

Health Issues In The Community

Course Outline

PART 1: Health And Society

Unit 1 - What Health Means To Me

Introduction and sharing ideas. Social and medical explanations of health.

Unit 2- Different Ways Of Thinking About Health

At different times in history or in different parts of the world, people developed ideas about health that we can still recognise today.

Unit 3 - Poverty, Inequality And Health

What do we mean by equality? Mapping it out at local level. Making sense of facts and figures.

Unit 4 - Different Experiences, Common Problems

Many factors affect people's health. But these are experienced in different ways by different groups of people. Introduction to the idea of equity and health.

Unit 5 - Participation And Power

What are the obstacles to participation? How can we have more say in the planning and provision of services? When and why do we feel powerless?

Unit 6 - Community Development And Health

What is community development? The community health movement - influences and values.

Unit 7 - The Group Project

Small group presentations to a local audience of invited guests.

Unit 8 - Reflection And Review Of Learning

Reflection and review of the learning so far. Mid-point assignment.

Health Issues In The Community - Course Outline Pt 2

PART 2: Ideas Into Action

Unit 9 - Global Perspectives to Local Realities

Outline of programme for Part 2. How thinking about community health has developed at global and national levels.

Unit 10 - Community Research

Providing group members with the skills necessary to carry out practical research within their community

Unit 11 - Private Troubles and Public Issues

The unit focuses on the issue of food to illustrate the underlying causes of health issues and how these can be tackled using a community development approach.

Unit 12 - Making Democracy Work

A basic introduction to 'who does what' in the health services. Learning about the different structures and talking to some of those involved. Consumers or citizens?

Unit 13 - Getting Below The Surface

Ideas about education for social change. How to enable people to say what really concerns them and to identify the key issues.

Unit 14 - Working With Groups

What makes a group work well? What makes it frustrating? Examining the different things that go on in groups. Introduction to the 'Task and Process' aspect of groups.

Unit 15 - Community Research Projects - Presentation and Analysis

Group presentation on the findings of their research

Unit 16 - Review And Evaluation

Final help with assignment. Review of learning and Course evaluation.