Glasgow)**

This Voices Scotland Workshop, run by Chest, Heart and Stroke Scotland, is for people who work with those with experience of living with a long term condition. It offers you the chance to learn from your and their experience to improve the NHS. The workshop will:

- Give you the skills and confidence to make your voice heard within the NHS
- Raise awareness of how encouraging people to manage their own condition can benefit the NHS
- Empower you to keep self management at the top of NHS priorities.

This will take place from 9.15am - 4.30pm on Monday 5 December at the LTCAS Hub in Glasgow. See the [LTCAS website](#) to download the flyer. To book your place, contact Juliet MacKellaig at Chest Heart & Stroke Scotland, Tel: 0131 225 6963. Email: [juliet.mackellaig@chss.org.uk](mailto:juliet.mackellaig@chss.org.uk)

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## **Vacancies**

### **Activities Co-ordinator (Dingwall)**

Youth Highland is seeking an Activities Co-ordinator to support the development of activities and opportunities in youth clubs and groups in Highland. This is a one year contract with a salary of £21,174 pro rata, and is based in Dingwall with a Highland-wide remit. The core hours for the post will be 21 hours per week, however the position is offered as 28 hours per week until 31 May 2012. The closing date for

applications is 12 noon on Wednesday 7th December 2011 and interviews will be held in Dingwall on Tuesday 13th December 2011. More details, plus an application pack, can be found [here](#).

#### **Part Time Administrative Assistant for Cookery Drop In Sessions (Glasgow)**

Broomhouse Health Strategy Group is looking for an enthusiastic, well organised person with relevant experience in administration and in using Microsoft Office to help with promotion, organisation and administration of the Cookery Drop In Sessions that will take place weekly at the Health Strategy Group in Broomhouse. Salary: £15,132 pro rata (SCVO General Grade 2). Hours: 11 hours per week. Post funded until November 2013. For enquiries or a job description call Lucy Aitchison on 07789 870649, call into the Fruit & Veg Co-op or email: [info@healthstrategygroup.org.uk](mailto:info@healthstrategygroup.org.uk). The closing date for application is 15th December.

#### **Community Development Manager (Glasgow)**

One of Scotland's National Dance Agencies, Dance House is seeking a Community Development Manager (4 days per week at £22,000 p.a. pro rata) to strategically develop and manage the Company's Education and Outreach programme and associated fundraising, build partnerships, and lead on co-ordination and delivery of Dance House' Get Scotland Dancing initiatives. For further details and application pack, please contact [info@dancehouse.org](mailto:info@dancehouse.org) with Com Dev Manager in the subject heading or call 0141 552 2442. The closing date for applications is 5.00pm Mon 5 December 2011.

#### **Programme Co-ordinator (Glasgow)**

Link Up in North Glasgow is seeking a talented facilitator to develop, implement and run the programme to March 2014. Ideally, you will have an understanding of asset-based approaches and have first-hand experience of the community, the issues it faces, the people involved in development and engagement, and the agencies and community groups which operate there. More importantly, you will be able to work effectively on your own and have demonstrated exceptional skills and innovation in:

- developing and facilitating community-led projects;
- empowering people/groups to develop ideas and to address issues and opportunities on their own;
- engaging and communicating with people, groups and organisations;
- working in partnership with, and where necessary, co-ordinating action across a variety of organisations/groups with differing vested interests; and
- evaluation techniques, particularly identifying indicators of more intangible outcomes and developing frameworks to record and analyse this information.

The role will be based in Possilpark with a salary of £30,000. A full job description and application form is available at [www.northglasgowha.com](http://www.northglasgowha.com). Your completed application form should be returned to [info@ng2works.com](mailto:info@ng2works.com). All applications must be received by noon on 5 December 2011.

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#### **Websites**

##### **Whizz-kidz**

Whizz-kidz aims to ensure that every disabled child has an opportunity to be something special...a kid. There are an estimated 70,000 disabled children and young people in the UK waiting for a wheelchair that fits their young lives and Whizz-Kidz provides disabled children with the essential wheelchairs and other mobility equipment

they need to lead fun and active childhoods. In addition, disabled children and young people can meet and make friends at Whizz-kidz growing network of local clubs. Visit the [Whizz-kidz website](#) for news and resources, stories, vacancies and more on the services Whizz-kidz provides.

The Community Health Exchange (CHEX) is a part of the Scottish Community Development Centre (SCDC). SCDC is a company limited by guarantee, registered in Scotland, No. 361532. SCDC is a registered charity in Scotland, Ref No. SC 040614.

### **Social Impact Scotland**

[Social Impact Scotland](#) is a web resource dedicated to supporting you to better understand your social impact, for Third Sector Organisations, Funders and Investors in the Third Sector, and Public Sector organisations. The site provides information on a range of philosophies, methodologies, tools and approaches to understanding and measuring social impact, as well as information on outcomes approaches to commissioning, designing and improving services and projects within communities. Developed and maintained by [Forth Sector Development](#), the site is a legacy of the Scottish Government [SROI Project](#), and retains comprehensive information on SROI, which can be accessed from this site [here](#).

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