## **UNIT 2: LEARNING LOG**

## **DIFFERENT WAYS OF THINKING ABOUT HEALTH**

1.	What	I got out	of today's	s session.						
	(Intere	esting inf	ormation,	anything	new le	arned,	enjoyed	the se	ession	etc.)

2. Things I would like to know more about. (Questions I have in my mind. Things I don't quite understand.)

 What I put in to today's session.
 (How I feel I contributed - listening well, supporting, offering my views etc. Note any difficulties, and how these felt.)



## **UNIT 2: LEARNING LOG (CONT)**

Idea 2

<ol> <li>How I feel about the Group Project (anxious, confident, excited, etc.) and what I feel I can contribute to it.</li> </ol>									
5. Different ways of thinking about health.  Identify 2 of the 'different ideas' about health covered in the Unit and give examples of services you are aware of that relate to these ideas.									
Idea 1									

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